

# ENEA TRI TOUR

PRZECHLEWO, 4 WRZEŚNIA 2016

## DYSTANS

PŁYWANIE: 950 m

ROWER: 45 km

BIEG: 10,55 km

## KARY

310 - 3 minuty

## DYSKWALIFIKACJE

582 - skrócenie trasy



| M-ce | Nr  | Nazwisko Imię         | Rok  | Miejscowość      | Klub                              | Płeć | Kat    | Msc | START    | Plywanie | M-sc | Rower    | M-sc | Bieg     | M-sc | 1 przerwa | 2 przerwa | Rezultat | M  | K |
|------|-----|-----------------------|------|------------------|-----------------------------------|------|--------|-----|----------|----------|------|----------|------|----------|------|-----------|-----------|----------|----|---|
| 1    | 305 | ŁAWICKI PIOTR         | 1995 | LUBIN            | UAM TRIATHLON                     | M    | M18-29 | 1   | 00:00:00 | 00:12:17 | 1    | 01:03:07 | 2    | 00:36:45 | 2    | 00:02:28  | 00:00:43  | 01:55:20 | 1  |   |
| 2    | 314 | ADAM KACPER           | 1992 | CZĘSTOCHOWA      | POLSKA                            | M    | M18-29 | 2   | 00:00:00 | 00:12:19 | 2    | 01:02:56 | 1    | 00:38:54 | 3    | 00:02:33  | 00:01:00  | 01:57:42 | 2  |   |
| 3    | 411 | CZAPIŃSKI MICHAŁ      | 1982 | REDA             | HOTEL CZTERY BRZOZY GDAŃSK        | M    | M30-39 | 1   | 00:09:57 | 00:17:03 | 52   | 01:07:04 | 3    | 00:36:00 | 1    | 00:03:14  | 00:01:16  | 02:04:37 | 3  |   |
| 4    | 679 | JERZYK AGNIESZKA      | 1988 | LESZNO           | 64-STO                            | K    | K18-29 | 1   | 00:00:00 | 00:12:23 | 3    | 01:10:35 | 10   | 00:40:06 | 8    | 00:02:32  | 00:00:49  | 02:06:25 |    | 1 |
| 5    | 402 | JUŚKIW PAWEŁ          | 1983 | GDYNIA           |                                   | M    | M30-39 | 2   | 00:09:57 | 00:12:59 | 4    | 01:09:51 | 9    | 00:41:32 | 14   | 00:03:10  | 00:01:03  | 02:08:35 | 4  |   |
| 6    | 671 | ADAMCZYK MACIEJ       | 1981 | OBORNIKI         | FTI TRI RACING TEAM OBORNIKI      | M    | M30-39 | 3   | 00:30:03 | 00:16:09 | 26   | 01:07:59 | 4    | 00:40:00 | 7    | 00:03:11  | 00:01:26  | 02:08:45 | 5  |   |
| 7    | 307 | GRACZYK FLIP          | 1994 | NEKLA            | BE3 CITYZEN POZNAŃ                | M    | M18-29 | 3   | 00:00:00 | 00:17:00 | 47   | 01:09:32 | 7    | 00:39:13 | 4    | 00:03:03  | 00:01:00  | 02:09:48 | 6  |   |
| 8    | 359 | ZARZECKI ADRIAN       | 1987 | WARSZAWA         | SBR THE IRONMAN TEAM              | M    | M18-29 | 4   | 00:00:00 | 00:13:48 | 7    | 01:11:15 | 14   | 00:40:42 | 9    | 00:03:13  | 00:01:08  | 02:10:06 | 7  |   |
| 9    | 325 | WAŚOWSKI RAFAŁ        | 1990 | GDAŃSK           |                                   | M    | M18-29 | 5   | 00:00:00 | 00:13:04 | 5    | 01:11:54 | 22   | 00:41:03 | 12   | 00:03:25  | 00:00:54  | 02:10:20 | 8  |   |
| 10   | 320 | GRĄDZKI WOJCIECH      | 1991 | GIŻYCKO          | DOTSPORT.PL PRO TRIATHLON TEAM    | M    | M18-29 | 6   | 00:00:00 | 00:15:33 | 18   | 01:10:59 | 12   | 00:39:57 | 6    | 00:02:58  | 00:01:13  | 02:10:40 | 9  |   |
| 11   | 335 | SOLTYSIAK JOANNA      | 1989 | KOŁO             | LAB-MED KOŁO                      | K    | K18-29 | 2   | 00:00:00 | 00:13:20 | 6    | 01:11:14 | 13   | 00:43:41 | 30   | 00:02:51  | 00:00:52  | 02:11:58 |    | 2 |
| 12   | 676 | WIESE ANNA            | 1984 | POZNAŃ           | WIMATRI                           | K    | K30-39 | 1   | 00:00:00 | 00:14:51 | 11   | 01:11:59 | 23   | 00:41:58 | 16   | 00:02:51  | 00:00:59  | 02:12:38 |    | 3 |
| 13   | 451 | JURKIEWICZ MARIUSZ    | 1979 | BYDGOSZCZ        |                                   | M    | M30-39 | 4   | 00:09:57 | 00:16:29 | 31   | 01:09:45 | 8    | 00:42:21 | 18   | 00:03:05  | 00:01:25  | 02:13:05 | 10 |   |
| 14   | 334 | MAZUR PAWEŁ           | 1989 | GRUDZIĄDZ        | UKS TRS SUSZ/AGROLOK SPORT TEAM   | M    | M18-29 | 7   | 00:00:00 | 00:15:55 | 20   | 01:11:28 | 17   | 00:41:20 | 13   | 00:03:24  | 00:01:19  | 02:13:26 | 11 |   |
| 15   | 446 | ZDUNEK MACIEJ         | 1979 | GDAŃSK           | LABOSPORT/TRIATHLON TRÓJMIASTO    | M    | M30-39 | 5   | 00:09:57 | 00:17:14 | 58   | 01:08:50 | 5    | 00:43:02 | 24   | 00:03:19  | 00:01:11  | 02:13:36 | 12 |   |
| 16   | 422 | NOWAK ROMAN           | 1981 | CZŁUCHÓW         | TRIDEA TEAM                       | M    | M30-39 | 6   | 00:09:57 | 00:16:58 | 44   | 01:11:47 | 20   | 00:41:01 | 11   | 00:02:55  | 00:01:02  | 02:13:43 | 13 |   |
| 17   | 373 | WILANDT KONRAD        | 1985 | GDYNIA           | GDYŃSKI TRIATHLON                 | M    | M30-39 | 7   | 00:00:00 | 00:17:02 | 50   | 01:09:21 | 6    | 00:43:15 | 27   | 00:03:20  | 00:01:03  | 02:14:01 | 14 |   |
| 18   | 322 | HERING MATEUSZ        | 1991 | BYTÓW            | TALEX BORZYTUCHOM                 | M    | M18-29 | 8   | 00:00:00 | 00:16:59 | 45   | 01:12:23 | 26   | 00:39:54 | 5    | 00:04:26  | 00:01:02  | 02:14:44 | 15 |   |
| 19   | 424 | PLUTA GNIEWOMIR       | 1981 | SUSZ             | UKS TRS SUSZ                      | M    | M30-39 | 8   | 00:09:57 | 00:14:44 | 9    | 01:13:01 | 33   | 00:42:29 | 21   | 00:03:45  | 00:01:24  | 02:15:23 | 16 |   |
| 20   | 326 | KRIEGER ŁUKASZ        | 1990 | CHOJNICZKI       | KP PSP SĘPÓLNO KRAJEŃSKIE         | M    | M18-29 | 9   | 00:00:00 | 00:16:45 | 37   | 01:12:15 | 25   | 00:42:28 | 19   | 00:03:05  | 00:01:06  | 02:15:39 | 17 |   |
| 21   | 372 | RODZIEWICZ MARCIN     | 1985 | POZNAŃ           | PUT                               | M    | M30-39 | 9   | 00:00:00 | 00:15:03 | 15   | 01:11:51 | 21   | 00:44:35 | 37   | 00:03:32  | 00:01:03  | 02:16:04 | 18 |   |
| 22   | 331 | ŻURAWICZ ANDRZEJ      | 1989 | BOLESZKOWICE     |                                   | M    | M18-29 | 10  | 00:00:00 | 00:17:48 | 78   | 01:12:48 | 31   | 00:41:33 | 15   | 00:03:21  | 00:01:00  | 02:16:30 | 19 |   |
| 23   | 488 | LEMKE KRZYSZTOF       | 1977 | GDYNIA           | GDYŃSKI TRIATHLON                 | M    | M30-39 | 10  | 00:09:57 | 00:17:32 | 73   | 01:11:24 | 15   | 00:43:21 | 28   | 00:03:19  | 00:01:09  | 02:16:45 | 20 |   |
| 24   | 662 | SOBOLEWSKI JAKUB      | 1977 | WARSZAWA         | NOBLETRITEAM                      | M    | M30-39 | 11  | 00:00:00 | 00:16:50 | 39   | 01:13:58 | 38   | 00:42:28 | 20   | 00:03:31  | 00:01:09  | 02:17:56 | 21 |   |
| 25   | 516 | BIELIŃSKI PIOTR       | 1976 | KARTUZY          | POWERSYSTEM                       | M    | M40-49 | 1   | 00:20:05 | 00:18:56 | 129  | 01:12:01 | 24   | 00:43:04 | 26   | 00:03:26  | 00:01:01  | 02:18:28 | 22 |   |
| 26   | 370 | SOBIELGA AGATA        | 1985 | POZNAŃ           | POSNANIA                          | K    | K30-39 | 2   | 00:00:00 | 00:15:58 | 22   | 01:12:23 | 27   | 00:46:32 | 56   | 00:02:49  | 00:00:53  | 02:18:35 |    | 4 |
| 27   | 591 | HAWROT SYLWESTER      | 1968 | GOLENIÓW         | CROWN GOLENIÓW                    | M    | M40-49 | 2   | 00:20:05 | 00:14:55 | 13   | 01:16:21 | 69   | 00:43:03 | 25   | 00:03:25  | 00:01:19  | 02:19:03 | 23 |   |
| 28   | 368 | WÓJTOWICZ WOJCIECH    | 1986 | POBIEDZISKA      | FOGT BIKES                        | M    | M30-39 | 12  | 00:00:00 | 00:17:01 | 48   | 01:11:36 | 18   | 00:45:08 | 42   | 00:04:05  | 00:01:18  | 02:19:08 | 24 |   |
| 29   | 450 | ŁAWECKI DAREK         | 1979 | CZŁUCHÓW         | WWW.LAWECCY.PL                    | M    | M30-39 | 13  | 00:09:57 | 00:18:06 | 84   | 01:14:21 | 40   | 00:42:50 | 23   | 00:03:05  | 00:01:10  | 02:19:32 | 25 |   |
| 30   | 312 | MIKRUT DAMIAN         | 1992 | GRUDZIĄDZ        | BYDGOSKA SZKOŁA WYŻSZA W BYDGOSZC | M    | M18-29 | 11  | 00:00:00 | 00:16:57 | 42   | 01:13:41 | 36   | 00:44:18 | 34   | 00:03:31  | 00:01:11  | 02:19:38 | 26 |   |
| 31   | 418 | FAŁOWSKI KAMIL        | 1981 | SZCZECIN         |                                   | M    | M30-39 | 14  | 00:09:57 | 00:17:09 | 56   | 01:10:51 | 11   | 00:46:24 | 53   | 00:04:18  | 00:01:42  | 02:20:24 | 27 |   |
| 32   | 538 | ROŻEJ ROBERT          | 1975 | TORUŃ            | OROLOKO TEAM                      | M    | M40-49 | 3   | 00:20:05 | 00:16:04 | 24   | 01:15:54 | 57   | 00:43:27 | 29   | 00:04:00  | 00:01:37  | 02:21:02 | 28 |   |
| 33   | 363 | SIKORSKI KAJETAN      | 1986 | POZNAŃ           | LATAJĄCE PAPCIE                   | M    | M30-39 | 15  | 00:09:57 | 00:16:43 | 34   | 01:14:28 | 41   | 00:44:26 | 36   | 00:04:17  | 00:01:24  | 02:21:18 | 29 |   |
| 34   | 350 | KOŁAKOWSKI TOMASZ     | 1988 | BYDGOSZCZ        | TO TYLKO TRIATHLON                | M    | M18-29 | 12  | 00:00:00 | 00:17:15 | 60   | 01:18:23 | 105  | 00:40:59 | 10   | 00:04:05  | 00:01:23  | 02:22:05 | 30 |   |
| 35   | 560 | CZERWIAK ROBERT       | 1973 | STAROGARD GDAŃSK | TRI STAROGARD                     | M    | M40-49 | 4   | 00:20:05 | 00:16:55 | 40   | 01:17:49 | 93   | 00:42:19 | 17   | 00:03:57  | 00:01:16  | 02:22:16 | 31 |   |
| 36   | 552 | BARTKOWIAK DAWID      | 1974 | PIŁA             | BIURO RACHUNKOWE TRADEMARK D.B.   | M    | M40-49 | 5   | 00:20:05 | 00:16:36 | 33   | 01:14:00 | 39   | 00:47:30 | 71   | 00:03:32  | 00:01:21  | 02:22:59 | 32 |   |
| 37   | 301 | GURZYŃSKI MAKSYMILIAN | 1998 | TORUŃ            | TORUŃSKI KLUB TRIATHLONOWY        | M    | M18-29 | 13  | 00:00:00 | 00:16:07 | 25   | 01:15:56 | 58   | 00:44:47 | 40   | 00:04:25  | 00:01:52  | 02:23:07 | 33 |   |
| 38   | 501 | KREMER TOMASZ         | 1977 | ZIELONA GÓRA     | KM SPORT IRT ZIELONA GÓRA         | M    | M30-39 | 16  | 00:20:05 | 00:16:26 | 30   | 01:12:56 | 32   | 00:48:50 | 94   | 00:03:43  | 00:01:37  | 02:23:32 | 34 |   |
| 39   | 349 | BROEKERE TOMASZ       | 1988 | ZABRZE           | MYCENTER                          | M    | M18-29 | 14  | 00:00:00 | 00:18:41 | 114  | 01:14:31 | 42   | 00:45:32 | 46   | 00:03:36  | 00:01:21  | 02:23:41 | 35 |   |

| M-ce | Nr  | Nazwisko Imię           | Rok  | Miejscowość                                   | Klub                              | Płeć | Kat    | Msc | START    | Plywanie | M-sc | Rower    | M-sc | Bieg     | M-sc | 1 przerwa | 2 przerwa | Rezultat        | M  | K |
|------|-----|-------------------------|------|---|-----------------------------------|------|--------|-----|----------|----------|------|----------|------|----------|------|-----------|-----------|-----------------|----|---|
| 40   | 352 | GNIEDZIEJKO MACIEJ      | 1987 | CZŁUCHÓW                                      |                                   | M    | M18-29 | 15  | 00:00:00 | 00:16:59 | 46   | 01:15:19 | 49   | 00:45:37 | 48   | 00:04:24  | 00:01:24  | <b>02:23:43</b> | 36 |   |
| 41   | 479 | NOŻYKOWSKI ADAM         | 1978 | WARSZAWA                                      | NOBLE TRI TEAM                    | M    | M30-39 | 17  | 00:09:57 | 00:16:01 | 23   | 01:11:37 | 19   | 00:49:51 | 112  | 00:04:38  | 00:01:43  | <b>02:23:50</b> | 37 |   |
| 42   | 664 | CHLEBOWSKI JAN          | 1979 | RUMIA   | F3 TEAM                           | M    | M30-39 | 18  | 00:30:03 | 00:18:16 | 94   | 01:14:45 | 44   | 00:45:24 | 45   | 00:03:52  | 00:01:45  | <b>02:24:02</b> | 38 |   |
| 43   | 327 | BUCZKO DAREK            | 1990 | PRZECHELEWO                                   |                                   | M    | M18-29 | 16  | 00:00:00 | 00:18:34 | 107  | 01:14:36 | 43   | 00:46:24 | 54   | 00:03:27  | 00:01:04  | <b>02:24:05</b> | 39 |   |
| 44   | 441 | ROSIŃSKI SŁAWOMIR       | 1980 | SIEKIERKI WIELKIE                             | WICHER SIEKIERKI                  | M    | M30-39 | 19  | 00:09:57 | 00:16:26 | 29   | 01:15:36 | 51   | 00:46:20 | 51   | 00:04:32  | 00:01:33  | <b>02:24:27</b> | 40 |   |
| 45   | 316 | AXELGAARD RASMUS        | 1992 | AALBORG                                       | AXZON TEAM                        | M    | M18-29 | 17  | 00:00:00 | 00:18:48 | 120  | 01:12:44 | 30   | 00:47:29 | 70   | 00:04:16  | 00:01:15  | <b>02:24:32</b> | 41 |   |
| 46   | 353 | NOWAK EWELINA           | 1987 | BIAŁE BŁOTA                                   |                                   | K    | K18-29 | 3   | 00:00:00 | 00:16:44 | 35   | 01:15:42 | 52   | 00:46:59 | 63   | 00:03:51  | 00:01:21  | <b>02:24:37</b> | 5  |   |
| 47   | 324 | PIECHOCKI JAKUB         | 1991 | SZCZECIN                                      |                                   | M    | M18-29 | 18  | 00:00:00 | 00:14:26 | 8    | 01:19:10 | 112  | 00:47:04 | 66   | 00:02:58  | 00:01:00  | <b>02:24:38</b> | 42 |   |
| 48   | 576 | BORKOWSKI TOMASZ        | 1970 | TUCHOLA                                       |                                   | M    | M40-49 | 6   | 00:20:05 | 00:17:46 | 77   | 01:18:02 | 100  | 00:44:17 | 33   | 00:03:28  | 00:01:27  | <b>02:25:00</b> | 43 |   |
| 49   | 444 | PURCZYŃSKI MICHAŁ       | 1980 | SIEKIERKI WIELKIE                             | WICHER SIEKIERKI                  | M    | M30-39 | 20  | 00:09:57 | 00:17:17 | 64   | 01:17:19 | 80   | 00:45:09 | 43   | 00:04:09  | 00:01:41  | <b>02:25:35</b> | 44 |   |
| 50   | 351 | HEPNER TOMASZ           | 1988 | CHODZIEŻ                                      | KAWA KAMP                         | M    | M18-29 | 19  | 00:00:00 | 00:18:18 | 97   | 01:14:48 | 45   | 00:47:49 | 76   | 00:03:18  | 00:01:28  | <b>02:25:41</b> | 45 |   |
| 51   | 553 | WITCZAK BARTOSZ         | 1973 | PNIEWY  | PULSSTORY                         | M    | M40-49 | 7   | 00:20:05 | 00:19:02 | 132  | 01:16:09 | 66   | 00:44:25 | 35   | 00:04:10  | 00:01:57  | <b>02:25:43</b> | 46 |   |
| 52   | 458 | FRĄCZYK BOGUSŁAW        | 1979 | PRZECHELEW                                    | CONCEPT FRĄCZYK                   | M    | M30-39 | 21  | 00:09:57 | 00:23:02 | 242  | 01:11:25 | 16   | 00:46:57 | 60   | 00:03:46  | 00:00:56  | <b>02:26:06</b> | 47 |   |
| 53   | 464 | PIECHOWIAK MACIEJ       | 1979 | DĄBRÓWKA                                      | HSHG                              | M    | M30-39 | 22  | 00:09:57 | 00:17:24 | 68   | 01:17:01 | 79   | 00:46:34 | 58   | 00:03:39  | 00:01:31  | <b>02:26:09</b> | 48 |   |
| 54   | 541 | KAPUŚNIAK TOMASZ        | 1974 | BYDGOSZCZ                                     | TAK DLA TRANSPLANTACJI            | M    | M40-49 | 8   | 00:20:05 | 00:18:48 | 119  | 01:12:43 | 29   | 00:48:41 | 91   | 00:04:00  | 00:02:00  | <b>02:26:12</b> | 49 |   |
| 55   | 376 | ŚWITALSKI TOMASZ        | 1985 | SZCZECIN                                      |                                   | M    | M30-39 | 23  | 00:00:00 | 00:18:56 | 128  | 01:13:07 | 34   | 00:49:06 | 99   | 00:03:55  | 00:01:11  | <b>02:26:15</b> | 50 |   |
| 56   | 685 |                         |      |   |                                   |      |        |     | 00:30:03 | 00:15:49 | 19   | 01:17:58 | 98   | 00:49:09 | 100  | 00:02:22  | 00:01:03  | <b>02:26:21</b> |    |   |
| 57   | 375 | NADOLSKA BARBARA        | 1985 | MUROWANA GOŚLINA FTI TRI RACING TEAM OBORNIKI |                                   | K    | K30-39 | 3   | 00:00:00 | 00:18:16 | 93   | 01:15:14 | 48   | 00:48:19 | 82   | 00:03:13  | 00:01:21  | <b>02:26:23</b> | 6  |   |
| 58   | 585 | LEJMAN ADAM             | 1969 | WARSAW  |                                   | M    | M40-49 | 9   | 00:20:05 | 00:17:23 | 66   | 01:15:57 | 60   | 00:47:54 | 78   | 00:03:50  | 00:01:44  | <b>02:26:48</b> | 51 |   |
| 59   | 502 | DOMAGAŁA MAREK          | 1977 | GDAŃSK  | TRIATHLON TROJMIASTO              | M    | M30-39 | 24  | 00:20:05 | 00:17:01 | 49   | 01:16:54 | 76   | 00:46:59 | 62   | 00:04:07  | 00:01:58  | <b>02:26:59</b> | 52 |   |
| 60   | 434 | RUSAK ŁUKASZ            | 1980 | GDYNIA  | COMPLEXSPORTS                     | M    | M30-39 | 25  | 00:09:57 | 00:16:35 | 32   | 01:17:35 | 85   | 00:47:23 | 69   | 00:03:59  | 00:01:30  | <b>02:27:02</b> | 53 |   |
| 61   | 456 | KALASKA KRZYSZTOF       | 1979 | ŁYSOMICIE                                     |                                   | M    | M30-39 | 26  | 00:09:57 | 00:17:50 | 79   | 01:19:32 | 115  | 00:42:29 | 22   | 00:05:54  | 00:01:22  | <b>02:27:07</b> | 54 |   |
| 62   | 565 | TROŚNIAK PIOTR          | 1972 | BIAŁOGARD                                     |                                   | M    | M40-49 | 10  | 00:20:05 | 00:16:48 | 38   | 01:17:01 | 78   | 00:48:33 | 89   | 00:03:35  | 00:01:21  | <b>02:27:18</b> | 55 |   |
| 63   | 667 | NAPIÓRKOWSKI JAKUB      | 1991 | WŁOCŁAWEK                                     | AKADEMIA TRIATHLONU               | M    | M18-29 | 20  | 00:30:03 | 00:18:55 | 126  | 01:17:33 | 84   | 00:45:54 | 50   | 00:03:40  | 00:01:24  | <b>02:27:26</b> | 56 |   |
| 64   | 371 | MŁYNARCZYK ZBIGNIEW     | 1985 | SŁUPSK  |                                   | M    | M30-39 | 27  | 00:00:00 | 00:18:32 | 103  | 01:18:00 | 99   | 00:46:21 | 52   | 00:03:33  | 00:01:04  | <b>02:27:30</b> | 57 |   |
| 65   | 470 | PASZKIEWICZ RAFAŁ       | 1978 | PŁOCK   | TRIRUN.PL / PTT DELTA             | M    | M30-39 | 28  | 00:09:57 | 00:18:33 | 104  | 01:15:13 | 47   | 00:48:55 | 95   | 00:03:30  | 00:01:26  | <b>02:27:37</b> | 58 |   |
| 66   | 338 | NAROŻNY TOMASZ          | 1989 | POZNAŃ  | EFAR TEAM                         | M    | M18-29 | 21  | 00:00:00 | 00:19:17 | 135  | 01:15:59 | 63   | 00:47:00 | 64   | 00:03:50  | 00:01:40  | <b>02:27:46</b> | 59 |   |
| 67   | 626 | ADAMCZAK ANDRZEJ SŁAWOI | 1961 | KOSZALIN                                      | TRIATHLON KOSZALIN                | M    | M50-59 | 1   | 00:30:03 | 00:18:11 | 89   | 01:15:57 | 61   | 00:47:53 | 77   | 00:03:59  | 00:01:53  | <b>02:27:53</b> | 60 |   |
| 68   | 558 | STAPP PAWEŁ             | 1973 | POZNAN  |                                   | M    | M40-49 | 11  | 00:20:05 | 00:19:32 | 145  | 01:17:58 | 97   | 00:44:46 | 39   | 00:03:51  | 00:01:48  | <b>02:27:55</b> | 61 |   |
| 69   | 317 | PARACKI TOMASZ          | 1992 | SIERAKOWICE                                   | F3TEAM                            | M    | M18-29 | 22  | 00:00:00 | 00:17:02 | 51   | 01:16:28 | 70   | 00:47:39 | 74   | 00:04:16  | 00:02:32  | <b>02:27:57</b> | 62 |   |
| 70   | 621 | GUDANIEC RADOSŁAW       | 1963 | KOSZALIN                                      | TRIATHLON KOSZALIN                | M    | M50-59 | 2   | 00:30:03 | 00:17:07 | 53   | 01:16:01 | 64   | 00:48:30 | 88   | 00:04:00  | 00:02:23  | <b>02:28:01</b> | 63 |   |
| 71   | 463 | MALUK TOMASZ            | 1979 | LUBLINIEC                                     | JWK LUBLINIEC/WKB META LUBLINIEC  | M    | M30-39 | 29  | 00:09:57 | 00:19:44 | 157  | 01:18:42 | 110  | 00:44:02 | 32   | 00:04:22  | 00:01:34  | <b>02:28:24</b> | 64 |   |
| 72   | 346 | NEUBAUER SZYMON         | 1988 | BOROWO  | KARTUZY                           | M    | M18-29 | 23  | 00:00:00 | 00:18:37 | 111  | 01:16:46 | 73   | 00:47:34 | 72   | 00:04:10  | 00:01:19  | <b>02:28:26</b> | 65 |   |
| 73   | 421 | KOZYRSKI KRZYSZTOF      | 1981 | STARGARD                                      | TEAM CUKIERNIA NOVA               | M    | M30-39 | 30  | 00:09:57 | 00:18:55 | 125  | 01:17:43 | 89   | 00:46:32 | 57   | 00:03:41  | 00:01:41  | <b>02:28:32</b> | 66 |   |
| 74   | 328 | ŁĄCKI PIOTR             | 1990 | ZAWISZY CZARNEGO                              |                                   | M    | M18-29 | 24  | 00:00:00 | 00:14:57 | 14   | 01:13:21 | 35   | 00:54:50 | 186  | 00:04:03  | 00:01:24  | <b>02:28:35</b> | 67 |   |
| 75   | 380 | HINZ MARCIN             | 1984 | RUMIA   | WWW.IRONFACTORY.PL                | M    | M30-39 | 31  | 00:00:00 | 00:18:44 | 116  | 01:17:43 | 88   | 00:47:08 | 67   | 00:04:22  | 00:01:24  | <b>02:29:21</b> | 68 |   |
| 76   | 339 | CHLEBOSZ MARTYNA        | 1989 | CZERSK  | JMT                               | K    | K18-29 | 4   | 00:00:00 | 00:17:08 | 55   | 01:15:53 | 56   | 00:51:40 | 139  | 00:03:18  | 00:01:24  | <b>02:29:23</b> | 7  |   |
| 77   | 467 | PUSZ MATEUSZ            | 1978 | GDAŃSK  | COMPLEXSPORTS                     | M    | M30-39 | 32  | 00:09:57 | 00:18:44 | 115  | 01:17:40 | 87   | 00:46:55 | 59   | 00:04:10  | 00:02:01  | <b>02:29:30</b> | 69 |   |
| 78   | 509 | URBAŃSKA EWA            | 1976 | BYDGOSZCZ                                     | TRISPACE / ATOS                   | K    | K40-49 | 1   | 00:20:05 | 00:18:03 | 83   | 01:15:51 | 55   | 00:51:02 | 131  | 00:03:44  | 00:01:13  | <b>02:29:53</b> | 8  |   |
| 79   | 619 | CHAJNOWSKI JAROSŁAW     | 1963 | KOSZALIN                                      | TRIATHLON KOSZALIN                | M    | M50-59 | 3   | 00:30:03 | 00:18:49 | 121  | 01:18:15 | 102  | 00:45:33 | 47   | 00:04:53  | 00:02:24  | <b>02:29:54</b> | 70 |   |
| 80   | 459 | NAPIÓRKOWSKI SŁAWOMIR   | 1979 | PRZECHELEWO                                   | SUPERKAJAK.PL                     | M    | M30-39 | 33  | 00:09:57 | 00:19:01 | 131  | 01:15:30 | 50   | 00:50:21 | 119  | 00:03:56  | 00:01:15  | <b>02:30:03</b> | 71 |   |
| 81   | 583 | TRAWCZYŃSKI JACEK       | 1969 | BYDGOSZCZ                                     | TO TYLKO TRIATHLON                | M    | M40-49 | 12  | 00:20:05 | 00:18:08 | 87   | 01:15:49 | 53   | 00:50:32 | 123  | 00:04:21  | 00:01:25  | <b>02:30:15</b> | 72 |   |
| 82   | 601 | SKWARSKI MAREK          | 1966 | ŻNIN  | -                                 | M    | M50-59 | 4   | 00:30:03 | 00:19:26 | 141  | 01:17:29 | 83   | 00:48:26 | 85   | 00:04:05  | 00:01:48  | <b>02:31:14</b> | 73 |   |
| 83   | 677 | STOSIK SŁAWOMIR         | 1972 | ROŻENTAL                                      |                                   | M    | M40-49 | 13  | 00:30:03 | 00:24:49 | 266  | 01:12:38 | 28   | 00:46:30 | 55   | 00:04:50  | 00:02:35  | <b>02:31:22</b> | 74 |   |
| 84   | 503 | KOSMACZEWSKI IREK       | 1977 | POBIEDZISKA                                   |                                   | M    | M30-39 | 34  | 00:20:05 | 00:18:33 | 105  | 01:16:49 | 75   | 00:49:56 | 115  | 00:04:05  | 00:02:01  | <b>02:31:24</b> | 75 |   |
| 85   | 635 | BROEKERE KRZYSZTOF      | 1959 | ZABRZE  | MYCENTER                          | M    | M50-59 | 5   | 00:30:03 | 00:19:18 | 136  | 01:17:29 | 82   | 00:49:18 | 106  | 00:03:47  | 00:01:43  | <b>02:31:35</b> | 76 |   |
| 86   | 438 | NAPIÓRKOWSKI DARIUSZ    | 1980 | PRZECHELEWO                                   | CONTRA                            | M    | M30-39 | 35  | 00:09:57 | 00:20:13 | 173  | 01:15:57 | 62   | 00:50:23 | 120  | 00:04:15  | 00:00:51  | <b>02:31:39</b> | 77 |   |
| 87   | 525 | SKIBINSKI KRZYSZTOF     | 1975 | KOSZALIN                                      | T.K.K.F TRIATHLON KOSZALIN        | M    | M40-49 | 14  | 00:20:05 | 00:19:25 | 140  | 01:17:39 | 86   | 00:49:12 | 102  | 00:04:06  | 00:01:22  | <b>02:31:44</b> | 78 |   |
| 88   | 623 | CZWOJDZIŃSKI IRENEUSZ   | 1962 | KROTOSZYN                                     | BE3 CITYZEN                       | M    | M50-59 | 6   | 00:30:03 | 00:18:35 | 109  | 01:16:47 | 74   | 00:50:28 | 121  | 00:04:03  | 00:02:10  | <b>02:32:03</b> | 79 |   |
| 89   | 487 | ŁUKASIK BŁAŻEJ          | 1978 | LUBLINIEC                                     | JWK/WKB META LUBLINIEC            | M    | M30-39 | 36  | 00:09:57 | 00:20:03 | 170  | 01:18:04 | 101  | 00:48:07 | 80   | 00:04:26  | 00:01:29  | <b>02:32:09</b> | 80 |   |
| 90   | 517 | DMOWSKI JAROSŁAW        | 1976 | WARSZAWA                                      | TRIENERGY                         | M    | M40-49 | 15  | 00:20:05 | 00:16:58 | 43   | 01:22:19 | 148  | 00:47:22 | 68   | 00:04:13  | 00:01:27  | <b>02:32:19</b> | 81 |   |
| 91   | 666 | KREFT ARKADIUSZ         | 1985 | KARTUZY                                       |                                   | M    | M30-39 | 37  | 00:30:03 | 00:17:14 | 59   | 01:18:26 | 106  | 00:49:52 | 113  | 00:04:32  | 00:02:15  | <b>02:32:19</b> | 82 |   |
| 92   | 468 | OWCZARSKI MARCIN        | 1978 | CHOJNICE                                      | PPM MARATONY ROWEROWE NA ORIENTAC | M    | M30-39 | 38  | 00:09:57 | 00:18:03 | 82   | 01:19:19 | 113  | 00:48:28 | 86   | 00:04:58  | 00:01:33  | <b>02:32:21</b> | 83 |   |
| 93   | 442 | WYRWICKI RAFAŁ          | 1980 | GDAŃSK  |                                   | M    | M30-39 | 39  | 00:09:57 | 00:18:37 | 110  | 01:17:26 | 81   | 00:49:18 | 105  | 00:04:47  | 00:02:14  | <b>02:32:22</b> | 84 |   |
| 94   | 508 | ZABROCKI ADAM           | 1977 | OSÓWIEC                                       |                                   | M    | M30-39 | 40  | 00:20:05 | 00:17:29 | 71   | 01:20:57 | 126  | 00:46:58 | 61   | 00:04:36  | 00:02:27  | <b>02:32:27</b> | 85 |   |
| 95   | 531 | KALINOWSKI KRZYSZTOF    | 1975 | GDAŃSK  | F3 TEAM / RWS GROUP               | M    | M40-49 | 16  | 00:20:05 | 00:14:52 | 12   | 01:17:45 | 91   | 00:53:31 | 169  | 00:04:31  | 00:01:53  | <b>02:32:32</b> | 86 |   |
| 96   | 427 | BAKOWSKI ŁUKASZ         | 1981 | KOSZALIN                                      |                                   | M    | M30-39 | 41  | 00:09:57 | 00:21:11 | 202  | 01:15:56 | 59   | 00:50:54 | 129  | 00:03:29  | 00:01:23  | <b>02:32:53</b> | 87 |   |
| 97   | 607 | LISIUS TOMASZ           | 1964 | GDAŃSK  |                                   | M    | M50-59 | 7   | 00:30:03 | 00:20:37 | 182  | 01:18:20 | 104  | 00:48:09 | 81   | 00:04:39  | 00:01:40  | <b>02:33:25</b> | 88 |   |

| M-ce | Nr  | Nazwisko Imię          | Rok  | Miejscowość | Klub                                | Płeć | Kat    | Msc | START    | Plywanie | M-sc | Rower    | M-sc | Bieg     | M-sc | 1 przerwa | 2 przerwa | Rezultat        | M   | K  |
|------|-----|------------------------|------|-------------|-------------------------------------|------|--------|-----|----------|----------|------|----------|------|----------|------|-----------|-----------|-----------------|-----|----|
| 98   | 457 | PIETRZAK SEBASTIAN     | 1979 | POZNAŃ      |                                     | M    | M30-39 | 42  | 00:09:57 | 00:21:33 | 208  | 01:15:13 | 46   | 00:51:35 | 137  | 00:03:43  | 00:01:45  | <b>02:33:49</b> | 89  |    |
| 99   | 617 | STODOLNIK MARIUSZ      | 1971 | KOSZALIN    | TRIATHLON KOSZALIN                  | M    | M40-49 | 17  | 00:30:03 | 00:18:17 | 95   | 01:13:52 | 37   | 00:56:02 | 197  | 00:03:59  | 00:01:41  | <b>02:33:51</b> | 90  |    |
| 100  | 345 | MAKOWSKI SZYMON        | 1988 | LUBLINIEC   | JWK/WKB META LUBLINIEC              | M    | M18-29 | 25  | 00:00:00 | 00:20:15 | 175  | 01:20:18 | 120  | 00:47:03 | 65   | 00:04:48  | 00:01:30  | <b>02:33:54</b> | 91  |    |
| 101  | 480 | DAWIDOWICZ MACIEJ      | 1978 | BRZOZA      | LOK POGRANICZNIK                    | M    | M30-39 | 43  | 00:09:57 | 00:18:11 | 90   | 01:17:50 | 94   | 00:51:21 | 135  | 00:04:41  | 00:02:00  | <b>02:34:03</b> | 92  |    |
| 102  | 551 | HOPFER PRZEMYSŁAW      | 1974 | WARSZAWA    |                                     | M    | M40-49 | 18  | 00:20:05 | 00:19:56 | 167  | 01:16:45 | 72   | 00:51:07 | 133  | 00:04:17  | 00:02:01  | <b>02:34:06</b> | 93  |    |
| 103  | 348 | PIĘTA SYLWESTER        | 1988 | STRASZYN    | SPORT-EVO/RADIO GDAŃSK              | M    | M18-29 | 26  | 00:00:00 | 00:18:08 | 86   | 01:21:11 | 131  | 00:48:47 | 93   | 00:04:22  | 00:01:41  | <b>02:34:09</b> | 94  |    |
| 104  | 308 | JAŹDZIEWSKI DAWID      | 1993 | CHOJNICE    |                                     | M    | M18-29 | 27  | 00:00:00 | 00:18:33 | 106  | 01:24:09 | 177  | 00:45:19 | 44   | 00:05:03  | 00:01:07  | <b>02:34:11</b> | 95  |    |
| 105  | 386 | WADZIŃSKA PAULINA      | 1984 | BYDGOSZCZ   | TRISPACE                            | K    | K30-39 | 4   | 00:00:00 | 00:21:03 | 197  | 01:21:26 | 134  | 00:45:41 | 49   | 00:04:29  | 00:01:40  | <b>02:34:19</b> |     | 9  |
| 106  | 556 | OZDOBA KRZYSZTOF       | 1973 | SIECHNICE   | LITWIN TRIATHLON TEAM               | M    | M40-49 | 19  | 00:20:05 | 00:17:15 | 61   | 01:20:30 | 122  | 00:49:53 | 114  | 00:04:51  | 00:01:53  | <b>02:34:22</b> | 96  |    |
| 107  | 669 | MALUŚKI MAREK          | 1983 | DŁUŻYNA 3   | BE3 CITYZEN                         | M    | M30-39 | 44  | 00:30:03 | 00:22:56 | 238  | 01:16:17 | 68   | 00:49:49 | 111  | 00:04:10  | 00:01:28  | <b>02:34:40</b> | 97  |    |
| 108  | 629 | ROSTEK PIOTR           | 1961 | JELONEK     | ZMIERZ-NIE-SZACUJ.PL BADANIA WYDOLN | M    | M50-59 | 8   | 00:30:03 | 00:19:52 | 162  | 01:21:09 | 130  | 00:48:20 | 83   | 00:04:03  | 00:01:19  | <b>02:34:43</b> | 98  |    |
| 109  | 461 | JEZERSKI ADAM          | 1979 | ŁÓDŹ        | MAJAPOLA                            | M    | M30-39 | 45  | 00:09:57 | 00:17:52 | 80   | 01:18:34 | 109  | 00:52:39 | 154  | 00:04:18  | 00:01:24  | <b>02:34:47</b> | 99  |    |
| 110  | 384 | ROSZKOWSKI DAMIAN      | 1984 | SŁUPSK      |                                     | M    | M30-39 | 46  | 00:00:00 | 00:18:22 | 100  | 01:22:16 | 147  | 00:48:30 | 87   | 00:04:35  | 00:01:07  | <b>02:34:50</b> | 100 |    |
| 111  | 358 | OTOLIŃSKI TOMASZ       | 1987 | WROCŁAW     | LATAJĄCE PAPCIE                     | M    | M18-29 | 28  | 00:09:57 | 00:17:08 | 54   | 01:21:48 | 139  | 00:47:45 | 75   | 00:06:27  | 00:01:52  | <b>02:35:00</b> | 101 |    |
| 112  | 520 | BUKOWSKI ARKADIUSZ     | 1976 | OBORNIKI    | FTI TRI RACING TEAM OBORNIKI        | M    | M40-49 | 20  | 00:20:05 | 00:19:44 | 158  | 01:17:46 | 92   | 00:52:11 | 147  | 00:03:38  | 00:01:45  | <b>02:35:04</b> | 102 |    |
| 113  | 481 | SROKA MACIEJ           | 1978 | PUSZCZYKOWO | ENEA TEAM                           | M    | M30-39 | 47  | 00:09:57 | 00:21:51 | 216  | 01:17:44 | 90   | 00:49:18 | 107  | 00:04:42  | 00:01:34  | <b>02:35:09</b> | 103 |    |
| 114  | 304 | RUSAK MICHAŁ           | 1982 | GDYNIA      | COMPLEXSPRTS                        | M    | M30-39 | 48  | 00:00:00 | 00:17:38 | 75   | 01:21:22 | 133  | 00:50:38 | 125  | 00:04:23  | 00:01:14  | <b>02:35:15</b> | 104 |    |
| 115  | 465 | SUCHOMSKA EWELINA      | 1978 | GDAŃSK      | LABOSPORT                           | K    | K30-39 | 5   | 00:09:57 | 00:18:57 | 130  | 01:21:08 | 129  | 00:49:15 | 104  | 00:04:29  | 00:01:26  | <b>02:35:15</b> |     | 10 |
| 116  | 594 | BRODZIAK GRZEGORZ      | 1968 | PRZECHELEWO | ZKS CONTRA                          | M    | M40-49 | 21  | 00:20:05 | 00:21:10 | 200  | 01:16:01 | 65   | 00:52:30 | 152  | 00:04:05  | 00:01:37  | <b>02:35:23</b> | 105 |    |
| 117  | 337 | CICHOCKI MARCIN        | 1989 | SZCZECIN    | FABRYKA TRIATHLONU                  | M    | M18-29 | 29  | 00:00:00 | 00:17:39 | 76   | 01:22:42 | 160  | 00:48:05 | 79   | 00:05:23  | 00:01:36  | <b>02:35:25</b> | 106 |    |
| 118  | 625 | BOGUSZ WALDEMAR        | 1962 | TCZEW       |                                     | M    | M50-59 | 9   | 00:30:03 | 00:15:18 | 17   | 01:20:23 | 121  | 00:52:52 | 161  | 00:04:59  | 00:02:10  | <b>02:35:42</b> | 107 |    |
| 119  | 341 | GRUBA MAREK            | 1988 | BRZOZA      |                                     | M    | M18-29 | 30  | 00:00:00 | 00:19:39 | 149  | 01:22:01 | 143  | 00:48:36 | 90   | 00:04:31  | 00:01:02  | <b>02:35:49</b> | 108 |    |
| 120  | 636 | MIECZKOWSKI MICHAŁ     | 1959 | KOŁOBRZEG   | KTC KOŁOBRZEG                       | M    | M50-59 | 10  | 00:30:03 | 00:17:16 | 62   | 01:19:23 | 114  | 00:53:48 | 174  | 00:04:02  | 00:01:33  | <b>02:36:02</b> | 109 |    |
| 121  | 592 | JANKOWSKI JAKUB        | 1968 | KOŁOBRZEG   |                                     | M    | M40-49 | 22  | 00:20:05 | 00:16:20 | 27   | 01:22:16 | 146  | 00:52:24 | 151  | 00:03:55  | 00:01:22  | <b>02:36:17</b> | 110 |    |
| 122  | 567 | KORDYKIEWICZ DOMINIK   | 1972 | CZŁUCHÓW    |                                     | M    | M40-49 | 23  | 00:20:05 | 00:18:21 | 99   | 01:22:20 | 149  | 00:49:09 | 101  | 00:04:56  | 00:01:36  | <b>02:36:22</b> | 111 |    |
| 123  | 410 | ROST ZBIGNIEW          | 1982 | GDAŃSK      | SEA TRADE                           | M    | M30-39 | 49  | 00:09:57 | 00:20:29 | 179  | 01:16:57 | 77   | 00:51:51 | 140  | 00:05:04  | 00:02:15  | <b>02:36:36</b> | 112 |    |
| 124  | 429 | WNOROWSKI PIOTR        | 1981 | POZNAŃ      | UNITY TRIATHLON TEAM                | M    | M30-39 | 50  | 00:09:57 | 00:18:55 | 127  | 01:21:59 | 142  | 00:49:14 | 103  | 00:05:15  | 00:01:27  | <b>02:36:50</b> | 113 |    |
| 125  | 568 | KUCHAREK MARCIN        | 1972 | SŁUPSK      | STOPA SŁUPSK                        | M    | M40-49 | 24  | 00:20:05 | 00:17:35 | 74   | 01:20:04 | 118  | 00:52:42 | 157  | 00:04:44  | 00:01:46  | <b>02:36:51</b> | 114 |    |
| 126  | 453 | STĘPNIAK TOMASZ        | 1979 | KOSZALIN    | I LO DUBOIS                         | M    | M30-39 | 51  | 00:09:57 | 00:19:53 | 163  | 01:22:23 | 151  | 00:48:22 | 84   | 00:05:09  | 00:01:34  | <b>02:37:21</b> | 115 |    |
| 127  | 432 | SZCZYGIEL ŁUKASZ       | 1980 | POZNAŃ      | NASPERS TEAM                        | M    | M30-39 | 52  | 00:09:57 | 00:18:45 | 117  | 01:21:33 | 135  | 00:50:33 | 124  | 00:04:57  | 00:01:40  | <b>02:37:28</b> | 116 |    |
| 128  | 589 | WIORA MACIEJ           | 1969 | ZABRZE      | MYCENTER                            | M    | M40-49 | 25  | 00:20:05 | 00:17:26 | 69   | 01:19:44 | 117  | 00:54:47 | 183  | 00:03:57  | 00:01:37  | <b>02:37:31</b> | 117 |    |
| 129  | 500 | TARASKA ŁUKASZ         | 1977 | STARGARD    |                                     | M    | M30-39 | 53  | 00:09:57 | 00:15:04 | 16   | 01:23:37 | 169  | 00:50:40 | 127  | 00:06:09  | 00:02:02  | <b>02:37:32</b> | 118 |    |
| 130  | 527 | KŁAKULAK ROBERT        | 1975 | CHOJNICE    | IBA                                 | M    | M40-49 | 26  | 00:20:05 | 00:20:51 | 191  | 01:23:59 | 174  | 00:44:41 | 38   | 00:05:54  | 00:02:10  | <b>02:37:35</b> | 119 |    |
| 131  | 342 | BURDA RAFAŁ            | 1988 | SŁUPCA      |                                     | M    | M18-29 | 31  | 00:00:00 | 00:18:24 | 101  | 01:21:07 | 128  | 00:50:12 | 118  | 00:05:48  | 00:02:08  | <b>02:37:39</b> | 120 |    |
| 132  | 454 | MAJ MAREK              | 1979 | SOPOT       |                                     | M    | M30-39 | 54  | 00:09:57 | 00:20:19 | 178  | 01:20:38 | 123  | 00:51:04 | 132  | 00:04:03  | 00:01:40  | <b>02:37:44</b> | 121 |    |
| 133  | 533 | FRANASZCZYK MARCIN     | 1975 | BUCHARZEWO  |                                     | M    | M40-49 | 27  | 00:20:05 | 00:19:32 | 144  | 01:22:29 | 155  | 00:49:03 | 98   | 00:05:14  | 00:01:48  | <b>02:38:06</b> | 122 |    |
| 134  | 628 | ŁĄCZNY LESZEK          | 1961 | BORKOWICE   |                                     | M    | M50-59 | 11  | 00:30:03 | 00:19:35 | 147  | 01:18:16 | 103  | 00:53:26 | 168  | 00:05:02  | 00:01:54  | <b>02:38:13</b> | 123 |    |
| 135  | 356 | WILK MICHAŁ            | 1987 | CZESTOCHOWA | JWK LUBLINIEC/WKB META LUBLINIEC    | M    | M18-29 | 32  | 00:00:00 | 00:18:35 | 108  | 01:23:10 | 167  | 00:50:58 | 130  | 00:04:28  | 00:01:27  | <b>02:38:38</b> | 124 |    |
| 136  | 547 | LISOWSKI PAWEŁ         | 1974 | WARSZAWA    | TRI PASSION                         | M    | M40-49 | 28  | 00:20:05 | 00:18:51 | 123  | 01:22:26 | 153  | 00:49:02 | 97   | 00:05:18  | 00:03:03  | <b>02:38:40</b> | 125 |    |
| 137  | 644 | AXELGAARD POUL         | 1953 | AALBORG     | AXZON TEAM                          | M    | M60-69 | 1   | 00:30:03 | 00:23:02 | 243  | 01:17:57 | 96   | 00:51:10 | 134  | 00:05:04  | 00:01:29  | <b>02:38:42</b> | 126 |    |
| 138  | 321 | SKOWRON KATARZYNA      | 1991 | GDYNIA      |                                     | K    | K18-29 | 5   | 00:00:00 | 00:16:56 | 41   | 01:25:43 | 194  | 00:49:41 | 109  | 00:05:14  | 00:01:25  | <b>02:38:59</b> |     | 11 |
| 139  | 512 | WALOSZCZYK ŁUKASZ      | 1976 | POZNAŃ      |                                     | M    | M40-49 | 29  | 00:20:05 | 00:18:17 | 96   | 01:18:55 | 111  | 00:53:09 | 165  | 00:06:06  | 00:02:42  | <b>02:39:09</b> | 127 |    |
| 140  | 680 | WOJCIECHOWSKI JAKUB    | 1983 | LESZNO      | MW INVEST /64-STO                   | M    | M30-39 | 55  | 00:09:57 | 00:17:17 | 65   | 01:23:43 | 172  | 00:51:25 | 136  | 00:05:13  | 00:01:53  | <b>02:39:31</b> | 128 |    |
| 141  | 599 | MAREK-BIELEŃ KRZYSZTOF | 1967 | ŚWINOUJŚCIE | TRI ŚWINOUJŚCIE                     | M    | M40-49 | 30  | 00:20:05 | 00:21:34 | 209  | 01:22:28 | 154  | 00:48:45 | 92   | 00:04:46  | 00:02:09  | <b>02:39:42</b> | 129 |    |
| 142  | 513 | JÓZWIĄK ŁUKASZ         | 1976 | RUMIA       |                                     | M    | M40-49 | 31  | 00:20:05 | 00:19:40 | 152  | 01:22:07 | 144  | 00:52:42 | 158  | 00:03:59  | 00:01:45  | <b>02:40:13</b> | 130 |    |
| 143  | 466 | PIDEK MARCIN           | 1978 | OBORNIKI    | TEAM HERBALIFE                      | M    | M30-39 | 56  | 00:09:57 | 00:22:46 | 236  | 01:18:29 | 107  | 00:52:08 | 145  | 00:05:05  | 00:01:48  | <b>02:40:16</b> | 131 |    |
| 144  | 511 | KOWALSKI DANIEL        | 1976 | PUSZCZYKOWO | U STEFANA TEAM                      | M    | M40-49 | 32  | 00:20:05 | 00:19:08 | 133  | 01:22:52 | 164  | 00:52:03 | 144  | 00:04:10  | 00:02:07  | <b>02:40:20</b> | 132 |    |
| 145  | 550 | SZCZEPAŃSKI RAFAŁ      | 1974 | BUGAJ       | M4PLUS                              | M    | M40-49 | 33  | 00:20:05 | 00:18:09 | 88   | 01:17:52 | 95   | 00:57:21 | 211  | 00:05:11  | 00:01:57  | <b>02:40:30</b> | 133 |    |
| 146  | 532 | LEŚNIEWSKI MARIUSZ     | 1975 | GDAŃSK      | HARPAGAN                            | M    | M40-49 | 34  | 00:20:05 | 00:21:15 | 204  | 01:21:43 | 136  | 00:49:57 | 116  | 00:05:13  | 00:02:29  | <b>02:40:37</b> | 134 |    |
| 147  | 445 | FEKNER KAROL           | 1980 | POZNAŃ      |                                     | M    | M30-39 | 57  | 00:09:57 | 00:20:46 | 187  | 01:23:07 | 166  | 00:50:39 | 126  | 00:04:45  | 00:01:52  | <b>02:41:09</b> | 135 |    |
| 148  | 522 | KOŚMIDER BARTOSZ       | 1976 | SZCZECIN    |                                     | M    | M40-49 | 35  | 00:20:05 | 00:20:56 | 193  | 01:22:56 | 165  | 00:50:29 | 122  | 00:04:34  | 00:02:32  | <b>02:41:27</b> | 136 |    |
| 149  | 406 | DORSZYŃSKI GRZEGORZ    | 1983 | CZŁUCHÓW    | UKS WIKING RYCHNOWY                 | M    | M30-39 | 58  | 00:09:57 | 00:19:50 | 161  | 01:31:47 | 244  | 00:44:00 | 31   | 00:04:52  | 00:01:01  | <b>02:41:30</b> | 137 |    |
| 150  | 313 | GRABAN EMILIA          | 1991 | GDAŃSK      |                                     | K    | K18-29 | 6   | 00:00:00 | 00:22:05 | 221  | 01:21:49 | 141  | 00:52:34 | 153  | 00:04:02  | 00:01:02  | <b>02:41:32</b> |     | 12 |
| 151  | 409 | MARCINIUK MICHAŁ       | 1982 | GDYNIA      | KANCELARIA KFMM                     | M    | M30-39 | 59  | 00:09:57 | 00:19:56 | 165  | 01:20:49 | 124  | 00:53:36 | 171  | 00:04:46  | 00:02:29  | <b>02:41:36</b> | 138 |    |
| 152  | 310 | BUCZKO KRZYSZTOF       | 1993 | PRZECHELEWO |                                     | M    | M18-29 | 33  | 00:00:00 | 00:19:24 | 139  | 01:21:45 | 137  | 00:52:18 | 149  | 00:04:42  | 00:03:46  | <b>02:41:55</b> | 139 |    |
| 153  | 518 | KMIECIK ŁUKASZ         | 1976 | ZALOM       |                                     | M    | M40-49 | 36  | 00:20:05 | 00:18:27 | 102  | 01:22:20 | 150  | 00:52:18 | 150  | 00:06:18  | 00:02:37  | <b>02:42:00</b> | 140 |    |
| 154  | 555 | STEFANIAK LESZEK       | 1973 | GDAŃSK      | F3 TEAM                             | M    | M40-49 | 37  | 00:20:05 | 00:17:31 | 72   | 01:24:08 | 176  | 00:52:51 | 159  | 00:05:32  | 00:02:02  | <b>02:42:04</b> | 141 |    |
| 155  | 374 | KIEDROWSKI ŁUKASZ      | 1985 | POZNAŃ      |                                     | M    | M30-39 | 60  | 00:00:00 | 00:22:46 |      |          |      |          |      |           |           |                 |     |    |

| M-ce | Nr  | Nazwisko Imię           | Rok  | Miejscowość     | Klub                                  | Płeć | Kat    | Msc | START    | Plywanie | M-sc | Rower    | M-sc | Bieg     | M-sc | 1 przerwa | 2 przerwa | Rezultat        | M   | K  |
|------|-----|-------------------------|------|-----------------|---------------------------------------|------|--------|-----|----------|----------|------|----------|------|----------|------|-----------|-----------|-----------------|-----|----|
| 156  | 515 | STOLINSKI DOMINIK       | 1976 | POZNAN          |                                       | M    | M40-49 | 38  | 00:20:05 | 00:21:23 | 207  | 01:20:54 | 125  | 00:52:55 | 162  | 00:04:52  | 00:02:16  | <b>02:42:20</b> | 143 |    |
| 157  | 634 | JAKUBOWSKI LESLAW       | 1959 | GRYFINO         |                                       | M    | M50-59 | 12  | 00:30:03 | 00:23:12 | 247  | 01:19:42 | 116  | 00:51:52 | 141  | 00:06:11  | 00:01:39  | <b>02:42:36</b> | 144 |    |
| 158  | 417 | ZENGTELER WOJCIECH      | 1980 | GDAŃSK          | LOTOS RUNNING TEAM                    | M    | M30-39 | 61  | 00:09:57 | 00:16:25 | 28   | 01:22:39 | 159  | 00:56:25 | 201  | 00:05:39  | 00:01:40  | <b>02:42:48</b> | 145 |    |
| 159  | 606 | SOKOŁOWSKA HANNA        | 1965 | GORZEŃ          | KUŹNIA TRIATHLONU                     | K    | K50-59 | 1   | 00:30:03 | 00:14:51 | 10   | 01:24:29 | 180  | 00:56:40 | 203  | 00:05:11  | 00:01:38  | <b>02:42:49</b> |     | 13 |
| 160  | 539 | SZARY PAWEŁ             | 1975 | GDYNIA          | USHANKA                               | M    | M40-49 | 39  | 00:20:05 | 00:19:46 | 159  | 01:16:42 | 71   | 00:58:48 | 220  | 00:04:34  | 00:03:03  | <b>02:42:53</b> | 146 |    |
| 161  | 469 | JANUSZEWSKI MICHAŁ      | 1978 | CHOJNICE        | PLYWANIECHOJNICE.PL                   | M    | M30-39 | 62  | 00:09:57 | 00:18:45 | 118  | 01:25:02 | 185  | 00:53:34 | 170  | 00:04:27  | 00:01:26  | <b>02:43:14</b> | 147 |    |
| 162  | 329 | MAKOWSKI SZYMON         | 1990 | CHOJNICZKI      |                                       | M    | M18-29 | 34  | 00:00:00 | 00:19:40 | 151  | 01:23:52 | 173  | 00:53:37 | 172  | 00:04:39  | 00:01:28  | <b>02:43:16</b> | 148 |    |
| 163  | 484 | HESSE MARCIN            | 1978 | BYTÓW           |                                       | M    | M30-39 | 63  | 00:09:57 | 00:17:28 | 70   | 01:16:10 | 67   | 01:00:27 | 236  | 00:06:50  | 00:02:46  | <b>02:43:41</b> | 149 |    |
| 164  | 407 | MARCINOWSKI LUKASZ      | 1982 | CZŁUCHÓW        |                                       | M    | M30-39 | 64  | 00:09:57 | 00:19:41 | 153  | 01:22:24 | 152  | 00:55:32 | 192  | 00:04:21  | 00:02:19  | <b>02:44:17</b> | 150 |    |
| 165  | 597 | DZIECIAŃKOWSKI PIOTR    | 1967 | POZNAŃ          | MERITUMOBUWIE.PL                      | M    | M40-49 | 40  | 00:20:05 | 00:22:15 | 225  | 01:23:13 | 168  | 00:51:38 | 138  | 00:05:25  | 00:01:54  | <b>02:44:25</b> | 151 |    |
| 166  | 361 | PIOTROWICZ HANNA        | 1987 | GDAŃSK          | F3 TEAM / IRONTEAM3CITY               | K    | K18-29 | 7   | 00:00:00 | 00:19:53 | 164  | 01:27:10 | 207  | 00:52:03 | 143  | 00:04:13  | 00:01:20  | <b>02:44:39</b> |     | 14 |
| 167  | 627 | KOLKA ZBIGNIEW          | 1961 | GRZYBNO         | TOP BRAMY HORMANN                     | M    | M50-59 | 13  | 00:30:03 | 00:20:30 | 180  | 01:22:12 | 145  | 00:55:35 | 194  | 00:04:40  | 00:01:53  | <b>02:44:50</b> | 152 |    |
| 168  | 562 | DĄBROWSKI KRZYSZTOF     | 1973 | ROSTWOROWO      | FIT FLOX                              | M    | M40-49 | 41  | 00:20:05 | 00:17:16 | 63   | 01:15:50 | 54   | 01:05:40 | 269  | 00:05:09  | 00:01:16  | <b>02:45:11</b> | 153 |    |
| 169  | 388 | GUMNY GRZEGORZ          | 1984 | POZNAŃ/OBORNIKI | GUMIJAGODY MULTISPORT                 | M    | M30-39 | 65  | 00:00:00 | 00:19:42 | 156  | 01:25:10 | 188  | 00:53:19 | 167  | 00:05:27  | 00:01:35  | <b>02:45:13</b> | 154 |    |
| 170  | 665 | ZACHWIEJA PIOTR         | 1985 | BYDGOSZCZ       |                                       | M    | M30-39 | 66  | 00:30:03 | 00:22:43 | 234  | 01:22:39 | 158  | 00:53:02 | 163  | 00:05:38  | 00:01:12  | <b>02:45:14</b> | 155 |    |
| 171  | 604 | WOŹNIAK JACEK           | 1965 | CHOJNICE        |                                       | M    | M50-59 | 14  | 00:30:03 | 00:25:44 | 274  | 01:21:13 | 132  | 00:53:05 | 164  | 00:03:46  | 00:01:27  | <b>02:45:15</b> | 156 |    |
| 172  | 355 | GRZEBYTA MATEUSZ        | 1987 | KARTUZY         | F3TEAM                                | M    | M18-29 | 35  | 00:00:00 | 00:17:55 | 81   | 01:24:38 | 181  | 00:56:59 | 207  | 00:04:33  | 00:01:20  | <b>02:45:25</b> | 157 |    |
| 173  | 578 | PIETRUSZEWSKI MAREK     | 1970 | GDYNIA          |                                       | M    | M40-49 | 42  | 00:20:05 | 00:20:13 | 174  | 01:21:46 | 138  | 00:54:44 | 182  | 00:06:39  | 00:02:10  | <b>02:45:32</b> | 158 |    |
| 174  | 378 | JĘDRZEJCZYK NATALIA     | 1985 | WARSZAWA        | TRIWAWA                               | K    | K30-39 | 6   | 00:00:00 | 00:18:07 | 85   | 01:25:49 | 195  | 00:55:18 | 189  | 00:05:08  | 00:01:21  | <b>02:45:43</b> |     | 15 |
| 175  | 447 | CHYREK LUKASZ           | 1979 | SŁUPSK          | NIGHT RUNNERS / BETA SWIM TEAM - SŁUI | M    | M30-39 | 67  | 00:09:57 | 00:20:57 | 194  | 01:26:43 | 204  | 00:52:08 | 146  | 00:04:56  | 00:01:05  | <b>02:45:49</b> | 159 |    |
| 176  | 661 | SIBILSKI DAWID          | 1978 | POZNAŃ          | POWERAUTO                             | M    | M30-39 | 68  | 00:30:03 | 00:17:09 | 57   | 01:23:37 | 170  | 00:58:54 | 224  | 00:04:34  | 00:01:49  | <b>02:46:03</b> | 160 |    |
| 177  | 577 | KOSMAŁSKA ANNA          | 1970 | CHARZYKOWY      |                                       | K    | K40-49 | 2   | 00:20:05 | 00:23:10 | 245  | 01:24:06 | 175  | 00:52:41 | 156  | 00:05:07  | 00:01:12  | <b>02:46:16</b> |     | 16 |
| 178  | 673 | KOZŁOWSKI PRZEMYSŁAW    | 1981 | GRUDZIĄDZ       |                                       | M    | M30-39 | 69  | 00:30:03 | 00:20:50 | 190  | 01:24:25 | 179  | 00:54:17 | 180  | 00:05:21  | 00:01:36  | <b>02:46:29</b> | 161 |    |
| 179  | 476 | ZAWAŁSKI KRZYSZTOF      | 1978 | SZCZECIN        |                                       | M    | M30-39 | 70  | 00:09:57 | 00:19:40 | 150  | 01:24:24 | 178  | 00:54:52 | 187  | 00:05:55  | 00:01:51  | <b>02:46:42</b> | 162 |    |
| 180  | 383 | HANCZEWSKA MARTA        | 1984 | SZCZECIN        | KS TRIATHLON SZCZECIN                 | K    | K30-39 | 7   | 00:00:00 | 00:15:56 | 21   | 01:30:34 | 236  | 00:53:59 | 179  | 00:04:35  | 00:01:41  | <b>02:46:45</b> |     | 17 |
| 181  | 318 | ANDERSEN KRISTIAN       | 1992 | AALBORG         | AXZON TEAM                            | M    | M18-29 | 36  | 00:00:00 | 00:20:44 | 185  | 01:26:29 | 201  | 00:52:40 | 155  | 00:04:57  | 00:01:56  | <b>02:46:46</b> | 163 |    |
| 182  | 387 | CZEKAŁSKA MARIA         | 1984 | POZNAŃ          |                                       | K    | K30-39 | 8   | 00:00:00 | 00:20:02 | 169  | 01:27:31 | 212  | 00:53:51 | 176  | 00:04:33  | 00:01:42  | <b>02:47:39</b> |     | 18 |
| 183  | 498 | CIACIUCH MACIEJ         | 1977 | GORZEŃ          | GORZEŃ RUN                            | M    | M30-39 | 71  | 00:09:57 | 00:20:41 | 184  | 01:25:01 | 184  | 00:53:56 | 177  | 00:05:45  | 00:02:47  | <b>02:48:10</b> | 164 |    |
| 184  | 571 | SIDEL MARITA            | 1972 | POZNAŃ          |                                       | K    | K40-49 | 3   | 00:20:05 | 00:21:47 | 213  | 01:25:39 | 191  | 00:55:31 | 191  | 00:04:10  | 00:01:14  | <b>02:48:21</b> |     | 19 |
| 185  | 491 | BOROWSKI ARTUR          | 1977 | TORUŃ           | MOHERHEAD                             | M    | M30-39 | 72  | 00:09:57 | 00:24:54 | 268  | 01:28:50 | 222  | 00:47:34 | 73   | 00:05:56  | 00:01:47  | <b>02:49:01</b> | 165 |    |
| 186  | 639 | CZYNSZ ALEKSANDER       | 1958 | GDYNIA          | UKS TRI-TEAM RUMIA                    | M    | M50-59 | 15  | 00:30:03 | 00:20:39 | 183  | 01:25:53 | 196  | 00:54:23 | 181  | 00:05:23  | 00:02:51  | <b>02:49:09</b> | 166 |    |
| 187  | 430 | NOWAK DAWID             | 1981 | POZNAŃ          |                                       | M    | M30-39 | 73  | 00:09:57 | 00:18:39 | 112  | 01:26:40 | 203  | 00:57:31 | 213  | 00:04:38  | 00:01:57  | <b>02:49:25</b> | 167 |    |
| 188  | 495 | MAZUREK ROBERT          | 1977 | SZCZECIN        |                                       | M    | M30-39 | 74  | 00:09:57 | 00:21:03 | 198  | 01:27:17 | 210  | 00:51:56 | 142  | 00:06:02  | 00:03:22  | <b>02:49:40</b> | 168 |    |
| 189  | 586 | IZAK KRZYSZTOF          | 1969 | STARGARD        | TEAM CUKIERNIA NOVA                   | M    | M40-49 | 43  | 00:20:05 | 00:21:51 | 215  | 01:26:09 | 197  | 00:55:45 | 196  | 00:04:08  | 00:02:08  | <b>02:50:01</b> | 169 |    |
| 190  | 344 | SZCZEPAŃSKI KRZYSZTOF   | 1988 | POZNAŃ          | ŚWISTAKI                              | M    | M18-29 | 37  | 00:00:00 | 00:18:18 | 98   | 01:26:43 | 205  | 00:58:50 | 221  | 00:04:55  | 00:01:21  | <b>02:50:07</b> | 170 |    |
| 191  | 536 | STASIEWSKI MARIUSZ      | 1975 | OSÓWIEC         | TRISPACE                              | M    | M40-49 | 44  | 00:20:05 | 00:18:39 | 113  | 01:28:27 | 218  | 00:56:10 | 200  | 00:04:54  | 00:02:00  | <b>02:50:10</b> | 171 |    |
| 192  | 600 | JANOWSKI BOGDAN         | 1966 | WARSZAWA        |                                       | M    | M50-59 | 16  | 00:20:05 | 00:19:28 | 143  | 01:30:57 | 241  | 00:49:30 | 108  | 00:06:16  | 00:04:15  | <b>02:50:26</b> | 172 |    |
| 193  | 670 | SZULTKA SZYMON          | 1986 | PRZECHELEWO     | WIEŚNIAK ROMGAZ FOLKLOR               | M    | M30-39 | 75  | 00:30:03 | 00:26:06 | 276  | 01:21:48 | 140  | 00:55:29 | 190  | 00:05:21  | 00:01:43  | <b>02:50:27</b> | 173 |    |
| 194  | 602 | KASPRZAK PIOTR          | 1966 | SKÓRZEWO        |                                       | M    | M50-59 | 17  | 00:30:03 | 00:19:27 | 142  | 01:21:02 | 127  | 01:00:31 | 239  | 00:07:00  | 00:02:36  | <b>02:50:36</b> | 174 |    |
| 195  | 379 | ZAWIEROWSKA EWELINA     | 1985 | USTKA           | MORPOL RACING TEAM                    | K    | K30-39 | 9   | 00:00:00 | 00:21:11 | 203  | 01:24:54 | 183  | 00:58:11 | 216  | 00:05:24  | 00:01:30  | <b>02:51:10</b> |     | 20 |
| 196  | 603 | KUŹMA WOJCIECH          | 1966 | BYDGOSZCZ       |                                       | M    | M50-59 | 18  | 00:30:03 | 00:21:11 | 201  | 01:27:16 | 209  | 00:55:43 | 195  | 00:05:05  | 00:02:33  | <b>02:51:48</b> | 175 |    |
| 197  | 340 | SIERADZKI DAWID         | 1988 | PSZCZÓŁKI       |                                       | M    | M18-29 | 38  | 00:00:00 | 00:20:58 | 195  | 01:30:50 | 240  | 00:53:12 | 166  | 00:05:33  | 00:01:19  | <b>02:51:52</b> | 176 |    |
| 198  | 416 | MARCINIAK IZABELA       | 1982 | ŁÓDŹ            |                                       | K    | K30-39 | 10  | 00:09:57 | 00:18:50 | 122  | 01:30:37 | 237  | 00:55:05 | 188  | 00:05:26  | 00:01:57  | <b>02:51:55</b> |     | 21 |
| 199  | 336 | SZYMAŃSKI MATEUSZ       | 1989 | WARSZAWA        | 4RUN TEAM                             | M    | M18-29 | 39  | 00:00:00 | 00:19:41 | 154  | 01:29:21 | 226  | 00:57:28 | 212  | 00:04:39  | 00:01:29  | <b>02:52:38</b> | 177 |    |
| 200  | 598 | BOĆKOWSKI MACIEJ        | 1967 | GDYNIA          | KLIF-MED                              | M    | M40-49 | 45  | 00:20:05 | 00:19:35 | 148  | 01:22:36 | 157  | 01:01:18 | 244  | 00:06:46  | 00:02:49  | <b>02:53:04</b> | 178 |    |
| 201  | 653 | POLGUJ PIOTR ROMAN      | 1947 | SZCZECINEK      | PARKRUN                               | M    | M60-69 | 2   | 00:30:03 | 00:21:21 | 205  | 01:27:40 | 213  | 00:53:59 | 178  | 00:08:04  | 00:02:01  | <b>02:53:05</b> | 179 |    |
| 202  | 452 | WOJTAS STEFAN           | 1979 | CZŁUCHOW        |                                       | M    | M30-39 | 76  | 00:09:57 | 00:22:04 | 220  | 01:22:46 | 161  | 00:58:15 | 217  | 00:07:59  | 00:02:07  | <b>02:53:11</b> | 180 |    |
| 203  | 439 | ŻAL ROBERT              | 1980 | BYDGOSZCZ       |                                       | M    | M30-39 | 77  | 00:09:57 | 00:27:07 | 279  | 01:32:36 | 251  | 00:45:03 | 41   | 00:06:43  | 00:01:44  | <b>02:53:13</b> | 181 |    |
| 204  | 306 | KRÓL BARTOSZ            | 1994 | KONINKO         | KOMPANIA PIWOWARSKA                   | M    | M18-29 | 40  | 00:00:00 | 00:24:59 | 269  | 01:24:40 | 182  | 00:56:49 | 205  | 00:05:04  | 00:02:02  | <b>02:53:34</b> | 182 |    |
| 205  | 490 | SZTENDEREWICZ RAFAŁ     | 1977 | WŁOCŁAWEK       |                                       | M    | M30-39 | 78  | 00:09:57 | 00:23:30 | 253  | 01:32:05 | 247  | 00:49:00 | 96   | 00:06:31  | 00:02:47  | <b>02:53:53</b> | 183 |    |
| 206  | 675 | WALCZAK MARCIN          | 1972 | SUCHY LAS       | SOLID LOGISTICS                       | M    | M40-49 | 46  | 00:30:03 | 00:22:32 | 230  | 01:25:40 | 192  | 00:56:06 | 198  | 00:06:22  | 00:03:20  | <b>02:54:00</b> | 184 |    |
| 207  | 436 | JEZIEWSKI SŁAWOMIR      | 1980 | GDAŃSK          | SAAB TEAM                             | M    | M30-39 | 79  | 00:09:57 | 00:20:04 | 171  | 01:28:35 | 219  | 00:58:05 | 215  | 00:05:35  | 00:01:48  | <b>02:54:07</b> | 185 |    |
| 208  | 612 | KASIERSKI PAWEŁ         | 1964 | POZNAŃ          |                                       | M    | M50-59 | 19  | 00:30:03 | 00:24:53 | 267  | 01:30:49 | 239  | 00:50:43 | 128  | 00:05:31  | 00:02:20  | <b>02:54:16</b> | 186 |    |
| 209  | 460 | OSTROWSKA-BADURA ANNA   | 1979 | MIERZYN         | AT TEAM                               | K    | K30-39 | 11  | 00:09:57 | 00:24:04 | 259  | 01:26:14 | 199  | 00:56:47 | 204  | 00:04:59  | 00:02:17  | <b>02:54:21</b> |     | 22 |
| 210  | 499 | CERAN PATRYCJUSZ        | 1977 | SZCZECIN        | GP GOPR                               | M    | M30-39 | 80  | 00:09:57 | 00:20:35 | 181  | 01:29:57 | 233  | 00:56:09 | 199  | 00:05:05  | 00:02:39  | <b>02:54:25</b> | 187 |    |
| 211  | 630 | GUDANIEC DOROTA         | 1960 | KOSZALIN        | TRIATHLON KOSZALIN                    | K    | K50-59 | 2   | 00:30:03 | 00:16:44 | 36   | 01:34:04 | 257  | 00:56:31 | 202  | 00:05:05  | 00:02:09  | <b>02:54:33</b> |     | 23 |
| 212  | 448 | GIERSZEWSKA-KWAPISZ ANN | 1979 | GDAŃSK          | TSUNAMI-TRI                           | K    | K30-39 | 12  | 00:09:57 | 00:20:45 | 186  | 01:33:36 | 256  | 00:50:00 | 117  | 00:08:10  | 00:02:14  | <b>02:54:45</b> |     | 24 |
| 213  | 643 | CNOTA JANUSZ            | 1955 | GDYNIA          | PAPUNIS TEAM GDYNIA                   | M    | M60-69 |     |          |          |      |          |      |          |      |           |           |                 |     |    |

| M-ce | Nr  | Nazwisko Imię            | Rok  | Miejscowość      | Klub                  | Płeć | Kat    | Msc | START    | Plywanie | M-sc | Rower    | M-sc | Bieg     | M-sc | 1 przerwa | 2 przerwa | Rezultat        | M   | K  |
|------|-----|--------------------------|------|------------------|-----------------------|------|--------|-----|----------|----------|------|----------|------|----------|------|-----------|-----------|-----------------|-----|----|
| 214  | 462 | RYTTER MONIKA            | 1979 | POZNAŃ           | BE3 CITYZEN POZNAŃ    | K    | K30-39 | 13  | 00:09:57 | 00:22:29 | 229  | 01:25:42 | 193  | 00:58:38 | 218  | 00:05:54  | 00:02:31  | <b>02:55:14</b> |     | 25 |
| 215  | 530 | ŻMIJA DARIUSZ            | 1975 | CHARZYKOWY       |                       | M    | M40-49 | 47  | 00:20:05 | 00:24:44 | 265  | 01:25:10 | 186  | 00:57:15 | 210  | 00:06:20  | 00:02:18  | <b>02:55:47</b> | 189 |    |
| 216  | 521 | JACKOWKI RAFAŁ           | 1976 | ZALASEWO         |                       | M    | M40-49 | 48  | 00:20:05 | 00:21:53 | 217  | 01:23:38 | 171  | 01:01:33 | 246  | 00:05:54  | 00:03:11  | <b>02:56:09</b> | 190 |    |
| 217  | 366 | PROKOP PAULINA           | 1986 | WARSZAWA         | TRIWAWA               | K    | K30-39 | 14  | 00:00:00 | 00:24:37 | 264  | 01:27:10 | 208  | 00:57:13 | 209  | 00:05:19  | 00:01:51  | <b>02:56:10</b> |     | 26 |
| 218  | 608 | PLONKA ARKADIUSZ         | 1964 | KALISZ           |                       | M    | M50-59 | 20  | 00:30:03 | 00:19:16 | 134  | 01:25:10 | 187  | 01:02:01 | 250  | 00:07:12  | 00:02:56  | <b>02:56:35</b> | 191 |    |
| 219  | 428 | BOROWIEC MAGDALENA       | 1981 | WARSZAWA         | TRIWAWA               | K    | K30-39 | 15  | 00:09:57 | 00:22:48 | 237  | 01:28:22 | 217  | 00:57:57 | 214  | 00:05:13  | 00:02:20  | <b>02:56:40</b> |     | 27 |
| 220  | 633 | GRUBA JACEK              | 1960 | BRZOZA           |                       | M    | M50-59 | 21  | 00:30:03 | 00:22:34 | 231  | 01:28:09 | 216  | 00:59:10 | 225  | 00:05:51  | 00:01:23  | <b>02:57:07</b> | 192 |    |
| 221  | 668 | KNEPKA PIOTR             | 1989 | ŚWIECIE          |                       | M    | M18-29 | 41  | 00:30:03 | 00:23:32 | 255  | 01:26:29 | 202  | 00:58:52 | 222  | 00:06:27  | 00:01:54  | <b>02:57:14</b> | 193 |    |
| 222  | 367 | LITWINIUK MAŁGORZATA     | 1986 | WARSZAWA         | TRIWAWA               | K    | K30-39 | 16  | 00:00:00 | 00:22:24 | 227  | 01:32:02 | 246  | 00:54:49 | 184  | 00:06:09  | 00:02:04  | <b>02:57:28</b> |     | 28 |
| 223  | 489 | DRAMCZYK BŁAŻEJ          | 1977 | LĘBORK           | WATAHA                | M    | M30-39 | 81  | 00:09:57 | 00:22:09 | 222  | 01:31:33 | 243  | 00:54:49 | 185  | 00:06:34  | 00:02:32  | <b>02:57:37</b> | 194 |    |
| 224  | 616 | LEWICKA-PLACZEK BEATA    | 1964 | POZNAŃ           |                       | K    | K50-59 | 3   | 00:30:03 | 00:24:33 | 263  | 01:30:42 | 238  | 00:55:35 | 193  | 00:05:03  | 00:01:57  | <b>02:57:50</b> |     | 29 |
| 225  | 510 | ZEDELSKI MICHAŁ          | 1976 | STARGARD         | SZWLA                 | M    | M40-49 | 49  | 00:20:05 | 00:19:41 | 155  | 01:38:59 | 275  | 00:52:17 | 148  | 00:05:08  | 00:01:54  | <b>02:57:59</b> | 195 |    |
| 226  | 632 | OSTOJA-LNISKI PIOTR      | 1960 | KARTUZY          | POWER SYSTEM          | M    | M50-59 | 22  | 00:30:03 | 00:23:12 | 246  | 01:34:49 | 263  | 00:53:47 | 173  | 00:05:00  | 00:01:12  | <b>02:58:00</b> | 196 |    |
| 227  | 572 | PIOTROWSKI ANDRZEJ       | 1971 | DOBRYSCA K/PIŁY  | IRONPILA.PL           | M    | M40-49 | 50  | 00:20:05 | 00:24:29 | 262  | 01:25:21 | 190  | 01:00:52 | 240  | 00:05:47  | 00:01:51  | <b>02:58:20</b> | 197 |    |
| 228  | 399 | KOPOWSKI WOJCIECH        | 1983 | GDAŃSK           |                       | M    | M30-39 | 82  | 00:00:00 | 00:22:36 | 232  | 01:25:17 | 189  | 01:04:15 | 258  | 00:04:54  | 00:01:26  | <b>02:58:28</b> | 198 |    |
| 229  | 544 | JANICKI SEBASTIAN        | 1974 | GDAŃSK           |                       | M    | M40-49 | 51  | 00:20:05 | 00:19:57 | 168  | 01:29:51 | 231  | 00:59:55 | 233  | 00:06:40  | 00:02:21  | <b>02:58:44</b> | 199 |    |
| 230  | 477 | BOLLIN ILONA             | 1978 | GDAŃSK           |                       | K    | K30-39 | 17  | 00:09:57 | 00:21:23 | 206  | 01:37:15 | 271  | 00:52:51 | 160  | 00:05:28  | 00:02:00  | <b>02:58:57</b> |     | 30 |
| 231  | 354 | ŁAKOMA PAULINA           | 1987 | POZNAŃ           |                       | K    | K18-29 | 8   | 00:00:00 | 00:23:30 | 254  | 01:29:30 | 228  | 00:56:53 | 206  | 00:06:36  | 00:02:32  | <b>02:59:01</b> |     | 31 |
| 232  | 605 | RUTKOWSKI ARTUR          | 1965 | PRZECHELEWO      |                       | M    | M50-59 | 23  | 00:30:03 | 00:24:13 | 260  | 01:27:41 | 214  | 01:01:55 | 247  | 00:04:32  | 00:01:22  | <b>02:59:43</b> | 200 |    |
| 233  | 504 | BABIŃSKI RADOŚLAW        | 1977 | WŁOCŁAWEK        | FIT-EXPERT TEAM       | M    | M30-39 | 83  | 00:20:05 | 00:22:09 | 223  | 01:26:46 | 206  | 01:00:53 | 241  | 00:07:07  | 00:03:21  | <b>03:00:16</b> | 201 |    |
| 234  | 584 | OSTROWSKI KRZYSZTOF      | 1969 | KOSZALIN         |                       | M    | M40-49 | 52  | 00:20:05 | 00:22:12 | 224  | 01:28:36 | 220  | 01:00:29 | 237  | 00:06:23  | 00:02:48  | <b>03:00:28</b> | 202 |    |
| 235  | 537 | WIŚNIEWSKA JOANNA        | 1975 | GDAŃSK           | SPORTEVO              | K    | K40-49 | 4   | 00:20:05 | 00:19:21 | 138  | 01:29:09 | 225  | 01:05:37 | 267  | 00:05:03  | 00:01:31  | <b>03:00:41</b> |     | 32 |
| 236  | 614 | POŁOMKA ARTUR            | 1964 | LESZNO           | MARATON LESZNO        | M    | M50-59 | 24  | 00:30:03 | 00:18:12 | 92   | 01:28:38 | 221  | 01:04:43 | 262  | 00:06:22  | 00:02:56  | <b>03:00:51</b> | 203 |    |
| 237  | 678 | KOWALEWSKA DARIA         | 1984 | GDAŃSK           | 0                     | K    | K30-39 | 18  | 00:30:03 | 00:19:56 | 166  | 01:33:14 | 255  | 01:00:30 | 238  | 00:05:05  | 00:02:35  | <b>03:01:20</b> |     | 33 |
| 238  | 389 | WINDAK MICHAŁ            | 1984 | GORZÓW WLKP      |                       | M    | M30-39 | 84  | 00:00:00 | 00:23:00 | 240  | 01:34:34 | 260  | 00:53:48 | 175  | 00:07:53  | 00:02:36  | <b>03:01:51</b> | 204 |    |
| 239  | 590 | BEMOWSKI MAREK           | 1968 | KARTUZY          | POWERSYSTEM           | M    | M40-49 | 53  | 00:20:05 |          | 293  |          | 293  |          |      |           |           | <b>03:01:55</b> | 205 |    |
| 240  | 540 | STACHOWIAK SEBASTIAN     | 1975 | SWARZĘDZ         | -                     | M    | M40-49 | 54  | 00:20:05 | 00:23:22 | 252  | 01:26:23 | 200  | 01:04:50 | 263  | 00:05:04  | 00:02:27  | <b>03:02:06</b> | 206 |    |
| 241  | 615 | KUDREWICZ MIROŚLAW       | 1964 | GDAŃSK           |                       | M    | M50-59 | 25  | 00:30:03 | 00:23:43 | 256  | 01:29:03 | 224  | 01:03:52 | 255  | 00:04:10  | 00:02:01  | <b>03:02:49</b> | 207 |    |
| 242  | 319 | WICHER RAFAŁ             | 1991 | ZDUŃSKA WOLA     |                       | M    | M18-29 | 42  | 00:00:00 | 00:17:24 | 67   | 01:34:53 | 264  | 01:01:02 | 243  | 00:07:30  | 00:02:02  | <b>03:02:51</b> | 208 |    |
| 243  | 641 | AXELGAARD TOM            | 1957 | HENNE STRAND     | AXZON TEAM            | M    | M50-59 | 26  | 00:30:03 | 00:28:25 | 283  | 01:22:29 | 156  | 01:03:57 | 256  | 00:06:00  | 00:02:03  | <b>03:02:54</b> | 209 |    |
| 244  | 455 | KURPISZ-KASPRZAK KAROLIN | 1979 | GDYNIA           |                       | K    | K30-39 | 19  | 00:09:57 | 00:24:19 | 261  | 01:34:40 | 261  | 00:57:03 | 208  | 00:06:05  | 00:01:49  | <b>03:03:56</b> |     | 34 |
| 245  | 519 | MICHALAK ADRIAN          | 1976 | POZNAŃ           | FRED&WALOY            | M    | M40-49 | 55  | 00:20:05 | 00:20:18 | 177  | 01:29:56 | 232  | 01:04:40 | 261  | 00:05:58  | 00:03:42  | <b>03:04:34</b> | 210 |    |
| 246  | 611 | HYNDA WALDEMAR           | 1964 | BIAŁOGARD        | KB 10 BIAŁOGARD       | M    | M50-59 | 27  | 00:30:03 | 00:23:15 | 248  | 01:29:41 | 230  | 01:01:57 | 248  | 00:06:14  | 00:03:34  | <b>03:04:41</b> | 211 |    |
| 247  | 620 | SZCZERBIAK MARIAN        | 1963 | PRZECHELEWO      |                       | M    | M50-59 | 28  | 00:30:03 | 00:24:00 | 258  | 01:27:26 | 211  | 01:04:25 | 260  | 00:05:56  | 00:03:09  | <b>03:04:56</b> | 212 |    |
| 248  | 618 | RUTKOWSKI MARIUSZ        | 1963 | PRZECHELEWO      |                       | M    | M50-59 | 29  | 00:30:03 | 00:22:38 | 233  | 01:34:13 | 258  | 01:00:57 | 242  | 00:05:53  | 00:02:14  | <b>03:05:55</b> | 213 |    |
| 249  | 392 | DĄBROWSKI RAFAŁ          | 1984 | POZNAŃ           |                       | M    | M30-39 | 85  | 00:00:00 | 00:18:11 | 91   | 01:35:24 | 268  | 01:02:25 | 251  | 00:07:44  | 00:02:16  | <b>03:06:00</b> | 214 |    |
| 250  | 505 | JARZYNA MICHAŁ           | 1977 | CHOJNICE         |                       | M    | M30-39 | 86  | 00:20:05 | 00:20:50 | 189  | 01:32:10 | 249  | 01:03:31 | 253  | 00:06:52  | 00:03:19  | <b>03:06:42</b> | 215 |    |
| 251  | 369 | DĘBSKA KLAUDYNA          | 1986 | POZNAŃ           |                       | K    | K30-39 | 20  | 00:00:00 | 00:22:01 | 218  | 01:34:53 | 265  | 00:59:35 | 230  | 00:08:35  | 00:02:10  | <b>03:07:14</b> |     | 35 |
| 252  | 415 | NITKA PIOTR              | 1982 | GDAŃSK           | TEKTON TRI TEAM       | M    | M30-39 | 87  | 00:09:57 | 00:25:37 | 272  | 01:22:48 | 162  | 01:09:52 | 273  | 00:07:00  | 00:02:12  | <b>03:07:29</b> | 216 |    |
| 253  | 431 | TANJGA KONSTANCJA        | 1980 | WARSZAWA         |                       | K    | K30-39 | 21  | 00:09:57 | 00:23:09 | 244  | 01:31:54 | 245  | 01:04:22 | 259  | 00:05:36  | 00:02:37  | <b>03:07:38</b> |     | 36 |
| 254  | 545 | ŚWIETLIŃSKI KRZYSZTOF    | 1974 | SOPOT            |                       | M    | M40-49 | 56  | 00:20:05 | 00:21:09 | 199  | 01:32:20 | 250  | 01:05:26 | 265  | 00:05:37  | 00:03:10  | <b>03:07:42</b> | 217 |    |
| 255  | 649 | OLEJNICZAK ANDRZEJ       | 1950 | GDAŃSK           | SPORT-EVO             | M    | M60-69 | 4   | 00:30:03 | 00:25:47 | 275  | 01:32:52 | 253  | 01:01:29 | 245  | 00:05:39  | 00:02:10  | <b>03:07:57</b> | 218 |    |
| 256  | 570 | MICHALAK BOGUŚ           | 1972 | SZCZECIN         | HEROES TRIATHLON TEAM | M    | M40-49 | 57  | 00:20:05 | 00:22:01 | 219  | 01:36:34 | 269  | 01:00:11 | 234  | 00:06:23  | 00:03:19  | <b>03:08:28</b> | 219 |    |
| 257  | 323 | STEFAŃSKI DAMIAN         | 1991 | WYSOKA KAMIENSKA | ORLEAN TEAM           | M    | M18-29 | 43  | 00:00:00 | 00:23:00 | 239  | 01:34:48 | 262  | 01:03:01 | 252  | 00:05:37  | 00:02:17  | <b>03:08:43</b> | 220 |    |
| 258  | 364 | MALISZEWSKI MACIEJ       | 1986 | WARSZAWA         | SOKÓŁ ZWIERZYNIEC     | M    | M30-39 | 88  | 00:00:00 | 00:21:39 | 211  | 01:39:01 | 276  | 00:59:18 | 226  | 00:06:59  | 00:01:52  | <b>03:08:49</b> | 221 |    |
| 259  | 357 | MAKSIMIUK JAROSŁAW       | 1987 | WARSZAWA         |                       | M    | M18-29 | 44  | 00:00:00 | 00:20:48 | 188  | 01:39:44 | 277  | 00:59:20 | 227  | 00:07:35  | 00:01:34  | <b>03:09:01</b> | 222 |    |
| 260  | 529 | JABŁOŃSKA-KIERSZK BEATA  | 1975 | PRZECHELEWO      | FABRYKA UŚMIECHU      | K    | K40-49 | 5   | 00:20:05 | 00:32:10 | 288  | 01:31:18 | 242  | 00:58:53 | 223  | 00:04:56  | 00:01:48  | <b>03:09:05</b> |     | 37 |
| 261  | 573 | KRAJEWSKA MAGDALENA      | 1971 | ŁÓDŹ             |                       | K    | K40-49 | 6   | 00:20:05 | 00:19:20 | 137  | 01:28:56 | 223  | 01:10:20 | 274  | 00:07:28  | 00:03:12  | <b>03:09:16</b> |     | 38 |
| 262  | 593 | OZCACHOWSKI PIOTR        | 1968 | CZŁUCHÓW         | WODNIK SZUWAREK       | M    | M40-49 | 58  | 00:20:05 | 00:25:36 | 271  | 01:30:00 | 234  | 01:06:33 | 270  | 00:05:26  | 00:01:52  | <b>03:09:27</b> | 223 |    |
| 263  | 437 | ŁUKASIEWICZ ALEKSANDRA   | 1980 | KOSZALIN         | DZIKI KOSZALIN        | K    | K30-39 | 22  | 00:09:57 | 00:18:53 | 124  | 01:29:25 | 227  | 01:14:47 | 282  | 00:05:27  | 00:01:46  | <b>03:10:18</b> |     | 39 |
| 264  | 574 | KUCNER MONIKA            | 1971 | KĄKOLEWO         | MARATON LESZNO        | K    | K40-49 | 7   | 00:20:05 | 00:22:25 | 228  | 01:38:45 | 274  | 00:59:21 | 228  | 00:06:25  | 00:04:20  | <b>03:11:16</b> |     | 40 |
| 265  | 579 | FORMELA SEBASTIAN        | 1970 | ŻUKOWO           |                       | M    | M40-49 | 59  | 00:20:05 | 00:27:24 | 280  | 01:29:32 | 229  | 01:06:45 | 271  | 00:06:04  | 00:01:52  | <b>03:11:37</b> | 224 |    |
| 266  | 507 | SYNOWIEC TOMASZ          | 1977 | POZNAŃ           |                       | M    | M30-39 | 89  | 00:20:05 | 00:27:49 | 282  | 01:35:14 | 267  | 00:59:32 | 229  | 00:06:31  | 00:02:44  | <b>03:11:50</b> | 225 |    |
| 267  | 651 | AXELGAARD GUNNAR         | 1950 | VILDBJERG        | AXZON TEAM            | M    | M60-69 | 5   | 00:30:03 | 00:34:51 | 291  | 01:18:33 | 108  | 01:11:13 | 276  | 00:05:18  | 00:02:04  | <b>03:11:59</b> | 226 |    |
| 268  | 420 | JABŁOŃSKA-BOROWIAK MONI  | 1981 | PRZECHELEWO      | CONTRA PRIME FOOD     | K    | K30-39 | 23  | 00:09:57 | 00:28:32 | 284  | 01:34:58 | 266  | 01:03:51 | 254  | 00:04:43  | 00:01:12  | <b>03:13:16</b> |     | 41 |
| 269  | 395 | SZKOPEK KAROLINA         | 1984 | OLSZTYN          |                       | K    | K30-39 | 24  | 00:00:00 | 00:20:16 | 176  | 01:41:10 | 279  | 01:04:07 | 257  | 00:05:01  | 00:02:45  | <b>03:13:19</b> |     | 42 |
| 270  | 381 | PIŁECKA LENA             | 1984 | POZNAŃ           |                       | K    | K30-39 | 25  | 00:00:00 | 00:21:48 | 214  | 01:43:04 | 280  | 01:00:22 | 235  | 00:05:10  | 00:03:06  | <b>03:13:30</b> |     | 43 |
| 271  | 648 | WIŚNIEWSKI ZENON         | 1950 | LIPKA            | WIPOL LIPKA           | M    | M60-69 | 6   | 00:30:03 | 00:19:34 | 146  | 01:33:03 | 254  | 01:11:39 | 277  |           |           |                 |     |    |

| M-ce | Nr  | Nazwisko Imię          | Rok  | Miejscowość  | Klub                            | Płeć | Kat    | Msc | START    | Plywanie | M-sc | Rower    | M-sc | Bieg     | M-sc | 1 przerwa | 2 przerwa | Rezultat        | M   | K  |
|------|-----|------------------------|------|--------------|---------------------------------|------|--------|-----|----------|----------|------|----------|------|----------|------|-----------|-----------|-----------------|-----|----|
| 272  | 663 | SIĘBOR JACEK           | 1973 | WILKOW       |                                 | M    | M40-49 | 60  | 00:30:03 | 00:23:01 | 241  | 01:32:38 | 252  | 01:12:25 | 278  | 00:05:48  | 00:02:49  | <b>03:16:41</b> | 228 |    |
| 273  | 652 | HINNEL GRZEGORZ        | 1948 | SZCZECIN     | GÓRAL POLICE                    | M    | M60-69 | 7   | 00:30:03 | 00:25:32 | 270  | 01:37:36 | 272  | 01:05:27 | 266  | 00:06:38  | 00:02:01  | <b>03:17:14</b> | 229 |    |
| 274  | 362 | SWIOKŁA PAWEŁ          | 1986 | SZCZECINEK   | TRIATHLON SZCZECINEK            | M    | M30-39 | 90  | 00:00:00 | 00:19:48 | 160  | 01:32:10 | 248  | 01:15:54 | 284  | 00:08:26  | 00:03:05  | <b>03:19:23</b> | 230 |    |
| 275  | 423 | OSTROWSKA ANNA         | 1981 | WARSZAWA     | TRIWAWA                         | K    | K30-39 | 26  | 00:09:57 | 00:23:19 | 250  | 01:45:41 | 284  | 01:01:58 | 249  | 00:06:48  | 00:03:08  | <b>03:20:54</b> |     | 44 |
| 276  | 524 | TREPKA MAREK           | 1975 | PRZECHELEWO  | FABRYKA UŚMIECHU                | M    | M40-49 | 61  | 00:20:05 | 00:36:01 | 292  | 01:30:14 | 235  | 00:58:45 | 219  | 00:11:13  | 00:05:27  | <b>03:21:40</b> | 231 |    |
| 277  | 647 | MATUSEWICZ MARIAN      | 1951 | SŁUPSK       | PIAST SŁUPSK                    | M    | M60-69 | 8   | 00:30:03 | 00:28:33 | 285  | 01:37:51 | 273  | 01:05:39 | 268  | 00:08:15  | 00:04:14  | <b>03:24:32</b> | 232 |    |
| 278  | 494 | TARAKAN GRZEGORZ       | 1977 | ZBLEWO       | TRI STAROGARD GDAŃSKI           | M    | M30-39 | 91  | 00:09:57 | 00:20:54 | 192  | 01:34:13 | 259  | 01:20:03 | 285  | 00:07:23  | 00:02:21  | <b>03:24:54</b> | 233 |    |
| 279  | 440 | SOLLICH JAKUB          | 1980 | PRZECHELEWO  | ZKS CONTRA                      | M    | M30-39 | 92  | 00:09:57 | 00:23:16 | 249  | 01:20:10 | 119  | 01:29:55 | 291  | 00:09:00  | 00:02:41  | <b>03:25:02</b> | 234 |    |
| 280  | 595 | STROJNY WOJCIECH       | 1967 | SZCZECIN     | RAZ SZCZECIN                    | M    | M40-49 | 62  | 00:20:05 | 00:32:11 | 289  | 01:43:50 | 281  | 00:59:55 | 232  | 00:07:20  | 00:02:07  | <b>03:25:23</b> | 235 |    |
| 281  | 493 | MIKOŁAJCZAK WOJCIECH   | 1977 | ZŁOTNIKI     | UNITY TRIATHLON TEAM            | M    | M30-39 | 93  | 00:09:57 | 00:21:36 | 210  | 01:40:51 | 278  | 01:14:01 | 281  | 00:07:39  | 00:02:26  | <b>03:26:33</b> | 236 |    |
| 282  | 419 | KAMAC KAMIL            | 1981 | GDANSK       |                                 | M    | M30-39 | 94  | 00:09:57 | 00:23:49 | 257  | 01:28:00 | 215  | 01:25:35 | 288  | 00:08:07  | 00:03:01  | <b>03:28:32</b> | 237 |    |
| 283  | 400 | CYRKLEWICZ KAROL       | 1983 | KOSZALIN     | BRAK                            | M    | M30-39 | 95  | 00:00:00 | 00:27:33 | 281  | 01:46:42 | 286  | 01:04:53 | 264  | 00:07:01  | 00:03:11  | <b>03:29:20</b> | 238 |    |
| 284  | 523 | ŁYCZEK AGATA           | 1976 | SZCZECIN     | WIECZORNE BIEGANIE W SZCZECINIE | K    | K40-49 | 8   | 00:20:05 | 00:21:42 | 212  | 01:51:51 | 291  | 01:07:52 | 272  | 00:05:37  | 00:02:42  | <b>03:29:44</b> |     | 45 |
| 285  | 650 | ZENGTELER ANDRZEJ      | 1950 | GDAŃSK       |                                 | M    | M60-69 | 9   | 00:30:03 | 00:23:20 | 251  | 01:46:30 | 285  | 01:12:49 | 279  | 00:09:39  | 00:03:00  | <b>03:35:18</b> | 239 |    |
| 286  | 482 | BRYLOWSKA KAROLINA     | 1978 | KARTUZY      | POWERSYSTEM                     | K    | K30-39 | 27  | 00:09:57 | 00:27:02 | 278  | 01:50:40 | 288  | 01:13:31 | 280  | 00:04:40  | 00:01:09  | <b>03:37:02</b> |     | 46 |
| 287  | 654 | MICHAŁOWSKI HENRYK     | 1941 | POZNAŃ       | CITYZEN POZNAŃ                  | M    | M70+   | 1   | 00:30:03 | 00:29:48 | 286  | 01:44:42 | 283  | 01:11:03 | 275  | 00:08:22  | 00:03:54  | <b>03:37:49</b> | 240 |    |
| 288  | 564 | MAREK-BIELEŃ ANNA      | 1973 | ŚWINOUJŚCIE  | TRI ŚWINOUJŚCIE                 | K    | K40-49 | 9   | 00:20:05 | 00:26:27 | 277  | 01:50:51 | 289  | 01:21:24 | 286  | 00:05:44  | 00:01:29  | <b>03:45:55</b> |     | 47 |
| 289  | 642 | NOWAK STANISŁAW        | 1956 | RUDA ŚLASKA  | LAST BUT NOT LEAST              | M    | M60-69 | 10  | 00:30:03 | 00:22:20 | 226  | 01:44:04 | 282  | 01:27:21 | 290  | 00:09:59  | 00:03:11  | <b>03:46:55</b> | 241 |    |
| 290  | 645 | SKRZYPEK REMIGIUSZ     | 1953 | PRZECHELEWO  |                                 | M    | M60-69 | 11  | 00:30:03 | 00:31:11 | 287  | 01:37:00 | 270  | 01:27:12 | 289  | 00:10:27  | 00:02:06  | <b>03:47:56</b> | 242 |    |
| 291  | 638 | WITKOWSKI JAROSŁAW     | 1958 | GDAŃSK       | RMDC                            | M    | M50-59 | 30  | 00:30:03 | 00:32:39 | 290  | 01:48:42 | 287  | 01:23:57 | 287  | 00:07:01  | 00:01:20  | <b>03:53:39</b> | 243 |    |
| 292  | 588 | RABENDA-ŁĄCKA KAROLINA | 1969 | ZIELONA GÓRA |                                 | K    | K40-49 | 10  | 00:20:05 | 00:20:08 | 172  | 02:06:32 | 292  | 01:15:23 | 283  | 00:10:22  | 00:01:50  | <b>03:54:15</b> |     | 48 |
| 293  | 640 | BRAZEWICZ WŁODZIMIERZ  | 1957 | PUCK         | MAJSPTS                         | M    | M50-59 | 31  | 00:30:03 | 00:25:41 | 273  | 01:50:54 | 290  | 01:30:59 | 292  | 00:09:49  | 00:01:16  | <b>03:58:39</b> | 244 |    |