

III PROMET CARGO CROSS DUATHLON 2018

Dystans: 4km bieg/15km rower/2km bieg



M-ce	Nr zaw.	Nazwisko Imię	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Bieg	T1	Rower	T2	Bieg	Wynik	M	K
1	180	WALKOWIAK ROBERT	KGHM ZG RUN		1979	M3(30-39)	1	00:15:04 (7)	00:00:32	00:32:10 (2)	00:00:31	00:07:39 (2)	00:55:56	1	
2	168	SZCZEPANIAK KACPER	ZMARZLIK TEAM		1990	M2(20-29)	1	00:15:31 (15)	00:00:57	00:31:17 (1)	00:00:35	00:08:09 (15)	00:56:29	2	
3	81	KOZINOGA MATEUSZ	ROTRANS CYBINKA		1987	M3(30-39)	2	00:14:31 (4)	00:00:42	00:33:48 (9)	00:00:36	00:07:47 (5)	00:57:24	3	
4	98	ŁYZWIŃSKI SZYMON	TRIATHLON SERWIS		1995	M2(20-29)	2	00:15:21 (12)	00:00:50	00:33:05 (5)	00:00:50	00:08:16 (21)	00:58:22	4	
5	17	BORULA BARTOSZ	HERBALIFE		1987	M3(30-39)	3	00:16:13 (26)	00:00:39	00:32:47 (4)	00:00:33	00:08:28 (27)	00:58:40	5	
6	42	GILEWSKI PAWEŁ	MTB2018.PL		1976	M4(40-49)	1	00:17:08 (46)	00:00:45	00:32:25 (3)	00:00:38	00:08:08 (13)	00:59:04	6	
7	91	KWAŚNIK KRZYSZTOF	KGHM ZG RUN		1985	M3(30-39)	4	00:15:05 (8)	00:00:48	00:34:57 (15)	00:00:46	00:07:49 (6)	00:59:25	7	
8	61	KACZMAREK ADAM	KLUB META I ARMII POZNAŃ		1970	M4(40-49)	2	00:14:55 (6)	00:00:56	00:34:58 (16)	00:00:46	00:07:56 (8)	00:59:31	8	
9	178	ULANOWSKI GRZEGORZ	STORMRIDER		1974	M4(40-49)	3	00:15:06 (9)	00:00:47	00:35:06 (18)	00:00:44	00:07:58 (9)	00:59:41	9	
10	79	KOWALSKI MACIEJ	MORSY OŚNO LUBUSKIE		1975	M4(40-49)	4	00:15:06 (9)	00:00:31	00:36:03 (24)	00:00:23	00:07:44 (3)	00:59:47	10	
11	12	BLACHARSKI ARKADIUSZ			1992	M2(20-29)	3	00:14:30 (2)	00:00:34	00:36:58 (27)	00:00:23	00:08:01 (10)	01:00:26	11	
12	11	BEKISZ MAREK			1972	M4(40-49)	5	00:15:59 (19)	00:00:57	00:34:28 (12)	00:00:40	00:08:25 (24)	01:00:29	12	
13	70	KOS DARIUSZ			1981	M3(30-39)	5	00:17:09 (48)	00:00:53	00:33:11 (6)	00:00:39	00:08:43 (39)	01:00:35	13	
14	191	WÓJTOWICZ TOMASZ	RATOWNICY ZG RUDNA		1985	M3(30-39)	6	00:16:07 (23)	00:00:51	00:34:25 (11)	00:00:52	00:08:23 (23)	01:00:38	14	
15	16	BOROWIECKA BARBARA	SZCZEPAN BIKE GIANT GORZÓW		1995	K2(20-29)	1	00:16:10 (25)	00:00:57	00:34:05 (10)	00:00:52	00:08:38 (36)	01:00:42		1
16	187	WINNICZUK KAROL	RATOWNICY RUDNA		1983	M3(30-39)	7	00:14:11 (1)	00:00:45	00:37:54 (38)	00:00:21	00:07:34 (1)	01:00:45	15	
17	161	STĘPNIAK MARCIN	KGHM ZG RUN		1989	M2(20-29)	4	00:16:06 (21)	00:00:54	00:34:42 (13)	00:00:54	00:08:15 (20)	01:00:51	16	
18	143	PROTASIEWICZ ŁUKASZ	MORSY OŚNO LUBUSKIE		1982	M3(30-39)	8	00:15:30 (14)	00:00:42	00:35:51 (22)	00:00:45	00:08:11 (16)	01:00:59	17	
19	120	OLEJNIK ARTUR			1998	M2(20-29)	5	00:15:27 (13)	00:00:56	00:34:55 (14)	00:00:44	00:09:04 (53)	01:01:06	18	
20	140	POLESIAK MATEUSZ	RATOWNICY ZG RUDNA		1985	M3(30-39)	9	00:15:39 (17)	00:01:04	00:35:22 (20)	00:01:03	00:08:06 (12)	01:01:14	19	
21	102	MARCINIAK SEBASTIAN	3 DSH RED ONE HUFIEC SULĘCIN ZHP		1989	M2(20-29)	6	00:16:27 (34)	00:00:58	00:35:03 (17)	00:00:48	00:08:13 (17)	01:01:29	20	
22	97	LUBIATOWSKI IRENEUSZ	BIKE BROTHERS GIANT		1966	M5(50+)	1	00:17:46 (60)	00:00:43	00:33:18 (7)	00:00:38	00:08:13 (59)	01:01:38	21	
23	47	GROCHAŁA WOJCIECH	KGHM ZG RUN		1982	M3(30-39)	10	00:15:36 (16)	00:00:44	00:36:29 (25)	00:00:38	00:08:26 (25)	01:01:53	22	
24	48	GURGUŁ KRZYSZTOF	MORSY OŚNO LUBUSKIE		1963	M5(50+)	2	00:17:37 (55)	00:00:50	00:33:20 (8)	00:00:45	00:09:37 (75)	01:02:09	23	
25	71	KOSSIŃSKI DOMINIK			1997	M2(20-29)	7	00:16:16 (31)	00:00:49	00:36:36 (26)	00:00:40	00:08:13 (17)	01:02:34	24	
26	53	HUBKO MAREK	HM-SOFT		1974	M4(40-49)	6	00:16:31 (35)	00:01:03	00:35:54 (23)	00:00:38	00:08:37 (35)	01:02:43	25	
27	177	TRUDZINSKI NORBERT	NEOSPORT.PL TRIATHLON POGOŃ ŚWIEBODZIN		1974	M4(40-49)	7	00:16:24 (32)	00:00:28	00:37:18 (31)	00:00:22	00:08:31 (28)	01:03:03	26	
28	131	PIENIAŻEK PATRYK	RATOWNICY ZG RUDNA		1991	M2(20-29)	8	00:14:30 (2)	00:00:43	00:40:07 (64)	00:00:34	00:07:44 (4)	01:03:38	27	
29	193	YANA KULIKOVA	ZAHNKLINIK SLUBICE CYKLING TIME		1982	K3(30-39)	1	00:16:06 (21)	00:00:46	00:37:33 (33)	00:00:38	00:08:52 (45)	01:03:55		2
30	200	DENYSOŃ OLEKSANDR			1979	M3(30-39)	11	00:17:29 (53)	00:00:59	00:35:19 (19)	00:00:51	00:09:22 (64)	01:04:00	28	
31	124	PAPLIICKI MICHAŁ	DZIKIE DZIKI GORZÓW		1982	M3(30-39)	12	00:14:53 (5)	00:00:47	00:40:18 (65)	00:00:39	00:07:55 (7)	01:04:32	29	
32	155	SOBOCINIŃSKI MARCIN	KGHM ZG RUN		1980	M3(30-39)	13	00:15:20 (11)	00:01:36	00:39:03 (45)	00:00:29	00:08:09 (14)	01:04:37	30	
33	6	BAGIŃSKI ADAM	MORSY OŚNO LUBUSKIE		1984	M3(30-39)	14	00:16:13 (26)	00:00:53	00:38:34 (42)	00:00:40	00:08:41 (37)	01:05:01	31	
34	166	SWORACKI ARIEL	KGHM ZG RUN RATOWNICY RUDNA		1987	M3(30-39)	15	00:16:00 (20)	00:00:54	00:39:16 (52)	00:00:38	00:08:33 (30)	01:05:21	32	
35	89	KULIŃSKI BOGDAN	DRUŻYNA SZPIKU KGHM		1959	M5(50+)	3	00:17:04 (43)	00:00:47	00:37:58 (39)	00:00:41	00:08:53 (46)	01:05:23	33	
36	108	MATUSZCZYK MARCIN	RATOWNICY ZG RUDNA		1984	M3(30-39)	16	00:16:46 (39)	00:00:59	00:38:09 (40)	00:00:55	00:08:36 (34)	01:05:25	34	
37	149	RYNKIEWICZ AGNIESZKA	FIT TEST FAMILY - DZIKIE DZIKI		1984	K3(30-39)	2	00:16:15 (30)	00:00:47	00:39:05 (46)	00:00:38	00:08:41 (37)	01:05:26		3
38	67	KOLENDA MIREK			1972	M4(40-49)	8	00:17:08 (46)	00:00:49	00:37:51 (36)	00:00:51	00:08:49 (43)	01:05:28	35	
39	21	CEGLEWSKI MICHAŁ			2004	M1(<19)	1	00:18:57 (80)	00:00:45	00:35:48 (21)	00:00:34	00:09:58 (87)	01:06:02	36	
40	198	ZIEMBIKIEWICZ SZYMON	RATOWNICY ZG RUDNA		1987	M3(30-39)	17	00:18:40 (76)	00:00:31	00:37:12 (30)	00:00:27	00:09:18 (60)	01:06:08	37	
41	37	GALBARCZYK RENARD	RATOWNICY ZG RUDNA		1981	M3(30-39)	18	00:17:51 (63)	00:00:51	00:37:03 (28)	00:00:44	00:09:44 (79)	01:06:13	38	
42	176	TROCIŃSKI ARKADIUSZ	LECH PIASECKI MISTRZOWSKIE ROWERY		1966	M5(50+)	4	00:17:37 (55)	00:01:02	00:37:53 (37)	00:00:55	00:08:48 (42)	01:06:15	39	
43	9	BARTKÓW ŁUKASZ	RATOWNICY ZG RUDNA/KGHM ZG RUN		1985	M3(30-39)	19	00:16:45 (38)	00:01:02	00:39:08 (47)	00:00:54	00:08:31 (28)	01:06:20	40	
44	163	STRZELECKI GABRIEL	DZIKIE DZIKI GORZÓW		1982	M3(30-39)	20	00:17:19 (49)	00:00:36	00:39:29 (55)	00:00:45	00:08:27 (26)	01:06:36	41	
45	58	JASNIAK BARTOSZ	FBT		1982	M3(30-39)	21	00:17:40 (57)	00:00:57	00:38:17 (41)	00:00:31	00:09:13 (58)	01:06:38	42	
46	35	FLISIKOWSKI ANDRZEJ	MORSY OŚNO LUBUSKIE		1960	M5(50+)	5	00:17:59 (67)	00:00:52	00:37:09 (29)	00:00:45	00:09:54 (85)	01:06:39	43	
47	20	CADER ARKADIUSZ	PIP INDUSTRY TEAM ZIELONA GÓRA		1974	M4(40-49)	9	00:18:10 (69)	00:00:53	00:37:24 (32)	00:00:41	00:09:42 (77)	01:06:50	44	
48	195	ZALEWSKI MARIUSZ	OD STOPU DO STOPU		1969	M4(40-49)	10	00:16:52 (40)	00:01:02	00:39:09 (48)	00:00:44	00:09:07 (54)	01:06:54	45	
49	126	PAŚ MARCIN	RATOWNICY ZG RUDNA / KGHM ZG RUN		1987	M3(30-39)	22	00:16:14 (28)	00:00:39	00:40:47 (75)	00:00:44	00:08:35 (33)	01:06:59	46	
50	167	SZAFRATOWICZ MACIEJ			1974	M4(40-49)	11	00:15:42 (18)	00:01:17	00:39:39 (59)	00:01:16	00:09:09 (55)	01:07:03	47	
51	159	SROKA ROBERT	GORZÓW WIELKOPOLSKI		1985	M3(30-39)	23	00:16:14 (28)	00:01:35	00:39:31 (56)	00:01:06	00:08:54 (47)	01:07:20	48	
52	94	LEWANDOWSKI ARTUR	RATOWNICY ZG RUDNA		1982	M3(30-39)	24	00:17:25 (51)	00:00:46	00:39:34 (57)	00:00:36	00:09:01 (49)	01:07:22	49	
53	18	BRONIEWSKI PIOTR	FBT		1987	M3(30-39)	25	00:16:41 (37)	00:01:14	00:39:27 (53)	00:01:19	00:08:44 (41)	01:07:25	50	

III PROMET CARGO CROSS DUATHLON 2018

Dystans: 4km bieg/15km rower/2km bieg



M-ce	Nr zaw.	Nazwisko Imię	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Bieg	T1	Rower	T2	Bieg	Wynik	M	K
54	121	OSIŃSKI RAFAŁ	KGHM ZG RUN		1982	M3(30-39)	26	00:16:56 (42)	00:01:30	00:38:49 (43)	00:01:13	00:09:18 (60)	01:07:46	51	
55	116	NOWAK ANTONI			1998	M2(20-29)	9	00:18:23 (72)	00:00:28	00:39:39 (59)	00:00:27	00:08:55 (48)	01:07:52	52	
56	156	SOŁTOWSKI ROBERT	HARPAGAN ZG		1983	M3(30-39)	27	00:16:32 (36)	00:00:55	00:41:39 (82)	00:00:34	00:08:14 (19)	01:07:54	53	
57	101	MAŁEK DARIUSZ	RATOWNICY ZG RUDNA		1986	M3(30-39)	28	00:16:54 (41)	00:01:35	00:40:22 (66)	00:01:22	00:08:01 (11)	01:08:14	54	
58	27	CZERENKIEWICZ KRZYSZTOF	PROMET CARGO TEAM		1982	M3(30-39)	29	00:19:35 (89)	00:00:59	00:37:36 (34)	00:00:33	00:09:44 (81)	01:08:27	55	
59	85	KRZYWICKI MARCIN	RATOWNICY ZG RUDNA		1981	M3(30-39)	30	00:17:28 (52)	00:01:08	00:39:40 (61)	00:00:49	00:09:25 (66)	01:08:30	56	
60	153	SIRMAN ARTUR			1976	M4(40-49)	12	00:16:25 (33)	00:00:38	00:42:13 (91)	00:00:32	00:08:44 (40)	01:08:32	57	
61	160	STANKOWSKI BARTOSZ	PROMET CARGO		1986	M3(30-39)	31	00:19:04 (83)	00:00:46	00:39:27 (54)	00:00:31	00:08:51 (44)	01:08:39	58	
62	145	RAJKO ADAM	KGHM ZG RUN		1982	M3(30-39)	32	00:17:57 (65)	00:00:48	00:39:47 (62)	00:00:46	00:09:26 (67)	01:08:44	59	
63	36	FRYDRYCH BOGUSŁAW	KGHM ZG RUN		1964	M5(50+)	6	00:17:32 (54)	00:01:51	00:39:36 (58)	00:00:56	00:09:01 (49)	01:08:56	60	
64	72	KOSSIŃSKI WALDEMAR			1971	M4(40-49)	13	00:17:50 (62)	00:01:02	00:39:57 (63)	00:01:00	00:09:18 (60)	01:09:07	61	
65	142	POMIRSKI PATRYK	RATOWNICY ZG RUDNA		1980	M3(30-39)	33	00:17:22 (50)	00:01:03	00:40:36 (72)	00:00:53	00:09:26 (68)	01:09:20	62	
66	99	MAKSYMCAK MARCIN	RATOWNICY ZG RUDNA		1979	M3(30-39)	34	00:17:06 (44)	00:00:33	00:43:00 (94)	00:00:48	00:08:34 (31)	01:10:01	63	
67	77	KOWALSKI DAMIAN	VIADRINA LOGISTIC BIKE TEAM SŁUBICE		1979	M3(30-39)	35	00:19:38 (91)	00:00:43	00:37:47 (35)	00:01:10	00:10:43 (105)	01:10:01	64	
68	179	WACHOWSKI MARCIN			1975	M4(40-49)	14	00:19:21 (86)	00:01:06	00:38:56 (44)	00:00:45	00:09:58 (87)	01:10:06	65	
69	75	KOWALCZUK ARTUR	DZIKIE DZIKI		1978	M4(40-49)	15	00:17:43 (58)	00:00:34	00:42:12 (90)	00:00:34	00:09:32 (73)	01:10:35	66	
70	146	ROGOWSKI PIOTR	KGHM		1978	M4(40-49)	16	00:17:06 (44)	00:00:40	00:43:26 (99)	00:00:32	00:09:01 (52)	01:10:45	67	
71	172	ŚLĄZ KRZYSZTOF	RATOWNICY ZG RUDNA		1978	M4(40-49)	17	00:17:57 (65)	00:00:40	00:41:49 (83)	00:00:53	00:09:29 (69)	01:10:48	68	
72	4	APANOWICZ MICHAŁ	7 DSH CYGNUS HUFIEC SULĘCIN ZHP		1996	M2(20-29)	10	00:19:39 (94)	00:00:50	00:40:30 (69)	00:00:46	00:09:10 (57)	01:10:55	69	
73	158	SOWIŃSKI PAWEŁ	ZG RUN		1980	M3(30-39)	36	00:16:08 (24)	00:00:37	00:45:03 (104)	00:00:46	00:08:34 (31)	01:11:08	70	
74	1	ADAMOWICZ ADAM	HORNET GORZÓW		1971	M4(40-49)	18	00:19:02 (81)	00:00:51	00:40:24 (68)	00:00:53	00:10:08 (91)	01:11:18	71	
75	82	KOZŁOWSKI MACIEJ	PROMET CARGO TEAM		1976	M4(40-49)	19	00:18:28 (73)	00:00:38	00:41:24 (79)	00:00:37	00:10:16 (96)	01:11:23	72	
76	38	GANDŹA ODYSEUSZ	RATOWNICY ZG RUDNA		1983	M3(30-39)	37	00:19:08 (84)	00:00:46	00:40:48 (76)	00:00:37	00:10:08 (90)	01:11:27	73	
77	189	WÓREK MARCIN	RATOWNICY ZG RUDNA		1989	M2(20-29)	11	00:19:39 (94)	00:00:37	00:41:37 (81)	00:00:31	00:09:38 (76)	01:12:02	74	
78	66	KLIŚ PAWEŁ	RATOWNICY ZG RUDNA ZG RUN		1987	M3(30-39)	38	00:19:33 (88)	00:00:39	00:41:52 (84)	00:00:31	00:09:29 (69)	01:12:04	75	
79	34	FILA MAREK			1976	M4(40-49)	20	00:17:45 (59)	00:00:49	00:43:18 (96)	00:00:35	00:09:53 (84)	01:12:20	76	
80	125	PASTERNAK ROMAN	ZG RUN / RATOWNICY ZG RUDNA		1980	M3(30-39)	39	00:19:02 (81)	00:00:47	00:42:07 (89)	00:00:39	00:09:47 (83)	01:12:22	77	
81	60	JURKOWSKI CYPRIAN			2003	M1(<19)	2	00:20:05 (102)	00:01:36	00:39:13 (49)	00:01:36	00:09:55 (86)	01:12:25	78	
82	41	GILEWSKA MONIKA	MTB2018.PL		1973	K4(40-49)	1	00:20:44 (110)	00:00:52	00:39:16 (51)	00:00:52	00:11:01 (109)	01:12:45		4
83	113	NIEDZIELSKI ŁUKASZ	RATOWNICY ZG RUDNA		1994	M2(20-29)	12	00:19:39 (94)	00:01:24	00:40:40 (73)	00:00:56	00:10:10 (92)	01:12:49	79	
84	100	MAKUCHOWSKI OLAF			1998	M2(20-29)	13	00:20:22 (105)	00:00:38	00:39:15 (50)	00:00:52	00:11:46 (126)	01:12:53	80	
85	30	DYŃIAK WIESŁAW	MORSY OŚNO LUBUSKIE		1977	M4(40-49)	21	00:19:50 (99)	00:01:11	00:40:31 (71)	00:00:52	00:10:34 (103)	01:12:58	81	
86	127	PATER JAKUB			2001	M1(<19)	3	00:17:47 (61)	00:00:45	00:43:22 (97)	00:00:55	00:10:21 (100)	01:13:10	82	
87	141	POLISZAK MAREK	RATOWNICY ZG RUDNA		1990	M2(20-29)	14	00:18:02 (68)	00:01:39	00:44:18 (101)	00:00:51	00:08:22 (72)	01:13:12	83	
88	103	MARKOWSKI JAKUB			2000	M1(<19)	4	00:19:18 (85)	00:00:42	00:43:13 (95)	00:00:43	00:09:31 (72)	01:13:27	84	
89	59	JÓZEFOWICZ LESŁAW	6 DH DZIKI, HUFIEC ZHP SŁUBICE		2001	M1(<19)	5	00:19:43 (98)	00:01:07	00:42:02 (86)	00:00:41	00:10:14 (94)	01:13:47	85	
90	73	KOSTANOWICZ MAREK	RATOWNICY RUDNA		1984	M3(30-39)	40	00:19:41 (97)	00:01:03	00:42:03 (87)	00:00:42	00:10:26 (102)	01:13:55	86	
91	45	GRABARSKI SEBASTIAN	ZUZA		1979	M3(30-39)	41	00:18:15 (70)	00:00:40	00:45:09 (105)	00:00:37	00:09:19 (63)	01:14:00	87	
92	175	TCHÓRZEWSKI DARIUSZ	RATOWNICY ZG RUDNA		1981	M3(30-39)	42	00:19:38 (91)	00:01:30	00:41:17 (78)	00:01:34	00:10:14 (95)	01:14:13	88	
93	112	MULARCZYK PIOTR	RATOWNICY ZG RUDNA		1990	M2(20-29)	15	00:20:19 (104)	00:01:08	00:40:45 (74)	00:00:30	00:11:43 (124)	01:14:25	89	
94	186	WILK PIOTR			1976	M4(40-49)	22	00:20:39 (107)	00:01:05	00:40:30 (69)	00:00:46	00:11:39 (121)	01:14:39	90	
95	25	CISOWSKI MATEUSZ	RATOWNICY ZG RUDNA		1989	M2(20-29)	16	00:22:33 (135)	00:01:06	00:42:01 (85)	00:00:34	00:09:44 (81)	01:15:58	91	
96	144	PRZYBYLSKI TOMASZ	GESS.PL		1979	M3(30-39)	43	00:18:37 (75)	00:00:52	00:45:33 (107)	00:00:55	00:10:16 (96)	01:16:13	92	
97	122	OŻÓG PIOTR	RATOWNICY ZG RUDNA		1979	M3(30-39)	44	00:19:38 (91)	00:01:00	00:44:28 (102)	00:01:03	00:10:12 (93)	01:16:21	93	
98	28	ĆWIRKO-GROSS AGNIESZKA	DZIKIE DZIKI GORZÓW		1977	K4(40-49)	2	00:17:54 (64)	00:00:39	00:48:18 (125)	00:00:32	00:09:01 (49)	01:16:24		5
99	105	MARZEC KAROLINA	DZIKIE DZIKI GORZÓW		1979	K3(30-39)	3	00:18:35 (74)	00:00:55	00:47:22 (118)	00:00:30	00:09:09 (55)	01:16:31		6
100	107	MATLA-FINK MONIKA	PROMET CARGO		1984	K3(30-39)	4	00:18:52 (79)	00:00:55	00:46:24 (112)	00:00:54	00:09:30 (71)	01:16:35		7
101	7	BAGIŃSKI MARCIN	RATOWNICY ZG RUDNA		1983	M3(30-39)	45	00:21:26 (119)	00:01:02	00:42:36 (92)	00:00:43	00:10:55 (108)	01:16:42	94	
102	188	WOŁĘJKO KRZYSZTOF			1984	M3(30-39)	46	00:21:51 (131)	00:02:04	00:40:22 (66)	00:01:33	00:11:24 (115)	01:17:14	95	
103	152	SIEMIERNIK DARIUSZ			1975	M4(40-49)	23	00:19:50 (99)	00:00:40	00:44:47 (103)	00:00:43	00:11:21 (113)	01:17:21	96	
104	130	PIASTOWSKI MARIUSZ	RATOWNICY ZG RUDNA		1990	M2(20-29)	17	00:18:44 (78)	00:00:40	00:47:30 (119)	00:00:40	00:10:17 (98)	01:17:51	97	
105	10	BAK BARTŁOMIEJ			2001	M1(<19)	6	00:21:14 (116)	00:01:16	00:42:36 (92)	00:00:33	00:12:15 (136)	01:17:54	98	
106	117	NOWAKOWSKA IZABELA	CZAS APOKALIPSY		1981	K3(30-39)	5	00:22:24 (134)	00:00:42	00:42:05 (88)	00:00:46	00:12:02 (132)	01:17:59		8

III PROMET CARGO CROSS DUATHLON 2018

Dystans: 4km bieg/15km rower/2km bieg



M-ce	Nr zaw.	Nazwisko Imię	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Bieg	T1	Rower	T2	Bieg	Wynik	M	K
107	109	MATUSZEK ANDRZEJ			1964	M5(50+)	7	00:22:08 (133)	00:01:16	00:41:11 (77)	00:01:26	00:12:04 (133)	01:18:05	99	
108	106	MASŁOWSKI MARCIN	PARKRUN GORZÓW		1976	M4(40-49)	24	00:20:46 (111)	00:00:54	00:44:11 (100)	00:00:44	00:11:35 (120)	01:18:10	100	
109	170	SZKLARZEWSKI RAFAL	RATOWNICY ZG RUDNA/KGHM ZG RUN		1985	M3(30-39)	47	00:19:23 (87)	00:00:43	00:47:53 (120)	00:00:48	00:10:53 (107)	01:19:40	101	
110	123	PAPLICKA KATARZYNA	DZIKIE DZIKI GORZÓW		1982	K3(30-39)	6	00:18:20 (71)	00:00:49	00:50:30 (135)	00:00:46	00:09:23 (65)	01:19:48		9
111	65	KIEDROWICZ EWA	M.B.B. LOGISTICS/CZAS APOKALIPSY		1985	K3(30-39)	7	00:20:42 (108)	00:01:03	00:48:05 (122)	00:00:45	00:09:43 (78)	01:20:18		10
112	69	KONOPKA MAŁGORZATA	M.B.B. LOGISTICS / CZAS APOKALIPSY		1984	K3(30-39)	8	00:20:42 (108)	00:01:00	00:48:00 (121)	00:00:52	00:09:44 (79)	01:20:18		11
113	96	LISOWICZ NATALIA	ROTRANS CYBINKA		1993	K2(20-29)	2	00:21:35 (125)	00:01:09	00:45:28 (106)	00:00:58	00:11:09 (110)	01:20:19		12
114	154	SKRZYPCZAK KRZYSZTOF	RATOWNICY ZG RUDNA		1991	M2(20-29)	18	00:20:09 (103)	00:01:16	00:45:48 (109)	00:01:01	00:12:34 (140)	01:20:48		102
115	2	ANTCZAK-RUTKOWSKA BASIA	CZAS APOKALIPSY		1979	K3(30-39)	9	00:21:28 (120)	00:01:01	00:46:44 (113)	00:00:36	00:11:19 (112)	01:21:08		13
116	147	RUTKOWSKI RAFAŁ	PROMET CARGO TEAM		1977	M4(40-49)	25	00:21:34 (124)	00:01:49	00:45:51 (110)	00:01:39	00:10:19 (99)	01:21:12		103
117	43	GOLA DAMIAN	RATOWNICY ZG RUDNA		1987	M3(30-39)	48	00:21:20 (118)	00:01:11	00:46:44 (113)	00:00:45	00:11:42 (123)	01:21:42		104
118	5	BABIRECKI ŁUKASZ	PROMET CARGO		1990	M2(20-29)	19	00:19:35 (89)	00:00:51	00:50:18 (133)	00:01:01	00:10:26 (101)	01:22:11		105
119	68	KONOPKA AGNIESZKA	CZAS APOKALIPSY		1976	K4(40-49)	3	00:22:56 (140)	00:01:13	00:45:35 (108)	00:00:47	00:11:43 (125)	01:22:14		14
120	52	HRYNIEWICZ KORNELIA	DZIKIE WIEPRZE SPORTSCLUB		1994	K2(20-29)	3	00:20:23 (106)	00:00:39	00:50:12 (132)	00:00:29	00:10:36 (104)	01:22:19		15
121	104	MARKOWSKI KAMIL			1992	M2(20-29)	20	00:21:32 (123)	00:00:46	00:48:10 (123)	00:00:42	00:11:30 (118)	01:22:40		106
122	44	GÓRECKI ARTUR	NASZE SŁUBICE PL		1981	M3(30-39)	49	00:25:39 (150)	00:00:42	00:41:30 (80)	00:00:52	00:14:00 (147)	01:22:43		107
123	64	KAWA MARCIN	PROMET CARGO TEAM		1998	M2(20-29)	21	00:21:29 (121)	00:01:18	00:46:47 (115)	00:00:58	00:12:30 (139)	01:23:02		108
124	173	ŚLIWIŃSKA URSZULA	DZIKIE DZIKI GORZÓW		1981	K3(30-39)	10	00:21:10 (114)	00:00:57	00:48:38 (126)	00:00:29	00:11:50 (128)	01:23:04		16
125	46	GRAJZER JACEK	ROWEROMANIA TEAM POZNAŃ		1966	M5(50+)	8	00:24:41 (146)	00:00:49	00:43:25 (98)	00:00:56	00:13:31 (144)	01:23:22		109
126	84	KRZEMIŃSKI PAWEŁ	WROCLAW LOSERS :)		1982	M3(30-39)	50	00:22:43 (138)	00:00:44	00:46:57 (116)	00:00:41	00:12:20 (137)	01:23:25		110
127	74	KOTECKI ROBERT	RATOWNICY ZG RUDNA		1990	M2(20-29)	22	00:18:41 (77)	00:01:01	00:53:48 (143)	00:00:45	00:09:37 (74)	01:23:52		111
128	24	CIEŚLAK MAGDALENA	ZDROWIE!		1985	K3(30-39)	11	00:21:59 (132)	00:01:05	00:48:56 (127)	00:00:58	00:11:17 (111)	01:24:15		17
129	55	JANKOWSKA ANNA			1983	K3(30-39)	12	00:23:55 (145)	00:00:50	00:46:16 (111)	00:00:50	00:12:37 (141)	01:24:28		18
130	151	SCHMID WOLFGANG			1956	M5(50+)	9	00:23:14 (142)	00:00:39	00:48:11 (124)	00:00:54	00:12:04 (133)	01:25:02		112
131	29	DENKO DAMIAN	RATOWNICY ZG RUDNA		1991	M2(20-29)	23	00:22:33 (135)	00:01:16	00:49:45 (129)	00:00:55	00:10:51 (106)	01:25:20		113
132	39	GASIEWICZ ANNA	KRÓL GÓR		1967	K5(50+)	1	00:21:36 (127)	00:01:10	00:51:08 (137)	00:00:55	00:11:23 (114)	01:26:12		19
133	40	GASIEWICZ ROMAN	KRÓL GÓR		1965	M5(50+)	10	00:21:36 (127)	00:01:05	00:51:13 (138)	00:00:51	00:11:27 (116)	01:26:12		114
134	88	KULIK NATALIA			1976	K4(40-49)	4	00:20:55 (112)	00:02:10	00:50:36 (136)	00:01:03	00:11:31 (119)	01:26:15		20
135	181	WANIÓREK-DOMAŃSKA ALEKSANDRA	DOMANSKY TEAM		1985	K3(30-39)	13	00:23:09 (141)	00:00:34	00:49:55 (130)	00:00:35	00:13:05 (143)	01:27:18		21
136	114	NIEDZWIECKA MARTYNA			1991	K2(20-29)	4	00:21:35 (125)	00:00:46	00:52:50 (141)	00:00:48	00:11:29 (117)	01:27:28		22
137	182	WARĘŻAK KATARZYNA	ROWEROWE STUDIO MTB		1982	K3(30-39)	14	00:21:49 (130)	00:00:44	00:52:46 (139)	00:00:51	00:11:54 (129)	01:28:04		23
138	57	JAROSZ JAKUB			2003	M1(<19)	7	00:23:52 (144)	00:00:24	00:49:44 (128)	00:00:31	00:14:12 (148)	01:28:43		115
139	83	KRYGER MAREK	HARCERSKIE SZYCHY MAGDY		1988	M3(30-39)	51	00:25:01 (148)	00:00:52	00:47:13 (117)	00:00:55	00:15:12 (154)	01:29:13		116
140	19	BUCHALSKI TOMASZ	RATOWNICY ZG RUDNA		1981	M3(30-39)	52	00:20:02 (101)	00:01:45	00:53:50 (144)	00:02:14	00:11:58 (131)	01:29:49		117
141	128	PENKALA KATARZYNA			1973	K4(40-49)	5	00:21:11 (115)	00:01:05	00:57:35 (152)	00:01:08	00:10:05 (89)	01:31:04		24
142	118	NOWAKOWSKA NATALIA			1992	K2(20-29)	5	00:22:36 (137)	00:01:24	00:54:56 (147)	00:00:39	00:11:39 (121)	01:31:14		25
143	3	ANTOSZ MAREK	KGHM ZG RUN		1974	M4(40-49)	26	00:21:19 (117)	00:01:39	00:54:37 (146)	00:01:27	00:12:23 (138)	01:31:25		118
144	192	WYSOCZAŃSKI MARCEL			1992	M2(20-29)	24	00:21:09 (113)	00:01:02	00:57:54 (153)	00:00:39	00:11:48 (127)	01:32:32		119
145	26	CISZEK PIOTR	PROMET CARGO TEAM		1982	M3(30-39)	53	00:21:31 (122)	00:01:06	00:57:07 (150)	00:00:55	00:13:01 (142)	01:33:40		120
146	137	PODRUCZNY ANTONI			2003	M1(<19)	8	00:22:47 (139)	00:01:25	00:56:49 (149)	00:00:46	00:12:07 (135)	01:33:54		121
147	119	OLECH MARIKA	HARCERSKIE SZYCHY MAGDY		2003	K1(<19)	1	00:21:45 (129)	00:00:55	00:58:39 (154)	00:00:58	00:11:54 (129)	01:34:11		26
148	51	HRYNIEWICZ BARTOSZ			2003	M1(<19)	9	00:23:23 (143)	00:01:26	00:54:36 (145)	00:00:55	00:14:14 (149)	01:34:34		122
149	138	PODRUCZNY NATALIA			1977	K4(40-49)	6	00:26:59 (153)	00:00:54	00:53:10 (142)	00:00:51	00:16:10 (155)	01:38:04		27
150	86	KUBIK KALINA	BIEGNEPOMEDAL		1989	K2(20-29)	6	00:26:30 (151)	00:01:25	00:56:46 (148)	00:00:45	00:14:18 (151)	01:39:44		28
151	194	ZAJĄCZKOWSKI DARIUSZ			1967	M5(50+)	11	00:25:17 (149)	00:01:43	00:58:45 (155)	00:00:54	00:14:15 (150)	01:40:54		123
152	13	BŁONAROWICZ AGNIESZKA			1989	K2(20-29)	7	00:26:48 (152)	00:00:58	00:57:35 (151)	00:00:37	00:15:02 (153)	01:41:00		29
153	135	PODOLSKA JOANNA			1985	K3(30-39)	15	00:31:35 (162)	00:02:00	00:50:19 (134)	00:00:56	00:17:34 (158)	01:42:24		30
154	136	PODOLSKI KAMIL			1983	M3(30-39)	54	00:31:35 (162)	00:01:46	00:50:11 (131)	00:01:18	00:17:35 (159)	01:42:25		124
155	139	POLAŃSKA PAULINA	HARCERSKIE SZYCHY MAGDY		2003	K1(<19)	2	00:30:42 (159)	00:00:52	00:52:47 (140)	00:00:53	00:18:06 (161)	01:43:20		31
156	8	BAŁDYS JOLANTA			1967	K5(50+)	2	00:27:51 (154)	00:01:11	01:03:11 (156)	00:01:02	00:14:50 (152)	01:48:05		32
157	185	WEISER-MIERZWIAK MALGORZATA			1973	K4(40-49)	7	00:24:51 (147)	00:00:59	01:11:38 (160)	00:00:43	00:13:42 (145)	01:51:53		33
158	33	FILA MAŁGORZATA			1968	K5(50+)	3	00:31:09 (160)	00:01:15	01:04:41 (157)	00:00:51	00:16:45 (157)	01:54:41		34
159	165	SUBOCZ MACIEJ	WMS TEAM		1999	M1(<19)	10	00:30:23 (158)	00:01:22	01:05:21 (158)	00:01:01	00:19:45 (163)	01:57:52		125

III PROMET CARGO CROSS DUATHLON 2018

Dystans: 4km bieg/15km rower/2km bieg



M-ce	Nr zaw.	Nazwisko Imię	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Bieg	T1	Rower	T2	Bieg	Wynik	M	K
160	133	PŁOTEK HANNA			2002	K1(<19)	3	00:27:54 (155)	00:00:54	01:11:45 (161)	00:00:58	00:17:57 (160)	01:59:28		35
161	197	ZARNECKOW REINHART			1943	M5(50+)	12	00:28:52 (156)	00:01:48	01:09:56 (159)	00:02:17	00:19:13 (162)	02:02:06	126	
162	196	ZARNECKOW BETTINA			1968	K5(50+)	4	00:28:52 (156)	00:01:38	01:21:08 (162)	00:01:02	00:13:45 (146)	02:06:25		36
163	184	WEISER-LADA BARBARA			1958	K5(50+)	5	00:31:20 (161)	00:01:39	01:27:46 (164)	00:01:17	00:16:13 (156)	02:18:15		37
164	129	PIANOWSKI FILIP			2004	M1(<19)	11	00:32:30 (164)	00:01:32	01:23:35 (163)	00:00:46	00:19:53 (164)	02:18:16	127	