

Garmin Iron Triathlon Skierniewice 1/8 IM

Organizator: LABOSPORT Polska s.c.

Data: 4 lipca 2021

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Skierniewice



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
1	394	KORULCZYK RAFAŁ	BALTÓW	TRI AMO	POL	1981	M40	1	09:15:16	00:07:41 (22)	00:01:44	00:33:24 (1)	00:01:08	00:20:21 (7)	01:04:18	1		
2	265	KOWALCZYK PIOTR	WARSZAWA	KAZIKI	POL	1981	M40	2	09:15:19	00:07:51 (26)	00:01:57	00:35:04 (5)	00:01:07	00:19:12 (1)	01:05:11	2		
3	383	OSTRASZ BARTEK	WROCŁAW	GVT	POL	1980	M40	3	09:15:55	00:06:34 (3)	00:01:50	00:35:05 (6)	00:01:23	00:20:59 (15)	01:05:51	3		
4	387	PYSZKA-BAZAN ALICJA	TYCHY	LABOSPORT TEAM	POL	1993	K20	1	09:15:06	00:06:32 (2)	00:02:03	00:35:50 (12)	00:01:32	00:20:38 (10)	01:06:35		1	
5	384	DEBERT JAREK	WARSZAWA	TRINERGY TEAM	POL	1980	M40	4	09:15:21	00:08:34 (48)	00:01:51	00:34:31 (3)	00:01:07	00:20:48 (12)	01:06:51	4		
6	314	OSMOND GLEN	WARSZAWA	TRINERGY TEAM	POL	1971	M50	1	09:15:55	00:07:37 (19)	00:01:38	00:35:02 (4)	00:01:11	00:21:26 (18)	01:06:54	5		
7	392	LEDUCHOWSKI JAKUB	WARSZAWA		POL	1986	M30	1	09:15:59	00:07:38 (20)	00:02:02	00:35:13 (8)	00:01:18	00:20:50 (13)	01:07:01	6		
8	363	PASZKIEWICZ MARCIN	SANDOMIERZ	IM INSPIRATION	POL	1994	M20	1	09:15:13	00:06:19 (1)	00:01:49	00:37:38 (29)	00:01:15	00:20:07 (6)	01:07:08	7		
9	269	TRĘBACZ PIOTR	RAWA MAZOWIECKA		POL	1993	M20	2	09:17:00	00:10:04 (101)	00:02:09	00:33:35 (2)	00:01:24	00:20:02 (4)	01:07:14	8		
10	409	SZYMCZAK DAMIAN	GDAŃSK	CTS	POL	1987	M30	2	09:16:45	00:08:59 (58)	00:01:58	00:35:05 (6)	00:01:17	00:20:04 (5)	01:07:23	9		
11	403	STĘPIEŃ BARTŁOMIEJ	PRUSZKÓW	WANIEWSKI COACHING ABSOLUTE BIKES TEAM	POL	1984	M30	3	09:15:19	00:07:28 (15)	00:02:00	00:36:22 (17)	00:01:21	00:20:29 (8)	01:07:40	10		
12	418	BACHMAN MARCIN	WARSZAWA	VEGAN WAVE	POL	1974	M40	5	09:15:09	00:06:54 (4)	00:02:24	00:36:31 (21)	00:01:18	00:20:46 (11)	01:07:53	11		
13	420	SULIK KONRAD	OSTROWIEC SW	TRI AMO	POL	1978	M40	6	09:15:40	00:07:46 (25)	00:02:01	00:36:56 (24)	00:01:35	00:19:56 (2)	01:08:14	12		
14	298	QUINTANA GUILLERMO	WARSZAWA	TRISPU	ESP	1985	M30	4	09:16:35	00:06:59 (5)	00:01:47	00:38:39 (35)	00:00:54	00:19:59 (3)	01:08:18	13		
15	302	MAŚLANKO MACIEJ	BRZEZINY	GRA-LECH S.C - NAMIOTY	POL	1992	M20	3	09:15:21	00:07:24 (12)	00:02:09	00:36:13 (15)	00:01:06	00:21:34 (20)	01:08:26	14		
16	393	TOMICZKI TOMASZ	WARSZAWA	MBC TEAM	POL	1992	M20	4	09:15:16	00:07:26 (14)	00:02:13	00:36:40 (23)	00:01:19	00:20:55 (14)	01:08:33	15		
17	374	KOSMALA MICHAŁ	MIEDZIANA GÓRA	LABOSPORT TEAM SUNWARD POLSKA	POL	1977	M40	7	09:16:08	00:08:06 (32)	00:02:18	00:35:39 (10)	00:01:21	00:21:33 (19)	01:08:57	16		
18	360	LATA MICHAŁ	KLINISKA WIELKIE	KS IRONMAN CS POLSKA	POL	2003	M18	1	09:15:13	00:07:07 (6)					01:09:19	17		
19	270	IGNATOWICZ ANDRZEJ	WARSZAWA	TARCHOMIN TRIATHLON TEAM/TEAM KARAŚ	POL	1974	M40	8	09:15:31	00:07:36 (18)	00:01:52	00:37:30 (27)	00:01:27	00:21:39 (21)	01:10:04	18		
20	425	PAŹ MICHAŁ	WARSZAWA	NEON TEAM	POL	1978	M40	9	09:16:42	00:07:52 (27)	00:02:10	00:35:28 (9)	00:01:38	00:23:11 (43)	01:10:19	19		
21	330	KOŁODKO JULIUSZ	BIAŁYSTOK	NADAKTYWNI	POL	1979	M40	10	09:15:28	00:07:38 (21)	00:02:09	00:35:50 (12)	00:01:57	00:22:54 (37)	01:10:28	20		
22	281	TUPALSKI TOMASZ	BIAŁYSTOK		POL	1980	M40	11	09:16:25	00:08:48 (52)	00:01:54	00:36:36 (22)	00:01:06	00:22:13 (26)	01:10:37	21		
23	388	MAJCZAK MATEUSZ	PŁOCK	PŁOCKI KLUB KOLARSKI	POL	1997	M20	5	09:15:25	00:08:19 (39)	00:02:38	00:36:09 (14)	00:01:31	00:22:02 (22)	01:10:39	22		
24	376	KORNES JANUSZ	SOSNOWIEC	TRIATHLON DĄBROWA GÓRNICZA	POL	1970	M50	2	09:15:05	00:07:19 (9)	00:01:59	00:37:13 (25)	00:01:17	00:23:14 (46)	01:11:02	23		
25	313	BEDNARSKI MICHAŁ	ROŚANÓW	BEDNARSKI TRI TEAM	POL	1978	M40	12	09:15:24	00:07:33 (16)	00:01:52	00:36:29 (20)	00:01:23	00:24:27 (69)	01:11:44	24		
26	364	WOJDAS SŁAWOMIR	SOCHACZEW		POL	1990	M30	5	09:15:09	00:07:23 (11)	00:01:33	00:38:32 (32)	00:01:20	00:22:57 (39)	01:11:45	25		
27	297	SYGUŁA MATEUSZ	WARSZAWA	KOLARSKI.EU TEAM KOLARSKI.EU TEAM	POL	1979	M40	13	09:15:34	00:10:23 (110)	00:01:45	00:37:29 (26)	00:01:10	00:21:12 (16)	01:11:59	26		
28	400	ŚWIDERSKI KONRAD	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1972	M40	14	09:15:37	00:08:17 (38)	00:02:50	00:36:22 (18)	00:01:45	00:22:46 (33)	01:12:00	27		
29	326	REMISIEWICZ LUKASZ	WARSZAWA	#DAWAJKALACH TEAM	POL	1982	M30	6	09:15:16	00:07:45 (24)	00:02:00	00:39:01 (40)	00:01:19	00:22:08 (24)	01:12:13	28		
30	406	RURAK FILIP	WARSZAWA		POL	1998	M20	6	09:15:46	00:08:26 (41)	00:02:23	00:39:53 (49)	00:01:13	00:21:16 (17)	01:13:11	29		
31	369	JADCZAK MONIKA	KROTOSZYN	NATURAL EPO TEAM	POL	2001	K20	2	09:15:06	00:07:15 (7)	00:02:00	00:40:15 (53)	00:01:22	00:22:23 (29)	01:13:15		2	
32	258	CZARNECKI RAFAŁ	BRONISŁAWKA	FRIENDS TRI TEAM	POL	1992	M20	7	09:16:57	00:08:33 (46)	00:02:07	00:37:53 (30)	00:01:31	00:23:37 (55)	01:13:41	30		
33	368	ŚLEDZIŃSKI LESZEK	WARSZAWA	PRAWIE.PRO	POL	1987	M30	7	09:17:10	00:09:54 (90)	00:02:28	00:36:27 (19)	00:01:20	00:23:35 (54)	01:13:44	31		
34	325	GRODECKI PRZEMYSŁAW	PABIANICE	SNS FOOD TRI TEAM PRZEMYSŁAW GRODECKI	POL	1968	M50	3	09:17:35	00:08:04 (31)	00:02:22	00:37:36 (28)	00:02:26	00:23:33 (53)	01:14:01	32		
35	318	STAWARZ KRZYSZTOF	KRAKÓW	BRZYSKI TRI TEAM STALKWAS	POL	1981	M40	15	09:15:22	00:07:33 (16)	00:03:21	00:38:56 (38)	00:01:19	00:22:55 (38)	01:14:04	33		
36	252	FORDOŃSKI MAREK	ZĄBKI	TRIZARZA	POL	1974	M40	16	09:17:49	00:08:48 (53)	00:02:25	00:38:43 (36)	00:01:28	00:22:40 (32)	01:14:04	34		
37	312	KOSECKI KONRAD	ZĄBKI	TRICLUB	POL	1981	M40	17	09:15:50	00:08:15 (36)	00:02:18	00:38:23 (31)	00:01:32	00:23:57 (59)	01:14:25	35		
38	288	SOBOTA KRZYSZTOF	JABŁONNA	BRAVEHEARTS LEGIONOWO	POL	1987	M30	8	09:15:46	00:08:00 (29)	00:02:45	00:39:19 (42)	00:01:28	00:23:07 (41)	01:14:39	36		
39	412	KOPEĆ MARCIN	ŁÓDŹ	CELIRONMAN	POL	1978	M40	18	09:15:44	00:09:16 (67)	00:02:26	00:38:49 (37)	00:01:13	00:22:59 (40)	01:14:43	37		
40	391	KINAS REMIGIUSZ	WARSZAWA	VAMOS RACING TEAM	POL	1972	M40	19	09:15:09	00:07:54 (28)	00:02:45	00:35:46 (11)	00:01:19	00:27:02 (105)	01:14:46	38		
41	397	KOSMATKA PAWEŁ	ŁÓDŹ		POL	1993	M20	8	09:17:21	00:08:52 (57)	00:02:06	00:39:50 (46)	00:01:16	00:22:51 (36)	01:14:55	39		
42	341	SKALIK WOJCIECH	WARSZAWA		POL	1988	M30	9	09:18:02	00:10:44 (124)	00:02:18	00:38:35 (33)	00:01:17	00:22:18 (27)	01:15:12	40		
43	379	STAROŃ ŁUKASZ	WARSZAWA - POLSKA	ORTOREH TEAM/NAJMOWICZ TRIATHLON	POL	1988	M30	10	09:15:47	00:07:24 (12)	00:02:41	00:41:26 (75)	00:01:23	00:22:19 (28)	01:15:13	41		
44	417	HRYCAJ KAROLINA	WARSZAWA		POL	2002	K18	1	09:15:31	00:07:22 (10)	00:01:59	00:42:28 (83)	00:01:24	00:22:05 (23)	01:15:18		3	
45	315	JAKUBIAK MACIEJ	DĘŁUGA KOŚCIELNA		POL	1989	M30	11	09:15:25	00:09:42 (81)	00:03:24			00:25:06 (76)	01:15:37	42		
46	404	WINIARCZYK JACEK	WARKA		POL	1971	M50	4	09:15:34	00:07:41 (23)	00:02:26	00:41:38 (76)	00:01:37	00:22:24 (30)	01:15:46	43		
47	398	CHŁYTEK MICHAŁ	WARSZAWA	TRIMASTERS	POL	1998	M20	9	09:16:49	00:09:43 (84)	00:02:08	00:39:45 (44)	00:01:24	00:22:50 (35)	01:15:50	44		

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Miejscowość: Skierniewice



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
48	423	JOPKIEWICZ KAROL	PIOTRKÓW TRYBUNALSKI		POL	1996	M20	10	09:16:12	00:10:41 (123)	00:02:53	00:36:18 (16)	00:01:51	00:24:12 (64)	01:15:55			45
49	332	GIERASIMIUK GRZEGORZ	WARSZAWA	TRIGGER TRIATHLON	POL	1984	M30	12	09:15:40	00:08:31 (44)	00:02:13	00:41:23 (73)	00:01:19	00:22:46 (33)	01:16:12			46
50	419	WOJTASZEWSKI ROBERT	RACIBÓRZ	TM IRON TEAM	POL	1982	M30	13	09:15:31	00:07:17 (8)	00:02:40	00:41:54 (80)	00:01:10	00:23:15 (47)	01:16:16			47
51	307	KWIATKOWSKI ALEKSANDER	ZABRZE		POL	1996	M20	11	09:16:19	00:08:02 (30)	00:02:39	00:40:39 (60)	00:01:46	00:23:12 (44)	01:16:18			48
52	338	ŻULEWSKI RADOSŁAW	ŁÓDŹ		POL	1987	M30	14	09:16:06	00:09:27 (70)	00:03:12	00:39:28 (43)	00:01:41	00:22:39 (31)	01:16:27			49
53	293	PRĘDOTA KRZYSZTOF	WARSZAWA	TARCHOMIN TRIATHLON TEAM	POL	1972	M40	20	09:16:56	00:10:57 (130)	00:01:58	00:39:53 (48)	00:01:38	00:22:10 (25)	01:16:36			50
54	289	PAJĄK PIOTR	BUSKO-ZDRÓJ		POL	2004	M16	1	09:15:53	00:08:09 (34)	00:02:52	00:38:58 (39)	00:03:16	00:23:28 (52)	01:16:43			51
55	395	KĘSIKOWSKA KATARZYNA	BYDGOSZCZ	KAZIKI	POL	1992	K20	3	09:15:28	00:08:35 (49)	00:02:12	00:41:06 (67)	00:01:38	00:23:24 (50)	01:16:55		4	
56	339	STRELTZOVA MARINA	MINSK	ALTIUS!	BLR	1991	K30	1	09:16:29	00:08:50 (56)	00:02:02	00:40:55 (64)	00:01:27	00:23:55 (58)	01:17:09		5	
57	366	GAMSKI MARCIN	OŻARÓW MAZOWIECKI		POL	1975	M40	21	09:17:17	00:09:01 (59)	00:03:10	00:38:35 (33)	00:01:55	00:24:41 (70)	01:17:22			52
58	267	POTOCZNY ROBERT	OLSZEWNICA STARA	TRIZARZA	POL	1980	M40	22	09:16:35	00:08:48 (53)	00:02:00	00:40:27 (56)	00:02:11	00:24:08 (61)	01:17:34			53
59	413	GÓRSKI ALBIN	NOWA SUCHA		POL	1985	M30	15	09:17:03	00:11:18 (136)	00:02:20	00:39:52 (47)	00:01:32	00:23:08 (42)	01:18:10			54
60	336	WOZNAK JACEK	RAWA MAZOWIECKA	IRONTEAM IRON TEAM	POL	1967	M50	5	09:17:52	00:08:31 (44)	00:02:45	00:40:32 (59)	00:01:07	00:25:24 (82)	01:18:19			55
61	415	DUBSKY MAREK	WARSZAWA	MAREK DUBSKY	CZE	1994	M20	12	09:17:14	00:10:20 (106)	00:02:24	00:39:45 (44)	00:01:53	00:24:09 (62)	01:18:31			56
62	294	WOLNY WOJCIECH	HIPOLITÓW	TRI AMO	POL	1981	M40	23	09:17:27	00:10:11 (103)	00:02:52	00:41:08 (70)	00:01:27	00:23:21 (49)	01:18:59			57
63	329	STAŃCZAK MARIUSZ	WARSZAWA	ES TRI PROJECT TEAM	POL	1971	M50	6	09:16:50	00:09:42 (81)	00:02:24	00:39:12 (41)	00:01:33	00:26:14 (95)	01:19:05			58
64	407	KASPROWICZ SŁAWOMIR	OSTROWIEC ŚW.	TRIAMO	POL	1975	M40	24	09:16:18	00:08:26 (41)	00:03:01	00:41:19 (71)	00:01:46	00:24:42 (72)	01:19:14			59
65	390	KLEPACKI TOMASZ	WARSZAWA	KS TRIATHLON RAWA	POL	1956	M60	1	09:17:07	00:08:36 (50)	00:02:24	00:41:43 (79)	00:01:28	00:25:23 (81)	01:19:34			60
66	426	RĘBIŚ JOANNA	PIASECZNO	KUŹNIA TRIATHLONU	POL	1975	K40	1	09:16:36	00:10:47 (126)	00:02:35	00:41:22 (72)	00:01:46	00:23:20 (48)	01:19:50		6	
67	316	SZEWCZYK MATEUSZ	SULEJÓWEK		POL	1987	M30	16	09:17:27	00:10:48 (127)	00:03:04	00:40:26 (55)	00:01:32	00:24:23 (68)	01:20:13		61	
68	410	ŚWIATŁOWSKA BEATA	PABIANICE		POL	1994	K20	4	09:16:25						01:20:27		7	
69	346	WIĘCKOWSKI MICHAŁ	SOCHACZEW	MCPP	POL	1983	M30	17	09:16:32	00:09:16 (68)	00:03:11	00:41:25 (74)	00:01:53	00:24:51 (73)	01:20:36		62	
70	255	LESZCZYŃSKA ALEKSANDRA	OLSZTYN	WMKS OLSZTYŃSKA SZKOŁKA TRIATHLONU	POL	1998	K20	5	09:17:24	00:10:00 (96)	00:02:01	00:44:07 (101)	00:01:23	00:23:13 (45)	01:20:44		8	
71	380	PIOTROWSKI ANDRZEJ	WARSZAWA	ORTOREH TEAM	POL	1972	M40	25	09:15:59	00:09:39 (79)	00:03:03	00:40:28 (57)	00:01:59	00:25:35 (86)	01:20:44		63	
72	300	OWCZAREK TOMASZ	CZĘSTOCHOWA		POL	1967	M50	7	09:15:43	00:08:09 (34)	00:02:43	00:41:42 (78)	00:01:33	00:26:42 (100)	01:20:49		64	
73	416	DRYZALOWSKA EMILIA	WARSZAWA	TEAM KARAŚ BILLENNIUMSQUAD	POL	1980	K40	2	09:15:13	00:08:27 (43)	00:03:45	00:41:00 (66)	00:01:56	00:25:52 (88)	01:21:00		9	
74	274	MARKOWIAK RAFAŁ	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1979	M40	26	09:17:06	00:09:58 (94)	00:02:27	00:42:28 (83)	00:01:36	00:24:41 (71)	01:21:10		65	
75	304	TRONINA TOMEK	KATOWICE	TRNX TEAM	POL	1985	M30	18	09:15:52	00:08:08 (33)	00:03:44	00:40:39 (60)	00:01:44	00:27:00 (104)	01:21:15		66	
76	378	SAMULSKA EWA	WARSZAWA	POWER TRAINING	POL	1978	K40	3	09:15:19	00:09:13 (64)	00:02:33	00:43:56 (96)	00:01:38	00:23:59 (60)	01:21:19		10	
77	401	WOSZCZEK MICHAŁ	ŁÓDŹ	BEDNARSKI TRI TEAM	POL	1977	M40	27	09:15:52	00:08:15 (36)	00:02:46	00:42:46 (86)	00:01:41	00:26:03 (92)	01:21:31		67	
78	358	KOLASZEWSKA DAGNA	WARSZAWA		POL	1988	K30	2	09:16:53	00:08:33 (47)	00:02:28	00:44:00 (99)	00:01:46	00:24:52 (74)	01:21:39		11	
79	284	WOJKOWSKI DAVE	KRAKOW		POL	1982	M30	19	09:17:21	00:09:58 (94)	00:04:22	00:39:54 (50)	00:01:36	00:26:01 (91)	01:21:51		68	
80	430	RZESZUTKO ALEKSANDRA			POL	1979	K40	4	09:16:29	00:10:21 (107)	00:03:23	00:40:03 (52)	00:01:35	00:26:57 (103)	01:22:19		12	
81	317	JUSTYNIAK MACIEJ	WARSZAWA	TRIZARZA	POL	1986	M30	20	09:17:34	00:10:03 (100)	00:03:26	00:40:57 (65)	00:01:56	00:25:57 (90)	01:22:19		69	
82	429	SZKOBEL BARTEK	ŁÓDŹ	BEDNARSKI TRI TEAM	POL	1983	M30	21	09:17:45	00:09:33 (74)	00:02:01	00:41:59 (81)	00:01:57	00:26:57 (102)	01:22:27		70	
83	424	KAMIŃSKI MACIEJ	PRUSZKÓW	DANFOSS POLAND	POL	1993	M20	13	09:17:31	00:10:27 (116)	00:03:25	00:43:39 (92)	00:01:30	00:23:27 (51)	01:22:28		71	
84	272	KOCIK ARKADIUSZ	ŁÓDŹ		POL	1968	M50	8	09:16:22	00:09:40 (80)	00:03:12	00:41:07 (68)	00:02:17	00:26:20 (96)	01:22:36		72	
85	357	PASIAK ROBERT	ŁÓDŹ		POL	1979	M40	28	09:16:15	00:09:15 (66)	00:02:35	00:43:44 (93)	00:01:47	00:25:28 (84)	01:22:49		73	
86	355	KOWALCZYK TOMASZ	OPOLE	GT KONA	POL	1969	M50	9	09:16:09	00:09:48 (85)	00:03:12	00:40:31 (58)	00:02:41	00:27:09 (111)	01:23:21		74	
87	405	TAMBORSKI TOMASZ	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1977	M40	29	09:15:28	00:09:02 (60)	00:02:38	00:40:53 (63)	00:02:29	00:28:24 (121)	01:23:26		75	
88	367	ZAMBROWSKI GRZEGORZ	PIASECZNO		POL	1989	M30	22	09:17:31	00:14:21 (160)	00:03:13	00:40:44 (62)	00:01:27	00:23:52 (57)	01:23:37		76	
89	271	LEPKA ARKADIUSZ	KLESZCZÓW	IRON FIGHTERS	POL	1991	M30	23	09:15:56	00:09:08 (63)	00:02:41	00:43:14 (87)	00:01:34	00:27:04 (108)	01:23:41		77	
90	299	KRYSIAK KRZYSZTOF	WARSZAWA	TRIWAWA TRIWAWA	POL	1968	M50	10	09:15:38	00:09:55 (92)	00:02:50	00:40:01 (51)	00:01:58	00:29:10 (126)	01:23:54		78	
91	414	BIERNACKI TOMASZ	WARSZAWA		POL	1977	M40	30	09:16:25	00:08:49 (55)	00:03:49	00:43:32 (89)	00:02:19	00:25:36 (87)	01:24:05		79	
92	348	TARGOWSKI ADAM	WARSZAWA	TRICLUB	POL	1986	M30	24	09:17:24	00:09:42 (81)	00:03:28	00:45:01 (112)	00:01:53	00:24:15 (65)	01:24:19		80	
93	361	NASIŁOWSKI PRZEMYSŁAW	ZIELONKA		POL	1982	M30	25	09:15:59	00:10:05 (102)	00:02:57	00:42:36 (85)	00:01:35	00:27:14 (112)	01:24:27		81	
94	352	BORCOWSKI JANUSZ	GDYNIA	BIKE U UP / PRZYCHODNIA WETERYNARYJNA	POL	1965	M50	11	09:15:49	00:09:05 (61)	00:03:10	00:40:18 (54)	00:01:48	00:30:14 (137)	01:24:35		82	

Garmin Iron Triathlon Skierniewice 1/8 IM

Organizator: LABOSPORT Polska s.c.

Data: 4 lipca 2021

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Skierniewice



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
95	396	GUZEK MARIUSZ	KUTNO	LOSBIEGANEROSKUTNO	POL	1977	M40	31	09:17:58	00:10:49 (128)	00:03:33	00:43:37 (91)	00:02:20	00:24:19 (67)	01:24:38			83
96	351	KOŁODZIECZYK TOMASZ	WARSZAWA		POL	1971	M50	12	09:16:22	00:09:34 (75)	00:02:39	00:45:39 (118)	00:02:34	00:24:16 (66)	01:24:42			84
97	385	CZARNECKI JAKUB	BRONISŁAWKA	FRIENDS TRI-TEAM	POL	2002	M18	2	09:16:56	00:10:01 (97)	00:03:17	00:44:03 (100)	00:01:40	00:26:05 (93)	01:25:06			85
98	261	GRZEJSZCZAK PIOTR	SKIERNIEWICE	TRINITY TRIATHLON UNITY	POL	1974	M40	32	09:17:00	00:10:56 (129)	00:02:52	00:44:13 (103)	00:01:52	00:25:26 (83)	01:25:19			86
99	311	RANISZEWSKA KATARZYNA	WARSZAWA		POL	1986	K30	3	09:17:00	00:10:24 (113)	00:02:54	00:43:57 (97)	00:01:54	00:26:41 (99)	01:25:50			13
100	408	MIAŚKIEWICZ MICHAŁ	SĘLĄNO		POL	1985	M30	26	09:16:53	00:09:56 (93)	00:03:44	00:45:06 (114)	00:01:31	00:25:34 (85)	01:25:51			87
101	451	TOUCHSTONE CAROLINE	KONSTANCCJA JEZIORNA	WITC	POL	1979	K40	5	09:17:24	00:10:21 (107)	00:04:02			00:24:10 (63)	01:25:55			14
102	377	MRÓZ ADRIAN	OSTROŁĘKA		POL	1993	M20	14	09:17:21	00:10:13 (104)	00:04:04	00:44:48 (106)	00:01:48	00:25:05 (75)	01:25:58			88
103	305	SOKALSKI PAWEŁ	ŁÓDŹ		POL	1971	M50	13	09:17:53	00:10:45 (125)	00:03:25	00:43:34 (90)	00:01:46	00:26:37 (98)	01:26:07			89
104	287	SZLICHTA TOMASZ	TARNOBRZEG		POL	1991	M30	27	09:17:10	00:09:32 (72)	00:02:48	00:45:28 (117)	00:01:24	00:27:02 (105)	01:26:14			90
105	295	CHOŁUJ MICHAŁ	WARSZAWA	TRIWAWA EKO-MAX RECYKLING SP. Z O.O.	POL	1977	M40	33	09:15:34	00:09:37 (77)	00:03:09	00:41:39 (77)	00:02:09	00:29:45 (134)	01:26:19			91
106	283	MYCEK JAKUB	KRAKÓW	DENTAMYC	POL	1991	M30	28	09:17:00	00:09:31 (71)	00:03:35	00:44:51 (107)	00:01:24	00:27:03 (107)	01:26:24			92
107	276	GORAL MICHAŁ	LUBLIN	AZS UMCS LUBLIN	POL	1991	M50	14	09:18:05	00:11:53 (144)	00:04:12	00:44:56 (109)	00:01:54	00:23:44 (56)	01:26:39			93
108	389	KASKA ZUZANNA	PŁOCK		POL	1998	K20	6	09:17:38	00:11:27 (138)	00:02:48	00:45:19 (115)	00:02:01	00:25:55 (89)	01:27:30			15
109	309	BANASZCZYK ARKADIUSZ	OZARÓW MAZOWIECKI	IM INSPIRATION	POL	1971	M50	15	09:16:22	00:10:03 (99)	00:03:04	00:42:14 (82)	00:02:35	00:29:39 (130)	01:27:35			94
110	399	SKOBLEWSKI WOJCIECH	WARSZAWA		POL	1980	M40	34	09:17:59	00:10:30 (119)	00:03:19	00:45:23 (116)	00:01:15	00:27:08 (109)	01:27:35			95
111	264	CIECIERSKI DARIUSZ	TORUŃ	VELMAR BLACHY PRUSZYŃSKI VELMAR BLACHY PRUS	POL	1970	M50	16	09:17:56	00:10:02 (98)	00:03:03	00:46:18 (122)	00:01:49	00:26:35 (97)	01:27:47			96
112	323	MEISSNER PIOTR	WARSZAWA		POL	1989	M30	29	09:16:12	00:10:27 (116)	00:03:11	00:44:33 (105)	00:02:04	00:27:54 (118)	01:28:09			97
113	353	KIETURAKIS WIKTORIA	WARSZAWA		POL	1992	K20	7	09:16:46	00:11:35 (141)	00:02:01	00:46:19 (123)	00:01:21	00:27:22 (113)	01:28:38			16
114	257	LIŚKIEWICZ MACIEJ	WARSZAWA	TRI-LISKI	POL	1971	M50	17	09:16:09	00:11:40 (142)	00:02:07	00:44:08 (102)	00:01:56	00:28:49 (124)	01:28:40			98
115	277	CHUŚCIŃSKI PRZEMYSŁAW	ŁÓDŹ		POL	1993	M20	15	09:17:17	00:09:36 (76)	00:03:49	00:48:31 (134)	00:01:37	00:25:16 (79)	01:28:49			99
116	354	SZYMAŃSKA KAROLINA	WARSZAWA	TRIATHLETIC TEAM	POL	1980	K40	6	09:16:49	00:11:32 (139)	00:01:54	00:44:29 (104)	00:01:31	00:29:42 (132)	01:29:08			17
117	340	MEISSNER JANUSZ	KARTUZY		POL	1961	M60	2	09:16:12	00:11:21 (137)	00:04:35	00:46:07 (120)	00:01:45	00:25:20 (80)	01:29:08			100
118	342	PERZANOWSKI ALBERT	POŚWIĘTNE		POL	1996	M20	16	09:18:02	00:12:52 (155)	00:02:37	00:43:52 (94)	00:02:00	00:28:14 (119)	01:29:35			101
119	303	WAWRZKIEWICZ MELANIA	BYTOM	WAWRZKIEWICZ TEAM MAXI SJ WAWRZKIEWICZ I W	POL	1977	K40	7	09:17:59	00:11:33 (140)	00:01:35	00:54:45 (154)	00:01:18	00:20:31 (9)	01:29:42			18
120	365	ELIASZ MICHAŁ	WARSZAWA		POL	1981	M40	35	09:17:46	00:10:39 (121)	00:03:51	00:45:05 (113)	00:01:46	00:29:14 (128)	01:30:35			102
121	402	PÓŁTORAK PRZEMYSŁAW	ZIELONKI WIEŚ		POL	1983	M30	30	09:17:49	00:11:52 (143)	00:03:15	00:47:22 (127)	00:01:28	00:26:44 (101)	01:30:41			103
122	280	CHAZAN Cezary	WARSZAWA	VOLTAGE CEZARY CHAZAN	POL	1987	M30	31	09:16:02	00:08:36 (50)	00:03:34	00:43:56 (95)	00:02:27	00:32:16 (145)	01:30:49			104
123	382	SKOLIMOWSKA AGA	MIŃSK MAZOWIECKI	TRI AMO	POL	1978	K40	8	09:17:31	00:10:22 (109)	00:03:49	00:46:30 (124)	00:02:31	00:27:39 (115)	01:30:51			19
124	291	SZPAKIEWICZ SYLWIA	PŁOŃSK		POL	1982	K30	4	09:17:03	00:10:23 (110)	00:04:04	00:44:55 (108)	00:01:58	00:29:41 (131)	01:31:01			20
125	278	KACPRZAK TADEUSZ	KONSTANTYNÓW ŁÓDZKI		POL	1955	M60	3	09:16:43	00:11:57 (146)	00:03:41	00:41:07 (68)	00:01:28	00:33:01 (147)	01:31:14			105
126	282	WIZA ARTUR	WARSZAWA	ASSECO ACTIVE TEAM	POL	1971	M50	18	09:17:06	00:10:39 (121)	00:02:56	00:43:18 (88)	00:02:15	00:32:20 (146)	01:31:28			106
127	422	OSĘDOWSKA ALEKSANDRA	PŁOCK	BEKO TEAM	POL	1996	K20	8	09:16:32	00:09:51 (89)	00:02:54	00:48:32 (135)	00:01:45	00:28:28 (123)	01:31:30			21
128	381	WOJCIECHOWSKI RYSZARD	WARSZAWA	KUŹNIA TRIATHLONU	POL	1968	M50	19	09:16:05	00:09:49 (87)	00:05:00	00:44:56 (109)	00:03:00	00:28:51 (125)	01:31:36			107
129	251	GRODECKA DOROTA	ŁÓDŹ	DRUŻYNA CYBORGA	POL	1980	K40	9	09:17:35	00:10:30 (118)	00:02:31	00:48:29 (133)	00:02:13	00:27:53 (117)	01:31:36			22
130	373	SIÓDEMAK MARCIN	WARSZAWA		POL	1974	M40	36	09:17:46	00:12:16 (149)	00:02:56	00:48:12 (132)	00:01:47	00:27:08 (109)	01:32:19			108
131	372	KOWALSKI ALEKSANDER	SZCZAWNO-ZDRÓJ		POL	1963	M50	20	09:16:39	00:11:09 (134)	00:03:49	00:46:54 (125)	00:02:17	00:28:19 (120)	01:32:28			109
132	370	FRANKOWSKA MARIKA	WARSZAWA (BEMOWO)		POL	1986	K30	5	09:17:49	00:11:00 (131)	00:03:43	00:46:13 (121)	00:02:02	00:29:36 (129)	01:32:34			23
133	319	MOLENDAS ROBERT	KRAKÓW		POL	1978	M40	37	09:15:44	00:08:20 (40)	00:03:53	00:47:38 (130)	00:02:16	00:30:35 (138)	01:32:42			110
134	306	WAWRZKIEWICZ GRZEGORZ	BYTOM		POL	1974	M40	38	09:17:56	00:12:09 (147)	00:03:39	00:45:00 (111)	00:02:11	00:29:44 (133)	01:32:43			111
135	327	ZASADA WITOLD	ŁÓDŹ	BEDNARSKI TRI TEAM	POL	1971	M50	21	09:17:28	00:09:13 (64)	00:03:08	00:43:59 (98)	00:02:19	00:34:15 (152)	01:32:54			112
136	371	KĘSY-KOWALSKA HANNA	SZCZAWNO-ZDRÓJ	SZCZAWNORUN	POL	1967	K50	1	09:16:39	00:10:24 (114)	00:02:46	00:49:03 (137)	00:02:29	00:29:13 (127)	01:33:55			24
137	331	TELĄŻKA JAROSŁAW	BELCHATÓW	IRON FIGHTERS IRON FIGHTERS	POL	1981	M40	39	09:15:49	00:09:50 (88)	00:02:33	00:49:29 (140)	00:02:03	00:31:07 (141)	01:35:02			113
138	263	ZEGAR ANNA	WARSZAWA		POL	1982	K30	6	09:17:42	00:12:20 (151)	00:03:58	00:50:26 (145)	00:01:20	00:27:47 (116)	01:35:51			25
139	345	SYNDER-TAMBORSKA KATARZYNA	ŁÓDŹ	HTF LUDWIK SIKORSKI	POL	1977	K40	10	09:16:39	00:10:25 (115)	00:04:07	00:47:22 (127)	00:02:34	00:31:30 (143)	01:35:58			26
140	356	KOWALCZYK KATARZYNA	OPOLE	GT KONA	POL	1970	K50	2	09:16:02	00:09:38 (78)	00:03:12	00:47:01 (126)	00:02:03	00:34:14 (151)	01:36:08			27
141	262	OWCZAREK WIKTORIA	PABIANICE		POL	2004	K16	1	09:15:40	00:10:23 (110)	00:02:25	00:45:45 (119)	00:02:38	00:35:06 (156)	01:36:17			28

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Miejscowość: Skierniewice



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
142	320	KORCZYŃSKA-FAJER PAULINA	TARNOWSKIE GÓRY		POL	1981	K40	11	09:17:38	00:12:21 (152)					01:36:22			29
143	335	CZECH AGATA	BASZKÓWKA		POL	1992	K20	9	09:16:32	00:09:32 (72)	00:03:12	00:51:02 (146)	00:01:24	00:31:46 (144)	01:36:56			30
144	347	NECHYTAILOVA ANNA	WARSZAWA	TRIPASSION TEAM	POL	1997	K20	10	09:16:15	00:09:17 (69)	00:02:59	00:49:20 (139)	00:01:44	00:33:43 (149)	01:37:03			31
145	254	WIERZCHOWIECKI MICHAŁ	WARSZAWA		POL	1973	M40	40	09:17:42	00:09:48 (85)	00:04:47	00:49:51 (142)	00:02:03	00:30:35 (138)	01:37:04	114		
146	308	BELYAEVA ELENA	WARSZAWA	AMBASADA ROSJI	RUS	1980	K40	12	09:16:15	00:15:25 (162)	00:03:21	00:51:34 (148)	00:01:43	00:25:08 (77)	01:37:11			32
147	333	KRZEMIŃSKA IWONA	WARSZAWA	SN KLASYK	POL	1988	K30	7	09:17:42	00:12:09 (147)	00:03:28	00:50:15 (144)	00:01:47	00:30:02 (136)	01:37:41			33
148	259	KRZEMIŃSKA JUSTYNA	WARSZAWA	GOTHAMCITY	POL	1978	K40	13	09:18:05	00:13:42 (156)	00:03:38	00:51:13 (147)	00:02:18	00:27:31 (114)	01:38:22			34
149	296	MENDRZYCKI SZYMON	ŁÓDŹ	SZAKALE BAŁUT ŁÓDŹ	POL	1985	M30	32	09:18:02	00:13:55 (158)	00:03:55	00:52:47 (152)	00:02:00	00:26:09 (94)	01:38:46	115		
150	273	DZIUBEK MACIEJ	WARSZAWA	COCO BONGO PINK TEAM	POL	1987	M30	33	09:16:43	00:09:54 (90)	00:04:56	00:51:36 (149)	00:02:10	00:30:38 (140)	01:39:14	116		
151	411	PUŁAWSKI MARCIN	PRUSZKÓW		POL	1921	M60	4	09:16:46	00:15:14 (161)	00:03:16	00:49:53 (143)	00:01:03	00:29:52 (135)	01:39:18	117		
152	310	OBEDKOV SERGEY	WARSZAWA		RUS	1989	M30	34	09:16:19	00:11:00 (131)	00:04:20	00:58:02 (158)	00:01:15	00:25:11 (78)	01:39:48	118		
153	321	GRABAREK KONRAD	WROCŁAW		POL	1975	M40	41	09:15:38	00:12:31 (153)	00:06:01	00:47:55 (131)	00:02:13	00:31:19 (142)	01:39:59	119		
154	359	WITCZAK JUSTYNA	PABIANICE		POL	1986	K30	8	09:17:52	00:11:13 (135)	00:03:20	00:49:31 (141)	00:02:02	00:34:43 (155)	01:40:49		35	
155	324	GRACZYK ROMAN	WARSZAWA		POL	1973	M40	42	09:17:14	00:10:18 (105)	00:05:13	00:49:07 (138)	00:02:08	00:34:17 (153)	01:41:03	120		
156	334	PRZĄDKA WŁODZIMIERZ	WARSZAWA		POL	1976	M40	43	09:17:03	00:09:06 (62)	00:03:34	00:47:27 (129)	00:02:08	00:40:20 (161)	01:42:35	121		
157	256	LIŚKIEWICZ MONIKA	WARSZAWA	TRI-LISKI	POL	1972	K40	14	09:16:53	00:11:55 (145)	00:02:22	00:52:30 (151)	00:01:30	00:34:40 (154)	01:42:57		36	
158	350	STOCZYŃSKI DARIUSZ	SKIERNIEWICE	LINGA EXPO SP. Z O.O.	POL	1965	M50	22	09:17:14	00:16:51 (163)	00:03:36	00:48:51 (136)	00:02:02	00:33:04 (148)	01:44:24	122		
159	421	WNUK ANNA	WARSZAWA - POLSKA	WARSAW MASTERS TEAM/ CTS CZAJA	POL	1968	K50	3	09:16:02	00:10:33 (120)	00:02:48	00:52:18 (150)	00:02:20	00:36:45 (159)	01:44:44		37	
160	322	KRYCH ROBERT	RAPIEŃ		POL	1970	M50	23	09:18:06	00:14:00 (159)	00:05:37	00:55:17 (156)	00:02:04	00:28:25 (122)	01:45:23	123		
161	279	DUDEK ALFRED	OPOLE	GT KONA OPOLE GT KONA	POL	1956	M60	5	09:16:06	00:11:08 (133)	00:02:58	00:55:09 (155)	00:03:05	00:35:58 (158)	01:48:18	124		
162	337	SZYMAŃSKA MARIOLA	MYSIADŁO	TRIPAKA PRZECHLEWO	POL	1965	K50	4	09:16:29	00:12:16 (149)	00:05:20	00:55:39 (157)	00:02:20	00:33:49 (150)	01:49:24		38	
163	344	HOŁODNIAK AGNIESZKA	SKIERNIEWICE		POL	1995	K20	11	09:17:11	00:12:44 (154)	00:05:02	00:53:29 (153)	00:02:51	00:35:38 (157)	01:49:44		39	
164	386	BRAND JĘDRZEJ	GŁOSKÓW LETNISKO		POL	1973	M40	44	09:17:56	00:13:53 (157)	00:05:10	01:02:29 (159)	00:02:12	00:39:20 (160)	02:03:04	125		