

ZAPOROWY TRIATHLON

ORELEC, 17 WRZEŚNIA 2016

DYSTANS 1/4 IRONMAN

PLYWANIE: 950 m

ROWER: 45 km

BIEG: 10,8 km



| M-ce | Nr | Nazwisko Imię | Rok | Miejscowość | Klub | Płeć | Kat | Msc | Plywanie | M-sc | Rower | M-sc | Bieg | M-sc | T1 | T2 | Rezultat | M | K |
|------|-----|------------------------|------|----------------------|-----------------------------------|------|--------|-----|----------|------|----------|------|----------|------|----------|----------|-----------------|----|---|
| 1 | 1 | CHMURA MACIEJ | 1986 | WROCŁAW | LIFEWINNERS.PL | M | M18-34 | 1 | 00:10:51 | 1 | 01:42:32 | 3 | 00:48:12 | 1 | 00:00:55 | 00:01:11 | 02:43:41 | 1 | |
| 2 | 35 | PRZYBYSZ MICHAŁ | 1982 | WARSZAWA | WARSAW MASTERS TEAM | M | M18-34 | 2 | 00:13:23 | 6 | 01:40:36 | 2 | 00:52:55 | 9 | 00:01:07 | 00:01:03 | 02:49:04 | 2 | |
| 3 | 128 | ZĘBATKA LARY | 1981 | RZESZÓW | LARTZEBATKA.COM | M | M35-50 | 1 | 00:16:17 | 27 | 01:36:08 | 1 | 00:53:14 | 10 | 00:02:45 | 00:01:22 | 02:49:46 | 3 | |
| 4 | 90 | CHLEBDA ŁUKASZ | 1984 | KRAKÓW | | M | M18-34 | 3 | 00:15:31 | 21 | 01:45:14 | 5 | 00:49:35 | 2 | 00:01:49 | 00:01:26 | 02:53:35 | 4 | |
| 5 | 126 | CHOJNOWSKI SEBASTIAN | 1989 | GLIWICE | ETIXX SILESIAIEN TEAM | M | M18-34 | 4 | 00:17:00 | 39 | 01:45:42 | 6 | 00:50:28 | 4 | 00:01:38 | 00:01:14 | 02:56:02 | 5 | |
| 6 | 50 | BARAN TOMASZ | 1986 | DUKLA | TRI NEGU | M | M18-34 | 5 | 00:16:57 | 37 | 01:48:11 | 7 | 00:50:32 | 5 | 00:01:23 | 00:01:06 | 02:58:09 | 6 | |
| 7 | 111 | KLIMAS PAULINA | 1995 | ĆWIKLICE | AZS AWF KATOWICE | K | K18-34 | 1 | 00:11:19 | 2 | 01:49:52 | 9 | 00:55:36 | 12 | 00:01:05 | 00:01:10 | 02:59:02 | | 1 |
| 8 | 75 | LATAWIEC BARTOSZ | 1978 | LEGIONOWO | | M | M35-50 | 2 | 00:15:31 | 22 | 01:43:13 | 4 | 00:59:01 | 19 | 00:01:35 | 00:01:13 | 03:00:33 | 7 | |
| 9 | 132 | JANISZ PIOTR | 1987 | | | M | M18-34 | 6 | 00:14:24 | 11 | 01:54:44 | 13 | 00:51:04 | 7 | 00:01:51 | 00:01:22 | 03:03:25 | 8 | |
| 10 | 14 | PTAK WOJCIECH | 1985 | ZĄBKOWICE ŚLĄSKIE | BROWAR DOMOWY "REBELIA" ZĄBKOWICE | M | M18-34 | 7 | 00:13:17 | 5 | 01:55:33 | 15 | 00:52:38 | 8 | 00:01:22 | 00:01:33 | 03:04:23 | 9 | |
| 11 | 36 | PODSIADŁO ŁUKASZ | 1984 | DĄBROWA GÓRNICZA | 3FLOW TRIATHLON TEAM | M | M18-34 | 8 | 00:14:36 | 13 | 01:56:05 | 16 | 00:51:01 | 6 | 00:01:38 | 00:01:08 | 03:04:28 | 10 | |
| 12 | 27 | HOROSZKO ERNEST | 1986 | SANOK | REHABILITACJA.HOROSZKO.PL | M | M18-34 | 9 | 00:14:44 | 14 | 01:53:48 | 12 | 00:54:23 | 11 | 00:02:03 | 00:01:32 | 03:06:30 | 11 | |
| 13 | 112 | SMOLAK PIOTR | 1961 | PORAJ | PORAJ - KROSNO | M | M50+ | 1 | 00:17:44 | 55 | 01:57:08 | 18 | 00:50:00 | 3 | 00:02:23 | 00:01:19 | 03:08:34 | 12 | |
| 14 | 92 | GÓRKA PIOTR | 1979 | DĄBROWA | | M | M35-50 | 3 | 00:16:53 | 35 | 01:50:09 | 10 | 00:59:44 | 22 | 00:01:59 | 00:01:22 | 03:10:07 | 13 | |
| 15 | 103 | SOBIEŃ JAKUB | 1983 | PRZEWORSK | KP PSP PRZEWORSK | M | M18-34 | 10 | 00:18:45 | 71 | 01:48:23 | 8 | 01:00:04 | 23 | 00:02:21 | 00:01:21 | 03:10:54 | 14 | |
| 16 | 129 | ŻMUDZIEJEWSKI JAKUB | 1989 | RZESZÓW | AKTYWNA STRONA ŻYCIA | M | M18-34 | 11 | 00:15:41 | 24 | 01:52:43 | 11 | 01:01:49 | 26 | 00:01:29 | 00:01:36 | 03:13:18 | 15 | |
| 17 | 119 | CZERWIEC ARTUR | 1976 | RUDAWA | KT WATER | M | M35-50 | 4 | 00:12:21 | 3 | 02:03:39 | 25 | 00:55:57 | 13 | 00:01:21 | 00:01:26 | 03:14:44 | 16 | |
| 18 | 59 | GROT TOMASZ | 1975 | RZESZÓW | POLPHARMA TEAM | M | M35-50 | 5 | 00:16:27 | 28 | 01:56:19 | 17 | 00:58:35 | 16 | 00:03:25 | 00:01:38 | 03:16:24 | 17 | |
| 19 | 91 | SZYMCZAK MAREK | 1976 | ŻYRARDÓW | NASZA ERA | M | M35-50 | 6 | 00:13:45 | 8 | 01:58:49 | 20 | 01:01:19 | 25 | 00:01:28 | 00:01:42 | 03:17:03 | 18 | |
| 20 | 105 | TUROWIEC ADAM | 1975 | POZNAŃ | UAM TRIATHLON POZNAŃ | M | M35-50 | 7 | 00:13:34 | 7 | 02:01:24 | 23 | 00:58:45 | 18 | 00:01:51 | 00:01:46 | 03:17:20 | 19 | |
| 21 | 74 | IWANICKI KRZYSZTOF | 1993 | WOJASZÓWKA | | M | M18-34 | 12 | 00:14:58 | 18 | 01:57:32 | 19 | 01:02:10 | 28 | 00:01:30 | 00:01:48 | 03:17:58 | 20 | |
| 22 | 84 | PRZYBYŁOWICZ WOJCIECH | 1983 | RZESZÓW | | M | M18-34 | 13 | 00:19:01 | 75 | 02:00:10 | 21 | 00:56:02 | 14 | 00:02:11 | 00:01:40 | 03:19:04 | 21 | |
| 23 | 10 | BOREK MATEUSZ | 1986 | KRAKOW | YMCA KRAKOW | M | M18-34 | 14 | 00:14:34 | 12 | 02:04:28 | 30 | 00:58:39 | 17 | 00:02:45 | 00:01:21 | 03:21:47 | 22 | |
| 24 | 98 | PISAREK EWELINA | 1987 | WARSZAWA | CENTRUM REHABILITACJI SPORTOWEJ | K | K18-34 | 2 | 00:16:33 | 30 | 02:04:53 | 31 | 00:57:54 | 15 | 00:01:52 | 00:01:37 | 03:22:49 | | 2 |
| 25 | 99 | JACHIMOWSKI BARTŁOMIEJ | 1991 | RZESZÓW | | M | M18-34 | 15 | 00:17:06 | 41 | 02:03:44 | 27 | 00:59:03 | 20 | 00:01:48 | 00:01:08 | 03:22:49 | 23 | |
| 26 | 81 | STRZELECKI GRZEGORZ | 1981 | WROCŁAW | GVT | M | M35-50 | 8 | 00:17:01 | 40 | 01:55:31 | 14 | 01:06:40 | 42 | 00:01:54 | 00:01:54 | 03:23:00 | 24 | |
| 27 | 8 | BOROŃ MICHAŁ | 1982 | KIELCE | BBL STRAWCZYN | M | M18-34 | 16 | 00:14:55 | 17 | 02:03:43 | 26 | 01:02:41 | 29 | 00:01:45 | 00:01:58 | 03:25:02 | 25 | |
| 28 | 85 | CHYLIŃSKI ADAM | 1976 | SIEMIENOWICE ŚLĄSKIE | ANAL CUNT 1-OS. TEAM | M | M35-50 | 9 | 00:12:41 | 4 | 02:04:26 | 29 | 01:05:15 | 37 | 00:01:33 | 00:01:35 | 03:25:30 | 26 | |
| 29 | 13 | DUDZIK EMIL | 1981 | RZESZÓW | LABO SPORT TEAM | M | M35-50 | 10 | 00:20:55 | 84 | 02:00:28 | 22 | 01:03:03 | 31 | 00:02:29 | 00:01:49 | 03:28:44 | 27 | |
| 30 | 108 | FORMA ANDRZEJ | 1976 | KRAKOW | | M | M35-50 | 11 | 00:14:45 | 15 | 02:02:04 | 24 | 01:06:50 | 44 | 00:03:28 | 00:02:39 | 03:29:46 | 28 | |
| 31 | 23 | LEJMAN ADAM | 1969 | WARSZAWA | | M | M35-50 | 12 | 00:15:37 | 23 | 02:08:48 | 40 | 01:02:58 | 30 | 00:01:47 | 00:01:36 | 03:30:46 | 29 | |
| 32 | 131 | LASON MACIEJ | 1982 | KRAKÓW | | M | M18-34 | 17 | 00:16:43 | 33 | 02:10:31 | 42 | 00:59:34 | 21 | 00:02:52 | 00:02:15 | 03:31:55 | 30 | |
| 33 | 89 | PAULANIS CYPRIAN | 1989 | WARSZAWA | TRICLUB X-BIONIC | M | M18-34 | 18 | 00:18:34 | 69 | 02:06:29 | 36 | 01:04:42 | 36 | 00:01:35 | 00:01:18 | 03:32:38 | 31 | |
| 34 | 77 | KUFFEL PIOTR | 1985 | WARSZAWA | KUŹNIA TRIATHLONU | M | M18-34 | 19 | 00:14:46 | 16 | 02:07:48 | 38 | 01:06:43 | 43 | 00:01:41 | 00:02:12 | 03:33:10 | 32 | |
| 35 | 5 | MAZURKIEWICZ MACIEK | 1984 | KIELCE | MEDITRANS | M | M18-34 | 20 | 00:14:22 | 10 | 02:13:21 | 45 | 01:03:51 | 35 | 00:01:28 | 00:01:44 | 03:34:46 | 33 | |
| 36 | 78 | PISAREK PIOTR | 1969 | KRAKÓW | | M | M35-50 | 13 | 00:20:11 | 80 | 02:05:22 | 34 | 01:05:38 | 39 | 00:01:36 | 00:02:00 | 03:34:47 | 34 | |
| 37 | 62 | MARUSIAK PIOTR | 1984 | JAROSŁAW | JAROSŁAWSKA GRUPA BIEGOWA | M | M18-34 | 21 | 00:18:55 | 73 | 02:07:44 | 37 | 01:07:32 | 45 | 00:01:22 | 00:01:35 | 03:37:08 | 35 | |
| 38 | 70 | SZCZERBATKO KONRAD | 1976 | LUBLIN | | M | M35-50 | 14 | 00:17:26 | 47 | 02:05:44 | 35 | 01:10:14 | 51 | 00:01:34 | 00:03:03 | 03:38:01 | 36 | |
| 39 | 113 | ANTONIAK KRZYSZTOF | 1981 | WARSZAWA | | M | M35-50 | 15 | 00:16:41 | 32 | 02:15:01 | 49 | 01:03:11 | 32 | 00:01:50 | 00:01:59 | 03:38:42 | 37 | |
| 40 | 19 | POTOCZNY PIOTR | 1982 | JAROSŁAW | | M | M18-34 | 22 | 00:17:30 | 50 | 02:08:31 | 39 | 01:09:01 | 47 | 00:02:18 | 00:01:48 | 03:39:08 | 38 | |
| 41 | 58 | ZAPALOWSKI PAWEŁ | 1983 | WROCŁAW | GT RAT / LENIWCE.PL | M | M18-34 | 23 | 00:16:32 | 29 | 02:05:04 | 33 | 01:13:49 | 64 | 00:01:28 | 00:02:46 | 03:39:39 | 39 | |
| 42 | 22 | STEFANIAK KRZYSZTOF | 1983 | LUBOŃ | ZGRUPKA TEAM | M | M18-34 | 24 | 00:16:33 | 31 | 02:10:01 | 41 | 01:09:38 | 48 | 00:02:05 | 00:01:44 | 03:40:01 | 40 | |
| 43 | 110 | PYKA MAREK | 1977 | SIEMIENOWICE ŚLĄSKIE | CHOP ZE ŻELAZA TRI TEAM | M | M35-50 | 16 | 00:14:12 | 9 | 02:12:03 | 44 | 01:11:46 | 53 | 00:01:25 | 00:02:17 | 03:41:43 | 41 | |
| 44 | 97 | ŁAGOŻNY ŁUKASZ | 1981 | SANOK | BRUBECK TEAM | M | M35-50 | 17 | 00:18:26 | 64 | 02:14:43 | 48 | 01:05:16 | 38 | 00:02:25 | 00:01:54 | 03:42:44 | 42 | |
| 45 | 107 | JARMOSZ MACIEJ | 1985 | WARSZAWA | | M | M18-34 | 25 | 00:17:42 | 54 | 02:04:15 | 28 | 01:15:55 | 72 | 00:02:17 | 00:02:42 | 03:42:51 | 43 | |
| 46 | 79 | SIKORSKI KAJETAN | 1986 | POZNAŃ | LATAJĄCE PAPIECY | M | M18-34 | 26 | 00:15:53 | 26 | 02:20:06 | 58 | 01:02:06 | 27 | 00:03:13 | 00:02:40 | 03:43:58 | 44 | |

| M-ce | Nr | Nazwisko Imię | Rok | Miejscowość | Klub | Płeć | Kat | Msc | Plywanie | M-sc | Rower | M-sc | Bieg | M-sc | T1 | T2 | Rezultat | M | K |
|------|-----|-----------------------|------|------------------|-----------------------|------|--------|-----|----------|------|----------|------|----------|------|----------|----------|-----------------|----|---|
| 47 | 65 | KACPERSKI OLAF | 1973 | WARSZAWA | | M | M35-50 | 18 | 00:17:12 | 44 | 02:21:32 | 62 | 01:01:12 | 24 | 00:02:13 | 00:01:58 | 03:44:07 | 45 | |
| 48 | 16 | GURGACZ DOMINIK | 1993 | ZAGÓRZ | KOMURCZAKRUN | M | M18-34 | 27 | 00:21:00 | 85 | 02:05:02 | 32 | 01:16:22 | 74 | 00:02:11 | 00:01:28 | 03:46:03 | 46 | |
| 49 | 39 | CIELEPAK AGATA | 1987 | WARSZAWA | | K | K18-34 | 3 | 00:17:09 | 42 | 02:20:24 | 59 | 01:06:04 | 40 | 00:01:42 | 00:02:12 | 03:47:31 | | 3 |
| 50 | 87 | KONDASZEWSKI BARTOSZ | 1983 | BRZYCZYNA | | M | M18-34 | 28 | 00:19:33 | 77 | 02:17:58 | 53 | 01:06:17 | 41 | 00:01:45 | 00:02:07 | 03:47:40 | 47 | |
| 51 | 93 | CZELNY ZBYSZEK | 1983 | KRAKÓW | | M | M18-34 | 29 | 00:17:15 | 45 | 02:13:25 | 46 | 01:13:10 | 59 | 00:02:25 | 00:02:17 | 03:48:32 | 48 | |
| 52 | 12 | GROCHOWINA FILIP | 1987 | GLIWICE | | M | M18-34 | 30 | 00:17:33 | 52 | 02:14:29 | 47 | 01:12:50 | 58 | 00:02:07 | 00:02:00 | 03:48:59 | 49 | |
| 53 | 44 | RADZIEJEWSKI GRZEGORZ | 1973 | JABLONNA | BRAK | M | M35-50 | 19 | 00:17:21 | 46 | 02:16:16 | 51 | 01:09:56 | 50 | 00:03:05 | 00:03:24 | 03:50:02 | 50 | |
| 54 | 20 | JARMOŁOWICZ ARTUR | 1975 | KIELCE | JARMOŁOWICZ TEAM | M | M35-50 | 20 | 00:18:41 | 70 | 02:15:04 | 50 | 01:12:46 | 57 | 00:01:46 | 00:02:06 | 03:50:23 | 51 | |
| 55 | 41 | GINTER ŁUKASZ | 1993 | POZNAŃ | ZGRUPKA TEAM | M | M18-34 | 31 | 00:15:26 | 20 | 02:10:38 | 43 | 01:20:09 | 83 | 00:02:36 | 00:01:44 | 03:50:33 | 52 | |
| 56 | 52 | WASZCZUK BARTŁOMIEJ | 1976 | WARSZAWA | | M | M35-50 | 21 | 00:19:13 | 76 | 02:25:02 | 69 | 01:03:35 | 34 | 00:02:45 | 00:01:50 | 03:52:25 | 53 | |
| 57 | 34 | LIS WOJCIECH | 1970 | WARSZÓW | | M | M35-50 | 22 | 00:16:48 | 34 | 02:19:17 | 57 | 01:13:12 | 60 | 00:01:29 | 00:02:02 | 03:52:48 | 54 | |
| 58 | 57 | PALCZAK RAFAŁ | 1971 | GŁOGÓW MAŁOPOLSK | | M | M35-50 | 23 | 00:17:33 | 51 | 02:18:16 | 54 | 01:13:44 | 63 | 00:03:15 | 00:01:42 | 03:54:30 | 55 | |
| 59 | 46 | KOS PIOTR | 1983 | MICHÓW | | M | M18-34 | 32 | 00:17:29 | 48 | 02:21:55 | 63 | 01:12:29 | 55 | 00:01:42 | 00:01:31 | 03:55:06 | 56 | |
| 60 | 37 | CHORYLEK LESZEK | 1967 | CZĘSTOCHOWA | | M | M35-50 | 24 | 00:18:49 | 72 | 02:16:32 | 52 | 01:16:44 | 77 | 00:02:57 | 00:02:22 | 03:57:24 | 57 | |
| 61 | 51 | JANKOWSKI ŁUKASZ | 1984 | POZNAŃ | | M | M18-34 | 33 | 00:17:29 | 49 | 02:18:52 | 56 | 01:16:06 | 73 | 00:02:37 | 00:02:20 | 03:57:24 | 58 | |
| 62 | 114 | KOLARZOWSKI STANISŁAW | 1987 | WROCŁAW | | M | M18-34 | 34 | 00:15:45 | 25 | 02:20:55 | 61 | 01:16:52 | 78 | 00:01:50 | 00:02:17 | 03:57:39 | 59 | |
| 63 | 120 | LEŚKO PAWEŁ | 1977 | RZESZÓW | GOŃ ZAJĄCZKA SQAD | M | M35-50 | 25 | 00:16:58 | 38 | 02:20:40 | 60 | 01:14:59 | 70 | 00:03:17 | 00:02:47 | 03:58:41 | 60 | |
| 64 | 28 | KRASOWSKI ŁUKASZ | 1986 | LEŻAJSK | | M | M18-34 | 35 | 00:17:11 | 43 | 02:22:28 | 65 | 01:14:51 | 69 | 00:03:02 | 00:01:18 | 03:58:50 | 61 | |
| 65 | 72 | STADNICKI PIOTR | 1982 | WARSZAWA | | M | M18-34 | 36 | 00:17:52 | 57 | 02:24:15 | 67 | 01:11:07 | 52 | 00:02:55 | 00:02:45 | 03:58:54 | 62 | |
| 66 | 30 | OLSZEWSKI HUBERT | 1977 | TORUŃ | SAINT-GOBAIN SQUAD | M | M35-50 | 26 | 00:18:28 | 65 | 02:18:40 | 55 | 01:17:18 | 79 | 00:03:10 | 00:02:06 | 03:59:42 | 63 | |
| 67 | 68 | DZIEWA PRZEMYSŁAW | 1979 | STAŁOWA WOLA | UNIWHEELS | M | M35-50 | 27 | 00:17:45 | 56 | 02:25:58 | 72 | 01:11:54 | 54 | 00:01:49 | 00:02:25 | 03:59:51 | 64 | |
| 68 | 101 | NOWAK ADAM | 1986 | POZNAŃ | OTIMEDICA | M | M18-34 | 37 | 00:18:16 | 62 | 02:22:28 | 66 | 01:14:15 | 66 | 00:01:35 | 00:03:21 | 03:59:55 | 65 | |
| 69 | 24 | MATERNA ROMAN | 1967 | RZESZÓW | SPAR POLSKA | M | M35-50 | 28 | 00:18:04 | 59 | 02:27:45 | 76 | 01:12:44 | 56 | 00:03:06 | 00:01:49 | 04:03:28 | 66 | |
| 70 | 40 | METELSKI DOMINIK | 1991 | MARKI | | M | M18-34 | 38 | 00:18:30 | 67 | 02:32:56 | 79 | 01:07:51 | 46 | 00:02:02 | 00:03:47 | 04:05:06 | 67 | |
| 71 | 21 | LASA MARCIN | 1976 | WARSZAWA | | M | M35-50 | 29 | 00:17:41 | 53 | 02:32:09 | 77 | 01:09:38 | 49 | 00:03:30 | 00:02:31 | 04:05:29 | 68 | |
| 72 | 130 | KIERZKOWSKA ALICJA | 1987 | KRAKÓW | FIZJOTRENER.COM | K | K18-34 | 4 | 00:20:35 | 82 | 02:25:18 | 70 | 01:15:36 | 71 | 00:02:17 | 00:01:52 | 04:05:38 | | 4 |
| 73 | 121 | JÓZWIK WALDEMAR | 1978 | WARSZAWA | SMARTPHARMA.PL | M | M35-50 | 30 | 00:18:22 | 63 | 02:41:57 | 86 | 01:03:14 | 33 | 00:01:55 | 00:01:58 | 04:07:26 | 69 | |
| 74 | 125 | JAKUBAS PAWEŁ | 1977 | WARSZAWA | | M | M35-50 | 31 | 00:18:09 | 60 | 02:22:25 | 64 | 01:22:59 | 86 | 00:03:07 | 00:02:22 | 04:09:02 | 70 | |
| 75 | 45 | CHMIELEWSKI KACPER | 1976 | BRUKSELA | | M | M35-50 | 32 | 00:19:00 | 74 | 02:24:20 | 68 | 01:22:09 | 85 | 00:03:07 | 00:02:34 | 04:11:10 | 71 | |
| 76 | 80 | PAWŁAK ANNA | 1982 | KATOWICE | | K | K18-34 | 5 | 00:20:45 | 83 | 02:32:16 | 78 | 01:14:29 | 68 | 00:03:06 | 00:02:34 | 04:13:10 | | 5 |
| 77 | 48 | STRZECHA TOMASZ | 1977 | RZESZÓW | GOŃ ZAJĄCZKA SQAD | M | M35-50 | 33 | 00:18:29 | 66 | 02:27:14 | 75 | 01:24:32 | 87 | 00:02:30 | 00:02:25 | 04:15:10 | 72 | |
| 78 | 26 | WITKOWSKI PAWEŁ | 1981 | SOCHACZEW | | M | M35-50 | 34 | 00:18:13 | 61 | 02:36:15 | 83 | 01:14:17 | 67 | 00:02:41 | 00:04:02 | 04:15:28 | 73 | |
| 79 | 76 | SZWARC PIOTR | 1994 | KRAKÓW | - | M | M18-34 | 39 | 00:18:30 | 68 | 02:25:49 | 71 | 01:26:17 | 88 | 00:02:53 | 00:02:13 | 04:15:42 | 74 | |
| 80 | 4 | GUJSKI MARCIN | 1981 | MIŃSK MAZOWIECKI | | M | M35-50 | 35 | 00:21:43 | 86 | 02:35:41 | 81 | 01:13:21 | 61 | 00:02:31 | 00:02:29 | 04:15:45 | 75 | |
| 81 | 96 | BODZIOCH MICHAŁ | 1983 | ZIELONKI | JAH CREATION | M | M18-34 | 40 | 00:22:15 | 91 | 02:35:59 | 82 | 01:13:40 | 62 | 00:02:17 | 00:01:52 | 04:16:03 | 76 | |
| 82 | 109 | CHOWANIEC WOJCIECH | 1985 | LAS | | M | M18-34 | 41 | 00:27:29 | 93 | 02:26:32 | 73 | 01:19:38 | 82 | 00:03:57 | 00:02:45 | 04:20:21 | 77 | |
| 83 | 47 | KILJANSKI KAMIL | 1974 | OSTROWIEC | | M | M35-50 | 36 | 00:17:55 | 58 | 02:40:10 | 84 | 01:18:37 | 81 | 00:03:50 | 00:04:02 | 04:24:34 | 78 | |
| 84 | 29 | WOJTKIEWICZ DANIEL | 1977 | BYDGOSZCZ | HARPAGANY Z KUJAW | M | M35-50 | 37 | 00:19:38 | 78 | 02:26:47 | 74 | 01:30:25 | 89 | 00:05:16 | 00:04:35 | 04:26:41 | 79 | |
| 85 | 123 | GWÓZDZ JAROSŁAW | 1980 | SKAWINA | PRYWATNE | M | M35-50 | 38 | 00:19:51 | 79 | 02:43:16 | 88 | 01:17:39 | 80 | 00:03:45 | 00:02:25 | 04:26:56 | 80 | |
| 86 | 69 | HASIOR KRZYSZTOF | 1984 | WARSZAWA | | M | M18-34 | 42 | 00:21:56 | 89 | 02:43:35 | 89 | 01:16:33 | 75 | 00:04:19 | 00:02:19 | 04:28:42 | 81 | |
| 87 | 88 | SMOLAK WAWRZYNIEC | 1974 | KRAKÓW | NIEZRZESZONY | M | M35-50 | 39 | 00:21:48 | 88 | 02:41:33 | 85 | 01:20:49 | 84 | 00:03:53 | 00:02:51 | 04:30:54 | 82 | |
| 88 | 94 | CZECHOWICZ TOMASZ | 1970 | WARSZAWA | | M | M35-50 | 40 | 00:31:09 | 95 | 02:46:28 | 90 | 01:14:13 | 65 | 00:04:41 | 00:06:03 | 04:42:34 | 83 | |
| 89 | 64 | SIWIEC TOMASZ | 1983 | RZESZÓW | PRZYNALEŻNOŚĆ KLUBOWA | M | M18-34 | 43 | 00:29:06 | 94 | 02:34:47 | 80 | 01:32:15 | 91 | 00:03:41 | 00:03:45 | 04:43:34 | 84 | |
| 90 | 83 | CHROBOT RADEK | 1980 | WARSZAWA | DRUŻYNA TVN | M | M35-50 | 41 | 00:16:54 | 36 | 03:05:10 | 94 | 01:16:33 | 76 | 00:04:15 | 00:02:59 | 04:45:51 | 85 | |
| 91 | 102 | POKOJOWCZYK LESZEK | 1956 | WROCŁAW | BELLA CIAO | M | M50+ | 2 | 00:20:15 | 81 | 02:43:04 | 87 | 01:47:33 | 95 | 00:03:16 | 00:03:20 | 04:57:28 | 86 | |
| 92 | 2 | STRUSIŃSKA KATARZYNA | 1982 | MIŃSK MAZOWIECKI | MIŃSKA GRUPA ROWEROWA | K | K18-34 | 6 | 00:22:05 | 90 | 02:58:32 | 92 | 01:32:07 | 90 | 00:02:23 | 00:02:30 | 04:57:37 | | 6 |
| 93 | 122 | MAJEWSKI ROBERT | 1973 | KRAKÓW | | M | M35-50 | 42 | 00:15:17 | 19 | 03:01:07 | 93 | 01:34:39 | 93 | 00:05:12 | 00:05:49 | 05:02:04 | 87 | |
| 94 | 95 | TRZESZCZKOWSKA MARTA | 1986 | WARSZAWA | | K | K18-34 | 7 | 00:26:02 | 92 | 02:56:01 | 91 | 01:34:32 | 92 | 00:03:41 | 00:03:54 | 05:04:10 | | 7 |
| 95 | 56 | KRASZKA MARTA | 1990 | POZNAŃ | ZGRUPKA TEAM | K | K18-34 | 8 | 00:21:44 | 87 | 03:33:17 | 95 | 01:39:42 | 94 | 00:03:30 | 00:01:34 | 05:39:47 | | 8 |