

GARMIN IRON TRIATHLON ŚLESIN 2020

Organizator: Urząd Miasta i Gminy Ślesin; LABOSPORT Polska sp.z.o.o.

Data: 15.08.2020

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Ślesin



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
1	763	ZALEWSKI IGOR	WŁOCŁAWEK	TRIATHLON CLUB WROCLAW	POL	1993	M20	1	08:59:48	00:06:15 (3)	00:01:54	00:33:33 (3)	00:00:58	00:17:22 (1)	01:00:02	1		
2	665	ANDRZEJEWSKI MARCIN	BYDGOSZCZ	MROWTRI	POL	1985	M30	1	08:59:57	00:07:15 (24)	00:02:28	00:32:21 (1)	00:01:04	00:18:07 (6)	01:01:15	2		
3	781	KLIMACKI HUBERT	GNIEZNO	GTT DIAMENT GNIEZNO	POL	1992	M20	2	09:00:13	00:05:59 (2)	00:01:46	00:34:57 (18)	00:00:44	00:18:06 (5)	01:01:32	3		
4	577	FRENCEL PIOTR	OSTRÓW WIELKOPOLSKI	OSTROWSKA KAWALERIA KOLARSKA	POL	1982	M30	2	09:01:52	00:07:36 (43)	00:02:51	00:32:31 (2)	00:00:58	00:18:07 (7)	01:02:03	4		
5	768	TYMIŃSKI PAWEŁ	MIŃSK MAZOWIECKI		POL	1983	M30	3	09:00:52	00:07:08 (18)	00:02:21	00:33:50 (5)	00:01:09	00:17:44 (2)	01:02:12	5		
6	564	KUREK PIOTR	KICIN-ŚLESIN	KS POSNANIA BUDMIX/ MEON-EMS	POL	1981	M30	4	08:59:48	00:06:21 (5)	00:01:39	00:35:06 (19)	00:00:46	00:18:29 (10)	01:02:21	6		
7	585	MIKOŁAJCZAK MATEUSZ	RUMIA		POL	1990	M30	5	09:00:48	00:07:03 (17)	00:02:18	00:34:04 (8)	00:00:54	00:18:10 (9)	01:02:29	7		
8	542	DĄBROWSKI ŁUKASZ	PRUSZKÓW	TRIZARZA	POL	1982	M30	6	09:00:39	00:06:57 (13)	00:02:19	00:34:20 (12)	00:01:05	00:18:02 (4)	01:02:43	8		
9	775	ZASADA WIKTOR	WŁOCŁAWEK		POL	2006	M14	1	09:00:17	00:06:20 (4)	00:01:48	00:34:36 (15)	00:00:55	00:19:36 (17)	01:03:15	9		
10	718	KOWALSKI TOMASZ	WARSZAWA	TRINERGY TEAM	POL	1986	M30	7	08:59:54	00:05:54 (1)	00:02:18	00:34:08 (9)	00:01:09	00:19:52 (26)	01:03:21	10		
11	550	LITWINIUK PIOTR	WARSZAWA	SPLIT TRIATHLON TEAM	POL	1983	M30	8	09:00:30	00:06:49 (11)	00:02:23	00:33:45 (4)	00:01:03	00:19:47 (23)	01:03:47	11		
12	730	GLEBA JONASZ	GNIEZNO	GTT DIAMENT GNIEZNO	POL	2003	M16	1	09:00:17	00:06:35 (8)	00:01:47	00:37:13 (50)	00:00:52	00:17:56 (3)	01:04:23	12		
13	787	MAJORCZYK BARTOSZ	GNIEZNO	GTT DIAMENT GNIEZNO	POL	2004	M16	2	09:00:13	00:06:23 (6)	00:01:56	00:36:41 (40)	00:00:49	00:19:02 (13)	01:04:51	13		
14	719	BENTKOWSKI MARCIN	BYDGOSZCZ	TRIPower	POL	1987	M30	9	09:01:21	00:07:11 (22)	00:02:43	00:34:35 (14)	00:01:09	00:19:44 (20)	01:05:22	14		
15	758	BIELARSKI KAROL	WARSZAWA		POL	1985	M30	10	09:01:28	00:08:04 (63)	00:02:48	00:34:33 (13)	00:01:05	00:18:52 (11)	01:05:22	15		
16	516	KULESZA PIOTR	SIERADZ	SIR-HA SIERADZ SIR-HA	POL	1982	M30	11	09:00:28	00:06:40 (9)	00:02:38	00:35:33 (23)	00:00:59	00:19:52 (26)	01:05:42	16		
17	691	MARCINEK SZYMON	TRZEBOWNISKO/RZESZÓ	WARSZTAT RUCHU KATARZYNA ŻEBRAKOWSKA	POL	2003	M16	3	09:03:10	00:07:31 (35)	00:02:27	00:36:10 (29)	00:01:35	00:18:10 (8)	01:05:53	17		
18	641	PIECHOTKA ŁUKASZ	WARSZAWA		POL	1981	M30	12	09:00:32	00:07:01 (15)	00:02:45	00:33:57 (7)	00:01:06	00:21:11 (49)	01:06:00	18		
19	532	BOGACZ MARIUSZ	RADZIEJÓW	TRISPACE/TREK	POL	1978	M40	1	09:01:12	00:07:34 (39)	00:02:32	00:35:10 (21)	00:01:14	00:20:11 (31)	01:06:41	19		
20	517	KULESZA SEBASTIAN	SIERADZ	SIR-HA SIERADZ SIR-HA	POL	1977	M40	2	09:00:28	00:07:11 (21)	00:02:40	00:34:16 (11)	00:01:08	00:21:38 (59)	01:06:53	20		
21	681	ZBIERAJEWSKI PAWEŁ	POZNAŃ		POL	1985	M30	13	09:00:09	00:07:15 (24)	00:02:07	00:36:29 (35)	00:01:29	00:19:43 (19)	01:07:03	21		
22	751	SZREDER DAWID	CHOJNICE	DAVEBIKES / ENDURE TEAM	POL	1978	M40	3	09:00:21	00:07:18 (26)	00:02:29	00:35:17 (22)	00:01:12	00:21:01 (46)	01:07:17	22		
23	721	MAJCHEREK MATEUSZ	SULEJÓWEK	TRIPASSION TEAM	POL	2000	M20	3	09:01:17	00:07:35 (42)	00:02:28	00:36:06 (28)	00:01:25	00:19:50 (25)	01:07:24	23		
24	732	PAŹ MICHAŁ	WARSZAWA	NEON TEAM	POL	1978	M40	4	09:01:03	00:07:09 (19)	00:02:50	00:34:49 (17)	00:01:27	00:21:18 (50)	01:07:33	24		
25	647	DIMITROW MARCIN	WARSZAWA	NEON TEAM D7	POL	1976	M40	5	09:00:55	00:07:09 (19)	00:02:39	00:34:40 (16)	00:01:15	00:21:51 (65)	01:07:34	25		
26	610	KUCZMA JERZY	DZIERŻONIÓW	HALFDEAD	POL	1995	M20	4	08:59:57	00:06:57 (14)	00:02:24	00:36:18 (31)	00:01:27	00:20:32 (36)	01:07:38	26		
27	546	ULAŃSKI MACIEJ	SOMPOLNO		POL	2003	M16	4	09:02:36	00:06:33 (7)	00:02:37	00:36:52 (43)	00:01:33	00:20:13 (32)	01:07:48	27		
28	747	WOJCIECHOWSKI MICHAŁ	STARE MIASTO	TRITON KONIN	POL	1991	M20	5	09:02:15	00:07:54 (56)	00:02:29	00:35:06 (19)	00:01:09	00:21:46 (62)	01:08:24	28		
29	677	BŁACH WOJCIECH	SOSNOWIEC	WWW.MIZOPOL.PL WWW.MIZOPOL.PL	POL	1988	M30	14	09:00:56	00:07:54 (56)	00:02:32	00:37:16 (51)	00:01:15	00:19:34 (16)	01:08:31	29		
30	697	TOMICKI TOMASZ	WARSZAWA		POL	1992	M20	6	09:00:52	00:06:50 (12)	00:02:44	00:36:22 (33)	00:01:20	00:21:29 (55)	01:08:45	30		
31	544	KOŚLA PAWEŁ	ŻYRARDÓW		POL	1983	M30	15	09:04:07	00:08:23 (83)	00:02:29	00:37:24 (52)	00:01:03	00:19:44 (20)	01:09:03	31		
32	740	HOLENDER SEBASTIAN	OLSZTYN	KUROPATWA TEAM	POL	1982	M30	16	09:01:24	00:07:19 (29)	00:02:33	00:36:36 (38)	00:01:17	00:21:24 (51)	01:09:09	32		
33	627	MATUSIK MARYSIA	GÓRA KALWARIA	TEAMPACT!	POL	2002	K18	1	09:00:04	00:06:45 (10)	00:02:31	00:37:32 (54)	00:02:20	00:20:24 (35)	01:09:32		1	
34	757	SZYMANIAK PAWEŁ	RAWA MAZOWIECKA		POL	1993	M20	7	09:07:35	00:09:08 (131)	00:03:36	00:35:50 (26)	00:01:50	00:19:08 (14)	01:09:32	33		
35	759	WIELOGÓRSKA NATALIA	SIEDLCE	IM INSPIRATION TEAM KARAŚ	POL	1986	K30	1	09:03:55	00:07:43 (46)	00:02:35	00:36:02 (27)	00:01:29	00:21:46 (62)	01:09:35		2	
36	592	SYGULA MATEUSZ	WARSZAWA	KOLARSKI.EU TEAM KOLARSKI.EU TEAM	POL	1979	M40	6	09:00:21	00:09:06 (129)	00:02:29	00:36:40 (39)	00:01:22	00:19:58 (29)	01:09:35	34		
37	692	NOWOSIELSKI PAWEŁ	CZARNA BIAŁOSTOCKA	BEKO TEAM	POL	1982	M30	17	09:02:54	00:08:50 (116)	00:02:58	00:34:09 (10)	00:01:19	00:22:20 (85)	01:09:36	35		
38	650	LEWIŃSKI ANDRZEJ	GDYNIA	BIEGAMYRAZEM.PL / CTS	POL	1973	M40	7	09:01:21	00:07:59 (61)	00:02:30	00:37:11 (49)	00:01:19	00:20:37 (39)	01:09:36	36		
39	748	ADAMCZYK JAKUB	BELCHATÓW		POL	1993	M20	8	09:02:11	00:07:26 (32)	00:03:06	00:36:54 (44)	00:01:15	00:20:58 (45)	01:09:39	37		
40	533	ŚLIWICKI TOMASZ	KONIN	TRITON KONIN	POL	1982	M30	18	09:02:24	00:08:37 (105)	00:02:30	00:35:36 (24)	00:01:17	00:21:51 (67)	01:09:51	38		
41	770	KOWALCZYK DARIUSZ	GNIEZNO	GTT DIAMENT GNIEZNO	POL	1966	M50	1	09:00:43	00:08:08 (67)	00:02:44	00:35:46 (25)	00:01:14	00:22:06 (78)	01:09:58	39		
42	685	SZTENDEREWICZ RAFAŁ	WŁOCŁAWEK	SPORTEVO	POL	1977	M40	8	09:02:57	00:08:17 (76)	00:02:49	00:37:49 (58)	00:01:21	00:20:10 (30)	01:10:26	40		
43	700	KOSTRZEWSKI ARTUR	DOBROŃ	TRIANGLE SPORTS	POL	1977	M40	9	09:04:58	00:07:34 (39)	00:03:02	00:33:56 (6)	00:01:49	00:24:23 (132)	01:10:44	41		
44	754	SIĄKOWSKI MATEUSZ	TYCHY	BANANA TEAM	POL	1991	M20	9	09:00:43	00:07:34 (39)	00:02:55	00:36:13 (30)	00:01:40	00:22:27 (88)	01:10:49	42		
45	769	SIEMIŃSKI BARTEK	KAMIENICA	TRITON KONIN	POL	1980	M40	10	09:02:32	00:07:37 (44)	00:03:08	00:36:57 (46)	00:01:17	00:21:55 (70)	01:10:54	43		
46	689	MARCINIAK PAWEŁ	ŁÓDŹ	HTF LUDWIK SIKORSKI / TIME4S	POL	1981	M30	19	09:03:51	00:07:50 (54)	00:02:27	00:37:35 (55)	00:01:22	00:21:41 (61)	01:10:55	44		
47	636	LUS TOMASZ	ŁOWICZ		POL	1985	M30	20	09:03:16	00:08:47 (114)	00:02:29	00:37:04 (48)	00:01:08	00:21:37 (58)	01:11:05	45		

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Miejscowość: Ślesin



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
48	712	KOWALCZYK MARCIN	ŁÓDŹ		POL	1979	M40	11	09:04:44	00:10:54 (204)	00:03:07	00:36:34 (37)	00:01:36	00:19:01 (12)	01:11:12	46		
49	702	LEWANDOWSKI OSKAR	KRUSZWICA		POL	1995	M20	10	09:01:12	00:07:27 (34)	00:03:07	00:37:02 (47)	00:01:53	00:21:51 (65)	01:11:20	47		
50	731	OJRZYŃSKA MILENA	WARSZAWA		POL	1995	K20	1	09:00:24	00:07:18 (26)	00:02:29	00:38:51 (67)	00:01:22	00:21:33 (56)	01:11:33		3	
51	703	BOROWIAK MACIEJ	KALISZ	WOZIMYSIE.PL BREWA	POL	1981	M30	21	09:01:43	00:08:31 (95)	00:02:44	00:36:48 (42)	00:01:28	00:22:04 (77)	01:11:35	48		
52	786	GIERES WALDEMAR	PŁOCK	PTT DELTA	POL	1968	M50	2	09:01:25	00:08:35 (101)	00:02:45	00:36:56 (45)	00:01:06	00:22:16 (83)	01:11:38	49		
53	567	DOWIAT SZYMON	TYCHY	SUERTE	POL	1989	M30	22	09:00:45	00:07:13 (23)	00:03:10	00:36:18 (31)	00:01:21	00:23:42 (119)	01:11:44	50		
54	658	AUGUŚCIK PIOTR	KÓRNIK	KS POSNANIA TRIATHLON	POL	1972	M40	12	09:00:09	00:08:31 (95)	00:02:32	00:37:52 (60)	00:01:02	00:22:00 (72)	01:11:57	51		
55	746	MARCINKOWSKI ERYK	TYNIEC MAŁY	GVT	POL	2004	M16	5	09:07:31	00:08:31 (95)	00:03:01	00:38:26 (62)	00:01:41	00:20:32 (36)	01:12:11	52		
56	724	KOZŁOWSKI PIOTR	WARSZAWA		POL	1980	M40	13	09:03:37	00:07:32 (37)	00:03:25	00:36:47 (41)	00:01:32	00:22:56 (98)	01:12:12	53		
57	753	WOŁK MARIUSZ	RAWA MAZOWIECKA		POL	1992	M20	11	09:03:11	00:08:08 (67)	00:03:21	00:37:41 (57)	00:01:29	00:21:33 (56)	01:12:12	54		
58	680	SKUPIEŃ KONRAD	ŁÓDŹ	KONRADSKUPIEN.PL	POL	1972	M40	14	09:02:40	00:08:30 (93)	00:03:40	00:39:21 (74)	00:01:00	00:19:41 (18)	01:12:12	55		
59	690	WALCZAK DANIEL	SOSNOWIEC	MIZOPL.PL	POL	1991	M20	12	09:01:41	00:07:44 (47)	00:02:40	00:38:11 (61)	00:01:13	00:22:29 (92)	01:12:17	56		
60	722	RUSZYK BARTOSZ	KOŁO	TRI FOR ME ARCHITEKTURA2	POL	1981	M30	23	09:00:35	00:08:29 (91)	00:03:06	00:36:32 (36)	00:01:09	00:23:06 (101)	01:12:22	57		
61	726	GÓRNIOWICZ ALEKSANDRA	LEGNICA	TRIATHLONOWA LEGNICA	POL	2002	K18	2	09:02:24	00:07:33 (38)	00:02:55	00:40:01 (87)	00:01:45	00:20:14 (34)	01:12:28		4	
62	749	WALENTYNOWICZ ŁUKASZ	NOWINA	MKS TRUSO ELBLĄG	POL	2005	M14	2	09:01:34	00:07:31 (35)	00:02:23	00:39:06 (71)	00:01:28	00:22:20 (85)	01:12:48	58		
63	664	MAZLOUM AMIR	OZARÓW MAZOWIECKI	KUŹNIA TRIATHLONU DECATHLON TEAM	POL	1987	M30	24	09:02:06	00:08:33 (99)	00:02:23	00:38:30 (64)	00:01:38	00:22:02 (73)	01:13:06	59		
64	737	KACZMAREK DARIUSZ	KONIN	TRITON KONIN	POL	1969	M50	3	09:05:22	00:08:15 (75)	00:03:10	00:38:32 (65)	00:01:46	00:21:24 (51)	01:13:07	60		
65	557	WOJTKOWIAK STEFAN	POZNAŃ	PIĄTKOWA NA BIEGOWO	POL	1974	M40	15	09:08:09	00:08:22 (81)	00:03:38	00:40:17 (91)	00:01:45	00:19:26 (15)	01:13:28	61		
66	575	SOŚNIEZ TOMASZ	ŁÓDŹ		POL	1987	M30	25	09:03:00	00:09:06 (128)	00:02:50	00:39:29 (76)	00:01:06	00:21:10 (48)	01:13:41	62		
67	760	MAJZAK MATEUSZ	PŁOCK		POL	1997	M20	13	09:02:44	00:08:43 (111)	00:03:33	00:36:23 (34)	00:01:57	00:23:09 (105)	01:13:45	63		
68	866	MAZUREK MIESZKO	POZNAŃ	MARATOŃCZYK POZNAŃ	POL	1997	M20	14	09:08:38	00:09:51 (170)	00:03:20	00:40:06 (89)	00:00:48	00:19:47 (23)	01:13:52	64		
69	736	MAŁECKA MONIKA	WARSZAWA	ACCENTURE KUŹNIA TRIATHLONU ACCENTURE KUŹN	POL	1990	K30	2	09:00:39	00:07:47 (51)	00:02:30	00:39:37 (79)	00:01:02	00:23:06 (103)	01:14:02		5	
70	552	KRĄŻYŃSKI TOMASZ	KALISZ	TRIDEA TEAM	POL	1975	M40	16	09:04:59	00:09:45 (164)	00:03:27	00:38:55 (69)	00:02:01	00:19:55 (28)	01:14:03	65		
71	566	FRYDRYSZEK MICHAŁ	BYDGOSZCZ	TRIPOWER	POL	1989	M30	26	09:01:52	00:08:25 (88)	00:03:28	00:37:40 (56)	00:01:52	00:22:44 (96)	01:14:09	66		
72	785	MALINOWSKA KAROLINA	WITOSZÓW DOLNY	TS AKWEDUKT KIELCE	POL	2003	K16	1	09:04:50	00:07:21 (30)	00:02:40	00:42:01 (126)	00:01:42	00:20:43 (41)	01:14:27		6	
73	606	MODZELEWSKI MACIEJ	ŁOWICZ		POL	1984	M30	27	09:04:20	00:08:56 (121)	00:03:32	00:39:57 (85)	00:01:28	00:20:56 (44)	01:14:49	67		
74	518	ZAWADZKI PAWEŁ	KALISZ	AWIR KALISZ	POL	1985	M30	28	09:03:15	00:09:07 (130)	00:03:21	00:40:18 (94)	00:01:33	00:20:44 (42)	01:15:03	68		
75	755	SOKOŁOWSKI JULIAN	PRZEŹMIEROWO	UCZNIOWSKI KLUB SPORTOWY LUSOWO	POL	2003	M16	6	09:02:19	00:07:44 (47)	00:03:03	00:39:51 (83)	00:01:26	00:23:08 (104)	01:15:12	69		
76	515	MARCINIAK IZABELA	ŁÓDŹ	HTF LUDWIK SIKORSKI/TIME4S	POL	1982	K30	3	09:03:49	00:07:54 (58)	00:02:54	00:41:02 (109)	00:01:15	00:22:12 (80)	01:15:17		7	
77	617	CEKIERA ROBERT	KRAKÓW	AZS AWF KRAKÓW MASTERS	POL	1976	M40	17	09:05:32	00:08:39 (107)	00:02:41	00:39:56 (84)	00:01:26	00:22:39 (95)	01:15:21	70		
78	629	WIERSKI ŁUKASZ	WARSZAWA	TRIGGER TRIATHLON	POL	1988	M30	29	09:06:37	00:09:08 (131)	00:03:16	00:40:17 (92)	00:01:36	00:21:05 (47)	01:15:22	71		
79	734	LASOTA PAWEŁ	GDAŃSK	PAWEŁ LASOTA - OBSŁUGA FLOTOWA	POL	1982	M30	30	09:04:34	00:08:51 (118)	00:02:57	00:40:03 (88)	00:01:51	00:21:55 (70)	01:15:37	72		
80	715	JATCZAK MATEUSZ	ŁÓDŹ	ŁÓDZKI KLUB WYSOKOGÓRSKI	POL	1986	M30	31	09:02:33	00:08:23 (83)	00:03:35	00:39:49 (82)	00:01:26	00:22:28 (91)	01:15:41	73		
81	615	WALUKIEWICZ ADAM	SIEMIANOWICE ŚLĄSKIE	TATA :)	POL	2003	M16	7	09:03:05	00:08:52 (120)	00:03:14	00:40:51 (105)	00:02:31	00:20:13 (32)	01:15:41	74		
82	565	NOWAK EWELINA	BIAŁE BŁOTA	TRI-AMATOR EWELINA NOWAK	POL	1987	K30	4	09:06:21	00:08:04 (62)	00:02:58	00:39:07 (72)	00:01:56	00:23:50 (123)	01:15:55		8	
83	613	WALASZCZYK MARCIN	BELCHATÓW	IRON FIGHTERS	POL	1987	M30	32	09:02:10	00:08:22 (82)	00:03:00	00:38:27 (63)	00:01:08	00:25:04 (145)	01:16:01	75		
84	776	WALOTKA FILIP	ŁÓDŹ	GVT	POL	1980	M40	18	09:00:02	00:07:45 (49)	00:03:10	00:39:35 (78)	00:02:05	00:23:26 (114)	01:16:01	76		
85	626	OWCZAREK DAMIAN	ŁÓDŹ		POL	1975	M40	19	09:06:16	00:07:18 (26)	00:03:07	00:41:43 (121)	00:01:38	00:22:17 (84)	01:16:03	77		
86	587	PIEROŻYŃSKI PAWEŁ	KONIN	TRITON KONIN	POL	1974	M40	20	09:05:12	00:08:32 (98)	00:03:18	00:37:27 (53)	00:02:17	00:24:30 (134)	01:16:04	78		
87	713	BEDNAREK PIOTR	WARSZAWA	LUFT TRI TEAM	POL	1983	M30	33	09:03:05	00:08:06 (64)	00:03:47	00:37:51 (59)	00:02:15	00:24:05 (126)	01:16:04	79		
88	668	SZYMAŃSKI PIOTR	KLECZEW	SEKCJA BIEGOWA - OSIR KLECZEW	POL	1976	M40	21	09:04:24	00:09:30 (148)	00:03:10	00:39:57 (85)	00:01:33	00:22:27 (88)	01:16:37	80		
89	657	JÓZEFOWICZ JAKUB	OBZĘBIN		POL	2002	M18	1	09:05:52	00:10:46 (202)	00:03:33	00:39:34 (77)	00:01:01	00:21:54 (69)	01:16:48	81		
90	600	LEŚNIEWICZ MARIUSZ	KONIN	TRITON KONIN	POL	1976	M40	22	09:05:23	00:08:24 (87)	00:03:51	00:40:25 (98)	00:01:52	00:22:27 (90)	01:16:59	82		
91	561	KRZESAK ADAM	PIASTÓW	NEON TEAM	POL	1974	M40	23	09:01:47	00:08:20 (78)	00:03:55	00:40:28 (99)	00:01:23	00:22:59 (100)	01:17:05	83		
92	547	BROŹ MICHAŁ	KOŁO	TRI FOR ME WWW.PROJEKTOWAKB.PL	POL	2002	M18	2	09:00:59	00:08:13 (73)	00:03:28	00:41:15 (111)	00:01:08	00:23:09 (105)	01:17:13	84		
93	761	TOMCZYK EMIL	POZNAŃ	PAN PAN	POL	1990	M30	34	09:03:32	00:09:04 (126)	00:02:54	00:41:20 (113)	00:01:54	00:21:51 (67)	01:17:13	85		00:00:10
94	778	JANICKA-JAWOR JOANNA	MYŚLOWICE		POL	1978	K40	1	09:02:40	00:08:26 (90)	00:03:03	00:42:47 (143)	00:01:21	00:21:40 (60)	01:17:17		9	

GARMIN IRON TRIATHLON ŚLESIN 2020

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Data: 15.08.2020

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Ślesin



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
95	591	TRĘBACZKIEWICZ MACIEJ	GOZDOWO	NIGHT RUNNERS WRZEŚNIA	POL	1989	M30	35	09:07:39	00:10:31 (193)	00:03:52	00:41:15 (112)	00:01:55	00:19:45 (22)	01:17:18	86		
96	789	TEGI MACIEJ	GDYNIA		POL	1985	M30	36	09:05:46	00:08:40 (108)	00:03:14	00:42:09 (131)	00:01:29	00:21:48 (64)	01:17:20	87		
97	503	KOLASA PIOTR	LODZ		POL	1987	M30	37	09:03:01	00:08:13 (72)	00:02:56	00:44:19 (175)	00:00:48	00:21:27 (54)	01:17:43	88		
98	750	CZERWIŃSKI MICHAŁ	GNIEZNO		POL	1989	M30	38	09:05:36	00:09:03 (125)	00:02:56	00:40:17 (92)	00:01:41	00:23:53 (125)	01:17:50	89		
99	520	WALCZAK JAKUB	KALISZ	ZDUN TRIATHLON TEAM	POL	2004	M16	8	09:01:16	00:07:41 (45)	00:03:25	00:41:39 (120)	00:01:46	00:23:20 (113)	01:17:51	90		
100	612	MARCINKOWSKA ELIZA	STARGARD	19781978	POL	1978	K40	2	09:02:52	00:08:11 (70)	00:03:09	00:41:53 (123)	00:01:48	00:22:51 (97)	01:17:52		10	
101	698	BANASIAK BARTŁOMIEJ	WARSZAWA		POL	1991	M20	15	09:05:17	00:08:07 (66)	00:03:19	00:41:26 (116)	00:01:50	00:23:12 (111)	01:17:54	91		
102	605	MEIER PATRYK	KOŁO		POL	1991	M20	16	09:05:56	00:08:33 (99)	00:03:19	00:40:23 (97)	00:01:34	00:24:15 (127)	01:18:04	92		
103	522	WALCZAK GRZEGORZ	RUDA ŚLĄSKA	MIZOPOL	POL	1988	M30	39	09:01:58	00:07:26 (32)	00:03:15	00:39:27 (75)	00:01:42	00:26:17 (168)	01:18:07	93		
104	590	LESZCZYŃSKI MARIUSZ	INOWROCŁAW	SMASHING PĄPKINS	POL	1976	M40	24	09:03:38	00:08:30 (93)	00:03:43	00:38:32 (66)	00:02:09	00:25:22 (151)	01:18:16	94		
105	663	MAJECKI KAROL	WARSZAWA		POL	1990	M30	40	09:05:18	00:09:33 (151)	00:03:33	00:41:02 (109)	00:01:48	00:22:26 (87)	01:18:22	95		
106	728	KALITA KATARZYNA	STANOWICE	GLKS ŚWIDNICA	POL	1989	K30	5	09:04:55	00:08:36 (103)	00:02:43	00:40:59 (108)	00:01:13	00:24:57 (142)	01:18:28		11	
107	548	MAKOWSKI JAROSŁAW	KONIN		POL	1975	M40	25	09:05:32	00:08:50 (116)	00:03:14	00:40:45 (104)	00:01:24	00:24:15 (127)	01:18:28	96		
108	674	ALEKSANDRZAK FILIP	KALISZ	ZDUN TRIATHLON TEAM	POL	1979	M40	26	09:03:46	00:08:17 (76)	00:03:10	00:40:18 (94)	00:01:06	00:25:40 (156)	01:18:31	97		
109	679	DUBOWICZ MACIEJ	ŻYCHLIN	TRITON KONIN	POL	1993	M20	17	09:06:42	00:08:52 (119)	00:03:31	00:41:58 (125)	00:01:35	00:22:37 (94)	01:18:33	98		
110	695	PRZEPIEŚĆ KAMILA	WARSZAWA	BEKO TEAM	POL	1984	K30	6	09:01:03	00:07:45 (49)	00:02:43	00:42:26 (135)	00:01:12	00:24:30 (134)	01:18:36		12	
111	646	SIKORA MACIEJ	SOCHACZEW		POL	1994	M20	18	09:08:43	00:08:37 (104)	00:03:09	00:39:40 (80)	00:01:15	00:26:22 (172)	01:19:03	99		
112	576	JADCZAK JOANNA	WŁOCŁAWEK	WŁOCŁAWEK TRIATHLON TEAM	POL	1979	K40	3	09:03:41	00:08:23 (83)	00:03:05	00:40:21 (96)	00:01:31	00:25:51 (162)	01:19:11		13	
113	725	BEREZOWSKI SŁAWOMIR	OPOLE		POL	1967	M50	4	09:06:53	00:08:44 (112)	00:03:18	00:42:30 (138)	00:02:34	00:22:13 (82)	01:19:19	100		
114	745	WOJCIECHOWSKI ADAM	STARE MIASTO	TRITON KONIN	POL	1994	M20	19	09:06:16	00:10:09 (186)	00:02:44	00:41:58 (124)	00:01:21	00:23:12 (109)	01:19:24	101		
115	597	RATAJCZYK KRZYSZTOF	SŁUPCA		POL	1985	M30	41	09:01:28	00:09:42 (159)	00:03:54	00:38:52 (68)	00:01:59	00:25:10 (149)	01:19:37	102		
116	562	MAKOWICZ JÓZEF	ŻARY	SAINT-GOBAIN SQUAD	POL	1956	M60	1	09:04:06	00:08:45 (113)	00:04:21	00:40:56 (106)	00:01:50	00:23:50 (123)	01:19:42	103		
117	733	KUSTOSZ BARTŁOMIEJ	KĄTNA	SKU TEAM	POL	1977	M40	27	09:06:06	00:10:33 (195)	00:03:34	00:39:01 (70)	00:01:59	00:24:36 (139)	01:19:43	104		
118	772	WSZĘDYBYŁ DOROTA	KONINKO		POL	1986	K30	7	09:04:14	00:08:58 (123)	00:02:38	00:40:09 (90)	00:01:29	00:26:30 (176)	01:19:44		14	
119	583	KRUSZKA ŁUKASZ	BYDGOSZCZ		POL	1977	M40	28	09:03:33	00:09:29 (146)	00:03:26	00:43:18 (155)	00:02:09	00:21:24 (51)	01:19:46	105		
120	568	GALUS ŁUKASZ	TULCE		POL	1978	M40	29	09:06:21	00:09:39 (157)	00:03:57	00:42:32 (139)	00:01:42	00:22:03 (74)	01:19:53	106		
121	777	SIANOS KATARZYNA	PODLUBIEŃ	TRI AKTYWNY PIOTRKÓW	POL	1986	K30	8	09:00:01	00:07:22 (31)	00:02:59	00:43:39 (162)	00:01:31	00:24:23 (131)	01:19:54		15	
122	670	KACPRZAK TADEUSZ	KONSTANTYNÓW ŁÓDZKI		POL	1955	M60	2	09:02:28	00:09:34 (153)	00:04:04	00:39:20 (73)	00:01:10	00:25:52 (163)	01:20:00	107		
123	784	STANISZEWSKA JOANNA	GDAŃSK	SPORTEVO	POL	1986	K30	9	09:00:25	00:07:49 (53)	00:03:26	00:45:23 (184)	00:01:25	00:22:03 (74)	01:20:06		16	
124	618	WIECZOREK RAFAL	KALISZ	KASK JEST COOL KASK JEST COOL	POL	1978	M40	30	09:05:41	00:09:35 (155)	00:03:34	00:44:09 (171)	00:01:31	00:20:34 (38)	01:20:23	108		00:01:00
125	716	MANUSZAK PRZEMO	KLECZEW	1983	POL	1983	M30	42	09:04:12	00:12:04 (227)	00:03:09	00:41:29 (117)	00:01:26	00:22:29 (93)	01:20:37	109		
126	714	CZURYLO ZUZANNA	POZNAŃ	ŻEŃSKI KLUB BIEGACZA MATEO DAKINE POLSKA	POL	1996	K20	2	09:02:36	00:07:52 (55)	00:03:20	00:44:07 (169)	00:01:45	00:23:44 (120)	01:20:48		17	
127	601	CABAJ MARTYNA	BYDGOSZCZ		POL	1995	K20	3	09:02:02	00:07:47 (51)	00:03:26	00:42:46 (142)	00:01:40	00:25:10 (148)	01:20:49		18	
128	682	BUSZ ROBERT	KONIN		POL	1987	M30	43	09:06:53	00:09:53 (171)	00:04:45	00:41:39 (119)	00:01:11	00:23:27 (115)	01:20:55	110		
129	653	KWIATKOWSKI ŁUKASZ	NOWE DĄBIE	PULS TRI TEAM	POL	1992	M20	20	09:06:01	00:10:44 (201)	00:03:02	00:41:25 (115)	00:01:47	00:23:11 (108)	01:21:09	111		00:01:00
130	742	MILEWSKI BENEDYKT	GRĄZAWY		POL	1966	M50	5	09:08:29	00:10:16 (188)	00:03:34	00:42:32 (139)	00:01:59	00:22:56 (98)	01:21:17	112		
131	524	KRĄŻYŃSKI WIKTOR	KALISZ		POL	2003	M16	9	09:04:54	00:09:20 (140)	00:03:37	00:45:09 (182)	00:02:34	00:20:40 (40)	01:21:20	113		
132	596	PERZYŃSKI WOJCIECH	KONIN		POL	1965	M50	6	09:00:01	00:09:10 (134)	00:03:26	00:40:58 (107)	00:01:36	00:26:27 (174)	01:21:37	114		
133	573	MROZIK MICHAŁ	WARSZAWA	POWER TRAINING	POL	1987	M30	44	09:05:28	00:09:53 (171)	00:04:15	00:42:50 (144)	00:01:48	00:23:12 (109)	01:21:58	115		
134	563	OŻGO KAJA	PIASECZNO		POL	1988	K30	10	09:07:35	00:09:14 (136)	00:03:13	00:42:38 (141)	00:02:02	00:25:01 (144)	01:22:08		19	
135	635	LATOS PRZEMEK	KONIN	KOMUNAL PARTNER	POL	1999	M20	21	09:08:58	00:14:15 (231)	00:04:20	00:41:50 (122)	00:01:02	00:20:48 (43)	01:22:15	116		
136	620	BORCOWSKI JANUSZ	GDYNIA	BIKE U UP / PRZYCHODNIA WETERYNARYJNA	POL	1965	M50	7	09:01:33	00:08:38 (106)	00:03:57	00:40:40 (102)	00:01:44	00:27:35 (190)	01:22:34	117		
137	530	WOJKOWIAK RENATA	POZNAŃ	PIĄTKOWO NA BIEGOWO PIĄTKOWO NA BIEGOWO	POL	1974	K40	4	09:08:51	00:11:41 (220)	00:04:01	00:43:15 (153)	00:01:28	00:22:12 (81)	01:22:37		20	
138	678	GRUSZKA KATARZYNA	POZNAŃ		POL	1987	K30	11	09:04:28	00:09:57 (174)	00:02:45	00:41:21 (114)	00:01:47	00:26:50 (180)	01:22:40		21	
139	584	MIERNIK EWELINA	KONIN	TRITON KONIN	POL	1989	K30	12	09:07:09	00:11:19 (213)	00:03:57	00:40:43 (103)	00:01:36	00:25:06 (146)	01:22:41		22	
140	771	KOWALCZYK ALEKSANDRA	DĘBÓWIEC	GTT DIAMENT GNIEZNO	POL	1965	K50	1	09:01:00	00:10:03 (180)	00:03:11	00:44:14 (173)	00:01:57	00:23:18 (112)	01:22:43		23	
141	717	GRUSZKA MIKOŁAJ	SIEMIANOWICE ŚLĄSKIE		POL	2003	M16	10	09:08:09	00:09:44 (162)	00:03:47	00:40:39 (101)	00:02:14	00:26:20 (171)	01:22:44	118		

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Miejscowość: Ślesin



SPONSORZY STRATEGICZNI



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
142	632	WESOŁY MACIEJ	KOŁO	KOŁO BIEGA VILLARO	POL	1981	M30	45	09:04:35	00:09:04 (126)	00:03:56	00:43:04 (148)	00:01:06	00:25:36 (154)	01:22:46	119		
143	783	BRZEZIŃSKI WOJCIECH	POZNAŃ		POL	1987	M30	46	09:03:42	00:08:57 (122)	00:02:48	00:46:02 (193)	00:01:51	00:23:09 (105)	01:22:47	120		
144	656	GRUDNIEWSKI PATRYK	OLEŚNICA		POL	1983	M30	47	09:06:07	00:07:57 (60)	00:03:52	00:43:22 (156)	00:01:59	00:25:43 (157)	01:22:53	121		
145	504	BRULIŃSKA MONIKA	PŁOCK	KOBIETARAKIETA	POL	1976	K40	5	09:03:55	00:10:36 (196)	00:03:38	00:43:06 (150)	00:02:00	00:23:33 (118)	01:22:53		24	
146	739	SIWY MATEUSZ	MIKOŁÓW		POL	2001	M18	3	09:00:36	00:08:06 (64)	00:04:25	00:43:58 (165)	00:02:39	00:23:48 (122)	01:22:56	122		
147	506	GALANT WALDEMAR	ŁĘCZYCA		POL	1977	M40	31	09:03:28	00:08:41 (110)	00:03:37	00:43:58 (165)	00:01:21	00:25:24 (152)	01:23:01	123		
148	603	RYTA ARKADIUSZ	POZNAŃ	TRITON KONIN	POL	1995	M20	22	09:02:15	00:08:09 (69)	00:03:18	00:44:08 (170)	00:01:58	00:25:30 (153)	01:23:03	124		
149	633	WIECZORKIEWICZ MAKSYMILIAN	KONIN		POL	1992	M20	23	09:05:51	00:08:35 (101)	00:04:34	00:42:10 (132)	00:01:03	00:26:13 (167)	01:23:35	125		00:01:00
150	708	MELON PIOTR	WARSZAWA		POL	1996	M20	24	09:05:46	00:08:29 (91)	00:03:34	00:43:06 (151)	00:01:53	00:26:33 (177)	01:23:35	126		
151	513	KOSUDA PAWEŁ	CIECHANÓW	CROSS TRENING MAZOVIA CIECHANÓW	POL	1977	M40	32	09:03:23	00:10:54 (203)	00:03:48	00:43:30 (158)	00:01:46	00:23:46 (121)	01:23:44	127		
152	669	SZYMAŃSKI DARIUSZ	KLECZEW	KLUB SPORTOWY SOKÓŁ KLECZEW	POL	1967	M50	8	09:04:24	00:10:39 (199)	00:03:46	00:41:37 (118)	00:01:42	00:26:08 (166)	01:23:52	128		
153	710	GRYGIEL MICHAŁ	ŚLESIN		POL	1999	M20	25	09:07:10	00:09:13 (135)	00:03:36	00:44:44 (179)	00:01:52	00:24:31 (136)	01:23:56	129		
154	709	JANKOWSKI MAREK	POZNAŃ	LIPTON LIPTON	POL	1982	M30	48	09:01:33	00:08:40 (108)	00:03:45	00:47:44 (205)	00:01:43	00:22:11 (79)	01:24:03	130		
155	651	WITCZAK DARIUSZ	KRAPLEWICE	BIEGAM BY JEŚĆ CIASTKA	POL	1971	M40	33	09:02:48	00:09:49 (167)	00:04:14	00:43:59 (168)	00:01:48	00:24:21 (130)	01:24:11	131		
156	701	PROKOP ŁUKASZ	WARSZAWA	KUŹNIA TRIATHLONU ACCENTURE	POL	1991	M20	26	09:05:27	00:08:23 (83)	00:03:56	00:43:06 (151)	00:01:41	00:27:16 (186)	01:24:22	132		
157	696	DYMEK STANISŁAW	PŁOCK	PTT DELTA ORLEN KOLTRANS	POL	1954	M60	3	09:06:47	00:09:23 (143)	00:04:56	00:42:08 (130)	00:02:10	00:25:46 (158)	01:24:23	133		
158	652	SINKIEWICZ BEATA	LASKOWICE		POL	1993	K20	4	09:02:48	00:08:14 (74)	00:04:22	00:45:25 (185)	00:01:48	00:24:37 (140)	01:24:26		25	
159	767	PIECZYŃSKI BARTŁOMIEJ	POZNAŃ	UAM TRIATHLON POZNAŃ	POL	1984	M30	49	09:02:07	00:08:12 (71)	00:03:27	00:39:47 (81)	00:01:56	00:31:23 (213)	01:24:45	134		
160	527	GRUBA JACEK	BRZOZA	TRIATHLON BRZOZA NIEZRZESZONY	POL	1960	M60	4	09:06:31	00:10:01 (178)	00:04:00	00:42:57 (145)	00:01:22	00:26:29 (175)	01:24:49	135		
161	643	STYBANIEWICZ KRZYSZTOF	GORZYCE WIELKIE		POL	1979	M40	34	09:06:36	00:09:09 (133)	00:04:33	00:43:24 (157)	00:01:51	00:26:00 (165)	01:24:57	136		
162	666	URBAŃSKA-BŁASZCZYK ANNA	OTWOCK	KUŹNIA TRIATHLONU	POL	1985	K30	13	09:07:54	00:08:25 (88)	00:04:07	00:44:09 (172)	00:02:23	00:26:17 (168)	01:25:21		26	
163	529	JANIK PIOTR	ŁÓDŹ	TEATR GWIAZDA TEAM	POL	1976	M40	35	09:06:48	00:08:20 (78)	00:04:02	00:42:24 (134)	00:02:13	00:27:24 (189)	01:25:23	137		00:01:00
164	688	SIÓDEMAK MARCIN	WARSZAWA		POL	1974	M40	36	09:04:21	00:10:37 (198)	00:04:22	00:45:33 (187)	00:01:21	00:23:32 (117)	01:25:25	138		
165	619	WOJCIECHOWSKI DOMINIK	KOSCIELNA WIES	MAGIC PLAY	POL	1980	M40	37	09:01:08	00:09:21 (141)	00:03:26	00:44:52 (180)	00:01:56	00:25:56 (164)	01:25:31	139		
166	779	BRYZGAŁSKA JOANNA	POŚADA		POL	1985	K30	14	09:04:12	00:09:46 (166)	00:03:04	00:45:49 (192)	00:01:18	00:25:50 (161)	01:25:47		27	
167	638	FELKEL EWA	POZNAŃ	PNB MORSY	POL	1973	K40	6	09:08:18	00:09:25 (144)	00:03:25	00:45:34 (188)	00:01:16	00:26:44 (179)	01:26:24		28	
168	607	WRÓBLEWSKI ARTUR	DUCHNICE		POL	1975	M40	38	09:07:26	00:09:35 (154)	00:04:38	00:43:17 (154)	00:01:37	00:27:18 (188)	01:26:25	140		
169	655	PANTER MARCIN	WARSZAWA	KUŹNIA TRIATHLONU	POL	1980	M40	39	09:05:08	00:10:36 (197)	00:03:46	00:42:06 (128)	00:02:13	00:27:44 (191)	01:26:25	141		
170	538	BETCHER PATRYK	PIASTÓW		POL	1986	M30	50	09:02:28	00:09:39 (157)	00:03:59	00:42:27 (136)	00:01:53	00:28:29 (196)	01:26:27	142		
171	537	KRZOS TOMASZ	BIELAWY	AT OŚWIETLENIE	POL	1973	M40	40	09:07:40	00:09:59 (177)	00:03:59	00:45:09 (182)	00:02:11	00:25:09 (147)	01:26:27	143		
172	593	JANAS-KULBIEJ KATARZYNA	ŚLESIN	KOCHAM ADASIA!	POL	1991	K20	5	09:05:04	00:09:28 (145)	00:03:47	00:43:35 (160)	00:02:46	00:26:57 (181)	01:26:33		29	
173	704	FULCZYK AGNIESZKA	KOZIEGŁOWY		POL	1980	K40	7	09:04:29	00:09:50 (169)	00:04:01	00:46:20 (194)	00:02:07	00:24:26 (133)	01:26:44		30	
174	589	OLCZAK ROBERT	BRUDZEW		POL	1973	M40	41	09:07:26	00:09:18 (139)	00:04:14	00:40:39 (100)	00:01:57	00:30:56 (211)	01:27:04	144		
175	543	WIZA ARTUR	WARSZAWA	ASSECO ACTIVE TEAM	POL	1971	M40	42	09:03:23	00:09:22 (142)	00:03:36	00:42:05 (127)	00:02:08	00:30:02 (206)	01:27:13	145		
176	694	SŁONIEWICZ ADRIANNA	KOŁO		POL	1985	K30	15	09:07:59	00:11:04 (208)	00:03:20	00:46:37 (197)	00:01:45	00:24:32 (137)	01:27:18		31	
177	539	OLEJNIK PIOTREK	OSTRÓW WIELKOPOLSKI		POL	1977	M40	43	09:04:33	00:11:21 (215)	00:07:08	00:42:28 (137)	00:02:12	00:24:17 (129)	01:27:26	146		
178	729	PAWLAK KAATARZYNA	ŚWIDNICA	ŻELAZNA ŚWIDNICA	POL	1976	K40	8	09:04:50	00:09:57 (174)	00:04:06	00:46:39 (198)	00:01:50	00:25:00 (143)	01:27:32		32	
179	560	KEGEL ZBIGNIEW	POZNAŃ	PNB MORSY	POL	1962	M50	9	09:08:23	00:08:48 (115)	00:04:24	00:43:49 (163)	00:01:25	00:29:11 (199)	01:27:37	147		
180	673	KOZIBRODA MARCIN	SZCZECINEK	TEAM BIEGOWY SZCZECINEK	POL	1976	M40	44	09:07:20	00:11:15 (212)	00:05:38	00:42:20 (133)	00:02:42	00:25:47 (159)	01:27:42	148		
181	672	TYLUŚ SYLWIA	SZCZECINEK	TEAM BIEGOWY SZCZECINEK	POL	1979	K40	9	09:07:20	00:11:30 (218)	00:05:23	00:43:05 (149)	00:01:57	00:25:47 (159)	01:27:42		33	
182	556	LIPINSKI ZBIGNIEW	POZNAŃ		POL	1979	M40	45	09:06:26	00:10:58 (207)	00:04:13	00:45:27 (186)	00:02:31	00:24:34 (138)	01:27:43	149		
183	644	ZIĘBA HUBERT	KOŁO		POL	1987	M30	51	09:08:04	00:09:55 (173)	00:04:36	00:50:02 (219)	00:01:20	00:22:03 (74)	01:27:56	150		
184	623	GORZKOWSKA KRYSZYNA	POZNAŃ	PRO366	POL	1991	K20	6	09:07:30	00:09:37 (156)	00:03:27	00:44:31 (178)	00:01:37	00:28:49 (197)	01:28:01		34	
185	621	JĘCZ MARIUSZ	KRAMSK		POL	1982	M30	52	09:07:49	00:11:45 (221)	00:04:07	00:43:03 (147)	00:02:26	00:26:42 (178)	01:28:03	151		
186	528	MARCINEK ANDRZEJ	ŚRÓDA ŚL.	50UPAT	POL	1958	M60	5	09:07:54	00:10:03 (180)	00:04:41	00:45:08 (181)	00:03:15	00:25:13 (150)	01:28:20	152		
187	569	MACHNICKA ADRIANNA	GOLIŃCZEWO	LOCA PEOPLE	POL	1992	K20	7	09:08:56	00:11:53 (225)	00:03:25	00:46:50 (199)	00:01:36	00:24:56 (141)	01:28:40		35	
188	764	HRYNKIEWICZ-SUDNIK WANESA	ELBLĄG		POL	2004	K16	2	09:05:03	00:09:30 (148)	00:03:28	00:46:56 (201)	00:01:42	00:27:17 (187)	01:28:53		36	

GARMIN IRON TRIATHLON ŚLESIN 2020

Organizator: Urząd Miasta i Gminy Ślesin; LABOSPORT Polska sp.z.o.o.

Data: 15.08.2020

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Ślesin



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
189	773	SZALA RAFAŁ	WARSZAWA		POL	1993	M20	27	09:06:11	00:09:44 (163)	00:04:35	00:44:28 (176)	00:01:59	00:28:10 (194)	01:28:56	153		
190	628	PLUCHRAT MACIEJ	POWIERCIE		POL	1980	M40	46	09:03:46	00:10:57 (206)	00:04:16	00:45:48 (191)	00:01:34	00:26:25 (173)	01:29:00	154		
191	521	WOJCIECHOWSKI PAWEŁ	KALISZ	AWIR KALISZ	POL	1979	M40	47	09:03:20	00:11:28 (217)	00:04:27	00:42:07 (129)	00:02:17	00:27:57 (193)	01:29:16	155		00:01:00
192	609	STASIOWSKA AGATA	WARSZAWA	TRIMALINY	POL	1987	K30	16	09:07:15	00:09:33 (151)	00:03:50	00:43:58 (165)	00:01:59	00:29:59 (205)	01:29:19		37	
193	514	GORAŁ MICHAŁ	LUBLIN	AZS UMCS LUBLIN	POL	1971	M40	48	09:09:19	00:13:29 (230)	00:04:17	00:46:28 (196)	00:02:10	00:23:06 (101)	01:29:30	156		
194	780	KOPCZYNSKI WALDEMAR	PUSZCZYKOWO		POL	1958	M60	6	09:06:58	00:10:08 (185)	00:03:41	00:43:30 (158)	00:02:52	00:29:43 (204)	01:29:54	157		
195	774	ANIELAK PAULINA	WARSZAWA		POL	1993	K20	8	09:06:11	00:10:19 (190)	00:04:00	00:44:29 (177)	00:01:58	00:28:10 (194)	01:29:56		38	00:01:00
196	630	KWIATKOWSKA ANIA	STARE MIASTO	TRITON KONIN	POL	1989	K30	17	09:07:16	00:11:48 (224)	00:04:40	00:43:37 (161)	00:02:55	00:27:13 (184)	01:30:13		39	
197	648	SOŁTYSIAK BARTŁOMIEJ	WROCŁAW		POL	1993	M20	28	09:04:16	00:09:32 (150)	00:05:04	00:46:53 (200)	00:02:29	00:26:19 (170)	01:30:17	158		
198	738	SZUMIŃSKI PAWEŁ	ALEKSANDRÓW ŁÓDZKI		POL	1972	M40	49	09:06:01	00:09:42 (159)	00:04:08	00:47:15 (203)	00:02:21	00:26:58 (182)	01:30:24	159		
199	588	SOWA ANETA	UNIEJÓW	CELIRONMAN UZDROWISKO TERMALNE UNIEJÓW	POL	1971	K40	10	09:02:20	00:09:17 (138)	00:03:31	00:48:28 (212)	00:01:59	00:27:13 (184)	01:30:28		40	
200	727	CHENCZKE DOMINIK	KOŹMIŃEK	KMK	POL	1979	M40	50	09:08:50	00:10:28 (191)	00:04:28	00:43:50 (164)	00:03:13	00:29:18 (201)	01:31:17	160		
201	535	UCIECHOWSKI SŁAWOMIR	MALBORK		POL	1964	M50	10	09:06:41	00:10:18 (189)	00:04:35	00:46:26 (195)	00:02:41	00:29:04 (198)	01:33:04	161		
202	752	WALCZAK OLAF	ELBLĄG	GRONOWO GÓF MKS TRUSO ELBLĄG TRIATHLON	POL	2003	M16	11	09:01:34	00:08:21 (80)	00:02:52	00:47:13 (202)	00:01:36	00:33:05 (220)	01:33:07	162		
203	519	STEMPOROWSKI PAWEŁ	INOWROCŁAW		POL	2002	M18	4	09:05:36	00:07:02 (16)	00:03:19	00:48:21 (209)	00:02:03	00:32:38 (218)	01:33:23	163		
204	782	GŁOWACKA MONIKA	ŁÓDŹ		POL	1973	K40	11	09:04:01	00:10:02 (179)	00:04:34	00:50:15 (221)	00:01:45	00:26:59 (183)	01:33:35		41	
205	762	WCISLEK MATEUSZ	KALISZ	ZDUN TRIATHLON TEAM	POL	1981	M30	53	09:05:41	00:10:13 (187)	00:04:10	00:47:59 (207)	00:01:17	00:30:18 (207)	01:33:57	164		
206	631	BORKOWSKI ADAM	KONIN	SAMURAJ KONIN	POL	1983	M30	54	09:04:44	00:09:16 (137)	00:04:02	00:43:00 (146)	00:01:50	00:35:57 (225)	01:34:05	165		
207	645	PIĘTOWSKI GRZEGORZ	PIASTÓW		POL	1966	M50	11	09:07:44	00:11:26 (116)	00:04:33	00:44:16 (174)	00:02:24	00:33:53 (216)	01:34:32	166		
208	578	SIWY ALEKSANDRA	MIKOŁÓW		POL	2006	K14	1	09:02:02	00:10:03 (182)	00:03:48	00:48:24 (211)	00:01:32	00:30:55 (210)	01:34:42		42	
209	639	KOWALCZYK ARAK	WARSZAWA		POL	1971	M40	51	09:06:25	00:11:45 (221)	00:05:07	00:47:55 (206)	00:02:06	00:27:53 (192)	01:34:46	167		
210	511	KOWALIK MARCEL	ZAWIERCIE	DRUŻYNA GRUBEGO MISIA	POL	2004	M16	12	09:03:20	00:07:56 (59)	00:04:06	00:58:31 (227)	00:01:22	00:23:29 (116)	01:35:24	168		
211	579	WNUK MATEUSZ	POZNAŃ	PĘDZĄCE LENIWCE	POL	1983	M30	55	09:06:31	00:11:37 (219)	00:03:52	00:45:47 (190)	00:01:51	00:32:19 (217)	01:35:26	169		
212	671	GÓRCEKA SYLWIA	WARSZAWA	KUŹNIA TRIATHLONU	POL	1974	K40	12	09:05:08	00:10:43 (200)	00:03:25	00:49:58 (218)	00:02:04	00:29:17 (200)	01:35:27		43	
213	705	GIZELSKA AGNIESZKA	POZNAŃ	PIĄTKOWO NA BIEGOWO PIĄTKOWO NA BIEGOWO	POL	1971	K40	13	09:08:14	00:11:11 (211)	00:04:14	00:49:05 (215)			01:35:34		44	
214	660	ZIĘBA KATARZYNA	KOŁO		POL	1987	K30	18	09:08:04	00:09:57 (174)	00:04:35	00:50:04 (220)	00:01:43	00:29:35 (203)	01:35:54		45	
215	659	STEFANIAK TOMISŁAW	POZNAŃ	ARENA RUCHU MONIKA STEFANIAK ARENA RUCHU N	POL	1961	M50	12	09:08:24	00:10:07 (183)	00:04:25	00:48:21 (210)	00:03:10	00:30:31 (208)	01:36:34	170		
216	555	GIZELSKI PIOTR	POZNAŃ	PNB MORSY POZNAŃ STREFA SMAKU PIOTR GIZELSK	POL	1969	M50	13	09:08:13	00:08:59 (124)	00:04:46	00:45:36 (189)	00:01:56	00:35:24 (224)	01:36:41	171		
217	608	JAGAS AGNIESZKA	GRABINA	HTF LUDWIK SIKORSKI	POL	1974	K40	14	09:04:02	00:10:07 (184)	00:04:09	00:49:16 (216)	00:02:41	00:30:45 (209)	01:36:58		46	
218	667	GASZA RADEK	KONSTANCIN JEZIORNA		POL	1970	M50	14	09:08:30	00:12:01 (226)	00:05:03	00:48:09 (208)	00:01:20	00:31:00 (212)	01:37:33	172		
219	586	GAŚSIOROWSKI GRZEGORZ	OSTRÓW WIELKOPOLSKI		POL	1976	M40	52	09:04:39	00:12:49 (229)	00:04:35	00:47:41 (204)	00:02:18	00:31:52 (215)	01:39:15	173		
220	581	SKIERKOWSKI MARCEL	BRZEŚĆ KUJAWSKI		POL	1989	M30	56	09:09:10	00:09:49 (167)	00:05:17	00:49:32 (217)	00:02:09	00:32:51 (219)	01:39:38	174		
221	735	TABOR ALEKSANDER	WROCŁAW		POL	1996	M20	29	09:08:44	00:12:32 (228)	00:03:16	00:58:36 (228)	00:01:29	00:25:36 (154)	01:41:29	175		
222	743	OWCZAREK WIKTORIA	PABIANICE		POL	2004	K16	3	09:02:52	00:09:42 (159)	00:04:29	00:52:21 (223)	00:02:27	00:33:53 (223)	01:42:52		47	
223	580	JANICKI ROBERT	ŚLESIN		POL	1976	M40	53	09:03:27	00:11:10 (210)	00:04:52	00:53:56 (225)	00:01:31	00:31:48 (214)	01:43:17	176		
224	662	SKRZYPNIAK ANNA	OSTRÓW WIELKOPOLSKI		POL	1994	K20	9	09:07:48	00:10:29 (192)	00:03:56	00:58:47 (229)	00:01:26	00:29:34 (202)	01:44:12		48	
225	624	TKACZYK GOSIA	WARSZAWA		POL	1994	K20	10	09:09:03	00:10:55 (205)	00:04:48	00:48:41 (214)	00:01:38	00:38:14 (229)	01:44:16		49	
226	551	BALKIEWICZ KATARZYNA	WARSZAWA		POL	1989	K30	19	09:02:44	00:09:29 (146)	00:04:37	00:50:54 (222)	00:03:20	00:37:16 (227)	01:45:36		50	
227	720	PRZĄDKA WŁODZIMIERZ	WARSZAWA		POL	1976	M40	54	09:06:58	00:10:31 (193)	00:04:58	00:48:35 (213)	00:02:04	00:40:41 (230)	01:46:49	177		
228	654	KONARCZAK KACPER	ŁÓDŹ	CERI INTERNATIONAL	POL	1991	M20	30	09:09:11	00:11:07 (209)	00:05:45	00:56:33 (226)	00:01:58	00:33:18 (221)	01:48:41	178		
229	611	TKACZYK ZENON	GÓRA KALWARIA		POL	1957	M60	7	09:09:03	00:11:20 (214)	00:05:13	00:52:31 (224)	00:02:02	00:37:37 (228)	01:48:43	179		
230	534	STAJER MALGORZATA	LESZNO		POL	1971	K40	15	09:08:18	00:11:45 (221)	00:05:05	00:59:31 (230)	00:03:05	00:36:37 (226)	01:56:03		51	
231	570	ŻUREK TOMASZ	RAWICZ		POL	1997	M20	31	09:08:37	00:09:45 (164)	00:07:08	01:04:32 (231)	00:01:24	00:33:42 (222)	01:56:31	180		