

GARMIN IRON TRIATHLON NIEPORĘT 2019

Organizator: LABOSPORT Polska sp. z o.o.

Data: 31.08.2019

Dystans: 1/4 IM (0,95-45-10,55)

Miejscowość: NIEPORĘT

OPEN



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	X	Kara
1	2	SZALA TOMASZ	NOWA IWICZNA	PROFI TEAM	POL	1990	M25	1	00:12:15	11:00:32	00:01:07	01:02:03	00:00:58	00:38:04	01:54:27	1			
2	4	SIÓDZIAK IGOR	SZCZECINEK	7PRO TEAM, MBC, MKP	POL	1998	M18	1	00:11:50	11:00:32	00:00:56	01:05:18	00:00:56	00:35:49	01:54:49	2			
3	1	KALASZCZYŃSKI ŁUKASZ	PŁOCK	KM SPORT PRO TEAM	POL	1984	M35	1	00:12:58	11:00:32	00:01:12	01:03:54	00:00:56	00:36:43	01:55:43	3			
4	5	AUGUSTYŃIAK KRZYSZTOF	POLKOWICE	LABOSPORT TEAM MKS PLETVAL POLKOWICE	POL	1981	M35	2	00:12:59	11:00:32	00:01:08	01:04:11	00:01:05	00:38:19	01:57:42	4			
5	3	MARCINEK TOMASZ	RACIBÓRZ	MARCINEK TRIATHLON TEAM	POL	1991	M25	2	00:11:47	11:00:32	00:01:01	01:07:12	00:00:51	00:38:06	01:58:57	5			
6	10	PIREK MARIUSZ	WARSZAWA	TRINERGY TEAM	POL	1985	M30	1	00:14:45	11:00:42	00:01:12	01:06:32	00:01:01	00:41:25	02:04:55	6			
7	9	OGRODNIK MACIEJ	WROCLAW	SPORTWISE TRIWISE	POL	1997	M18	2	00:13:06	11:00:32	00:01:10	01:08:24	00:00:54	00:41:46	02:05:20	7			
8	384	BOGDANOWICZ DOMINIK	WARSZAWA	DECATHLON TEAM APTONIA TRYATHLON	POL	1995	M18	3	00:12:51	11:00:45	00:01:20	01:10:22	00:01:02	00:40:06	02:05:41	8			
9	261	KALINOWSKI PAWEŁ	ŁOMIANKI	TRIZARZA	POL	1984	M35	3	00:14:45	11:00:45	00:01:03	01:06:41	00:01:14	00:42:23	02:06:06	9			
10	7	LATAWIEC BARTOSZ	LEGIONOWO	WARSAW MASTERS TEAM	POL	1978	M40	1	00:17:12	11:01:58	00:01:24	01:04:30	00:01:06	00:45:23	02:09:35	10			
11	6	SIEKIERSKI MATEUSZ MAREK	GOŁDAP	NADAKTYWNI BIAŁYSTOK/ SPORTOWIECWIJSKI	POL	1993	M25	3	00:14:13	11:01:21	00:01:25	01:13:55	00:01:05	00:39:00	02:09:38	11			
12	412	PERNAK PIOTR	WARSZAWA	CTS	POL	1970	M45	1	00:15:38	11:00:52	00:01:37	01:08:31	00:01:40	00:42:37	02:10:03	12			
13	468	SIWIRSKI ROBERT	WARSZAWA	WARSAW MASTERS TEAM WTT	POL	1975	M40	2	00:16:30	11:01:06	00:01:20	01:08:48	00:01:11	00:42:36	02:10:25	13			
14	65	SZYMCZAK JANUSZ	WARSZAWA	TRIWAWA	POL	1986	M30	2		11:00:51					02:10:44	14			
15	1219	ZABORNIAK MICHAŁ	ŁÓDŹ	PULS TRI TEAM	POL	1995	M18	4	00:14:38	11:01:06	00:01:38	01:10:31	00:01:24	00:43:26	02:11:37	15			
16	469	POMORSKI RAFAŁ	WARSZAWA	TRIFAMILY LOVE THE PAIN	POL	1983	M35	4	00:14:32	11:01:02	00:01:26	01:12:02	00:01:02	00:43:08	02:12:10	16			
17	458	TARGONI PAWEŁ	FRYDEK		POL	1976	M40	3	00:14:44	11:00:42	00:01:32	01:11:16	00:01:45	00:43:19	02:12:36	17			
18	313	WOŹNICKI PIOTR	OŚWIĘCIM	UNIA OŚWIĘCIM	POL	1975	M40	4	00:12:55	11:00:38	00:01:27	01:10:35	00:01:29	00:44:21	02:12:47	18			00:02:00
19	661	TYMIŃSKI PAWEŁ	MIŃSK MAZOWIECKI		POL	1983	M35	5	00:17:26	11:01:02	00:02:08	01:09:38	00:01:14	00:42:40	02:13:06	19			
20	153	GARDENER JACEK	ŁÓWICZ	LKS VICTORIA ZABOSTÓW	POL	1964	M55	1	00:16:08	11:00:51	00:01:33	01:09:30	00:01:16	00:45:28	02:13:55	20			
21	58	SERWIŃSKI RADEK	WARSZAWA	NEON TEAM	POL	1982	M35	6	00:16:47	11:01:42	00:01:47	01:10:15	00:01:19	00:43:59	02:14:07	21			
22	491	RYNKO PAWEŁ	OLSZTYN	STARTUJĘ BO NIE LUBIĘ ;)	POL	1980	M35	7	00:15:50	11:01:21	00:01:19	01:12:07	00:01:11	00:44:25	02:14:52	22			
23	61	SWIANIEWICZ ANTONI	WARSZAWA	AKS POLONIA WARSZAWA	POL	1985	M30	3	00:15:36	11:01:02	00:01:34	01:10:20	00:01:33	00:45:54	02:14:57	23			
24	67	JOŃCZY KAMIL	HALINÓW - HIPOLITÓW	WANIEWSKI COACHING / PKO BANK POLSKI	POL	1983	M35	8	00:16:07	11:01:09	00:01:22	01:12:04	00:01:04	00:44:33	02:15:10	24			
25	539	EPELBAUM DARIUSZ	WARSZAWA	CTS CZAJA TRAINING SYSTEM	POL	1977	M40	5	00:16:49	11:01:14	00:01:35	01:10:39	00:01:21	00:44:49	02:15:13	25			
26	138	KONIECZNY KRZYSZTOF	JÓZEFOSŁAW	TRIAFUN TRIATHLON TEAM PIASECZNO	POL	1979	M40	6	00:16:00	11:00:48	00:01:38	01:10:33	00:01:07	00:46:20	02:15:38	26			
27	191	TALMON ADAM	WARSZAWA		POL	1990	M25	4	00:18:01	11:01:49	00:01:32	01:11:52	00:01:15	00:43:25	02:16:05	27			
28	63	KUCZYŃSKI KRZYSZTOF	WARSZAWA	BIM ARCHITEKCI	POL	1994	M25	5	00:14:05	11:00:48	00:01:17	01:14:57	00:01:00	00:44:49	02:16:08	28			
29	49	MIOTK MARCIN	WARSZAWA	NEON TEAM	POL	1973	M45	2	00:18:16	11:02:46	00:02:04	01:13:17	00:01:31	00:41:00	02:16:08	29			
30	366	PODZIEWSKI ARKADIUSZ	WARSAW	TKKF NON IRON TRINERGY TEAM	POL	1972	M45	3	00:18:40	11:00:59	00:01:45	01:07:45	00:01:49	00:46:10	02:16:09	30			
31	221	JAWOREK ŁUKASZ	TRZCIANY	WNIEBOWIĘCI	POL	1979	M40	7	00:17:33	11:01:54	00:01:24	01:11:15	00:01:10	00:45:03	02:16:25	31			
32	417	MATUSIAK MATEUSZ	ZGIERZ	SNG WILD DUCKS	POL	1987	M30	4	00:15:25	11:01:32	00:01:48	01:12:30	00:01:27	00:45:37	02:16:47	32			
33	344	OWORUSZKO JAROSŁAW	WARSZAWA	SIDOR TEAM	POL	1971	M45	4	00:15:54	11:01:17	00:01:49	01:11:41	00:01:39	00:45:47	02:16:50	33			
34	182	PAWLIN MATEUSZ	WARSZAWA	TRIZARZA	POL	1991	M25	6	00:17:40	11:00:59	00:01:53	01:13:49	00:01:00	00:42:54	02:17:16	34			
35	149	PADUSZYŃSKI PIOTR	WARSZAWA	EDUSTACYJKA.PL TRIATHLON TEAM EDUSTACYJKA.PL	POL	1972	M45	5	00:17:01	11:00:55	00:01:24	01:13:47	00:01:25	00:43:59	02:17:36	35			
36	1211	KUCHARSKI PIOTR	STARACHOWICE	PIMP TEAM	POL	1980	M35	9	00:13:34	11:04:34	00:01:34	01:10:51	00:01:32	00:50:18	02:17:49	36			
37	26	ZAKRZEWSKI RAFAŁ	GDAŃSK	LABOSPORT TEAM ZG AZS HOTEL GALION	POL	1971	M45	6		11:01:10		01:10:46	00:01:42	00:48:45	02:18:18	37			
38	454	REMBOWSKI MICHAŁ	KONSTANCIN-JEZIORNA	UB 40 TC	POL	1975	M40	8	00:14:52	11:00:45	00:01:53	01:10:54	00:01:48	00:47:04	02:18:31	38			00:02:00
39	86	POKORSKI MAREK	WARSZAWA	CTS - CZAJATRAININGSYSTEM GFI HAPPY TEAM	POL	1971	M45	7	00:15:34	11:01:10	00:01:38	01:09:35	00:01:30	00:48:55	02:19:12	39			00:02:00
40	521	WIŚNIEWSKI KRZYSZTOF	WARSZAWA	<2:15:JAK WIATR POZWOŁI ;)	POL	1982	M35	10	00:17:22	11:01:24	00:02:29	01:11:52	00:01:52	00:45:51	02:19:26	40			
41	20	WACŁAWSKI KRZYSZTOF	ILAWA	ORKAMASTERS ILAWA	POL	1965	M50	1	00:15:21	11:01:35	00:01:48	01:13:36	00:01:23	00:47:20	02:19:28	41			
42	441	KACPEKSI WOJCIECH	OLSZTYN	PERSONALTRIATHLON.PL	POL	1981	M35	11	00:16:05	11:01:14	00:01:45	01:14:23	00:01:19	00:46:16	02:19:48	42			
43	319	LITAWA JACEK	WARSZAWA		POL	1970	M45	8	00:16:08	11:00:42	00:01:39	01:13:28	00:01:27	00:47:22	02:20:04	43			
44	143	CZAJKOWSKI ADAM	KONSTANCIN-JEZIORNA		POL	1970	M45	9	00:15:02	11:00:56	00:01:42	01:14:50	00:01:24	00:47:12	02:20:10	44			
45	120	STAFIEJ FILIP	JOZEFOW K/ LEGIONOWA	WNIEBOWIĘCI 2AB 2AB	POL	1976	M40	9	00:15:27	11:01:45	00:01:41	01:14:20	00:01:13	00:48:15	02:20:56	45			
46	433	BRETT TOMASZ	KOŁO	MLUKS TRIATHLON	POL	1962	M55	2	00:13:20	11:00:38	00:01:25	01:16:56	00:01:24	00:47:53	02:20:58	46			
47	496	WRÓBLEWSKI WOJCIECH	ZGIERZ	SNG WILD DUCKS	POL	1979	M40	10	00:17:53	11:01:35	00:02:15	01:12:17	00:01:49	00:46:48	02:21:02	47			
48	204	KAIM IGNACY	WARSZAWA	LITT	POL	1989	M30	5	00:13:56	11:01:24	00:01:11	01:14:38	00:01:05	00:50:33	02:21:23	48			
49	84	KULKA SERGIUSZ	LESZNOWOLA		POL	1980	M35	12	00:15:27	11:01:21	00:01:37	01:12:24	00:01:38	00:50:20	02:21:26	49			

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OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	X	Kara
50	64	GAŚSIOR PATRYK	WARSZAWA	WMT	POL	1994	M25	7	00:11:46	11:00:37	00:02:02	01:11:38	00:01:44	00:54:19	02:21:29	50			
51	481	POMORSKA JOANNA	WARSZAWA	TRIFAMILY	POL	1981	K35	1	00:16:02	11:02:28	00:01:47	01:16:13	00:01:25	00:46:12	02:21:39		1		
52	40	KAPLIŃSKI KAMIL	WARSZAWA	INTER CARS TRIATHLON TEAM	POL	1979	M40	11	00:16:55	11:02:41	00:02:03	01:13:24	00:01:19	00:48:02	02:21:43	51			
53	537	JAKUBCZAK ANDRZEJ	ROBAKOWO	VAN HOBY BIKE MANUFAKTUR	POL	1979	M40	12	00:12:52	11:00:48	00:02:02	01:13:31	00:01:38	00:51:56	02:21:59	52			
54	30	KOCIOŁOWICZ JAKUB	WARSZAWA	KUŹNIA TRIATHLONU	POL	1983	M35	13	00:15:58	11:01:54	00:02:08	01:13:15	00:01:29	00:49:15	02:22:05	53			
55	391	RYBAK REMIGIUSZ	BIAŁE BŁOTA	BIKE U UP	POL	1977	M40	13	00:18:01	11:01:35	00:01:41	01:12:12	00:01:19	00:49:08	02:22:21	54			
56	38	HOLUB ANDRZEJ	WARSZAWA	KUŹNIA TRIATHLONU	POL	1980	M35	14	00:18:57	11:03:58	00:02:01	01:14:50	00:01:49	00:44:46	02:22:23	55			
57	306	FRAŃCZAK JAN	WARSZAWA	INTER CARS TRIATHLON TEAM	POL	1982	M35	15	00:17:44	11:02:53	00:01:36	01:15:24	00:01:28	00:46:12	02:22:24	56			
58	405	KURACH MICHAŁ	WARSZAWA	EIP INTER CARS	POL	1985	M30	6	00:19:19	11:01:46	00:01:57	01:10:57	00:01:44	00:48:43	02:22:40	57			
59	112	RUZIK RAFAŁ	WARSZAWA	TRIPOWER.PL	POL	1979	M40	14	00:18:31	11:04:12	00:02:29	01:13:57	00:01:30	00:46:18	02:22:45	58			
60	214	DESSELBERGER ANDRZEJ	WŁOCŁAWEK	ENERGY TRI WŁOCŁAWEK LABOSPORT TEAM	POL	1969	M50	2	00:16:36	11:01:28	00:02:26	01:12:22	00:01:18	00:50:30	02:23:12	59			
61	251	KOWALCZYK IGA	GŁODAP		POL	1989	K30	1	00:15:14	11:01:21	00:01:36	01:16:23	00:01:16	00:49:01	02:23:30		2		
62	498	KRYGIELSKI KRZYSZTOF	WÓJTOWO	CRYOSPACE OLSZTYN	POL	1975	M40	15	00:18:21	11:01:28	00:02:19	01:16:39	00:02:06	00:44:18	02:23:43	60			
63	50	BADOWSKI FRANCISZEK	WARSZAWA	NEON TEAM	POL	1988	M30	7	00:15:35	11:01:09	00:02:26	01:13:56	00:01:22	00:50:32	02:23:51	61			
64	1212	BEDYŃSKI RADEK	WARSZAWA	PZU SPORT TEAM	POL	1973	M45	10	00:18:15	11:02:29	00:01:57	01:13:07	00:02:13	00:48:34	02:24:06	62			
65	389	GRZELINSKI MICHAŁ	JOZEFOSŁAW	BEKO BEKO	POL	1980	M35	16	00:16:48	11:01:28	00:02:16	01:11:41	00:01:47	00:51:36	02:24:08	63			
66	96	LUBAS LUBOMIR	WARSZAWA	TRINERGY TEAM	POL	1974	M45	11	00:17:07	11:03:19	00:02:04	01:15:04	00:01:19	00:48:50	02:24:24	64			
67	85	GRZYMKOWSKI ADAM	MARKI		POL	1974	M45	12	00:15:47	11:01:13	00:02:18	01:18:00	00:02:46	00:45:36	02:24:27	65			
68	130	KORZENIEWSKI MICHAŁ	WARSZAWA	TEAM BIEGAJ POD OKIEM TRENERA	POL	1989	M30	8	00:18:08	11:04:02	00:02:18	01:15:35	00:01:35	00:46:55	02:24:31	66			
69	28	VASHKEVICH VITAL	WARSZAWA	KUŹNIA TRIATHLONU	BY	1989	M30	9	00:16:34	11:02:11	00:01:41	01:20:12	00:02:07	00:44:09	02:24:43	67			
70	359	ZAWADZAK ZBIGNIEW	WARSZAWA	LUFT TRI TEAM LUFT TRI TEAM	POL	1962	M55	3	00:19:09	11:05:50	00:01:18	01:12:45	00:01:27	00:50:05	02:24:44	68			
71	271	OSYTEK SŁAWOMIR	RADZYMIN	TRI LEVEL	POL	1966	M50	3	00:16:53	11:02:07	00:01:31	01:13:02	00:01:13	00:52:09	02:24:48	69			
72	207	WAWRZYŃIAK MAREK	GDYNIA		POL	1972	M45	13	00:20:06	11:05:12	00:02:04	01:11:34	00:01:09	00:49:56	02:24:49	70			
73	232	MERMER ADAM	LEGIONOWO	TRI LEVEL	POL	1987	M30	10	00:15:02	11:00:45	00:01:46	01:18:15	00:01:28	00:48:26	02:24:57	71			
74	1210	PRZEDPEŁSKI RADOŚLAW	ŁÓDŹ		POL	1982	M35	17	00:16:00	11:02:14	00:01:52	01:17:10	00:01:30	00:48:21	02:25:08	72			00:00:15
75	43	JONIO KATARZYNA	SZELIGI	KUŹNIA TRIATHLONU	POL	1981	K35	2	00:15:46	11:01:32	00:01:37	01:15:50	00:01:31	00:50:35	02:25:19		3		
76	8	WAWSZCZYK TOMASZ	WARSZAWA		POL	1972	M45	14	00:18:18	11:03:59	00:02:07	01:13:50	00:01:57	00:49:35	02:25:47	73			
77	25	MOŻDŻONEK MICHAŁ	WARSZAWA	LABOSPORT TEAM TRIWAWA HUB.LU	POL	1977	M40	16	00:17:01	11:01:42	00:01:40	01:12:00	00:01:17	00:53:51	02:25:49	74			
78	423	RYBARCZYK JACEK	WARSZAWA	KS START PUŁASKI WARKA	POL	1971	M45	15	00:17:44	11:03:12	00:02:12	01:14:01	00:01:59	00:49:59	02:25:55	75			
79	170	ZDANOWSKI TOMASZ	SITNE	TRIZARZA	POL	1994	M25	8	00:17:08	11:01:31	00:01:36	01:14:48	00:01:16	00:51:14	02:26:02	76			
80	76	JACZEWSKI ROBERT	WARSZAWA		POL	1989	M30	11	00:16:07	11:01:06	00:01:59	01:19:58	00:01:30	00:46:38	02:26:12	77			
81	34	FIOŁEK-WARSZEWSKA AGNIESZKA	WARSZAWA	KUŹNIA TRIATHLONU	POL	1972	K45	1	00:19:52	11:05:12	00:02:22	01:16:11	00:01:31	00:46:25	02:26:21		4		
82	59	SMOLIŃSKI ROBERT	WARSZAWA	NEON TEAM MASTER CARE	POL	1968	M50	4	00:15:11	11:01:35	00:01:53	01:20:01	00:01:34	00:47:51	02:26:30	78			
83	165	BOGDAJEWICZ GRZEGORZ	PRZYGDZICE	OTR INTERKOL CX80 TEAM CX80 TEAM	POL	1975	M40	17	00:18:51	11:04:17	00:02:22	01:10:44	00:01:32	00:53:04	02:26:33	79			
84	397	JANIK PRZEMYSŁAW	WARSZAWA	TRICLUB	POL	1980	M35	18	00:17:40	11:00:38	00:01:29	01:13:48	00:01:21	00:52:18	02:26:36	80			
85	51	ZIÓŁKOWSKI GRZEGORZ	WARSZAWA	NEON TEAM PWC ALUMINI	POL	1980	M35	19	00:17:05	11:01:29	00:02:04	01:12:47	00:01:55	00:53:06	02:26:57	81			
86	475	KUBACKI TOMASZ	WARSZAWA	TRICLUB	POL	1990	M25	9	00:16:32	11:02:18	00:02:11	01:20:15	00:01:44	00:46:28	02:27:10	82			
87	362	KOWALCZUK TOMASZ	BELCHATÓW	IRON FIGHTERS	POL	1989	M30	12	00:15:12	11:00:48	00:02:19	01:12:16	00:01:05	00:56:25	02:27:17	83			
88	428	WRÓŃSKI MICHAŁ	WARSZAWA	WITC	POL	1987	M30	13	00:17:58	11:04:47	00:03:07	01:17:08	00:01:59	00:47:05	02:27:17	84			
89	385	TARNOWSKI ROBERT	WARSZAWA	AGRESJA	POL	1991	M25	10	00:16:14	11:03:45	00:01:59	01:20:37	00:01:41	00:46:50	02:27:21	85			
90	440	DZIESZKO RAFAŁ	BIAŁYSTOK	NADAKTYWNI	POL	1979	M40	18	00:15:24	11:01:58	00:01:36	01:11:30	00:02:21	00:56:31	02:27:22	86			
91	445	KUR DANIEL	GDYNIA	ARKA GDYNIA	POL	1985	M30	14	00:17:24	11:04:10	00:01:45	01:18:48	00:01:33	00:47:53	02:27:23	87			
92	444	MICHNICKI MARCIN	WARSZAWA	EFITNESS.COM	POL	1975	M40	19	00:16:25	11:00:59	00:02:50	01:12:50	00:01:26	00:54:13	02:27:44	88			
93	68	ŻUKOWSKI KONRAD	WARSZAWA	NAJSZYBCIEJSI	POL	1988	M30	15	00:16:25	11:01:54	00:01:29	01:17:26	00:01:22	00:51:05	02:27:47	89			
94	418	ZUJKO KINGA	BIAŁYSTOK	NADAKTYWNI / SZALA COACH	POL	1996	K18	1	00:19:16	11:04:13	00:02:47	01:19:50	00:01:33	00:44:30	02:27:56		5		
95	450	SZMIDT MARIA	OZARÓW MAZOWIECKI		POL	1992	K25	1	00:16:38	11:00:55	00:02:16	01:17:25	00:01:48	00:49:53	02:28:00		6		
96	44	OSIECKI EDWIN	KONSTANCIN-JEZIORNA	KUŹNIA TRIATHLONU	POL	1969	M50	5	00:15:17	11:01:02	00:01:59	01:17:26	00:02:10	00:51:15	02:28:07	90			
97	480	CHMIELEWSKI CEZARY	WARSZAWA	LUFT TRI TEAM/ BIKE SALON TEAM	POL	1969	M50	6	00:16:22	11:03:54	00:02:20	01:16:24	00:02:38	00:50:24	02:28:08	91			
98	187	ZAJĄC GRZEGORZ	NADARZYN	WIĘCEJ FUNKU!	POL	1984	M35	20	00:17:33	11:03:20	00:02:45	01:17:14	00:01:41	00:48:58	02:28:11	92			

GARMIN IRON TRIATHLON NIEPORĘT 2019

Organizator: LABOSPORT Polska sp. z o.o.
 Data: 31.08.2019
 Dystans: 1/4 IM (0,95-45-10,55)
 Miejscowość: NIEPORĘT



OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	X	Kara
99	357	KOPEĆ DOMINIK	ŁÓDŹ		POL	1979	M40	20	00:16:45	11:02:46	00:02:26	01:20:09	00:01:28	00:47:29	02:28:17	93			
100	291	GAWIN KRZYSZTOF	WARSZAWA	TRI NEGU	POL	1992	M25	11	00:16:42	11:05:55	00:01:30	01:14:44	00:01:36	00:54:30	02:29:02	94			
101	202	MATEJA JANUSZ MICHAŁ	GDAŃSK		POL	1957	M60	1	00:16:05	11:02:37	00:02:20	01:16:11	00:02:05	00:52:21	02:29:02	95			
102	340	KAMIŃSKI PAWEŁ	WARSZAWA	GENIUS FITNESS	POL	1986	M30	16	00:17:30	11:00:45	00:01:28	01:15:01	00:01:44	00:53:20	02:29:03	96			
103	308	KLEJZEROWICZ ROMAN	ELK	EGGER RUNS/SBR TEAM ELK	POL	1977	M40	21	00:17:57	11:04:25	00:01:34	01:18:34	00:01:27	00:49:35	02:29:07	97			
104	461	KITLAS MARCIN	WARSZAWA	PCWORLD.PL	POL	1986	M30	17	00:17:40	11:04:17	00:02:43	01:15:28	00:01:45	00:51:39	02:29:15	98			
105	289	ŚWIERŻEWSKI ŁUKASZ	WARSZAWA	SPORTOWARODZINA.PL	POL	1975	M40	22	00:18:00	11:03:09	00:02:09	01:17:42	00:01:29	00:49:55	02:29:15	99			
106	181	HERMANN TOMASZ	OLSZTYN	WWW.OLSZTYNBIZNES.PL RODO BHP	POL	1978	M40	23	00:17:21	11:02:10	00:01:34	01:18:55	00:01:25	00:50:02	02:29:17	100			
107	431	RETIEF ANDRIES	WARSZAWA	WITC	POL	1985	M30	18	00:17:29	11:02:04	00:03:10	01:14:58	00:02:10	00:52:02	02:29:49	101			
108	283	KOŁODZIEJCZYK ŁUKASZ	DOBIESZKÓW		POL	1980	M35	21	00:15:32	11:01:02	00:02:04	01:19:12	00:01:30	00:51:38	02:29:56	102			
109	390	RAPAŁA KRZYSZTOF	WARSZAWA	PĘTLA S8 KANCELARIA RAPAŁA	POL	1984	M35	22	00:15:50	11:01:38	00:03:05	01:12:13	00:02:26	00:56:30	02:30:04	103			
110	180	KWIATKOWSKI MAREK	PODGÓRZE	NIEZRZESZONY	POL	1967	M50	7	00:19:03	11:03:50	00:02:46	01:13:40	00:02:13	00:52:47	02:30:29	104			
111	227	KIEDA WOJCIECH	BIAŁYSTOK	KIEDA - TRENERFIT.PL / IRONWOMAN FIT	POL	1976	M40	24	00:14:40	11:00:58	00:01:23	01:16:48	00:01:10	00:56:36	02:30:37	105			
112	266	MOSTOWSKI ARTUR	WARSZAWA	FURIOUS WOLVES	POL	1973	M45	16	00:16:27	11:03:00	00:02:42	01:18:33	00:02:05	00:51:08	02:30:55	106			
113	121	JANKOWIAK MARCIN	ZIELONA GÓRA	ALETEMPO	POL	1984	M35	23		11:02:32		01:16:26	00:01:18	00:49:43	02:31:18	107			
114	459	HOŁOBUK MARCIN	STALOWA WOLA		POL	1987	M30	19	00:17:31	11:04:42	00:02:22	01:20:37	00:02:17	00:48:43	02:31:30	108			
115	208	BRIGGS SEAN	LIPKÓW	FORTUNABOX	POL	1966	M50	8	00:17:03	11:04:29	00:01:42	01:24:20	00:01:11	00:47:23	02:31:39	109			
116	243	KLIMCZAK PAWEŁ	WARSZAWA		POL	1980	M35	24	00:17:19	11:06:35	00:02:22	01:20:56	00:02:29	00:48:37	02:31:43	110			
117	73	BROŹ KRZYSZTOF	KOŁO	TERMY UNIEJÓW / WWW.PROJEKTOWAKB.PL	POL	1976	M40	25	00:16:05	11:00:55	00:01:42	01:16:46	00:01:08	00:56:17	02:31:58	111			
118	142	JANCZAREK ARKADIUSZ	BOŻA WOLA	MBC - MACIEJ BODNAR COACHING	POL	1979	M40	26	00:17:15	11:02:07	00:01:57	01:16:01	00:01:29	00:55:20	02:32:02	112			
119	21	JĄŁOCHA WALDEMAR	PRUSZKÓW	LABOSPORT TEAM	POL	1966	M50	9	00:19:58	11:03:12	00:02:11	01:18:23	00:01:48	00:50:05	02:32:25	113			
120	171	BARTCZAK MARIUSZ	CIECHANÓW	ALIOR RUNNING TEAM	POL	1979	M40	27	00:18:01	11:04:06	00:02:34	01:16:19	00:01:19	00:54:15	02:32:28	114			
121	448	DOLCZEWSKI DARIUSZ	WARSZAWA	CROSSFIT ELEKTROMOC	POL	1982	M35	25	00:16:36	11:04:51	00:02:47	01:19:52	00:01:31	00:52:04	02:32:50	115			
122	47	KOLANO AGNIESZKA	WARSZAWA	KUŹNIA TRIATHLONU/WAY2CHAMP	POL	1981	K35	3	00:20:05	11:04:25	00:01:57	01:20:46	00:01:46	00:48:19	02:32:53			7	
123	302	KIRILENKO ANETA	MARKI	TRI LEVEL	POL	1974	K45	2		11:02:41					02:32:54			8	
124	155	ŻYŁOWSKI DAWID	GDAŃSK	IZERSKA GRUPA BIEGOWA	POL	1996	M18	5	00:18:19	11:02:25	00:01:56	01:21:54	00:01:00	00:49:55	02:33:04	116			
125	224	GAŚNOROWSKI JĘDRZEJ	ŁOMIANKI		POL	1981	M35	26	00:19:01	11:06:00	00:02:30	01:16:05	00:01:53	00:53:36	02:33:05	117			
126	303	ŁOBARZEWSKI GRZEGORZ	LEGIONOWO	TRI LEVEL	POL	1987	M30	20	00:14:44	11:01:18	00:01:34	01:21:22	00:01:21	00:54:11	02:33:12	118			
127	196	SZYMANIAK PAWEŁ	RAWA MAZOWIECKA		POL	1993	M25	12	00:23:01	11:05:28	00:02:52	01:16:11	00:02:14	00:49:03	02:33:21	119			
128	247	UJCZAK KRZYSZTOF	WARSZAWA		POL	1987	M30	21		11:03:16					02:33:27	120			
129	258	CEGLARZ WOJCIECH	WARSZAWA	BANK GOSPORDARSTWA KRAJOWEGO	POL	1989	M30	22	00:16:07	11:01:54	00:02:26	01:20:43	00:01:53	00:52:18	02:33:27	121			
130	528	LEONIUK PAWEŁ	BIAŁYSTOK	NADAKTYWNI	POL	1982	M35	27	00:19:02	11:02:33	00:03:10	01:16:05	00:01:40	00:53:31	02:33:28	122			
131	77	THIRY XAVIER	WARSZAWA		POL	1970	M45	17	00:18:15	11:05:16	00:03:11	01:20:22	00:01:50	00:49:54	02:33:32	123			
132	14	KOZIŃSKI DANIEL	WARSZAWA	BADBROTHERS	POL	1972	M45	18	00:17:16	11:02:37	00:03:11	01:19:01	00:02:55	00:51:16	02:33:39	124			
133	381	PRUGAR FUKOWSKA PAULINA	WARSZAWA (BEMOWO)	NEON TEAM	POL	1983	K35	4	00:17:02	11:02:33	00:02:22	01:25:22	00:01:19	00:47:51	02:33:56			9	
134	107	IWASZKIEWICZ MICHAŁ	LEGIONOWO		POL	1987	M30	23	00:16:55	11:03:41	00:03:01	01:19:00	00:01:25	00:53:45	02:34:06	125			
135	27	WOSZCZEK MICHAŁ	ŁÓDŹ	LABOSPORT TEAM MERIDIAN EKSPERCI KREDYTOWI	POL	1977	M40	28	00:19:02	11:01:06	00:01:59	01:19:09	00:01:43	00:52:00	02:34:08	126			00:00:15
136	91	PIECHOTKA ŁUKASZ	WARSZAWA		POL	1981	M35	28	00:17:38	11:00:58	00:02:08	01:13:32	00:01:29	00:59:30	02:34:17	127			
137	179	KWIATKOWSKA JULIA	WIDAWA		POL	1995	K18	2	00:18:27	11:03:46	00:02:50	01:15:55	00:01:26	00:55:49	02:34:27			10	
138	55	BANASIEWICZ MARCIN	MARKI	NEON TEAM	POL	1980	M35	29	00:18:10	11:04:13	00:02:22	01:22:22	00:02:20	00:49:20	02:34:34	128			
139	486	ŁOJEK KRZYSZTOF	WARSZAWA		POL	1983	M35	30	00:21:03	11:06:40	00:02:54	01:19:05	00:02:08	00:49:38	02:34:48	129			
140	236	TATARSKI PETRONIUSZ	WARSZAWA	TRIPASSION TEAM	POL	1973	M45	19	00:15:53	11:00:48	00:02:37	01:19:35	00:02:18	00:54:58	02:35:21	130			
141	299	ANTOSZEWSKI BARTOSZ	WARSZAWA		POL	1982	M35	31	00:16:03	11:03:29	00:02:20	01:25:41	00:01:40	00:49:40	02:35:24	131			
142	1217	SZACHŁOWSKI PRZEMYSŁAW	BIAŁYSTOK	NADAKTYWNI	POL	1984	M35	32	00:19:14	11:02:22	00:02:18	01:15:55	00:02:18	00:55:52	02:35:37	132			
143	56	OLESZCZUK JAREK	WARSZAWA	NEON TEAM	POL	1974	M45	20	00:19:12	11:03:49	00:02:28	01:15:43	00:02:21	00:55:59	02:35:43	133			
144	442	ZDANOWSKI BARTOSZ	ŻYRARDÓW		POL	1978	M40	29	00:19:04	11:04:43	00:02:25	01:17:15	00:02:23	00:54:58	02:36:05	134			
145	296	RODASZYŃSKI PAWEŁ	WARSZAWA - POLSKA		POL	1988	M30	24	00:18:02	11:03:38	00:03:15	01:25:55	00:01:01	00:47:55	02:36:08	135			
146	241	SOBIECH PAWEŁ	LEGIONOWO	TRI LEVEL	POL	1978	M40	30	00:18:37	11:04:55	00:01:46	01:17:00	00:01:38	00:57:12	02:36:13	136			
147	360	ŚWIDERSKI MICHAŁ	LEGIONOWO	TRI LEVEL	POL	1980	M35	33	00:17:45	11:05:00	00:03:04	01:17:43	00:02:13	00:55:52	02:36:37	137			

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 Miejscowość: NIEPORĘT

OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	X	Kara
148	140	CISOWSKI ARTUR	WARSZAWA	AC CONSTRUCTION	POL	1977	M40	31	00:17:50	11:03:54	00:02:39	01:16:44	00:01:44	00:57:41	02:36:38	138			
149	80	JOŃCZY RADOŚLAW	WROCŁAW	WANIEWSKI COACHING	POL	1979	M40	32	00:16:13	11:01:10	00:01:56	01:27:32	00:01:28	00:49:29	02:36:38	139			
150	42	CZAJKOWSKI ROBERT	OSTRÓWEK	KUŹNIA TRIATHLONU	POL	1976	M40	33	00:17:39	11:03:01	00:02:30	01:23:55	00:01:51	00:50:47	02:36:42	140			
151	488	MALISZEWSKI WOJCIECH	JÓZEFOSŁAW	WARSAW MASTERS TEAM	POL	1974	M45	21	00:15:25	11:01:06	00:02:24	01:22:34	00:01:57	00:54:23	02:36:43	141			
152	128	STRUK PIOTR	BIAŁYSTOK		POL	1993	M25	13	00:17:02	11:04:29	00:02:12	01:17:35	00:01:57	00:57:58	02:36:44	142			
153	110	KĘDZERSKI ŁUKASZ	WARSZAWA		POL	1988	M30	25	00:18:56	11:03:04	00:04:05	01:22:49	00:01:18	00:49:39	02:36:47	143			
154	477	MADERA BARTOSZ	CHOTOMÓW		POL	1980	M35	34	00:17:55	11:03:29	00:02:43	01:16:38	00:01:47	00:57:47	02:36:50	144			
155	71	GRYŚ PIOTR	DUŁGOSIÓDŁO		POL	1980	M35	35	00:18:10	11:04:21	00:02:26	01:22:42	00:01:46	00:51:47	02:36:51	145			
156	350	SIEPAK PAWEŁ	KRAKÓW	DECATHLON TEAM	POL	1994	M25	14	00:21:12	11:05:33	00:01:43	01:19:38	00:02:02	00:52:18	02:36:53	146			
157	57	LEWAK MARCIN	WARSZAWA	NEON TEAM	POL	1983	M35	36	00:17:24	11:04:10	00:03:24	01:17:17	00:01:38	00:57:15	02:36:58	147			
158	168	DOBROSIELSKI ANDRZEJ	CHOTOMÓW		POL	1990	M25	15	00:15:12	11:02:04	00:02:25	01:25:14	00:01:27	00:52:52	02:37:10	148			
159	455	CIERNIAK JAROSŁAW	ŁUBLIN		POL	1992	M25	16	00:19:10	11:02:45	00:02:07	01:19:15	00:02:19	00:54:10	02:37:16	149			00:00:15
160	368	JARZĄBEK LINDHOLM ANNA	WARSZAWA	TRICLUB WARSZAWA MYBIKE.PL, (TRIWAWA)	POL	1975	K40	1	00:18:55	11:03:12	00:02:02	01:20:44	00:01:59	00:53:41	02:37:21		11		
161	215	WARDA MARCIN	ŁOMIANKI DOLNE	ORT ŁOMIANKI	POL	1980	M35	37	00:16:33	11:01:14	00:02:37	01:22:40	00:01:47	00:53:45	02:37:22	150			
162	361	KIBICKI KONRAD	WARSZAWA	BANK POCZTOWY	POL	1983	M35	38	00:17:29	11:03:05	00:01:47	01:18:18	00:01:42	00:58:09	02:37:25	151			
163	388	WOŹNICKA EWA	WĘGRÓW	AKTYWNI WĘGRÓW	POL	1992	K25	2	00:21:00	11:05:16	00:02:32	01:21:06	00:01:50	00:51:08	02:37:36		12		
164	451	WASILEWSKA JOANNA	WARSZAWA	WITC	POL	1972	K45	3	00:20:56	11:04:59	00:02:27	01:19:47	00:02:06	00:52:23	02:37:39		13		
165	367	ZAKRZEWSKI MICHAŁ	ŁÓDŹ	SNG WILD DUCKS	POL	1977	M40	34	00:16:11	11:01:46	00:04:08	01:18:13	00:02:55	00:56:17	02:37:44	152			
166	374	MANIKAŁO DARIUSZ	LIPKÓW	TRINERGY TEAM WTT	POL	1969	M50	10	00:18:14	11:02:49	00:02:25	01:19:17	00:01:45	00:56:14	02:37:55	153			
167	125	LISIUS TOMASZ	GDAŃSK		POL	1964	M55	4	00:19:01	11:05:21	00:02:22	01:20:39	00:01:57	00:54:06	02:38:05	154			
168	443	KNOP WOJCIECH	OPOLE		POL	1985	M30	26	00:20:08	11:03:42	00:02:43	01:22:00	00:02:10	00:51:15	02:38:16	155			
169	472	KACZOR HUBERT	MIĘDZYBORÓW		POL	1974	M45	22	00:18:46	11:04:10	00:02:39	01:19:08	00:01:52	00:55:52	02:38:17	156			
170	52	FUKOWSKI DAMIAN	WARSZAWA	NEON TEAM	POL	1982	M35	39	00:21:13	11:03:55	00:02:57	01:15:07	00:01:46	00:57:15	02:38:18	157			
171	175	ZIĘBA DOMINIK	GDYŃIA	JEPPESSEN	POL	1995	M18	6	00:18:15	11:05:29	00:02:30	01:21:08	00:01:59	00:54:31	02:38:23	158			
172	124	KĄCKI KAROL	WARSZAWA		POL	1979	M40	35	00:18:45	11:03:29	00:02:30	01:21:14	00:01:25	00:54:41	02:38:35	159			
173	237	SZCZECIŃSKI MACIEJ	WARSZAWA		POL	1993	M25	17	00:19:36	11:06:05	00:03:40	01:19:25	00:02:27	00:53:31	02:38:39	160			
174	1213	DRELICH MICHAŁ	WARSZAWA	AKADEMIATRIATHLONU.PL	POL	1982	M35	40	00:20:33	11:02:21	00:01:58	01:24:30	00:01:59	00:49:50	02:38:50	161			
175	429	WACŁAWSKI BARTOSZ	WARSZAWA	ORKAMASTERS ILAWA	POL	1989	M30	27	00:16:39	11:01:24	00:01:52	01:19:13	00:01:50	00:59:17	02:38:51	162			
176	176	MEKSA PATRYCJA	ŁÓDŹ	PULS TRI TEAM	POL	1973	K45	4	00:17:19	11:01:42	00:01:46	01:20:26	00:01:36	00:57:48	02:38:55		14		
177	231	OCHENKOWSKI SEBASTIAN	WARSZAWA		POL	1987	M30	28		11:06:14		01:21:09	00:01:32	00:53:21	02:38:57	163			00:00:15
178	523	MILCZAREK JAKUB	WARSZAWA	SOFTTUTOR TEAM	POL	1979	M40	36	00:20:15	11:03:23	00:02:31	01:20:36	00:01:36	00:53:59	02:38:57	164			
179	403	SKURA KATARZYNA	WARSZAWA	JAKOOBCYCLES BKK TEAM	POL	1980	K35	5	00:17:38	11:03:42	00:02:45	01:16:23	00:02:10	01:00:14	02:39:10		15		
180	105	KAWKA PAULINA	WARSZAWA	23 TEAM	POL	1991	K25	3	00:15:53	11:01:53	00:01:47	01:25:56	00:01:07	00:54:45	02:39:28		16		
181	185	DOMAŃSKI BŁAŻEJ	WARSZAWA	TRICLUB	POL	1981	M35	41	00:19:03	11:06:30	00:02:33	01:23:34	00:02:00	00:52:24	02:39:34	165			
182	297	SZAFRANOWICZ NORBERT	WARSZAWA		POL	1977	M40	37	00:22:34	11:06:22	00:02:52	01:20:22	00:02:03	00:51:45	02:39:36	166			
183	495	SABA TOMASZ	CHOTOMÓW	TRICLUB WARSZAWA	POL	1974	M45	23	00:17:28	11:02:54	00:02:27	01:19:03	00:02:06	00:58:35	02:39:39	167			
184	104	KRZAN GRZEGORZ	JĘDRZYCHÓW	GIANT POLSKA	POL	1962	M55	5	00:18:31	11:01:46	00:03:06	01:20:51	00:01:37	00:55:35	02:39:40	168			
185	352	DUDKIEWICZ JACEK	WARSZAWA	TRINERGY TEAM GULERMAK	POL	1985	M30	29	00:17:49	11:01:49	00:02:04	01:17:30	00:02:05	01:00:13	02:39:41	169			
186	157	SAMUJŁO MAREK	WARSZAWA		POL	1973	M45	24	00:17:31	11:04:47	00:02:47	01:19:27	00:03:07	00:56:51	02:39:43	170			
187	209	WIECEK PIOTR	PŁOCK	PIOTR WIECEK ADVISORY	POL	1988	M30	30	00:19:16	11:05:33	00:02:34	01:25:26	00:02:22	00:50:05	02:39:43	171			
188	89	SACHMATA ROBERT	PIASECZNO	CTS - CZAJATRININGSYSTEM	POL	1967	M50	11	00:20:25	11:05:21	00:01:56	01:20:19	00:02:21	00:54:42	02:39:43	172			
189	222	WNUK JAN	WARSZAWA		POL	1990	M25	18	00:20:44	11:02:14	00:02:17	01:19:47	00:01:35	00:55:30	02:39:53	173			
190	354	DOBRYCKI MAREK	WARSZAWA		POL	1979	M40	38	00:16:23	11:02:10	00:01:51	01:17:42	00:02:06	01:01:57	02:39:59	174			
191	476	WARDA KAMIL	WARSZAWA		POL	1995	M18	7	00:22:32	11:06:26	00:03:16	01:22:08	00:01:45	00:50:18	02:39:59	175			
192	83	LOESCH KONRAD	KRAKÓW	LOESCH+PARTNERZY LOESCH+PARTNERZY	POL	1984	M35	42	00:19:32	11:02:37	00:03:10	01:17:15	00:02:14	00:57:51	02:40:02	176			
193	395	DRESLER KRZYSZTOF	WARSZAWA	BAAK TRIATHLON TEAM BIURO ANALIZ APLIKACJI KRE	POL	1973	M45	25	00:18:14	11:03:08	00:02:30	01:21:54	00:02:01	00:55:24	02:40:03	177			
194	322	CICHACKI SYLWESTER	WARSZAWA	JAKIE PIENIĄDZE? JA CI NIE JESTEM NIC WIENIEN TEAN	POL	1989	M30	31	00:24:32	11:06:04	00:03:43	01:22:30	00:03:18	00:46:00	02:40:03	178			
195	33	PAWŁOWICZ DOROTA	WARSZAWA	KUŹNIA TRIATHLONU	POL	1983	K35	6	00:17:13	11:01:58	00:01:48	01:18:22	00:01:35	01:01:07	02:40:05		17		
196	164	ROMERO GARCIA JUAN	WARSZAWA	WITC	ES	1985	M30	32	00:20:06	11:04:20	00:02:42	01:26:49	00:01:41	00:48:47	02:40:05	179			

GARMIN IRON TRIATHLON NIEPORĘT 2019



Organizator: LABOSPORT Polska sp. z o.o.

Data: 31.08.2019

Dystans: 1/4 IM (0,95-45-10,55)

Miejscowość: NIEPORĘT

OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	X	Kara
197	102	KOWALCZYK KAROL	WARSZAWA		POL	1984	M35	43	00:20:54	11:04:40	00:02:53	01:23:58	00:02:22	00:50:02	02:40:09	180			
198	541	WÓJCİK KAMIL	WARSZAWA	NEON TEAM HORUS KAMIL WÓJCİK	POL	1984	M35	44	00:17:29	11:04:47	00:03:00	01:20:55	00:03:07	00:55:46	02:40:17	181			
199	419	ROGULSKI ADAM	WYSZKÓW	CATENA WYSZKÓW	POL	1988	M30	33	00:16:01	11:02:42	00:04:29	01:22:10	00:03:45	00:54:14	02:40:39	182			
200	479	MALINOWSKI MARIUSZ	WARSZAWA	TRIDZIKI	POL	1987	M30	34	00:18:25	11:02:53	00:02:46	01:23:23	00:01:49	00:54:49	02:41:12	183			
201	339	KLICH MACIEJ	WARSZAWA	FORM GL	POL	1971	M45	26	00:19:17	11:02:29	00:02:03	01:20:52	00:01:42	00:57:20	02:41:14	184			
202	487	WLEZIEN ALEK	WARSZAWA	TRICLUB WARSZAWA TRICLUB	POL	1976	M40	39	00:17:51	11:00:42	00:04:06	01:22:01	00:02:12	00:55:33	02:41:43	185			
203	137	DOMAŃSKI PRZEMYSŁAW	ZIELONKA		POL	1982	M35	45	00:21:47	11:06:26	00:02:17	01:24:31	00:01:28	00:51:25	02:41:43	186			00:00:15
204	106	SMOLENSKI MICHAŁ	ŁÓDŹ	ORUN.PL	POL	1980	M35	46	00:20:01	11:03:50	00:02:39	01:23:26	00:02:42	00:53:02	02:41:50	187			
205	463	ŚLIWKA KAROL	WYSZKÓW	KB WYSZKÓW	POL	1984	M35	47	00:19:21	11:04:29	00:02:58	01:21:21	00:02:01	00:56:10	02:41:51	188			
206	250	MATEJA BOŻENA	GDAŃSK	SMARUJ NA TRENING TEAM	POL	1959	K60	1	00:20:57	11:05:04	00:02:23	01:23:54	00:02:28	00:52:10	02:41:52			18	
207	278	CIACH PAWEŁ	WARSZAWA		POL	1988	M30	35	00:18:22	11:01:21	00:03:12	01:25:22	00:01:46	00:53:19	02:42:01	189			
208	370	JOSYPENKO BOŻENA	WARSZAWA	DREAM RUN	POL	1978	K40	2	00:18:11	11:02:37	00:03:58	01:30:10	00:01:45	00:47:57	02:42:01			19	
209	323	BREJTFUS BARTOSZ	WARSZAWA	TRIWAWA	POL	2000	M18	8	00:15:43	11:02:04	00:01:45	01:22:13	00:01:40	01:00:44	02:42:05	190			
210	531	GRZMIL BARTŁOМIEJ	JÓZEFÓW	ELTO	POL	1990	M25	19	00:18:31	11:03:54	00:02:37	01:22:55	00:01:43	00:56:45	02:42:31	191			
211	100	WĄTROBA DARIUSZ	KIELCE	TS AKWEDUKT KIELCE	POL	1971	M45	27	00:19:31	11:05:09	00:02:22	01:23:11	00:01:54	00:55:33	02:42:31	192			
212	256	PLEWIŃSKI WOJCIECH	ZALESIE GÓRNE		POL	1979	M40	40	00:15:50	11:01:46	00:02:37	01:21:07	00:02:17	01:00:45	02:42:36	193			
213	48	STANIŁ MICHAŁ	JÓZEFÓW K/LEGIONOWA	NEON TEAM	POL	1978	M40	41	00:17:07	11:01:39	00:01:42	01:15:55	00:01:34	01:06:23	02:42:41	194			
214	97	SIBORENKO CEZARY	WARSZAWA		POL	1972	M45	28	00:17:05	11:04:25	00:02:46	01:23:13	00:01:48	00:57:54	02:42:46	195			
215	430	WYSIŃSKI GRZEGORZ	KRAKÓW	WM TRISELF	POL	1980	M35	48	00:18:11	11:03:08	00:04:26	01:20:39	00:02:22	00:57:14	02:42:52	196			
216	328	MALECHA GERTCHEN TOMASZ	DZIEKANÓW NOWY		POL	1976	M40	42	00:17:48	11:04:06	00:02:23	01:17:57	00:02:01	01:02:44	02:42:53	197			
217	317	WÓŁKIEWICZ PIOTR	PRUSZKÓW		POL	1999	M18	9	00:20:51	11:06:17	00:02:56	01:30:37	00:01:23	00:47:16	02:43:03	198			
218	373	ZWIERZYŃSKA AGNIESZKA	WARSZAWA		POL	1980	K35	7	00:16:47	11:03:33	00:03:23	01:27:53	00:02:38	00:52:31	02:43:12			20	
219	484	KUCA RAFAŁ	STARCHOWICE		POL	1983	M35	49	00:20:42	11:06:30	00:01:45	01:18:55	00:02:05	00:59:51	02:43:18	199			
220	78	KOWALSKA ANETA	WARSZAWA		POL	1989	K30	2	00:18:06	11:03:29	00:01:52			00:57:59	02:43:19			21	
221	268	MIKSA CEZARY	JÓZEFÓW	ASSECO ACTIVE TEAM	POL	1985	M30	36	00:17:24	11:02:18	00:02:31	01:22:29	00:01:37	00:59:19	02:43:20	200			
222	453	KRUPA RADOŚLAW	WARSZAWA		POL	1979	M40	43	00:18:00	11:02:33	00:03:30	01:16:52	00:02:40	01:02:21	02:43:23	201			
223	269	TOMSZYS PIOTR	WARSZAWA	ASSECO ACTIVE TEAM	POL	1965	M50	12	00:19:57	11:03:58	00:02:15	01:21:01	00:01:58	00:58:12	02:43:23	202			
224	527	DYLLA RYAN	WARSZAWA	WITC	POL	1977	M40	44	00:18:59	11:04:21	00:03:49	01:22:47	00:02:47	00:55:06	02:43:28	203			
225	517	KŁAK WALDEMAR	CZECHOWICE-DZIEDZICE		POL	1969	M50	13	00:17:38	11:03:12	00:02:49	01:22:37	00:02:07	00:58:18	02:43:29	204			
226	178	GAPSKI MARCIN	WARSZAWA		POL	1984	M35	50	00:19:37	11:06:22	00:02:56	01:25:13	00:01:29	00:54:29	02:43:44	205			
227	126	WÓŁKIEWICZ PRZEMEK	PRUSZKÓW		POL	2001	M18	10	00:19:31	11:06:17	00:04:14	01:27:17	00:01:56	00:50:54	02:43:52	206			
228	424	BODIS PETER	WARSAW	TRICLUB	POL	1973	M45	29	00:16:06	11:02:53	00:02:28	01:21:41	00:01:44	01:02:12	02:44:11	207			
229	119	SIEKIERKO ŁUKASZ	SŁUPNO		POL	1983	M35	51	00:20:34	11:05:16	00:03:26	01:22:56	00:01:24	00:55:53	02:44:13	208			
230	173	ZATORSKI ROBERT	WARSZAWA		POL	1971	M45	30	00:22:30	11:05:17	00:03:36	01:18:52	00:02:36	00:56:53	02:44:27	209			
231	534	JAMKA JAROSŁAW	WARSZAWA		POL	1971	M45	31	00:18:08	11:03:24	00:03:43	01:18:41	00:02:54	01:01:02	02:44:28	210			
232	286	TKACZYK MIŁOSZ	GRODZISK MAZOWIECKI	REKINY TRIATHLONU	POL	1988	M30	37	00:16:44	11:03:58	00:01:50	01:18:10	00:01:55	01:05:52	02:44:31	211			
233	75	MĄCZYŃSKI CZESŁAW	PŁOCK		POL	1952	M65	1	00:23:38	11:02:33	00:02:19	01:17:54	00:01:52	00:58:55	02:44:38	212			
234	158	MARCZAK ŁUKASZ	WARSZAWA (WOLA)	EAZYMUT.PL	POL	1990	M25	20	00:22:15	11:07:01	00:02:43	01:24:47	00:01:39	00:53:20	02:44:44	213			
235	201	KACPRZAK PRZEMYSŁAW	KONSTANTYNÓW ŁÓDZKI		POL	1983	M35	52	00:18:04	11:03:23	00:02:23	01:18:54	00:01:18	01:04:06	02:44:45	214			
236	16	FILIPOWICZ MICHAŁ	KATOWICE		POL	1979	M40	45	00:18:18	11:03:01	00:02:14	01:20:29	00:01:52	01:01:53	02:44:46	215			
237	19	RATAJEWICZ MACIEK	WARSZAWA	TRIWAWA	POL	1980	M35	53	00:19:43	11:05:55	00:02:09	01:24:42	00:01:53	00:56:30	02:44:57	216			
238	184	MACKO GRZEGORZ	WIELISZEW		POL	1979	M40	46	00:17:57	11:06:09	00:02:35	01:22:36	00:02:32	00:59:34	02:45:14	217			
239	95	CHALAMONSKI TOMASZ	OSTROŁĘKA	NO HUMAN DOCTORS TEAM	POL	1975	M40	47	00:19:15	11:03:54	00:02:42	01:20:40	00:02:04	01:00:52	02:45:33	218			
240	133	BLANKIEWICZ RAFAŁ	WIĄZOWNA		POL	1971	M45	32	00:18:07	11:04:47	00:02:15	01:26:10	00:02:35	00:56:30	02:45:37	219			
241	11	KACZMAREK DARIUSZ	KONIN	TRITON KONIN	POL	1969	M50	14	00:19:25	11:02:21	00:02:13	01:19:03	00:01:44	01:03:19	02:45:44	220			
242	467	DZIUBA MARIKA	WARSZAWA		POL	1996	K18	3	00:17:34	11:01:50	00:03:39	01:24:17	00:01:14	00:59:01	02:45:45			22	
243	474	ZAMĘCKA AGNIESZKA	WARSZAWA	TRICLUB	POL	1991	K25	4	00:18:23	11:04:02	00:02:34	01:24:47	00:01:55	00:58:18	02:45:57			23	
244	355	GRYGORUK ANDRZEJ	WARSZAWA		POL	1974	M45	33	00:21:08	11:06:45	00:03:22	01:19:30	00:02:37	00:59:20	02:46:12	221			00:00:15
245	363	WŁODARCZYK PIOTR	WARSZAWA - POLSKA	PIOTR WŁODARCZYK PIOTR WŁODARCZYK	POL	1970	M45	34	00:19:55	11:03:12	00:03:04	01:24:24	00:02:42	00:56:20	02:46:25	222			

GARMIN IRON TRIATHLON NIEPORĘT 2019

Organizator: LABOSPORT Polska sp. z o.o.
 Data: 31.08.2019
 Dystans: 1/4 IM (0,95-45-10,55)
 Miejscowość: NIEPORĘT



OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	X	Kara
246	132	OPOLSKI MARCIN	WARSZAWA	CZERNIAKOWSKIE CFANIAKI MARCIN OPOLSKI	POL	1981	M35	54	00:20:19	11:05:04	00:01:56	01:20:36	00:01:44	01:01:51	02:46:26	223			
247	416	CZARNOTA MARIUSZ	SKARŻYSKO-KAMIENNA	MBC TEAM	POL	1979	M40	48	00:22:47	11:03:16	00:02:16	01:19:48	00:02:03	00:59:32	02:46:26	224			
248	398	CHROBOT RADEK	WARSZAWA	DRUŻYNA TVN	POL	1980	M35	55	00:17:03	11:02:25	00:03:45	01:26:39	00:01:54	00:56:52	02:46:28	225			00:00:15
249	414	DEMBSKI-KORNAGA MATEUSZ	RADOM	WALTER HERZ WALTER HERZ	POL	1986	M30	38	00:20:25	11:03:42	00:02:11	01:25:35	00:01:30	00:56:54	02:46:35	226			
250	358	MISIAK AGATA	WARSZAWA	WIDŁOROGI	POL	1992	K25	5	00:18:04	11:03:29	00:02:12	01:29:20	00:01:25	00:55:47	02:46:48		24		
251	36	PORCZYŃSKI TOMASZ	WARSZAWA	KUŹNIA TRIATHLONU ACCENTURE	POL	1987	M30	39	00:16:09	11:02:29	00:02:41	01:23:40	00:02:12	01:02:15	02:46:57	227			
252	369	MALARA WOJTEK	WARSZAWA		POL	1978	M40	49	00:15:58	11:03:19	00:03:28	01:29:42	00:02:37	00:55:23	02:47:08	228			
253	117	WENDEKIER RAFAŁ	WARSZAWA	TRIZARZA	POL	1991	M25	21	00:18:55	11:04:17	00:02:42	01:25:53	00:01:39	00:58:01	02:47:10	229			
254	87	MEJIA TULA CARLOS	WARSZAWA		CO	1975	M40	50	00:18:27	11:06:09	00:03:05	01:27:05	00:03:00	00:55:34	02:47:11	230			
255	101	KŁOSOWICZ SEBASTIAN	ZALESIE GÓRNE	KONDYCJA	POL	1977	M40	51	00:21:18	11:05:21	00:03:02	01:27:33	00:02:14	00:53:24	02:47:31	231			
256	310	BERARDI FREDERIC	WARSAWA		POL	1974	M45	35	00:19:16	11:05:13	00:02:06	01:22:55	00:01:48	01:01:48	02:47:53	232			
257	193	FIEDORCZUK PIOTR	WARSZAWA	SKPB WARSZAWA KARINKA MOJA KOCHANA	POL	1989	M30	40	00:18:03	11:03:33	00:03:50	01:30:52	00:01:13	00:54:01	02:47:59	233			
258	529	CICHANOWICZ PIOTR	WARSZAWA	LANGE TRI COACH	POL	1991	M25	22	00:18:45	11:06:35	00:02:04	01:22:42	00:01:38	01:02:55	02:48:04	234			
259	393	BARANOWSKA KORNELIA	GDAŃSK	SPRTEVO	POL	1973	K45	5	00:18:41	11:02:29	00:02:43	01:25:30	00:02:03	00:59:08	02:48:05		25		
260	525	OCHRYMOWICZ MATEUSZ	WARSZAWA	OLX TRIATHLON TEAM	POL	1991	M25	23	00:19:51	11:04:41	00:02:13	01:26:34	00:01:41	00:57:58	02:48:17	235			
261	62	SUCHOLEWSKI DAMIAN	WARSZAWA	KONDYCJA	POL	1978	M40	52	00:20:42	11:05:25	00:03:12	01:28:35	00:03:27	00:52:22	02:48:18	236			
262	72	SUDA GRZEGORZ	WARSZAWA		POL	1983	M35	56	00:18:49	11:02:25	00:01:53	01:19:33	00:01:53	01:06:13	02:48:21	237			
263	216	GRZEŚKOWIAK GRZEGORZ	WARSZAWA	PWC PWC	POL	1981	M35	57	00:16:35	11:02:22	00:02:00	01:20:17	00:02:29	01:07:08	02:48:29	238			
264	253	GOCAL PAWEŁ	BIEŁSKO-BIAŁA	EZOTERYCZNE PANDY	POL	1992	M25	24	00:19:43	11:05:42	00:02:37	01:28:45	00:01:53	00:55:34	02:48:32	239			
265	54	SZOT-KARPIŃSKA KATARZYNA	WARSZAWA	NEON TEAM	POL	1982	K35	8	00:17:29	11:02:42	00:02:45	01:30:55	00:01:27	00:56:00	02:48:36		26		
266	494	ROSATI MARCIN	KONSTANCIN	MOCARNI TEAM	POL	1972	M45	36	00:19:34	11:04:02	00:01:56	01:21:12	00:01:48	01:04:07	02:48:37	240			
267	161	BRYZEK ARNOLD	WARSZAWA		POL	1970	M45	37	00:16:42	11:01:25	00:02:19	01:20:15	00:02:54	01:06:41	02:48:51	241			
268	192	WOJDECKA KAROLINA	WARSZAWA	MBC TEAM	POL	1986	K30	3	00:19:53	11:03:15	00:02:17	01:24:52	00:01:36	01:00:53	02:49:31		27		
269	579	CHRUŚCIEL MICHAŁ	WARSZAWA		POL	1992	M25	25	00:20:19	11:02:01	00:03:07	01:25:41	00:03:04	00:57:45	02:49:56	242			
270	1214	ŁĄŻEWSKI ANDRZEJ	WARSZAWA	KUŹNIA TRIATHLONU	POL	1966	M50	15	00:19:51	11:03:15	00:02:45	01:27:13	00:02:21	00:57:48	02:49:58	243			
271	248	KLENIEWSKA ELIZA	WARSZAWA - POLSKA	TRICLUB	POL	1993	K25	6	00:19:02	11:04:07	00:03:12	01:27:31	00:01:52	00:58:24	02:50:01		28		
272	421	SARKAN JAKUB	KĘTRZYN		POL	1985	M30	41	00:19:17	11:04:55	00:02:55	01:27:42	00:01:02	00:59:08	02:50:04	244			
273	219	KRZYWAŃSKI JAROSŁAW	NIEPORĘT		POL	1969	M50	16	00:19:24	11:04:29	00:03:19	01:29:11	00:02:09	00:56:03	02:50:06	245			
274	446	UŻDZIŁO PRZEMYSŁAW	OLECKO	WYCZESANI	POL	1980	M35	58	00:19:51	11:05:41	00:02:42	01:28:09	00:01:43	00:57:43	02:50:08	246			
275	267	BANKIEWICZ DAMIAN	CZĘSTOCHOWA	ASSECO ACTIVE TEAM	POL	1971	M45	38	00:19:29	11:02:18	00:03:27	01:30:53	00:02:20	00:54:19	02:50:28	247			
276	279	DWORNICZAK PAWEŁ	TYCHY		POL	1987	M30	42	00:20:49	11:06:35	00:04:31	01:25:48	00:02:44	00:56:43	02:50:35	248			
277	212	NOWAK MAREK	WARSZAWA	TRICLUB	POL	1978	M40	53	00:20:46	11:03:19	00:02:23	01:23:24	00:03:05	01:00:53	02:50:46	249			00:00:15
278	41	JANUS KATARZYNA	WARSZAWA	KUŹNIA TRIATHLONU	POL	1991	K25	7	00:21:21	11:06:57	00:02:33	01:25:59	00:01:57	00:59:02	02:50:52		29		
279	394	WACH MARCIN	WARSZAWA		POL	1994	M25	26	00:19:07	11:06:22	00:02:05	01:30:29	00:01:45	00:57:29	02:50:55	250			
280	462	GARWOLSKA EWA	MIŃSK MAZOWIECKI		POL	1982	K35	9	00:20:39	11:06:13	00:02:12	01:23:32	00:01:58	01:02:42	02:51:03		30		
281	439	SZCZĘSNY MARCIN	MARKI		POL	1971	M45	39	00:21:03	11:05:33	00:03:39	01:24:43	00:02:08	00:59:32	02:51:05	251			
282	1215	TOMASZEWSKI JACEK	ŚRODA WIELKOPOLSKA	RENTIERZY.FM	POL	1991	M25	27	00:16:02	11:01:39	00:02:52	01:27:32	00:01:34	01:03:06	02:51:06	252			
283	32	SAWICKI SEBASTIAN	WARSZAWA	KUŹNIA TRIATHLONU	POL	1985	M30	43	00:15:59	11:00:51	00:02:21	01:28:23	00:01:42	01:02:45	02:51:10	253			
284	473	BARANOWSKI ADAM	BIAŁYSTOK	NADAKTYWNI BIAŁYSTOK	POL	1981	M35	59	00:20:47	11:02:49	00:03:02	01:26:18	00:01:22	00:59:49	02:51:18	254			
285	129	KUCZYŃSKI DANIEL	WARSZAWA	PRĘŻNE VACKY	POL	1975	M40	54	00:21:10	11:04:55	00:03:43	01:24:56	00:02:13	00:59:17	02:51:19	255			
286	335	LEŚNIAK PIOTR	WARSZAWA		POL	1975	M40	55	00:18:03	11:07:15	00:04:23	01:28:53	00:02:29	00:57:54	02:51:42	256			
287	270	BOGUSZ LILIA	WARSZAWA	POTWORY Z GŁĘBIN	POL	1976	K40	3	00:20:38	11:03:01	00:02:46	01:29:46	00:02:01	00:56:43	02:51:54		31		
288	305	ŻMUDA MACIEJ	WARSAW	TRIWAWA SPECTRUM	POL	1977	M40	56	00:17:46	11:04:35	00:02:27	01:20:05	00:02:09	01:09:33	02:52:00	257			
289	35	WORSZTYNOWICZ IZABELA	WARSZAWA	KUŹNIA TRIATHLONU WMT	POL	1987	K30	4	00:20:09	11:04:51	00:02:38	01:21:37	00:02:54	01:04:43	02:52:01		32		
290	272	PEŃSKO MARIA	WARSZAWA	I-SPORT I-SPORT	POL	1984	K35	10	00:18:23	11:05:50	00:03:05	01:27:29	00:01:29	01:01:49	02:52:15		33		
291	535	ZYCH MACIEJ	PŁOCK	TRICLUB	POL	1994	M25	28	00:16:37	11:03:38	00:02:32	01:26:58	00:03:11	01:03:02	02:52:20	258			
292	135	ROMANOWSKI MARIUSZ	WARSZAWA		POL	1972	M45	40	00:22:48	11:07:02	00:02:14	01:29:54	00:02:31	00:54:55	02:52:22	259			
293	404	ŚWIĄTKOWSKI WIKTOR	WARSZAWA	SKLEJKA I PRZYJACIELE SKLEJKA I PRZYJACIELE	POL	1984	M35	60	00:20:20	11:04:26	00:02:19	01:26:08	00:01:25	01:02:14	02:52:26	260			
294	425	ŁASKI PIOTR	WARSZAWA	TRIZARZA SCHR ATHLETICS	POL	1986	M30	44	00:17:27	11:04:25	00:03:00	01:26:56	00:01:58	01:03:06	02:52:27	261			

GARMIN IRON TRIATHLON NIEPORĘT 2019

Organizator: LABOSPORT Polska sp. z o.o.

Data: 31.08.2019

Dystans: 1/4 IM (0,95-45-10,55)

Miejscowość: NIEPORĘT

OPEN



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	X	Kara
295	346	ZIENTEK BARTOSZ	WARSZAWA		POL	1982	M35	61	00:17:35	11:07:09	00:03:17	01:32:42	00:02:09	00:56:47	02:52:30	262			
296	353	JEŻ PAWEŁ	JÓZEFOSŁAW		POL	1973	M45	41	00:17:50	11:02:15	00:02:29	01:35:11	00:02:21	00:54:50	02:52:41	263			
297	290	SZWED TOMASZ	PRZEWORSK	ASSECO ACTIVE TEAM ASSECO POLAND S.A.	POL	1974	M45	42	00:19:17	11:02:14	00:02:50	01:26:31	00:02:38	01:01:27	02:52:43	264			
298	240	ŚWIECH KRYSZTIAN	WŁOCŁAWEK	KRYSTIAN ŚWIECH	POL	1980	M35	62	00:20:19	11:04:23	00:02:39	01:25:54	00:01:56	01:02:15	02:53:03	265			
299	307	ŁASKIEWICZ TADEUSZ	KOŁO	MLUKS TRIATHLON KOŁO	POL	1956	M60	2	00:24:35	11:06:31	00:01:50	01:27:46	00:02:14	00:56:46	02:53:11	266			
300	190	MACIEJEWSKI MICHAŁ	WARSZAWA		POL	1985	M30	45	00:19:11	11:03:50	00:02:06	01:20:34	00:02:15	01:09:37	02:53:43	267			
301	262	WILKOS ŁUKASZ	PIESZYCE		POL	1980	M35	63	00:17:08	11:04:21	00:03:32	01:25:28	00:02:31	01:05:06	02:53:45	268			
302	203	KALUŻNY KRZYSZTOF	WARSZAWA		POL	1984	M35	64	00:19:29	11:02:57	00:03:48	01:25:55	00:02:11	01:02:23	02:53:46	269			
303	194	MASŁOWSKI MICHAŁ	WARSZAWA		POL	1989	M30	46	00:19:42	11:03:37	00:03:10	01:29:43	00:01:47	00:59:33	02:53:55	270			
304	46	IŁOWIECKI MATEUSZ	KRASNYSTAW	KUŹNIA TRIATHLONU	POL	1988	M30	47	00:19:55	11:02:11	00:02:27	01:26:07	00:01:57	01:03:32	02:53:58	271			
305	39	ZIÓŁKOWSKI KONRAD	WARSZAWA	KUŹNIA TRIATHLONU	POL	1981	M35	65	00:19:44	11:03:37	00:03:19	01:27:48	00:02:27	01:00:42	02:54:00	272			
306	282	CHMIELEWSKI KAMIL	NOWY DWÓR MAZOWIEC		POL	1993	M25	29	00:20:15	11:01:39	00:05:19	01:28:45	00:02:45	00:57:01	02:54:05	273			
307	471	POLANSKI RAFAL	WARSZAWA	POTWORY Z GLEBIN	POL	1970	M45	43	00:16:22	11:02:25	00:02:41	01:22:42	00:02:44	01:09:51	02:54:20	274			
308	131	SOKOŁOWSKA EWA	WARSZAWA		POL	1975	K40	4	00:16:25	11:01:50	00:02:38	01:31:31	00:03:00	01:00:55	02:54:29		34		
309	235	KAJKOWSKI SZYMON	BIAŁOBRZEGI		POL	1979	M40	57	00:21:33	11:06:01	00:03:34	01:29:07	00:02:37	00:57:38	02:54:29	275			
310	497	DUDEK TOMASZ	LUBLINIEC		POL	1989	M30	48	00:19:45	11:07:09	00:02:36	01:27:32	00:02:33	01:02:04	02:54:30	276			
311	376	ZIELIŃSKI TOMASZ	WARSZAWA	ROWING CLUB WARSZAWA	POL	1972	M45	44	00:17:29	11:01:39	00:03:53	01:25:50	00:02:12	01:05:44	02:55:08	277			
312	162	CZOCHARA RAFAŁ	WARSZAWA		POL	1982	M35	66	00:23:43	11:06:39	00:03:05	01:22:52	00:03:14	01:02:35	02:55:29	278			
313	139	GAWRYCH SYLWIA	CHOROSZCZ	NADAKTYWNI BIAŁYSTOK	POL	1985	K30	5	00:20:59	11:02:37	00:02:28	01:26:37	00:02:04	01:03:34	02:55:42		35		
314	543	GIEROŃ KAMIL	WARSZAWA		POL	1978	M40	58	00:19:02	11:06:45	00:04:12	01:32:50	00:03:13	00:56:37	02:55:54	279			
315	334	REDLICH DARIUSZ	PRUSZKÓW		POL	1983	M35	67	00:18:05	11:06:30	00:05:11	01:30:10	00:02:57	00:59:45	02:56:08	280			
316	522	BERTA DAMIAN	RADZYMIN		POL	1977	M40	59	00:19:59	11:04:56	00:02:25	01:25:42	00:02:45	01:05:37	02:56:28	281			
317	314	SZCZĘSŃY TOMASZ	RADZYMIN		POL	1975	M40	60	00:16:55	11:01:32	00:03:05	01:19:55	00:02:09	01:15:11	02:57:15	282			
318	98	WIKLAK ADAM	NOWA IWICZNA	AGMA PROJEKT	POL	1975	M40	61	00:20:24	11:05:56	00:03:18	01:27:43	00:01:34	01:04:20	02:57:19	283			
319	347	KURYLO JEDRZEJ	KOSZALIN	WITC	POL	1983	M35	68	00:20:21	11:07:16	00:04:50	01:28:28	00:03:14	01:00:35	02:57:28	284			
320	324	TOMALIK ŁUKASZ	BLIZNE JASIŃSKIEGO		POL	1977	M40	62	00:23:22	11:05:51	00:03:10	01:27:32	00:02:12	01:01:40	02:57:56	285			
321	229	FERKO-CZAJKOWSKA STANISŁAWA	KONSTANCIN-JEZIORNA		POL	1967	K50	1	00:24:38	11:03:47	00:02:14	01:27:18	00:02:12	01:01:37	02:57:59		36		
322	311	PIETRASZ DANIEL	WARSZAWA - POLSKA		FR	1985	M30	49	00:19:13	11:05:25	00:04:03	01:33:18	00:01:37	00:59:49	02:58:00	286			
323	493	STAŃCZAK BARTOSZ	WARSZAWA	MAMUT CAMP	POL	1979	M40	63	00:21:32	11:05:17	00:03:21	01:25:50	00:02:04	01:05:17	02:58:04	287			
324	294	PATEREK ADA	WARSZAWA	12TRI.PL	POL	1978	K40	5	00:20:33	11:02:25	00:02:59	01:29:15	00:02:05	01:03:18	02:58:10		37		
325	407	LIPKOWSKI JAROSŁAW	WARSZAWA		POL	1976	M40	64	00:21:56	11:03:15	00:03:34	01:34:58	00:01:18	00:56:25	02:58:11	288			
326	249	GOŚCIMSKI MARCIN	WARSZAWA		POL	1980	M35	69	00:17:54	11:04:39	00:04:04	01:25:07	00:02:27	01:08:41	02:58:13	289			
327	273	PIETRZYKOWSKI MACIEJ	WARSZAWA		POL	1985	M30	50	00:20:11	11:03:50	00:03:00	01:28:13	00:01:50	01:04:45	02:58:14	290			00:00:15
328	396	PONNIK YURY	WARSZAWA	AMBASADA ROSJI AMBASADA ROSJI	RU	1980	M35	70	00:18:14	11:00:55	00:02:26	01:24:50	00:03:05	01:09:39	02:58:14	291			
329	345	ZAWADA AREK	CHYLICZKI		POL	1972	M45	45	00:15:53	11:03:23	00:03:15	01:28:38	00:02:30	01:07:52	02:58:23	292			00:00:15
330	292	CZARNOWICZ JUSTYNA	SOKÓŁKA		POL	1994	K25	8	00:22:10	11:03:58	00:02:08	01:29:29	00:01:59	01:02:50	02:58:36		38		
331	409	KOŁODZIEJCZYK TOMASZ	WARSZAWA		POL	1971	M45	46	00:19:33	11:05:51	00:02:40	01:32:57	00:03:20	01:00:11	02:58:41	293			
332	492	SOBANSKI WOJCIECH	WARSZAWA		POL	1971	M45	47	00:17:55	11:03:05	00:04:24	01:27:58	00:02:31	01:06:15	02:59:03	294			
333	66	KORZENIOWSKI MARCIN	WARSZAWA	TRI LEVEL	POL	1981	M35	71	00:16:53	11:01:18	00:03:56	01:28:15	00:03:13	01:06:53	02:59:10	295			
334	144	MICHALAK MONIKA	RAJSZEW		POL	1980	K35	11	00:24:14	11:06:50	00:02:55	01:31:55	00:02:40	00:57:36	02:59:20		39		
335	452	KALINCA AMALIA	WARSAW	WARSAW INTERNATIONAL TRIATHLON CLUB	POL	1986	K30	6	00:20:21	11:04:52	00:04:03	01:30:54	00:02:46	01:01:18	02:59:22		40		
336	239	GOCAL ŁUKASZ	BRUSSEL	EZOTERYCZNE PANDY	BE	1983	M35	72	00:17:14	11:03:33	00:04:53	01:32:46	00:01:23	01:03:22	02:59:38	296			
337	434	DĄBEK PAWEŁ	JÓZEFOSŁAW	KONDYNCJA	POL	1973	M45	48	00:21:10	11:05:20	00:02:33	01:26:05	00:01:42	01:08:10	02:59:40	297			
338	18	PAWELEC PIOTR	PIASZCZNO	PIMP TEAM	POL	1986	M30	51	00:20:47	11:06:57	00:03:40	01:26:59	00:02:36	01:06:05	03:00:07	298			
339	148	ROMASZKO PAWEŁ	RADZYMIN	RK ATHLETICS	POL	1979	M40	65	00:18:41	11:02:57	00:04:10	01:23:45	00:03:04	01:10:32	03:00:12	299			
340	255	PALCZEWSKI MARCIN	WARSZAWA	M.INŻYNIERIA	POL	1975	M40	66	00:22:25	11:06:14	00:04:15	01:34:07	00:02:34	00:56:53	03:00:14	300			
341	167	ŻBIKOWSKA KATARZYNA	ŁÓDŹ	WWW.BIEGACZKI.PL ŻBIK SP. Z O.O.	POL	1983	K35	12	00:18:34	11:03:46	00:03:34	01:40:23	00:02:24	00:55:23	03:00:18		41		
342	490	WOŹNIAK PAWEŁ	WARSZAWA		POL	1974	M45	49	00:19:10	11:05:24	00:03:14	01:23:37	00:01:37	01:12:46	03:00:24	301			
343	284	KUREK SEBASTIAN	ŁÓDŹ	SEBASTIAN KUREK SEBASTIAN KUREK	POL	1975	M40	67	00:20:46	11:03:37	00:12:47	01:31:15	00:02:09	00:53:45	03:00:42	302			

GARMIN IRON TRIATHLON NIEPORĘT 2019

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Miejscowość: NIEPORĘT

OPEN



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	X	Kara
344	287	TALAREK RENATA	ZAMIENIE	I-SPORT I-SPORT	POL	1984	K35	13	00:21:54	11:05:56	00:03:08	01:32:49	00:01:48	01:01:07	03:00:46				42
345	533	SIKORA BARTŁOMIEJ	DUCZKI	INTER CARS TRIATHLON TEAM	POL	1989	M30	52	00:24:30	11:02:46	00:02:51	01:18:51	00:01:55	01:12:40	03:00:47	303			
346	94	LIPIŃSKI PIOTR	GRÓJEC	WWW.PIOTR.LIPINSKI.PL	POL	1967	M50	17	00:19:43	11:03:08	00:02:37	01:24:53	00:02:20	01:11:27	03:01:00	304			
347	356	GŁÓWKA TOMASZ	TARŁÓW		POL	1996	M18	11	00:20:15	11:06:17	00:03:27	01:37:08	00:01:49	00:58:23	03:01:02	305			
348	293	RAGIEL WOJCIECH	WARSZAWA		POL	1978	M40	68	00:17:33	11:05:34	00:04:20	01:29:07	00:02:41	01:07:31	03:01:12	306			
349	338	OWCZAREK JACEK	PIĄTKOWISKO		POL	1972	M45	50	00:22:44	11:06:26	00:03:25	01:31:03	00:02:21	01:01:41	03:01:14	307			
350	174	ROZBICKI TOMASZ	WARSZAWA		POL	1990	M25	30	00:20:31	11:04:42				01:09:06	03:01:15	308			
351	228	WÓJCIK PIOTR	WARSZAWA		POL	1974	M45	51	00:23:17	11:06:50	00:03:51	01:28:29	00:02:14	01:03:37	03:01:28	309			
352	141	SZELAŃGOWSKI WOJCIECH	WARSZAWA	T-MOBILE SPORT TEAM	POL	1988	M30	53	00:21:07	11:05:01	00:03:20	01:30:01	00:02:46	01:04:15	03:01:29	310			
353	464	WAŚKOWSKI MACIEJ	WARSZAWA		POL	1989	M30	54	00:20:55	11:06:00	00:02:47	01:31:17	00:01:21	01:05:09	03:01:29	311			
354	254	ZABOROWSKI TOMASZ	WARSZAWA	PZU SPORT TEAM	POL	1982	M35	73	00:20:17	11:05:38	00:03:56	01:34:08	00:02:14	01:01:12	03:01:47	312			
355	288	ROLA RAFAŁ	WOŁOMIN		POL	1982	M35	74	00:19:07	11:03:33	00:03:27	01:28:02	00:02:17	01:09:01	03:01:54	313			
356	285	MATUSZEWSKI DOMINIK	WARSZAWA		POL	1984	M35	75	00:20:32	11:04:29	00:04:05	01:32:09	00:03:02	01:02:09	03:01:57	314			
357	45	OSIECKA BEATA	KONSTANCYN-JEZIORNA	KUŹNIA TRIATHLONU	POL	1966	K50	2	00:23:42	11:05:38	00:02:24	01:28:10	00:02:09	01:05:41	03:02:06			43	
358	238	GRZELAK PAWEŁ	RADZYMIN	EDUKATORNIA.COM	POL	1985	M30	55	00:22:22	11:06:46	00:04:42	01:32:06	00:03:15	00:59:56	03:02:21	315			
359	413	PODGRUDNY SZCZEPAN	NASIELSK		POL	1990	M25	31	00:19:29	11:06:40	00:04:04	01:41:12	00:02:34	00:55:04	03:02:23	316			
360	315	SOCZAWA ERNEST	WARSZAWA	FIT WARSZAWA POLSKA	POL	1983	M35	76	00:22:13	11:03:23	00:02:55	01:40:30	00:03:13	00:53:36	03:02:27	317			
361	387	ZAGRODNIK BARTŁOMIEJ	WARSZAWA	WALTER HERZ WALTER HERZ	POL	1988	M30	56	00:20:15	11:04:06	00:03:11	01:26:58	00:01:43	01:10:23	03:02:30	318			
362	245	PALUCHOWSKI MARCIN	WARSZAWA		POL	1969	M50	18	00:22:01	11:06:56	00:03:19	01:28:44	00:02:31	01:06:02	03:02:37	319			
363	244	LITWIN PAWEŁ	WARSZAWA	INTER CARS TRIATHLON TEAM	POL	1984	M35	77	00:19:14	11:02:46	00:02:54	01:21:15	00:02:14	01:17:11	03:02:48	320			
364	377	MARCZAK MICHAŁ	WARSZAWA		POL	1984	M35	78	00:20:54	11:05:08	00:03:37	01:30:46	00:02:21	01:05:14	03:02:52	321			
365	456	MARCZAK ADAM	NIEPORĘT	TRI LEVEL LET'S GO	POL	1969	M50	19	00:20:30	11:06:09	00:02:43	01:29:22	00:01:56	01:08:44	03:03:15	322			
366	329	SZYMAŃSKI MATEUSZ	WARSZAWA	TEAM HOLO	POL	1989	M30	57	00:18:51	11:05:04	00:02:27	01:36:10	00:01:42	01:04:42	03:03:52	323			
367	411	BODIO-ZIÓŁKOWSKA EWA	WARSZAWA	PWC / TRIMARCHEWKA	POL	1980	K35	14	00:19:46	11:05:46	00:03:15	01:33:26	00:03:10	01:04:43	03:04:20			44	
368	99	BOHDANOWICZ ZBIGNIEW	WARSZAWA	NAPRZÓD MŁOCINY	POL	1978	M40	69	00:23:42	11:05:51	00:04:18	01:35:54	00:02:47	00:57:58	03:04:39	324			
369	81	MOŹDŻONEK ANNA	WARSZAWA	TRIWAWA	POL	1981	K35	15	00:20:59	11:05:08	00:02:52	01:32:53	00:02:13	01:05:44	03:04:41			45	
370	159	DARMOCHWAŁ FILIP	NIEPORĘT	PENTACOMP	POL	1992	M25	32	00:24:31	11:06:10	00:04:40	01:32:00	00:02:28	01:01:07	03:04:46	325			
371	383	SAK JACEK	KĄTY		POL	1970	M45	52	00:18:28	11:03:09	00:02:46	01:28:08	00:03:05	01:12:08	03:04:50	326			00:00:15
372	103	SĘDZIKOWSKI MACIEJ	WARSZAWA		POL	1981	M35	79	00:18:27	11:05:42	00:03:43	01:30:30	00:02:07	01:10:09	03:04:56	327			
373	166	PACOCHA PRZEMYSŁAW	WARSZAWA		POL	1991	M25	33	00:23:01	11:04:48	00:02:22	01:26:26	00:02:10	01:11:37	03:05:36	328			
374	536	NAREWSKA SYLWIA	BIAŁYSTOK	NADAKTYWNI	POL	1982	K35	16	00:20:44	11:05:08	00:02:24	01:31:12	00:01:50	01:09:31	03:05:41			46	
375	482	LEWIŃSKA LUIZA	WARSZAWA		POL	1986	K30	7	00:21:51	11:06:46	00:04:59	01:36:04	00:02:15	01:00:35	03:05:44			47	
376	150	MICHALEWSKI MATEUSZ	OLSZOWICE	DRUŻYNA GRUBEGO MISIA	POL	1976	M40	70	00:21:15	11:05:29	00:03:51	01:29:19	00:03:39	01:07:58	03:06:02	329			
377	375	DZIARNOWSKA MAGDA	WARSZAWA	MECHANIKA ZDROWIA	POL	1985	K30	8	00:21:28	11:07:15	00:02:27	01:36:46	00:01:44	01:03:40	03:06:05			48	
378	53	JĘDRZEJCZAK MACIEJ	WARSZAWA	NEON TEAM	POL	1953	M65	2	00:19:15	11:05:42	00:02:21	01:29:06	00:02:39	01:13:14	03:06:35	330			
379	386	CIESIELSKA SYLWIA	TCZEW		POL	1991	K25	9	00:19:40	11:03:46	00:03:27	01:32:46	00:02:22	01:08:49	03:07:04			49	
380	218	BANASZCZYK ARKADIUSZ	OŻARÓW MAZOWIECKI	#RUNMEN	POL	1971	M45	53	00:19:42	11:06:00	00:02:36	01:27:22	00:02:36	01:14:55	03:07:11	331			
381	205	ŚMIETANKA KAMIL	ZGORZAŁA	BYLE DO METY	POL	1986	M30	58	00:22:15	11:06:17	00:03:08	01:35:50	00:01:37	01:04:37	03:07:27	332			
382	79	SUCHOJAD DAMIAN	WARSZAWA	NAPRZÓD MŁOCINY	POL	1979	M40	71	00:21:12	11:06:05	00:04:28	01:30:09	00:02:41	01:09:18	03:07:48	333			
383	147	ŚPIEWAK ALEKSANDER	WARSZAWA		POL	1982	M35	80	00:22:42	11:06:50	00:03:47	01:35:05	00:02:20	01:04:12	03:08:06	334			
384	426	SKŁADANEK JAKUB	WARSZAWA	LITT	POL	1989	M30	59	00:21:10	11:02:57	00:02:16	01:24:26	00:02:14	01:18:02	03:08:08	335			
385	420	PAWLIK DOROTA	WARSZAWA		POL	1976	K40	6	00:19:38	11:05:38	00:03:31	01:33:16	00:01:49	01:10:12	03:08:26			50	
386	336	KIERYSZ BŁAŻEJ	WARSZAWA		POL	1982	M35	81	00:21:00	11:06:31	00:03:36	01:30:54	00:03:04	01:10:00	03:08:34	336			
387	432	RETIEF DENIEL	WARSZAWA	WITC	ZA	1982	K35	17	00:19:12	11:04:52	00:04:09	01:32:33	00:02:31	01:10:41	03:09:06			51	
388	544	ZIENTEK JAKUB	WARSZAWA		POL	1987	M30	60	00:21:04	11:07:09	00:04:53	01:42:46	00:02:22	00:58:01	03:09:06	337			
389	465	BARANOWSKI MACIEJ	WARSZAWA		POL	1992	M25	34	00:21:19	11:06:22	00:03:29	01:30:50	00:01:41	01:12:07	03:09:26	338			
390	470	ADAMCZYK DARIUSZ	CIECHANÓW		POL	1971	M45	54	00:23:12	11:05:42	00:03:54	01:28:29	00:02:07	01:11:53	03:09:35	339			
391	457	MARCZAK GRAŻYNA	NIEPORĘT	TRI LEVEL	POL	1969	K50	3	00:23:21	11:06:05	00:02:40	01:33:15	00:03:26	01:06:54	03:09:36			52	
392	213	WIERZBA JAN	WARSZAWA		POL	1993	M25	35	00:19:53	11:04:35	00:02:36	01:39:14	00:01:18	01:07:13	03:10:14	340			

GARMIN IRON TRIATHLON NIEPORĘT 2019



Organizator: LABOSPORT Polska sp. z o.o.

Data: 31.08.2019

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Miejscowość: NIEPORĘT

OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	X	Kara
393	399	MIKOŚ ADAM	WARSZAWA	UNITED RUNNERS NAVIEXPERT	POL	1991	M25	36	00:23:51	11:04:10	00:04:21	01:34:34	00:01:33	01:06:11	03:10:30	341			
394	152	LASOŃ MAGDALENA	WARSZAWA	ALETEMPO	POL	1979	K40	7	00:25:59	11:05:04	00:03:30	01:33:17	00:02:05	01:05:57	03:10:48			53	
395	15	KUCEWICZ MATEUSZ	RASZYN		POL	1987	M30	61	00:22:21	11:02:18	00:03:15	01:31:40	00:02:31	01:11:12	03:10:59	342			
396	298	BODYCH MACIEJ	ZĄBKI		POL	1978	M40	72	00:22:39	11:05:55	00:05:55	01:30:59	00:02:36	01:09:21	03:11:30	343			
397	259	AUGUŚCIK MARIUSZ	WARSZAWA		POL	1963	M55	6	00:23:33	11:07:02	00:04:44	01:30:41	00:04:13	01:08:24	03:11:35	344			
398	111	ANDRZEJEWICZ LUKASZ	WARSZAWA	WARSAW MASTERS TEAM	POL	1991	M25	37	00:16:50	11:04:02	00:02:39	01:32:11	00:01:37	01:18:29	03:11:46	345			
399	392	KOBIERSKI RADOSŁAW	HALIŃÓW		POL	1972	M45	55	00:21:57	11:06:13	00:04:39	01:30:15	00:02:56	01:12:00	03:11:47	346			
400	408	KLIMCZYK KATARZYNA	WARSZAWA (BEMOWO)		POL	1989	K30	9	00:21:50	11:02:22	00:02:28	01:30:51	00:03:09	01:13:32	03:11:50			54	
401	177	AMANOWICZ MARCIN	WARSZAWA		POL	1972	M45	56	00:22:36	11:06:09	00:03:24	01:38:58	00:02:47	01:04:09	03:11:54	347			
402	274	GÓRSKI WOJCIECH	GIZYCKO	INTER CARS TRIATHLON TEAM	POL	1990	M25	38	00:20:16	11:02:42	00:02:49	01:21:40	00:01:48	01:26:22	03:12:55	348			
403	223	KĘPIŃSKI TOMASZ	WARSZAWA	TOMASZ KĘPIŃSKI TOMASZ KĘPIŃSKI	POL	1985	M30	62	00:22:57	11:07:10	00:03:09	01:40:04	00:03:00	01:03:48	03:12:58	349			
404	540	SZYMANEK ADRIAN	WARSZAWA		POL	1993	M25	39	00:20:08	11:06:13	00:04:39	01:25:35	00:03:08	01:19:42	03:13:12	350			
405	436	ROKICKI MARIUSZ	PŁOŃSK		POL	1978	M40	73	00:17:35	11:02:04	00:04:08	01:29:01	00:03:37	01:18:59	03:13:20	351			
406	364	CHOJNOWSKI ANDRZEJ	WARSZAWA	BIEGAM NA TARCHOMINIE	POL	1975	M40	74	00:18:44	11:06:00	00:05:33	01:30:56	00:02:40	01:15:38	03:13:31	352			
407	108	GOMOŁA-PARADOWSKA ANNA	WARSZAWA	POWER TRAINING	POL	1983	K35	18	00:18:32	11:02:11	00:03:13	01:35:21	00:02:42	01:13:58	03:13:46			55	
408	380	GOLUBA KRZYSZTOF	WARSZAWA		POL	1971	M45	57	00:22:53	11:04:17	00:04:47	01:30:37	00:02:24	01:13:11	03:13:52	353			
409	242	ARCISZEWSKI ARKADIUSZ	WARSZAWA	DZIEKANOW LESNY	POL	1977	M40	75	00:21:22	11:06:26	00:04:54	01:29:19	00:02:47	01:15:52	03:14:14	354			
410	1218	LEŚNIK MARIUSZ	WARSZAWA (WAWER)	KS MAKÓW BIEGA	POL	1984	M35	82	00:27:29	11:05:46	00:04:18	01:37:44	00:03:05	01:02:09	03:14:45	355			
411	197	JAKUBOWSKI STEFAN	LEGIONOWO		POL	1974	M45	58	00:23:37	11:07:03	00:04:24	01:30:35	00:02:18	01:13:54	03:14:48	356			
412	69	KALUKIEWICZ AMELIA	SŁUPNO		POL	1975	K40	8	00:20:24	11:07:15	00:04:12	01:45:49	00:02:17	01:02:09	03:14:51			56	
413	372	DĄBKOWSKI RAFAŁ	WARSZAWA	B3 CONSULTING POLAND SP. Z O.O. B3 CONSULTING	POL	1982	M35	83	00:21:49	11:05:29	00:07:53	01:35:29	00:04:05	01:05:36	03:14:52	357			
414	304	KAMIŃSKI ARKADIUSZ	ZAŁUŻE		POL	1984	M35	84	00:27:29	11:05:46	00:03:54	01:03:24	00:37:50	01:02:24	03:15:01	358			
415	169	PALUCH KONRAD	RASZYN		POL	1993	M25	40	00:23:06	11:06:40	00:03:27	01:43:05	00:01:55	01:04:01	03:15:34	359			
416	114	CHUCHLA PIOTR	DAWIDY BANKOWE		POL	1982	M35	85	00:20:10	11:07:22	00:04:18	01:32:45	00:03:23	01:16:03	03:16:39	360			
417	217	OLSZEWSKI JAROSŁAW	BOBROWIEC	ŚWIT WARSZAWA	POL	1991	M25	41	11:05:46	11:05:46	00:03:58	01:43:17	00:01:33	01:08:19	03:17:10	361			
418	37	MARKOWSKI JAROSŁAW	WARSZAWA	KUŹNIA TRIATHLONU	POL	1964	M55	7	00:21:06	11:05:13	00:03:35	01:35:38	00:03:51	01:14:33	03:18:43	362			
419	199	WIĘCH ANDRZEJ	WARSZAWA		POL	1974	M45	59	00:19:24	11:06:36	00:03:58	01:35:53	00:03:22	01:16:09	03:18:46	363			
420	438	ŻAK JAKUB	WARSZAWA		POL	1979	M40	76	00:21:55	11:04:02	00:04:04	01:31:48	00:04:16	01:17:28	03:19:31	364			
421	211	MIZURA MARCIN	LEGIONOWO	U.L.K.S XUN U.L.K.S XUN	POL	1984	M35	86	00:20:59	11:03:33	00:03:18	01:31:24	00:02:38	01:21:33	03:19:52	365			
422	183	SZCZEPKOWSKA KAMILA	WARSZAWA (BEMOWO)		POL	1993	K25	10	00:23:26	11:05:25	00:03:19	01:46:46	00:02:15	01:04:54	03:20:40			57	
423	325	KLIMOV ARTEM	MOSCOW	PROSTO.INSURE	RU	1984	M35	87	00:20:06	11:02:57	00:03:43	01:32:36	00:03:33	01:20:44	03:20:42	366			
424	295	TEODORCZYK MICHAŁ	WARSZAWA		POL	1987	M30	63	00:23:07	11:03:41	00:06:14	01:42:44	00:02:58	01:07:06	03:22:09	367			
425	401	PRAK MAREK	WARSZAWA		POL	1978	M40	77	00:16:24	11:02:50	00:03:49	01:31:55	00:03:32	01:27:04	03:22:44	368			
426	415	CHRUSCIK PIOTR	WARSZAWA		POL	1974	M45	60	00:22:55	11:04:10	00:03:59	01:30:46	00:03:18	01:24:25	03:25:23	369			
427	277	ŻÓRAWSKI SEBASTIAN	WARSZAWA - POLSKA		POL	1977	M40	78	00:23:04	11:05:33	00:06:02	01:44:54	00:02:27	01:09:56	03:26:23	370			
428	365	RACZYŃSKI MIROSLAW	CHELM		POL	1960	M55	8	00:21:59	11:05:00	00:02:25	01:33:50	00:02:29	01:25:48	03:26:31	371			
429	351	BORKOWSKI KRZYSZTOF	CELESTYNÓW		POL	1972	M45	61	00:19:51	11:06:22	00:03:50	01:37:04	00:02:24	01:23:22	03:26:31	372			
430	123	JAROS FILIP	WARSZAWA		POL	1991	M25	42	00:20:00	11:01:58	00:03:39	01:56:42	00:01:28	01:05:06	03:26:55	373			
431	538	LEBRAND KATARZYNA	ZALESIE GÓRNE		POL	1980	K35	19	00:20:41	11:03:01	00:02:49	01:38:42	00:02:42	01:22:26	03:27:20			58	
432	371	NILSSON MARTIN	WARSZAWA	B3 CONSULTING POLAND B3 CONSULTING POLAND	POL	1978	M40	79	00:25:38	11:05:28	00:05:02	01:39:26	00:01:58	01:15:57	03:28:01	374			
433	160	FRENKEL MAREK	STARE BARICE		POL	1968	M50	20	00:21:45	11:07:22	00:04:33	01:41:22	00:03:10	01:18:18	03:29:08	375			
434	449	ZAKLIŃSKA KATARZYNA	GLIWICE		POL	1976	K40	9	00:23:38	11:07:23	00:03:04	01:38:16	00:03:40	01:22:10	03:30:48			59	
435	280	ANGOWSKI MARCIN	GRODZISK MAZOWIECKI		POL	1980	M35	88	00:22:49	11:06:51	00:05:04	01:54:03	00:02:19	01:06:57	03:31:12	376			
436	466	BARTOLONI GIULIO	WARSZAWA		POL	1993	M25	43	00:23:45	11:04:55	00:05:38	01:50:28	00:02:41	01:09:44	03:32:31	377			00:00:15
437	82	KRYCZKA AGNIESZKA	PŁOŃSK		POL	1983	K35	20	00:20:06	11:02:02	00:04:12	01:46:48	00:02:01	01:19:41	03:32:48			60	
438	198	ADAMSKI MARCIN	WARSZAWA		POL	1975	M40	80	00:24:50	11:06:40	00:03:58	01:35:56	00:04:37	01:24:35	03:33:56	378			
439	210	PRASEK MAREK	RADOM		POL	1993	M25	44	00:19:38	11:03:05	00:05:15	01:52:18	00:02:14	01:14:39	03:34:04	379			
440	337	HENNIG PAWEŁ	WARSZAWA		POL	1980	M35	89	00:21:37	11:07:15	00:04:28	01:50:50	00:02:47	01:15:17	03:34:59	380			
441	321	BATORSKA MONIKA	WARSZAWA	TRI ALON 42	POL	1987	K30	10	00:21:32	11:06:50	00:04:10	01:52:37	00:01:49	01:18:28	03:38:36			61	

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Miejscowość: NIEPORĘT



OPEN

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	Start	T1	Rower	T2	Bieg	Wynik	M	K	X	Kara
442	163	DROŻDŻYŃSKI PAWEŁ	POZNAŃ	PULAIDA PULAIDA	POL	1990	M25	45	00:24:42	11:06:26	00:04:35	01:48:14	00:02:47	01:19:00	03:39:18	381			
443	349	FOGIEL PIOTR	WARSZAWA	KW WARSZAWA	POL	1976	M40	81	00:26:21	11:06:57	00:05:10	01:39:40	00:05:42	01:23:21	03:40:14	382			
444	460	WOJDOWSKA MAGDALENA	MARKI	KORDECKIEGOTEAM JUST-MAX	POL	1991	K25	11	00:21:55	11:02:53	00:03:44	01:42:01	00:03:33	01:33:34	03:44:47		62		
445	234	ZAJĄC TOMASZ	BIAŁA PODLASKA		POL	1977	M40	82	00:21:51	11:00:38	00:05:01	01:37:33	00:04:47	01:42:14	03:51:26	383			
446	483	ALEKSANDROWICZ DOROTA	ŁOMIANKI	ŁOMIANKOWSKA GRUPA BIEGOWA TRI	POL	1971	K45	6	00:24:25	11:06:57	00:04:11	01:54:40	00:02:46	01:26:08	03:52:10		63		
447	402	TECŁAW DARIUSZ	NIEPORĘT	POWER BOATS POLAND TRIATHLON TEAM	POL	1977	M40	83	00:28:00	11:07:03	00:05:02	01:51:16	00:04:16	01:32:18	04:00:52	384			
448	300	WOSIŃSKA MAGDALENA	WARSZAWA	#DZIEWCZYNY_MINISTRY	POL	1982	K35	21	00:25:38	11:07:23	00:05:04	00:46:16	00:02:34	00:33:04	D S Q		64		
449	109	NOWAK RAFAŁ	MARKI		POL	1974	M45	62	00:23:07	11:06:17	00:03:51	01:00:42	00:03:14	00:32:17	D S Q	385			
450	118	MAZUREK MARCIN	WARSZAWA		POL	1976	M40	84	00:14:58	11:01:25	00:02:58	01:21:31	00:25:59	00:25:58	D S Q	386			
451	410	PĘKALA MICHAŁ	WARSZAWA	ČSV	POL	1988	M30	64	00:20:24	11:05:37	00:03:07	01:17:21	00:27:56	00:30:02	D S Q	387			
452	400	KEHL PAWEŁ	PŁOCK	NAFCIARZE	POL	1974	M45	63	00:17:45	11:01:13	00:02:58	01:25:49	00:33:52	00:35:22	D S Q	388			
453	524	STĘPNIEWSKI DARIUSZ	CIECHANÓW		POL	1969	M50	21	00:20:32	11:07:09	00:50:24	00:47:30	00:01:59	00:56:25	D S Q	389			