

II OSTROWIECKI PÓLMARATON LEŚNY 06.10.2019

Dystans: Półmaraton



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | Czas netto | Wynik | M | K |
|------|---------|-------------------------|-------------------------|-------------------------------|------|------------|-----------|------------|--------------|------------|------------|-----------------|----|---|
| 1 | 111 | WALEROWICZ TOMASZ | NIESTUM | | POL | 1981 | M2(30-39) | 1 | 3:38 | 16,5 | 01:16:42 | 01:16:43 | 1 | |
| 2 | 55 | LEŚNIAK KAMIL | POZNAŃ | SALCO GARMIN TEAM | POL | 1993 | M1(18-29) | 1 | 3:46 | 15,9 | 01:19:33 | 01:19:34 | 2 | |
| 3 | 54 | LESNIAK MICHAŁ | TIVERTON | TEAM MOUNTAIN FUEL POLSKA | POL | 1988 | M2(30-39) | 2 | 3:48 | 15,8 | 01:20:01 | 01:20:02 | 3 | |
| 4 | 31 | JAGIEŁO MICHAŁ | LUBIENIA | HUSARIA RACE TEAM | POL | 1986 | M2(30-39) | 3 | 4:02 | 14,9 | 01:25:12 | 01:25:13 | 4 | |
| 5 | 81 | PRONOBIS PRZEMYSŁAW | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1982 | M2(30-39) | 4 | 4:05 | 14,7 | 01:26:01 | 01:26:03 | 5 | |
| 6 | 135 | DASIOS PIOTR | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1965 | M5(50+) | 1 | 4:05 | 14,7 | 01:26:05 | 01:26:09 | 6 | |
| 7 | 134 | MATYSIAK MARCIN | WARSZAWA | GAPMONT RUNNING TEAM/UTLRAWYF | POL | 1977 | M3(40-49) | 1 | 4:09 | 14,4 | 01:27:38 | 01:27:42 | 7 | |
| 8 | 1 | SULIK KONRAD | OSTROWIEC ŚWIĘTOKRZYSKI | EMS&REHABILITACJA | POL | 1978 | M3(40-49) | 2 | 4:11 | 14,4 | 01:28:04 | 01:28:05 | 8 | |
| 9 | 139 | WÓJCIK TOMASZ | GORZYCE | ZMITEK TEAM NOWA DĘBA | POL | 1979 | M3(40-49) | 3 | 4:11 | 14,3 | 01:28:15 | 01:28:17 | 9 | |
| 10 | 40 | KOPCIAŁ JAROSŁAW | RADOM | STREET RUN RADOM | POL | 1988 | M2(30-39) | 5 | 4:17 | 14,0 | 01:30:13 | 01:30:16 | 10 | |
| 11 | 104 | SUŁECKI KAMIL | STARACHOWICE | | POL | 1980 | M2(30-39) | 6 | 4:20 | 13,9 | 01:31:14 | 01:31:16 | 11 | |
| 12 | 122 | CHODAKOWSKI RAFAŁ | ĆMIELÓW | OSTROBIEC | POL | 1975 | M3(40-49) | 4 | 4:21 | 13,8 | 01:31:39 | 01:31:41 | 12 | |
| 13 | 87 | RÓŻAŁSKI ŁUKASZ | ĆMIELÓW | | POL | 1980 | M2(30-39) | 7 | 4:22 | 13,8 | 01:31:55 | 01:32:01 | 13 | |
| 14 | 110 | URBAŃSKI ZBIGNIEW | NOWA DĘBA | ZMITEK TEAM NOWA DĘBA | POL | 1966 | M5(50+) | 2 | 4:24 | 13,6 | 01:32:44 | 01:32:48 | 14 | |
| 15 | 12 | DRYKA EMIL | OSTROWIEC ŚWIĘTOKRZYSKI | OSTROBIEC | POL | 1984 | M2(30-39) | 8 | 4:25 | 13,6 | 01:32:58 | 01:33:02 | 15 | |
| 16 | 101 | STARACHOWSKI ŁUKASZ | OSTROWIEC ŚWIĘTOKRZYSKI | OSTROBIEC | POL | 1982 | M2(30-39) | 9 | 4:30 | 13,3 | 01:35:01 | 01:35:05 | 16 | |
| 17 | 22 | GOCEL DANIEL | OSTROWIEC ŚWIĘTOKRZYSKI | ACTIVEZONE TEAM | POL | 1984 | M2(30-39) | 10 | 4:36 | 13,1 | 01:36:57 | 01:36:59 | 17 | |
| 18 | 63 | MATUSKA MARIUSZ | LIPSKO | | POL | 1980 | M2(30-39) | 11 | 4:38 | 12,9 | 01:37:48 | 01:37:52 | 18 | |
| 19 | 67 | MOCZYŃSKI PAWEŁ | CHMIELÓW | | POL | 1985 | M2(30-39) | 12 | 4:39 | 12,9 | 01:38:00 | 01:38:08 | 19 | |
| 20 | 43 | KOSIOR PAWEŁ | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1980 | M2(30-39) | 13 | 4:40 | 12,9 | 01:38:15 | 01:38:17 | 20 | |
| 21 | 83 | PSZONAK MICHAŁ | KUNÓW | | POL | 1996 | M1(18-29) | 2 | 4:42 | 12,8 | 01:39:09 | 01:39:14 | 21 | |
| 22 | 114 | WAŚ GRZEGORZ | WARSZAWA | | POL | 1976 | M3(40-49) | 5 | 4:44 | 12,7 | 01:39:43 | 01:39:50 | 22 | |
| 23 | 108 | TŁUŚCIK ADRIAN | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1995 | M1(18-29) | 3 | 4:45 | 12,6 | 01:40:11 | 01:40:17 | 23 | |
| 24 | 28 | HEBA TOMASZ | OSTROWIEC ŚWIĘTOKRZYSKI | OSTROBIEC | POL | 1982 | M2(30-39) | 14 | 4:47 | 12,5 | 01:40:45 | 01:40:54 | 24 | |
| 25 | 15 | FLORYS JAKUB | OSTROWIEC ŚWIĘTOKRZYSKI | MORSKI KOŃ | POL | 1983 | M2(30-39) | 15 | 4:49 | 12,5 | 01:41:25 | 01:41:29 | 25 | |
| 26 | 38 | KISIELEWSKI KONRAD | KIELCE | KROK PO KROKU | POL | 1978 | M3(40-49) | 6 | 4:49 | 12,5 | 01:41:35 | 01:41:37 | 26 | |
| 27 | 36 | KASPROWICZ SŁAWKE KAJKO | OSTROWIEC ŚWIĘTOKRZYSKI | OSTROBIEC | POL | 1975 | M3(40-49) | 7 | 4:50 | 12,4 | 01:41:40 | 01:41:48 | 27 | |
| 28 | 45 | KOWALCZYK KRZYSZTOF | STĄPORKÓW | | POL | 1978 | M3(40-49) | 8 | 4:50 | 12,4 | 01:41:36 | 01:41:50 | 28 | |
| 29 | 82 | PRZYBYCIŃSKI ŁUKASZ | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1982 | M2(30-39) | 16 | 4:51 | 12,4 | 01:42:14 | 01:42:22 | 29 | |
| 30 | 95 | SŁOTA MARIUSZ | KIELCE | MEDIA EFEKT | POL | 1973 | M3(40-49) | 9 | 4:52 | 12,3 | 01:42:40 | 01:42:43 | 30 | |
| 31 | 88 | SADY SEBASTIAN | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1977 | M3(40-49) | 10 | 4:53 | 12,3 | 01:42:52 | 01:42:59 | 31 | |
| 32 | 136 | ŚPIEWAK SEBASTIAN | LUBIENIA | ACTIVEZONE TEAM | POL | 2018 | M0 | | 4:55 | 12,2 | 01:43:45 | 01:43:47 | 32 | |
| 33 | 46 | KOWALSKI PAWEŁ | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1973 | M3(40-49) | 11 | 4:56 | 12,2 | 01:43:52 | 01:43:57 | 33 | |
| 34 | 84 | PULIT BARTOSZ | SZEWNA | | POL | 1990 | M1(18-29) | 4 | 4:56 | 12,2 | 01:43:55 | 01:44:03 | 34 | |
| 35 | 24 | GÓRCZYŃSKI ROBERT | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1968 | M5(50+) | 3 | 4:57 | 12,1 | 01:44:14 | 01:44:22 | 35 | |
| 36 | 129 | GAWRYS MACIEJ | | ZWOLEŃ BIEGA | POL | 1992 | M1(18-29) | 5 | 4:58 | 12,1 | 01:44:37 | 01:44:42 | 36 | |
| 37 | 124 | MATCZAK SEBASTIAN | OSTROWIEC ŚWIĘTOKRZYSKI | NEW LEVEL | POL | 1981 | M2(30-39) | 17 | 4:58 | 12,1 | 01:44:42 | 01:44:45 | 37 | |
| 38 | 18 | GAWŁAK ŁUKASZ | OSTROWIEC ŚWIĘTOKRZYSKI | OSTROBIEC | POL | 1984 | M2(30-39) | 18 | 4:58 | 12,1 | 01:44:47 | 01:44:54 | 38 | |
| 39 | 39 | KOLASA MACIEJ | ĆMIELÓW | | POL | 1986 | M2(30-39) | 19 | 4:59 | 12,0 | 01:45:02 | 01:45:05 | 39 | |
| 40 | 126 | ROGALIŃSKI MICHAŁ | OSTROWIEC ŚWIĘTOKRZYSKI | ZOMBIE RUN | POL | 1984 | M2(30-39) | 20 | 4:59 | 12,0 | 01:44:59 | 01:45:07 | 40 | |
| 41 | 105 | ŚMIECH MARCIN | NOWA SŁUPIA | | POL | 1995 | M1(18-29) | 6 | 4:59 | 12,0 | 01:45:00 | 01:45:10 | 41 | |
| 42 | 85 | REJTCZAK PAWEŁ | RADOM | STREET RUN RADOM | POL | 1980 | M2(30-39) | 21 | 5:00 | 12,0 | 01:45:20 | 01:45:24 | 42 | |
| 43 | 103 | STEPNIEWSKI TOMASZ | WARSZAWA | | POL | 1978 | M3(40-49) | 12 | 5:02 | 11,9 | 01:45:48 | 01:46:01 | 43 | |
| 44 | 107 | ŚWIERCZ JACEK | JANIK | OSTROBIEC | POL | 1978 | M3(40-49) | 13 | 5:03 | 11,9 | 01:46:21 | 01:46:29 | 44 | |
| 45 | 19 | GĘBKA KAROL | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1988 | M2(30-39) | 22 | 5:03 | 11,9 | 01:46:39 | 01:46:42 | 45 | |

II OSTROWIECKI PÓLMARATON LEŚNY 06.10.2019

Dystans: Półmaraton



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | Czas netto | Wynik | M | K |
|------|---------|--------------------------|-------------------------|--------------------------------|------|------------|-----------|------------|--------------|------------|------------|-----------------|----|---|
| 46 | 125 | GEBKA NATALIA | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1992 | K1(18-29) | 1 | 5:04 | 11,9 | 01:46:41 | 01:46:44 | 1 | |
| 47 | 73 | PARCZYNSKA EWA | LUBLIN | | POL | 1981 | K2(30-39) | 1 | 5:04 | 11,8 | 01:46:57 | 01:47:02 | 2 | |
| 48 | 29 | HERT-GAJEWSKA MARTYNA | BRODY | OSTROBIEC | POL | 1984 | K2(30-39) | 2 | 5:07 | 11,7 | 01:48:03 | 01:48:05 | 3 | |
| 49 | 4 | ARTYKIEWICZ ADRIAN | OSTROWIEC ŚWIĘTOKRZYSKI | ARTYKIEWICZ TEAM | POL | 1981 | M2(30-39) | 23 | 5:07 | 11,7 | 01:48:03 | 01:48:06 | 46 | |
| 50 | 102 | STARBA KRZYSZTOF | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1971 | M3(40-49) | 14 | 5:11 | 11,6 | 01:49:11 | 01:49:14 | 47 | |
| 51 | 106 | ŚWIERCZ DAWID | KUNÓW | | POL | 1998 | M1(18-29) | 7 | 5:14 | 11,5 | 01:50:10 | 01:50:19 | 48 | |
| 52 | 11 | DEROŃ TOMASZ | STARACHOWICE | | POL | 1969 | M5(50+) | 4 | 5:14 | 11,5 | 01:50:16 | 01:50:30 | 49 | |
| 53 | 137 | POTRZAŚAJ ŁUKASZ | LIPSKO | PAZERNI NA SPORT LIPSKO | POL | 1989 | M2(30-39) | 24 | 5:15 | 11,4 | 01:50:46 | 01:50:53 | 50 | |
| 54 | 64 | MAZUR ŁUKASZ | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1981 | M2(30-39) | 25 | 5:16 | 11,4 | 01:50:58 | 01:51:07 | 51 | |
| 55 | 21 | GŁUSZAK KATARZYNA | LUBLIN | | POL | 1982 | K2(30-39) | 3 | 5:19 | 11,3 | 01:52:19 | 01:52:20 | 4 | |
| 56 | 86 | ROMELCZYK ARTUR | RADOM | | POL | 1969 | M5(50+) | 5 | 5:20 | 11,2 | 01:52:28 | 01:52:34 | 52 | |
| 57 | 97 | SOBIESZEK SYLWIA | ZWOLEŃ | ZWOLEŃ BIEGA | POL | 1982 | K2(30-39) | 4 | 5:21 | 11,2 | 01:52:44 | 01:52:48 | 5 | |
| 58 | 30 | IGNASIAK PRZEMYSŁAW | WARSZAWA | | POL | 1984 | M2(30-39) | 26 | 5:22 | 11,2 | 01:53:01 | 01:53:11 | 53 | |
| 59 | 72 | ODELSKI RAFAŁ | SUCHEDNIÓW | BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ | POL | 1984 | M2(30-39) | 27 | 5:22 | 11,2 | 01:53:09 | 01:53:17 | 54 | |
| 60 | 133 | OLESIŃSKI RADOSŁAW | BOCHNIA | CREATIVE BOCHNIA BIEGA TEAM | POL | 1974 | M3(40-49) | 15 | 5:23 | 11,1 | 01:53:30 | 01:53:33 | 55 | |
| 61 | 52 | KWIATKOWSKI MICHAŁ | KRAKÓW | BBL KRAKÓW | POL | 1978 | M3(40-49) | 16 | 5:24 | 11,1 | 01:53:38 | 01:53:48 | 56 | |
| 62 | 20 | GŁODEK MATEUSZ | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1990 | M1(18-29) | 8 | 5:24 | 11,1 | 01:53:57 | 01:54:06 | 57 | |
| 63 | 50 | KUPIDURA ŁUKASZ | KAZANÓW | | POL | 1981 | M2(30-39) | 28 | 5:28 | 11,0 | 01:55:13 | 01:55:18 | 58 | |
| 64 | 66 | MŁUDZIŃSKI PIOTR | MIRZEC | ZABIEGANE STARACHOWICE | POL | 1977 | M3(40-49) | 17 | 5:28 | 11,0 | 01:55:09 | 01:55:18 | 59 | |
| 65 | 23 | GOŁĘBIEWSKI PIOTR | WARSZAWA | | POL | 1993 | M1(18-29) | 9 | 5:31 | 10,9 | 01:56:02 | 01:56:17 | 60 | |
| 66 | 90 | SIENKIEL DOMINIK | OSTROWIEC ŚWIĘTOKRZYSKI | | POL | 1993 | M1(18-29) | 10 | 5:31 | 10,9 | 01:56:02 | 01:56:17 | 61 | |
| 67 | 2 | ADAMCZYK RAFAŁ | WAŃCZOK | | POL | 1986 | M2(30-39) | 29 | 5:36 | 10,7 | 01:57:53 | 01:58:04 | 62 | |
| 68 | 116 | WOJTACZKA WOJCIECH | WARSZAWA | W&K STEAM | POL | 1981 | M2(30-39) | 30 | 5:38 | 10,7 | 01:58:35 | 01:58:51 | 63 | |
| 69 | 78 | PISKORZ ANNA | ZALESICE | TEAM ZALESICE | POL | 1955 | K5(50+) | 1 | 5:39 | 10,6 | 01:59:08 | 01:59:12 | 6 | |
| 70 | 74 | PARCZYŃSKI JAROSŁAW | LUBLIN | | POL | 1980 | M2(30-39) | 31 | 5:41 | 10,5 | 01:59:54 | 02:00:00 | 64 | |
| 71 | 80 | PODGÓRSKA KATARZYNA | ZALESICE | TEAM ZALESICE | POL | 1982 | K2(30-39) | 5 | 5:42 | 10,5 | 02:00:10 | 02:00:15 | 7 | |
| 72 | 121 | ZAGÓRSKI ŁUKASZ | RADOM | | POL | 1981 | M2(30-39) | 32 | 5:42 | 10,5 | 02:00:11 | 02:00:16 | 65 | |
| 73 | 79 | PŁUCIŚ MAŁGORZATA | LEGIONOWO | PAZERNI NA SPORT LIPSKO | POL | 1989 | K2(30-39) | 6 | 5:46 | 10,4 | 02:01:23 | 02:01:30 | 8 | |
| 74 | 109 | TUSIŃSKI SEWERYN | OSTROWIEC ŚWIĘTOKRZYSKI | OSTROBIEC | POL | 1977 | M3(40-49) | 18 | 5:47 | 10,4 | 02:01:41 | 02:01:55 | 66 | |
| 75 | 61 | MAKOWSKA-DRWAŁ AGNIESZKA | STARACHOWICE | | POL | 1991 | K1(18-29) | 2 | 5:48 | 10,3 | 02:02:21 | 02:02:29 | 9 | |
| 76 | 3 | ADAMOWICZ AGNIESZKA | CIEPIELÓW | ZWOLEŃ BIEGA | POL | 1977 | K3(40-49) | 1 | 5:50 | 10,3 | 02:02:58 | 02:03:02 | 10 | |
| 77 | 138 | MASTERNAK TOMASZ | SANDOMIERZ | | POL | 1966 | M5(50+) | 6 | 5:52 | 10,2 | 02:03:33 | 02:03:46 | 67 | |
| 78 | 62 | MALUHA ANNA | OSTROWIEC ŚWIĘTOKRZYSKI | OSTROBIEC | POL | 1978 | K3(40-49) | 2 | 5:56 | 10,1 | 02:04:55 | 02:05:06 | 11 | |
| 79 | 140 | KUBKA ADAM | ŁÓDŹ | FUNDACJA UDARU MÓZGU | POL | 1958 | M5(50+) | 7 | 5:57 | 10,1 | 02:05:36 | 02:05:36 | 68 | |
| 80 | 37 | KĘPIŃSKI DARIUSZ | OSTROWIEC ŚWIĘTOKRZYSKI | BRUTUSY | POL | 1969 | M5(50+) | 8 | 5:59 | 10,0 | 02:06:08 | 02:06:20 | 69 | |
| 81 | 123 | RZEPKA ALEKSANDRA | WARSZAWA | WKURW_TEAM | POL | 1991 | K1(18-29) | 3 | 6:00 | 10,0 | 02:06:44 | 02:06:45 | 12 | |
| 82 | 59 | MAJCHER MAREK | OSTROWIEC ŚWIĘTOKRZYSKI | MMGO | POL | 1964 | M5(50+) | 9 | 6:01 | 10,0 | 02:06:43 | 02:06:53 | 70 | |
| 83 | 93 | SKRZYPCZAK JAN | BAŁTÓW | | POL | 1960 | M5(50+) | 10 | 6:03 | 9,9 | 02:07:20 | 02:07:33 | 71 | |
| 84 | 48 | KRASIŃSKI MICHAŁ | LIPSKO | PAZERNI NA SPORT LIPSKO | POL | 1984 | M2(30-39) | 33 | 6:05 | 9,9 | 02:08:10 | 02:08:17 | 72 | |
| 85 | 34 | JÓŹWIK ROBERT | SKARYSZEW | | POL | 1981 | M2(30-39) | 34 | 6:12 | 9,7 | 02:10:44 | 02:10:48 | 73 | |
| 86 | 27 | GRUSZKA MARCIN | OSTROWIEC ŚWIĘTOKRZYSKI | GOŹDZIELIN BIEGA | POL | 1975 | M3(40-49) | 19 | 6:13 | 9,6 | 02:10:58 | 02:11:13 | 74 | |
| 87 | 76 | PAWELEC JUSTYNA | SANDOMIERZ | TSA SANDOMIERZ | POL | 1983 | K2(30-39) | 7 | 6:15 | 9,6 | 02:11:46 | 02:11:52 | 13 | |
| 88 | 119 | WRZOSEK JUSTYNA | SANDOMIERZ | TSA SANDOMIERZ | POL | 1986 | K2(30-39) | 8 | 6:15 | 9,6 | 02:11:46 | 02:11:52 | 14 | |
| 89 | 115 | WAŚIK PATRYCJA | OSTROWIEC ŚWIĘTOKRZYSKI | OSTROBIEC | POL | 1985 | K2(30-39) | 9 | 6:17 | 9,5 | 02:12:34 | 02:12:43 | 15 | |
| 90 | 92 | SKOWROŃ JAKUB | OŻARÓW | WKURW_TEAM | POL | 1986 | M2(30-39) | 35 | 6:18 | 9,5 | 02:12:56 | 02:13:03 | 75 | |

II OSTROWIECKI PÓŁMARATON LEŚNY 06.10.2019

Dystans: Półmaraton



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | Czas netto | Wynik | M | K |
|------|---------|----------------------|-------------------------|-----------------------------|------|------------|-----------|------------|--------------|------------|------------|-----------------|----|----|
| 91 | 56 | LIPIARZ EWELINA | WILCZYCE | TAK LUBIĘ SANDOMIERZ | POL | 1981 | K2(30-39) | 10 | 6:21 | 9,5 | 02:13:51 | 02:13:56 | | 16 |
| 92 | 8 | BŁASZCZYK MICHAŁ | RADOM | PAZERNI NA SPORT LIPSKO | POL | 1977 | M3(40-49) | 20 | 6:23 | 9,4 | 02:14:28 | 02:14:34 | 76 | |
| 93 | 14 | FAŁEK KAROLINA | LIPSKO | PAZERNI NA SPORT LIPSKO | POL | 1983 | K2(30-39) | 11 | 6:25 | 9,4 | 02:15:10 | 02:15:16 | | 17 |
| 94 | 33 | JĘŻAK MACIEJ | LIPSKO | PAZERNI NA SPORT LIPSKO | POL | 1977 | M3(40-49) | 21 | 6:25 | 9,4 | 02:15:12 | 02:15:18 | 77 | |
| 95 | 58 | MACIEJKO MAGDALENA | TARNOBRZEG | | POL | 1989 | K2(30-39) | 12 | 6:26 | 9,3 | 02:15:37 | 02:15:48 | | 18 |
| 96 | 94 | SŁODKIEWICZ JAROSŁAW | OSTROWIEC ŚWIĘTOKRZYSKI | BIEGAM BO LUBIĘ OSTROBIEC | POL | 1978 | M3(40-49) | 22 | 6:26 | 9,3 | 02:15:36 | 02:15:49 | 78 | |
| 97 | 99 | SPRAWKA MAGDALENA | WARSZAWA | | POL | 1997 | K1(18-29) | 4 | 6:26 | 9,3 | 02:15:37 | 02:15:52 | | 19 |
| 98 | 100 | STAŃCZAK LIDIA | STARACHOWICE | ZABIEGANE STARACHOWICE | POL | 1979 | K3(40-49) | 3 | 6:27 | 9,3 | 02:15:13 | 02:16:11 | 20 | |
| 99 | 26 | GREGOREK EDYTA | ZWOLEŃ | ZWOLEŃ BIEGA | POL | 1968 | K5(50+) | 2 | 6:27 | 9,3 | 02:16:07 | 02:16:12 | | 21 |
| 100 | 16 | GAJEWSKA ANNA | WARSZAWA | - | POL | 1972 | K3(40-49) | 4 | 6:37 | 9,1 | 02:19:34 | 02:19:45 | | 22 |
| 101 | 77 | PAWEŁCZAK KAROL | OSTROWIEC ŚWIĘTOKRZYSKI | ACTIVEZONE TEAM | POL | 1986 | M2(30-39) | 36 | 6:47 | 8,8 | 02:23:07 | 02:23:15 | 79 | |
| 102 | 5 | ARTYKIEWICZ KACPER | OSTROWIEC ŚWIĘTOKRZYSKI | ARTYKIEWICZ TEAM /OSTROBIEC | POL | 2000 | M1(18-29) | 11 | 6:49 | 8,8 | 02:23:35 | 02:23:45 | 80 | |
| 103 | 10 | CZAJKA SYLWIA | OSTROWIEC ŚWIĘTOKRZYSKI | OSTROBIEC | POL | 1980 | K2(30-39) | 13 | 7:22 | 8,1 | 02:35:12 | 02:35:25 | | 23 |
| 104 | 60 | MAJEWSKA MONIKA | OSTROWIEC ŚWIĘTOKRZYSKI | BBL | POL | 1975 | K3(40-49) | 5 | 7:22 | 8,1 | 02:35:12 | 02:35:25 | | 24 |