

# Indoor Triathlon Warszawa

Organizator: Stowarzyszenie Pływackie Sebastiana Karasia

Data: 24.02.2019

Dystans: 0,750 km/ 20 km/ 5 km

Miejscowość: Warszawa



M-ce	Nr zaw.	Nazwisko Imię	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	Bieg	Wynik	M	K
1	28	SOBCZYK SERGIUSZ	TRINERGY TEAM	POL	1991	M30	1	00:10:04 (2)	00:00:33	00:29:26 (1)	00:16:45 (1)	00:56:48	1	
2	30	PIREK MARIUSZ	TRINERGY TEAM	POL	1985	M40	1	00:11:06 (3)	00:00:42	00:31:01 (4)	00:19:19 (3)	01:02:08	2	
3	6	SŁUPIK TOMASZ		POL	1993	M30	2	00:11:13 (4)	00:00:47	00:33:54 (16)	00:16:49 (2)	01:02:43	3	
4	45	RYBICKI ARTUR	TWISTER TEAM	POL	1998	M30	3	00:11:24 (5)	00:00:40	00:30:50 (3)	00:19:50 (4)	01:02:44	4	
5	10	PALUS PAWEŁ	SIDOR TEAM	POL	1973	M50	1	00:12:45 (9)	00:00:50	00:30:31 (2)	00:22:53 (16)	01:06:59	5	
6	13	KRUPA JAN	JARECKI COACHING	POL	1988	M40	2	00:13:07 (12)	00:00:41	00:32:02 (5)	00:21:38 (9)	01:07:28	6	
7	42	JAROSZEWSKI ŁUKASZ	VELOCITY WAWA	POL	1985	M40	3	00:14:04 (22)	00:00:41	00:32:12 (6)	00:20:48 (5)	01:07:45	7	
8	2	LITWINIUK PIOTR		POL	1983	M40	4	00:13:28 (15)	00:00:37	00:33:19 (10)	00:21:05 (8)	01:08:29	8	
9	37	DĄBROWSKI MICHAŁ		POL	1984	M40	5	00:13:45 (19)	00:01:12	00:32:47 (9)	00:20:56 (6)	01:08:40	9	
10	53	BIADUŃ DANIEL		POL	1982	M40	6	00:13:30 (16)	00:00:43	00:32:45 (8)	00:21:50 (10)	01:08:48	10	
11	36	KOWALCZYK TOMASZ	TRICLUB	POL	1972	M50	2	00:14:01 (21)	00:00:41	00:32:28 (7)	00:22:29 (11)	01:09:39	11	
12	34	GÓRSKI ARKADIUSZ	KS SPÓJNIA WARSZAWA	POL	1992	M30	4	00:13:12 (14)	00:01:02	00:33:47 (14)	00:22:31 (12)	01:10:32	12	
13	41	STACHOWICZ MACIEJ	TEAM KARASZ	POL	1977	M50	3	00:12:21 (6)	00:00:43	00:35:12 (20)	00:24:23 (29)	01:12:39	13	
14	4	KOŁODZIEJSKI ARIEL	TEAM KARASZ	POL	1984	M40	7	00:12:22 (7)	00:01:43	00:33:19 (11)	00:25:57 (38)	01:13:21	14	
15	9	CIEŚLA RYSZARD	TRIWAWA/WTP	POL	1973	M50	4	00:13:00 (11)	00:01:02	00:33:39 (13)	00:25:48 (36)	01:13:29	15	
16	47	JAROSŁAWSKI MARCIN		POL	1973	M50	5	00:14:46 (30)	00:00:42	00:33:49 (15)	00:24:14 (27)	01:13:31	16	
17	32	ROSIŃSKI JAKUB	UNIQUIGHTCLUB	POL	1991	M30	5	00:15:33 (37)	00:00:37	00:36:40 (23)	00:20:57 (7)	01:13:47	17	
18	54	KRUEGER STEFAN		POL	1983	M40	8	00:14:23 (25)	00:00:47	00:33:37 (12)	00:25:23 (32)	01:14:10	18	
19	51	ZIELIŃSKI TOMASZ	VELOCITY WARSZAWA	POL	1976	M50	6	00:15:13 (34)	00:01:00	00:34:27 (17)	00:24:00 (26)	01:14:40	19	
20	38	IWAŃCZUK TYMOTEUSZ		POL	1982	M40	9	00:13:35 (17)	00:00:52	00:36:51 (24)	00:23:24 (19)	01:14:42	20	
21	40	WOŹNIAK PIOTR	ACCELERATING POLAND	POL	1979	M40	10	00:14:24 (26)	00:01:15	00:36:33 (22)	00:23:54 (25)	01:16:06	21	
22	43	JAROSZEWSKI JAKUB	UKS ŻOLIBÓRZ WARSZAWA	POL	2001	M20	1	00:09:50 (1)	00:00:38	00:42:30 (43)	00:23:09 (18)	01:16:07	22	
23	39	RYBARCZYK JACEK	KS START PUŁASKI WARKA	POL	1971	M50	7	00:16:27 (46)	00:00:49	00:35:05 (19)	00:24:15 (28)	01:16:36	23	
24	48	ZIELIŃSKI ANDRZEJ		POL	1977	M50	8	00:13:40 (18)	00:01:01	00:38:25 (31)	00:23:30 (21)	01:16:36	24	
25	11	STUKANOV OLEKSII	KUŹNIA TRIATHLONU	POL	1993	M30	6	00:14:38 (29)	00:00:41	00:38:49 (33)	00:22:37 (13)	01:16:45	25	
26	22	DRACH-KOWALCZYK KAROLINA		POL	1981	K40	1	00:15:41 (41)	00:00:42	00:37:29 (27)	00:23:26 (20)	01:17:18		1
27	24	KRAWCZYK ALEKSANDRA	TRI W KOLORZE BLOND/ COCO BONGO PINK TEAM	POL	1984	K40	2	00:13:49 (20)	00:00:39	00:39:53 (37)	00:23:09 (17)	01:17:30		2
28	59	REJNART MATEUSZ	AKTYWNI Z CUKRZYCĄ	POL	1991	M30	7	00:16:04 (43)	00:00:48	00:34:30 (18)	00:26:29 (40)	01:17:51	26	
29	49	CUSZLAG JAKUB	LK KLOSTERS	POL	1966	M60	1	00:15:38 (40)	00:00:57	00:37:35 (28)	00:23:49 (22)	01:17:59	27	
30	8	GRZYB ANDRZEJ	WSCHODNIA KIELCE	POL	1981	M40	11	00:14:09 (23)	00:00:44	00:37:43 (29)	00:25:26 (33)	01:18:02	28	
31	35	ŚWIĄTEK ŁUKASZ		POL	1991	M30	8	00:16:50 (48)	00:00:40	00:37:24 (26)	00:23:53 (24)	01:18:47	29	
32	58	PISARCZYK GRZEGORZ		POL	1980	M40	12	00:15:23 (36)	00:00:41	00:36:02 (21)	00:26:50 (43)	01:18:56	30	
33	16	SOJKOWSKI PIOTR	TRI NEGU	POL	1982	M40	13	00:14:49 (31)	00:00:48	00:39:13 (36)	00:24:35 (30)	01:19:25	31	
34	7	CZYNIEŃSKI ŁUKASZ	TEAM KARASZ	POL	1983	M40	14	00:14:28 (28)	00:01:01	00:38:56 (34)	00:25:38 (34)	01:20:03	32	
35	23	JONIO KATARZYNA	KUŹNIA TRIATHLONU	POL	1981	K40	3	00:12:40 (8)	00:00:44	00:44:08 (45)	00:22:50 (15)	01:20:22		3
36	19	OJRZYŃSKA MILENA		POL	1995	K30	1	00:13:00 (10)	00:00:57	00:40:39 (38)	00:26:05 (39)	01:20:41		4
37	3	NOWOSAD KACPER		POL	1982	M40	15	00:15:35 (38)	00:00:52	00:41:53 (40)	00:22:48 (14)	01:21:08	33	
38	56	ZAWADZKI ARTUR	TRI ALON 42	POL	1975	M50	9	00:13:08 (13)	00:01:39	00:38:12 (30)	00:29:26 (46)	01:22:25	34	
39	12	STOPA TOMASZ		POL	1973	M50	10	00:16:15 (44)	00:00:47	00:39:02 (35)	00:26:40 (42)	01:22:44	35	
40	5	MAZUR ANDRZEJ	TEAM KARASZ	POL	1973	M50	11	00:20:45 (54)	00:00:44	00:36:54 (25)	00:26:36 (41)	01:24:59	36	
41	55	KAPLIŃSKI KAMIL	MOTOINTEGRATOR TRI TEAM	POL	1979	M40	16	00:16:02 (42)	00:00:46	00:44:34 (46)	00:23:53 (23)	01:25:15	37	
42	57	BACHANEK ADAM		POL	1977	M50	12	00:16:45 (47)	00:00:36	00:42:15 (41)	00:25:51 (37)	01:25:27	38	

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Miejscowość: Warszawa



M-ce	Nr zaw.	Nazwisko Imię	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	Bieg	Wynik	M	K
43	1	DANYLCHENKO YURIY	ACADEMY OF HASTEN	POL	1980	M40	17	00:14:15 (24)	00:00:49	00:42:26 (42)	00:29:15 (45)	01:26:45	39	
44	61	ANNOMALIA ANNA		POL	1988	K40	4	00:15:10 (33)	00:01:35	00:46:36 (48)	00:25:47 (35)	01:29:08		5
45	44	MELEROWICZ MICHAŁ		POL	1973	M50	13	00:15:15 (35)	00:01:25	00:41:46 (39)	00:30:57 (49)	01:29:23	40	
46	21	MIKA AMELIA	TRI TRIATHLON FRIENDS	POL	1978	K50	1	00:16:16 (45)	00:00:44	00:47:42 (49)	00:25:04 (31)	01:29:46		6
47	31	URWANOWICZ ŁUKASZ	OSM PIĄTNICA	POL	1989	M30	9	00:14:49 (32)	00:00:41	00:44:06 (44)	00:30:31 (47)	01:30:07	41	
48	50	KUKIER MIROSLAW		POL	1972	M50	14	00:15:36 (39)	00:01:59	00:38:45 (32)	00:37:02 (54)	01:33:22	42	
49	20	KORONA TATIANA	TEAMKARAŚ	POL	1967	K60	1	00:14:28 (27)	00:00:41	00:46:15 (47)	00:32:47 (50)	01:34:11		7
50	15	VUCO IVO	KRÓLEWSKI KLUB BIEGACZA	POL	1977	M50	15	00:18:06 (50)	00:00:48	00:49:41 (50)	00:32:59 (51)	01:41:34	43	
51	27	KALINCA AMALIA	WITC	POL	1986	K40	5	00:18:42 (52)	00:01:57	00:53:05 (52)	00:28:08 (44)	01:41:52		8
52	18	PALUS MAŁGORZATA	ISANDS HOUSE	POL	1976	K50	2	00:18:15 (51)	00:00:46	00:51:18 (51)	00:34:34 (52)	01:44:53		9
53	60	ZAWADZKA-NAZIMEK JOANNA		POL	1982	K40	6	00:19:45 (53)	00:06:01	00:57:40 (53)	00:30:42 (48)	01:54:08		10
54	26	TSIALITSA ANASTASIYA	TRISTYLE	POL	1993	K30	2	00:17:57 (49)	00:00:51	01:07:08 (54)	00:35:05 (53)	02:01:01		11