

V Triathlon Kraśnik

Organizator: Strefa Triathlonu / Miasto Kraśnik

Data: 26.08.2018 r.

Dystans: MP Age Group Olimpijski (1,5 / 40 / 10)

Miejscowość: Kraśnik



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
1	205	LIS ŁUKASZ	LUBLIN	TRICLUB	POL	1986	M30	1	00:20:59 (1)	00:01:27	00:59:23 (1)	00:01:02	00:37:23 (2)	02:00:14	1		
2	309	PRZYMUSIŃSKI FILIP	POZNAŃ	UAM TRIATHLON POZNAŃ	POL	1983	M35	1	00:21:50 (4)	00:01:26	01:02:43 (11)	00:01:11	00:38:26 (9)	02:05:36	2		
3	231	PIKORSKI DOMINIK	ZABRZE	TRIDIVISION TRIATHLON TEAM	POL	1993	M25	1	00:24:04 (9)	00:01:32	01:01:21 (2)	00:01:15	00:38:09 (7)	02:06:21	3		
4	162	JASIŃSKI JAKUB	KRAKÓW	GO RIDE RACING TEAM	POL	1987	M30	2	00:21:06 (2)	00:01:30	01:01:52 (3)	00:01:30	00:40:47 (24)	02:06:45	4		
5	111	BRZYSKI MACIEJ	KRAKÓW	BRZYSKITRITTEAM	POL	1985	M30	3	00:24:06 (10)	00:01:39	01:02:12 (7)	00:00:57	00:38:20 (8)	02:07:14	5		
6	246	SANIAWA PIOTR	LUBLIN	TRIAMIGOS/ TRIATHLON KRAŚNIK	POL	1983	M35	2						02:07:20	6		
7	216	MAZUREK MARCIN	LUBLIN	TRIATHLON LUBLIN TEAM	POL	1980	M35	3	00:23:00 (6)	00:01:43	01:01:54 (4)	00:01:24	00:39:28 (12)	02:07:29	7		
8	270	TRACZYK PAWEŁ	SUSZ	TRI TEAM RUMIA	POL	1979	M35	4	00:21:48 (3)	00:01:49	01:02:19 (9)	00:01:21	00:40:16 (22)	02:07:33	8		
9	192	KUBIŃSKI JAKUB	BYDGOSZCZ	BYDGOSZCZ TRIATHLON TEAM	POL	1987	M30	4	00:24:03 (8)	00:01:45	01:02:01 (5)	00:01:03	00:39:52 (19)	02:08:44	9		
10	310	NAWRACAJ MICHAŁ	JAWOR		POL	1986	M30	5	00:26:10 (29)	00:01:31	01:03:35 (15)	00:01:00	00:36:51 (1)	02:09:07	10		
11	226	OWCZAREK KRZYSZTOF	CZĘSTOCHOWA		POL	1992	M25	2	00:23:53 (7)	00:01:43	01:02:19 (9)	00:01:24	00:40:04 (20)	02:09:23	11		
12	153	JACKOWIAK PIOTR	BRZEG	SZLUKA RUCHU	POL	1986	M30	6	00:24:40 (16)	00:01:52	01:02:48 (12)	00:01:27	00:38:44 (10)	02:09:31	12		
13	124	CHYLEK WOJCIECH	KRAKÓW	ŁUCZANOWICE KRAKÓW	POL	1982	M35	5	00:25:37 (23)	00:02:08	01:02:19 (8)	00:01:35	00:38:59 (11)	02:10:38	13		
14	248	SAWICKI PATRYK	GDYNIA	COMPLEXSPORTS TRIATHLON TEAM	POL	1989	M25	3	00:24:34 (15)	00:01:49	01:03:39 (17)	00:01:34	00:39:41 (17)	02:11:17	14		
15	301	DĄBROWSKI DARIUSZ		LUFT TRI TEAM	POL	1974	M40	1	00:26:34 (35)	00:01:48	01:03:18 (13)	00:01:47	00:37:59 (5)	02:11:26	15		
16	285	WOJTYNA ŁUKASZ	WARSZAWA	12TRI.PL	POL	1987	M30	7	00:25:14 (19)	00:01:42	01:03:37 (16)	00:01:18	00:39:40 (15)	02:11:31	16		
17	188	KRAWCZYK MACIEJ	BILGORAJ		POL	1980	M35	6	00:25:49 (25)	00:02:13	01:04:45 (23)	00:02:09	00:37:23 (2)	02:12:19	17		
18	134	DOBRAŃSKI BARTOSZ	RADOM	DEMOPROJEKT TRI TEAM	POL	1973	M45	1	00:25:53 (26)	00:01:35	01:02:09 (6)	00:02:09	00:41:48 (30)	02:13:34	18		
19	219	MIELOCH ARTUR	CHODZIEŻ	MIEL-POL TEAM & KAWAKAMP	POL	1983	M35	7	00:24:15 (13)	00:01:37	01:05:26 (27)	00:01:00	00:41:28 (29)	02:13:46	19		
20	275	WANIEWSKI MARCIN	MALBORK	WANIEWSKI COACHING	POL	1976	M40	2	00:26:35 (36)	00:01:41	01:04:28 (20)	00:01:37	00:39:36 (14)	02:13:57	20		
21	164	JĘDRZYKA PIOTR	GDYNIA	TOPACTIVE	POL	1993	M25	4	00:24:09 (12)	00:01:35	01:06:24 (37)	00:01:24	00:40:49 (25)	02:14:21	21		
22	237	POKRYWIŃSKI MARCIN	KONSTANCJA JEZIORNA	DAREZTRI	POL	1981	M35	8	00:26:53 (37)	00:01:54	01:03:59 (19)	00:01:23	00:41:03 (27)	02:15:12	22		
23	135	DOWBOR MACIEJ	WARSZAWA	TRINERGY	POL	1978	M40	3	00:25:18 (21)	00:01:50	01:03:43 (18)	00:01:13	00:43:15 (44)	02:15:19	23		
24	137	DZIOREK TOMASZ	GÓRZYCE	SPRINT GÓRZYCE	POL	1985	M30	8	00:27:02 (39)	00:01:47	01:06:10 (34)	00:01:31	00:39:31 (13)	02:16:01	24		
25	139	FIJAŁKOWSKI MATEUSZ	ŁÓDŹ	KS CELIRONMAN	POL	1990	M25	5	00:25:32 (22)	00:01:43	01:05:42 (31)	00:01:11	00:42:16 (33)	02:16:24	25		
26	146	GROBELNY PAWEŁ	POZNAŃ	UKS CITYZEN / BE3	POL	1995	M20	1	00:24:33 (14)	00:01:43	01:03:18 (13)	00:01:39	00:45:23 (66)	02:16:36	26		
27	156	JANIAK PAWEŁ	WARSZAWA	TRIATHLON SIEDLCE CLUB	POL	1980	M35	9	00:27:51 (43)	00:01:38	01:05:01 (24)	00:01:40	00:40:54 (26)	02:17:04	27		
28	150	HORODECKI KRZYSZTOF	RZESZÓW	TRENIGO / GB SPORT	POL	1979	M35	10	00:27:15 (40)	00:01:47	01:05:23 (26)	00:01:36	00:41:16 (28)	02:17:17	28		
29	303	STANISZEWSKI KRZYSZTOF			POL	1986	M30	9	00:25:59 (27)	00:01:41	01:06:16 (36)	00:01:25	00:43:03 (42)	02:18:24	29		
30	240	POMORSKI RAFAŁ	WARSZAWA	TRI FAMILY	POL	1983	M35	11	00:28:43 (48)	00:01:50	01:06:47 (40)	00:01:31	00:39:42 (18)	02:18:33	30		
31	286	WOSTAL ALEKSANDER	SZPOTAWA	GVT	POL	1992	M25	6	00:28:53 (49)	00:01:40	01:09:13 (56)	00:01:08	00:38:05 (6)	02:18:59	31		
32	287	WOWTONIUK MARIUSZ	BIELSK PODLASKI	TIM MAŁEGO	POL	1978	M40	4	00:27:58 (44)	00:01:48	01:08:24 (52)	00:01:18	00:39:40 (15)	02:19:08	32		
33	154	JADACH MICHAŁ	CHODEL	MEXICANA	POL	1991	M25	7	00:30:39 (70)	00:01:57	01:07:41 (45)	00:01:42	00:37:26 (4)	02:19:25	33		
34	166	JĘDRZEJCZAK MARCIN	SUCHY ŁĄS	VELOCITY/ K.S TĘCZA	POL	1991	M25	8	00:30:55 (74)	00:01:38	01:05:35 (29)	00:01:17	00:40:29 (23)	02:19:54	34		
35	106	BŁASZCZYK MARCIN	KRAKÓW	TRIATHLON YMCA KRAKÓW	POL	1979	M35	12	00:27:28 (41)	00:01:37	01:05:27 (28)	00:01:34	00:44:43 (60)	02:20:49	35		
36	161	JARON TOMASZ	WIDNA GÓRA	AKADEMIA TRIATHLONU JAROSŁAW	POL	1971	M45	2	00:25:12 (18)	00:01:58	01:08:34 (54)	00:01:39	00:43:48 (51)	02:21:11	36		
37	207	LITWINIUK KRZYSZTOF	OLSZTYN	UKS SUSZ/KRISCOACHING.PL	POL	1980	M35	13	00:28:35 (47)	00:01:37	01:06:00 (32)	00:01:31	00:43:43 (50)	02:21:26	37		
38	149	HANKIEWICZ ARTUR	POZNAŃ	UKS CITYZEN /BE3	POL	1979	M35	14	00:29:47 (56)	00:02:04	01:05:36 (30)	00:01:52	00:42:32 (36)	02:21:51	38		
39	190	KRZEMIŃSKI MARCIN	GÓRZYCE	SPRINT GÓRZYCE / SPRINT.EGORZYCE.PL	POL	1978	M40	5	00:26:58 (38)	00:02:01	01:09:31 (60)	00:03:12	00:40:13 (21)	02:21:55	39		
40	176	KORNES JANUSZ	SOSNOWIEC	TRIATHLON DĄBROWA GÓRNICZA	POL	1970	M45	3	00:25:40 (24)	00:02:00	01:08:05 (49)	00:01:21	00:45:13 (65)	02:22:19	40		
41	259	SOSNOWSKI JAROSŁAW	PŁOCK	PTT DELTA	POL	1980	M35	15	00:24:44 (17)	00:02:04	01:07:54 (47)	00:01:31	00:46:09 (73)	02:22:22	41		
42	178	KORULCZYK RAFAŁ	BAŁĘTÓW	TRI RODZINY/BIEGAJACA BIO MAMA	POL	1981	M35	16	00:30:10 (63)	00:02:33	01:04:45 (22)	00:01:20	00:43:38 (48)	02:22:26	42		
43	196	KUNDZIK DAWID	KATOWICE		POL	1988	M30	10	00:22:52 (5)	00:02:36	01:09:21 (58)	00:03:43	00:44:13 (55)	02:22:45	43		
44	311	WAGEMANN ŁUKASZ	WROCLAW		POL	1979	M35	17	00:26:16 (30)	00:01:52	01:07:49 (46)	00:01:30	00:45:47 (69)	02:23:14	44		
45	217	MAZURKIEWICZ MAREK	KRAKÓW		POL	1966	M50	1	00:25:17 (20)	00:01:45	01:11:17 (71)	00:02:24	00:42:45 (39)	02:23:28	45		
46	101	ANTONIUK ARTUR	KRAŚNIK	BARAN CYCLING TEAM	POL	1980	M35	18	00:31:03 (77)	00:02:26	01:06:28 (38)	00:01:14	00:42:23 (35)	02:23:34	46		
47	313	GEBHARDT JAKUB	GDYNIA	KLUB SMARUJ NA TRENING TEAM	POL	1979	M35	19	00:29:28 (52)	00:01:44	01:06:10 (34)	00:01:29	00:44:55 (62)	02:23:46	47		
48	302	SĄDEL GRZEGORZ		ZKS TRIATHLON DRZONKÓW	POL	1971	M45	4	00:26:01 (28)	00:02:39	01:07:06 (42)	00:02:41	00:46:01 (72)	02:24:28	48		
49	181	KOWALCZYK TOMASZ	WARSZAWA	TRICLUB	POL	1972	M45	5	00:30:02 (61)	00:01:53	01:07:17 (43)	00:01:59	00:43:19 (45)	02:24:30	49		
50	107	BŁASZCZYK PRZEMYSŁAW	WARSZAWA	PLAY/MYTRI	POL	1984	M30	11	00:30:53 (72)	00:02:05	01:07:00 (41)	00:01:42	00:42:54 (41)	02:24:34	50		
51	168	KĄCKA MAŁGORZATA	ZAKOPANE	YMCA KRAKÓW	POL	1990	K25	1	00:28:06 (45)	00:02:46	01:09:46 (61)	00:02:13	00:41:59 (32)	02:24:50		1	
52	147	GRZYWA KAROL	KRAŚNIK		POL	1997	M20	2	00:26:26 (33)	00:02:40	01:10:14 (65)	00:01:00	00:44:41 (59)	02:25:01	51		
53	180	KOSIOR MICHAŁ	ŁÓDŹ	KS CELIRONMAN S.A. / HTF LUDWIK SIKORSKI	POL	1992	M25	9	00:29:59 (59)	00:01:49	01:08:14 (50)	00:00:55	00:44:20 (58)	02:25:17	52		
54	267	ŚLIWKA PIOTR	KRAŚNIK	SPORTEVO	POL	1980	M35	20	00:33:13 (96)	00:01:51	01:06:46 (39)	00:01:12	00:42:36 (37)	02:25:38	53		
55	104	BAK MAREK	TARNOWSKIE GÓRY	TRIDIVISION TRIATHLON TEAM	POL	1973	M45	6	00:30:17 (67)	00:01:50	01:05:20 (25)	00:02:04	00:46:12 (76)	02:25:43	54		

V Triathlon Kraśnik

Organizator: Strefa Triathlonu / Miasto Kraśnik

Data: 26.08.2018 r.

Dystans: MP Age Group Olimpijski (1,5 / 40 / 10)

Miejscowość: Kraśnik



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
56	130	DEC KRYSZTIAN	SOKOŁÓW MAŁOPOLSKI	TRI SOKOŁÓW	POL	1994	M20	3	00:30:54 (73)	00:02:02	01:04:29 (21)	00:01:29	00:47:16 (87)	02:26:10	55		
57	296	GLAPIŃSKI MAKS	WARSZAWA		POL	2000	MJ	1	00:26:20 (31)	00:02:00	01:12:02 (79)	00:02:07	00:44:15 (56)	02:26:44	56		
58	172	KLUŻNIAK WOJCIECH	KIELCE		POL	1980	M35	21	00:27:47 (42)	00:02:37	01:11:44 (75)	00:01:54	00:42:53 (40)	02:26:55	57		
59	308	CZEPUKOJC TADEUSZ			POL	1965	M50	2	00:26:25 (32)	00:02:46	01:09:06 (55)	00:02:31	00:46:11 (75)	02:26:59	58		
60	208	LULIŃSKA KAMILA	SUSZ	UKS TRS SUSZ	POL	1995	K20	1	00:30:18 (68)	00:01:31	01:11:45 (76)	00:01:30	00:41:58 (31)	02:27:02		2	
61	200	KWIECIŃSKI SEBASTIAN	MŁAWA	SZYMANOWSKI TRIATHLON TEAM	POL	1977	M40	6	00:30:27 (69)	00:01:56	01:12:09 (80)	00:01:35	00:42:20 (34)	02:28:27	59		
62	294	ZYCH ZBIGNIEW	LUBLIN	TRIATHLON LUBLIN TEAM	POL	1972	M45	7	00:29:55 (58)	00:02:01	01:11:19 (72)	00:01:57	00:43:30 (47)	02:28:42	60		
63	260	SULIK KONRAD	OSTROWIEC ŚWIĘTOKRZYSKI	TRI RODZINY/SPORT MEDICAL TEAM	POL	1978	M40	7	00:29:59 (59)	00:02:17	01:10:42 (68)	00:02:17	00:44:05 (53)	02:29:20	61		
64	159	JANUSZEWSKI PIOTR	KRAKÓW	EUROCLEAR RUNNING TEAM	POL	1990	M25	10	00:31:00 (75)	00:01:31	01:09:46 (61)	00:00:53	00:46:18 (79)	02:29:28	62		
65	158	JANUSZ IZABELA	ŚRODA ŚLĄSKA	TRIATHLON CLUB WROCLAW	POL	1994	K20	2	00:30:10 (63)	00:01:47	01:10:02 (63)	00:01:20	00:46:45 (85)	02:30:04		3	
66	197	KURKIEWICZ ANDRZEJ	FRANCISZKÓW		POL	1972	M45	8	00:28:08 (46)	00:01:51	01:10:43 (69)	00:01:29	00:47:56 (92)	02:30:07	63		
67	243	RAJTA KRZYSZTOF	LISZKI		POL	1976	M40	8	00:31:15 (82)	00:02:33	01:07:54 (48)	00:02:49	00:45:48 (70)	02:30:19	64		
68	211	MACH TOMASZ	LUBLIN	LUBELSKA GRUPA TRIATHLONU	POL	1976	M40	9	00:29:22 (51)	00:01:42	01:09:25 (59)	00:01:45	00:48:07 (95)	02:30:21	65		
69	177	KORULCZYK OLA	BAŁTÓW	BIEGAIĄCA BIO MAMA	POL	1988	K30	1	00:26:26 (33)	00:02:00	01:12:19 (83)	00:01:46	00:49:26 (108)	02:31:57		4	
70	117	CENKAŁA CZESZY	WŁODAWA	KCKL WŁODAWA	POL	1967	M50	3	00:31:19 (84)	00:02:32	01:11:48 (77)	00:02:11	00:44:07 (54)	02:31:57	66		
71	312	MELCHIOR MARCIN	RODZYN PODLASKI		POL	1975	M40	10	00:31:23 (86)	00:02:45	01:12:00 (78)	00:00:59	00:45:31 (67)	02:32:38	67		
72	256	SKUPIEŃ KONRAD	ŁÓDŹ	KONRADSKUPIEN.PL	POL	1972	M45	9	00:35:22 (115)	00:02:33	01:09:17 (57)	00:02:04	00:43:24 (46)	02:32:40	68		
73	290	ZAJĄC ŁUKASZ	STAŁOWA WOLA	STAŁOWOWOLSKI KLUB BIEGACZA	POL	1980	M35	22	00:30:11 (65)	00:02:29	01:12:36 (88)	00:02:05	00:46:09 (73)	02:33:30	69		
74	300	SZCZERBĄTKO KONRAD			POL	1976	M40	11	00:33:23 (97)	00:02:23	01:06:03 (33)	00:02:26	00:49:41 (110)	02:33:56	70		
75	292	ZAWADZAK ZBIGNIEW	WARSZAWA	LUFT TRI TEAM	POL	1962	M55	1	00:35:25 (116)	00:02:01	01:08:26 (53)	00:01:55	00:46:15 (77)	02:34:02	71		
76	129	DANIELAK ŁUKASZ	WARSZAWA	KK CYKLON WARSZAWA	POL	1989	M25	11	00:34:58 (109)	00:01:58	01:10:07 (64)	00:01:04	00:46:19 (80)	02:34:26	72		
77	132	ZYGO KAROLINA			POL	1996	K20	3	00:24:08 (11)	00:02:11	01:16:43 (113)	00:01:30	00:50:32 (121)	02:35:04		5	
78	307	DRAPELLA DARIUSZ			POL	1957	M60	1	00:31:13 (81)	00:01:48	01:10:31 (66)	00:01:30	00:50:16 (118)	02:35:18	73		
79	238	POLKOWSKI STANISŁAW	MUROWANA GOŚLINA		POL	1963	M55	2	00:33:03 (94)	00:01:43	01:12:10 (81)	00:01:58	00:46:30 (82)	02:35:24	74		
80	171	KLEPACI TOMASZ	WARSZAWA	KS TRIATHLON RAWA	POL	1956	M60	2	00:30:11 (65)	00:02:17	01:12:33 (87)	00:01:55	00:48:35 (101)	02:35:31	75		
81	210	ŁUKASZCZYK MARCIN	BIŁGORAJ	KLUB ZDROWEGO STYLU ŻYCIA - BIŁGORAJ	POL	1979	M35	23	00:29:32 (53)	00:03:15	01:11:42 (74)	00:03:17	00:48:00 (93)	02:35:46	76		
82	195	KULANICA JAROSŁAW	BIŁGORAJ	PROGRESS TRIATHLON TEAM	POL	1978	M40	12	00:31:21 (85)	00:02:56	01:14:04 (93)	00:01:42	00:45:45 (68)	02:35:48	77		
83	253	SKIBA STANISŁAW	KONIECPOL		POL	1958	M60	3	00:31:00 (75)	00:03:09	01:12:22 (85)	00:02:07	00:47:49 (90)	02:36:27	78		
84	187	KRASOWSKI ŁUKASZ	RZESZÓW	PROSWIM	POL	1986	M30	12	00:30:40 (71)	00:02:14	01:13:40 (92)	00:01:24	00:48:33 (100)	02:36:31	79		
85	202	LEWANDOWSKI ANDRZEJ	KÓRNIK	UAM TRIATHLON POZNAŃ	POL	1959	M55	3	00:30:07 (62)	00:02:31	01:12:31 (86)	00:01:45	00:49:46 (112)	02:36:40	80		
86	281	WITKOWSKI ŁUKASZ	WARSZAWA	TEAM KARAS	POL	1980	M35	24	00:34:44 (104)	00:02:56	01:08:16 (51)	00:06:02	00:45:05 (63)	02:37:03	81		
87	232	PIOTROWICZ KRZYSZTOF	LUBLIN		POL	1968	M50	4	00:32:08 (89)	00:01:52	01:12:40 (89)	00:02:04	00:48:32 (99)	02:37:16	82		
88	145	GRABOWSKI GRZEGORZ	KRAŚNIK	KRAŚNIK TRIATHLON TEAM	POL	1982	M35	25	00:31:10 (79)	00:03:00	01:14:35 (98)	00:02:21	00:47:23 (88)	02:38:29	83		
89	279	WEGIERA ANDRZEJ	ABRAMOWICE PRYWATNE	TRIATHLON LUBLIN TEAM	POL	1974	M40	13	00:35:30 (118)	00:02:24	01:11:14 (70)	00:01:47	00:47:54 (91)	02:38:49	84		
90	230	PIETRZAK ROMEK	RAKOWNIA	CENTRUM ROWEROWE DSR TEAM	POL	1963	M55	4	00:34:20 (99)	00:03:02	01:15:30 (104)	00:02:33	00:44:16 (57)	02:39:41	85		
91	141	GALIŃSKI MACIEJ	LUBLIN		POL	1974	M40	14	00:32:29 (90)	00:02:57	01:16:20 (110)	00:02:18	00:46:39 (83)	02:40:43	86		
92	201	LESNIAK GRZEGORZ	WŁODAWA	KCKL WŁODAWA	POL	1975	M40	15	00:36:47 (135)	00:02:33	01:12:18 (82)	00:03:10	00:46:41 (84)	02:41:29	87		
93	221	MIŚKIEWICZ MAREK	LUBLIN	TRIAMIGOS/ TRIATHLON KRAŚNIK	POL	1965	M50	5	00:36:44 (134)	00:02:48	01:14:11 (95)	00:02:02	00:46:16 (78)	02:42:01	88		
94	203	LIGENZA ZBIGNIEW	PRUSZCZ GDAŃSKI	DREAM TRI TEAM	POL	1978	M40	16	00:38:04 (147)	00:02:38	01:10:39 (67)	00:02:32	00:48:27 (97)	02:42:20	89		
95	215	MALANOWSKI JAROSŁAW	PŁOCK	PTT DELTA	POL	1959	M55	5	00:36:42 (133)	00:02:30	01:14:26 (97)	00:01:51	00:46:51 (86)	02:42:20	90		
96	306	WÓTOWICZ PAWEŁ	JANÓW LUBELSKI		POL	1977	M40	17	00:34:27 (100)	00:04:15	01:16:47 (114)	00:03:10	00:43:55 (52)	02:42:34	91		
97	273	WALCZUK ANDRZEJ	CHELM	CHELMSKA GRUPA TRIATHLONU	POL	1975	M40	18	00:31:11 (80)	00:02:41	01:17:01 (115)	00:02:11	00:49:38 (109)	02:42:42	92		
98	174	KMIECIK PAWEŁ	JAROSŁAW	AKADEMIA TRIATHLONU JAROSŁAW	POL	1988	M30	13	00:35:53 (122)	00:02:30	01:18:25 (125)	00:01:32	00:44:50 (61)	02:43:10	93		
99	186	KRAMER RAFAL	RADOM	BIEGIEMRADOM	POL	1967	M50	6	00:35:31 (119)	00:02:40	01:14:43 (99)	00:01:53	00:48:36 (102)	02:43:23	94		
100	291	ZATOŃSKI ZBIGNIEW	LUBLIN	LUBELSKIE STOWARZYSZENIE BIEGOWE	POL	1977	M40	19	00:31:49 (87)	00:02:33	01:21:28 (141)	00:02:27	00:45:11 (64)	02:43:28	95		
101	214	MAKOWSKI MARIUSZ	CIECIERZYN		POL	1970	M45	10	00:29:40 (55)	00:02:14	01:15:05 (102)	00:02:14	00:54:21 (139)	02:43:34	96		
102	185	KRAKOWIAK ARTUR	GDAŃSK	TRIATHLON TRÓJMIASTO	POL	1987	M30	14	00:31:05 (78)	00:02:42	01:17:12 (116)	00:02:25	00:50:31 (120)	02:43:55	97		
103	175	KOCHAŃSKI ŁUKASZ	PRZEMYŚL	MYTRICHALLENGE	POL	1984	M30	15	00:36:31 (128)	00:03:12	01:14:59 (101)	00:01:52	00:47:23 (88)	02:43:57	98		
104	189	KRYZA RAFAL	SZEROKIE/LUBLIN	TRIZARZA	POL	1973	M45	11	00:36:50 (139)	00:03:04	01:11:21 (73)	00:02:47	00:50:00 (115)	02:44:02	99		
105	241	PRACZ LESZEK	LUBLIN		POL	1980	M35	26	00:29:48 (57)	00:03:10	01:14:04 (93)	00:02:05	00:55:00 (143)	02:44:07	100		
106	148	HANCZEWSKA MARTA	SZCZECIN	SWIM2TRI HASAJ TO!	POL	1984	K30	2	00:28:58 (50)	00:02:46	01:21:51 (142)	00:01:45	00:48:56 (104)	02:44:16		6	
107	254	SKOCZ TOMASZ	BOCHOTNICA		POL	1986	M30	16	00:35:00 (111)	00:02:50	01:17:48 (119)	00:02:20	00:46:19 (80)	02:44:17	101		
108	261	SZALAST PAWEŁ	LUDWIN	ZWIĄZKI ZAWODOWE GÓRNIKÓW	POL	1989	M25	12	00:36:47 (135)	00:04:29	01:18:34 (126)	00:01:30	00:43:42 (49)	02:45:02	102		
109	239	POMORSKA JOANNA	WARSZAWA	TRIFAMILY	POL	1981	K35	1	00:32:52 (93)	00:02:21	01:23:20 (145)	00:03:45	00:43:15 (43)	02:45:33		7	
110	133	DOBROWOLSKI BARTOMIEJ	KRAŚNIK	LUDZKA STONOGA / STREFATRIATHLONU KRAŚNIK	POL	1982	M35	27	00:33:05 (95)	00:02:25	01:15:36 (105)	00:01:31	00:53:28 (134)	02:46:05	103		

V Triathlon Kraśnik

Organizator: Strefa Triathlonu / Miasto Kraśnik

Data: 26.08.2018 r.

Dystans: MP Age Group Olimpijski (1,5 / 40 / 10)

Miejscowość: Kraśnik



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
111	262	SZCZEPANIK ANDRZEJ	KAZIMIERZA WIELKA	ROLMET	POL	1952	M65	1	00:37:03 (142)	00:03:24	01:12:19 (83)	00:01:37	00:51:56 (128)	02:46:19			104
112	179	KOS PIOTR	MICHÓW	TEAMKARAŚ	POL	1983	M35	28	00:36:53 (140)	00:02:59	01:12:59 (90)	00:02:43	00:51:13 (124)	02:46:47			105
113	126	CUSZLAG JAKUB	WARSZAWA	LK KLOSTERS	POL	1966	M50	7	00:35:21 (114)	00:03:14	01:16:09 (109)	00:02:24	00:49:42 (111)	02:46:50			106
114	138	DZIWULSKI GRZEGORZ	KRAKOW		POL	1982	M35	29	00:37:42 (144)	00:03:23	01:16:00 (108)	00:01:11	00:48:49 (103)	02:47:05			107
115	109	BOŻEK GRZEGORZ	LEŻAJSK	TEAM SATEL	POL	1972	M45	12	00:47:17 (172)	00:03:25	01:07:29 (44)	00:03:39	00:45:53 (71)	02:47:43			108
116	245	SANECKI ROBERT	GÓRZYCE	SPRINT GÓRZYCE	POL	1977	M40	20	00:36:48 (138)	00:03:13	01:15:43 (106)	00:02:24	00:49:47 (113)	02:47:55			109
117	224	NIKEL NATALIA	SUSZ	UKS TRS SUSZ	POL	1997	K20	4	00:29:39 (54)	00:02:01	01:18:58 (128)	00:01:27	00:56:17 (149)	02:48:22			8
118	212	MACUBA EDYTA	WARSZAWA	KUŹNIA TRIATHLONU	POL	1990	K25	2	00:35:53 (122)	00:02:15	01:19:33 (129)	00:01:48	00:49:03 (107)	02:48:32			9
119	236	POGODA MARCIN	LUBLIN		POL	1973	M45	13	00:31:15 (82)	00:03:39	01:21:12 (140)	00:02:42	00:51:23 (125)	02:50:11			110
120	114	BUJKO TOMASZ	WIELGOLAS		POL	1984	M30	17	00:32:51 (92)	00:02:36	01:19:50 (133)	00:02:26	00:53:00 (132)	02:50:43			111
121	125	CURYŁO WACŁAW	WARKA		POL	1964	M50	8	00:36:36 (129)	00:02:28	01:16:32 (112)	00:02:55	00:52:25 (130)	02:50:56			112
122	165	JĘDRZEJCZAK MACIEJ	WARSZAWA	NEON TEAM	POL	1953	M65	2	00:34:46 (105)	00:02:21	01:16:27 (111)	00:01:55	00:55:53 (147)	02:51:22			113
123	198	KUTNIK MIROSLAW	BIALA PODLASKA	KB BIALA BIEGA	POL	1975	M40	21	00:43:53 (167)	00:02:49	01:14:13 (96)	00:02:26	00:48:22 (96)	02:51:43			114
124	194	KUCZBAJSKI ARTUR	WARSZAWA		POL	1967	M50	9	00:31:55 (88)	00:03:17	01:18:18 (124)	00:02:03	00:56:17 (149)	02:51:50			115
125	169	KĘPOWICZ KAMIL	NIEDRZEWICA DUŻA	KAMIL	POL	1987	M30	18	00:36:29 (127)	00:03:30	01:20:13 (137)	00:03:25	00:48:56 (104)	02:52:33			116
126	140	FUS WOJCIECH	RZESZÓW		POL	1974	M40	22	00:41:23 (154)	00:04:27	01:13:39 (91)	00:04:30	00:48:57 (106)	02:52:56			117
127	105	BEDYK IRENEUSZ	CEKANOWO	PTT DELTA	POL	1957	M60	4	00:38:40 (149)	00:06:16	01:15:22 (103)	00:02:38	00:50:15 (117)	02:53:11			118
128	263	SZMELTER ANDRZEJ	ŻARY	MYSZOMAN	POL	1973	M45	14	00:34:32 (103)	00:04:02	01:20:08 (136)	00:02:48	00:52:06 (129)	02:53:36			119
129	220	MROSZ ARTUR	RADOM	NORTRADE	POL	1973	M45	15	00:37:08 (143)	00:03:53	01:20:00 (134)	00:01:42	00:51:04 (122)	02:53:47			120
130	120	CHMIEL WALDEMAR	DZIERŻAZNA	PTT DELTA	POL	1961	M55	6	00:35:05 (112)	00:03:51	01:17:45 (118)	00:02:58	00:54:18 (137)	02:53:57			121
131	206	LITWIN BARTOSZ	CHELM	CHEMСКА GRUPA TRIATHLONU	POL	1988	M30	19	00:36:40 (132)	00:02:29	01:23:07 (144)	00:02:16	00:50:13 (116)	02:54:45			122
132	229	PIĄTKOWSKI DARIUSZ	NOWINY	CHEMСКА GRUPA TRIATHLONU	POL	1962	M55	7	00:43:44 (166)	00:03:42	01:14:50 (100)	00:02:32	00:49:57 (114)	02:54:45			123
133	265	SZWED TOMASZ	PRZEWORSK	NONAME	POL	1974	M40	23	00:36:38 (131)	00:02:44	01:21:02 (139)	00:03:29	00:51:12 (123)	02:55:05			124
134	102	BALAJEWICZ MAREK	WARSZAWA	MSTRITEAM	POL	1969	M45	16	00:40:07 (151)	00:03:07	01:15:58 (107)	00:01:38	00:54:19 (138)	02:55:09			125
135	233	POCIEJ BOHDAN	ŁÓDŹ		POL	1958	M60	5	00:34:49 (106)	00:04:30	01:17:50 (120)	00:02:29	00:55:35 (146)	02:55:13			126
136	276	WASILEWSKA JOANNA	WARSZAWA	WITZ	POL	1972	K45	1	00:41:43 (156)	00:03:07	01:17:56 (122)	00:02:30	00:50:30 (119)	02:55:46			10
137	277	WAŚKOWICZ WALDEMAR	LUBLIN		POL	1969	M45	17	00:34:30 (102)	00:02:38	01:17:55 (121)	00:02:46	00:58:09 (158)	02:55:58			127
138	127	CZEKIRDA PAWEŁ	LEŻAJSK	PAWCIUS TEAM	POL	1977	M40	24	00:34:52 (108)	00:04:01	01:23:45 (148)	00:05:32	00:48:05 (94)	02:56:15			128
139	167	JUZA SZYMON	KRAKÓW		POL	1986	M30	20	00:39:20 (150)	00:04:19	01:19:39 (131)	00:01:27	00:51:46 (126)	02:56:31			129
140	304	CHAJZER JULIA			POL	1984	K30	3	00:36:15 (124)	00:02:21	01:18:50 (127)	00:01:22	00:57:47 (154)	02:56:35			11
141	298	KARPIK KONRAD	BILGORAJ	KLUB ZDROWEGO STYLU ŻYCIA BILGORAJ	POL	1999	MJ	2	00:34:51 (107)	00:03:48	01:17:43 (117)	00:02:31	00:57:49 (155)	02:56:42			130
142	282	WŁOSZCZYNA KONRAD	MIELEC		POL	1977	M40	25	00:34:29 (101)	00:02:16	01:22:40 (143)	00:03:29	00:54:04 (136)	02:56:58			131
143	269	TOFILSKA MONIKA	KRAKÓW		POL	1970	K45	2	00:35:31 (119)	00:02:22	01:24:18 (153)	00:01:41	00:53:24 (133)	02:57:16			12
144	225	ORZECZOWSKI TOMASZ	ŁAŃCUT	#OJCIECNADOPINGU	POL	1982	M35	30	00:36:18 (125)	00:02:06	01:19:37 (130)	00:02:33	00:58:11 (159)	02:58:45			132
145	251	SIEROŃ JACEK	SANDOMIERZ	TSA SANDOMIERZ	POL	1965	M50	10	00:35:26 (117)	00:03:32	01:24:22 (154)	00:02:20	00:54:26 (141)	03:00:06			133
146	271	TYBURSKI JACEK	MINSK MAZOWIECKI		POL	1973	M45	18	00:41:27 (155)	00:03:11	01:24:02 (151)	00:02:56	00:48:31 (98)	03:00:07			134
147	170	KISIEL ANITA	CZĘSTOCHOWA	AKTYWNA EKIPA CALYPSO	POL	1974	K40	1	00:37:45 (145)	00:04:24	01:23:44 (147)	00:02:07	00:52:36 (131)	03:00:36			13
148	280	WĘPA WIESŁAW	CHELM	CHEMСКА GRUPA TRIATHLONU	POL	1956	M60	6	00:36:37 (130)	00:03:54	01:19:40 (132)	00:02:28	00:58:06 (157)	03:00:45			135
149	142	GAWŁAS MATEUSZ	WARSZAWA		POL	1981	M35	31	00:34:59 (110)	00:03:51	01:25:10 (155)	00:02:21	00:54:52 (142)	03:01:13			136
150	264	SZRAM IWONA	BORÓWIEC	OAZA KÓRNIK	POL	1961	K55	1	00:35:14 (113)	00:03:41	01:25:16 (156)	00:01:57	00:56:17 (149)	03:02:25			14
151	228	PALKIJ LUKASZ	RZESZÓW	ŁOMOT	POL	1981	M35	32	00:34:17 (98)	00:04:04	01:25:35 (158)	00:04:26	00:55:07 (144)	03:03:29			137
152	288	WOŹNIAK WOJCIECH	ŁÓDŹ	PTT DELTA	POL	1966	M50	11	00:32:47 (91)	00:03:08	01:18:10 (123)	00:03:00	01:06:35 (168)	03:03:40			138
153	136	DUCHNOWSKI DARIUSZ	BIALA PODLASKA	D-TEAM BIALA PODLASKA	POL	1971	M45	19	00:40:38 (153)	00:03:19	01:25:27 (157)	00:02:40	00:51:49 (127)	03:03:53			139
154	222	MOSIŃSKI KAMIL	NOWY DWÓR MAZOWIECKI	WOT	POL	1978	M40	26	00:36:47 (135)	00:04:27	01:27:12 (164)	00:02:38	00:53:47 (135)	03:04:51			140
155	128	CZERNIAK TOMASZ	WARSZAWA		POL	1978	M40	27	00:36:26 (126)	00:04:32	01:20:20 (138)	00:02:59	01:01:08 (166)	03:05:25			141
156	293	ZGODA MARTEUSZ	WARSZAWA	NAPRZÓD MŁOCINY	POL	1993	M25	13	00:38:27 (148)	00:03:18	01:34:40 (169)	00:07:41	00:42:40 (38)	03:06:46			142
157	144	GOLEC ARTUR	WARSZAWA		POL	1988	M30	21	00:41:46 (158)	00:03:52	01:20:05 (135)	00:02:04	00:59:03 (162)	03:06:50			143
158	173	KŁOS KRZYSZTOF	GWIZDOW	MAJSTER SPORT TEAM	POL	1980	M35	33	00:43:16 (165)	00:02:40	01:23:51 (149)	00:02:07	00:55:08 (145)	03:07:02			144
159	160	JAROCKA MAŁGORZATA	STAŁOWA WOLA	STAŁOWOWOLSKI KLUB BIEGACZA	POL	1973	K45	3	00:35:40 (121)	00:03:12	01:31:14 (167)	00:03:10	00:54:22 (140)	03:07:38			15
160	299	KNIAZ ARKADIUSZ	JANÓW LUBELSKI		POL	2000	MJ	3	00:36:54 (141)	00:03:12	01:27:08 (163)	00:03:07	00:59:24 (163)	03:09:45			145
161	112	BUCKZOWSKI JAROSŁAW	SZEROKIE		POL	1974	M40	28	00:41:45 (157)	00:05:08	01:24:14 (152)	00:02:40	00:56:01 (148)	03:09:48			146
162	131	DEMBSKI-KORNAGA MATEUSZ	RADOM		POL	1986	M30	22	00:42:58 (163)	00:04:10	01:23:42 (146)	00:02:38	00:58:30 (161)	03:11:58			147
163	244	ROCHOWSKI PIOTR	STAŁOWA WOLA	STAŁOWOWOLSKI KLUB BIEGACZA	POL	1962	M55	8	00:44:07 (169)	00:04:41	01:25:47 (159)	00:02:49	00:56:34 (152)	03:13:58			148
164	121	CHMIELEWSKA BOŻENA	SANDOMIERZ	TSA	POL	1967	K50	1	00:37:45 (145)	00:03:26	01:33:04 (168)	00:02:11	00:57:59 (156)	03:14:25			16
165	268	TELEGA MICHAŁ	PRZEWORSK		POL	1968	M50	12	00:43:03 (164)	00:05:52	01:23:54 (150)	00:05:14	00:58:22 (160)	03:16:25			149

V Triathlon Kraśnik

Organizator: Strefa Triathlonu / Miasto Kraśnik

Data: 26.08.2018 r.

Dystans: MP Age Group Olimpijski (1,5 / 40 / 10)

Miejscowość: Kraśnik



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
166	266	SZYDŁOWSKI GRZEGORZ	KRAKÓW		POL	1981	M35	34	00:42:14 (162)	00:03:33	01:28:13 (165)	00:03:57	01:00:20 (164)	03:18:17			150
167	118	CHĘĆ ROBERT	LUBLIN		POL	1966	M50	13	00:45:11 (171)	00:05:03	01:28:32 (166)	00:03:26	00:57:04 (153)	03:19:16			151
168	234	PODOLAK AGNIESZKA	RZESZÓW		POL	1986	K30	4	00:40:17 (152)	00:04:27	01:26:09 (161)	00:03:57	01:07:38 (169)	03:22:28			17
169	143	GENDEK JERZY	ROGOŹNO	KŻ KOTWICA	POL	1947	M70	1	00:42:02 (159)	00:04:44	01:25:56 (160)	00:05:32	01:05:34 (167)	03:23:48			152
170	289	WRONA ANDRZEJ	LUBLIN	TRIAMIGOS	POL	1959	M55	9	00:42:04 (160)	00:04:36	01:26:32 (162)	00:04:58	01:12:41 (170)	03:30:51			153
171	284	WOJNOWSKI PAWEŁ	MARYSIN	KLUB SUCHEJ ŁYDKI	POL	1976	M40	29	00:44:00 (168)	00:03:49	01:42:18 (172)	00:03:11	01:00:55 (165)	03:34:13			154
172	119	CHMIEL DOROTA	DZIERŻAZNA	PTT DELTA	POL	1961	K55	2	00:42:09 (161)	00:03:55	01:38:45 (170)	00:02:08	01:22:29 (171)	03:49:26			18
173	151	ILLEK ARKADIUSZ	ŚWIDNIK	ŚWIDNIK TRIATHLON TEAM	POL	1967	M50	14	00:44:35 (170)	00:04:12	01:40:49 (171)	00:06:43	01:23:31 (172)	03:59:50			155
122		CHMIELEWSKI PIOTR	WARSZAWA	WARSAW MASTERS TEAM	POL	1978	M40		00:25:57	00:01:48	01:05:52	01:03:18		DNF			
255		SKRZESZEWSKI MICHAŁ	KIELCE		POL	1990	M25		00:35:32	00:02:02	01:15:53	00:02:44		DNF			
258		SMARUJ MONIKA	GDAŃSK	SMARUJ NA TRENING TEAM / UKS DWÓJKA MORENA GDAŃSK	POL	1982	K35		00:25:08	00:01:26				DNF			
274		WALUSINSKI JAROSŁAW	PULAWY		POL	1991	M25		00:31:08	00:02:20				DNF			
108		BOGUS RAFAŁ	CZĘSTOCHOWA	CYCLING JURA	POL	1969	M45		00:31:35	00:02:07				DNF			
123		CHMIELEWSKI TOMASZ	BYDGOSZCZ	AGAMED BYDGOSZCZ TRIATHLON	POL	1965	M50		00:35:50	00:02:10				DNF			
213		MAKOWICZ JÓZEF	ŻARY	SAINT-GOBAIN SQUAD	POL	1956	M60		00:38:33	00:04:06				DNF			
272		URBAN ALEKSANDRA	STALOWA WOLA		POL	1984	K30		00:44:12	00:04:24				DNF			
235		PODOLAK TOMASZ	KRAKÓW		POL	1990	M25		00:48:51	00:05:00				DNF			