

Garmin Iron Triathlon Nieporęt 2021

Organizator: LABOSPORT Polska s.c.

Data: 19 września 2021

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Nieporęt



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
50	855	BIENIECKA PATRYCJA	LUBLINIEC		POL	1989	K30	3	10:52:06	00:11:18 (114)	00:03:13	00:40:50 (50)	00:02:45	00:23:12 (45)	01:21:18		5	
51	899	LITWINIUK WOJCIECH	WARSZAWA	TRAINING POINT	POL	1980	M40	20	10:51:15	00:08:56 (38)	00:03:43	00:40:14 (40)	00:02:13	00:26:12 (108)	01:21:18		46	
52	818	DOWIAT SZYMON	TYCHY	GWSH KATOWICE	POL	1989	M30	16	10:50:36	00:08:30 (23)	00:04:05	00:39:43 (33)	00:02:57	00:26:20 (113)	01:21:35		47	
53	833	MALESZYK PATRYCJA	TYCHY	TRIATHLON X-TEAM	POL	1992	K20	3	10:50:21	00:09:59 (70)	00:02:16	00:41:29 (62)	00:02:14	00:26:01 (104)	01:21:59		6	
54	883	KACZMAREK DARIUSZ	KONIN	TRITON KONIN	POL	1969	M50	2	10:51:04	00:10:50 (94)	00:03:38	00:41:32 (63)	00:02:23	00:23:46 (54)	01:22:09		48	
55	856	LEGIEĆ MICHAŁ	OPOLE		POL	1985	M30	17	10:50:33	00:08:54 (35)	00:03:30	00:43:20 (90)	00:02:37	00:23:53 (59)	01:22:14		49	
56	632	PALMOWSKI MACIEJ	ŁÓDŹ		POL	1970	M50	3	10:50:45	00:09:36 (60)	00:03:55	00:39:55 (35)	00:03:20	00:25:32 (95)	01:22:18		50	
57	617	HORODNICZY MARIUSZ	ŁÓDŹ		POL	1983	M30	18	10:50:43	00:09:03 (40)	00:03:07	00:40:11 (38)	00:01:49	00:28:17 (168)	01:22:27		51	
58	599	KIRKIEWICZ KACPER	WARSZAWA	TRIATHLETIC TEAM	POL	1994	M20	8	10:53:19	00:10:01 (72)	00:02:10	00:44:30 (114)	00:02:00	00:23:52 (56)	01:22:33		52	
59	703	MUNIAK PAWEŁ	WARSZAWA		POL	1991	M30	19	10:51:34	00:09:52 (67)	00:03:24	00:41:22 (59)	00:02:03	00:25:58 (103)	01:22:39		53	
60	569	SZYMANEK ADRIAN	WARSZAWA		POL	1993	M20	9	10:52:49	00:10:00 (71)	00:05:02	00:40:28 (46)	00:01:48	00:25:24 (92)	01:22:42		54	
61	505	ISKIERKO MICHAŁ	WARSZAWA	TRIDEA	POL	1984	M30	20	10:54:20	00:10:42 (89)	00:03:20	00:44:46 (118)	00:02:07	00:21:50 (21)	01:22:45		55	
62	821	CHOŁODOWSKI PIOTR	BIAŁYSTOK	3T BIAŁYSTOK	POL	1970	M50	4	10:51:19	00:09:34 (58)	00:03:41	00:41:59 (71)	00:02:36	00:25:08 (87)	01:22:58		56	
63	870	DUBSKY MAREK	WARSZAWA		CZE	1994	M20	10	10:51:08	00:10:32 (85)	00:04:07	00:42:34 (81)	00:02:18	00:23:52 (56)	01:23:23		57	
64	513	GALEWICZ EWA	PŁOCK		POL	1992	K20	4	10:51:16	00:11:14 (111)	00:02:51	00:41:34 (65)	00:02:29	00:25:20 (91)	01:23:28		7	
65	685	PRZEPIÓRA WIKTOR	WARSZAWA	BODY SUPPORT	POL	1990	M30	21	10:51:00	00:08:58 (39)	00:04:31	00:41:25 (60)	00:02:37	00:26:06 (105)	01:23:37		58	
66	438	OCHENKOWSKI SEBASTIAN	WARSZAWA		POL	1987	M30	22	10:55:28	00:11:45 (138)	00:04:02	00:40:33 (48)	00:02:26	00:24:52 (81)	01:23:38		59	
67	823	BIELSKI MARCIN	WARSZAWA	TEAM KARAS	POL	1984	M30	23	10:51:01	00:11:01 (99)	00:04:37	00:41:33 (64)	00:02:41	00:23:49 (55)	01:23:41		60	
68	794	KUBAJEWSKI PAWEŁ	ŚWIERCZE	IRONBOY89	POL	1989	M30	24	10:55:30	00:14:06 (217)	00:04:46	00:40:19 (42)			01:23:41		61	
69	645	OKOŃ RAFAŁ	NOWA WOLA	IM INSPIRATION	POL	1986	M30	25	10:55:43	00:11:48 (139)	00:04:01	00:41:38 (67)	00:02:54	00:23:34 (53)	01:23:55		62	
70	877	DYMEK PIOTR	WARSZAWA	KAZIKI	POL	1979	M40	21	10:50:42	00:08:47 (34)	00:03:23	00:40:56 (54)	00:03:21	00:27:31 (147)	01:23:58		63	
71	487	TĘGI MACIEJ	GDYNIA		POL	1985	M30	26	10:52:21	00:10:26 (82)	00:03:15	00:44:03 (104)	00:02:09	00:24:34 (73)	01:24:27		64	
72	540	KĄKOLECKI MICHAŁ	WARSZAWA	TRIMASTERS	POL	1971	M50	5	10:51:12	00:09:28 (54)	00:04:27	00:42:16 (74)	00:02:36	00:25:45 (97)	01:24:32		65	
73	871	ZALEWSKI PAWEŁ	WARSZAWA	PZU SPORT TEAM	POL	1977	M40	22	10:51:38	00:11:24 (121)	00:03:35	00:43:28 (94)	00:02:39	00:23:29 (50)	01:24:35		66	
74	672	KOPROWSKI ŁUKASZ	ŁÓDŹ	BEDNARSKI TRI TEAM	POL	1976	M40	23	10:53:02	00:11:01 (99)	00:03:45	00:44:09 (108)	00:02:48	00:22:55 (40)	01:24:38		67	
75	533	KĄKOLECKA KLAUDIA	WARSZAWA	TRIMASTERS	POL	2003	K18	1	10:50:24	00:07:36 (7)	00:03:03	00:45:21 (126)	00:02:11	00:26:48 (125)	01:24:59		8	
76	887	PAWLINA JAROSŁAW	WARSZAWA		POL	1983	M30	27	10:52:10	00:09:42 (61)	00:04:47	00:44:24 (113)	00:02:13	00:23:56 (60)	01:25:02		68	
77	898	LITWINIUK EDYTA	WARSZAWA	LABOSPORT / TRAINING POINT	POL	1985	K30	4	10:51:12	00:10:02 (73)	00:02:46	00:43:40 (98)	00:02:52	00:25:54 (100)	01:25:14		9	
78	852	KRAMŹA ADAM	WARSZAWA	KRAMERR	POL	1984	M30	28	10:52:31	00:11:58 (146)	00:04:05	00:40:41 (49)	00:03:23	00:25:14 (88)	01:25:21		69	
79	738	RYBOLÓWIK FILIP	WARSZAWA		POL	1989	M30	29	10:51:30	00:10:53 (96)	00:04:06	00:45:19 (125)	00:02:48	00:22:19 (29)	01:25:25		70	
80	742	JOPKIEWICZ KAROL	PIOTRKÓW TRYBUNALSKI		POL	1996	M20	11	10:51:30	00:16:24 (248)	00:03:53	00:36:52 (14)	00:02:59	00:25:18 (89)	01:25:26		71	
81	809	MOSTOWSKI ARTUR	WARSZAWA	TRI LYNX - P&G RUNNING TEAM	POL	1973	M40	24	10:52:06	00:11:23 (120)	00:04:57	00:42:36 (82)	00:02:27	00:24:28 (71)	01:25:51		72	
82	894	PÓŁTORAK KRZYSZTOF	BIAŁYSTOK	3T BIAŁYSTOK	POL	1982	M30	30	10:53:48	00:12:25 (157)	00:04:14	00:42:25 (77)	00:03:27	00:23:28 (49)	01:25:59		73	
83	792	KWIATKOWSKI MIKOŁAJ	WARSZAWA		POL	1992	M20	12	10:51:50	00:13:53 (212)	00:02:36	00:40:54 (52)	00:02:44	00:26:10 (107)	01:26:17		74	
84	471	WŁAZAŁEK ALEKSANDER	PILAWA		POL	1999	M20	13	10:55:06	00:11:20 (117)	00:05:02	00:42:48 (84)	00:02:33	00:24:47 (77)	01:26:30		75	
85	529	PRĘDOTA KRZYSZTOF	WARSZAWA	TARCHOMIN TRIATHLON TEAM	POL	1972	M40	25	10:51:49	00:12:48 (171)	00:02:47	00:44:31 (115)	00:02:40	00:23:52 (56)	01:26:38		76	
86	864	SOKALSKI GRZEGORZ	KONSTANCIN-JEZIORNA		POL	1976	M40	26	10:53:07	00:12:38 (167)	00:05:09	00:41:12 (56)	00:03:34	00:24:15 (65)	01:26:48		77	
87	897	BARAN KATARZYNA	NAMYSŁÓW	KASIABARAN_TRI_FIT	POL	1979	K40	1	10:50:30						01:26:50		10	
88	477	CEWIŃSKA IDA	WARSZAWA	TRIMASTERS	POL	1994	K20	5	10:50:27	00:08:27 (20)	00:03:46	00:47:40 (168)	00:02:17	00:24:42 (76)	01:26:52		11	
89	851	PASIAK ROBERT	ŁÓDŹ		POL	1979	M40	27	10:50:48	00:09:45 (65)	00:03:39	00:45:17 (124)	00:02:55	00:25:25 (93)	01:27:01		78	
90	553	MACENOWICZ MACIEJ	WARSZAWA		POL	1988	M30	31	10:54:15	00:09:42 (61)	00:04:43	00:43:41 (99)	00:02:38	00:26:33 (118)	01:27:17		79	
91	537	MAZIARZ ŁUKASZ	WARSZAWA		POL	1983	M30	32	10:52:28			00:49:25 (197)	00:02:19	00:22:30 (33)	01:27:19		80	
92	869	WOLNY WOJCIECH	HIPOLITÓW	TRI AMO	POL	1981	M40	28	10:52:10	00:13:14 (194)	00:04:51	00:42:28 (79)	00:02:49	00:23:59 (61)	01:27:21		81	
93	886	CZARNECKI WOJTEK	WARSZAWA		POL	2004	M16	2	10:51:50	00:09:27 (52)	00:07:03	00:42:58 (86)	00:04:00	00:24:01 (62)	01:27:29		82	
94	701	FRANKOWSKI HUBERT	OTRĘBUSY		POL	1976	M40	29	10:50:57	00:10:02 (75)	00:03:18	00:43:26 (92)	00:02:27	00:28:21 (172)	01:27:34		83	
95	699	GÓRSKI ALBIN	NOWA SUCHA		POL	1985	M30	33	10:53:22	00:13:39 (206)	00:04:02	00:43:31 (96)	00:02:30	00:24:01 (63)	01:27:43		84	
96	762	ROMANOWSKI KAMIL	MARKI	TRINITY TEAM	POL	1981	M40	30	10:51:08	00:14:28 (230)	00:04:34	00:39:37 (31)	00:02:21	00:26:49 (127)	01:27:49		85	
97	866	RYDZEWSKI RAFAŁ	GDAŃSK		POL	1990	M30	34	10:53:02	00:10:24 (81)	00:03:20	00:44:03 (104)	00:03:37	00:26:27 (116)	01:27:51		86	
98	544	KOWALSKI SEBASTIAN	ZIELONKA		POL	1981	M40	31	10:54:06	00:13:46 (208)	00:04:40	00:42:31 (80)	00:02:41	00:24:38 (75)	01:28:16		87	

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Miejscowość: Nieporęt



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat. wiek.	M-ce w kat.	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
246	712	WNUK ANNA	WARSZAWA - POLSKA	WARSAW MASTERS TEAM/ CTS CZAJA	POL	1968	K50	4	10:54:10	00:12:35 (165)	00:05:33	00:54:39 (244)	00:04:08	00:34:50 (252)	01:51:45			47
247	754	GAWRYSZEWSKI KRZYSZTOF	WARSZAWA		POL	1988	M30	81	10:54:11	00:12:26 (158)	00:05:46	00:54:40 (245)	00:05:00	00:33:55 (243)	01:51:47	200		
248	865	KRYCZKA AGNIESZKA	PŁOŃSK		POL	1983	K30	13	10:54:57	00:11:56 (145)	00:06:10	00:52:18 (229)	00:03:30	00:37:58 (263)	01:51:52			48
249	748	CZURCZAK-ŁYCZBA KAROLINA	WARSZAWA		POL	1994	K20	11	10:55:22	00:12:51 (173)	00:06:45	00:58:40 (262)	00:03:02	00:31:00 (220)	01:52:18			49
250	844	FIGURSKA HONORATA	MARKI	MARKOWI BIEGACZE	POL	1971	K50	5	10:54:28	00:19:13 (262)				00:30:32 (212)	01:53:22			50
251	837	KOSMATKA ROMUALDA	PIŁA		POL	1966	K50	6	10:55:27	00:23:28 (269)	00:05:23	00:50:21 (215)	00:05:14	00:29:26 (196)	01:53:52			51
252	745	KOZŁOWSKI ARKADIUSZ	WARSZAWA	SKLEPPOWEROWY.PL	POL	1970	M50	19	10:55:48	00:18:55 (257)	00:07:36	00:49:26 (198)	00:04:48	00:33:10 (241)	01:53:55	201		
253	482	KOWALIK EDYTA	LUBLIN 6		POL	1972	K40	17	10:55:36	00:17:24 (254)	00:07:07	00:52:23 (231)	00:02:55	00:34:15 (247)	01:54:04			52
254	827	NOWAK KAROLINA	KATOWICE		POL	1991	K30	14	10:51:23	00:18:58 (258)	00:04:20	00:58:06 (261)	00:02:45	00:30:06 (205)	01:54:15			53
255	838	JANUSZEWSKA EWA	MAŁA WIEŚ	SOKÓŁ BODZANÓW	POL	1975	K40	18	10:55:13	00:16:11 (247)	00:06:49	00:48:48 (188)	00:03:24	00:39:22 (266)	01:54:34			54
256	601	SIONKOWSKI DAWID	WARSZAWA		POL	1991	M30	82	10:54:58	00:17:14 (251)	00:09:29	00:56:26 (254)	00:02:50	00:28:39 (182)	01:54:38	202		
257	668	GÓRALCZYK KACPER	DOBRA		POL	1992	M20	26	10:55:08	00:19:02 (259)	00:04:31	00:55:48 (252)	00:02:33	00:32:51 (235)	01:54:45	203		
258	476	FALCON MARLON	WARSZAWA - POLSKA	DIRTY KAPIBARA	VEN	1975	M40	66	10:52:00	00:11:25 (123)	00:06:54	00:57:57 (260)	00:03:49	00:35:15 (258)	01:55:20	204		
259	790	KOBYLECKI CEZARY	OŻARÓW MAZOWIECKI	VIGO TEAM	POL	1995	M20	27	10:53:57	00:11:16 (113)	00:06:16	00:59:19 (264)	00:02:59	00:35:40 (262)	01:55:30	205		
260	775	LE MINH MICHAŁ	MSZCZONÓW	FRIENDS TRI TEAM	POL	1993	M20	28	10:53:02	00:20:19 (267)	00:06:59	00:49:11 (193)	00:04:15	00:34:55 (253)	01:55:39	206		
261	694	GORZKOWSKI MAREK	WARSZAWA		POL	1991	M30	83	10:53:29	00:14:07 (218)	00:06:27	00:55:40 (251)	00:03:56	00:35:30 (259)	01:55:40	207		
262	697	MIASOJEDOW BOŻENA	WARSZAWA	AKS POLONIA WARSZAWA	POL	1954	K60	1	10:53:47	00:14:17 (226)	00:06:29	00:58:41 (263)	00:03:19	00:34:55 (253)	01:57:41			55
263	589	TARGOWSKI JAN	WARSZAWA		POL	1984	M30	84	10:55:43	00:14:07 (218)	00:08:00	00:59:53 (267)	00:04:58	00:34:16 (248)	02:01:14	208		
264	652	PIETRUSZEWSKA KATARZYNA	WARSZAWA	ORANGE POLSKA	POL	1979	K40	19	10:52:00						02:01:50			56
265	588	MYŚLIWIEC ANDRZEJ	KRAKÓW		POL	1949	M60	3	10:54:35	00:14:11 (222)	00:07:50	00:59:19 (265)	00:05:38	00:35:33 (260)	02:02:31	209		
266	812	DEC MAGDALENA	WARSZAWA		POL	1994	K20	12	10:53:38	00:13:51 (211)	00:06:19	01:06:36 (269)	00:03:13	00:32:54 (237)	02:02:53			57
267	488	BUSIŁO MAŁGORZATA	WARSZAWA		POL	1968	K50	7	10:54:46	00:19:08 (261)	00:08:34	00:57:10 (256)	00:03:12	00:35:06 (255)	02:03:10			58
268	798	BARTCZAK MAGDA	TORUŃ	ETT-ELBLĄG TRIATHLON TEAM / TMT TORUŃ MULTI!	POL	1985	K30	15	10:54:08	00:20:38 (268)	00:05:15	00:54:01 (242)	00:04:17	00:39:47 (268)	02:03:58			59
269	797	BRAND JĘDRZEJ	GŁOSKÓW LETNISKO		POL	1973	M40	67	10:54:56	00:16:03 (246)	00:08:32	00:57:47 (258)	00:02:58	00:38:54 (264)	02:04:14	210		
270	570	JÓŹKO KAROLINA	WARSZAWA		POL	1982	K30	16	10:54:41	00:19:56 (266)	00:08:28	00:57:49 (259)	00:03:26	00:35:11 (257)	02:04:50			60
271	778	KONARCAK KACPER	ŁÓDŹ	CELIRONMAN	POL	1991	M30	85	10:55:16	00:14:36 (232)	00:08:34	00:59:44 (266)	00:03:52	00:39:18 (265)	02:06:04	211		
272	788	ŁABAJ FILIP	JÓZEFOSŁAW	VIGO SYSTEM S.A.	POL	1998	M20	29	10:54:38	00:13:05 (187)	00:06:07	01:03:29 (268)	00:04:20	00:39:25 (267)	02:06:26	212		
273	764	KRAJEWSKI STANISŁAW	WARSZAWA		POL	1960	M60	4	10:52:35	00:35:35 (270)	00:08:01	00:57:17 (257)	00:03:33	00:45:08 (269)	02:29:34	213		
274	506	CHWIŁOC KAROLINA	ZIELONKI- WIEŚ		POL	2006	K14	2	10:52:32	00:19:33 (264)	00:08:30	01:11:54 (270)	00:06:09	00:51:20 (270)	02:37:26			61