

Castle Malbork Triathlon 2019

Organizator: Urząd Miasta Malborka; MKS Triathlon Malbork; LABOSPORT Polska s.c.

Data: 7 września 2019

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejsowość: Malbork



Sponsor tytularny



Sponsorzy strategiczni



Gospodarze



Organizatorzy



| M-ce | Nr zaw. | Nazwisko Imię | Miejsowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|------------------------|---------------------|--|------|------------|-----------|------------|----------------|----------|---------------|----------|---------------|----------|----|---|------|
| 1 | 836 | BRUŹDZIAK MACIEJ | BORKOWO | UKS DWÓJKA MORENA GDAŃSK | POL | 1998 | M20 | 1 | 00:06:16 (1) | 00:01:13 | 00:32:54 (2) | 00:01:17 | 00:19:27 (4) | 01:01:07 | 1 | | |
| 2 | 1179 | GORYŃSKI DAWID | SUSZ | UKS TRS SUSZ | POL | 2000 | M18 | 1 | 00:06:33 (3) | 00:01:30 | 00:33:11 (3) | 00:01:19 | 00:20:12 (6) | 01:02:45 | 2 | | |
| 3 | 848 | DAMENTKA KAMIL | RUMIA | UKS-TRI TEAM RUMIA ELEMENTAL TRI TEAM ELEMEN | POL | 1998 | M20 | 2 | 00:06:23 (2) | 00:01:30 | 00:36:53 (27) | 00:01:19 | 00:18:12 (2) | 01:04:17 | 3 | | |
| 4 | 570 | KULIK KAMIL | GDYNIA | CTS - CZAJATRAININGSYSTEM | POL | 2003 | M16 | 1 | 00:07:48 (11) | 00:01:35 | 00:36:26 (22) | 00:01:26 | 00:19:22 (3) | 01:06:37 | 4 | | |
| 5 | 501 | ŁAGOWNIK MARTA | GDAŃSK | UKS DWÓJKA MORENA GDAŃSK | POL | 1995 | K20 | 1 | 00:07:24 (8) | 00:01:35 | 00:36:27 (23) | 00:01:27 | 00:19:48 (5) | 01:06:41 | | 1 | |
| 6 | 510 | CHRZANOWSKI JAN | GDAŃSK | SMARUJ NA TRENING TEAM | POL | 2003 | M16 | 2 | 00:06:46 (5) | 00:01:30 | 00:36:52 (26) | 00:01:19 | 00:20:36 (7) | 01:07:03 | 5 | | |
| 7 | 847 | SŁUPEK ROKSANA | RUMIA | UKS TRI-TEAM RUMIA NST | POL | 1999 | K20 | 2 | 00:06:36 (4) | 00:01:30 | 00:37:06 (31) | 00:01:17 | 00:20:50 (8) | 01:07:19 | | 2 | |
| 8 | 707 | MARCINIAK PRZEMYSŁAW | PLEWISKA | WWW.M40.PL WWW.M40.PL - POZYCJONOWANIE S | POL | 1985 | M30 | 1 | 00:09:35 (60) | 00:01:33 | 00:32:51 (1) | 00:01:37 | 00:22:15 (19) | 01:07:51 | 6 | | |
| 9 | 722 | MIEDZIAK SEBASTIAN | ROGALINEK | LS PLUS RECYKLING TEAM/ CITIZEN POZNAN 2015 | POL | 1983 | M30 | 2 | 00:08:42 (34) | 00:01:44 | 00:33:25 (4) | 00:01:35 | 00:22:29 (21) | 01:07:55 | 7 | | |
| 10 | 799 | PACHOLCZYK KRZYSZTOF | SŁUPSK | NORDEX POLSKA | POL | 1988 | M30 | 3 | 00:08:17 (23) | 00:01:59 | 00:35:14 (8) | 00:01:23 | 00:21:11 (10) | 01:08:04 | 8 | | |
| 11 | 802 | STANISZEWSKI KRZYSZTOF | MALBORK | SPORTEVO | POL | 1986 | M30 | 4 | 00:08:07 (16) | 00:01:51 | 00:35:16 (10) | 00:01:27 | 00:21:26 (11) | 01:08:07 | 9 | | |
| 12 | 686 | ZIELIŃSKI NICOLAS | BYDGOSZCZ | WWW.OLIMPIASPORT.PL | POL | 1993 | M20 | 3 | 00:08:38 (31) | 00:01:47 | 00:35:18 (11) | 00:01:34 | 00:22:29 (21) | 01:09:46 | 10 | | |
| 13 | 711 | CZAJKOWSKI PAWEŁ | GDYNIA | BCT TEAM GDYNIA BCT TEAM GDYNIA | POL | 1981 | M30 | 5 | 00:08:18 (24) | 00:01:27 | 00:35:54 (19) | 00:01:24 | 00:22:52 (28) | 01:09:55 | 11 | | |
| 14 | 712 | HEPNER TOMASZ | CHODZIEŻ | GVT | POL | 1988 | M30 | 6 | 00:09:07 (43) | 00:01:50 | 00:35:16 (9) | 00:01:30 | 00:22:18 (20) | 01:10:01 | 12 | | |
| 15 | 759 | JOPEK TOMASZ | POZNAŃ | SATORI | POL | 1986 | M30 | 7 | 00:06:51 (6) | 00:01:30 | 00:37:02 (29) | 00:01:33 | 00:24:05 (46) | 01:11:01 | 13 | | |
| 16 | 549 | LITWINIUK KRZYSZTOF | BARTĄG | KRISS COACHING | POL | 1980 | M30 | 8 | 00:08:54 (38) | 00:01:41 | 00:34:57 (5) | 00:01:50 | 00:23:47 (42) | 01:11:09 | 14 | | |
| 17 | 509 | WIERZBOWSKI KRZYSZTOF | BYDGOSZCZ | | POL | 1979 | M40 | 1 | 00:10:03 (80) | 00:01:54 | 00:34:59 (6) | 00:01:45 | 00:23:07 (31) | 01:11:48 | 15 | | |
| 18 | 563 | BRUDŁO PIOTR | STARGARD | | POL | 2002 | M16 | 3 | 00:08:20 (25) | 00:02:19 | 00:37:03 (30) | 00:02:00 | 00:22:15 (18) | 01:11:57 | 16 | | |
| 19 | 545 | IGNATOWICZ ANDRZEJ | WARSZAWA | TRUCHT TARCHOMIN TEAM | POL | 1974 | M40 | 2 | 00:09:15 (48) | 00:01:59 | 00:35:46 (18) | 00:02:00 | 00:23:00 (30) | 01:12:00 | 17 | | |
| 20 | 764 | SZYTENHOLM OLIWIER | BYDGOSZCZ | TRISPACE GABO MASZ MAŁY PRZYJACIEL | POL | 1982 | M30 | 9 | 00:09:48 (67) | 00:01:30 | 00:35:34 (14) | 00:01:50 | 00:23:22 (36) | 01:12:04 | 18 | | |
| 21 | 682 | ULAŃSKI MACIEJ | SOMPOLNO | | POL | 2003 | M16 | 4 | 00:08:27 (29) | 00:02:25 | 00:35:42 (16) | 00:01:47 | 00:23:46 (41) | 01:12:07 | 19 | | |
| 22 | 659 | CZERWIAK ROBERT | STAROGARD GDAŃSKI | TRI STAROGARD GDAŃSKI | POL | 1973 | M40 | 3 | 00:09:04 (42) | 00:01:30 | 00:38:41 (54) | 00:01:30 | 00:21:42 (12) | 01:12:27 | 20 | | |
| 23 | 1184 | MANOWIECKI KAMIL | SOPOT | SKŻ SOPOT | POL | 2002 | M16 | 5 | 00:07:11 (7) | 00:01:30 | 00:41:00 (96) | 00:01:30 | 00:21:44 (14) | 01:12:55 | 21 | | |
| 24 | 833 | GÓRSKI JAKUB | GDYNIA | VEGAN ATHEIST | POL | 1979 | M40 | 4 | 00:08:51 (37) | 00:02:14 | 00:35:04 (7) | 00:01:56 | 00:24:58 (60) | 01:13:03 | 22 | | |
| 25 | 671 | BOGULSKI PIOTR | ZBLEWO | MORSY ZBLEWO | POL | 1988 | M30 | 10 | 00:09:16 (51) | 00:02:09 | 00:37:20 (35) | 00:02:13 | 00:22:29 (21) | 01:13:27 | 23 | | |
| 26 | 506 | URBAŃSKI BARTOSZ | SZCZYJNIKI DUCHOWNE | GTT DIAMENT GNIEZNO | POL | 1994 | M20 | 4 | 00:07:24 (8) | 00:01:30 | 00:40:19 (83) | 00:01:35 | 00:22:43 (26) | 01:13:31 | 24 | | |
| 27 | 807 | DOLEGA SZYMON | MALBORK | SPORTEVO | POL | 1985 | M30 | 11 | 00:08:08 (17) | 00:01:30 | 00:38:58 (61) | 00:01:51 | 00:23:08 (32) | 01:13:35 | 25 | | |
| 28 | 650 | MATUSZEWSKI MARIUSZ | WARSZAWA | WMT ISPORT | POL | 1974 | M40 | 5 | 00:09:28 (58) | 00:02:21 | 00:35:44 (17) | 00:01:44 | 00:24:22 (52) | 01:13:39 | 26 | | |
| 29 | 844 | MAŃCZAK JAKUB | GDYNIA | | POL | 1971 | M40 | 6 | 00:07:38 (10) | 00:02:34 | 00:37:29 (37) | 00:02:12 | 00:24:14 (50) | 01:14:07 | 27 | | |
| 30 | 515 | ŚLIWKA PIOTR | KRAŚNIK | SPORTEVO | POL | 1980 | M30 | 12 | 00:10:37 (106) | 00:02:22 | 00:37:31 (39) | 00:01:41 | 00:22:02 (15) | 01:14:13 | 28 | | |
| 31 | 840 | LORYŚ MARCIN | WROCŁAW | | POL | 1992 | M20 | 5 | 00:08:24 (27) | 00:01:30 | 00:38:55 (59) | 00:02:11 | 00:23:16 (34) | 01:14:16 | 29 | | |
| 32 | 595 | SZOT DAWID | SZTUM | TRINEGU | POL | 1992 | M20 | 6 | 00:10:24 (98) | 00:02:01 | 00:37:09 (32) | 00:01:30 | 00:23:15 (33) | 01:14:19 | 30 | | |
| 33 | 819 | BINKOWSKI ADRIAN | GZIN | PROFESSIONAL HR / CB163 | POL | 1980 | M30 | 13 | 00:10:09 (84) | 00:01:58 | 00:35:34 (14) | 00:01:53 | 00:24:46 (57) | 01:14:20 | 31 | | |
| 34 | 727 | CHMIELEWSKI TOMASZ | BYDGOSZCZ | AGAMED BYDGOSZCZ TRIATHLON AGAMED BYDGOSZ | POL | 1965 | M50 | 1 | 00:10:51 (123) | 00:01:54 | 00:36:45 (25) | 00:01:30 | 00:23:30 (37) | 01:14:30 | 32 | | |
| 35 | 784 | SZCZEBIOT KAROL | LIDZBARK WARMIŃSKI | KLUB BIEGACZA LIDZBARK WARMIŃSKI | POL | 1981 | M30 | 14 | 00:07:52 (12) | 00:02:25 | 00:37:13 (33) | 00:02:00 | 00:25:05 (63) | 01:14:35 | 33 | | |
| 36 | 843 | BATORYNA ALEKSANDER | BĘDZIN | | POL | 1983 | M30 | 15 | 00:09:15 (48) | 00:02:18 | 00:38:47 (55) | 00:02:07 | 00:22:12 (16) | 01:14:39 | 34 | | |
| 37 | 837 | KARASZEWSKI NORBERT | BIAŁE BŁOTA | 1. WOJSKOWY SZPITAL POŁOWY | POL | 1987 | M30 | 16 | 00:10:47 (112) | 00:01:30 | 00:37:15 (34) | 00:01:46 | 00:23:22 (35) | 01:14:40 | 35 | | |
| 38 | 830 | OLCZAK JAKUB | KOŚCIELEC | MLUKS TRIATHLON KOŁO | POL | 2003 | M16 | 6 | 00:07:52 (12) | 00:01:51 | 00:37:55 (43) | 00:01:40 | 00:25:28 (66) | 01:14:46 | 36 | | |
| 39 | 507 | KAC MAREK | REDA | ENDURE TEAM | POL | 1974 | M40 | 7 | 00:09:09 (45) | 00:01:59 | 00:37:26 (36) | 00:01:54 | 00:24:36 (56) | 01:15:04 | 37 | | |
| 40 | 738 | BELTER DANIEL | WEJHEROWO | BIKE U UP | POL | 1996 | M20 | 7 | 00:07:59 (14) | 00:01:30 | 00:40:15 (81) | 00:01:30 | 00:24:16 (51) | 01:15:30 | 38 | | |
| 41 | 795 | RUTKOWSKI WOJCIECH | PRZECHELEWO | #TRIPAKA PRZECHELEWO | POL | 1996 | M20 | 8 | 00:11:00 (136) | 00:02:03 | 00:36:36 (24) | 00:01:53 | 00:24:10 (49) | 01:15:42 | 39 | | |
| 42 | 629 | KŁOSEK DOMINIK | GDYNIA | ENDURE TEAM | POL | 1980 | M30 | 17 | 00:09:11 (46) | 00:02:08 | 00:37:55 (43) | 00:01:47 | 00:25:01 (62) | 01:16:02 | 40 | | |
| 43 | 842 | MAGDZIAK ZBIGNIEW | POZNAŃ | KS EXTREME TEAM OBORNIKI | POL | 1969 | M50 | 2 | 00:09:41 (63) | 00:01:51 | 00:39:01 (62) | 00:01:30 | 00:24:07 (48) | 01:16:10 | 41 | | |

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Miejsowość: Malbork



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Sponsorzy strategiczni



Gospodarze



Organizatorzy



| M-ce | Nr zaw. | Nazwisko Imię | Miejsowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|-----------------------|-------------------|---|------|------------|-----------|------------|----------------|----------|----------------|----------|----------------|----------|----|---|------|
| 44 | 814 | FEDAN DOMINIK | MORAĞ | | POL | 1994 | M20 | 9 | 00:09:55 (72) | 00:02:51 | 00:37:34 (41) | 00:02:11 | 00:23:59 (45) | 01:16:30 | 42 | | |
| 45 | 783 | SYGUŁA MATEUSZ | WARSZAWA | KOLARSKI.EU TEAM KOLARSKI.EU TEAM | POL | 1979 | M40 | 8 | 00:11:54 (171) | 00:02:14 | 00:36:57 (28) | 00:01:45 | 00:23:40 (39) | 01:16:30 | 43 | | |
| 46 | 1178 | ZABOROWSKI ŁUKASZ | MALBORK | CZWARTAKUS | POL | 1989 | M30 | 18 | 00:10:20 (94) | 00:01:49 | 00:38:48 (56) | 00:01:30 | 00:24:07 (47) | 01:16:34 | 44 | | |
| 47 | 632 | BŁACH WOJCIECH | SOSNOWIEC | WWW.MIZOPOL.PL WWW.MIZOPOL.PL | POL | 1988 | M30 | 19 | 00:11:35 (154) | 00:02:00 | 00:38:03 (46) | 00:02:08 | 00:22:51 (27) | 01:16:37 | 45 | | |
| 48 | 838 | KULWICKI KAROL | BYDGOSZCZ | | POL | 1986 | M30 | 20 | 00:10:14 (88) | 00:02:06 | 00:35:21 (12) | 00:02:05 | 00:26:53 (99) | 01:16:39 | 46 | | |
| 49 | 663 | CZAJA LESZEK | STAROGARD GDAŃSKI | TRI STAROGARD GDAŃSKI | POL | 1976 | M40 | 9 | 00:11:20 (145) | 00:01:30 | 00:41:08 (103) | 00:01:46 | 00:21:09 (9) | 01:16:53 | 47 | | |
| 50 | 583 | ZIELIŃSKI MACIEJ | BYDGOSZCZ | | POL | 1984 | M30 | 21 | 00:10:16 (91) | 00:01:30 | 00:35:28 (13) | 00:01:54 | 00:27:46 (122) | 01:16:54 | 48 | | |
| 51 | 793 | RUSAK ŁUKASZ | GDYNIA | CZEMU NIE GDYNIA | POL | 1980 | M30 | 22 | 00:08:59 (40) | 00:02:19 | 00:39:54 (73) | 00:01:55 | 00:23:50 (43) | 01:16:57 | 49 | | |
| 52 | 544 | JANCZUK DAWID | MAŁA NIESZAWKA | TRIATHLON KONSULTING | POL | 2002 | M16 | 7 | 00:08:10 (18) | 00:02:30 | 00:40:05 (76) | 00:01:45 | 00:24:29 (55) | 01:16:59 | 50 | | |
| 53 | 828 | BRZOZOWSKI PIOTR | ROKITKI | BIEGAJĄCY TCZEW | POL | 1977 | M40 | 10 | 00:10:40 (108) | 00:03:01 | 00:38:51 (57) | 00:01:56 | 00:22:39 (25) | 01:17:07 | 51 | | |
| 54 | 748 | SĄSIADK Cezary | GDAŃSK | KRISS COACHING TEAM | POL | 1981 | M30 | 23 | 00:08:10 (18) | 00:01:30 | 00:37:34 (42) | 00:02:34 | 00:27:28 (114) | 01:17:16 | 52 | | |
| 55 | 790 | ĆWIRKO-GODYCKI ŁUKASZ | MALBORK | WANIEWSKI COACHING | POL | 1980 | M30 | 24 | 00:09:02 (41) | 00:01:30 | 00:37:33 (40) | 00:02:01 | 00:27:36 (117) | 01:17:42 | 53 | | |
| 56 | 590 | ZAMARRIPA KAROLINA | GDYNIA | LKS ZORZA GDYNIA NEUROSANA | POL | 2000 | K18 | 1 | 00:08:38 (31) | 00:02:07 | 00:39:45 (71) | 00:01:51 | 00:25:40 (68) | 01:18:01 | | 3 | |
| 57 | 536 | WROBEL MATEUSZ | FABIANKI | | POL | 1990 | M20 | 10 | 00:13:04 (212) | 00:02:22 | 00:36:25 (21) | 00:01:22 | 00:24:59 (61) | 01:18:12 | 54 | | |
| 58 | 768 | PIETRUSZKA MAGDALENA | DZIAŁDOWO | TRIPETRUSZKA | POL | 1983 | K30 | 1 | 00:09:59 (73) | 00:02:20 | 00:41:19 (106) | 00:01:48 | 00:22:54 (29) | 01:18:20 | | 4 | |
| 59 | 774 | KAROLAK MATEUSZ | JÓZEFOSŁAW | KUŹNIA TRIATHLONU | POL | 2002 | M16 | 8 | 00:10:01 (77) | 00:02:11 | 00:39:53 (72) | 00:02:44 | 00:23:50 (43) | 01:18:39 | 55 | | |
| 60 | 615 | KAROLEWSKI KRZYSZTOF | OLSZTYN | KRISS COACHING | POL | 1982 | M30 | 25 | 00:10:42 (109) | 00:02:51 | 00:41:00 (96) | 00:02:00 | 00:22:12 (16) | 01:18:45 | 56 | | |
| 61 | 786 | RYBACKI MARCIN | BYDGOSZCZ | CZYSTA PUSZCZA W BYDGOSKA | POL | 1975 | M40 | 11 | 00:10:17 (92) | 00:02:53 | 00:37:56 (45) | 00:02:28 | 00:25:19 (65) | 01:18:53 | 57 | | |
| 62 | 577 | STANISZEWSKI MACIEJ | MALBORK | SPORTEVO | POL | 1981 | M30 | 26 | 00:10:52 (124) | 00:02:24 | 00:38:29 (50) | 00:02:11 | 00:25:13 (64) | 01:19:09 | 58 | | |
| 63 | 845 | SARNOWSKI ZBYSZEK | SUSZ | UKS TRS SUSZ/KRISS COACHING | POL | 1974 | M40 | 12 | 00:10:47 (112) | 00:01:30 | 00:39:08 (63) | 00:01:52 | 00:25:58 (75) | 01:19:15 | 59 | | |
| 64 | 741 | DRESPA PATRYK | GDYNIA | LILI TEAM KMD GRUZ | POL | 1990 | M20 | 11 | 00:11:52 (170) | 00:02:34 | 00:39:10 (65) | 00:02:04 | 00:23:35 (38) | 01:19:15 | 60 | | |
| 65 | 519 | DUK JANUSZ | LODZ | LABOSPORT TEAM | POL | 1966 | M50 | 3 | 00:10:20 (94) | 00:02:17 | 00:38:09 (47) | 00:01:38 | 00:26:52 (98) | 01:19:16 | 61 | | |
| 66 | 811 | PTAK JACEK | WARSZAWA | PROJEKT AK | POL | 1984 | M30 | 27 | 00:08:22 (26) | 00:01:30 | 00:39:27 (67) | 00:01:30 | 00:28:43 (143) | 01:19:32 | 62 | | |
| 67 | 505 | BABCIAK JAKUB | NOWY STAW | | POL | 2002 | M16 | 9 | 00:09:22 (53) | 00:03:18 | 00:41:39 (118) | 00:02:35 | 00:22:38 (24) | 01:19:32 | 63 | | |
| 68 | 640 | JUZWUK SEWERYN | WEJHEROWO | | POL | 1994 | M20 | 12 | 00:09:50 (70) | 00:01:30 | 00:41:07 (102) | 00:01:30 | 00:25:42 (70) | 01:19:39 | 64 | | |
| 69 | 846 | CHUDEK AGNIESZKA | WARSZAWA | LUFT TRI TEAM | POL | 1992 | K20 | 3 | 00:08:13 (21) | 00:02:12 | 00:41:29 (115) | 00:01:53 | 00:25:54 (73) | 01:19:41 | | 5 | |
| 70 | 1183 | KARDASZ SŁAWEK | LUBIN | LITWIN TRIATHLON TEAM (LTT) | POL | 1999 | M20 | 13 | 00:10:01 (77) | 00:02:34 | 00:42:04 (122) | 00:01:30 | 00:23:45 (40) | 01:19:54 | 65 | | |
| 71 | 834 | WIKALINSKI JAROSLAW | WARSZAWA | LUFT TRI TEAM | POL | 1970 | M40 | 13 | 00:10:52 (124) | 00:03:25 | 00:38:38 (53) | 00:02:21 | 00:24:48 (58) | 01:20:04 | 66 | | |
| 72 | 579 | GOC JULIA | KWIDZYN | KTS IRONMAN | POL | 1997 | K20 | 4 | 00:08:16 (22) | 00:02:03 | 00:42:15 (128) | 00:01:37 | 00:26:02 (76) | 01:20:13 | | 6 | |
| 73 | 628 | BARTKOWSKI MAREK | WARSZAWA | ENDURE TEAM | POL | 1972 | M40 | 14 | 00:11:38 (157) | 00:03:59 | 00:36:25 (20) | 00:02:38 | 00:25:41 (69) | 01:20:21 | 67 | | |
| 74 | 831 | DZIEDZIC MAŁGORZATA | GDAŃSK | SMARUJ NA TRENING TEAM LUFTHANSA SYSTEMS PC | POL | 1990 | K20 | 5 | 00:09:24 (54) | 00:02:10 | 00:40:09 (79) | 00:01:30 | 00:27:17 (108) | 01:20:30 | | 7 | |
| 75 | 596 | BIRECKI WACŁAW | OPOLE | GT KONA | POL | 1960 | M50 | 4 | 00:10:15 (90) | 00:02:11 | 00:37:31 (38) | 00:02:06 | 00:28:34 (141) | 01:20:37 | 68 | | |
| 76 | 801 | STUSIO DAMIAN | GDAŃSK | | POL | 1978 | M40 | 15 | 00:11:38 (157) | 00:03:27 | 00:41:39 (117) | 00:02:17 | 00:21:42 (13) | 01:20:43 | 69 | | |
| 77 | 739 | WAJS ANNA | GDYNIA | | POL | 1995 | K20 | 6 | 00:13:06 (214) | 00:02:13 | 00:38:53 (58) | 00:01:47 | 00:24:49 (59) | 01:20:48 | | 8 | |
| 78 | 636 | SZAKOŁA MARCIN | ZŁOTNIKI | MOCNO W PRAWO TEAM MOCNO W PRAWO TEAM | POL | 1979 | M40 | 16 | 00:09:47 (65) | 00:02:31 | 00:38:33 (51) | 00:02:08 | 00:28:13 (131) | 01:21:12 | 70 | | |
| 79 | 781 | KOWALIK MARCIN | GDAŃSK | SMARUJ NA TRENING TEAM | POL | 1984 | M30 | 28 | 00:09:28 (58) | 00:02:41 | 00:40:18 (82) | 00:01:55 | 00:26:51 (96) | 01:21:13 | 71 | | |
| 80 | 611 | WŁODARCZYK WOJCIECH | BYDGOSZCZ | CZARNE STOPY | POL | 1964 | M50 | 5 | 00:11:22 (147) | 00:01:30 | 00:42:22 (130) | 00:01:46 | 00:24:27 (54) | 01:21:27 | 72 | | |
| 81 | 681 | RAŻEWSKI MACIEJ | MALBORK | RAŻA TRIATHLON TEAM | POL | 1999 | M20 | 14 | 00:09:08 (44) | 00:02:06 | 00:40:48 (90) | 00:01:30 | 00:28:04 (128) | 01:21:36 | 73 | | |
| 82 | 578 | SIENKIEWICZ ŁUKASZ | KOSZALIN | TEAM SIENKIEWICZ | POL | 1981 | M30 | 29 | 00:08:49 (35) | 00:03:02 | 00:40:59 (95) | 00:02:42 | 00:26:07 (78) | 01:21:39 | 74 | | |
| 83 | 642 | JODKO PAWEŁ | POZNAŃ | JODKO BROTHERS RUNNING TEAM | POL | 1979 | M40 | 17 | 00:10:48 (116) | 00:03:12 | 00:38:55 (59) | 00:02:36 | 00:26:22 (84) | 01:21:53 | 75 | | |
| 84 | 592 | PRĘDOTA BARTOSZ | WARSZAWA | TRUCHT TARCHOMIN TEAM | POL | 2003 | M16 | 10 | 00:08:41 (33) | 00:01:30 | 00:41:24 (112) | 00:01:30 | 00:28:50 (150) | 01:21:55 | 76 | | |
| 85 | 518 | TRUSZKOWSKI MICHAŁ | OŚNO LUBUSKIE | RONIN TEAM GABINET WETERYNARYJNY GRYP | POL | 1987 | M30 | 30 | 00:10:13 (87) | 00:02:32 | 00:41:20 (108) | 00:01:49 | 00:26:05 (77) | 01:21:59 | 77 | | |
| 86 | 815 | LIGENZA ZBIGNIEW | PRUSZCZ GDAŃSKI | | POL | 1978 | M40 | 18 | 00:11:34 (152) | 00:03:14 | 00:38:28 (49) | 00:02:44 | 00:26:08 (79) | 01:22:08 | 78 | | |

Castle Malbork Triathlon 2019

Organizator: Urząd Miasta Malborka; MKS Triathlon Malbork; LABOSPORT Polska s.c.

Data: 7 września 2019

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejsowość: Malbork



Sponsor tytularny



Sponsorzy strategiczni



Gospodarze



Organizatorzy



| M-ce | Nr zaw. | Nazwisko Imię | Miejsowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|------------------------|------------------|---------------------------------------|------|------------|-----------|------------|----------------|----------|----------------|----------|----------------|-----------------|---|-----|------|
| 87 | 798 | TOMASZEWSKI MARCIN | BYDGOSZCZ | | POL | 1975 | M40 | 19 | 00:10:04 (81) | 00:02:35 | 00:39:57 (74) | 00:02:06 | 00:27:59 (124) | 01:22:41 | | | 79 |
| 88 | 547 | BORUTA PRZEMYSŁAW | GDYNIA | BORUCIK TRI TEAM | POL | 1987 | M30 | 31 | 00:09:59 (73) | 00:01:30 | 00:42:03 (121) | 00:02:11 | 00:27:00 (104) | 01:22:43 | | | 80 |
| 89 | 537 | HORODNICZY MARIUSZ | ŁÓDŹ | | POL | 1983 | M30 | 32 | 00:09:35 (60) | 00:01:30 | 00:40:07 (78) | 00:01:56 | 00:29:48 (170) | 01:22:56 | | | 81 |
| 90 | 1174 | KAROLAK MARCIN | JÓZEFOSŁAW | KUŹNIA TRIATHLONU | POL | 1969 | M50 | 6 | 00:11:44 (163) | 00:01:30 | 00:40:48 (91) | 00:02:16 | 00:26:55 (101) | 01:23:13 | | | 82 |
| 91 | 776 | AUGUSTYNIAK ADAM | ŁÓDŹ | LIMONKOWO.PL | POL | 1986 | M30 | 33 | 00:11:15 (144) | 00:02:43 | 00:39:43 (68) | 00:02:08 | 00:27:24 (111) | 01:23:13 | | | 83 |
| 92 | 728 | GOSZKA JAKUB | SZĄBRUK | GOS-DENT | POL | 1998 | M20 | 15 | 00:12:17 (187) | 00:02:22 | 00:40:49 (92) | 00:02:01 | 00:26:14 (83) | 01:23:43 | | | 84 |
| 93 | 1177 | KOSTRO MICHAŁ | BIAŁYSTOK | 3T BIAŁYSTOK | POL | 1994 | M20 | 16 | 00:09:15 (48) | 00:01:30 | 00:44:33 (163) | 00:02:07 | 00:26:36 (91) | 01:24:01 | | | 85 |
| 94 | 806 | SOSIŃSKI RAFAŁ | GDYNIA | SPORTEVO | POL | 1980 | M30 | 34 | 00:10:54 (129) | 00:02:21 | 00:40:38 (87) | 00:02:11 | 00:28:04 (128) | 01:24:08 | | | 86 |
| 95 | 769 | MELKOWSKI MARCIN | IŁAWA | | POL | 1982 | M30 | 35 | 00:10:59 (134) | 00:03:15 | 00:41:24 (111) | 00:02:24 | 00:26:11 (80) | 01:24:13 | | | 87 |
| 96 | 575 | ZIEMIŃSKA MAGDALENA | ELBLĄG | ETT ELBLĄG TRIATHLON TEAM | POL | 1978 | K40 | 1 | 00:11:05 (139) | 00:02:31 | 00:41:21 (109) | 00:02:26 | 00:26:56 (102) | 01:24:19 | | 9 | |
| 97 | 816 | RONIARSKI ADAM | WEJHEROWO | UKS TRI-TEAM RUMIA | POL | 1974 | M40 | 20 | 00:10:14 (88) | 00:03:19 | 00:41:03 (99) | 00:02:25 | 00:27:20 (109) | 01:24:21 | | | 88 |
| 98 | 779 | SCHLUETER BERNARD | JAROTY | PERSONALTRIATHLON.PL | POL | 1979 | M40 | 21 | 00:10:50 (121) | 00:02:40 | 00:39:43 (68) | 00:02:50 | 00:28:19 (134) | 01:24:22 | | | 89 |
| 99 | 591 | KALUZIŃSKI TOMASZ | MALBORK | | POL | 1976 | M40 | 22 | 00:12:20 (189) | 00:02:14 | 00:40:30 (84) | 00:02:27 | 00:26:59 (103) | 01:24:30 | | | 90 |
| 100 | 517 | MALINOWSKI ARTUR | MAKSYMILIANOWO | | POL | 1969 | M50 | 7 | 00:12:45 (201) | 00:03:16 | 00:39:44 (70) | 00:02:06 | 00:26:40 (92) | 01:24:31 | | | 91 |
| 101 | 706 | PIETRASIUK MARCIN | GDAŃSK | | POL | 1979 | M40 | 23 | 00:10:09 (84) | 00:01:30 | 00:44:05 (156) | 00:02:40 | 00:26:12 (82) | 01:24:36 | | | 92 |
| 102 | 705 | PABIJAN IGOR | WARSAW | | POL | 1988 | M30 | 36 | 00:10:00 (75) | 00:03:57 | 00:40:45 (89) | 00:02:53 | 00:27:01 (105) | 01:24:36 | | | 93 |
| 103 | 805 | ELIASZ PAWEŁ | USTRONIE MORSKIE | APTEKA ELIASZ | POL | 1971 | M40 | 24 | 00:10:53 (127) | 00:02:32 | 00:39:09 (64) | 00:03:17 | 00:28:54 (154) | 01:24:45 | | | 94 |
| 104 | 613 | NIESTEROWICZ KAROL | SZCZECIN | | POL | 1990 | M20 | 17 | 00:11:36 (155) | 00:01:30 | 00:45:11 (180) | 00:02:05 | 00:24:26 (53) | 01:24:48 | | | 95 |
| 105 | 825 | BALBUSA MATEUSZ | TCZEW | APATOR METRIX S.A APATOR METRIX S.A | POL | 1994 | M20 | 18 | 00:10:52 (124) | 00:03:19 | 00:41:23 (110) | 00:02:55 | 00:26:25 (85) | 01:24:54 | | | 96 |
| 106 | 726 | GUJSKI MARCIN | MIŃSK MAZOWIECKI | TRIPAKA | POL | 1981 | M30 | 37 | 00:11:00 (136) | 00:03:04 | 00:41:15 (105) | 00:02:04 | 00:27:43 (120) | 01:25:06 | | | 97 |
| 107 | 667 | IGNATOWICZ JAKUB | WARSAWA | TEAM KARAŚ TRUCHT TARCHOMIN TEAM | POL | 2002 | M16 | 11 | 00:09:13 (47) | 00:02:17 | 00:46:13 (198) | 00:01:57 | 00:25:29 (67) | 01:25:09 | | | 98 |
| 108 | 562 | ZIELIŃSKI HENRYK | KWIDZYN | NZ | POL | 1952 | M60 | 1 | 00:12:23 (190) | 00:02:59 | 00:41:04 (100) | 00:02:05 | 00:26:51 (96) | 01:25:22 | | | 99 |
| 109 | 824 | ELIASZ PIOTR | USTRONIE MORSKIE | APTEKA ELIASZ APTEKA ELIASZ SP. Z O O | POL | 2002 | M16 | 12 | 00:08:57 (39) | 00:02:39 | 00:44:01 (153) | 00:01:47 | 00:28:02 (127) | 01:25:26 | | | 100 |
| 110 | 743 | KOWALEWSKI ZBIGNIEW | GDAŃSK | NIEZRZESZONY | POL | 1959 | M60 | 2 | 00:09:47 (65) | 00:02:51 | 00:41:19 (106) | 00:01:30 | 00:29:59 (173) | 01:25:26 | | | 101 |
| 111 | 540 | NADOLSKI WALDEMAR | TCZEW | BIEGAJACY TCZEW | POL | 1972 | M40 | 25 | 00:12:03 (177) | 00:03:41 | 00:39:15 (66) | 00:02:18 | 00:28:20 (135) | 01:25:37 | | | 102 |
| 112 | 601 | KLEINOWSKI KRZYSZTOF | KOBYLANKA | | POL | 1966 | M50 | 8 | 00:11:41 (160) | 00:02:39 | 00:40:12 (80) | 00:02:13 | 00:29:02 (158) | 01:25:47 | | | 103 |
| 113 | 698 | KACMAJOR TOMASZ | GDAŃSK | | POL | 1986 | M30 | 38 | 00:11:02 (138) | 00:02:50 | 00:43:37 (146) | 00:02:39 | 00:25:54 (73) | 01:26:02 | | | 104 |
| 114 | 761 | RZYTKI PIOTR | LISIWOLKA | | POL | 1981 | M30 | 39 | 00:11:08 (141) | 00:02:56 | 00:41:05 (101) | 00:02:33 | 00:28:31 (138) | 01:26:13 | | | 105 |
| 115 | 668 | ZALESINSKI MARCIN | BYDGOSZCZ | | POL | 1980 | M30 | 40 | 00:10:33 (103) | 00:02:48 | 00:40:52 (93) | 00:02:44 | 00:29:17 (162) | 01:26:14 | | | 106 |
| 116 | 625 | MICHALAK ANIA | UJŚCIE | | POL | 1973 | K40 | 2 | 00:11:30 (150) | 00:02:22 | 00:43:37 (146) | 00:01:56 | 00:26:49 (94) | 01:26:14 | | 10 | |
| 117 | 635 | ANYŻEWSKI TOMEK | WŁOCŁAWEK | IRON HOUSE STUDIO TRENINGU | POL | 1981 | M30 | 41 | 00:10:45 (110) | 00:03:05 | 00:41:33 (116) | 00:02:17 | 00:28:38 (142) | 01:26:18 | | | 107 |
| 118 | 605 | CZERWIEC MICHAŁ | RUMIA | | POL | 1982 | M30 | 42 | 00:10:47 (112) | 00:03:53 | 00:42:11 (125) | 00:02:42 | 00:26:45 (93) | 01:26:18 | | | 108 |
| 119 | 504 | SZARLEJ MARCIN | BYDGOSZCZ | PKO BANK POLSKI S.A. | POL | 1983 | M30 | 43 | 00:12:13 (186) | 00:02:54 | 00:41:11 (104) | 00:02:20 | 00:27:40 (118) | 01:26:18 | | | 109 |
| 120 | 569 | ZADROGA PIOTR | GDAŃSK | | POL | 1973 | M40 | 26 | 00:11:21 (146) | 00:03:31 | 00:40:32 (85) | 00:02:09 | 00:28:49 (147) | 01:26:22 | | | 110 |
| 121 | 559 | ZUBOWICZ MAREK | TUCHOM | | POL | 1964 | M50 | 9 | 00:09:49 (68) | 00:03:25 | 00:38:33 (51) | 00:02:25 | 00:32:16 (216) | 01:26:28 | | | 111 |
| 122 | 813 | STEMBNOWSKA ALEKSANDRA | WARSAWA | MBC TEAM | POL | 1991 | K20 | 7 | 00:09:25 (56) | 00:02:19 | 00:43:15 (139) | 00:01:30 | 00:30:03 (174) | 01:26:32 | | 11 | |
| 123 | 633 | WALCZAK GRZEGORZ | RUDA ŚLĄSKA | MIZOPOL | POL | 1988 | M30 | 44 | 00:10:08 (83) | 00:03:10 | 00:42:02 (120) | 00:02:30 | 00:28:59 (156) | 01:26:49 | | 112 | |
| 124 | 538 | ZARĘBA BEATA | KALISKA | NIEZRZESZONA | POL | 1972 | K40 | 3 | 00:09:52 (71) | 00:02:14 | 00:43:56 (152) | 00:01:59 | 00:28:49 (146) | 01:26:50 | | 12 | |
| 125 | 717 | STRUMIŃSKA SARA | SOSNOWIEC | WIKOSS-SPORT TEAM | POL | 1991 | K20 | 8 | 00:09:27 (57) | 00:03:05 | 00:44:23 (160) | 00:02:09 | 00:28:01 (126) | 01:27:05 | | 13 | |
| 126 | 709 | KULA ARKADIUSZ | BYDGOSZCZ | | POL | 1991 | M20 | 19 | 00:16:48 (284) | 00:02:55 | 00:38:22 (48) | 00:02:27 | 00:26:33 (88) | 01:27:05 | | 113 | |
| 127 | 646 | GÓRZYŃSKA MAŁGORZATA | TRZCIANKA | TRISPACE | POL | 1973 | K40 | 4 | 00:13:25 (223) | 00:02:30 | 00:41:25 (114) | 00:02:14 | 00:27:44 (121) | 01:27:18 | | 14 | |
| 128 | 616 | SIENKIEWICZ WOJCIECH | OLSZTYN | KRISS COACHING | POL | 1959 | M60 | 3 | 00:12:30 (195) | 00:03:42 | 00:41:01 (98) | 00:02:40 | 00:27:28 (113) | 01:27:21 | | 114 | |
| 129 | 695 | NADOLNA KATARZYNA | POZNAŃ | | POL | 1989 | K30 | 2 | 00:57:59 (299) | 00:00:00 | 00:42:05 (123) | 00:00:00 | #ARG! | 01:27:28 | | 15 | |

Castle Malbork Triathlon 2019

Organizator: Urząd Miasta Malborka; MKS Triathlon Malbork; LABOSPORT Polska s.c.

Data: 7 września 2019

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejsowość: Malbork



Sponsor tytularny



Sponsorzy strategiczni



Gospodarze



Organizatorzy



| M-ce | Nr zaw. | Nazwisko Imię | Miejsowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|-------------------------|---------------------|---------------------------------|------|------------|-----------|------------|----------------|----------|----------------|----------|----------------|-----------------|-----|----|------|
| 130 | 691 | CHAJNOWSKI JAROSŁAW | KOSZALIN | TRIATHLON KOSZALIN | POL | 1963 | M50 | 10 | 00:10:48 (116) | 00:03:59 | 00:42:56 (134) | 00:02:22 | 00:27:32 (115) | 01:27:37 | 115 | | |
| 131 | 732 | TOMCZAK ZUZANNA | RUMIA | UKS TRI TEAM RUMIA | POL | 2003 | K16 | 1 | 00:08:02 (15) | 00:02:15 | 00:46:39 (205) | 00:01:54 | 00:28:57 (155) | 01:27:47 | | 16 | |
| 132 | 571 | PAŠKO FRANEK | WARSZAWA | | POL | 1982 | M30 | 45 | 00:10:58 (131) | 00:04:08 | 00:40:01 (75) | 00:02:05 | 00:30:35 (184) | 01:27:47 | 116 | | |
| 133 | 581 | LECHOWICZ ŁUKASZ | WARSZAWA | | POL | 1978 | M40 | 27 | 00:09:24 (54) | 00:02:24 | 00:40:06 (77) | 00:02:29 | 00:33:39 (240) | 01:28:02 | 117 | | |
| 134 | 792 | WYRODA DAMIAN | MŁAWA | MŁAWA | POL | 1988 | M30 | 46 | 00:11:10 (142) | 00:03:15 | 00:42:27 (131) | 00:02:31 | 00:29:03 (159) | 01:28:26 | 118 | | |
| 135 | 1176 | KOCIK ARKADIUSZ | ŁÓDŹ | | POL | 1968 | M50 | 11 | 00:12:48 (204) | 00:02:49 | 00:41:43 (119) | 00:02:05 | 00:29:01 (157) | 01:28:26 | 119 | | |
| 136 | 652 | ADAMCZYK BARTOSZ | NIEKANIN | | POL | 1995 | M20 | 20 | 00:10:26 (100) | 00:01:30 | 00:46:36 (203) | 00:02:38 | 00:27:22 (110) | 01:28:32 | 120 | | |
| 137 | 734 | KURCZEWSKA JOANNA | ELBLĄG | | POL | 1976 | K40 | 5 | 00:10:39 (107) | 00:03:18 | 00:42:11 (125) | 00:02:27 | 00:29:58 (172) | 01:28:33 | | 17 | |
| 138 | 697 | PIEKUT MARCIN | WEJHEROWO | WEJHEROWSKA AKADEMIA BIEGANIA | POL | 1974 | M40 | 28 | 00:12:10 (183) | 00:03:46 | 00:44:33 (162) | 00:02:28 | 00:25:46 (71) | 01:28:43 | 121 | | |
| 139 | 679 | BIEDRZYCKI FILIP | GDAŃSK | | POL | 1992 | M20 | 21 | 00:14:26 (252) | 00:02:29 | 00:42:58 (136) | 00:02:19 | 00:26:33 (89) | 01:28:45 | 122 | | |
| 140 | 1180 | GOŁASZEWSKI MAREK | GDAŃSK OLIVA | LECHIA GDAŃSK | POL | 1977 | M40 | 29 | 00:14:28 (254) | 00:04:34 | 00:40:37 (86) | 00:02:22 | 00:26:50 (95) | 01:28:51 | 123 | | |
| 141 | 835 | TOBIASZ ALEKSANDRA | GDYNIA | | POL | 1989 | K30 | 3 | 00:10:36 (105) | 00:02:49 | 00:45:41 (186) | 00:02:38 | 00:27:24 (111) | 01:29:08 | | 18 | |
| 142 | 777 | ZWIERYŃSKI KRZYSZTOF | LIDZBARSK WARMIŃSKI | BEHAP | POL | 1978 | M40 | 30 | 00:13:58 (238) | 00:03:35 | 00:40:39 (88) | 00:02:30 | 00:28:34 (140) | 01:29:16 | 124 | | |
| 143 | 746 | PUPEK WOJCIECH | PRZYJAŻN | ATB SP. Z O.O. | POL | 1989 | M30 | 47 | 00:14:25 (251) | 00:02:32 | 00:42:56 (135) | 00:02:12 | 00:27:12 (106) | 01:29:17 | 125 | | |
| 144 | 530 | BOLLIN MICHAŁ | TCZEW | BIEGAJĄCY TCZEW | POL | 1977 | M40 | 31 | 00:10:24 (98) | 00:02:58 | 00:44:45 (167) | 00:02:03 | 00:29:10 (160) | 01:29:20 | 126 | | |
| 145 | 678 | KOWALSKI ŁUKASZ | POZNAN | ŁUKASZ KOWALSKI ŁUKASZ KOWALSKI | POL | 1980 | M30 | 48 | 00:10:26 (100) | 00:03:01 | 00:44:34 (164) | 00:02:36 | 00:28:43 (144) | 01:29:20 | 127 | | |
| 146 | 750 | NORKOWSKI TOMASZ | TORUŃ | - | POL | 1980 | M30 | 49 | 00:10:58 (131) | 00:02:28 | 00:46:53 (213) | 00:02:27 | 00:26:35 (90) | 01:29:21 | 128 | | |
| 147 | 700 | GOŁĄB RADOSŁAW | WARSZAWA | | POL | 1981 | M30 | 50 | 00:11:45 (165) | 00:03:10 | 00:45:47 (189) | 00:01:29 | 00:27:16 (107) | 01:29:27 | 129 | | |
| 148 | 561 | MICHALAK PIOTR | USTKA | UWAGAFOKA | POL | 1991 | M20 | 22 | 00:08:50 (36) | 00:03:46 | 00:43:43 (150) | 00:02:41 | 00:30:29 (183) | 01:29:29 | 130 | | |
| 149 | 723 | FALKOWSKA MARTYNA | BIAŁYSTOK | NADAKTYWNI | POL | 1997 | K20 | 9 | 00:10:29 (102) | 00:01:30 | 00:47:15 (224) | 00:01:47 | 00:28:32 (139) | 01:29:33 | | 19 | |
| 150 | 808 | KWIATKOWSKI KRZYSZTOF | OSTROŁĘKA | NO HUMAN DOCTORS | POL | 1985 | M30 | 51 | 00:09:19 (52) | 00:03:26 | 00:45:24 (182) | 00:02:11 | 00:29:20 (163) | 01:29:40 | 131 | | |
| 151 | 800 | GUZ ALEKSANDER | GDYNIA | | POL | 2001 | M18 | 2 | 00:09:44 (64) | 00:02:59 | 00:46:08 (195) | 00:02:02 | 00:28:51 (151) | 01:29:44 | 132 | | |
| 152 | 702 | LARA ANIA | JELENIA GÓRA | | POL | 1985 | K30 | 4 | 00:08:10 (18) | 00:03:37 | 00:44:50 (168) | 00:01:41 | 00:31:28 (199) | 01:29:46 | | 20 | |
| 153 | 1182 | KARDASZ SŁAWOMIR | LUBIN | LITWIN TRIATHLON TEAM (LTT) | POL | 1971 | M40 | 32 | 00:14:17 (245) | 00:02:55 | 00:43:16 (141) | 00:02:50 | 00:26:28 (86) | 01:29:46 | 133 | | |
| 154 | 567 | TUREK TOMASZ | KŁODZKO | LKS ISKRA JASZKOWA | POL | 1971 | M40 | 33 | 00:11:34 (152) | 00:01:30 | 00:48:18 (235) | 00:02:40 | 00:25:50 (72) | 01:29:52 | 134 | | |
| 155 | 832 | OSĘDOWSKA ALEKSANDRA | PŁOCK | AZS UJK KIELCE | POL | 1996 | K20 | 10 | 00:11:23 (148) | 00:02:53 | 00:47:00 (218) | 00:02:19 | 00:26:31 (87) | 01:30:06 | | 21 | |
| 156 | 669 | URBANIAK KRYSZTOF | KROTOSZYN | | POL | 1998 | M20 | 23 | 00:11:39 (159) | 00:01:30 | 00:44:55 (171) | 00:02:32 | 00:29:43 (168) | 01:30:19 | 135 | | |
| 157 | 644 | LEŚNIEWSKA MARTA | PIŁA | | POL | 1992 | K20 | 11 | 00:10:48 (116) | 00:03:17 | 00:44:38 (166) | 00:02:00 | 00:29:47 (169) | 01:30:30 | | 22 | |
| 158 | 718 | JANKOWSKI ARKADIUSZ | GLIWICE | | POL | 1977 | M40 | 34 | 00:11:57 (173) | 00:03:27 | 00:43:03 (138) | 00:03:19 | 00:28:49 (147) | 01:30:35 | 136 | | |
| 159 | 661 | KRAUZE ALICJA | MALBORK | TS AKWEDUKT KIELCE | POL | 2001 | K18 | 2 | 00:08:26 (28) | 00:02:36 | 00:48:26 (238) | 00:01:44 | 00:29:32 (165) | 01:30:44 | | 23 | |
| 160 | 735 | ADAMCZEWSKA AGNIESZKA | LUBANIE | | POL | 1975 | K40 | 6 | 00:11:58 (174) | 00:03:10 | 00:45:43 (187) | 00:02:01 | 00:27:59 (123) | 01:30:51 | | 24 | |
| 161 | 529 | MARTYNOWICZ MARIA | BRZOZA | TRISPACE/TREK | POL | 1972 | K40 | 7 | 00:13:27 (224) | 00:02:29 | 00:41:24 (113) | 00:02:08 | 00:31:24 (196) | 01:30:52 | | 25 | |
| 162 | 760 | HUBCZAK MICHAŁ | ŻYWIEC | ARTECH FORKLIFT | POL | 2003 | M16 | 13 | 00:10:34 (104) | 00:03:23 | 00:40:58 (94) | 00:02:12 | 00:33:52 (242) | 01:30:59 | 137 | | |
| 163 | 516 | KOCJAN PIOTR | WARSZAWA - POLSKA | | POL | 1985 | M30 | 52 | 00:14:24 (250) | 00:02:51 | 00:43:25 (144) | 00:00:00 | 00:30:22 (181) | 01:31:02 | 138 | | |
| 164 | 696 | MICHALSKI MICHAŁ | SKÓRZEWO | INT4 MOVES | POL | 1984 | M30 | 53 | 00:09:37 (62) | 00:03:55 | 00:44:59 (175) | 00:01:30 | 00:31:14 (193) | 01:31:15 | 139 | | |
| 165 | 1171 | JASTRZEBSKI TOMASZ | GDAŃSK | | POL | 1976 | M40 | 35 | 00:12:31 (196) | 00:01:30 | 00:45:46 (188) | 00:03:29 | 00:28:00 (125) | 01:31:16 | 140 | | |
| 166 | 791 | BOGALECKI MAREK | KOLECZKOWO | SAFE SPORT TEAM | POL | 1957 | M60 | 4 | 00:10:45 (110) | 00:04:48 | 00:42:14 (127) | 00:03:20 | 00:30:10 (176) | 01:31:17 | 141 | | |
| 167 | 523 | BIEGUN TOMASZ | SZCZECIN | | POL | 1981 | M30 | 54 | 00:11:24 (149) | 00:02:42 | 00:43:38 (148) | 00:02:20 | 00:31:15 (194) | 01:31:19 | 142 | | |
| 168 | 664 | TRYK PIOTR | OLSZTYN | LECIMY TUTEJ | POL | 1986 | M30 | 55 | 00:10:54 (129) | 00:03:17 | 00:45:06 (177) | 00:02:47 | 00:29:16 (161) | 01:31:20 | 143 | | |
| 169 | 675 | CHOJNOWSKI RAFAŁ | EŁK | LECIMY TUTEJ | POL | 1992 | M20 | 24 | 00:15:09 (264) | 00:03:04 | 00:43:44 (151) | 00:01:35 | 00:28:07 (130) | 01:31:39 | 144 | | |
| 170 | 670 | DYGUŁA BARTOSZ | PRUSZCZ GDAŃSKI | 49BLOT. | POL | 1981 | M30 | 56 | 00:12:53 (207) | 00:01:30 | 00:43:02 (137) | 00:02:19 | 00:31:58 (210) | 01:31:42 | 145 | | |
| 171 | 849 | BARTEL ANITA | GDAŃSK | TORUS TRIATHLON TEAM TORUS | POL | 1972 | K40 | 8 | 00:08:29 (30) | 00:03:10 | 00:46:19 (202) | 00:02:13 | 00:31:32 (204) | 01:31:43 | | 26 | |
| 172 | 608 | NAŁĘCZ-GEMBICKI MATEUSZ | ŁÓDŹ | | POL | 1989 | M30 | 57 | 00:11:06 (140) | 00:03:11 | 00:45:09 (178) | 00:02:43 | 00:29:41 (167) | 01:31:50 | 146 | | |

Castle Malbork Triathlon 2019

Organizator: Urząd Miasta Malborka; MKS Triathlon Malbork; LABOSPORT Polska s.c.

Data: 7 września 2019

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejsowość: Malbork



Sponsor tytularny



Sponsorzy strategiczni



Gospodarze



Organizatorzy



| M-ce | Nr zaw. | Nazwisko Imię | Miejsowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|------------------------|------------------|---|------|------------|-----------|------------|----------------|----------|----------------|----------|----------------|----------|---|-----|------|
| 173 | 631 | ORZYP AGNIESZKA | LUBLIN | TRIATHLON LUBLIN TEAM | POL | 1989 | K30 | 5 | 00:13:07 (216) | 00:03:00 | 00:44:07 (157) | 00:02:48 | 00:28:48 (145) | 01:31:50 | | 27 | |
| 174 | 724 | BRZÓSKA RENATA | KIELCE | TS AKWEDUKT KIELCE | POL | 1970 | K40 | 9 | 00:13:27 (224) | 00:02:43 | 00:45:25 (183) | 00:00:00 | 00:30:28 (182) | 01:32:03 | | 28 | |
| 175 | 566 | OSIŃSKI DARIUSZ | ORNETA | KUŹNIA TRIATHLONU | POL | 1986 | M30 | 58 | 00:12:28 (192) | 00:01:30 | 00:44:57 (174) | 00:02:31 | 00:30:44 (186) | 01:32:10 | | 147 | |
| 176 | 653 | KASIERSKI PAWEŁ | POZNAŃ | | POL | 1964 | M50 | 12 | 00:14:35 (258) | 00:03:18 | 00:44:55 (171) | 00:02:30 | 00:26:55 (100) | 01:32:13 | | 148 | |
| 177 | 677 | KROPLEWSKI MACIEJ | GDAŃSK | | POL | 1981 | M30 | 59 | 00:12:04 (178) | 00:02:00 | 00:47:30 (226) | 00:00:00 | 00:31:09 (191) | 01:32:43 | | 149 | |
| 178 | 639 | FISZER JAN | SZKLARSKA PORĘBA | CENTRUM FISZER OŚRODEK REHABILITACJI DZIECI CEI | POL | 1982 | M30 | 60 | 00:10:53 (127) | 00:04:02 | 00:44:56 (173) | 00:02:34 | 00:30:19 (180) | 01:32:44 | | 150 | |
| 179 | 713 | CIESZYŃSKI ARTUR | GDAŃSK -BORKOWO | | POL | 1975 | M40 | 36 | 00:10:00 (75) | 00:03:26 | 00:44:38 (165) | 00:02:18 | 00:32:30 (219) | 01:32:52 | | 151 | |
| 180 | 756 | LEONOWICZ MARTYNA | SZCZECIN | | POL | 1991 | K20 | 12 | 00:13:33 (228) | 00:03:48 | 00:42:07 (124) | 00:03:14 | 00:30:42 (185) | 01:33:24 | | 29 | |
| 181 | 736 | CIESZYŃSKI SZYMON | TORUŃ | WIEŚNIACKI KLUB BIEGACKI | POL | 1998 | M20 | 25 | 00:10:20 (94) | 00:03:10 | 00:46:52 (212) | 00:01:56 | 00:31:09 (192) | 01:33:27 | | 152 | |
| 182 | 820 | STOJAK KRZYSZTOF | SUCHY DĄB | | POL | 1984 | M30 | 61 | 00:14:47 (259) | 00:04:30 | 00:46:37 (204) | 00:01:23 | 00:26:11 (80) | 01:33:28 | | 153 | |
| 183 | 720 | DWOJACKI WOJCIECH | KUTNO | | POL | 1992 | M20 | 26 | 00:14:00 (240) | 00:03:56 | 00:44:04 (155) | 00:00:00 | 00:31:34 (205) | 01:33:34 | | 154 | |
| 184 | 755 | KUNZ MATEUSZ | REDA | | POL | 1993 | M20 | 27 | 00:11:43 (162) | 00:04:18 | 00:46:57 (216) | 00:02:11 | 00:28:26 (136) | 01:33:35 | | 155 | |
| 185 | 699 | FYDA DOBROMIR | WROCŁAW | | POL | 1977 | M40 | 37 | 00:10:48 (116) | 00:05:30 | 00:42:39 (132) | 00:03:14 | 00:31:29 (201) | 01:33:40 | | 156 | |
| 186 | 623 | CHROSTOWSKA EWA | RUMIA | CZK PUCK CZK PUCK | POL | 1993 | K20 | 13 | 00:10:18 (93) | 00:04:24 | 00:47:39 (228) | 00:00:00 | 00:31:29 (200) | 01:33:50 | | 30 | |
| 187 | 733 | MOTYLSKI STANISŁAW | GDYNIA | FLEX RUNNERS FLEX | POL | 1979 | M40 | 38 | 00:11:14 (143) | 00:04:00 | 00:45:00 (176) | 00:03:50 | 00:30:11 (177) | 01:34:15 | | 157 | |
| 188 | 796 | REICH MAREK | OLSZTYN | | POL | 1981 | M30 | 62 | 00:15:41 (269) | 00:02:00 | 00:44:02 (154) | 00:00:00 | 00:32:40 (224) | 01:34:23 | | 158 | |
| 189 | 762 | HUBCZAK STANISŁAW | ŻYWIEC | ARTECH FORKLIFT | POL | 2003 | M16 | 14 | 00:12:48 (204) | 00:02:00 | 00:46:17 (200) | 00:00:00 | 00:33:29 (237) | 01:34:34 | | 159 | |
| 190 | 803 | STANISZEWSKA JOANNA | GDAŃSK | SPORTEVO | POL | 1986 | K30 | 6 | 00:09:49 (68) | 00:03:16 | 00:46:05 (193) | 00:02:28 | 00:33:03 (230) | 01:34:41 | | 31 | |
| 191 | 810 | LEGAN MARTYNA | KŁODZKO | KUŹNIA TRIATHLONU | POL | 1992 | K20 | 14 | 00:12:54 (208) | 00:03:18 | 00:47:25 (225) | 00:02:19 | 00:28:49 (147) | 01:34:45 | | 32 | |
| 192 | 685 | GRUSZKA MATEUSZ | WARSZAWA | | POL | 1981 | M30 | 63 | 00:14:12 (243) | 00:02:00 | 00:49:11 (251) | 00:01:30 | 00:28:17 (133) | 01:35:10 | | 160 | |
| 193 | 511 | DUDEK ALFRED | OPOLE | 1956 | POL | 1956 | M60 | 5 | 00:13:04 (212) | 00:02:53 | 00:44:53 (169) | 00:02:41 | 00:31:42 (206) | 01:35:13 | | 161 | |
| 194 | 657 | ŁOTYSZ MAREK | KOSZALIN | TRIATHLON KOSZALIN | POL | 1964 | M50 | 13 | 00:10:01 (77) | 00:02:25 | 00:47:46 (229) | 00:02:13 | 00:32:49 (226) | 01:35:14 | | 162 | |
| 195 | 767 | ARENT JAROSŁAW | GDAŃSK | ARENT TEAM | POL | 1954 | M60 | 6 | 00:10:50 (121) | 00:05:16 | 00:44:55 (170) | 00:02:16 | 00:32:01 (211) | 01:35:18 | | 163 | |
| 196 | 555 | MEYER ŁUKASZ | LUZINO | LUK-CONNECT RACING TEAM | POL | 1980 | M30 | 64 | 00:14:26 (252) | 00:01:30 | 00:44:24 (161) | 00:03:32 | 00:31:29 (201) | 01:35:21 | | 164 | |
| 197 | 766 | ARENT MAGDALENA | GDAŃSK | ARENT TEAM | POL | 1983 | K30 | 7 | 00:12:00 (176) | 00:03:48 | 00:46:10 (196) | 00:02:41 | 00:30:58 (188) | 01:35:37 | | 33 | |
| 198 | 758 | SZUMLAS RAFAŁ | RUMIA | | POL | 1980 | M30 | 65 | 00:14:56 (261) | 00:04:07 | 00:44:13 (159) | 00:00:00 | 00:32:34 (222) | 01:35:50 | | 165 | |
| 199 | 589 | ROZENKRANZ LEONARD | GDAŃSK | | POL | 1960 | M50 | 14 | 00:12:47 (203) | 00:03:21 | 00:43:39 (149) | 00:03:05 | 00:33:20 (234) | 01:36:12 | | 166 | |
| 200 | 787 | NIEMCZYK WIKTOR | MILANÓWEK | | POL | 2001 | M18 | 3 | 00:11:56 (172) | 00:04:41 | 00:43:28 (145) | 00:03:32 | 00:32:35 (223) | 01:36:12 | | 167 | |
| 201 | 574 | GRABOWSKI TOMASZ | TCZEW | EDORADCA TEAM | POL | 1973 | M40 | 39 | 00:13:32 (227) | 00:04:59 | 00:47:01 (219) | 00:02:19 | 00:28:27 (137) | 01:36:18 | | 168 | |
| 202 | 747 | FRANKIEWICZ SZYMON | GDAŃSK | | POL | 1983 | M30 | 66 | 00:18:03 (291) | 00:02:00 | 00:47:13 (222) | 00:01:30 | 00:27:33 (116) | 01:36:19 | | 169 | |
| 203 | 829 | GAJEWSKI MARIUSZ | WARSZAWA | MBC - MACIEJ BODNAR COACHING | POL | 1976 | M40 | 40 | 00:10:47 (112) | 00:03:54 | 00:43:24 (142) | 00:02:48 | 00:35:30 (263) | 01:36:23 | | 170 | |
| 204 | 1172 | GAŁKA ŁUKASZ | GDAŃSK | RIM TIM TEAM BRANIEWO/FROMBORK SII GDAŃSK | POL | 1991 | M20 | 28 | 00:14:15 (244) | 00:03:51 | 00:48:54 (248) | 00:01:54 | 00:27:41 (119) | 01:36:35 | | 171 | |
| 205 | 676 | ZDUŃCZYK KRZYSZTOF | GDAŃSK | | POL | 1992 | M20 | 29 | 00:13:11 (217) | 00:03:27 | 00:46:41 (207) | 00:02:32 | 00:31:03 (190) | 01:36:54 | | 172 | |
| 206 | 839 | KOŁODZIECZYK STANISŁAW | WARSZAWA | | POL | 2002 | M16 | 15 | 00:11:50 (168) | 00:06:32 | 00:46:17 (201) | 00:02:56 | 00:29:31 (164) | 01:37:06 | | 173 | |
| 207 | 710 | OBRAŁ ŁUKASZ | KRAKÓW | WWW.PRAWO-PORADY.PL CHAOS TEAM | POL | 1976 | M40 | 41 | 00:16:50 (286) | 00:03:28 | | | | 01:37:11 | | 174 | |
| 208 | 850 | BARTCZAK MAGDA | TORUŃ | ETT - ELBLĄG TRIATHLON TEAM/TORUŃ MULTISPOR | POL | 1985 | K30 | 8 | 00:13:06 (214) | 00:01:30 | 00:45:57 (191) | 00:01:30 | 00:35:11 (258) | 01:37:14 | | 34 | |
| 209 | 648 | WYSOCKI PIOTR | PELPLIN-KULICE | | POL | 1973 | M40 | 42 | 00:12:41 (198) | 00:03:34 | 00:42:52 (133) | 00:02:32 | 00:35:35 (265) | 01:37:14 | | 175 | |
| 210 | 703 | BRZEZICKI MACIEJ | BOLSZEWO | TREC TEAM TREC TEAM | POL | 1978 | M40 | 43 | 00:12:06 (179) | 00:03:43 | 00:45:14 (181) | 00:03:30 | 00:32:50 (227) | 01:37:23 | | 176 | |
| 211 | 778 | MEISSNER JANUSZ | KARTUZY | | POL | 1961 | M50 | 15 | 00:13:41 (233) | 00:05:08 | 00:46:56 (215) | 00:02:46 | 00:28:52 (152) | 01:37:23 | | 177 | |
| 212 | 553 | SITKOWSKI KRZYSZTOF | OPOLE | GT KONA | POL | 1979 | M40 | 44 | 00:11:50 (168) | 00:03:52 | 00:46:04 (192) | 00:02:38 | 00:33:20 (233) | 01:37:44 | | 178 | |
| 213 | 680 | NOWAK FILIP | KONIN | TRITON KONIN | POL | 1995 | M20 | 30 | 00:13:53 (236) | 00:03:57 | 00:46:48 (211) | 00:02:50 | 00:30:18 (179) | 01:37:46 | | 179 | |
| 214 | 1198 | DUDA MACIEJ | GDAŃSK | | POL | 1983 | M30 | 67 | 00:12:10 (183) | 00:04:11 | 00:45:26 (184) | 00:03:02 | 00:33:31 (238) | 01:38:20 | | 180 | |
| 215 | 627 | SZESZKO MAGDALENA | SZCZECIN | | POL | 1981 | K30 | 9 | 00:12:17 (187) | 00:01:30 | 00:47:01 (219) | 00:03:53 | 00:33:42 (241) | 01:38:23 | | 35 | |

Castle Malbork Triathlon 2019

Organizator: Urząd Miasta Malborka; MKS Triathlon Malbork; LABOSPORT Polska s.c.

Data: 7 września 2019

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Malbork



Sponsor tytularny



Sponsorzy strategiczni



Gospodarze



Organizatorzy



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Pływanie | T1 | Rower | T2 | Bieg | Wynik | M | K | Kara |
|------|---------|--------------------------------|--|---|------|------------|-----------|------------|----------------|----------|----------------|----------|----------------|-----------------|-----|----|------|
| 259 | 607 | WRÓBLEWSKI JAROSŁAW | GDYNIA | | POL | 1983 | M30 | 80 | 00:10:48 (116) | 00:08:31 | 00:42:16 (129) | 00:11:22 | 00:32:29 (218) | 01:45:26 | 210 | | |
| 260 | 737 | KUC URSZULA | POGÓRZE | ENDURE TEAM | POL | 1976 | K40 | 13 | 00:10:58 (131) | 00:04:46 | 00:48:36 (245) | 00:02:52 | 00:38:36 (283) | 01:45:48 | | 50 | |
| 261 | 587 | POLKOWSKA ALDONA | MUROWANA GOSLINA | | POL | 1965 | K50 | 2 | 00:13:18 (219) | 00:02:00 | 00:53:54 (281) | 00:01:30 | 00:35:07 (257) | 01:45:49 | | 51 | |
| 262 | 1181 | OWCZAREK PAWEŁ | PABIANICE | | POL | 1971 | M40 | 50 | 00:15:52 (273) | 00:05:20 | 00:48:15 (234) | 00:02:22 | 00:34:03 (243) | 01:45:52 | 211 | | |
| 263 | 782 | KONTAKIEWICZ DANIEL | OLSZTYN | | POL | 1977 | M40 | 51 | 00:14:21 (248) | 00:07:58 | 00:46:41 (207) | 00:02:47 | 00:34:12 (246) | 01:45:59 | 212 | | |
| 264 | 654 | STRZEŚNIEWSKI JANUSZ | TORUŃ | | POL | 1961 | M50 | 23 | 00:12:06 (179) | 00:04:37 | 00:46:06 (194) | 00:00:00 | 00:43:11 (296) | 01:46:00 | 213 | | |
| 265 | 541 | WNUK KAROLINA | SZTUM | | POL | 1982 | K30 | 14 | 00:12:25 (191) | 00:02:00 | 00:53:18 (279) | 00:01:30 | 00:36:56 (276) | 01:46:09 | | 52 | |
| 266 | 701 | DASZEK KRZYSZTOF | MALBORK | | POL | 1976 | M40 | 52 | 00:13:34 (229) | 00:04:20 | 00:51:05 (264) | 00:02:32 | 00:34:54 (253) | 01:46:25 | 214 | | |
| 267 | 785 | GULKOWSKI WŁADYSŁAW | STĘŻYCA | STĘŻYCA | POL | 1958 | M60 | 7 | 00:14:34 (256) | 00:02:00 | 00:55:04 (284) | 00:01:30 | 00:33:18 (232) | 01:46:26 | 215 | | |
| 268 | 630 | FLAK-WANCERZ ANNA | KATOWICE | | POL | 1984 | K30 | 15 | 00:15:38 (266) | 00:03:59 | 00:50:47 (261) | 00:03:05 | 00:33:00 (229) | 01:46:29 | | 53 | |
| 269 | 684 | JĘDRZEJEWSKA ANNA | GDĄŃSK | | POL | 1991 | K20 | 20 | 00:12:10 (183) | 00:03:15 | 00:48:57 (249) | 00:00:00 | 00:42:25 (294) | 01:46:47 | | 54 | |
| 270 | 600 | ZIEMINSKA-WOZNIAK ANNA | WARSZAWA | ACCELERATING POLAND | POL | 1980 | K30 | 16 | 00:13:35 (230) | 00:06:02 | 00:50:58 (263) | 00:03:06 | 00:33:09 (231) | 01:46:50 | | 55 | |
| 271 | 789 | LEWANDOWSKI LINUS | WARSZAWA | | POL | 1992 | M20 | 35 | 00:16:10 (278) | 00:08:56 | 00:48:53 (247) | 00:02:57 | 00:29:56 (171) | 01:46:52 | 216 | | |
| 272 | 797 | PŁOSKI JAREK | GDYNIA | COMPLEXSPORTS | POL | 1968 | M50 | 24 | 00:21:03 (297) | 00:02:00 | 00:51:06 (265) | 00:01:30 | 00:31:28 (198) | 01:47:07 | 217 | | |
| 273 | 634 | GŁODOWSKI ARKADIUSZ | GDYNIA | THE BEŚCIAK | POL | 1975 | M40 | 53 | 00:13:41 (233) | 00:05:39 | 00:50:33 (259) | 00:03:04 | 00:34:32 (249) | 01:47:29 | 218 | | |
| 274 | 658 | CŁAPA JOANNA | GDANSK | MUKOWALECZNI / WKURW_TEAM | POL | 1978 | K40 | 14 | 00:12:09 (182) | 00:03:06 | 00:54:22 (283) | 00:03:20 | 00:34:35 (250) | 01:47:32 | | 56 | |
| 275 | 526 | JURECKA EWA | JABŁONOWO POMORSKIE | | POL | 1965 | K50 | 3 | 00:13:38 (232) | 00:05:43 | 00:49:18 (254) | 00:03:29 | 00:36:18 (271) | 01:48:26 | | 57 | |
| 276 | 716 | BRONOWICKA ALEKSANDRA | POGÓRZE | | POL | 1992 | K20 | 21 | 00:16:03 (277) | 00:04:10 | 00:48:26 (238) | 00:03:09 | 00:37:06 (277) | 01:48:54 | | 58 | |
| 277 | 731 | TROFIMOWICZ-KALINOWSKA KATARZY | WARSZAWA | | POL | 1988 | K30 | 17 | 00:14:23 (249) | 00:03:26 | 00:48:35 (243) | 00:02:34 | 00:40:23 (290) | 01:49:21 | | 59 | |
| 278 | 753 | WITUCKA-KRYGIER MALWINA | BYDGOSZCZ | VOIP24SKLEP.PL SPORT | POL | 1987 | K30 | 18 | 00:13:18 (219) | 00:02:00 | 00:57:01 (292) | 00:01:30 | 00:35:37 (266) | 01:49:26 | | 60 | |
| 279 | 503 | BRAC-WALCZYK MAŁGORZATA | DOLNA GRUPA | AKADEMIA BIEGANIA GRUZIĄDZ MAŁGORZATA BRA | POL | 1958 | K60 | 1 | 00:14:31 (255) | 00:04:19 | 00:51:37 (271) | 00:02:35 | 00:36:50 (275) | 01:49:52 | | 61 | |
| 280 | 1175 | WĘGLIŃSKA JOANNA | SZTUTOWO | | POL | 1985 | K30 | 19 | 00:13:58 (238) | 00:04:39 | 00:50:57 (262) | 00:03:02 | 00:37:25 (279) | 01:50:01 | | 62 | |
| 281 | 542 | ZYGMUNTOWICZ PIOTR | GDYNIA | MORSY GDYNSKIE | POL | 1953 | M60 | 8 | 00:18:32 (293) | 00:02:00 | 00:55:11 (287) | 00:01:30 | 00:32:53 (228) | 01:50:06 | 219 | | |
| 282 | 665 | KODYMOWSKI WOJCIECH | SZPETAL GÓRNY | | POL | 1968 | M50 | 25 | 00:13:56 (237) | 00:06:05 | 00:52:31 (276) | 00:03:18 | 00:34:44 (252) | 01:50:34 | 220 | | |
| 283 | 558 | GŁOWACZ DARIUSZ | OLEŚNICA | | POL | 1985 | M30 | 81 | 00:18:57 (295) | 00:02:00 | 00:52:58 (278) | 00:01:30 | 00:35:16 (260) | 01:50:41 | 221 | | |
| 284 | 655 | LEŚNIEWSKA DAGMARA | TOMASZÓW MAZOWIECK FIZJO-MED TOMASZÓW MAZ. | | POL | 1993 | K20 | 22 | 00:14:54 (260) | 00:04:58 | 00:52:21 (275) | 00:03:03 | 00:35:30 (263) | 01:50:46 | | 63 | |
| 285 | 742 | SZUMLAS ANNA | POŁCHOWO | #SZUMITEAM | POL | 1981 | K30 | 20 | 00:13:29 (226) | 00:03:44 | 00:47:32 (227) | 00:00:00 | 00:46:15 (297) | 01:51:00 | | 64 | |
| 286 | 752 | ŻMUDZIŃSKI TOMASZ | GDĄŃSK | | POL | 1986 | M30 | 82 | 00:18:34 (294) | 00:03:42 | 00:51:08 (267) | 00:02:51 | 00:34:56 (254) | 01:51:11 | 222 | | |
| 287 | 647 | ŁOPACIUK PAWEŁ | SŁUPSK | | POL | 1985 | M30 | 83 | 00:15:39 (268) | 00:02:00 | 00:57:05 (293) | 00:01:30 | 00:35:24 (261) | 01:51:38 | 223 | | |
| 288 | 649 | BIANGA MICHAŁ | MALBORK | STREFA RUCHU MULTISPORT MALBORK | POL | 1986 | M30 | 84 | 00:15:50 (271) | 00:05:34 | 00:55:06 (285) | 00:01:51 | 00:34:11 (244) | 01:52:32 | 224 | | |
| 289 | 614 | RÓŻYCKA MARLENA | WARSZAWA | | POL | 1982 | K30 | 21 | 00:15:32 (265) | 00:05:34 | 00:54:16 (282) | 00:03:08 | 00:34:11 (244) | 01:52:41 | | 65 | |
| 290 | 818 | FILIPCZYK ANNA | KATOWICE | | POL | 1985 | K30 | 22 | 00:15:00 (262) | 00:02:00 | 00:59:07 (294) | 00:01:30 | 00:35:12 (259) | 01:52:49 | | 66 | |
| 291 | 618 | KREFT JAROSŁAW | GDĄŃSK | | POL | 1985 | M30 | 85 | 00:17:33 (289) | 00:04:30 | 00:50:30 (258) | 00:04:35 | 00:35:51 (267) | 01:52:59 | 225 | | |
| 292 | 775 | BARANOWSKI ROMUALD | PŁOCK | DYNAMIC 1968 | POL | 1968 | M50 | 26 | 00:16:15 (279) | 00:05:46 | 00:49:12 (252) | 00:03:58 | 00:38:09 (282) | 01:53:20 | 226 | | |
| 293 | 694 | ŁATANIK ANETA | ALEKSANDRIA DRUGA | | POL | 1971 | K40 | 15 | 00:16:23 (282) | 00:04:08 | 00:56:43 (290) | 00:03:09 | 00:35:00 (256) | 01:55:23 | | 67 | |
| 294 | 535 | ROZKRUT ALICJA | WARSZAWA | | POL | 1982 | K30 | 23 | 00:16:48 (284) | 00:05:36 | 00:51:08 (266) | 00:02:28 | 00:39:52 (288) | 01:55:52 | | 68 | |
| 295 | 688 | KWASIUK KAROLINA | POZNAŃ | TWICEASNICETEAM | POL | 1991 | K20 | 23 | 00:20:22 (296) | 00:02:00 | 00:55:36 (289) | 00:01:30 | 00:41:55 (293) | 02:01:23 | | 69 | |
| 296 | 527 | BORUCKA KORNELIA | ZŁOTORYJA | | POL | 2000 | K18 | 3 | 00:16:15 (279) | 00:05:46 | 01:00:14 (296) | 00:02:44 | 00:39:56 (289) | 02:04:55 | | 70 | |
| 297 | 550 | FRANKIEWICZ KAROLINA | GDĄŃSK | | POL | 1982 | K30 | 24 | 00:17:21 (288) | 00:06:21 | 00:56:52 (291) | 00:05:07 | 00:41:29 (291) | 02:07:10 | | 71 | |
| 298 | 794 | DEMBICKI MARCIN | GDYNIA | | POL | 1981 | M30 | 86 | 00:10:07 (82) | 00:03:20 | 01:22:44 (297) | 00:03:03 | 00:28:53 (153) | 02:08:07 | 227 | | |
| 299 | 817 | GRZESK KATARZYNA | POZNAŃ | ROMAG CNC ROMAG CNC | POL | 1981 | K30 | 25 | 00:21:47 (298) | 00:07:01 | 00:59:58 (295) | 00:03:19 | 00:42:59 (295) | 02:15:04 | | 72 | |