

# POKONAJ FOCHA V ROWER 10KM

Organizator: Klub Sportowy „Optima” Skawina

Data: 17-09-2017

Dystans: 10KM

Miejscowość: SKAWINA

Klasyfikacja: OPEN



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat. wiek.	M-ce w kat	Czas startu	tempo min/km	tempo km/h	P1	P2	P3	Wynik	Czas Brutto	M	K
1	682	BINIEK MARCIN	KRAKÓW	NOKIA TECHNOLOGY / AZS AWF KATOWICE	POL	1976	M40	1	00:00:12	1:29	40,6	00:03:50	00:07:36	00:11:20	00:14:46	00:14:58	1	
2	668	MATOGA TOMASZ	MYŚLENICE	TKKF UKLEJNA MYŚLENICE	POL	1991	M20	1	00:00:03	1:30	40,1	00:03:49	00:07:36	00:11:19	00:14:57	00:15:00	2	
3	723	MOŃKA MACIEJ	SOSNOWIEC	CAFEMOBIL TEAM	POL	1969	M40	2	00:00:06	1:31	39,5	00:03:51	00:07:37	00:11:23	00:15:11	00:15:17	3	
4	665	KASPEREK BOLESŁAW	MYŚLENICE	TKKF UKLEJNA MYŚLENICE	POL	1980	M30	1	00:00:02	1:32	39,3	00:03:49	00:07:36	00:11:23	00:15:16	00:15:18	4	
5	671	OLSZOWSKI HENRYK	KŁAJ	KKSW KRAK ROLLERBLADE	POL	1960	M50	1	00:00:13	1:36	37,5	00:04:14	00:08:13	00:12:19	00:16:01	00:16:14	5	
6	714	KUBIN IRENEUZ	ZAKOPANE		POL	1972	M40	3	00:00:09	1:37	37,3	00:04:04	00:08:13	00:12:18	00:16:05	00:16:14	6	
7	722	MILISZEWSKI ALEKSANDER	PIELARY ŚLĄSKIE	SILESIA SKATING	POL	1968	M40	4	00:00:06	1:37	37,3	00:04:05	00:08:13	00:12:18	00:16:06	00:16:12	7	
8	717	MAJOR ZBY	KRAKÓW	KKSW KRAK ROLLERBLADE	POL	1973	M40	5	00:00:10	1:37	37,3	00:04:13	00:08:18	00:12:19	00:16:06	00:16:16	8	
9	713	KRYNICKI MACIEJ	ZIELONA	PLICHWYŚCIG.PL	POL	1989	M20	2	00:00:09	1:37	37,3	00:03:52	00:07:45		00:16:06	00:16:15	9	
10	695	CIBOROWSKI NATAN	PISZ	SMS ZAKOPANE/SPEED JASŁO	POL	1998	M19	1	00:00:05	1:37	37,2	00:04:01	00:08:13	00:12:17	00:16:07	00:16:12	10	
11	715	KUCHAREK GRZEGORZ	DĄBROWA GÓRNICZA	AZS AWF KATOWICE	POL	1963	M50	2	00:00:07	1:37	37,2	00:04:05	00:08:12	00:12:18	00:16:07	00:16:14	11	
12	693	CIBOROWSKI ALAN	JASŁO	KS SPEED JASŁO	POL	2000	M19	2	00:00:02	1:37	37,1	00:04:05	00:08:12	00:12:17	00:16:10	00:16:12	12	
13	696	CIBOROWSKI SEBASTIAN	PISZ	SEBA-SPORT PISZ	POL	1970	M40	6	00:00:02	1:37	37,1	00:03:55	00:07:59	00:12:11	00:16:11	00:16:13	13	
14	694	CIBOROWSKI DAMIAN	JASŁO	KS SPEED JASŁO	POL	1973	M40	7	00:00:02	1:37	37,1	00:03:55	00:07:59	00:12:12	00:16:11	00:16:13	14	
15	710	KASPRZYK RAFAŁ	NAWOJOWA GÓRA	' U JĘDRUSIA '	POL	1976	M40	8	00:00:13	1:38	36,7	00:04:13			00:16:20	00:16:33	15	
16	697	CZUSZ MAGDALENA	TOMASZÓW LUBELSKI	ZICO RACING TEAM/ AZS AWF KATOWICE	POL	1993	K20	1	00:00:27	1:39	36,4	00:04:39	00:08:50	00:13:02	00:16:30	00:16:57		1
17	630	KAWALER BOGDAN	SKAWINA		POL	1975	M40	9	00:00:44	1:40	36,1	00:04:58	00:09:08	00:13:17	00:16:36	00:17:20	16	
18	643	RZEPKA MAKSYMILIAN	CHOCHOŁÓW		POL	2003	M19	3	00:00:36	1:40	36,1	00:04:46	00:08:57	00:13:01	00:16:37	00:17:13	17	
19	628	JAKUBOWSKI ŁUKASZ	IZDEBNIK	UKS SOKOLIK	POL	1988	M20	3	00:00:43	1:40	36,0	00:04:58	00:09:05	00:13:16	00:16:39	00:17:22	18	
20	661	GIELAROWSKI KRYSZTIAN	BRZEWOWKA	AZS AWF KATOWICE ROLLERTEAM	POL	1998	M19	4	00:00:39	1:40	36,0	00:04:46	00:08:56	00:13:11	00:16:40	00:17:19	19	
21	662	GREŁA RAFAŁ	RZESZÓW	GRELATOUR	POL	1976	M40	10	00:00:44	1:40	36,0	00:05:00	00:09:07	00:13:15	00:16:41	00:17:25	20	
22	621	DELKOWSKI DANIEL	POZOWICE	LAJKONIK	POL	1997	M20	4	00:00:41	1:40	36,0	00:04:50	00:09:02	00:13:17	00:16:41	00:17:22	21	
23	632	KLIMCZYK ANDRZEJ	RADZISZÓW	IN MOGIŁANY CYCLING TEAM	POL	1980	M30	2	00:00:25	1:40	35,9	00:04:31	00:08:44	00:13:01	00:16:43	00:17:08	22	
24	711	KOŚCIEWSKA AGNIESZKA	GDAŃSK	ZICO RACING SPEED TEAM	POL	1984	K30	1	00:00:27	1:40	35,9	00:04:38	00:08:50	00:13:01	00:16:43	00:17:10		2
25	648	TYRPA MIROSLAW	SKAWINA	DZIECI SĄ WAŻNE	POL	1972	M40	11	00:00:38	1:41	35,8	00:04:50	00:09:00	00:13:12	00:16:45	00:17:23	23	
26	657	DOBOSZ KONRAD	SIEPRAW		POL	1989	M20	5	00:00:33	1:41	35,7	00:04:50	00:08:58	00:13:11	00:16:47	00:17:20	24	
27	625	GAŚNENICA-ROJ TOMASZ	ZAKOPANE	KLIMATYZACJA	POL	1972	M40	12	00:00:39	1:41	35,7	00:04:55	00:09:07	00:13:15	00:16:48	00:17:27	25	
28	707	GRZANECKI MARCIN	WARSZAWA		POL	1978	M30	3	00:00:06	1:41	35,6	00:04:59	00:08:56	00:12:57	00:16:51	00:16:57	26	
29	691	CIBOROWSKA KATARZYNA	JASŁO	KS SPEED JASŁO	POL	1976	K40	1	00:00:28	1:41	35,5	00:04:58	00:09:05	00:13:16	00:16:54	00:17:22		3
30	733	SZUMAN RAFAŁ	SKAWINA	-	POL	1978	M30	4	00:00:21	1:42	35,3	00:04:37	00:09:03	00:13:17	00:17:00	00:17:21	27	
31	690	CIBOROWSKA ANETA	PISZ	SEBA-SPORT PISZ	POL	1977	K40	2	00:00:27	1:42	35,3	00:04:46	00:09:00	00:13:12	00:17:01	00:17:28		4
32	760	RADZIK STANISŁAW	ŁYCZANKA		POL	1959	M50	3	00:00:44	1:42	35,3	00:05:03	00:09:13	00:13:30	00:17:01	00:17:45	28	
33	734	SZUMIEC DOMINIK	JASŁO	KS SPEED JASŁO	POL	2002	M19	5	00:00:22	1:42	35,2	00:04:44	00:08:57	00:13:16	00:17:02	00:17:24	29	
34	688	CHOJNACKI BARTŁOMIEJ	KŁAJ		POL	2003	M19	6	00:00:18	1:42	35,2	00:04:37	00:08:57	00:13:12	00:17:03	00:17:21	30	
35	667	MACIEJCZYK MICHAŁ	PISZ		POL	1983	M30	5	00:00:37	1:42	35,2	00:04:45	00:08:59	00:13:21	00:17:04	00:17:41	31	
36	636	LSKIEWICZ PIOTR	RADZISZÓW		POL	1970	M40	13	00:00:39	1:42	35,2	00:04:52	00:09:05	00:13:24	00:17:04	00:17:43	32	
37	739	ZOREMBA JAN	TARNOWSKIE GÓRY	AZS AWF KATOWICE RT	POL	1953	M60+	1	00:00:16	1:43	35,1	00:04:36	00:08:57	00:13:15	00:17:06	00:17:22	33	
38	706	GRUCA KORNEŁ	SKAWINA		POL	1991	M20	6	00:00:13	1:44	34,6	00:04:24	00:08:58	00:13:19	00:17:21	00:17:34	34	
39	700	DYBKA DOMINIK	JASŁO	KS SPEED JASŁO	POL	2000	M19	7	00:00:22	1:45	34,4	00:04:39	00:08:58	00:13:27	00:17:25	00:17:47	35	
40	683	BLAUT MARCIN	KRAKÓW	KKSW KRAK/NIGHT RUNNERS	POL	1974	M40	14	00:00:19	1:45	34,4	00:04:40	00:09:00	00:13:23	00:17:26	00:17:45	36	
41	654	BEZAK KACPER	SKAWINA	TREKO-LASER	POL	2001	M19	8	00:00:50	1:45	34,3	00:05:04	00:09:29	00:14:01	00:17:30	00:18:20	37	
42	727	OSZCZYK GRZEGORZ	ZĄŁUSKI		POL	1958	M50	4	00:00:17	1:45	34,3	00:04:41	00:09:03	00:13:24	00:17:30	00:17:47	38	
43	653	ADAMASZEK ŁUKASZ	SKAWINA		POL	1973	M40	15	00:00:47	1:46	34,1	00:05:07	00:09:30	00:14:01	00:17:37	00:18:24	39	
44	719	MICHOŃ RAFAŁ	NIEPOŁOMICE	KKSW KRAK	POL	1973	M40	16	00:00:14	1:47	33,6	00:04:44	00:09:07	00:13:33	00:17:53	00:18:07	40	
45	692	CIBOROWSKA ROKSANA	JASŁO	KS SPEED JASŁO	POL	2003	K19	1	00:00:30	1:48	33,5	00:05:00	00:09:16	00:13:53	00:17:56	00:18:26		5
46	645	STOKŁOSA JACEK	ŚWIĄTNIKI GÓRNE	STOKLOSATEAM		1985	M30	6	00:00:41	1:48	33,4	00:05:04	00:09:30	00:14:02	00:17:57	00:18:38	41	
47	624	FRAŚ WOJCIECH	KRAKÓW		POL	1973	M40	17	00:00:25	1:48	33,4	00:04:47	00:09:12	00:13:49	00:17:59	00:18:24	42	
48	689	CHOJNACKI KRZYSZTOF	KŁAJ		POL	1981	M30	7	00:00:20	1:48	33,2	00:04:44	00:09:16	00:13:53	00:18:03	00:18:23	43	
49	724	NAWORYTA WOJCIECH	KRAKÓW	KKM KALORYFER	POL	1969	M40	18	00:00:20	1:48	33,2	00:04:46	00:09:15	00:13:54	00:18:04	00:18:24	44	
50	731	SOCZOMSKI MIROSLAW	ZGORZELEC	EDI TEAM ZGORZELEC	POL	1965	M50	5	00:00:16	1:49	33,1				00:18:06	00:18:22	45	
51	623	FEĆ AGNIESZKA	KRAKÓW	XC 80	POL	1986	K30	2	00:00:53	1:49	32,9	00:05:37	00:10:09	00:14:41	00:18:14	00:19:07		6
52	674	PODOLAK KRZYSZTOF	WARSZAWA	THEOLDPICKS.COM	POL	1974	M40	19	00:00:51	1:50	32,8	00:05:15	00:09:45	00:14:25	00:18:17	00:19:08	46	
53	640	MŁYNARSKA JÓZEFINA	KRAKÓW	TRIATHLON YMCA KRAKÓW	POL	2003	K19	2	00:00:47	1:50	32,7	00:05:16	00:09:51	00:14:33	00:18:20	00:19:07		7
54	552	TARGOSZ MICHAŁ	KRAKÓW	HUZAR BIKE ACADEMY	POL	1980	M30	8	00:00:45	1:51	32,6	00:05:18	00:09:54	00:14:37	00:18:25	00:19:10	47	

# POKONAJ FOCHA V ROWER 10KM

Organizator: Klub Sportowy „Optima” Skawina

Data: 17-09-2017

Dystans: 10KM

Miejscowość: SKAWINA

Klasyfikacja: OPEN



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat. wiek.	M-ce w kat	Czas startu	tempo min/km	tempo km/h	P1	P2	P3	Wynik	Czas Brutto	M	K
55	725	NOWOTNY JAROSŁAW	BOCHNIA	SALT RUNNERS BOCHNIA	POL	1978	M30	9	00:00:19	1:51	32,3	00:04:55	00:09:32	00:14:09	00:18:33	00:18:52	48	
56	761	SMACZNY TOMASZ	WARSZAWA	SMACZNY SPOŚÓB NA ŻYCIE	POL	1975	M40	20	00:00:48	1:52	32,2				00:18:38	00:19:26	49	
57	737	ZDZIEBKÓ ARTUR	GLIWICE		POL	1970	M40	21	00:00:16	1:52	32,2	00:04:53	00:09:28	00:14:11	00:18:39	00:18:55	50	
58	677	SUDIA KRZYSZTOF	OŚWIĘCIM		POL	1979	M30	10	00:00:55	1:52	32,1	00:05:35	00:10:14	00:14:58	00:18:41	00:19:36	51	
59	618	ADAMASZEK JAKUB	SKAWINA		POL	2001	M19	9	00:00:48	1:52	32,0	00:05:19	00:09:58	00:14:48	00:18:44	00:19:32	52	
60	712	KROCZEK TOMASZ	MODLNICZKA	IFS ROADRUNNERS	POL	1973	M40	22	00:00:27	1:53	31,8	00:05:11	00:09:48	00:14:34	00:18:52	00:19:19	53	
61	620	BASTA TOMASZ	RADZISZÓW		POL	1985	M30	11	00:00:47	1:54	31,7	00:05:24	00:10:09	00:14:58	00:18:57	00:19:44	54	
62	745	GRZANECKA MIROŚLAWA		UKS ZRYW	POL	1976	K40	3	00:00:32	1:54	31,4	00:05:10	00:09:58	00:14:50	00:19:05	00:19:37	8	
63	669	MICHAŁEK JAROSŁAW	KRAKÓW	ONE WAY TICKET	POL	1965	M50	6	00:00:25	1:55	31,3	00:05:15	00:10:02	00:14:46	00:19:10	00:19:35	55	
64	698	DACZYŃSKI MICHAŁ	GLIWICE	VEGE RUNNERS	POL	1977	M40	23	00:00:20	1:56	31,1	00:05:09	00:09:59	00:14:51	00:19:16	00:19:36	56	
65	652	WOŹNICZKA MICHAŁ	SKAWINA	GRANA / ANYWHERE BIKE TEAM	POL	1979	M30	12	00:00:49	1:57	30,7	00:05:28	00:10:21	00:15:19	00:19:31	00:20:20	57	
66	704	GONCIARZ KAROL	TOMASZÓW MAZOWIECKI		POL	1983	M30	13	00:00:22	1:58	30,6	00:05:09	00:10:00	00:14:55	00:19:36	00:19:58	58	
67	736	WYPYCH SEBASTIAN	KRAKÓW		POL	1976	M40	24	00:00:16	1:58	30,6	00:05:04	00:10:00	00:15:02	00:19:38	00:19:54	59	
68	726	NOWOTNY MARIAN	DAMIENICE	NIEPOŁOMICE BIEGAJĄ	POL	1950	M60+	2	00:00:14	1:58	30,4	00:05:04	00:10:00	00:15:00	00:19:44	00:19:58	60	
69	672	PIĄTEK STANISŁAW	KRAKÓW	ITMBW KRAKÓW	POL	1958	M50	7	00:00:52	1:59	30,3	00:05:38	00:10:37	00:15:37	00:19:47	00:20:39	61	
70	687	CHOJNACKA MARIA	KŁAJ		POL	2002	K19	3	00:00:33	2:00	30,0	00:05:20	00:10:21	00:15:21	00:19:59	00:20:32	9	
71	716	ŁATA DARIUSZ	WYMYŚLÓW	SILESIA SKATING	POL	1966	M50	8	00:00:24	2:02	29,5	00:05:11	00:10:12	00:15:26	00:20:22	00:20:46	62	
72	641	NOWROTH JUSTYNA	LEŃCZE	UKS SOKOLIK	POL	1977	K40	4	00:00:55	2:03	29,2	00:05:48	00:11:09	00:16:25	00:20:33	00:21:28	10	
73	635	LISEK ROBERT	SKAWINA		POL	1972	M40	25	00:00:49	2:04	29,0	00:05:56	00:11:10	00:16:20	00:20:40	00:21:29	63	
74	738	ZEMUŁA ZBIGNIEW	KRAKÓW	KORA & DORA	POL	1954	M60+	3	00:00:24	2:05	28,9	00:05:14	00:10:26	00:15:46	00:20:45	00:21:09	64	
75	728	PALIŚ EWELA	KRAKÓW	KKSW KRAK	POL	1989	K20	2	00:00:29	2:05	28,9	00:05:23	00:10:38	00:15:56	00:20:46	00:21:15	11	
76	759	NIECHAJ BOŻENA	KRAKÓW		POL	1964	K50	1	00:00:55	2:05	28,7	00:05:55	00:11:10	00:16:26	00:20:54	00:21:49	12	
77	686	CEBULSKA KATARZYNA	KRAKÓW		POL	1968	K40	5	00:00:34	2:06	28,7	00:05:38	00:10:58	00:16:15	00:20:55	00:21:29	13	
78	705	GRÓS ANNA	SKAWINA	OPTIMA SKAWINA	POL	1974	K40	6	00:00:33	2:06	28,6	00:05:33	00:10:51	00:16:20	00:20:59	00:21:32	14	
79	639	MICHOŃ ANNA	NIEPOŁOMICE	ŻUBRY NIEPOŁOMICE	POL	1977	K40	7	00:00:57	2:06	28,5	00:06:03	00:11:17	00:16:39	00:21:01	00:21:58	15	
80	730	ROJKOWSKI JERZY	KRAKÓW		POL	1981	M30	14	00:00:28	2:08	28,1	00:05:43	00:11:08	00:16:30	00:21:21	00:21:49	65	
81	763	WOLSKI WOJCIECH			POL	1980	M30	15	00:00:24	2:08	28,1	00:05:22	00:10:24	00:16:01	00:21:22	00:21:46	66	
82	754	KRUK PAULINA	KRAKÓW	KKSW KRAK	POL	1994	K20	3	00:00:33	2:08	28,1	00:05:52	00:11:17	00:16:40	00:21:23	00:21:56	16	
83	751	GUBAŁA KRZYSZTOF	KRAKÓW		POL	1964	M50	9	00:00:50	2:09	27,8	00:05:38			00:21:33	00:22:23	67	
84	699	DASZKIEWICZ ZOFIA	KRAKÓW		POL	1999	K19	4	00:00:34	2:10	27,6	00:05:58	00:11:18	00:16:46	00:21:44	00:22:18	17	
85	638	MATULSKI ARTUR	KRAKÓW		POL	1969	M40	26	00:00:56	2:12	27,4	00:06:15	00:11:41	00:17:18	00:21:56	00:22:52	68	
86	651	WOŹNICZKA KAMILA	SKAWINA	NPA	POL	1983	K30	3	00:00:54	2:12	27,3	00:06:04	00:11:41	00:17:18	00:22:00	00:22:54	18	
87	650	WIĄCEK MAREK	SKAWINA	DRINK TEAM	POL	1969	M40	27	00:00:47	2:13	27,1	00:05:59	00:11:27	00:17:07	00:22:08	00:22:55	69	
88	720	MIELNIK ANDRZEJ	MYSZKÓW	LEŚNE LUDKI ŻARKI LETNISKO	POL	1959	M50	10	00:00:22	2:14	26,8	00:05:43	00:11:13	00:16:52	00:22:21	00:22:43	70	
89	629	JEZIORO SŁAWOMIR	SKAWINA		POL	1972	M40	28	00:00:45	2:14	26,8	00:05:54	00:11:25	00:17:17	00:22:24	00:23:09	71	
90	619	BASTA KRZYSZTOF	KRZYSZKOWICE		POL	1993	M20	7	00:00:48	2:17	26,2	00:05:36	00:10:48	00:16:33	00:22:53	00:23:41	72	
91	637	ŁYPIK MARZENA	KRAKÓW		POL	1973	K40	8	00:00:56	2:18	26,1	00:06:28	00:12:20	00:18:04	00:22:58	00:23:54	19	
92	622	DOLEGŁO DARIA	KRAKÓW		POL	1994	K20	4	00:00:56	2:19	26,0	00:06:25	00:12:19	00:18:09	00:23:07	00:24:03	20	
93	721	MIKUŚ GRZEGORZ	KRAKÓW	ZABIĆ GRUBASA	POL	1982	M30	16	00:00:10	2:22	25,4	00:05:21	00:11:21	00:17:24	00:23:39	00:23:49	73	
94	708	HABA JANUSZ	TARNÓW			1973	M40	29	00:00:14	2:25	24,8	00:04:38	00:09:17	00:16:07	00:24:10	00:24:24	74	
95	681	BAJOLEK ALEKSANDRA	KRAKÓW	NIGHT RUNERS	POL	1968	K40	9	00:00:34	2:28	24,3	00:06:27	00:13:00	00:19:15	00:24:42	00:25:16	21	
96	647	TYRPA MARTA	SKAWINA	DZIECI SĄ WAŻNE	POL	1974	K40	10	00:00:46	2:28	24,3	00:06:39	00:13:07	00:19:15	00:24:43	00:25:29	22	
97	684	BOBA MONIKA	JAWORZNO		POL	1975	K40	11	00:00:30	2:29	24,2	00:06:13	00:12:31	00:18:50	00:24:47	00:25:17	23	
98	633	KOWALÓWKA EWA	SKAWINA		POL	1956	K60+	1	00:00:56	2:39	22,6				00:26:32	00:27:28	24	
99	508	JAKUBEK HANNA	SKAWINA		POL	1960	K50	2	00:00:36	2:44	22,0	00:07:03	00:13:57	00:20:45	00:27:15	00:27:51	25	
100	642	ORŁOWICZ KINGA	KRAKÓW	SUPER O	POL	2003	K19	5	00:00:56	2:53	20,8	00:07:33	00:15:07	00:22:24	00:28:48	00:29:44	26	