

Garmin Iron Triathlon Ślesin 2016 1/4 IM

Organizator: Urząd Miasta i Gminy w Ślesinie/LABOSPORT Polska s.c.

Data: 5 czerwca 2016

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Ślesin



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|---------------------------|---------------------|--|------|------------|-----------|------------|-------|----------------|----------|---------------|----------|---------------|----------|----|---|------|
| 1 | 1 | KALASZCZYŃSKI ŁUKASZ | PŁOCK | KM SPORT TEAM | PL | 1984 | M30 | 1 | 1 | 00:12:48 (5) | 00:01:56 | 01:03:45 (1) | 00:00:43 | 00:34:55 (1) | 01:54:06 | 1 | | |
| 2 | 3 | SZALA TOMASZ | NOWA IWICZNA | AIRBIKE ARMEXIM DEVELOPMENT JEFE | PL | 1990 | M25 | 1 | 1 | 00:12:08 (3) | 00:02:05 | 01:05:07 (2) | 00:00:38 | 00:37:46 (2) | 01:57:43 | 2 | | |
| 3 | 4 | WILKOWIECKI ROBERT | TWARDOGÓRA | GVT | PL | 1994 | M18 | 1 | 1 | 00:11:28 (1) | 00:02:05 | 01:07:55 (7) | 00:00:43 | 00:38:35 (7) | 02:00:47 | 3 | | |
| 4 | 150 | JARONIEC ADAM | POZNAŃ | BE3 CITYZEN_POZNAŃ | PL | 1985 | M30 | 2 | 1 | 00:15:42 (63) | 00:02:27 | 01:07:07 (3) | 00:00:45 | 00:40:22 (14) | 02:06:23 | 4 | | |
| 5 | 14 | DOMIRSKI DANIEL | KOBYŁKA | LUFT TRI TEAM TWOMARK ŚLĄSKIE CENTRUM ROWE | PL | 1984 | M30 | 3 | 1 | 00:14:11 (20) | 00:02:12 | 01:07:28 (4) | 00:00:43 | 00:41:53 (20) | 02:06:26 | 5 | | |
| 6 | 91 | HUMIŃSKI ANDRZEJ | GDAŃSK | SMARUJ NA TRENING TEAM | PL | 1977 | M35 | 1 | 1 | 00:14:47 (31) | 00:02:30 | 01:10:05 (21) | 00:00:41 | 00:38:24 (6) | 02:06:28 | 6 | | |
| 7 | 32 | MARKOWSKI MAREK | LUBIN | LABOSPORT TEAM ULTIMATE PETARDA SQUAD | PL | 1978 | M35 | 2 | 1 | 00:13:51 (17) | 00:02:23 | 01:07:46 (6) | 00:00:49 | 00:42:05 (23) | 02:06:53 | 7 | | |
| 8 | 5 | KOPER MATEUSZ | TCZEW | EATON TRIATHLON TEAM / SMARUJ NA TRENING TEA | PL | 1988 | M25 | 2 | 1 | 00:14:51 (33) | 00:02:23 | 01:11:37 (30) | 00:00:41 | 00:38:03 (3) | 02:07:35 | 8 | | |
| 9 | 12 | ZIĘBA ADAM | BYDGOSZCZ | TRISPACE | PL | 1973 | M40 | 1 | 1 | 00:15:59 (74) | 00:02:17 | 01:09:35 (17) | 00:00:45 | 00:39:02 (8) | 02:07:38 | 9 | | |
| 10 | 18 | MARKIEWICZ MARCIN | ŚWIDNICA | LABOSPORT TEAM | PL | 1972 | M40 | 2 | 1 | 00:14:02 (19) | 00:02:25 | 01:08:57 (11) | 00:00:59 | 00:42:03 (22) | 02:08:25 | 10 | | |
| 11 | 16 | GARDENER JACEK | ŁÓWICZ | LKS VICTORIA ZABOSTÓW | PL | 1964 | M50 | 1 | 1 | 00:15:35 (54) | 00:02:18 | 01:07:29 (5) | 00:00:47 | 00:42:27 (31) | 02:08:36 | 11 | | |
| 12 | 283 | OŁOWSKI JAKUB | BISKUPIEC | TRI NEGU WWW.AGROBROS.COM | PL | 1984 | M30 | 4 | 1 | 00:15:54 (70) | 00:02:11 | 01:10:28 (24) | 00:00:37 | 00:39:33 (10) | 02:08:43 | 12 | | |
| 13 | 202 | KUREK PIOTR | POZNAŃ-ŚLESIN | BUDMIX BUDMIX - ŚLESIN | PL | 1981 | M35 | 3 | 1 | 00:13:23 (9) | 00:02:23 | 01:11:11 (25) | 00:01:02 | 00:41:01 (17) | 02:08:59 | 13 | | |
| 14 | 466 | KOŁAČIŃSKI MICHAŁ | KALISZ | | PL | 1981 | M35 | 4 | 1 | 00:16:15 (89) | 00:02:47 | 01:09:48 (19) | 00:01:04 | 00:39:50 (12) | 02:09:43 | 14 | | |
| 15 | 231 | JĘGLIŃSKI ŁUKASZ | WARSZAWA | WTT WARSZAWA | PL | 1988 | M25 | 3 | 1 | 00:16:39 (114) | 00:02:04 | 01:09:17 (14) | 00:00:58 | 00:40:50 (16) | 02:09:48 | 15 | | |
| 16 | 6 | ZALEWSKI IGOR | WŁOCŁAWEK | | PL | 1993 | M18 | 2 | 1 | 00:12:31 (4) | 00:02:52 | 01:15:24 (92) | 00:01:12 | 00:38:16 (5) | 02:10:15 | 16 | | |
| 17 | 89 | WALCZAK MATEUSZ | WARSZAWA | RASOWEAR.COM | PL | 1978 | M35 | 5 | 1 | 00:14:38 (26) | 00:02:29 | 01:08:51 (10) | 00:00:57 | 00:43:25 (40) | 02:10:20 | 17 | | |
| 18 | 360 | DOBRZAŃSKI BARTOSZ | RADOM | TOMATO RADOM | PL | 1973 | M40 | 3 | 1 | 00:13:43 (13) | 00:02:18 | 01:10:00 (20) | 00:00:55 | 00:43:36 (44) | 02:10:32 | 18 | | |
| 19 | 11 | CHOROLEWSKI PAWEŁ | LUBIN | MIEDZIOWE TOWARZYSTWO SPORTOWE | PL | 1990 | M25 | 4 | 1 | 00:13:02 (6) | 00:02:14 | 01:12:54 (49) | 00:00:48 | 00:42:07 (24) | 02:11:05 | 19 | | |
| 20 | 396 | FRĄSZCZAK MARCIN | NEKLA | BE3 CITYZEN_POZNAŃ TAXI | PL | 1985 | M30 | 5 | 1 | 00:13:45 (14) | 00:02:16 | 01:12:22 (41) | 00:00:57 | 00:42:08 (25) | 02:11:28 | 20 | | |
| 21 | 234 | GAŚSIOROWSKI DANIEL | RADZIEJÓW | T R I - GAŚEK | PL | 1980 | M35 | 6 | 1 | 00:13:53 (18) | 00:02:59 | 01:11:19 (28) | 00:01:35 | 00:41:47 (19) | 02:11:33 | 21 | | |
| 22 | 40 | WODYŃSKI ROBERT | ZGIERZ | LABOSPORT TEAM AT TEAM WWW.WODYŃSKI.EU | PL | 1972 | M40 | 4 | 1 | 00:15:10 (42) | 00:02:24 | 01:11:15 (26) | 00:00:47 | 00:41:56 (21) | 02:11:33 | 22 | | |
| 23 | 20 | POMIERNY TOMASZ | LUBIN | LABOSPORT TEAM CSGT | PL | 1978 | M35 | 7 | 1 | 00:13:35 (12) | 00:02:25 | 01:12:08 (36) | 00:00:51 | 00:42:36 (34) | 02:11:35 | 23 | | |
| 24 | 454 | EJSMONT KRZYSZTOF | BYDGOSZCZ | TRI SPACE | PL | 1977 | M35 | 8 | 1 | 00:16:07 (83) | 00:02:30 | 01:09:39 (18) | 00:00:55 | 00:42:31 (32) | 02:11:41 | 24 | | |
| 25 | 186 | BULA PIOTR | ZGIERZ | GTRAT | PL | 1975 | M40 | 5 | 1 | 00:19:10 (279) | 00:02:28 | 01:08:39 (9) | 00:01:02 | 00:40:45 (15) | 02:12:04 | 25 | | |
| 26 | 174 | SWINARSKI MACIEJ | GDAŃSK | MOTOSYBERIA.COM | PL | 1978 | M35 | 9 | 1 | 00:16:54 (130) | 00:02:52 | 01:08:00 (8) | 00:00:49 | 00:43:34 (43) | 02:12:09 | 26 | | |
| 27 | 332 | CHOJNOWSKI SEBASTIAN | GLIWICE | GLIWICKIE TOWARZYSTWO TRIATHLONOWE | PL | 1989 | M25 | 5 | 1 | 00:16:52 (127) | 00:02:07 | 01:09:33 (15) | 00:00:50 | 00:43:27 (41) | 02:12:48 | 27 | | |
| 28 | 101 | WOJCIECHOWSKI TOMASZ | STARE MIASTO | TRINERGY TEAM / TOM-CAR KONIN TOM-CAR KONIN | PL | 1969 | M45 | 1 | 1 | 00:16:00 (76) | 00:02:53 | 01:09:13 (12) | 00:01:04 | 00:44:01 (49) | 02:13:11 | 28 | | |
| 29 | 247 | PUNPUR MARCIN | OSTRÓDA | NET SYSTEM TRIATHLON TEAM | PL | 1980 | M35 | 10 | 1 | 00:17:57 (183) | 00:03:11 | 01:12:45 (44) | 00:01:13 | 00:38:06 (4) | 02:13:12 | 29 | | |
| 30 | 47 | KĘPKA MARCIN | GDAŃSK | LABOSPORT TEAM F3TEAM | PL | 1981 | M35 | 11 | 1 | 00:15:53 (69) | 00:02:47 | 01:09:34 (16) | 00:00:53 | 00:44:27 (57) | 02:13:34 | 30 | | |
| 31 | 92 | AMBROŹ MICHAŁ | KIELCE | LUFT TRI TEAM | PL | 1985 | M30 | 6 | 1 | 00:14:45 (30) | 00:02:59 | 01:10:11 (23) | 00:00:53 | 00:45:27 (73) | 02:14:15 | 31 | | |
| 32 | 88 | WIECZOREK GRZEGORZ | WARSZAWA | | PL | 1974 | M40 | 6 | 1 | 00:13:32 (11) | 00:02:21 | 01:13:38 (62) | 00:01:11 | 00:43:45 (47) | 02:14:27 | 32 | | |
| 33 | 243 | BRZOZOWSKI GRZEGORZ PIOTR | DĄBRÓWKA | IMAGSAVINGS.COM IMAG SAVINGS SP. Z O. O. | PL | 1982 | M30 | 7 | 1 | 00:18:21 (215) | 00:02:17 | 01:13:45 (66) | 00:00:48 | 00:39:26 (9) | 02:14:36 | 33 | | |
| 34 | 69 | EPELBAUM DARIUSZ | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1977 | M35 | 12 | 1 | 00:16:34 (106) | 00:02:45 | 01:09:16 (13) | 00:00:57 | 00:45:13 (68) | 02:14:45 | 34 | | |
| 35 | 255 | BŁACHOWIAK JAKUB | LESZNO | STREFASPORTU.PL | PL | 1989 | M25 | 6 | 1 | 00:15:29 (49) | 00:03:15 | 01:10:10 (22) | 00:00:56 | 00:45:07 (66) | 02:14:57 | 35 | | |
| 36 | 224 | SOBCZYŃSKI DAREK | BANINO | SMARUJ NA TRENING TEAM | PL | 1983 | M30 | 8 | 1 | 00:16:31 (101) | 00:02:47 | 01:13:23 (54) | 00:01:03 | 00:41:26 (18) | 02:15:10 | 36 | | |
| 37 | 9 | SMARUJ MONIKA | GDAŃSK | SMARUJ NA TRENING TEAM | PL | 1982 | K30 | 1 | 1 | 00:13:17 (8) | 00:02:13 | 01:14:05 (71) | 00:00:41 | 00:45:10 (67) | 02:15:26 | | 1 | |
| 38 | 163 | PIECZYŃSKI SZYMON | OSTRÓW WIELKOPOLSKI | OSW TRI TEAM | PL | 1977 | M35 | 13 | 1 | 00:16:25 (99) | 00:02:35 | 01:12:11 (38) | 00:01:35 | 00:43:06 (39) | 02:15:52 | 37 | | |
| 39 | 484 | BRONAKOWSKI PIOTR | OLSZTYN | TRI NEGU WWW.NO-TAX.OLSZTYN.PL | PL | 1979 | M35 | 14 | 1 | 00:14:59 (36) | 00:02:13 | 01:11:35 (29) | 00:00:59 | 00:46:33 (92) | 02:16:19 | 38 | | |
| 40 | 485 | CICHOCKI MARCIN | OLSZTYN | TRI NEGU NO-TAX.OLSZTYN.PL | PL | 1975 | M40 | 7 | 1 | 00:15:55 (71) | 00:02:14 | 01:11:44 (31) | 00:01:05 | 00:45:48 (79) | 02:16:45 | 39 | | |
| 41 | 24 | BIADUŃ DANIEL | WARSZAWA | LABOSPORT TEAM KUŹNIA TRIATHLONU | PL | 1982 | M30 | 9 | 1 | 00:16:55 (132) | 00:03:00 | 01:11:49 (32) | 00:00:55 | 00:44:14 (54) | 02:16:53 | 40 | | |
| 42 | 204 | KOŚCIELAK ARKADIUSZ | GDAŃSK | APEX24 | PL | 1976 | M40 | 8 | 1 | 00:15:19 (44) | 00:02:40 | 01:12:52 (47) | 00:00:55 | 00:45:17 (71) | 02:17:02 | 41 | | |
| 43 | 349 | GÓRNY KRZYSZTOF | KALISZ | WWW.CENTRALNE.CO | PL | 1978 | M35 | 15 | 1 | 00:19:29 (298) | 00:02:52 | 01:13:55 (68) | 00:00:54 | 00:40:01 (13) | 02:17:12 | 42 | | |

Garmin Iron Triathlon Ślesin 2016 1/4 IM

Organizator: Urząd Miasta i Gminy w Ślesinie/LABOSPORT Polska s.c.

Data: 5 czerwca 2016

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Ślesin



Sponsor tytularny:



Sponsorzy strategiczni:



Gospodarz:



Organizator cyklu:



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|-----------------------|---------------------|---|------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|----|---|------|
| 44 | 501 | HUDZIEC SEBASTIAN | JASTRZEBIE ZDRÓJ | | PL | 1977 | M35 | 16 | 1 | 00:15:32 (51) | 00:02:50 | 01:13:15 (52) | 00:01:25 | 00:44:13 (53) | 02:17:14 | 43 | | |
| 45 | 375 | PUNPUR KRZYSZTOF | OSTRÓDA | NET SYSTEM TRIATHLON TEAM | PL | 1983 | M30 | 10 | 1 | 00:16:20 (94) | 00:02:46 | 01:13:39 (63) | 00:00:54 | 00:43:42 (46) | 02:17:21 | 44 | | |
| 46 | 44 | KOSMAŁA MICHAŁ | MIEDZIANA GÓRA | LABOSPORT TEAM EKSTREMALNI STRAWCZYN SUNW | PL | 1977 | M35 | 17 | 1 | 00:15:22 (45) | 00:02:54 | 01:13:25 (55) | 00:01:02 | 00:44:37 (61) | 02:17:21 | 45 | | |
| 47 | 290 | BRZOWOSKI GRZEGORZ | KOWALE | HOTEL CZTERY BRZOZY GDAŃSK | PL | 1963 | M50 | 2 | 1 | 00:16:12 (88) | 00:02:37 | 01:11:18 (27) | 00:00:53 | 00:46:25 (87) | 02:17:26 | 46 | | |
| 48 | 327 | WASZTYL MICHAŁ | POWIDZ | WITKOWO BIEGA | PL | 1989 | M25 | 7 | 1 | 00:14:33 (25) | 00:02:32 | 01:14:59 (83) | 00:01:01 | 00:44:30 (60) | 02:17:35 | 47 | | |
| 49 | 165 | NIEMCZEWSKI RAFAŁ | KAZIMIERZ BISKUPI | B3 CITYZEN POZNAŃ | PL | 1978 | M35 | 18 | 1 | 00:15:31 (50) | 00:02:57 | 01:14:29 (75) | 00:01:08 | 00:43:48 (48) | 02:17:53 | 48 | | |
| 50 | 468 | MALISZEWSKI MICHAŁ | STRASZYN | CITY PARKING GROUP | PL | 1976 | M40 | 9 | 1 | 00:15:37 (57) | 00:03:29 | 01:13:45 (65) | 00:01:43 | 00:43:28 (42) | 02:18:02 | 49 | | |
| 51 | 413 | SIECIŃSKI EMILIAN | SUSZ | UKS TRS SUSZ GWARANT SUSZ | PL | 1991 | M25 | 8 | 1 | 00:18:05 (195) | 00:03:10 | 01:12:51 (46) | 00:01:10 | 00:42:51 (37) | 02:18:07 | 50 | | |
| 52 | 58 | SZABELSKA EWELINA | PIECKI | KUŹNIA TRIATHLONU | PL | 1986 | K30 | 2 | 1 | 00:15:39 (59) | 00:02:34 | 01:13:33 (59) | 00:01:00 | 00:45:22 (72) | 02:18:07 | | 2 | |
| 53 | 170 | GRZELEC JAROSŁAW | GDAŃSK | | PL | 1961 | M55 | 1 | 1 | 00:15:40 (60) | 00:03:12 | 01:15:18 (89) | 00:01:33 | 00:42:25 (30) | 02:18:08 | 51 | | |
| 54 | 306 | KAZANECKI TOMASZ | LEGIONOWO | LEGION | PL | 1976 | M40 | 10 | 1 | 00:14:43 (29) | 00:03:03 | 01:12:13 (39) | 00:01:05 | 00:47:05 (106) | 02:18:09 | 52 | | |
| 55 | 324 | SZCZEPAŃSKI DAWID | DOBRZYCA | CPRYZMAT.PL | PL | 1989 | M25 | 9 | 1 | 00:14:26 (23) | 00:02:21 | 01:16:14 (107) | 00:00:55 | 00:44:12 (52) | 02:18:09 | 53 | | |
| 56 | 238 | DĄBROWSKI ŁUKASZ | OSTRÓW WIELKOPOLSKI | | PL | 1982 | M30 | 11 | 1 | 00:17:29 (154) | 00:02:54 | 01:14:48 (79) | 00:01:08 | 00:42:24 (29) | 02:18:43 | 54 | | |
| 57 | 504 | NIESPODZINSKI ROBERT | INOWROCLAW | | PL | 1977 | M35 | 19 | 1 | 00:17:45 (169) | 00:03:29 | 01:13:26 (57) | 00:01:22 | 00:42:44 (35) | 02:18:46 | 55 | | |
| 58 | 275 | IWOŁA REMIGIUSZ | GDYNIA | GDYNIA BLUEMAR | PL | 1975 | M40 | 11 | 1 | 00:17:53 (177) | 00:03:04 | 01:12:17 (40) | 00:01:31 | 00:44:06 (51) | 02:18:50 | 56 | | |
| 59 | 536 | TUROWIEC ADAM | POZNAŃ | UAM TRIATHLON POZNAŃ SZPOT | PL | 1975 | M40 | 12 | 1 | 00:15:01 (38) | 00:02:48 | 01:12:46 (45) | 00:01:15 | 00:47:11 (111) | 02:19:01 | 57 | | |
| 60 | 390 | TKACZ ADAM | KIELCE | | PL | 1981 | M35 | 20 | 1 | 00:16:27 (100) | 00:02:59 | 01:16:35 (116) | 00:01:06 | 00:42:09 (26) | 02:19:16 | 58 | | |
| 61 | 29 | PIOTROWSKI MICHAŁ | SULEJÓWEK | LABOSPORT TEAM | PL | 1971 | M45 | 2 | 1 | 00:18:18 (210) | 00:03:15 | 01:12:23 (42) | 00:00:59 | 00:44:25 (56) | 02:19:19 | 59 | | |
| 62 | 478 | JĘZEWSKI MICHAŁ | GDYNIA | VON IGEL TEAM MORSKA AGENCJA GDYNIA | PL | 1979 | M35 | 21 | 1 | 00:18:25 (223) | 00:04:03 | 01:13:38 (61) | 00:01:01 | 00:42:20 (28) | 02:19:27 | 60 | | |
| 63 | 189 | LIGENZA KAMIL | ZGIERZ | GT RAT | PL | 1990 | M25 | 10 | 1 | 00:15:49 (66) | 00:02:55 | 01:13:26 (56) | 00:00:58 | 00:46:32 (90) | 02:19:40 | 61 | | |
| 64 | 77 | KOZAKIEWICZ RYSZARD | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1972 | M40 | 13 | 1 | 00:16:40 (116) | 00:02:56 | 01:13:21 (53) | 00:01:02 | 00:46:06 (82) | 02:20:05 | 62 | | |
| 65 | 25 | KOCIEMBA DAREK | POZNAŃ | LABOSPORT TEAM | PL | 1976 | M40 | 14 | 1 | 00:16:36 (111) | 00:03:07 | 01:12:42 (43) | 00:01:15 | 00:46:36 (95) | 02:20:16 | 63 | | |
| 66 | 196 | DANIELSKI KAMIL | WARSZAWA | AT TEAM | PL | 1985 | M30 | 12 | 1 | 00:16:36 (110) | 00:02:27 | 01:16:31 (115) | 00:00:50 | 00:44:03 (50) | 02:20:26 | 64 | | |
| 67 | 346 | BEDNARSKI MICHAŁ | ŁÓDŹ | PULS STUDIO | PL | 1978 | M35 | 22 | 1 | 00:15:05 (39) | 00:02:37 | 01:14:24 (73) | 00:00:55 | 00:47:33 (123) | 02:20:34 | 65 | | |
| 68 | 143 | KRUPIŃSKI MACIEJ | MOGILANY | | PL | 1979 | M35 | 23 | 1 | 00:17:00 (138) | 00:02:47 | 01:15:04 (85) | 00:00:57 | 00:44:56 (65) | 02:20:44 | 66 | | |
| 69 | 66 | JONIO TOMASZ | SZELIGI | KUŹNIA TRIATHLONU | PL | 1981 | M35 | 24 | 1 | 00:16:04 (80) | 00:02:53 | 01:13:45 (67) | 00:01:13 | 00:46:52 (101) | 02:20:48 | 67 | | |
| 70 | 539 | MAREK AURELIUSZ | ŚWINOUJŚCIE | AT TEAM , WSOWL | PL | 1992 | M18 | 3 | 1 | 00:16:31 (102) | 00:02:54 | 01:18:26 (158) | 00:00:41 | 00:42:31 (32) | 02:21:03 | 68 | | |
| 71 | 362 | BONIECKI PAWEŁ | PRUSZKÓW | AIRBIKE ARMEXIM DEVELOPMENT TRI TEAM | PL | 1971 | M45 | 3 | 1 | 00:16:53 (128) | 00:02:41 | 01:11:59 (35) | 00:01:24 | 00:48:54 (159) | 02:21:51 | 69 | | |
| 72 | 33 | BOŹEK SEBASTIAN | BIELSKO-BIAŁA | LABOSPORT TEAM | PL | 1975 | M40 | 15 | 1 | 00:18:10 (200) | 00:03:31 | 01:13:05 (51) | 00:01:10 | 00:46:05 (81) | 02:22:00 | 70 | | |
| 73 | 288 | GŁADOSZ ŁUKASZ | ŻUKOWICE | ETB | PL | 1984 | M30 | 13 | 1 | 00:15:32 (52) | 00:02:39 | 01:11:52 (34) | 00:00:56 | 00:51:10 (210) | 02:22:10 | 71 | | |
| 74 | 292 | JOŃCZY KAMIL | HALINÓW - HIPOLITÓW | WANIEWSKI COACHING / PKO BANK POLSKI | PL | 1983 | M30 | 14 | 1 | 00:16:08 (85) | 00:03:37 | 01:18:00 (147) | 00:01:24 | 00:43:04 (38) | 02:22:13 | 72 | | |
| 75 | 356 | KĄZMIERCZAK ARAKDIUSZ | ZGIERZ | RUCH KLUCH | PL | 1979 | M35 | 25 | 1 | 00:15:46 (64) | 00:02:50 | 01:15:51 (99) | 00:01:10 | 00:46:37 (96) | 02:22:14 | 73 | | |
| 76 | 461 | GARBIEC TOMASZ | WARSZAWA | VARSO | PL | 1975 | M40 | 16 | 1 | 00:17:06 (144) | 00:03:11 | 01:13:31 (58) | 00:01:09 | 00:47:24 (119) | 02:22:21 | 74 | | |
| 77 | 155 | KLIMA ŠTĚPÁN | KONIN | | CZ | 1977 | M35 | 26 | 1 | 00:14:53 (34) | 00:03:10 | 01:17:25 (129) | 00:01:24 | 00:45:29 (74) | 02:22:22 | 75 | | |
| 78 | 95 | PACHOLAK MARCIN | ZĄBKOWICE ŚLĄSKIE | | PL | 1988 | M25 | 11 | 1 | 00:16:46 (119) | 00:03:30 | 01:15:48 (98) | 00:01:02 | 00:45:16 (70) | 02:22:22 | 76 | | |
| 79 | 414 | MAZURKIEWICZ DAREK | SMOLEC | | PL | 1978 | M35 | 27 | 1 | 00:15:09 (41) | 00:03:24 | 01:15:59 (103) | 00:01:15 | 00:47:11 (110) | 02:22:58 | 77 | | |
| 80 | 136 | STODÓLSKI PRZEMYSŁAW | JANIKOWO | | PL | 1993 | M18 | 4 | 1 | 00:16:21 (95) | 00:03:17 | 01:15:27 (93) | 00:01:02 | 00:47:01 (103) | 02:23:07 | 78 | | |
| 81 | 38 | PUCH ROBERT | ELBLĄG | LABOSPORT TEAM | PL | 1975 | M40 | 17 | 1 | 00:18:52 (257) | 00:02:52 | 01:12:53 (48) | 00:00:57 | 00:47:53 (134) | 02:23:27 | 79 | | |
| 82 | 28 | CHYŁAK KAMIL | WARSZAWA | LABOSPORT TEAM | PL | 1980 | M35 | 28 | 1 | 00:16:49 (122) | 00:03:00 | 01:20:34 (209) | 00:01:05 | 00:42:19 (27) | 02:23:47 | 80 | | |
| 83 | 244 | BACHMAN MARCIN | WARSZAWA | SURFCONNECTION | PL | 1974 | M40 | 18 | 1 | 00:14:32 (24) | 00:03:05 | 01:17:33 (137) | 00:01:16 | 00:47:35 (125) | 02:24:01 | 81 | | |
| 84 | 123 | WENGERSKI JĘDRZEJ | MAŁA NIESZAWKA | ROWERY KWIATKOWSKI TEAM, FUN ACTIVE | PL | 1992 | M18 | 5 | 1 | 00:13:28 (10) | 00:02:26 | 01:20:18 (203) | 00:01:08 | 00:46:43 (99) | 02:24:03 | 82 | | |
| 85 | 315 | KUCHARSKI MICHAŁ | GDAŃSK | | PL | 1975 | M40 | 19 | 1 | 00:18:48 (251) | 00:02:41 | 01:14:52 (81) | 00:00:58 | 00:46:46 (100) | 02:24:04 | 83 | | |
| 86 | 293 | CZAJKOWSKI ADAM | KONSTANCIN-JEZIORNA | | PL | 1970 | M45 | 4 | 1 | 00:15:42 (62) | 00:03:12 | 01:16:28 (113) | 00:01:11 | 00:47:33 (124) | 02:24:06 | 84 | | |

Garmin Iron Triathlon Ślesin 2016 1/4 IM

Organizator: Urząd Miasta i Gminy w Ślesinie/LABOSPORT Polska s.c.

Data: 5 czerwca 2016

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Ślesin



Sponsor tytularny:



Sponsorzy strategiczni:



Gospodarz:



Organizator cyklu:



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|------------------------|---------------------|------------------------------------|------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|---|----------|
| 87 | 542 | LIS PAWEŁ | GDAŃSK | COMPLEXSPORTS | PL | 1977 | M35 | 29 | 1 | 00:14:41 (27) | 00:03:23 | 01:17:30 (134) | 00:01:30 | 00:47:04 (105) | 02:24:08 | 85 | | |
| 88 | 59 | MAJEWSKI MAREK | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1975 | M40 | 20 | 1 | 00:18:21 (217) | 00:03:55 | 01:16:16 (109) | 00:01:12 | 00:44:27 (58) | 02:24:11 | 86 | | |
| 89 | 522 | DĘBCZYŃSKI SŁAWOMIR | DĘBOGÓRA | ENDUHUB TRIATHLON TEAM ENDUHUB.COM | PL | 1974 | M40 | 21 | 1 | 00:17:34 (158) | 00:02:43 | 01:14:46 (78) | 00:01:38 | 00:47:33 (122) | 02:24:13 | 87 | | |
| 90 | 338 | WYSOKIŃSKI MICHAŁ | WARSZAWA | TRINERGY TEAM | PL | 1972 | M40 | 22 | 1 | 00:15:35 (55) | 00:03:07 | 01:14:43 (77) | 00:01:23 | 00:49:26 (174) | 02:24:13 | 88 | | |
| 91 | 316 | JESIOŁOWSKI JAKUB | POZNAŃ | MOTIV HOME TEAM | PL | 1978 | M35 | 30 | 1 | 00:17:40 (165) | 00:02:59 | 01:14:57 (82) | 00:01:11 | 00:47:29 (121) | 02:24:16 | 89 | | |
| 92 | 408 | PAKUŁA RAFAŁ | ŁÓDŹ | CYKLOMANIACY.PL | PL | 1985 | M30 | 15 | 1 | 00:15:25 (47) | 00:03:22 | 01:15:47 (97) | 00:01:05 | 00:48:44 (155) | 02:24:23 | 90 | | |
| 93 | 421 | ŁUŻYŃSKI GRZEGORZ | GOŚCISZEWO | 22 BAZA LOTNICTWA TAKTYCZNEGO | PL | 1962 | M50 | 3 | 1 | 00:18:21 (216) | 00:03:27 | 01:15:10 (86) | 00:01:09 | 00:46:17 (85) | 02:24:24 | 91 | | |
| 94 | 341 | RUTKA RADOSŁAW | KWIDZYN | | PL | 1976 | M40 | 23 | 1 | 00:14:17 (22) | 00:03:50 | 01:17:03 (123) | 00:02:06 | 00:47:11 (109) | 02:24:28 | 92 | | |
| 95 | 206 | SKRZYŃSKI PATRYK | MALBORK | WANIEWSKI COACHING | PL | 1977 | M35 | 31 | 1 | 00:16:22 (96) | 00:03:00 | 01:12:10 (37) | 00:01:02 | 00:47:56 (135) | 02:24:29 | 93 | | 00:04:00 |
| 96 | 61 | SKOMORUCHA PAWEŁ | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1980 | M35 | 32 | 1 | 00:19:37 (304) | 00:02:56 | 01:17:03 (122) | 00:01:25 | 00:43:41 (45) | 02:24:42 | 94 | | |
| 97 | 253 | DZIADOSZ ROBERT | ŁĄDY | | PL | 1979 | M35 | 33 | 1 | 00:13:49 (15) | 00:02:39 | 01:18:16 (152) | 00:00:47 | 00:49:18 (167) | 02:24:49 | 95 | | |
| 98 | 516 | RANOSZEK ANNA | DĄBRÓWKA | | PL | 1977 | K35 | 1 | 1 | 00:17:13 (148) | 00:02:47 | 01:17:33 (138) | 00:01:04 | 00:46:14 (83) | 02:24:52 | | 3 | |
| 99 | 287 | KĄZMIERCZAK MARCIN | ŁÓDŹ | CELIRONMAN | PL | 1974 | M40 | 24 | 1 | 00:15:58 (73) | 00:03:53 | 01:15:10 (87) | 00:01:33 | 00:48:23 (149) | 02:24:57 | 96 | | |
| 100 | 210 | TADLA PAWEŁ | OSTRÓDA | NET SYSTEM TRIATHLON TEAM | PL | 1982 | M30 | 16 | 1 | 00:17:47 (170) | 00:02:48 | 01:16:22 (110) | 00:00:56 | 00:47:35 (127) | 02:25:28 | 97 | | |
| 101 | 129 | RUŻIK RAFAŁ | WARSZAWA | TRIPOWER.PL | PL | 1979 | M35 | 34 | 1 | 00:18:48 (252) | 00:03:52 | 01:15:55 (100) | 00:01:22 | 00:45:48 (78) | 02:25:44 | 98 | | |
| 102 | 218 | WASZAK JACEK | KONIN | WASZAK TEAM FUH STEFAN WASZAK | PL | 1980 | M35 | 35 | 1 | 00:17:31 (155) | 00:03:18 | 01:17:02 (121) | 00:01:14 | 00:46:43 (98) | 02:25:48 | 99 | | |
| 103 | 15 | PIWOWARSKI PAWEŁ | WARSZAWA | LABOSPORT TEAM BIKSERVICE.COM.PL | PL | 1983 | M30 | 17 | 1 | 00:18:22 (218) | 00:03:02 | 01:11:52 (33) | 00:00:58 | 00:51:35 (226) | 02:25:48 | 100 | | |
| 104 | 102 | KULESZA SEBASTIAN | SIERADZ | SIR-HA SIERADZ SIR-HA | PL | 1977 | M35 | 36 | 1 | 00:15:41 (61) | 00:03:10 | 01:16:25 (111) | 00:01:34 | 00:49:06 (163) | 02:25:55 | 101 | | |
| 105 | 475 | RYDECKI KAROL | ELBLĄG | | PL | 1960 | M55 | 2 | 1 | 00:18:43 (244) | 00:03:08 | 01:18:22 (157) | 00:01:27 | 00:44:15 (55) | 02:25:55 | 102 | | |
| 106 | 310 | MATKOWSKI JAROSŁAW | ŚWIDNICA | | PL | 1966 | M50 | 4 | 1 | 00:16:57 (134) | 00:03:16 | 01:16:11 (105) | 00:01:40 | 00:48:01 (137) | 02:26:05 | 103 | | |
| 107 | 161 | KLOMFAS MIRON | BYDGOSZCZ | TRISPACE | PL | 1975 | M40 | 25 | 1 | 00:18:23 (221) | 00:02:39 | 01:15:29 (94) | 00:01:05 | 00:48:34 (151) | 02:26:10 | 104 | | |
| 108 | 42 | MOKRZYCKI DARIUSZ | MIKOŁÓW | LABOSPORT TEAM | PL | 1968 | M45 | 5 | 1 | 00:15:52 (68) | 00:02:47 | 01:16:57 (118) | 00:01:16 | 00:49:24 (171) | 02:26:16 | 105 | | |
| 109 | 451 | KLIMCZAK TOMASZ | KALISZ | | PL | 1991 | M25 | 12 | 1 | 00:13:13 (7) | 00:03:32 | 01:19:39 (183) | 00:01:20 | 00:48:40 (153) | 02:26:24 | 106 | | |
| 110 | 430 | PIASECKI PAWEŁ | CIECHANÓW | | PL | 1963 | M50 | 5 | 1 | 00:16:17 (92) | 00:03:38 | 01:14:05 (70) | 00:01:35 | 00:50:55 (205) | 02:26:30 | 107 | | |
| 111 | 43 | WILJEWICZ KONRAD | ŁÓDŹ | LABOSPORT TEAM WILJEWICZE | PL | 1974 | M40 | 26 | 1 | 00:16:31 (103) | 00:03:38 | 01:13:42 (64) | 00:02:21 | 00:50:22 (195) | 02:26:34 | 108 | | |
| 112 | 117 | FILIPOWSKI ZDZIŚŁAW | KONSTANTYNÓW ŁÓDZKI | HTF CELLRONMAN | PL | 1970 | M45 | 6 | 1 | 00:15:36 (56) | 00:03:22 | 01:18:28 (160) | 00:01:07 | 00:48:03 (138) | 02:26:35 | 109 | | |
| 113 | 369 | DUKACZEWSKI MICHAŁ | GDYNIA | | PL | 1980 | M35 | 37 | 1 | 00:17:56 (180) | 00:03:40 | 01:16:28 (114) | 00:01:00 | 00:47:35 (126) | 02:26:38 | 110 | | |
| 114 | 137 | SIKORA JULITA | LIGOTA PIĘKNA | GVT | PL | 1973 | K40 | 1 | 1 | 00:17:36 (161) | 00:02:42 | 01:17:32 (136) | 00:00:59 | 00:47:49 (132) | 02:26:38 | | 4 | |
| 115 | 348 | BRUSKI ŁUKASZ | ŻELECHÓW | WTW | PL | 1977 | M35 | 38 | 1 | 00:15:56 (72) | 00:03:46 | 01:17:40 (139) | 00:01:26 | 00:48:15 (140) | 02:27:03 | 111 | | |
| 116 | 305 | TRONINA GRZESIEK | OPATÓW | | PL | 1982 | M30 | 18 | 1 | 00:17:50 (176) | 00:02:51 | 01:18:59 (169) | 00:00:58 | 00:46:28 (88) | 02:27:06 | 112 | | |
| 117 | 97 | JEZIEŃSKI ADAM | ŁÓDŹ | MAJAPOLA | PL | 1979 | M35 | 39 | 1 | 00:16:04 (79) | 00:03:19 | 01:17:56 (146) | 00:01:05 | 00:48:44 (156) | 02:27:08 | 113 | | |
| 118 | 455 | ZIELEŃ MICHAŁ | GDAŃSK | SPORTEVO | PL | 1970 | M45 | 7 | 1 | 00:16:05 (81) | 00:03:58 | 01:14:49 (80) | 00:02:27 | 00:49:52 (183) | 02:27:10 | 114 | | |
| 119 | 435 | RYSIUKIEWICZ STANISŁAW | POZNAŃ | NIGHT RUNNERS | PL | 1975 | M40 | 27 | 1 | 00:19:46 (309) | 00:03:50 | 01:19:19 (174) | 00:01:30 | 00:42:47 (36) | 02:27:11 | 115 | | |
| 120 | 399 | MIKOŁAJCZYK KUBA | ZABRZE | | PL | 1992 | M18 | 6 | 1 | 00:14:58 (35) | 00:02:35 | 01:18:40 (162) | 00:01:15 | 00:49:43 (180) | 02:27:11 | 116 | | |
| 121 | 145 | KACZMAREK DARIUSZ | KONIN | GEO-TECH | PL | 1969 | M45 | 8 | 1 | 00:18:04 (191) | 00:03:09 | 01:17:56 (144) | 00:01:11 | 00:46:57 (102) | 02:27:16 | 117 | | |
| 122 | 232 | DRYJA KRZYSZTOF | ŁÓDŹ | | PL | 1979 | M35 | 40 | 1 | 00:16:49 (123) | 00:03:18 | 01:18:41 (163) | 00:01:17 | 00:47:14 (114) | 02:27:18 | 118 | | |
| 123 | 250 | BROKERE KRZYSZTOF | ZABRZE | MYCENTER MULTIMEDIA AGD RTV | PL | 1959 | M55 | 3 | 1 | 00:18:25 (224) | 00:03:48 | 01:15:19 (90) | 00:01:26 | 00:48:21 (147) | 02:27:19 | 119 | | |
| 124 | 96 | KOKOT MARCIN | KONIN | | PL | 1986 | M30 | 19 | 1 | 00:18:52 (256) | 00:03:14 | 01:18:41 (164) | 00:00:57 | 00:45:41 (76) | 02:27:24 | 120 | | |
| 125 | 93 | KOROL MAREK | GDAŃSK | SMARUJ NA TRENING TEAM | PL | 1977 | M35 | 41 | 1 | 00:19:35 (302) | 00:02:56 | 01:16:15 (108) | 00:00:52 | 00:47:49 (133) | 02:27:28 | 121 | | |
| 126 | 74 | SZĄKOWSKI TOMASZ | SUSZ | KTS IRONMAN KWIDZYN | PL | 1973 | M40 | 28 | 1 | 00:16:35 (108) | 00:02:47 | 01:12:57 (50) | 00:01:06 | 00:54:13 (281) | 02:27:39 | 122 | | |
| 127 | 64 | DUDELA ADRIAN | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1980 | M35 | 42 | 1 | 00:16:59 (135) | 00:04:27 | 01:18:20 (156) | 00:01:22 | 00:46:33 (91) | 02:27:40 | 123 | | |
| 128 | 353 | ZOLL MICHAŁ | SOLEC | TRIWAWA GALPOSTER | PL | 1977 | M35 | 43 | 1 | 00:15:29 (48) | 00:02:53 | 01:18:48 (165) | 00:00:59 | 00:49:33 (178) | 02:27:42 | 124 | | |
| 129 | 403 | MIESZKOWSKI RADOSŁAW | PIASTÓW | RM TERRA | PL | 1971 | M45 | 9 | 1 | 00:17:49 (174) | 00:03:09 | 01:18:19 (155) | 00:01:14 | 00:47:12 (112) | 02:27:43 | 125 | | |

Garmin Iron Triathlon Ślesin 2016 1/4 IM

Organizator: Urząd Miasta i Gminy w Ślesinie/LABOSPORT Polska s.c.

Data: 5 czerwca 2016

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Ślesin



Sponsor tytularny:



Sponsorzy strategiczni:



Gospodarz:



Organizator cyklu:



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|-----------------------|---------------------|---|------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|---|----------|
| 130 | 365 | WOLSKI DARIUSZ | ALEKSANDRÓW ŁÓDZKI | CELIRONMAN | PL | 1971 | M45 | 10 | 1 | 00:15:59 (75) | 00:03:11 | 01:15:38 (95) | 00:01:08 | 00:51:54 (234) | 02:27:51 | 126 | | |
| 131 | 453 | KAPUSNIAK TOMASZ | BYDGOSZCZ | TAK DLA TRANSPLANTACJI | PL | 1974 | M40 | 29 | 1 | 00:17:38 (163) | 00:03:23 | 01:15:59 (102) | 00:01:26 | 00:49:27 (175) | 02:27:52 | 127 | | |
| 132 | 506 | BARTOSIAK SZYMON | OLSZTYN | TRINERGY TEAM | PL | 1979 | M35 | 44 | 1 | 00:14:14 (21) | 00:03:13 | 01:23:07 (273) | 00:01:05 | 00:46:14 (84) | 02:27:53 | 128 | | |
| 133 | 495 | JAKUBOWSKI ZBIGNIEW | OTWOCK | | PL | 1970 | M45 | 11 | 1 | 00:17:43 (168) | 00:03:15 | 01:14:24 (74) | 00:01:29 | 00:51:14 (214) | 02:28:05 | 129 | | |
| 134 | 106 | KUBIAK BARTŁOMIEJ | DOBRCZ | | PL | 1987 | M25 | 13 | 1 | 00:15:38 (58) | 00:03:25 | 01:20:31 (208) | 00:01:05 | 00:47:38 (128) | 02:28:17 | 130 | | |
| 135 | 350 | CISOWSKI ARTUR | WARSZAWA | | PL | 1977 | M35 | 45 | 1 | 00:16:11 (87) | 00:03:48 | 01:17:05 (125) | 00:01:10 | 00:50:36 (198) | 02:28:49 | 131 | | |
| 136 | 169 | KRZAN GRZEGORZ | NYSA | GIANT POLSKA | PL | 1962 | M50 | 6 | 1 | 00:17:57 (182) | 00:03:43 | 01:16:26 (112) | 00:01:48 | 00:48:59 (162) | 02:28:52 | 132 | | |
| 137 | 299 | MOWINSKI FILIP | GDANSK | | PL | 1992 | M18 | 7 | 1 | 00:18:23 (222) | 00:03:54 | 01:15:01 (84) | 00:01:15 | 00:50:20 (193) | 02:28:53 | 133 | | |
| 138 | 205 | DUDA MACIEJ | GDAŃSK | | PL | 1983 | M30 | 20 | 1 | 00:17:31 (156) | 00:03:20 | 01:17:26 (130) | 00:01:11 | 00:49:29 (176) | 02:28:57 | 134 | | |
| 139 | 72 | PEDRYCZ MIKOŁAJ | KIELCE | KUŹNIA TRIATHLONU | PL | 1984 | M30 | 21 | 1 | 00:17:55 (178) | 00:04:38 | 01:17:21 (128) | 00:02:03 | 00:47:17 (116) | 02:29:14 | 135 | | |
| 140 | 472 | BUDZANOWSKI MICHAŁ | WROCLAW | VONART WROCLAW | PL | 1989 | M25 | 14 | 1 | 00:14:59 (37) | 00:03:03 | 01:13:59 (69) | 00:00:56 | 00:52:26 (243) | 02:29:25 | 136 | | 00:04:00 |
| 141 | 198 | SOBOLEWSKI MARIUSZ | WŁOCŁAWEK | | PL | 1980 | M35 | 46 | 1 | 00:16:11 (86) | 00:04:23 | 01:17:09 (126) | 00:01:43 | 00:49:59 (184) | 02:29:25 | 137 | | |
| 142 | 71 | ZWIERZCHOWSKI MACIEJ | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1978 | M35 | 47 | 1 | 00:16:39 (113) | 00:03:29 | 01:18:56 (167) | 00:01:29 | 00:48:55 (160) | 02:29:27 | 138 | | |
| 143 | 235 | NASKRĘT DARIUSZ | PIASKI | TRPIASKI / PIASKI BIEGAJĄ | PL | 1984 | M30 | 22 | 1 | 00:19:19 (291) | 00:03:36 | 01:16:00 (104) | 00:01:14 | 00:49:22 (170) | 02:29:31 | 139 | | |
| 144 | 314 | WOŹNIAK BARTOSZ | WŁOCŁAWEK | AQUA WŁOCŁAWEK | PL | 1983 | M30 | 23 | 1 | 00:16:57 (133) | 00:03:59 | 01:17:28 (132) | 00:01:27 | 00:49:49 (182) | 02:29:39 | 140 | | |
| 145 | 486 | FRIEDRICH AREK | OLSZTYN | TRI NEGU | PL | 1978 | M35 | 48 | 1 | 00:18:04 (192) | 00:03:06 | 01:13:33 (60) | 00:01:42 | 00:53:17 (264) | 02:29:42 | 141 | | |
| 146 | 120 | CYBULSKI KONRAD | KUTNO | HTF CELIRONMAN | PL | 1973 | M40 | 30 | 1 | 00:18:58 (263) | 00:03:32 | 01:20:03 (196) | 00:01:20 | 00:45:51 (80) | 02:29:43 | 142 | | |
| 147 | 266 | REMBOWSKI MICHAŁ | KONSTANCIN-JEZIORNA | | PL | 1975 | M40 | 31 | 1 | 00:14:49 (32) | 00:03:26 | 01:17:01 (120) | 00:01:38 | 00:53:00 (256) | 02:29:55 | 143 | | |
| 148 | 181 | SULKOWSKI MICHAŁ | ELBLĄG | | PL | 1986 | M30 | 24 | 1 | 00:17:03 (142) | 00:03:31 | 01:20:42 (212) | 00:01:24 | 00:47:19 (117) | 02:29:59 | 144 | | |
| 149 | 337 | BARAN KATARZYNA | NAMYSŁÓW | NTT "TRIADA" NAMYSŁÓW/ KT WATER KNIGHTS ZAB | PL | 1979 | K35 | 2 | 1 | 00:18:20 (214) | 00:03:02 | 01:21:03 (221) | 00:01:12 | 00:46:33 (93) | 02:30:11 | | 5 | |
| 150 | 433 | BIELENICA BEATA | WYDMINY | TRI NEGU | PL | 1982 | K30 | 3 | 1 | 00:19:52 (316) | 00:02:54 | 01:22:04 (248) | 00:00:44 | 00:44:38 (62) | 02:30:12 | | 6 | |
| 151 | 476 | SZYMCZAK PAWEŁ | ŁÓDŹ | | PL | 1984 | M30 | 25 | 1 | 00:20:18 (336) | 00:03:15 | 01:16:52 (117) | 00:01:29 | 00:48:19 (146) | 02:30:14 | 145 | | |
| 152 | 477 | ZEGLER GRZEGORZ | WROCLAW | GVT | PL | 1981 | M35 | 49 | 1 | 00:17:42 (166) | 00:03:44 | 01:20:50 (216) | 00:00:57 | 00:47:05 (107) | 02:30:18 | 146 | | |
| 153 | 446 | BALDYS DARIUSZ | DĄBROWA GÓRNICZA | ACTION TEAM | PL | 1977 | M35 | 50 | 1 | 00:16:07 (83) | 00:03:32 | 01:22:09 (251) | 00:01:24 | 00:47:20 (118) | 02:30:32 | 147 | | |
| 154 | 434 | MAZUREK MARCIN | WARSZAWA | | PL | 1976 | M40 | 32 | 1 | 00:15:24 (46) | 00:04:04 | 01:21:21 (228) | 00:01:36 | 00:48:17 (144) | 02:30:42 | 148 | | |
| 155 | 520 | PASIERBIŃSKI PIOTR | KANIE | TRIZLIVE | PL | 1968 | M45 | 12 | 1 | 00:19:07 (275) | 00:03:27 | 01:17:18 (127) | 00:01:29 | 00:49:24 (172) | 02:30:45 | 149 | | |
| 156 | 216 | HORODNICZY MARIUSZ | ŁÓDŹ | | PL | 1983 | M30 | 26 | 1 | 00:16:46 (120) | 00:03:55 | 01:15:21 (91) | 00:00:48 | 00:54:00 (276) | 02:30:50 | 150 | | |
| 157 | 208 | LEWIŃSKI PAWEŁ | OSTRÓDA | NET SYSTEM TRIATHLON TEAM | PL | 1990 | M25 | 15 | 1 | 00:19:04 (271) | 00:03:40 | 01:21:22 (229) | 00:01:07 | 00:45:46 (77) | 02:30:59 | 151 | | |
| 158 | 110 | DĄBROWSKI TOMASZ | WARSZAWA | SWIMMERS MASTERS TEAM | PL | 1972 | M40 | 33 | 1 | 00:17:14 (149) | 00:03:18 | 01:17:29 (133) | 00:01:45 | 00:51:17 (217) | 02:31:03 | 152 | | |
| 159 | 22 | BOROWIAK MARIUSZ | JARY | LABOSPORT TEAM | PL | 1976 | M40 | 34 | 1 | 00:19:16 (285) | 00:03:20 | 01:20:16 (201) | 00:01:41 | 00:46:31 (89) | 02:31:04 | 153 | | |
| 160 | 438 | DĘBSKI DANIEL | WAŁBRZYCH | MTB VOTUM ORBEA TEAM WROCLAW | PL | 1968 | M45 | 13 | 1 | 00:19:06 (273) | 00:02:44 | 01:15:14 (88) | 00:01:16 | 00:52:45 (248) | 02:31:05 | 154 | | |
| 161 | 499 | DURMA DARIUSZ | CHWASZCZYNO | COMPLEXSPORTS TRIATHLON TEAM | PL | 1978 | M35 | 51 | 1 | 00:16:03 (78) | 00:03:22 | 01:19:46 (187) | 00:01:46 | 00:50:12 (188) | 02:31:09 | 155 | | |
| 162 | 229 | TROJANOWSKI MICHAŁ | PIASECZNO | T-MOBILE TRIATHLON TEAM KUŹNIA TRIATHLONU | PL | 1983 | M30 | 27 | 1 | 00:18:33 (233) | 00:03:21 | 01:23:31 (281) | 00:01:23 | 00:44:29 (59) | 02:31:17 | 156 | | |
| 163 | 242 | GRÓDZIŃSKI MARCIN | GOSTYŃ | NA MECIE PIWO | PL | 1984 | M30 | 28 | 1 | 00:18:29 (227) | 00:04:00 | 01:18:19 (154) | 00:01:40 | 00:48:50 (157) | 02:31:18 | 157 | | |
| 164 | 515 | STACHOWICZ MACIEJ | KOBYŁKA | TRI MACHINE | PL | 1977 | M35 | 52 | 1 | 00:15:33 (53) | 00:03:13 | 01:20:43 (213) | 00:01:12 | 00:50:52 (204) | 02:31:33 | 158 | | |
| 165 | 352 | BŁASZCZYK ŁUKASZ | POZNAŃ-ŚLESIN | | PL | 1985 | M30 | 29 | 1 | 00:16:53 (128) | 00:02:40 | 01:19:39 (182) | 00:01:06 | 00:51:18 (218) | 02:31:36 | 159 | | |
| 166 | 551 | SEKRECKI MICHAŁ | POZNAŃ | UAM TRIATHLON POZNAŃ | PL | 1990 | M25 | 16 | 1 | 00:17:10 (146) | 00:03:10 | 01:21:34 (237) | 00:01:26 | 00:48:16 (142) | 02:31:36 | 160 | | |
| 167 | 308 | PIETRZAK SEBASTIAN | POZNAŃ | | PL | 1979 | M35 | 53 | 1 | 00:19:13 (282) | 00:03:14 | 01:17:49 (143) | 00:01:19 | 00:50:01 (186) | 02:31:36 | 161 | | |
| 168 | 21 | SUCHOMSKA EWELINA | GDAŃSK | LABOSPORT TEAM | PL | 1978 | K35 | 3 | 1 | 00:16:55 (131) | 00:03:20 | 01:22:10 (252) | 00:01:05 | 00:48:14 (139) | 02:31:44 | | 7 | |
| 169 | 387 | FIREK WIESŁAW | WARSZAWA | THULE - JMP | PL | 1984 | M30 | 30 | 1 | 00:17:58 (184) | 00:04:50 | 01:18:12 (150) | 00:02:00 | 00:48:57 (161) | 02:31:57 | 162 | | |
| 170 | 157 | LUBRYCZYŃSKI PIOTR | GÓRZYKOWO | NAZGULS GÓRZYKOWO | PL | 1976 | M40 | 35 | 1 | 00:19:46 (310) | 00:04:12 | 01:14:40 (76) | 00:01:46 | 00:51:36 (227) | 02:32:00 | 163 | | |
| 171 | 121 | MUCHA ALEKSANDER | WŁOCŁAWEK | BHP-ADR.PL | PL | 1986 | M30 | 31 | 1 | 00:20:21 (338) | 00:03:59 | 01:18:26 (159) | 00:01:37 | 00:47:41 (131) | 02:32:05 | 164 | | |
| 172 | 351 | STYPUŁKOWSKI RADOSŁAW | OLSZTYN | | PL | 1974 | M40 | 36 | 1 | 00:19:36 (303) | 00:03:20 | 01:19:24 (176) | 00:01:14 | 00:48:50 (158) | 02:32:23 | 165 | | |

Garmin Iron Triathlon Ślesin 2016 1/4 IM

Organizator: Urząd Miasta i Gminy w Ślesinie/LABOSPORT Polska s.c.

Data: 5 czerwca 2016

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Ślesin



Sponsor tytularny:



Sponsorzy strategiczni:



Gospodarz:



Organizator cyklu:



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|----------------------------|----------------------|---|------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|---|------|
| 173 | 528 | KALETA MARCIN | TORUŃ | TORUŃSKI KLUB TRIATHLONOWY TORUŃSKI KLUB TR | PL | 1969 | M45 | 14 | 1 | 00:20:45 (358) | 00:04:09 | 01:17:01 (119) | 00:01:14 | 00:49:16 (166) | 02:32:25 | 166 | | |
| 174 | 311 | NOWAK SŁAWOMIR | WARSZAWA | | PL | 1970 | M45 | 15 | 1 | 00:15:48 (65) | 00:03:44 | 01:21:00 (219) | 00:01:34 | 00:50:20 (192) | 02:32:27 | 167 | | |
| 175 | 26 | MOŻDŻONEK MICHAŁ | WARSZAWA | LABOSPORT TEAM TRIHUB | PL | 1977 | M35 | 54 | 1 | 00:18:38 (239) | 00:03:11 | 01:16:14 (106) | 00:00:54 | 00:53:40 (269) | 02:32:37 | 168 | | |
| 176 | 200 | GIERSZEWski MICHAŁ | ŁÓDŹ | | PL | 1987 | M25 | 17 | 1 | | | | | | 02:32:41 | 169 | | |
| 177 | 437 | SZLYK MACIEJ | INOWROCLAW | ZSI INOWROCLAW | PL | 1975 | M40 | 37 | 1 | 00:16:51 (124) | 00:04:03 | 01:17:47 (141) | 00:02:19 | 00:51:44 (230) | 02:32:44 | 170 | | |
| 178 | 131 | PIELOCH PIOTR | ROTMANKA | | PL | 1983 | M30 | 32 | 1 | 00:20:02 (324) | 00:03:28 | 01:19:33 (179) | 00:01:25 | 00:48:23 (128) | 02:32:50 | 171 | | |
| 179 | 160 | MEIER MARKUS | KOŁO | | DE | 1964 | M50 | 7 | 1 | 00:18:40 (241) | 00:02:56 | 01:23:00 (268) | 00:01:12 | 00:47:03 (104) | 02:32:51 | 172 | | |
| 180 | 469 | CHYŁKOWSKI MARCIN | MICHAŁOWICE | INDYWIDUALNIE | PL | 1976 | M40 | 38 | 1 | 00:18:18 (211) | 00:02:39 | 01:21:43 (240) | 00:01:36 | 00:48:40 (154) | 02:32:56 | 173 | | |
| 181 | 470 | PROTASIEWICZ PIOTR | KONIN | | PL | 1970 | M45 | 16 | 1 | 00:20:19 (337) | 00:03:25 | 01:14:08 (72) | 00:01:24 | 00:53:40 (270) | 02:32:56 | 174 | | |
| 182 | 86 | MUSTER SZYMON | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1977 | M35 | 55 | 1 | 00:18:00 (188) | 00:03:52 | 01:21:06 (224) | 00:01:28 | 00:48:33 (150) | 02:32:59 | 175 | | |
| 183 | 23 | DUDZIK EMIL | RZESZOW | LABOSPORT TEAM MIRPOL | PL | 1981 | M35 | 56 | 1 | 00:20:28 (347) | 00:03:11 | 01:18:19 (153) | 00:01:04 | 00:50:00 (185) | 02:33:01 | 176 | | |
| 184 | 302 | ŁUKASIEWICZ KRZYSZTOF | KUTNO | KUTNO | PL | 1974 | M40 | 39 | 1 | 00:18:46 (248) | 00:04:22 | 01:20:21 (205) | 00:01:38 | 00:47:56 (136) | 02:33:02 | 177 | | |
| 185 | 529 | CELMER PIOTR | WARSZAWA | | PL | 1976 | M40 | 40 | 1 | 00:18:56 (262) | 00:04:36 | 01:19:46 (186) | 00:01:32 | 00:48:15 (141) | 02:33:05 | 178 | | |
| 186 | 192 | WENGERSKI ROBERT | MAŁA NIESZAWKA | ROWERY KWIATKOWSKI TEAM | PL | 1968 | M45 | 17 | 1 | 00:18:16 (207) | 00:04:09 | 01:15:42 (96) | 00:01:24 | 00:53:39 (268) | 02:33:10 | 179 | | |
| 187 | 490 | MUSIAŁ MARCIN | WARSZAWA | | PL | 1975 | M40 | 41 | 1 | 00:17:37 (162) | 00:03:21 | 01:20:01 (193) | 00:01:28 | 00:50:54 (203) | 02:33:18 | 180 | | |
| 188 | 524 | BUCZKOWSKA ALICJA | GDYNIA | WANIEWSKI COACHING | PL | 1983 | K30 | 4 | 1 | 00:17:47 (171) | 00:03:43 | 01:20:02 (194) | 00:01:01 | 00:50:51 (202) | 02:33:23 | | 8 | |
| 189 | 51 | PIELAK MAREK | JÓZEFÓW | LABOSPORT TEAM JUDO-YUKO DR GREHEN | PL | 1976 | M40 | 42 | 1 | 00:16:34 (106) | 00:02:54 | 01:17:44 (140) | 00:01:06 | 00:55:09 (301) | 02:33:27 | 181 | | |
| 190 | 357 | KOSMACZEWSKI IREK | POBIEDZISKA | | PL | 1977 | M35 | 57 | 1 | 00:17:55 (179) | 00:03:05 | 01:15:56 (101) | 00:01:34 | 00:55:03 (299) | 02:33:32 | 182 | | |
| 191 | 263 | KRĄŻYŃSKI TOMASZ | KALISZ | | PL | 1975 | M40 | 43 | 1 | 00:21:21 (385) | 00:03:59 | 01:20:17 (202) | 00:01:14 | 00:46:42 (97) | 02:33:33 | 183 | | |
| 192 | 543 | JANIEC MATEUSZ | JÓZEFOSŁAW | RUNNERSPLACE.PL | PL | 1980 | M35 | 58 | 1 | 00:18:34 (235) | 00:03:02 | 01:23:48 (285) | 00:01:23 | 00:47:13 (113) | 02:33:59 | 184 | | |
| 193 | 193 | PAKUŁA MARCIN | GDYNIA ORLOWO | PAKUŁA TEAM ANIA PAKUŁA TEAM | PL | 1973 | M40 | 44 | 1 | 00:16:59 (136) | 00:02:48 | 01:21:24 (231) | 00:00:51 | 00:52:06 (239) | 02:34:09 | 185 | | |
| 194 | 424 | OSET PIOTR | SIERADZ | | PL | 1963 | M50 | 8 | 1 | 00:19:05 (272) | 00:03:33 | 01:20:18 (204) | 00:01:38 | 00:49:44 (181) | 02:34:18 | 186 | | |
| 195 | 194 | TWARDOWSKI GRZEGORZ | WROCLAW | | PL | 1982 | M30 | 33 | 1 | 00:22:23 (409) | 00:03:40 | 01:19:07 (170) | 00:01:41 | 00:47:40 (130) | 02:34:30 | 187 | | |
| 196 | 550 | BRIGGS SEAN | LIPKÓW | | PL | 1966 | M50 | 9 | 1 | 00:19:47 (311) | 00:02:41 | 01:22:52 (263) | 00:00:59 | 00:48:18 (145) | 02:34:36 | 188 | | |
| 197 | 409 | ADAMEK MARCIN | PLESZEW | IRON TRIATHLON PLESZEW | PL | 1978 | M35 | 59 | 1 | 00:16:16 (91) | 00:03:38 | 01:18:08 (149) | 00:01:16 | 00:55:24 (312) | 02:34:43 | 189 | | |
| 198 | 139 | KŁYS PIOTR | STARA IWICZNA | PULS STUDIO | PL | 1978 | M35 | 60 | 1 | 00:17:35 (160) | 00:02:57 | 01:19:15 (173) | 00:01:24 | 00:53:35 (267) | 02:34:46 | 190 | | |
| 199 | 540 | PORTEE WOJCIECH | GDYNIA | | PL | 1971 | M45 | 18 | 1 | 00:16:23 (97) | 00:03:37 | 01:19:55 (190) | 00:02:23 | 00:52:29 (245) | 02:34:47 | 191 | | |
| 200 | 340 | LIS SEBASTIAN | ŁÓDŹ | | PL | 1990 | M25 | 18 | 1 | 00:15:06 (40) | 00:03:07 | 01:17:04 (124) | 00:01:32 | 00:57:57 (358) | 02:34:47 | 192 | | |
| 201 | 94 | JAGAS RADEK | GRABINA | HTF CELLRONMAN | PL | 1972 | M40 | 45 | 1 | 00:18:05 (193) | 00:04:48 | 01:19:44 (185) | 00:01:59 | 00:50:22 (194) | 02:34:58 | 193 | | |
| 202 | 274 | MISZTAŁ ADAM | MYSIADŁO | TRI4FUN TRIATHLON TEAM PIASECZNO | PL | 1967 | M45 | 19 | 1 | 00:16:35 (108) | 00:04:37 | 01:21:27 (232) | 00:01:48 | 00:51:02 (206) | 02:35:29 | 194 | | |
| 203 | 410 | PAUSZEK DAWID | BUDZYŃ | BTS BUDZYŃ DIABLO#805 | PL | 1980 | M35 | 61 | 1 | 00:18:12 (203) | 00:03:28 | 01:20:44 (214) | 00:01:08 | 00:52:00 (236) | 02:35:32 | 195 | | |
| 204 | 373 | PIGUŁA MARIUSZ | KONINKO | PIGUŁA TEAM | PL | 1975 | M40 | 46 | 1 | 00:19:01 (269) | 00:03:46 | 01:21:01 (220) | 00:02:07 | 00:49:40 (179) | 02:35:35 | 196 | | |
| 205 | 75 | SZAŁUCHA ADAM | SULEJÓWEK | KUŹNIA TRIATHLONU | PL | 1990 | M25 | 19 | 1 | 00:16:25 (98) | 00:02:55 | 01:21:15 (227) | 00:01:21 | 00:53:44 (272) | 02:35:40 | 197 | | |
| 206 | 215 | ŚWIERŻEWSKI ŁUKASZ | WARSZAWA | SPORTOWARODZINA.PL | PL | 1975 | M40 | 47 | 1 | 00:19:20 (292) | 00:03:24 | 01:20:07 (199) | 00:01:21 | 00:51:30 (223) | 02:35:42 | 198 | | |
| 207 | 502 | WYPYCH ARKADIUSZ | PIOTRKÓW TRYBUNALSKI | TRI AKTYWNY PIOTRKÓW | PL | 1978 | M35 | 62 | 1 | 00:18:42 (243) | 00:05:21 | 01:23:01 (269) | 00:02:05 | 00:46:35 (94) | 02:35:44 | 199 | | |
| 208 | 111 | SWĘDROWSKI JACEK | KONIN | PROGRESS DESIGN | PL | 1977 | M35 | 63 | 1 | 00:17:56 (181) | 00:03:05 | 01:18:15 (151) | 00:00:38 | 00:55:57 (322) | 02:35:51 | 200 | | |
| 209 | 99 | BUDKOWSKI PAWEŁ | WARSZAWA | | PL | 1963 | M50 | 10 | 1 | 00:16:42 (117) | 00:03:12 | 01:18:04 (148) | 00:01:01 | 00:56:53 (345) | 02:35:52 | 201 | | |
| 210 | 321 | GLOWACKI MICHAŁ | WARSZAWA | TRIWAWA | PL | 1986 | M30 | 34 | 1 | 00:18:59 (265) | 00:03:12 | 01:17:31 (135) | 00:01:36 | 00:54:47 (291) | 02:36:04 | 202 | | |
| 211 | 398 | JANIK ROBERT | KATARZYŃÓW | | PL | 1972 | M40 | 48 | 1 | 00:18:19 (212) | 00:03:53 | 01:21:29 (233) | 00:01:09 | 00:51:16 (215) | 02:36:06 | 203 | | |
| 212 | 27 | PAWŁAK DARIUSZ | ŁÓDŹ | LABOSPORT TEAM | PL | 1969 | M45 | 20 | 1 | 00:18:46 (249) | 00:03:44 | 01:20:36 (210) | 00:01:41 | 00:51:24 (222) | 02:36:11 | 204 | | |
| 213 | 197 | TRZECIAK PIOTR | SIERADZ | | PL | 1983 | M30 | 35 | 1 | 00:16:51 (125) | 00:03:56 | 01:22:36 (258) | 00:01:26 | 00:51:23 (221) | 02:36:12 | 205 | | |
| 214 | 343 | RYBACKI PIOTR | ODOLANÓW | SZWAGIER TEM | PL | 1977 | M35 | 64 | 1 | 00:18:17 (208) | 00:04:04 | 01:19:12 (171) | 00:01:29 | 00:53:10 (261) | 02:36:12 | 206 | | |
| 215 | 366 | KĄZMIERCZAK - SOWA ADRIANA | ŁÓDŹ | RUCH KLUCH | PL | 1982 | K30 | 5 | 1 | 00:20:29 (350) | 00:03:30 | 01:21:30 (234) | 00:01:26 | 00:49:21 (169) | 02:36:16 | | | 9 |

Garmin Iron Triathlon Ślesin 2016 1/4 IM

Organizator: Urząd Miasta i Gminy w Ślesinie/LABOSPORT Polska s.c.

Data: 5 czerwca 2016

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Ślesin



Sponsor tytularny:

Sponsorzy strategiczni:

Gospodarz: Organizator cyklu:

| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|-----------------------|----------------------|--|------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|----|----------|
| 216 | 549 | BURDA RAFAŁ | SŁUPCA | GEO-PLAN RAFAŁ BURDA | PL | 1988 | M25 | 20 | 1 | 00:18:02 (190) | 00:04:38 | 01:20:46 (215) | 00:01:58 | 00:51:11 (212) | 02:36:36 | 207 | | |
| 217 | 544 | DRAPELLA DARIUSZ | GDAŃSK | MARATONYPOLSKIE.PL TEAM | PL | 1957 | M55 | 4 | 1 | 00:17:27 (153) | 00:03:14 | 01:20:06 (198) | 00:01:47 | 00:54:05 (278) | 02:36:40 | 208 | | |
| 218 | 114 | GAŁĄŻKA MACIEJ | ŁĘŻYCA, ZIELONA GÓRA | KM SPORT TEAM | PL | 1977 | M35 | 65 | 1 | 00:17:48 (173) | 00:03:05 | 01:19:40 (184) | 00:01:25 | 00:54:43 (289) | 02:36:40 | 209 | | |
| 219 | 313 | ŚWIĄTEK WOJCIECH | ŁÓDŹ | | PL | 1988 | M25 | 21 | 1 | 00:16:06 (82) | 00:03:10 | 01:24:08 (288) | 00:01:22 | 00:52:05 (238) | 02:36:51 | 210 | | |
| 220 | 269 | KEPLER JULIUSZ | WARSZAWA | | PL | 1989 | M25 | 22 | 1 | 00:16:33 (105) | 00:02:48 | 01:21:04 (222) | 00:01:39 | 00:54:50 (292) | 02:36:53 | 211 | | |
| 221 | 546 | FILDEBRANDT BARBARA | POZNAŃ | FTI ACADEMY | PL | 1982 | K30 | 6 | 1 | 00:19:52 (317) | 00:03:00 | 01:22:30 (256) | 00:01:16 | 00:50:15 (189) | 02:36:54 | | 10 | |
| 222 | 419 | GOTOWCZYC BARTOSZ | WŁOCŁAWEK | | PL | 1998 | M18 | 8 | 1 | 00:18:50 (255) | 00:05:12 | 01:17:56 (145) | 00:01:43 | 00:49:24 (173) | 02:37:05 | 212 | | 00:04:00 |
| 223 | 480 | BIĄŁKOWSKI ALBERT | WARSZAWA | TRIPOWER.PL | PL | 1969 | M45 | 21 | 1 | 00:19:18 (288) | 00:03:36 | 01:19:33 (180) | 00:01:43 | 00:52:56 (253) | 02:37:06 | 213 | | |
| 224 | 481 | KLIM ŁUKASZ | WARSZAWA | TRI NEGU | PL | 1983 | M30 | 36 | 1 | 00:19:18 (289) | 00:03:42 | 01:22:05 (249) | 00:01:37 | 00:50:40 (199) | 02:37:23 | 214 | | |
| 225 | 108 | KLIM PAWEŁ | BORKOWO | | PL | 1985 | M30 | 37 | 1 | 00:19:41 (307) | 00:03:17 | 01:23:06 (271) | 00:01:04 | 00:50:16 (190) | 02:37:23 | 215 | | |
| 226 | 118 | KOSZUT WOJCIECH | WARSZAWA | | PL | 1977 | M35 | 66 | 1 | 00:20:51 (360) | 00:03:17 | 01:20:54 (217) | 00:01:29 | 00:51:09 (209) | 02:37:40 | 216 | | |
| 227 | 462 | ROMAŃSKI MICHAŁ | PIASTÓW | | PL | 1981 | M35 | 67 | 1 | 00:17:47 (172) | 00:03:17 | 01:20:22 (206) | 00:01:19 | 00:55:07 (300) | 02:37:52 | 217 | | |
| 228 | 538 | ŻARCZYŃSKI PAWEŁ | WITASZYCE | VICTORIA JAROCIN | PL | 1977 | M35 | 68 | 1 | 00:17:12 (147) | 00:04:33 | 01:18:37 (161) | 00:02:11 | 00:55:22 (310) | 02:37:55 | 218 | | |
| 229 | 179 | WALKOWSKI MICHAŁ | TORUŃ | | PL | 1992 | M18 | 9 | 1 | 00:18:35 (236) | 00:03:28 | 01:22:02 (246) | 00:01:29 | 00:52:27 (244) | 02:38:00 | 219 | | |
| 230 | 355 | PACHOWICZ GRZEGORZ | POZNAŃ | AGENCJA REKLAMOWA THE ART OF NOISE AGENCIA I | PL | 1985 | M30 | 38 | 1 | 00:15:50 (67) | 00:03:34 | 01:22:25 (254) | 00:01:46 | 00:54:31 (286) | 02:38:06 | 220 | | |
| 231 | 50 | FILAK SŁAWOMIR | ŻORY | LABOSPORT TEAM HRMAX ZORY | PL | 1972 | M40 | 49 | 1 | 00:17:20 (150) | 00:03:16 | 01:21:46 (241) | 00:01:39 | 00:50:17 (191) | 02:38:18 | 221 | | 00:04:00 |
| 232 | 90 | JABKOWSKI ROBERT | WROCŁAW | 1965 | PL | 1965 | M50 | 11 | 1 | 00:19:29 (297) | 00:03:22 | 01:19:22 (175) | 00:01:28 | 00:54:37 (287) | 02:38:18 | 222 | | |
| 233 | 70 | PAŁCZAK PAWEŁ | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1986 | M30 | 39 | 1 | 00:18:23 (219) | 00:04:05 | 01:21:58 (245) | 00:01:28 | 00:52:26 (242) | 02:38:20 | 223 | | |
| 234 | 124 | KRZEWIŃSKI BARTŁOMIEJ | LESZNO | MEIBES TEAM | PL | 1974 | M40 | 50 | 1 | 00:18:28 (226) | 00:03:32 | 01:22:43 (261) | 00:01:15 | 00:52:23 (241) | 02:38:21 | 224 | | |
| 235 | 363 | WIJAS ANDRZEJ | KIELCE | | PL | 1984 | M30 | 40 | 1 | 00:23:42 (435) | 00:04:05 | 01:21:58 (244) | 00:01:00 | 00:47:39 (129) | 02:38:23 | 225 | | |
| 236 | 514 | MIARA TOMASZ | WRZEŚNIA | | PL | 1972 | M40 | 51 | 1 | 00:20:28 (349) | 00:03:53 | 01:20:39 (211) | 00:01:41 | 00:51:45 (231) | 02:38:26 | 226 | | |
| 237 | 449 | LEWANDOWSKI JACEK | PIASECZNO | TKKF NON IRON | PL | 1972 | M40 | 52 | 1 | 00:21:20 (384) | 00:04:34 | 01:25:44 (322) | 00:01:58 | 00:44:54 (63) | 02:38:30 | 227 | | |
| 238 | 304 | WIORA MACIEJ | ZABRZE | MYCENTER MULTIMEDIA AGD RTV | PL | 1969 | M45 | 22 | 1 | 00:16:38 (112) | 00:03:02 | 01:18:48 (166) | 00:01:08 | 00:58:58 (376) | 02:38:34 | 228 | | |
| 239 | 416 | MAŁOLEPSZY TOMEK | TULISZKÓW | | PL | 1985 | M30 | 41 | 1 | 00:19:54 (319) | 00:03:41 | 01:21:49 (242) | 00:01:19 | 00:51:54 (233) | 02:38:37 | 229 | | |
| 240 | 151 | GLUCK WITOLD | ŁÓDŹ | KB ARTURÓWEK ŁÓDŹ | PL | 1965 | M50 | 12 | 1 | 00:19:00 (267) | 00:03:20 | 01:23:25 (278) | 00:01:24 | 00:51:32 (224) | 02:38:41 | 230 | | |
| 241 | 30 | FORDOŃSKI MAREK | ZĄBKI | LABOSPORT TEAM | PL | 1974 | M40 | 53 | 1 | 00:19:18 (290) | 00:04:38 | 01:21:23 (230) | 00:02:35 | 00:50:49 (201) | 02:38:44 | 231 | | |
| 242 | 509 | KALINOWSKI GRZEGORZ | WISZNIA MAŁA | GVT | PL | 1974 | M40 | 54 | 1 | 00:21:35 (394) | 00:03:36 | 01:20:03 (195) | 00:01:45 | 00:51:46 (232) | 02:38:45 | 232 | | |
| 243 | 303 | DESSELBERGER ANDRZEJ | WŁOCŁAWEK | TRI KĄTY ENERGO-SPEC | PL | 1969 | M45 | 23 | 1 | 00:16:40 (115) | 00:03:11 | 01:23:27 (280) | 00:01:40 | 00:54:01 (277) | 02:38:58 | 233 | | |
| 244 | 209 | KOZUBSKI CEZARY | KARGOWA | KARGOWA TEAM KARGOWA TEAM | PL | 1988 | M25 | 23 | 1 | 00:21:22 (386) | 00:03:57 | 01:19:57 (192) | 00:01:04 | 00:52:42 (247) | 02:39:02 | 234 | | |
| 245 | 36 | AMBROŻEWICZ ARTUR | BEZRZECZE | LABOSPORT TEAM | PL | 1979 | M35 | 69 | 1 | 00:19:49 (314) | 00:03:47 | 01:21:31 (235) | 00:01:11 | 00:52:46 (249) | 02:39:04 | 235 | | |
| 246 | 177 | STASZKIEWICZ ŁUKASZ | GNIEZNO | SŁYNNI KENIJCZYCY | PL | 1981 | M35 | 70 | 1 | 00:17:40 (164) | 00:04:27 | 01:23:24 (277) | 00:01:45 | 00:52:02 (237) | 02:39:18 | 236 | | |
| 247 | 530 | POŁASKI DARIUSZ | RADZYMIN | TRIMACHINE | PL | 1975 | M40 | 55 | 1 | 00:18:06 (197) | 00:03:40 | 01:25:10 (307) | 00:01:09 | 00:51:19 (219) | 02:39:25 | 237 | | |
| 248 | 159 | GRZYBOWSKI DARIUSZ | GRÓJEC | AKTYWNI GRÓJEC | PL | 1972 | M40 | 56 | 1 | 00:17:49 (175) | 00:03:49 | 01:19:36 (181) | 00:01:22 | 00:56:51 (344) | 02:39:27 | 238 | | |
| 249 | 140 | SIDOROWICZ MACIEJ | STRZELNO | WOOD GLASS TEAM | PL | 1984 | M30 | 42 | 1 | 00:20:55 (367) | 00:03:40 | 01:24:35 (300) | 00:01:00 | 00:49:19 (168) | 02:39:28 | 239 | | |
| 250 | 41 | GUZIK LESZEK | JAWORZE | LABOSPORT TEAM | PL | 1964 | M50 | 13 | 1 | 00:18:23 (220) | 00:03:33 | 01:24:40 (301) | 00:01:43 | 00:51:10 (211) | 02:39:30 | 240 | | |
| 251 | 284 | PANUŚ MARCIN | ŁÓDŹ | PULS STUDIO | PL | 1977 | M35 | 71 | 1 | 00:22:02 (404) | 00:02:52 | 01:19:46 (187) | 00:01:51 | 00:53:02 (258) | 02:39:32 | 241 | | |
| 252 | 141 | ZABDYR MARCIN | CHYLICE | KONDYCIA | PL | 1969 | M45 | 24 | 1 | 00:15:13 (43) | 00:03:20 | 01:29:50 (369) | 00:01:56 | 00:49:16 (165) | 02:39:34 | 242 | | |
| 253 | 286 | SIERADZAN PRZEMYSŁAW | KIELCE | ŚWIĘTOKRZYSKI KLUB ALPINISTYCZNY | PL | 1977 | M35 | 72 | 1 | 00:18:09 (199) | 00:03:15 | 01:24:30 (297) | 00:01:25 | 00:52:17 (240) | 02:39:35 | 243 | | |
| 254 | 13 | PUPKA ARTUR | LIGOTA PIĘKNA | GVT | PL | 1964 | M50 | 14 | 1 | 00:17:23 (152) | 00:03:17 | 01:20:05 (197) | 00:01:30 | 00:57:23 (352) | 02:39:38 | 244 | | |
| 255 | 295 | KOBIELSKI SŁAWOMIR | PODDĘBICE | PODDĘBICKI KB ZDYSZANI.PL | PL | 1976 | M40 | 57 | 1 | 00:19:35 (301) | 00:05:01 | 01:21:10 (225) | 00:01:03 | 00:52:54 (251) | 02:39:43 | 245 | | |
| 256 | 112 | ŁASZKIEWICZ TADEUSZ | KOŁO | MLUKS TRIATHLONU KOŁO | PL | 1956 | M60 | 1 | 1 | 00:22:24 (410) | 00:04:05 | 01:22:36 (259) | 00:02:05 | 00:48:36 (152) | 02:39:45 | 246 | | |
| 257 | 65 | JONIO KATARZYNA | SZELIGI | KUŹNIA TRIATHLONU | PL | 1981 | K35 | 4 | 1 | 00:17:59 (186) | 00:03:20 | 01:24:21 (294) | 00:01:12 | 00:52:56 (252) | 02:39:47 | | 11 | |
| 258 | 60 | SOKOŁOWSKA HANNA | GORZEŃ | KUŹNIA TRIATHLONU | PL | 1965 | K50 | 1 | 1 | 00:13:50 (16) | 00:03:50 | 01:24:02 (287) | 00:01:18 | 00:56:49 (342) | 02:39:49 | | 12 | |

Garmin Iron Triathlon Ślesin 2016 1/4 IM

Organizator: Urząd Miasta i Gminy w Ślesinie/LABOSPORT Polska s.c.

Data: 5 czerwca 2016

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Ślesin



Sponsor tytularny:

Sponsorzy strategiczni:

Gospodarz: Organizator cyklu:

| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|--------------------------|---------------------|---|------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|----|------|
| 259 | 53 | GAPIŃSKI KAMIL | PŁOCK | LABOSPORT TEAM | PL | 1983 | M30 | 43 | 1 | 00:19:50 (315) | 00:03:57 | 01:27:06 (339) | 00:01:42 | 00:47:26 (120) | 02:40:00 | 247 | | |
| 260 | 115 | KOSZAL KACPER | KONIN | | PL | 1994 | M18 | 10 | 1 | 00:17:01 (139) | 00:04:21 | 01:17:27 (131) | 00:01:47 | 00:59:29 (381) | 02:40:04 | 248 | | |
| 261 | 381 | OLENDER PAWEŁ | WARSZAWA | TRUCHT MRĄGOWO | PL | 1977 | M35 | 73 | 1 | 00:19:12 (280) | 00:03:31 | 01:24:10 (289) | 00:01:20 | 00:51:58 (235) | 02:40:10 | 249 | | |
| 262 | 483 | SOJKOWSKI PIOTR | WARSZAWA | TRI NEGU | PL | 1982 | M30 | 44 | 1 | 00:18:14 (205) | 00:03:06 | 01:20:56 (218) | 00:01:13 | 00:56:47 (341) | 02:40:15 | 250 | | |
| 263 | 214 | MAJEWSKA MAŁGORZATA | PRZEMYŚL | | PL | 1983 | K30 | 7 | 1 | 00:20:22 (342) | 00:03:22 | 01:19:52 (189) | 00:01:18 | 00:55:31 (315) | 02:40:25 | | 13 | |
| 264 | 518 | WOŹNIAK ANDRZEJ | ŁÓDŹ | KB ARTURÓWEK ŁÓDŹ | PL | 1961 | M55 | 5 | 1 | 00:21:04 (372) | 00:05:01 | 01:27:33 (345) | 00:02:00 | 00:44:56 (64) | 02:40:34 | 251 | | |
| 265 | 431 | WIECZOREK KATARZYNA | PLESZEW | IRON TRIATHLON PLESZEW | PL | 1989 | K25 | 1 | 1 | 00:18:11 (202) | 00:04:44 | 01:22:07 (250) | 00:02:00 | 00:53:41 (271) | 02:40:43 | | 14 | |
| 266 | 289 | TERESZCZUK KRZYSZTOF | OTWOCK | | PL | 1985 | M30 | 45 | 1 | 00:17:03 (141) | 00:03:47 | 01:24:19 (293) | 00:01:20 | 00:54:20 (283) | 02:40:48 | 252 | | |
| 267 | 526 | STACHOWICZ DOMINIK | RADZYMIN | TRI MACHINE | PL | 1976 | M40 | 58 | 1 | 00:16:03 (77) | 00:04:09 | 01:25:10 (306) | 00:01:35 | 00:53:54 (275) | 02:40:50 | 253 | | |
| 268 | 100 | BALAWANDER JAKUB | POZNAŃ | GO KUBA GO | PL | 1974 | M40 | 59 | 1 | 00:19:42 (308) | 00:04:23 | 01:21:05 (223) | 00:01:57 | 00:53:44 (273) | 02:40:51 | 254 | | |
| 269 | 221 | OSTASZEWSKI MACIEJ | PRUSZKÓW | | PL | 1979 | M35 | 74 | 1 | 00:16:48 (121) | 00:03:04 | 01:25:40 (319) | 00:01:31 | 00:53:51 (274) | 02:40:53 | 255 | | |
| 270 | 307 | KAZAŁA MICHAŁ | JÓZEFOSŁAW | | PL | 1976 | M40 | 60 | 1 | 00:18:53 (258) | 00:04:44 | 01:19:13 (172) | 00:02:05 | 00:56:03 (327) | 02:40:58 | 256 | | |
| 271 | 62 | BOROWIAK JUSTYNA | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1986 | K30 | 8 | 1 | 00:17:59 (185) | 00:03:42 | 01:23:23 (276) | 00:01:34 | 00:54:21 (284) | 02:40:59 | | 15 | |
| 272 | 344 | HAFTARCZYK GRZEGORZ | KONSTANCIN-JEZIORNA | | PL | 1971 | M45 | 25 | 1 | 00:19:56 (320) | 00:03:20 | 01:18:59 (168) | 00:01:38 | 00:57:06 (349) | 02:40:59 | 257 | | |
| 273 | 444 | LEKS IRENEUSZ | ZIELONA GÓRA | | PL | 1963 | M50 | 15 | 1 | 00:19:07 (276) | 00:04:01 | 01:26:49 (335) | 00:01:46 | 00:49:15 (164) | 02:40:59 | 258 | | |
| 274 | 158 | MRÓZ MAREK | MALBORK | PASJA CZYNI WOLNYM / BIURO OBSŁUGI FIRM PIO-M | PL | 1976 | M40 | 61 | 1 | 00:19:17 (287) | 00:03:49 | 01:24:31 (298) | 00:01:51 | 00:51:34 (225) | 02:41:02 | 259 | | |
| 275 | 318 | GLUCHOWSKI PRZEMEK | ŻYCHLIN | | PL | 1976 | M40 | 62 | 1 | 00:18:16 (206) | 00:03:28 | 01:24:33 (299) | 00:02:14 | 00:52:33 (246) | 02:41:03 | 260 | | |
| 276 | 222 | GORKOWSKI MICHAŁ | CHODZIEŻ | TAZAR CHODZIEŻ | PL | 1991 | M25 | 24 | 1 | 00:18:17 (209) | 00:03:17 | 01:22:55 (266) | 00:01:18 | 00:55:18 (306) | 02:41:05 | 261 | | |
| 277 | 130 | WALCZAK AGATA | ŁÓDŹ | KB ARTURÓWEK | PL | 1972 | K40 | 2 | 1 | 00:20:39 (356) | 00:04:00 | 01:27:36 (346) | 00:01:37 | 00:47:14 (115) | 02:41:06 | | 16 | |
| 278 | 397 | ANTKOWIAK MACIEJ | GOLINA | KONIN PRO | PL | 1986 | M30 | 46 | 1 | 00:17:20 (151) | 00:03:37 | 01:21:54 (243) | 00:00:58 | 00:58:06 (364) | 02:41:55 | 262 | | |
| 279 | 248 | KACZMAREK TOMASZ | ZALASEWO | DESZCZOWA TEAM | PL | 1979 | M35 | 75 | 1 | 00:24:38 (438) | 00:04:33 | 01:20:26 (207) | 00:01:23 | 00:51:05 (208) | 02:42:05 | 263 | | |
| 280 | 291 | ANDRYSZAK ALEKSANDRA | ŚWINOUJŚCIE | | PL | 1993 | K18 | 1 | 1 | 00:16:52 (126) | 00:04:11 | 01:24:26 (295) | 00:01:46 | 00:55:02 (296) | 02:42:17 | | 17 | |
| 281 | 148 | ZIMKA ŁUKASZ | ŁÓDŹ | | PL | 1981 | M35 | 76 | 1 | 00:18:01 (189) | 00:04:20 | 01:23:25 (279) | 00:01:19 | 00:55:47 (320) | 02:42:52 | 264 | | |
| 282 | 264 | MANTEUFEL JACEK | SZTUM | GRUPA MALBORK | PL | 1986 | M30 | 47 | 1 | 00:18:40 (242) | 00:04:04 | 01:22:38 (260) | 00:01:29 | 00:56:02 (325) | 02:42:53 | 265 | | |
| 283 | 418 | KWIATKOWSKI MAREK | PODGÓRZE 2A | NIEZRZESZONY | PL | 1967 | M45 | 26 | 1 | 00:23:11 (424) | 00:03:41 | 01:19:29 (178) | 00:01:37 | 00:54:59 (295) | 02:42:57 | 266 | | |
| 284 | 280 | KWIATKOWSKI PIOTR | ZDUŃSKA WOLA | NIEZRZESZONY | PL | 1968 | M45 | 27 | 1 | 00:22:52 (419) | 00:03:33 | 01:19:57 (191) | 00:01:26 | 00:55:13 (302) | 02:43:01 | 267 | | |
| 285 | 521 | SUPERNAK TADEUSZ | JÓZEFOSŁAW | | PL | 1974 | M40 | 63 | 1 | 00:20:33 (353) | 00:03:49 | 01:26:01 (325) | 00:01:20 | 00:51:19 (220) | 02:43:03 | 268 | | |
| 286 | 212 | GRECZYŁO ADAM | GDYNIA | GO TRI KKS / AKADEMIA TRIATHLONU TEAM | PL | 1976 | M40 | 64 | 1 | 00:19:09 (278) | 00:03:53 | 01:22:34 (257) | 00:01:23 | 00:56:08 (330) | 02:43:07 | 269 | | |
| 287 | 445 | SOŁOWIANOW WIACZESŁAW | WARSZAWA | | PL | 1988 | M25 | 25 | 1 | 00:17:34 (159) | 00:03:40 | 01:23:45 (283) | 00:01:44 | 00:56:24 (335) | 02:43:08 | 270 | | |
| 288 | 254 | BŁACHOWIAK MARIUSZ JÓZEF | LESZNO | MARATON LESZNO | PL | 1964 | M50 | 16 | 1 | 00:20:54 (366) | 00:05:38 | 01:23:34 (282) | 00:02:06 | 00:51:11 (213) | 02:43:23 | 271 | | |
| 289 | 404 | DUTKIEWICZ MICHAŁ | POZNAŃ | | PL | 1984 | M30 | 48 | 1 | 00:19:47 (312) | 00:04:05 | 01:25:37 (316) | 00:01:24 | 00:52:54 (250) | 02:43:47 | 272 | | |
| 290 | 511 | NAROLEWSKA JOANNA | BIAŁYSTOK | | PL | 1980 | K35 | 5 | 1 | 00:18:49 (253) | 00:03:30 | 01:23:07 (272) | 00:01:33 | 00:56:54 (346) | 02:43:52 | | 18 | |
| 291 | 427 | STASZEWSKI MACIEJ | JÓZEFOSŁAW | MS GDYNIA | PL | 1970 | M45 | 28 | 1 | 00:18:34 (234) | 00:04:08 | 01:22:26 (255) | 00:01:25 | 00:57:39 (355) | 02:44:12 | 273 | | |
| 292 | 532 | OKLEJ AGATA | WARSZAWA | | PL | 1980 | K35 | 6 | 1 | 00:17:32 (157) | 00:03:45 | 01:24:53 (302) | 00:01:22 | 00:56:41 (339) | 02:44:14 | | 19 | |
| 293 | 240 | ZIELIŃSKI DARIUSZ | WARSZAWA | | PL | 1970 | M45 | 29 | 1 | 00:20:52 (361) | 00:03:52 | 01:21:34 (238) | 00:01:46 | 00:56:16 (333) | 02:44:20 | 274 | | |
| 294 | 85 | MAJDA BARTOSZ | LUSÓWKO | KUŹNIA TRIATHLONU | PL | 1986 | M30 | 49 | 1 | 00:20:27 (345) | 00:04:10 | 01:25:45 (323) | 00:01:27 | 00:52:57 (254) | 02:44:46 | 275 | | |
| 295 | 406 | KOPCZYŃSKI MACIEJ | GDYNIA | | PL | 1979 | M35 | 77 | 1 | 00:22:00 (403) | 00:04:41 | 01:30:40 (380) | 00:02:14 | 00:45:14 (69) | 02:44:49 | 276 | | |
| 296 | 492 | MAROSZEK KAROL | WARSZAWA | BASIATEAM | PL | 1984 | M30 | 50 | 1 | 00:19:27 (294) | 00:04:40 | 01:19:25 (177) | 00:02:54 | 00:58:25 (371) | 02:44:50 | 277 | | |
| 297 | 162 | JAKUBOWSKI ADAM | WARSZAWA | COLLIERS INTERNATIONAL | PL | 1976 | M40 | 65 | 1 | 00:19:27 (293) | 00:02:43 | 01:34:37 (417) | 00:01:01 | 00:47:06 (108) | 02:44:54 | 278 | | |
| 298 | 119 | STANKOWSKI TOMASZ | WARSZAWA | | PL | 1987 | M25 | 26 | 1 | 00:20:16 (333) | 00:03:45 | 01:24:54 (303) | 00:00:50 | 00:55:19 (307) | 02:45:04 | 279 | | |
| 299 | 278 | PAPIERZ PIOTR | BERLIN | | DE | 1962 | M50 | 17 | 1 | 00:20:00 (322) | 00:03:41 | 01:21:35 (239) | 00:01:40 | 00:58:16 (367) | 02:45:12 | 280 | | |
| 300 | 402 | SZCZEŚNIAK MIKOŁAJ | DĄBRÓWKA | RANKOR | PL | 1977 | M35 | 78 | 1 | 00:21:07 (377) | 00:04:08 | 01:28:00 (348) | 00:01:26 | 00:50:32 (197) | 02:45:13 | 281 | | |
| 301 | 199 | KŁOS TOMASZ | SIERADZ | SIERADZBIEGA.PL | PL | 1985 | M30 | 51 | 1 | 00:19:35 (300) | 00:05:10 | 01:26:28 (329) | 00:01:12 | 00:53:04 (259) | 02:45:28 | 282 | | |

Garmin Iron Triathlon Ślesin 2016 1/4 IM

Organizator: Urząd Miasta i Gminy w Ślesinie/LABOSPORT Polska s.c.

Data: 5 czerwca 2016

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Ślesin



Sponsor tytularny:



Sponsorzy strategiczni:



Gospodarz:

Organizator cyklu:

| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|----------------------|----------------------|--|------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|-----------------|-----|----|------|
| 302 | 57 | PIETRANIK PAWEŁ | PRUSZKÓW | KUŹNIA TRIATHLONU | PL | 1986 | M30 | 52 | 1 | 00:21:28 (390) | 00:04:36 | 01:28:47 (359) | 00:01:20 | 00:49:30 (177) | 02:45:41 | 283 | | |
| 303 | 379 | PIGULA PRZEMYSŁAW | ZALASEWO | WUEF CLUB | PL | 1977 | M35 | 79 | 1 | 00:19:31 (299) | 00:05:13 | 01:23:12 (275) | 00:01:39 | 00:56:09 (331) | 02:45:44 | 284 | | |
| 304 | 249 | RUDYK SEBASTIAN | WROCLAW | SEBASTIAN RUDYK MR>TRI-WROCLAW | PL | 1975 | M40 | 66 | 1 | 00:18:31 (229) | 00:04:28 | 01:23:01 (270) | 00:01:19 | 00:58:30 (372) | 02:45:49 | 285 | | |
| 305 | 450 | PYTLAK PIOTR | MILANÓWEK | | PL | 1969 | M45 | 30 | 1 | 00:17:02 (140) | 00:04:04 | 01:24:28 (296) | 00:01:36 | 00:58:43 (373) | 02:45:53 | 286 | | |
| 306 | 405 | GRZELAK RAFAŁ | TUREK | LIDERMEDIA.PL LIDERMEDIA.PL | PL | 1975 | M40 | 67 | 1 | 00:18:49 (254) | 00:03:25 | 01:26:50 (336) | 00:01:32 | 00:55:26 (313) | 02:46:02 | 287 | | |
| 307 | 37 | ZUKIEWICZ TOMASZ | OTWOCK | LABOSPORT TEAM | PL | 1977 | M35 | 80 | 1 | 00:18:43 (246) | 00:03:40 | 01:27:07 (341) | 00:02:28 | 00:54:08 (279) | 02:46:06 | 288 | | |
| 308 | 176 | LEŚNIEWICZ MARIUSZ | KONIN | | PL | 1976 | M40 | 68 | 1 | 00:18:30 (228) | 00:04:41 | 01:29:53 (371) | 00:01:27 | 00:51:37 (228) | 02:46:07 | 289 | | |
| 309 | 400 | RYBICKI WOJCIECH | KRZYMÓW | | PL | 1972 | M40 | 69 | 1 | 00:20:22 (339) | 00:04:25 | 01:24:12 (290) | 00:01:34 | 00:55:35 (316) | 02:46:08 | 290 | | |
| 310 | 339 | PIETRZAK ARKADIUSZ | KRZYMÓW | | PL | 1969 | M45 | 31 | 1 | 00:20:24 (343) | 00:05:06 | 01:25:30 (314) | 00:01:50 | 00:53:25 (265) | 02:46:15 | 291 | | |
| 311 | 301 | STRZEŚNIEWSKI MAREK | PIASECZNO | AT/IMPACT TEAM | PL | 1957 | M55 | 6 | 1 | 00:21:39 (396) | 00:04:04 | 01:25:32 (315) | 00:02:02 | 00:53:01 (257) | 02:46:18 | 292 | | |
| 312 | 147 | GUMIŃSKI PIOTR | PIOTRKÓW TRYBUNALSKI | AT TEAM | PL | 1982 | M30 | 53 | 1 | 00:17:43 (167) | 00:03:21 | 01:24:14 (291) | 00:01:38 | 00:59:24 (380) | 02:46:20 | 293 | | |
| 313 | 534 | DUK JANUSZ | LODZ | | PL | 1966 | M50 | 18 | 1 | 00:19:06 (274) | 00:03:51 | 01:23:10 (274) | 00:02:00 | 00:58:21 (369) | 02:46:28 | 294 | | |
| 314 | 132 | CHOJNACKI ARTUR | KONIN | PROARTI.PL | PL | 1979 | M35 | 81 | 1 | 00:20:46 (359) | 00:03:07 | 01:27:06 (340) | 00:01:15 | 00:54:17 (282) | 02:46:31 | 295 | | |
| 315 | 183 | KALICIŃSKI HENRYK | PIASECZNO | | PL | 1977 | M35 | 82 | 1 | 00:21:43 (399) | 00:03:41 | 01:28:21 (354) | 00:01:54 | 00:51:03 (207) | 02:46:43 | 296 | | |
| 316 | 258 | PROKOP ARTUR | WARSZAWA | | PL | 1970 | M45 | 32 | 1 | 00:21:41 (397) | 00:03:18 | 01:30:34 (379) | 00:01:12 | 00:50:04 (187) | 02:46:49 | 297 | | |
| 317 | 191 | ZGORZELESI BARTOSZ | GNIEZNO | SŁYNNI KENIJCZYCY | PL | 1979 | M35 | 83 | 1 | 00:21:53 (402) | 00:02:53 | 01:27:49 (347) | 00:00:49 | 00:53:31 (266) | 02:46:55 | 298 | | |
| 318 | 171 | KĄŻMIERCZAK ANDRZEJ | SZCZYTNIKI | WÓJTOWICZ TRI TEAM | PL | 1977 | M35 | 84 | 1 | 00:21:29 (391) | 00:04:03 | 01:25:19 (310) | 00:01:44 | 00:54:22 (285) | 02:46:56 | 299 | | |
| 319 | 374 | MAZURKIEWICZ DARIUSZ | WARSZAWA | DARIUSZ MAZURKIEWICZ DARIUSZ MAZURKIEWICZ | PL | 1977 | M35 | 85 | 1 | 00:21:09 (380) | 00:04:08 | 01:25:41 (320) | 00:03:02 | 00:53:10 (260) | 02:47:10 | 300 | | |
| 320 | 533 | GOGOLKIEWICZ JAREK | SWARZEDZ | LENIWCE | PL | 1979 | M35 | 86 | 1 | 00:17:00 (137) | 00:05:07 | 01:25:22 (312) | 00:01:47 | 00:58:01 (361) | 02:47:16 | 301 | | |
| 321 | 107 | BRYZEK ARNOLD | WARSZAWA | | PL | 1970 | M45 | 33 | 1 | 00:16:18 (93) | 00:03:13 | 01:25:08 (305) | 00:01:48 | 01:00:56 (394) | 02:47:24 | 302 | | |
| 322 | 223 | MAŚLANKA TOMASZ | SŁUPSK | TRIFORCE SŁUPSK GRATIS TEAM | PL | 1978 | M35 | 87 | 1 | 00:16:33 (104) | 00:03:24 | 01:28:02 (350) | 00:01:09 | 00:58:20 (368) | 02:47:27 | 303 | | |
| 323 | 228 | ŁUDKOWSKI TOMASZ | KAZIMIERZ BISKUPI | | PL | 1984 | M30 | 54 | 1 | 00:20:11 (330) | 00:03:59 | 01:26:42 (334) | 00:01:25 | 00:55:16 (305) | 02:47:33 | 304 | | |
| 324 | 54 | DUTKIEWICZ ROBERT | KIELCE | LABOSPORT TEAM AZS UJK KIELCE | PL | 1965 | M50 | 19 | 1 | 00:21:26 (389) | 00:04:21 | 01:23:46 (284) | 00:01:13 | 00:56:50 (343) | 02:47:35 | 305 | | |
| 325 | 281 | KOŚCIELAK MACIEJ | BYDGOSZCZ | ODDZIAŁ ŻANDARMERII WOJSKOWEJ | PL | 1978 | M35 | 88 | 1 | 00:20:15 (331) | 00:04:43 | 01:25:38 (318) | 00:01:59 | 00:55:15 (304) | 02:47:50 | 306 | | |
| 326 | 226 | ŻAK JAROSŁAW | BYDGOSZCZ | KAJOI I JAJEK TEAM | PL | 1984 | M30 | 55 | 1 | 00:19:01 (268) | 00:04:50 | 01:26:50 (337) | 00:01:21 | 00:55:58 (323) | 02:48:01 | 307 | | |
| 327 | 166 | KITA MACIEJ | WITASZYCE | | PL | 1983 | M30 | 56 | 1 | 00:19:53 (318) | 00:03:57 | 01:22:54 (264) | 00:01:31 | 00:59:54 (386) | 02:48:09 | 308 | | |
| 328 | 172 | SROKA WŁODZIMIERZ | POZNAŃ | SROKAS TEAM | PL | 1973 | M40 | 70 | 1 | 00:18:43 (245) | 00:03:49 | 01:17:49 (142) | 00:02:17 | 01:05:34 (438) | 02:48:12 | 309 | | |
| 329 | 507 | TUTAJ MARCIN | KRAKÓW | KT WATER KNIGHTS ZABIERZOW | PL | 1973 | M40 | 71 | 1 | 00:18:00 (187) | 00:04:39 | 01:30:41 (381) | 00:02:13 | 00:53:00 (255) | 02:48:32 | 310 | | |
| 330 | 260 | HIRSZ KAMIL ADAM | ŁÓDŹ | CELRONMAN.PL | PL | 1975 | M40 | 72 | 1 | 00:18:35 (237) | 00:04:49 | 01:25:25 (313) | 00:02:08 | 00:57:35 (353) | 02:48:33 | 311 | | |
| 331 | 452 | MIELNIK PAWEŁ | POZNAŃ | UAM TRIATHLON POZNAŃ | PL | 1960 | M55 | 7 | 1 | 00:20:17 (335) | 00:05:06 | 01:27:31 (344) | 00:02:34 | 00:53:14 (262) | 02:48:42 | 312 | | |
| 332 | 227 | PIETRUSZKA NINA | WROCLAW | | PL | 1992 | K18 | 2 | 1 | 00:16:42 (118) | 00:03:30 | 01:32:52 (402) | 00:00:49 | 00:54:51 (293) | 02:48:45 | | 20 | |
| 333 | 312 | WITALIS PIOTR | WARSZAWA | | PL | 1986 | M30 | 57 | 1 | 00:18:20 (213) | 00:04:04 | 01:29:11 (362) | 00:01:22 | 00:55:51 (321) | 02:48:47 | 313 | | |
| 334 | 367 | KOCH PRZEMYSŁAW | WARSZAWA | SZWAGIER TEAM | PL | 1979 | M35 | 89 | 1 | 00:19:27 (295) | 00:04:44 | 01:26:40 (333) | 00:02:27 | 00:55:37 (318) | 02:48:55 | 314 | | |
| 335 | 296 | LATOS JANUSZ | KOSTRZYN WLKP | KOMUNAL PARTNER | PL | 1962 | M50 | 20 | 1 | 00:18:26 (225) | 00:04:23 | 01:28:20 (353) | 00:01:35 | 00:56:16 (334) | 02:49:00 | 315 | | |
| 336 | 378 | GOZDALSKI JAROSŁAW | WITKOWO | | PL | 1973 | M40 | 73 | 1 | 00:18:55 (261) | 00:03:21 | 01:21:31 (236) | 00:01:10 | 01:04:14 (430) | 02:49:10 | 316 | | |
| 337 | 262 | BARTKOWIAK DARIUSZ | OSTRÓW WLKP. | KS MARATON OSTRÓW WLKP. NAVIGARE | PL | 1965 | M50 | 21 | 1 | 00:24:28 (436) | 00:05:13 | 01:32:27 (399) | 00:02:01 | 00:45:31 (75) | 02:49:41 | 317 | | |
| 338 | 354 | NOWICKI BARTOSZ | PIASTÓW | GARMIN POLSKA GARMIN POLSKA | PL | 1984 | M30 | 58 | 1 | 00:20:40 (357) | 00:03:39 | 01:25:08 (304) | 00:02:15 | 00:58:15 (366) | 02:49:57 | 318 | | |
| 339 | 391 | KOWALSKI SZYMON | ŁÓDŹ | ZAGAJA BAŁUTY | PL | 1977 | M35 | 90 | 1 | 00:20:22 (341) | 00:04:21 | 01:29:56 (373) | 00:02:15 | 00:53:15 (263) | 02:50:08 | 319 | | |
| 340 | 265 | KOZIELSKI PAWEŁ | WARSZAWA | PZU SPORT TEAM | PL | 1977 | M35 | 91 | 1 | 00:20:15 (332) | 00:05:22 | 01:31:05 (386) | 00:02:00 | 00:51:42 (229) | 02:50:24 | 320 | | |
| 341 | 488 | DUDEK PAWEŁ | WARSZAWA | | PL | 1972 | M40 | 74 | 1 | 00:18:58 (264) | 00:05:04 | 01:21:11 (226) | 00:02:11 | 01:03:14 (420) | 02:50:38 | 321 | | |
| 342 | 236 | SMUSZKIEWICZ PIOTR | GOSTUN | | PL | 1977 | M35 | 92 | 1 | 00:23:26 (431) | 00:04:18 | 01:35:03 (419) | 00:01:31 | 00:46:24 (86) | 02:50:43 | 322 | | |
| 343 | 347 | LEMIESZEK GRZEGORZ | ŁÓDŹ | ŁÓDŹ RUNNING TEAM ŁÓDŹ RUNNING TEAM | PL | 1958 | M55 | 8 | 1 | 00:22:56 (420) | 00:05:14 | 01:25:17 (308) | 00:01:58 | 00:55:36 (317) | 02:51:02 | 323 | | |
| 344 | 190 | WALCZAK KRYSZTIAN | PRUSZKÓW | BIEGAJĄCE WALCZAKI BIEGAJACEWALCZAKI.BLOGSPC | PL | 1982 | M30 | 59 | 1 | 00:22:59 (421) | 00:03:49 | 01:25:58 (324) | 00:02:12 | 00:56:07 (329) | 02:51:06 | 324 | | |

Garmin Iron Triathlon Ślesin 2016 1/4 IM

Organizator: Urząd Miasta i Gminy w Ślesinie/LABOSPORT Polska s.c.

Data: 5 czerwca 2016

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Ślesin



Sponsor tytularny:



Sponsorzy strategiczni:



Gospodarz:



Organizator cyklu:



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|----------------------|-----------------|-----------------------------|------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|----|------|
| 345 | 494 | PIĘKOŚ JAKUB | STRZYŻÓW | | PL | 1993 | M18 | 11 | 1 | 00:20:08 (327) | 00:04:29 | 01:28:51 (360) | 00:01:36 | 00:56:15 (332) | 02:51:20 | 325 | | |
| 346 | 185 | ZASADA WITOLD | ŁÓDŹ | TRI IN BOAT | PL | 1971 | M45 | 34 | 1 | 00:18:09 (198) | 00:03:50 | 01:23:49 (286) | 00:01:43 | 01:04:00 (429) | 02:51:31 | 326 | | |
| 347 | 498 | WALKOWIAK PIOTR | ŚWINOJUŚCIE | | PL | 1988 | M25 | 27 | 1 | 00:16:15 (90) | 00:04:13 | 01:26:51 (338) | 00:01:51 | 01:02:24 (410) | 02:51:34 | 327 | | |
| 348 | 267 | PLESKO ROBERT | WARSZAWA | | PL | 1977 | M35 | 93 | 1 | 00:18:32 (231) | 00:04:47 | 01:28:37 (357) | 00:02:09 | 00:57:35 (354) | 02:51:40 | 328 | | |
| 349 | 67 | JAMROŹ ROBERT | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1979 | M35 | 94 | 1 | 00:20:28 (348) | 00:05:12 | 01:26:27 (328) | 00:01:48 | 00:57:47 (356) | 02:51:42 | 329 | | |
| 350 | 447 | PTASZNIK PRZEMYSŁAW | WĘGRZCE WIELKIE | ACTION TEAM | PL | 1980 | M35 | 95 | 1 | 00:18:05 (194) | 00:04:32 | 01:25:44 (321) | 00:01:48 | 01:01:40 (401) | 02:51:49 | 330 | | |
| 351 | 548 | MIKA AMELIA | PIASECZNO | | PL | 1978 | K35 | 7 | 1 | 00:22:28 (414) | 00:03:35 | 01:25:19 (311) | 00:01:51 | 00:58:49 (375) | 02:52:02 | | 21 | |
| 352 | 251 | ANTAS MACIEJ | KRAMSK | KMP KONIN | PL | 1975 | M40 | 75 | 1 | 00:17:05 (143) | 00:04:38 | 01:33:14 (407) | 00:01:55 | 00:55:15 (303) | 02:52:07 | 331 | | |
| 353 | 503 | MARCZAK SŁAWOMIR | WROCŁAW | SPORT-PROFIT CANNONDALE | PL | 1973 | M40 | 76 | 1 | 00:19:39 (306) | 00:05:09 | 01:20:07 (200) | 00:02:04 | 01:05:14 (435) | 02:52:14 | 332 | | |
| 354 | 386 | KAMIŃSKI MICHAŁ | ŁÓDŹ | | PL | 1991 | M25 | 28 | 1 | 00:17:08 (145) | 00:03:57 | 01:25:37 (317) | 00:02:26 | 01:03:09 (418) | 02:52:17 | 333 | | |
| 355 | 456 | OJRZYŃSKA MILENA | WARSZAWA | | PL | 1995 | K18 | 3 | 1 | 00:21:29 (392) | 00:04:09 | 01:25:18 (309) | 00:01:54 | 00:59:55 (387) | 02:52:45 | | 22 | |
| 356 | 411 | OLSZEWSKI SŁAWOMIR | WARSZAWA | GIANT POLSKA | PL | 1985 | M30 | 60 | 1 | 00:19:37 (305) | 00:04:02 | 01:24:17 (292) | 00:01:55 | 01:03:12 (419) | 02:53:03 | 334 | | |
| 357 | 128 | CHMIEL PAULINA | ŁÓDŹ | "SALUS" | PL | 1985 | K30 | 9 | 1 | 00:19:00 (266) | 00:04:02 | 01:32:11 (398) | 00:02:14 | 00:55:42 (319) | 02:53:09 | | 23 | |
| 358 | 282 | WRÓBLEWSKI RAFAŁ | WOLA RĘBKOWSKA | | PL | 1973 | M40 | 77 | 1 | 00:20:56 (368) | 00:04:18 | 01:22:59 (267) | 00:01:25 | 01:03:50 (425) | 02:53:27 | 335 | | |
| 359 | 84 | PRUTA RAFAŁ | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1974 | M40 | 78 | 1 | 00:23:37 (434) | 00:04:54 | 01:26:29 (330) | 00:02:01 | 00:56:36 (336) | 02:53:37 | 336 | | |
| 360 | 135 | NAROŹNIK MACIEJ | RADOM | | PL | 1986 | M30 | 61 | 1 | 00:14:42 (28) | 00:02:34 | 01:28:25 (356) | 00:01:08 | 01:06:51 (442) | 02:53:40 | 337 | | |
| 361 | 420 | WAŁĘDZIAK DAWID | PLESZEW | | PL | 1980 | M35 | 96 | 1 | 00:20:22 (340) | 00:05:29 | 01:31:37 (395) | 00:01:14 | 00:55:21 (309) | 02:54:03 | 338 | | |
| 362 | 152 | MARCINEK ANDRZEJ | ŚRODA ŚL. | SOUPAT | PL | 1958 | M55 | 9 | 1 | 00:22:11 (406) | 00:04:32 | 01:29:53 (372) | 00:02:13 | 00:55:20 (308) | 02:54:10 | 339 | | |
| 363 | 272 | WOJTANOWICZ MARCIN | ZDUŃSKA WOLA | | PL | 1976 | M40 | 79 | 1 | 00:24:34 (437) | 00:03:46 | 01:29:06 (361) | 00:01:22 | 00:55:24 (311) | 02:54:12 | 340 | | |
| 364 | 241 | PACHULSKI PAWEŁ | ŚLESIN | | PL | 1963 | M50 | 22 | 1 | 00:24:48 (441) | 00:04:38 | 01:27:14 (342) | 00:00:56 | 00:56:37 (337) | 02:54:13 | 341 | | |
| 365 | 334 | RĘBIŚ JOANNA | PIASECZNO | KONDYCJA | PL | 1975 | K40 | 3 | 1 | 00:23:25 (430) | 00:03:51 | 01:35:15 (423) | 00:01:10 | 00:50:45 (200) | 02:54:26 | | 24 | |
| 366 | 256 | OLEJNIK ANNA | DOBRZEŃ WIELKI | STREFASPORTU.PL | PL | 1989 | K25 | 2 | 1 | 00:22:43 (418) | 00:04:26 | 01:30:21 (378) | 00:01:30 | 00:55:28 (314) | 02:54:28 | 25 | | |
| 367 | 79 | ŚWIERCZEWSKA MONIKA | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1989 | K25 | 3 | 1 | 00:20:58 (369) | 00:03:54 | 01:33:17 (408) | 00:01:25 | 00:54:56 (294) | 02:54:29 | 26 | | |
| 368 | 35 | OPIŁOWSKI PAWEŁ | MODŁA | LABOSPORT TEAM | PL | 1975 | M40 | 80 | 1 | 00:19:09 (277) | 00:04:04 | 01:22:02 (247) | 00:01:27 | 01:07:48 (444) | 02:54:30 | 342 | | |
| 369 | 230 | KUPISZ DOMINIK | POZNAŃ | | PL | 1979 | M35 | 97 | 1 | 00:19:01 (270) | 00:04:25 | 01:28:05 (351) | 00:01:43 | 01:01:32 (400) | 02:54:47 | 343 | | |
| 370 | 473 | KIERSZNIIEWSKI PIOTR | GRÓJEC | | PL | 1974 | M40 | 81 | 1 | 00:22:33 (415) | 00:04:11 | 01:22:54 (265) | 00:02:02 | 01:03:16 (421) | 02:54:56 | 344 | | |
| 371 | 331 | ORŁOWSKA ANNA | TORUŃ | KLUB WYSOKOGÓRSKI W TORUNIU | PL | 1984 | K30 | 10 | 1 | 00:20:52 (362) | 00:03:56 | 01:31:58 (396) | 00:01:29 | 00:56:43 (340) | 02:54:58 | | 27 | |
| 372 | 138 | GLESMAŃ PATRYK | KONIN | AT TEAM | PL | 1986 | M30 | 62 | 1 | 00:20:53 (363) | 00:03:38 | 01:32:32 (400) | 00:00:56 | 00:57:04 (348) | 02:55:03 | 345 | | |
| 373 | 464 | LIZIK WALDEMAR | POSDA | | PL | 1972 | M40 | 82 | 1 | 00:18:54 (260) | 00:03:47 | 01:31:07 (388) | 00:01:44 | 00:59:48 (384) | 02:55:20 | 346 | | |
| 374 | 372 | JARZYŃSKI JANUSZ | KONIN | | PL | 1969 | M45 | 35 | 1 | 00:19:14 (284) | 00:04:31 | 01:35:26 (427) | 00:01:59 | 00:54:11 (280) | 02:55:22 | 347 | | |
| 375 | 489 | WALECKI ADAM | WŁOCŁAWEK | | PL | 1982 | M30 | 63 | 1 | 00:25:26 (445) | 00:05:11 | 01:35:20 (425) | 00:01:16 | 00:48:17 (143) | 02:55:30 | 348 | | |
| 376 | 153 | SZEWczyk ROBERT | JAROCIN | | PL | 1978 | M35 | 98 | 1 | 00:18:36 (238) | 00:03:48 | 01:30:01 (374) | 00:01:23 | 01:01:59 (403) | 02:55:48 | 349 | | |
| 377 | 245 | NOWAK ROMAN | SIERADZ | PARTNERTECH POLAND | PL | 1980 | M35 | 99 | 1 | 00:25:24 (444) | 00:04:39 | 01:26:32 (331) | 00:01:31 | 00:58:05 (363) | 02:56:12 | 350 | | |
| 378 | 133 | GAJEWSKI KRZYSZTOF | ŚLESIN | | PL | 1974 | M40 | 83 | 1 | 00:20:32 (351) | 00:04:01 | 01:29:24 (365) | 00:01:38 | 01:00:53 (393) | 02:56:28 | 351 | | |
| 379 | 342 | HELBIN KATARZYNA | MILANÓWEK | | PL | 1974 | K40 | 4 | 1 | 00:20:27 (346) | 00:04:41 | 01:33:35 (411) | 00:02:48 | 00:55:03 (298) | 02:56:34 | | 28 | |
| 380 | 417 | WCISŁY JAROSŁAW | WARSZAWA | | PL | 1980 | M35 | 100 | 1 | 00:18:32 (232) | 00:05:22 | 01:26:17 (326) | 00:02:29 | 01:03:57 (426) | 02:56:37 | 352 | | |
| 381 | 277 | GRZEŁA IRENEUSZ | OSTRÓW WLKP | | PL | 1976 | M40 | 84 | 1 | 00:18:39 (240) | 00:07:23 | 01:32:47 (401) | 00:02:47 | 00:55:03 (297) | 02:56:39 | 353 | | |
| 382 | 154 | HERRA WOJCIECH | WARSZAWA | RUN2TRI.PL | PL | 1977 | M35 | 101 | 1 | 00:18:47 (250) | 00:04:50 | 01:29:44 (368) | 00:02:01 | 01:01:24 (399) | 02:56:47 | 354 | | |
| 383 | 425 | WIŚNIEWSKI MICHAŁ | WARSZAWA | | PL | 1982 | M30 | 64 | 1 | 00:21:05 (373) | 00:04:55 | 01:31:23 (391) | 00:01:22 | 00:58:08 (365) | 02:56:53 | 355 | | |
| 384 | 415 | HERC PRZEMEK | ZAMOŚĆ | | PL | 1974 | M40 | 85 | 1 | 00:20:09 (329) | 00:04:24 | 01:26:37 (332) | 00:01:44 | 01:03:58 (427) | 02:56:53 | 356 | | |
| 385 | 105 | DOBOSZ ANDRZEJ | ZGORZAŁA | | PL | 1974 | M40 | 86 | 1 | 00:21:41 (398) | 00:03:37 | 01:33:05 (405) | 00:01:52 | 00:57:10 (350) | 02:57:25 | 357 | | |
| 386 | 465 | GENDEK JERZY | ROGOŹNO | KŻ KOTWICA KŻ KOTWICA | PL | 1947 | M65 | 1 | 1 | 00:21:05 (375) | 00:04:40 | 01:30:43 (382) | 00:02:38 | 00:58:21 (370) | 02:57:27 | 358 | | |
| 387 | 439 | MIZIOLEK ANDRZEJ | JÓZEFÓW | FUNTRONIC | PL | 1970 | M45 | 36 | 1 | 00:25:38 (448) | 00:05:47 | 01:34:28 (414) | 00:01:20 | 00:50:26 (196) | 02:57:39 | 359 | | |

Garmin Iron Triathlon Ślesin 2016 1/4 IM

Organizator: Urząd Miasta i Gminy w Ślesinie/LABOSPORT Polska s.c.

Data: 5 czerwca 2016

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Ślesin



Sponsor tytularny:



Sponsorzy strategiczni:



Gospodarz:



Organizator cyklu:



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|-----------------------|---------------------|---|------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|----|------|
| 388 | 201 | GRUBA JACEK | BRZOZA | TRIATHLON BRZOZA NIEZRZESZONY | PL | 1960 | M55 | 10 | 1 | 00:21:46 (400) | 00:05:24 | 01:30:03 (375) | 00:01:25 | 00:59:10 (378) | 02:57:49 | 360 | | |
| 389 | 323 | HUZAR RYSZARD | MALBORK | AUTYZM JEST WŚRÓD NAS | PL | 1972 | M40 | 87 | 1 | 00:18:11 (201) | 00:03:05 | 01:31:59 (397) | 00:01:25 | 01:03:23 (422) | 02:58:02 | 361 | | |
| 390 | 168 | WIŚNIEWSKI TOMASZ | WARSZAWA | KPMG RUNNING TEAM | PL | 1970 | M45 | 37 | 1 | 00:22:37 (416) | 00:05:25 | 01:31:22 (390) | 00:01:52 | 00:57:01 (347) | 02:58:17 | 362 | | |
| 391 | 541 | WOLNIAK ANDRZEJ | KALISZ | SUPERMARATON KALISZ | PL | 1954 | M60 | 2 | 1 | 00:21:07 (378) | 00:04:27 | 01:31:34 (394) | 00:01:30 | 00:59:43 (383) | 02:58:21 | 363 | | |
| 392 | 98 | LISIAK PATRYK | POZNAŃ | FRASTAŚ POZNAŃ | PL | 1975 | M40 | 88 | 1 | 00:18:54 (259) | 00:04:22 | 01:38:02 (432) | 00:01:01 | 00:56:03 (326) | 02:58:22 | 364 | | |
| 393 | 527 | PANKOWSKA KATARZYNA | ŁAWA | ORKAMASTERS ŁAWA | PL | 1983 | K30 | 11 | 1 | 00:20:01 (323) | 00:03:38 | 01:28:14 (323) | 00:01:44 | 01:04:48 (432) | 02:58:25 | | 29 | |
| 394 | 144 | LISICKI MAREK | ŁÓDŹ | KB ARTURÓWEK ŁÓDŹ | PL | 1957 | M55 | 11 | 1 | 00:22:41 (417) | 00:05:44 | 01:32:56 (403) | 00:02:33 | 00:54:38 (288) | 02:58:31 | 365 | | |
| 395 | 496 | GRYNIEWICZ TOMASZ | BŁONIE | | PL | 1980 | M35 | 102 | 1 | 00:18:45 (247) | 00:04:44 | 01:30:58 (385) | 00:01:59 | 01:02:08 (407) | 02:58:33 | 366 | | |
| 396 | 279 | KRÓŁAK JAROSŁAW | WARSZAWA | TRI4FUN TEAM PIASECZNO | PL | 1979 | M35 | 103 | 1 | 00:21:23 (388) | 00:03:52 | 01:34:02 (413) | 00:01:19 | 00:57:59 (360) | 02:58:35 | 367 | | |
| 397 | 127 | PŁONKA ARKADIUSZ | KALISZ | AKADEMIA TRIATHLONU | PL | 1964 | M50 | 23 | 1 | 00:20:26 (344) | 00:04:15 | 01:29:36 (367) | 00:02:11 | 01:02:19 (409) | 02:58:45 | 368 | | |
| 398 | 463 | WOŹNIAKOWSKI OLGIERD | NOWA IWICZNA | | PL | 1971 | M45 | 38 | 1 | 00:20:05 (325) | 00:04:36 | 01:29:17 (363) | 00:01:56 | 01:03:04 (416) | 02:58:58 | 369 | | |
| 399 | 422 | NOWAK MICHAŁ | PIASECZNO | | PL | 1985 | M30 | 65 | 1 | 00:22:25 (412) | 00:03:44 | 01:28:01 (349) | 00:02:18 | 01:02:30 (412) | 02:58:59 | 370 | | |
| 400 | 345 | ŚMIGIELSKI NORBERT | KONSTANTYNÓW ŁÓDZKI | | PL | 1978 | M35 | 104 | 1 | 00:20:36 (355) | 00:06:19 | 01:22:12 (253) | 00:03:46 | 01:06:46 (441) | 02:59:40 | 371 | | |
| 401 | 336 | KUCZYŃSKI DANIEL | WARSZAWA | PRĘŻNE VACKY | PL | 1975 | M40 | 89 | 1 | 00:21:22 (387) | 00:03:23 | 01:28:25 (355) | 00:01:34 | 01:04:59 (434) | 02:59:43 | 372 | | |
| 402 | 211 | SADŁECKI PAWEŁ | GRUDZIADZ | | PL | 1974 | M40 | 90 | 1 | 00:21:05 (373) | 00:04:51 | 01:31:31 (393) | 00:01:57 | 01:00:31 (391) | 02:59:55 | 373 | | |
| 403 | 220 | BINIEWICZ SŁAWOMIR | ŁĘCZYCA | BORUTA TEAM | PL | 1971 | M45 | 39 | 1 | 00:25:15 (443) | 00:03:32 | 01:33:11 (406) | 00:01:25 | 00:56:37 (338) | 03:00:01 | 374 | | |
| 404 | 395 | WASILEWSKI MICHAŁ | ŻYCHLIN | | PL | 1987 | M25 | 29 | 1 | 00:19:48 (313) | 00:05:19 | 01:34:28 (415) | 00:01:35 | 00:59:08 (377) | 03:00:18 | 375 | | |
| 405 | 376 | LIŚKIEWICZ MACIEJ | GDAŃSK | | PL | 1971 | M45 | 40 | 1 | 00:20:54 (365) | 00:04:40 | 01:31:22 (389) | 00:01:23 | 01:02:01 (404) | 03:00:20 | 376 | | |
| 406 | 246 | HAIBACH WERNER | ZŁOTNIKI | KS UAM TRIATHLON | DE | 1946 | M70+ | 1 | 1 | 00:22:24 (411) | 00:04:23 | 01:30:21 (377) | 00:01:32 | 01:02:04 (405) | 03:00:43 | 377 | | |
| 407 | 257 | SARNA ROBERT | WARSZAWA | | PL | 1973 | M40 | 91 | 1 | 00:21:06 (376) | 00:04:17 | 01:35:13 (422) | 00:02:32 | 00:57:51 (357) | 03:00:59 | 378 | | |
| 408 | 471 | ŁOSOR ANDRZEJ | PRÓSZKÓW | | PL | 1975 | M40 | 92 | 1 | 00:21:36 (395) | 00:05:31 | 01:30:53 (384) | 00:02:16 | 01:01:16 (398) | 03:01:32 | 379 | | |
| 409 | 146 | JAROSZYŃSKI PAWEŁ | GRÓJEC | | PL | 1967 | M45 | 41 | 1 | 00:22:26 (413) | 00:05:08 | 01:26:17 (327) | 00:02:23 | 01:05:22 (437) | 03:01:36 | 380 | | |
| 410 | 126 | GAJEWSKI PAWEŁ | WARSZAWA | DEUTSCHE BANK TRI TEAM | PL | 1987 | M25 | 30 | 1 | 00:23:13 (427) | 00:04:21 | 01:30:16 (376) | 00:01:18 | 01:02:39 (414) | 03:01:47 | 381 | | |
| 411 | 188 | ŚLEBODA ROBERT | WOŁÓW | | PL | 1967 | M45 | 42 | 1 | 00:23:11 (425) | 00:04:32 | 01:31:26 (392) | 00:04:44 | 00:57:58 (359) | 03:01:51 | 382 | | |
| 412 | 523 | CZAJKA ADAM | KONIN | | PL | 1997 | M18 | 12 | 1 | 00:20:09 (328) | 00:04:16 | 01:30:50 (383) | 00:01:56 | 01:04:51 (433) | 03:02:01 | 383 | | |
| 413 | 2 | PRZYMUSIŃSKI FILIP | POZNAŃ | UAM TRIATHLON POZNAŃ UAM,TRICENTRE, LABOSPO | PL | 1983 | M30 | 66 | 1 | 00:11:57 (2) | 00:02:03 | 02:07:17 (456) | 00:01:09 | 00:39:46 (11) | 03:02:12 | 384 | | |
| 414 | 56 | MICHALSKA AGATA | POZNAŃ | UAM TRIATHLON POZNAŃ | PL | 1987 | K25 | 4 | 1 | 00:18:12 (203) | 00:04:03 | 01:28:44 (358) | 00:01:29 | 01:10:04 (447) | 03:02:33 | | 30 | |
| 415 | 87 | RÓŻYCKI MICHAŁ | WARSZAWA | | PL | 1973 | M40 | 93 | 1 | 00:24:59 (442) | 00:05:43 | 01:29:32 (366) | 00:01:37 | 01:01:01 (396) | 03:02:52 | 385 | | |
| 416 | 383 | BRYL MARCIN | SOMPOLNO/ŚLESIN | CENTRUM SPORTU I REKREACJI ŚLESIN GIMNAZJUM I | PL | 1973 | M40 | 94 | 1 | 00:20:17 (334) | 00:04:33 | 01:35:10 (421) | 00:02:32 | 01:00:38 (392) | 03:03:10 | 386 | | |
| 417 | 82 | BODIO-ZIÓLKOWSKA EWA | WARSZAWA | KUŹNIA TRIATHLONU | PL | 1980 | K35 | 8 | 1 | 00:19:28 (296) | 00:03:48 | 01:39:55 (437) | 00:02:08 | 00:58:46 (374) | 03:04:06 | | 31 | |
| 418 | 384 | OZIEMBŁOWSKI GRZEGORZ | LEGNICA | | PL | 1982 | M30 | 67 | 1 | 00:21:00 (370) | 00:04:29 | 01:22:45 (262) | 00:01:56 | 01:14:15 (452) | 03:04:25 | 387 | | |
| 419 | 500 | SUSKI SŁAWOMIR | GDAŃSK | SŁAWOMIR SUSKI SŁAWOMIR SUSKI | PL | 1971 | M45 | 43 | 1 | 00:23:34 (433) | 00:05:06 | 01:33:18 (409) | 00:02:32 | 01:00:03 (389) | 03:04:33 | 388 | | |
| 420 | 364 | OSTASZEWSKA MARTA | PRUSZKÓW | | PL | 1979 | K35 | 9 | 1 | 00:24:46 (440) | 00:03:03 | 01:39:03 (436) | 00:01:45 | 00:56:04 (328) | 03:04:40 | | 32 | |
| 421 | 173 | KASPRZYK TOMASZ | STRZAŁKOWO | STRZAŁKOWSKA GRUPA BIEGOWA | PL | 1972 | M40 | 95 | 1 | 00:23:10 (423) | 00:05:23 | 01:32:56 (403) | 00:02:20 | 01:01:55 (402) | 03:05:44 | 389 | | |
| 422 | 31 | STANKIEWICZ AGNIESZKA | WROCLAW | LABOSPORT TEAM | PL | 1980 | K35 | 10 | 1 | 00:19:59 (321) | 00:03:34 | 01:29:51 (370) | 00:02:14 | 01:10:09 (448) | 03:05:46 | | 33 | |
| 423 | 268 | WOŁOSZKA ARTUR | STOCZEK ŁUKOWSKI | | PL | 1993 | M18 | 13 | 1 | 00:22:05 (405) | 00:03:27 | 01:38:25 (434) | 00:02:00 | 00:59:58 (388) | 03:05:55 | 390 | | |
| 424 | 443 | GRYCKIEWICZ AGNIESZKA | TORUŃ | | PL | 1988 | K25 | 5 | 1 | 00:21:10 (381) | 00:04:49 | 01:41:03 (440) | 00:01:37 | 00:57:21 (351) | 03:06:00 | | 34 | |
| 425 | 46 | ŁAŚ MONIKA | KLIKUSZOWA | LABOSPORT TEAM | PL | 1990 | K25 | 6 | 1 | 00:23:21 (428) | 00:04:06 | 01:34:43 (418) | 00:01:45 | 01:02:10 (408) | 03:06:05 | | 35 | |
| 426 | 322 | FILIPCZYŃSKI TOMASZ | ŁÓDŹ | OMEN | PL | 1970 | M45 | 44 | 1 | 00:18:05 (196) | 00:03:56 | 01:50:47 (453) | 00:02:12 | 00:51:17 (216) | 03:06:18 | 391 | | |
| 427 | 180 | GAŁECKI MACIEJ | WARSZAWA | GIANT POLSKA GIANT POLSKA | PL | 1979 | M35 | 105 | 1 | 00:24:42 (439) | 00:03:52 | 01:29:20 (364) | 00:02:15 | 01:06:14 (439) | 03:06:22 | 392 | | |
| 428 | 407 | KRASUSKI ARTUR | GDYNIA | | PL | 1985 | M30 | 68 | 1 | 00:22:15 (407) | 00:04:42 | 01:35:06 (420) | 00:02:24 | 01:02:06 (406) | 03:06:33 | 393 | | |
| 429 | 370 | WOJCIECHOWSKI MARCIN | ŚMIŁOWICE | | PL | 1974 | M40 | 96 | 1 | 00:21:34 (393) | 00:03:52 | | | | 03:06:41 | 394 | | |
| 430 | 203 | NOWAK JAROSŁAW | KONIN | | PL | 1981 | M35 | 106 | 1 | 00:21:08 (379) | 00:06:24 | 01:31:05 (387) | 00:02:28 | 01:06:29 (440) | 03:07:34 | 395 | | |

Garmin Iron Triathlon Ślesin 2016 1/4 IM

Organizator: Urząd Miasta i Gminy w Ślesinie/LABOSPORT Polska s.c.

Data: 5 czerwca 2016

Dystans: 1/4 IRONMAN (0,95-45-10,55)

Miejscowość: Ślesin



Sponsor tytularny:



Sponsorzy strategiczni:



Gospodarz:



Organizator cyklu:



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Start | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|-------------------------|--------------------|--|------|------------|-----------|------------|-------|----------------|----------|----------------|----------|----------------|----------|-----|----|------|
| 431 | 178 | GRYZIK CZESŁAW | CHORZÓW | XTRI.PL | PL | 1972 | M40 | 97 | 1 | 00:21:12 (382) | 00:04:07 | 01:40:05 (438) | 00:02:09 | 01:00:17 (390) | 03:07:50 | 396 | | |
| 432 | 184 | JARECKI STANISŁAW | KONIN | MPEC KONIN - AKTYWNI KONIN | PL | 1952 | M60 | 3 | 1 | 00:25:45 (450) | 00:05:34 | 01:33:18 (410) | 00:02:38 | 01:00:58 (395) | 03:08:13 | 397 | | |
| 433 | 525 | WIECZOREK BARTOSZ | INOWROCŁAW | | PL | 1986 | M30 | 69 | 1 | 00:20:08 (326) | 00:06:26 | 01:35:19 (424) | 00:03:52 | 01:03:04 (417) | 03:08:49 | 398 | | |
| 434 | 142 | PAĆKO EWA | WŁOCŁAWEK | | PL | 1986 | K30 | 12 | 1 | 00:19:16 (286) | 00:04:52 | 01:43:18 (446) | 00:01:54 | 00:59:50 (385) | 03:09:10 | | 36 | |
| 435 | 156 | ŁAŹNIAK PIOTR | RUDZICA | | PL | 1982 | M30 | 70 | 1 | 00:22:22 (408) | 00:04:13 | 01:41:53 (443) | 00:01:51 | 00:59:11 (379) | 03:09:30 | 399 | | |
| 436 | 233 | MINTA RAFAŁ | KONIN | | PL | 1987 | M25 | 31 | 1 | 00:19:13 (283) | 00:04:09 | 01:40:44 (439) | 00:01:26 | 01:03:59 (428) | 03:09:31 | 400 | | |
| 437 | 270 | KRAKOWIAK MICHAŁ | ALEKSANDRÓW ŁÓDZKI | | PL | 1990 | M25 | 32 | 1 | 00:23:01 (422) | 00:03:18 | 01:42:05 (444) | 00:01:47 | 01:01:04 (397) | 03:11:15 | 401 | | |
| 438 | 285 | KOZŁOWSKI KRZYSZTOF | CHOJNÓW | KOZIOŁECCZI | PL | 1964 | M50 | 24 | 1 | 00:21:47 (401) | 00:04:43 | 01:27:28 (343) | 00:03:07 | 01:14:18 (453) | 03:11:24 | 402 | | |
| 439 | 436 | DUBICKI PRZEMYSŁAW | WEGRZCE | VECTOR SYNERGY VECTOR SYNERGY | PL | 1975 | M40 | 98 | 1 | 00:20:53 (364) | 00:05:30 | 01:35:23 (426) | 00:02:41 | 01:07:13 (443) | 03:11:41 | 403 | | |
| 440 | 237 | GIEŁDA MAGDALENA | OSTRÓW WLKP. | KS MARATON OSTRÓW WLKP. NAVIGARE | PL | 1972 | K40 | 5 | 1 | 00:25:43 (449) | 00:04:34 | 01:36:07 (430) | 00:02:18 | 01:03:02 (415) | 03:11:44 | | 37 | |
| 441 | 519 | STANISZEWSKI DARIUSZ | RABIEN K ŁODZI | | PL | 1968 | M45 | 45 | 1 | 00:19:12 (281) | 00:04:36 | 01:44:22 (448) | 00:01:29 | 01:02:24 (411) | 03:12:02 | 404 | | |
| 442 | 491 | GINTOWT TOMASZ | BIAŁYSTOK | | PL | 1983 | M30 | 71 | 1 | 00:20:34 (354) | 00:05:24 | 01:41:32 (442) | 00:01:28 | 01:03:40 (424) | 03:12:37 | 405 | | |
| 443 | 487 | LEWANDOWSKA KATARZYNA | PIASECZNO | TKKF NON IRON | PL | 1977 | K35 | 11 | 1 | 00:23:28 (432) | 00:04:14 | 01:46:49 (452) | 00:02:16 | 00:56:01 (324) | 03:12:48 | | 38 | |
| 444 | 103 | SŁOWIŃSKI SZYMON | SWARZĘDZ | NAUTILUS | PL | 1971 | M45 | 46 | 1 | 00:20:33 (352) | 00:05:16 | 01:35:52 (428) | 00:03:20 | 01:07:59 (445) | 03:13:00 | 406 | | |
| 445 | 330 | WIECZOREK SEWER | KALISZ | | PL | 1975 | M40 | 99 | 1 | 00:25:35 (447) | 00:04:49 | 01:36:00 (429) | 00:01:48 | 01:05:16 (436) | 03:13:28 | 407 | | |
| 446 | 122 | KARP JAKUB | ZIELONKA | INNE SPACERY | PL | 1974 | M40 | 100 | 1 | 00:25:30 (446) | 00:04:40 | 01:38:47 (435) | 00:01:49 | 01:03:23 (423) | 03:14:10 | 408 | | |
| 447 | 392 | SZAŁWIŃSKI TOMEK | BEŁCHATÓW | POLSKIE STOWARZYSZENIE SPORTU PO TRANSPLANT, | PL | 1965 | M50 | 25 | 1 | 00:21:19 (383) | 00:06:53 | 01:36:18 (431) | 00:02:38 | 01:08:56 (446) | 03:16:04 | 409 | | |
| 448 | 333 | MISIAK GRZEGORZ | SIERADZ | PARTNERTECH POLAND PARTNERTECH POLAND-SIER. | PL | 1973 | M40 | 101 | 1 | 00:18:31 (230) | 00:04:03 | 01:38:19 (433) | 00:02:41 | 01:13:03 (451) | 03:16:38 | 410 | | |
| 449 | 109 | KOKOT DARIUSZ | KONIN | KB AKTYWNI KONIN | PL | 1988 | M25 | 33 | 1 | 00:23:24 (429) | 00:04:59 | 01:46:01 (451) | 00:01:37 | 01:02:39 (413) | 03:18:39 | 411 | | |
| 450 | 457 | KRZYŻAŃSKI DARIUSZ | ŁÓDŹ | | PL | 1971 | M45 | 47 | 1 | 00:25:49 (451) | 00:07:09 | 01:45:16 (450) | 00:02:54 | 00:58:04 (362) | 03:19:12 | 412 | | |
| 451 | 276 | KORBA AREK | POZNAŃ | RUN FORREST | PL | 1974 | M40 | 102 | 1 | 00:27:35 (454) | 00:04:58 | 01:34:00 (412) | 00:03:03 | 01:11:45 (449) | 03:21:21 | 413 | | |
| 452 | 388 | NOWOSIELSKI WOJCIECH | ŻELECHÓW | TEAM AKTYWNI Z CUKRZYCĄ TEAM AKTYWNI Z CUKR. | PL | 1986 | M30 | 72 | 1 | 00:23:12 (426) | 00:06:35 | 01:34:37 (416) | 00:02:49 | 01:14:42 (454) | 03:21:55 | 414 | | |
| 453 | 432 | CZECHOWICZ TOMASZ | WARSZAWA | | PL | 1970 | M45 | 48 | 1 | 00:28:25 (455) | 00:05:05 | 01:53:47 (454) | 00:02:26 | 00:54:43 (290) | 03:24:26 | 415 | | |
| 454 | 252 | GOŁKOWSKI RADOSŁAW | ZAWIERCIE | | PL | 1984 | M30 | 73 | 1 | 00:28:52 (456) | 00:08:46 | 01:44:10 (447) | 00:04:25 | 00:59:33 (382) | 03:25:45 | 416 | | |
| 455 | 76 | ŚNIEŻKO EUGENIUSZ | WARSZAWA | KUŹNIA TRIATHLONU AKTYWNI Z CUKRZYCĄ | PL | 1982 | M30 | 74 | 1 | 00:21:01 (371) | 00:05:17 | 01:41:22 (441) | 00:02:05 | 01:17:09 (455) | 03:26:53 | 417 | | |
| 456 | 259 | KURAS-SMOLNIK MAGDALENA | CHOJNE | SIERADZBIEGA.PL 1979 | PL | 1979 | K35 | 12 | 1 | 00:26:08 (452) | 00:07:08 | 01:42:27 (445) | 00:02:25 | 01:12:21 (450) | 03:30:29 | | 39 | |
| 457 | 219 | BINIEWICZ RENATA | ŁĘCZYCA | BORUTA TEAM | PL | 1972 | K40 | 6 | 1 | 00:31:38 (457) | 00:04:06 | 01:55:00 (455) | 00:01:37 | 01:04:40 (431) | 03:37:01 | | 40 | |
| 458 | 458 | GASZA RADEK | BIELAWA | | PL | 1970 | M45 | 49 | 1 | 00:26:11 (453) | 00:06:13 | 01:44:38 (449) | 00:02:40 | 01:19:29 (456) | 03:39:12 | 418 | | |