

Garmin Iron Triathlon Stężyca 2018 1/4 IM

Organizator: Urząd Gminy w Stężycy; LABOSPORT Polska

Data: 1 lipca 2018 r.

Dystans: 1/4 IM (0,95-45-10,55)

Miejscowość: Stężyca



Sponsor tytularny



Sponsorzy strategiczni



Partner strategiczny



Gospodarz



Organizator cyklu



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
1	11	BREMBOR TOMASZ	CHORZÓW	GVT BMC AZS-AWF KATOWICE	POL	1994	M18-24	1	00:10:09	00:11:18 (1)	00:02:13	01:04:00 (4)	00:00:50	00:37:06 (1)	01:55:27	1		
2	8	BANACH BARTOSZ	GDAŃSK	TORUS - APTEKA GEMINI GDAŃSK	POL	1986	M30-34	1	00:10:09	00:13:34 (4)	00:02:27	01:02:38 (2)	00:01:00	00:38:01 (4)	01:57:40	2		
3	7	FORMELA DANIEL	GDYNIA	WWW.DANIELFORMELA.COM	POL	1986	M30-34	2	00:10:09	00:15:40 (18)	00:02:22	01:03:02 (3)	00:01:12	00:38:22 (5)	02:00:38	3		
4	10	RUCIŃSKI JAKUB	SOPOT	BIKE U UP- EUROPELL BIKE U UP	POL	1975	M40-44	1	00:10:09	00:16:03 (27)	00:02:51	01:01:45 (1)	00:01:00	00:39:48 (6)	02:01:27	4		
5	301	SPALENIAK TOMASZ	DOBRCZEWINO	ENDURE TEAM	POL	1990	M25-29	1	00:10:09	00:15:15 (13)	00:02:38	01:06:52 (10)	00:01:07	00:37:31 (3)	02:03:23	5		
6	4	WILKOWIECKI ROBERT	TWARDOGÓRA	GVT BMC AZS-AWF KATOWICE	POL	1994	M18-24	2	00:10:09	00:11:30 (2)	00:02:18	01:06:30 (7)	00:00:48	00:43:55 (23)	02:05:01	6		
7	85	CZAPIŃSKI MICHAŁ	REDA	EUROPELL- BIKE U UP	POL	1982	M35-39	1	00:10:09	00:17:25 (52)	00:03:15	01:09:07 (12)	00:01:33	00:37:12 (2)	02:08:32	7		
8	2	MITRUS PAWEŁ	WARSZAWA	NEON TEAM	POL	1992	M25-29	2	00:10:09	00:14:55 (8)	00:02:25	01:06:20 (6)	00:01:02	00:43:50 (22)	02:08:32	8		
9	250	KOZAK KAROL	ELBLĄG	ETT ELBLĄG TRIATHLON TEAM	POL	2000	M18-24	3	00:10:09	00:15:36 (17)	00:02:45	01:06:38 (8)	00:01:13	00:43:10 (14)	02:09:22	9		
10	74	BIEGAŁA MAREK	GDAŃSK	BIKE U UP	POL	1984	M30-34	3	00:10:09	00:17:13 (47)	00:03:07	01:05:46 (5)	00:01:00	00:43:32 (19)	02:10:38	10		
11	264	TWAROWSKI MICHAŁ	STRASZYŃ	TRISPACE JEPPESEN	POL	1973	M45-49	1	00:10:09	00:15:53 (25)	00:02:55	01:09:27 (13)	00:01:25	00:41:46 (7)	02:11:26	11		
12	191	GRODZKI MAREK	GDAŃSK OSOWA	CTS - CZAJATRAININGSYSTEM	POL	1975	M40-44	2	00:10:09	00:15:51 (24)	00:03:07	01:06:46 (9)	00:01:23	00:44:23 (28)	02:11:30	12		
13	1	CZEŚNIK MARIA	WARSZAWA	PROFI TEAM	POL	1977	K40-44	1	00:10:09	00:13:20 (3)	00:02:21	01:12:11 (20)	00:00:58	00:43:05 (12)	02:11:55		1	
14	293	ZALEWSKI KAROL	RUMIA	BE3 CITYZEN_POZNAŃ	POL	1979	M35-39	2	00:10:09	00:15:26 (14)	00:02:56	01:10:23 (18)	00:01:13	00:43:11 (15)	02:13:09	13		
15	153	PIERNICKI KRZYSZTOF	KARCZEMKI	WWW.POMAGAMYNATALII.PL	POL	1980	M35-39	3	00:10:09	00:14:07 (7)	00:02:50	01:09:52 (15)	00:01:14	00:45:28 (31)	02:13:31	14		
16	16	KOMANDER EWA	KEDZIERZYŃ-KOZŁE	ZAKSA	POL	1985	K30-34	1	00:10:09	00:13:54 (6)	00:02:30	01:11:24 (19)	00:01:05	00:46:27 (36)	02:15:20		2	
17	134	POLAŃSKI PIOTR	ŁĘBORK	ENDURE	POL	1981	M35-39	4	00:10:09	00:16:56 (43)	00:03:17	01:09:52 (14)	00:01:28	00:44:41 (29)	02:16:14	15		
18	95	GRZELEC JAROSŁAW	GDAŃSK	SMARUJ NA TRENING TEAM	POL	1961	M55-59	1	00:10:09	00:16:18 (30)	00:03:10	01:12:44 (23)	00:01:29	00:42:44 (9)	02:16:25	16		
19	303	HOPPE MATEUSZ	GDAŃSK	SOPOCKI KLUB ZEGLARSKI	POL	1991	M25-29	3	00:10:09	00:16:43 (37)	00:03:53	01:10:21 (17)	00:01:30	00:44:00 (24)	02:16:27	17		
20	271	GRYGORCZYK KRYSZTIAN	GDAŃSK		POL	1997	M18-24	4	00:10:09	00:18:33 (88)	00:03:17	01:10:03 (16)	00:01:14	00:43:21 (17)	02:16:28	18		
21	28	KUTER KRZYSZTOF	PIASECZNO	KUŹNIA TRIATHLONU	POL	1982	M35-39	5	00:10:09	00:16:28 (31)	00:02:57	01:12:43 (22)	00:01:29	00:42:59 (11)	02:16:36	19		
22	196	PUCH ROBERT	ELBLĄG	CTS - CZAJATRAININGSYSTEM	POL	1975	M40-44	3	00:10:09	00:16:54 (42)	00:02:58	01:13:37 (31)	00:01:18	00:43:35 (20)	02:18:22	20		
23	26	KOCIOŁOWICZ JAKUB	WARSZAWA	KUŹNIA TRIATHLONU	POL	1983	M35-39	6	00:10:09	00:17:05 (45)	00:03:21	01:13:48 (32)	00:01:11	00:43:08 (13)	02:18:33	21		
24	273	LIS PAWEŁ	GDAŃSK	SMARUJ NA TRENING TEAM	POL	1977	M40-44	4	00:10:09	00:14:56 (9)	00:03:16	01:12:55 (25)	00:01:22	00:46:19 (35)	02:18:48	22		
25	232	TRAPP MICHAŁ	GDAŃSK		POL	1979	M35-39	7	00:10:09	00:17:03 (44)	00:03:11	01:14:24 (38)	00:01:07	00:43:44 (21)	02:19:29	23		
26	305	KWIATKOWSKI RAFAŁ	WARSZAWA	KUŹNIA TRIATHLONU	POL	1980	M35-39	8	00:10:09	00:17:28 (53)	00:02:57	01:14:09 (37)	00:01:43	00:44:01 (25)	02:20:18	24		
27	21	SKUTKIEWICZ JOANNA	GDYNIA		POL	1990	K25-29	1	00:10:09	00:15:12 (12)	00:02:59	01:14:00 (34)	00:01:12	00:47:11 (45)	02:20:34		3	
28	249	SARAPUK KRZYSZTOF	GDYNIA	GDYNIA	POL	1970	M45-49	2	00:10:09	00:19:50 (134)	00:04:14	01:13:00 (27)	00:01:44	00:42:11 (8)	02:20:59	25		
29	56	JAROCHOWICZ NORBERT	NOWOGARD	NTS KONA	POL	1971	M45-49	3	00:10:09	00:19:24 (115)	00:02:53	01:08:56 (11)	00:01:37	00:48:29 (59)	02:21:19	26		
30	186	ŚLIWKA PIOTR	KRAŚNIK	SPORTOVO	POL	1980	M35-39	9	00:10:09	00:18:45 (91)	00:02:57	01:13:52 (33)	00:01:19	00:44:59 (30)	02:21:52	27		
31	36	ZIÓŁKOWSKI GRZEGORZ	WARSZAWA	NEON TEAM	POL	1980	M35-39	10	00:10:09	00:17:23 (51)	00:03:39	01:12:31 (21)	00:01:52	00:46:34 (38)	02:21:59	28		
32	157	SUWARA PIOTR	GDAŃSK		POL	1979	M35-39	11	00:10:09	00:15:05 (11)	00:03:36	01:12:45 (24)	00:01:40	00:49:00 (69)	02:22:06	29		
33	237	ŁOŚ ADAM	MAREZA	KTS IRONMAN	POL	1985	M30-34	4	00:10:09	00:18:21 (83)	00:03:10	01:12:59 (26)	00:02:34	00:45:56 (34)	02:23:00	30		
34	100	KUBICZAK JAN	TORUŃ	PARUM CANIS DELTA TUTU JAZZ & WHISKEY CLUB	POL	1983	M35-39	12	00:10:09	00:17:38 (58)	00:03:27	01:18:22 (81)	00:01:00	00:42:51 (10)	02:23:18	31		
35	128	REUTER TOMASZ	SOPOT	HOTEL CZTERY BRZOZY GDAŃSK	POL	1971	M45-49	4	00:10:09	00:15:02 (10)	00:03:13	01:15:38 (52)	00:02:02	00:47:27 (48)	02:23:22	32		
36	46	PIETRASIK PRZEMYŚLAW	SŁUPSK		POL	1980	M35-39	13	00:10:09	00:16:40 (36)	00:03:24	01:13:23 (29)	00:01:16	00:48:43 (63)	02:23:26	33		
37	24	HERMELIN WOJCIECH	BYDGOSZCZ	LABOSPORT TEAM KANCELARIA HMM	POL	1979	M35-39	14	00:10:09	00:16:35 (34)	00:03:08	01:15:16 (47)	00:01:17	00:48:00 (53)	02:24:16	34		
38	304	OGIEGŁO WITOLD	GDYNIA		POL	1972	M45-49	5	00:10:09	00:16:47 (40)	00:04:01	01:14:41 (42)	00:01:48	00:47:05 (44)	02:24:22	35		
39	298	BRZOZOWSKI ROMAN	KOŁO	TRI FUN&SPORT	POL	1982	M35-39	15	00:10:09	00:15:47 (22)	00:02:56	01:13:31 (30)	00:01:15	00:51:10 (105)	02:24:39	36		
40	252	SZTAKOWSKI ŁUKASZ	GDAŃSK	SMARUJ NA TRENING TEAM	POL	1978	M40-44	5	00:10:09	00:17:47 (66)	00:03:22	01:14:32 (39)	00:01:21	00:47:51 (52)	02:24:53	37		
41	68	KUBASIK AREEK	SŁUPSK		POL	1977	M40-44	6	00:10:09	00:16:52 (41)	00:03:02	01:16:46 (62)	00:01:35	00:46:53 (41)	02:25:08	38		
42	73	HAWROT SYLWESTER	GOLENIÓW	CROWN GOLENIÓW	POL	1968	M50-54	1	00:10:09	00:20:32 (166)	00:03:04	01:16:13 (57)	00:01:14	00:44:17 (27)	02:25:20	39		
43	54	KACZKOWSKA KATARZYNA	STRASZYŃ		POL	1981	K35-39	1	00:10:09	00:20:39 (168)	00:03:52	01:15:58 (54)	00:01:28	00:44:02 (26)	02:25:59		4	
44	308	MAŃCZAK JAKUB	GDYNIA		POL	1971	M45-49	6	00:10:09	00:13:42 (5)	00:03:56	01:16:31 (59)	00:01:38	00:50:20 (86)	02:26:07	40		
45	117	PAKULA MARCIN	GDYNIA ORLOWO	PAKULA TEAM ANIA PAKULA TEAM	POL	1973	M45-49	7	00:10:09	00:17:16 (48)	00:03:03	01:15:19 (48)	00:01:03	00:49:56 (79)	02:26:37	41		
46	25	DUKACZEWSKI MICHAŁ	GDYNIA		POL	1980	M35-39	16	00:10:09	00:18:42 (89)	00:03:30	01:15:02 (45)	00:01:53	00:47:46 (50)	02:26:53	42		
47	126	KREFT ALEKSANDER	KOBYSEWO		POL	1984	M30-34	5	00:10:09	00:19:25 (116)	00:04:26	01:15:21 (49)	00:01:40	00:46:32 (37)	02:27:24	43		

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Data: 1 lipca 2018 r.

Dystans: 1/4 IM (0,95-45-10,55)

Miejsowość: Stężycza



Sponsorzy strategiczni



Partner strategiczny



Gospodarz



Organizator cyklu



M-ce	Nr zaw.	Nazwisko Imię	Miejsowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
48	151	KUJAWIŃSKI ROBERT	GDAŃSK	SPORTEVO	POL	1979	M35-39	17	00:10:09	00:15:44 (20)	00:03:34	01:17:09 (68)	00:01:31	00:49:28 (73)	02:27:26	44		
49	109	KONIECZNY MIKOŁAJ	GDAŃSK	BBS	POL	1974	M40-44	7	00:10:09	00:18:08 (76)	00:04:43	01:13:02 (28)	00:01:40	00:49:55 (78)	02:27:28	45		
50	125	KREFT ARKADIUSZ	KARTUZY	ARTOM SP. Z O.O.	POL	1985	M30-34	6	00:10:09	00:17:35 (56)	00:03:49	01:14:08 (35)	00:01:34	00:50:28 (91)	02:27:34	46		
51	84	LEMKE LESZEK	GDYNIA		POL	1977	M40-44	8	00:10:09	00:20:17 (154)	00:03:46	01:15:10 (46)	00:01:38	00:46:58 (42)	02:27:49	47		
52	289	DUK JANUSZ	LODZ	LABOSPORT TEAM	POL	1966	M50-54	2	00:10:09	00:18:02 (75)	00:03:53	01:14:08 (35)	00:01:15	00:50:39 (96)	02:27:57	48		
53	101	KUBICKI LESZEK	WŁOCŁAWEK	NIEZRZESZONY	POL	1953	M65-69	1	00:10:09	00:16:00 (26)	00:04:09	01:14:47 (44)	00:01:41	00:51:48 (113)	02:28:25	49		
54	210	REMBOWSKI MICHAŁ	KONSTANCIN-JEZIORNA	UB 40 TC	POL	1975	M40-44	9	00:10:09	00:16:44 (38)	00:04:14	01:14:32 (40)	00:01:55	00:51:00 (103)	02:28:25	50		
55	280	KLUCZYK ARTUR	ELBLĄG	DECATHLON PRZYMORZE TEAM	POL	1994	M18-24	5	00:10:09	00:15:50 (23)	00:03:03	01:14:35 (41)	00:01:15	00:53:50 (140)	02:28:33	51		
56	17	GORLO KATARZYNA	WARSZAWA	RUNTHEWORLD.PL	POL	1988	K30-34	2	00:10:09	00:18:00 (74)	00:03:21	01:19:17 (92)	00:01:21	00:46:38 (39)	02:28:36		5	
57	142	GELIŃSKI KAROL	MOSTY		POL	1984	M30-34	7	00:10:09	00:17:58 (72)	00:04:01	01:17:29 (71)	00:01:41	00:47:35 (49)	02:28:44	52		
58	309	KALĘCKI PIOTR	ROTMANKA		POL	1981	M35-39	18	00:10:09	00:15:42 (19)	00:04:39	01:17:07 (67)	00:02:30	00:48:50 (65)	02:28:48	53		
59	50	KACZMAREK DARIUSZ	KONIN	GEO-TECH	POL	1969	M45-49	8	00:10:09	00:18:15 (79)	00:03:46	01:16:24 (58)	00:01:19	00:49:08 (70)	02:28:52	54		
60	179	KIEDA WOJCIECH	BIAŁYSTOK	IRONWOMAN FIT/ TRENERFIT.PL	POL	1976	M40-44	10	00:10:09	00:16:34 (33)	00:03:34	01:17:03 (65)	00:01:14	00:50:37 (94)	02:29:02	55		
61	139	NEUBAUER SZYMON	SOMONINO	KARTUZY	POL	1988	M30-34	8	00:10:09	00:19:32 (121)	00:03:41	01:17:39 (74)	00:01:16	00:46:58 (43)	02:29:06	56		
62	225	BŁAJET JAKUB	TORUŃ		POL	1981	M35-39	19	00:10:09	00:17:31 (55)	00:03:32	01:19:19 (93)	00:01:31	00:47:19 (47)	02:29:12	57		
63	208	WAWRZYNIAK MAREK	GDYNIA		POL	1972	M45-49	9	00:10:09	00:23:07 (210)	00:03:22	01:14:46 (43)	00:01:07	00:46:52 (40)	02:29:14	58		
64	299	MISIASZEK JANUSZ	KĘDZIERZYN-KOŹLE	LABOSPORT TEAM	POL	1958	M60-64	1	00:10:09	00:19:29 (119)	00:03:39	01:17:38 (73)	00:01:21	00:47:17 (46)	02:29:24	59		
65	177	BARTNIK ŁUKASZ	GDYNIA	ENZO TEAM KOŁOMAŃSKI ROWERY	POL	1978	M40-44	11	00:10:09	00:20:16 (153)	00:03:34	01:15:25 (51)	00:01:32	00:48:57 (68)	02:29:44	60		
66	155	BANKA ARKADIUSZ	ELBLĄG	OJCOWA WOLA RUNNING	POL	1978	M40-44	12	00:10:09	00:19:46 (131)	00:03:38	01:15:55 (53)	00:01:46	00:49:23 (71)	02:30:28	61		
67	97	MYTKO MICHAŁ	POZNAŃ	ART-ROD ART-ROD	POL	1981	M35-39	20	00:10:09	00:17:17 (49)	00:04:04	01:16:10 (56)	00:01:36	00:51:26 (108)	02:30:33	62		
68	201	PIETRYCZUK DARIUSZ	PRUSZCZ GDAŃSKI		POL	1985	M30-34	9	00:10:09	00:17:42 (61)	00:04:25	01:18:06 (77)	00:01:26	00:48:54 (67)	02:30:33	63		
69	285	JEZERSKI TOMASZ	TCZEW	TJT	POL	1975	M40-44	13	00:10:09	00:20:27 (162)	00:03:43	01:19:37 (95)	00:01:28	00:45:42 (33)	02:30:57	64		
70	277	KOWALIK DOMINIK	GDYNIA		POL	1979	M35-39	21	00:10:09	00:20:03 (144)	00:04:53	01:16:01 (55)	00:01:41	00:48:32 (60)	02:31:10	65		
71	113	WELKE ARTUR	GDYNIA	DSZMD	POL	1977	M40-44	14	00:10:09	00:16:46 (39)	00:03:48	01:17:29 (72)	00:01:54	00:52:20 (122)	02:32:17	66		
72	114	SŁKOWSKI RADOŚLAŹ	GDYNIA	HEIZTECHNIK	POL	1975	M40-44	15	00:10:09	00:20:21 (159)	00:05:02	01:17:02 (64)	00:01:56	00:48:01 (54)	02:32:22	67		
73	297	BRODOWSKA JUSTYNA	WARSZAWA		POL	1981	K35-39	2	00:10:09	00:17:46 (64)	00:04:38	01:18:05 (76)	00:01:38	00:50:32 (92)	02:32:39		6	
74	115	JAKUBOWSKI KUBA	OLSZTYN	NAJMOWICZ TRIATHLON	POL	1990	M25-29	4	00:10:09	00:18:54 (94)	00:03:43	01:20:40 (108)	00:01:27	00:48:09 (56)	02:32:53	68		
75	80	FIEDOROW MATEUSZ	GDYNIA	WSNT	POL	1989	M25-29	5	00:10:09	00:15:31 (16)	00:07:18	01:20:52 (110)	00:01:39	00:47:46 (51)	02:33:06	69		
76	91	SKROBACZ PRZEMYSŁAW	REDA		POL	1988	M30-34	10	00:10:09	00:17:35 (56)	00:03:33	01:16:58 (63)	00:01:17	00:53:46 (139)	02:33:09	70		
77	261	JURCZYŻYŃSKI RAFAŁ	DĘBNICA KASZUBSKA	A&R	POL	1987	M30-34	11	00:10:09	00:23:45 (221)	00:04:38	01:20:35 (105)	00:00:58	00:43:26 (18)	02:33:22	71		
78	82	SZLASKI IGOR	GIERZ	PROTRI	POL	1989	M25-29	6	00:10:09	00:19:48 (132)	00:04:12	01:17:53 (75)	00:01:33	00:50:14 (83)	02:33:40	72		
79	296	SIKORA DARIUSZ	NOWY DWÓR GDAŃSKI	ETT ELBLĄG TRIATHLON TEAM	POL	1972	M45-49	10	00:10:09	00:18:48 (92)	00:03:20	01:18:53 (87)	00:02:01	00:51:06 (104)	02:34:08	73		
80	160	KAPUSNIAK TOMASZ	BYDGOSZCZ	TAK DLA TRANSPLANTACJI	POL	1974	M40-44	16	00:10:09	00:19:03 (99)	00:03:51	01:16:40 (60)	00:02:03	00:52:54 (130)	02:34:31	74		
81	310	KASZTELAN RADOŚLAŹ	KWIDZYN	KWIDZYN BIKE RACING TEAM KWIDZYN	POL	1977	M40-44	17	00:10:09	00:19:58 (141)	00:04:58	01:17:28 (70)	00:01:46	00:50:25 (88)	02:34:35	75		
82	195	ŚMIGA KLAUDIUSZ	KRAKÓW		POL	1982	M35-39	22	00:10:09	00:18:54 (94)	00:03:40	01:20:26 (99)	00:02:07	00:49:28 (74)	02:34:35	76		
83	193	PIESIK DOMINIK	GDYNIA	PRESA PROJEKT	POL	1986	M30-34	12	00:10:09	00:18:28 (86)	00:03:49	01:20:36 (106)	00:01:35	00:50:08 (81)	02:34:36	77		
84	137	BELLWON PAWEŁ	GDYNIA	TEAM BABLO	POL	1987	M30-34	13	00:10:09	00:19:31 (120)	00:04:03	01:21:13 (114)	00:01:11	00:48:43 (62)	02:34:41	78		
85	185	KRZAN GRZEGORZ	NYSA	GIANT POLSKA	POL	1962	M55-59	2	00:10:09	00:18:56 (96)	00:04:27	01:20:15 (97)	00:01:43	00:50:05 (80)	02:35:26	79		
86	279	FLISIKOWSKI SZYMON	GDYNIA	SPORTEVO	POL	1985	M30-34	14	00:10:09	00:19:14 (107)	00:03:58	01:21:02 (112)	00:01:45	00:49:33 (75)	02:35:32	80		
87	275	URLICH TOMASZ	TORUŃ	SPICE WIZARD SPICE WIZARD	POL	1972	M45-49	11	00:10:09	00:21:21 (182)	00:04:18	01:19:44 (96)	00:01:59	00:48:14 (58)	02:35:36	81		
88	118	CZAJKOWSKI KRZYSZTOF	POWIERCIE KOLONIA		POL	1975	M40-44	18	00:10:09	00:17:58 (72)	00:05:11	01:20:27 (100)	00:01:42	00:50:18 (85)	02:35:36	82		
89	258	LOREK KINGA	ELBLĄG	MKS TRUSO ELBLĄG	POL	1998	K18-24	1	00:10:09	00:15:46 (21)	00:02:48	01:27:21 (181)	00:01:13	00:48:33 (61)	02:35:41		7	
90	300	ZIELIŃSKI PRZEMYSŁAW	CHOJNICE	TATA MAŁGOSI I PIOTRUSIA	POL	1974	M40-44	19	00:10:09	00:19:22 (114)	00:05:08	01:20:56 (111)	00:02:12	00:48:08 (55)	02:35:46	83		
91	307	DUDANIEC-TARKOWSKA AGNIESZKA	GDAŃSK	AMT GDAŃSK	POL	1984	K30-34	3	00:10:09	00:17:09 (46)	00:03:29	01:23:21 (135)	00:01:12	00:50:40 (97)	02:35:51		8	
92	140	SPRZĄCZKOWSKI KRZYSZTOF	GDYNIA	INTEL RUNNERS	POL	1969	M45-49	12	00:10:09	00:20:34 (167)	00:04:44	01:19:16 (91)	00:02:10	00:49:36 (76)	02:36:20	84		
93	282	STĘPLIŃSKI KRZYSZTOF	CHARZYKOWY		POL	1988	M30-34	15	00:10:09	00:19:55 (139)	00:04:18	01:20:28 (101)	00:01:33	00:50:12 (82)	02:36:26	85		
94	180	KIEDA ALEKSANDRA	BIAŁYSTOK	IRONWOMAN FIT/ TRENERFIT.PL	POL	1990	K25-29	2	00:10:09	00:19:12 (102)	00:04:06	01:18:23 (82)	00:01:26	00:53:27 (136)	02:36:34		9	

Garmin Iron Triathlon Stężyca 2018 1/4 IM

Organizator: Urząd Gminy w Stężycy; LABOSPORT Polska

Data: 1 lipca 2018 r.

Dystans: 1/4 IM (0,95-45-10,55)

Miejscowość: Stężyca



Sponsor tytularny



Sponsorzy strategiczni



Partner strategiczny



Gospodarz



Organizator cyklu



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
95	27	SACHMATA JACEK	PIASECZNO	KUŹNIA TRIATHLONU MOTO-PARTNER	POL	1990	M25-29	7	00:10:09	00:20:01 (142)	00:02:44	01:20:20 (98)	00:01:25	00:52:11 (120)	02:36:41	86		
96	211	GALEK WOJCIECH	RADOM	UB40 KJ TT	POL	1976	M40-44	20	00:10:09	00:19:42 (127)	00:05:11	01:18:21 (80)	00:02:07	00:52:06 (119)	02:37:27	87		
97	63	LEWIŃSKI ANDRZEJ	GDYNIA	BIEGAMYRAZEM.PL / CTS	POL	1973	M45-49	13	00:10:09	00:22:06 (192)	00:03:40	01:21:36 (117)	00:01:26	00:48:46 (64)	02:37:34	88		
98	23	JAŁOCHA WALDEMAR	PRUSZKÓW	LABOSPORT TEAM	POL	1966	M50-54	3	00:10:09	00:22:43 (201)	00:03:58	01:18:20 (79)	00:01:45	00:50:49 (101)	02:37:35	89		
99	79	LIS SEBASTIAN	ŁÓDŹ		POL	1990	M25-29	8	00:10:09	00:16:32 (32)	00:04:20	01:19:11 (89)	00:01:43	00:55:56 (175)	02:37:42	90		
100	188	DIMITROW MARCIN	WEGORZEWO	D7 TRIATHLON TEAM	POL	1976	M40-44	21	00:10:09	00:19:18 (110)	00:06:51	01:17:04 (66)	00:02:34	00:51:56 (116)	02:37:43	91		
101	66	BOGUSZ WALDEMAR	TCZEW		POL	1962	M55-59	3	00:10:09	00:15:27 (15)	00:04:32	01:22:20 (123)	00:01:57	00:53:28 (137)	02:37:44	92		
102	61	KOMOROWSKI KAMIL	ROKOCIN	TRI STAROGARD GDAŃSKI	POL	1986	M30-34	16	00:10:09	00:20:12 (151)	00:04:31	01:20:37 (107)	00:02:23	00:49:45 (77)	02:37:58	93		00:00:30
103	221	STRZELECKI JACEK	GDAŃSK	AQUABAŻAN	POL	1979	M35-39	23	00:10:09	00:17:53 (71)	00:04:53	01:21:19 (115)	00:01:33	00:52:21 (123)	02:37:59	94		
104	106	GÓLDYN MAREK	KOSZALIN	TKKF KOSZALIN TKKF KOSZALIN	POL	1982	M35-39	24	00:10:09	00:18:20 (82)	00:04:35	01:22:34 (126)	00:01:14	00:52:05 (117)	02:38:48	95		
105	198	HARASIŃMIUK-GRODZKA MALGORZATA	GDAŃSK	CTS - CZAJATRANINGSYSTEM	POL	1977	K40-44	2	00:10:09	00:20:30 (164)	00:04:35	01:20:34 (104)	00:01:50	00:51:37 (111)	02:39:06		10	
106	168	WARSZAWSKI FILIP	GDYNIA	BIEGAMYRAZEM.PL BIEGAMYRAZEM.PL	POL	1975	M40-44	22	00:10:09	00:19:54 (137)	00:04:17	01:21:06 (113)	00:01:58	00:52:19 (121)	02:39:34	96		
107	189	WALENTYNOWICZ ADAM	SOPOT	DOMO TEAM	POL	1981	M35-39	25	00:10:09	00:20:23 (160)	00:04:39	01:18:51 (86)	00:01:42	00:54:09 (145)	02:39:43	97		
108	45	REGLIŃSKA AGNIESZKA	JUSZKOWO		POL	1977	K40-44	3	00:10:09	00:17:30 (54)	00:04:52	01:23:13 (131)	00:02:19	00:51:54 (114)	02:39:48		11	
109	209	JÓŹWIAK LUKASZ	RUMIA		POL	1976	M40-44	23	00:10:09	00:19:36 (124)	00:04:44	01:21:22 (116)	00:02:13	00:51:55 (115)	02:39:50	98		
110	266	PRABUCKI ROBERT	OWIDZ	TRI STAROGARD GDAŃSKI	POL	1983	M35-39	26	00:10:09	00:20:40 (169)	00:04:17	01:22:12 (120)	00:02:02	00:50:49 (100)	02:40:00	99		
111	234	KUC SZYMON	OWIDZ	TRI STAROGARD GDAŃSKI	POL	1986	M30-34	17	00:10:09	00:19:40 (126)	00:04:48	01:19:11 (89)	00:01:51	00:54:31 (150)	02:40:01	100		
112	108	GAZARKIEWICZ MICHAŁ	RUMIA	INTER CARS S.A.	POL	1977	M40-44	24	00:10:09	00:18:59 (97)	00:05:18	01:23:16 (132)	00:01:30	00:51:23 (107)	02:40:26	101		
113	53	FARAN GRZEGORZ	SULMIN	GTSULMIN	POL	1972	M45-49	14	00:10:09	00:17:50 (68)	00:03:55	01:24:12 (146)	00:01:30	00:53:00 (131)	02:40:27	102		
114	35	ŁUGOWSKI MARCIN	GDAŃSK		POL	1981	M35-39	27	00:10:09	00:21:24 (183)	00:04:18	01:27:30 (182)	00:01:40	00:45:40 (32)	02:40:32	103		
115	104	WASIAK TOMEK	ELBLĄG	WANIEWSKI COACHING	POL	1985	M30-34	18	00:10:09	00:20:08 (147)	00:04:55	01:20:45 (109)	00:02:01	00:53:08 (134)	02:40:57	104		
116	283	TREDER WOJCIECH	BANINO		POL	1983	M35-39	28	00:10:09	00:23:01 (207)	00:03:56	01:15:23 (50)	00:01:48	00:56:55 (181)	02:41:02	105		
117	32	GRABOWSKI TOMASZ	WARSZAWA	KUŹNIA TRIATHLONU	POL	1964	M50-54	4	00:10:09	00:19:21 (113)	00:04:17	01:22:36 (127)	00:01:22	00:53:54 (142)	02:41:30	106		
118	77	DOBKOWSKI KAMIL	GDAŃSK	SPORTEVO WWW.SPORT-EVO.PL	POL	1981	M35-39	29	00:10:09	00:20:20 (156)	00:04:21	01:19:21 (94)	00:02:08	00:55:27 (168)	02:41:37	107		
119	96	JAWORSKI KRYSZTIAN	BYTÓW		POL	1980	M35-39	30	00:10:09	00:22:38 (200)	00:04:25	01:17:14 (69)	00:01:58	00:55:24 (166)	02:41:39	108		
120	230	SZAFRAŃSKI MAREK	MOSTY	BBL AWF GDAŃSK	POL	1961	M55-59	4	00:10:09	00:17:50 (68)	00:03:44	01:25:50 (164)	00:02:12	00:52:06 (118)	02:41:42	109		
121	87	DZIUBA SŁAWOMIR	CHARZYKOWY	GEOMETRA	POL	1979	M35-39	31	00:10:09	00:21:02 (177)	00:04:26	01:19:01 (88)	00:01:48	00:55:27 (167)	02:41:44	110		
122	88	HOLY ZDZISŁAW	STRASZYN		POL	1953	M65-69	2	00:10:09	00:17:38 (58)	00:03:26	01:28:56 (192)	00:01:38	00:50:15 (84)	02:41:53	111		
123	231	CZYŻEWSKI DAREK	PRUSZCZ GDAŃSKI		POL	1971	M45-49	15	00:10:09	00:20:25 (161)	00:03:45	01:21:57 (119)	00:01:35	00:54:25 (148)	02:42:07	112		
124	239	WNUK JAN	WARSZAWA		POL	1990	M25-29	9	00:10:09	00:21:18 (181)	00:04:33	01:20:28 (101)	00:02:27	00:53:44 (138)	02:42:30	113		
125	181	DOBRAŃIECKI PRZEMYSŁAW	GDYNIA		POL	1978	M40-44	25	00:10:09	00:20:49 (175)					02:43:12	114		
126	70	HRYSZKO KAZIMIERZ	TYCHY	KLUB BIEGOWY 40 LATEK TYCHY	POL	1963	M55-59	5	00:10:09	00:22:58 (204)	00:04:28	01:23:39 (140)	00:01:32	00:50:36 (93)	02:43:12	115		
127	102	TOMASZEWSKI JORDAN	BYDGOSZCZ	AFLOFARM RUNNING TEAM	POL	1985	M30-34	19	00:10:09	00:19:07 (100)	00:03:57	01:25:39 (159)	00:01:28	00:53:04 (132)	02:43:15	116		
128	59	MĄCZYŃSKI CZESŁAW	PŁOCK		POL	1952	M65-69	3	00:10:09	00:26:12 (234)	00:03:54	01:16:41 (61)	00:01:27	00:55:06 (159)	02:43:19	117		
129	121	KUR DANIEL	GDYNIA	ARKA GDYNIA	POL	1985	M30-34	20	00:10:09	00:19:25 (116)	00:04:07	01:23:29 (136)	00:02:09	00:54:13 (146)	02:43:23	118		
130	62	FOLWARSKI MARCIN	GDAŃSK	GMZH FOLWARSZY	POL	1982	M35-39	32	00:10:09	00:22:18 (194)	00:05:42	01:22:45 (129)	00:02:17	00:50:25 (87)	02:43:27	119		
131	218	NAJDA JAN	GDAŃSK	SPORTEVO	POL	1993	M25-29	10	00:10:09	00:20:11 (150)	00:03:51	01:18:09 (78)	00:02:00	00:59:19 (199)	02:43:30	120		
132	306	MENDELEWSKI ARTUR	PAŚLEK		POL	1971	M45-49	16	00:10:09	00:21:32 (185)	00:03:19	01:18:41 (85)	00:01:47	00:58:21 (192)	02:43:40	121		
133	122	KUNKEK MARIUSZ	GDAŃSK		POL	1976	M40-44	26	00:10:09	00:21:25 (184)	00:04:20	01:25:15 (154)	00:02:22	00:50:39 (95)	02:44:01	122		
134	33	OŚCIAK RAFAŁ	KRAKÓW	LUFT TRI TEAM	POL	1976	M40-44	27	00:10:09	00:16:39 (35)	00:04:07	01:18:40 (83)	00:01:44	00:48:13 (57)	02:44:23	123		00:15:00
135	200	JANTA MAREK	GDAŃSK	SMARUJ NA TRENING TEAM	POL	1981	M35-39	33	00:10:09	00:19:43 (129)	00:04:28	01:26:28 (173)	00:01:22	00:52:39 (125)	02:44:40	124		
136	256	SUCHOCKI ADAM	BIALYSTOK		POL	1983	M35-39	34	00:10:09	00:19:32 (121)	00:04:27	01:23:58 (142)	00:02:37	00:54:24 (147)	02:44:58	125		
137	253	KOWALCZUK MARCIN	BIALYSTOK		POL	1984	M30-34	21	00:10:09	00:23:11 (215)	00:04:23	01:21:54 (118)	00:01:33	00:54:00 (144)	02:45:01	126		
138	58	TOMALIK KAROL	KOSZALIN	KAROLMAN	POL	1978	M40-44	28	00:10:09	00:23:14 (216)	00:04:21	01:23:20 (134)	00:02:53	00:51:17 (106)	02:45:05	127		
139	43	NOWACKI MARCIN	GDAŃSK	SMARUJ NA TRENING TEAM	POL	1977	M40-44	29	00:10:09	00:17:51 (70)	00:03:55	01:31:05 (204)	00:01:53	00:50:26 (89)	02:45:10	128		
140	135	TOMASZEWSKA JULITA	LEGIONOWO	TIMBUD TEAM	POL	1978	K40-44	4	00:10:09	00:21:41 (187)	00:04:13	01:22:12 (121)	00:02:19	00:55:00 (156)	02:45:25		12	
141	71	STADNICKI PIOTR	WARSZAWA		POL	1982	M35-39	35	00:10:09	00:20:31 (165)	00:04:39	01:24:10 (145)	00:02:26	00:53:53 (141)	02:45:39	129		

Garmin Iron Triathlon Stężycza 2018 1/4 IM

Organizator: Urząd Gminy w Stężycy; LABOSPORT Polska

Data: 1 lipca 2018 r.

Dystans: 1/4 IM (0,95-45-10,55)

Miejsowość: Stężycza



Sponsor tytularny



Sponsorzy strategiczni



Partner strategiczny



Gospodarz



Organizator cyklu



M-ce	Nr zaw.	Nazwisko Imię	Miejsowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
142	72	BOGUCKI KRZYSZTOF	WARSZAWA	ATOS BULL RACING TEAM	POL	1976	M40-44	30	00:10:09	00:18:12 (78)	00:05:19	01:22:32 (125)	00:02:10	00:57:27 (187)	02:45:40	130		
143	41	LASKOWSKI LESZEK	GDAŃSK		POL	1983	M35-39	36	00:10:09	00:18:18 (80)	00:05:03	01:24:45 (152)	00:02:21	00:55:19 (162)	02:45:46	131		
144	110	SKOTNICKI DAREK	GOLECZEWKO		POL	1970	M45-49	17	00:10:09	00:20:08 (147)	00:05:52	01:24:22 (147)	00:02:45	00:52:44 (127)	02:45:51	132		
145	156	OSET PIOTR	SIERADZ		POL	1963	M55-59	6	00:10:09	00:20:10 (149)	00:03:31	01:25:36 (157)	00:01:58	00:55:22 (165)	02:46:37	133		
146	224	MAZUREK MARCIN	WARSZAWA		POL	1976	M40-44	31	00:10:09	00:17:43 (62)	00:03:55	01:25:35 (156)	00:02:08	00:57:24 (186)	02:46:45	134		
147	145	DEREWNICKI ŁUKASZ	REDA	UKS TRI-TEAM RUMIA	POL	1986	M30-34	22	00:10:09	00:17:17 (49)	00:04:53	01:30:21 (199)	00:01:50	00:52:42 (126)	02:47:03	135		
148	194	KOBYLARCZYK KRZYSZTOF	MOSTY, GMINA KOSAKOV	BIEGAM Z KAJĄ	POL	1974	M40-44	32	00:10:09	00:19:53 (136)	00:04:52	01:27:01 (179)	00:01:23	00:53:57 (143)	02:47:06	136		
149	236	ŁASZKIEWICZ TADEUSZ	KOŁO	MILUKS TRIATHLON KOŁO	POL	1956	M60-64	2	00:10:09	00:23:00 (205)	00:03:46	01:25:01 (153)	00:01:46	00:51:33 (109)	02:47:06	137		00:02:00
150	197	WIATROWSKI KRZYSZTOF	KOWALE/GDAŃSK	IRONTEAM3CITY / TRIWIATRAKI	POL	1977	M40-44	33	00:10:09	00:20:02 (143)	00:04:17	01:37:42 (228)	00:02:00	00:43:13 (16)	02:47:14	138		
151	143	RYGIEL ROBERT	GDAŃSK	SZPEJO POMPKA	POL	1962	M55-59	7	00:10:09	00:19:38 (125)	00:05:21	01:23:38 (139)	00:02:21	00:56:31 (178)	02:47:29	139		
152	243	LINDNER MAREK	WROCLAW		POL	1980	M35-39	37	00:10:09	00:21:13 (180)	00:04:44	01:26:40 (177)	00:02:27	00:52:31 (124)	02:47:35	140		
153	111	WOŹNIAK MARIUSZ	POWIERCIE		POL	1977	M40-44	34	00:10:09	00:21:46 (190)	00:04:45	01:23:59 (143)	00:02:26	00:54:46 (152)	02:47:42	141		
154	213	FURMANIK MATEUSZ	TCZEW	LPP TEAM	POL	1990	M25-29	11	00:10:09	00:16:07 (28)	00:04:50	01:29:29 (193)	00:01:59	00:55:19 (163)	02:47:44	142		
155	116	DUTKIEWICZ SŁAWOMIR	SOPOT		POL	1972	M45-49	18	00:10:09	00:17:46 (64)	00:05:30	01:27:30 (182)	00:02:11	00:54:54 (154)	02:47:50	143		
156	314	FORMELA ANDRZEJ	SULĘCZYNO		POL	1987	M30-34	23	00:10:09	00:22:20 (195)	00:05:35	01:22:23 (124)	00:01:13	00:54:28 (149)	02:47:59	144		00:02:00
157	124	ŁĘCKI TOMASZ	WARSZAWA	WIRUJĄCE KORBY	POL	1975	M40-44	35	00:10:09	00:19:35 (123)	00:05:15	01:18:40 (83)	00:01:59	01:02:35 (220)	02:48:04	145		
158	176	KUCZYŃSKI DANIEL	WARSZAWA	PRĘŻNE VACKY	POL	1975	M40-44	36	00:10:09	00:23:10 (214)	00:04:28	01:23:34 (137)	00:01:51	00:55:04 (158)	02:48:07	146		
159	141	HORNIK ARTUR	WZDZIŚLAW	BRAK SILESIAŃ MESTO	POL	1981	M35-39	38	00:10:09	00:19:12 (102)	00:03:41	01:24:23 (148)	00:01:43	00:59:24 (200)	02:48:22	147		
160	274	PUCIKOWSKI MAREK	GDAŃSK		POL	1987	M30-34	24	00:10:09	00:20:05 (146)	00:04:26	01:27:21 (180)	00:01:13	00:55:20 (164)	02:48:25	148		
161	228	BOROWSKI WOJCIECH	GDYNIA		POL	1972	M45-49	19	00:10:09	00:23:00 (205)	00:05:04	01:25:39 (159)	00:01:49	00:53:12 (135)	02:48:44	149		
162	265	MILLER BARTOSZ	GDAŃSK		POL	1980	M35-39	39	00:10:09	00:18:25 (84)	00:06:41	01:26:10 (171)	00:02:39	00:54:49 (153)	02:48:44	150		
163	292	ZINKIEWICZ PIOTR	GDYNIA	LUFT TRI TEAM	POL	1970	M45-49	20	00:10:09	00:19:11 (101)	00:06:44	01:26:05 (168)	00:02:17	00:54:37 (151)	02:48:54	151		
164	40	KOPYTOWSKA ANNA	WARSZAWA		POL	1987	K30-34	4	00:10:09	00:19:26 (118)	00:05:34	01:32:49 (213)	00:01:57	00:49:27 (72)	02:49:13		13	
165	103	KRUPOWICZ MARCIN	WARSZAWA		POL	1964	M50-54	5	00:10:09	00:19:12 (102)	00:05:40	01:25:50 (165)	00:02:16	00:56:32 (179)	02:49:30	152		
166	295	PERZYŃSKI FILIP	WARSZAWA	A DLACZEGO NIE? A DLACZEGO NIE?	POL	1989	M25-29	12	00:10:09	00:18:19 (81)	00:05:55	01:30:16 (198)	00:02:16	00:52:53 (129)	02:49:39	153		
167	206	LUBOWIECKA LARYSA	KRAKÓW		POL	1999	K18-24	2	00:10:09	00:16:14 (29)	00:03:49	01:26:47 (178)	00:02:12	01:00:45 (211)	02:49:47		14	
168	39	DOBROWOLSKI BARTOSZ	WARSZAWA	PROPCANDY	POL	1976	M40-44	37	00:10:09	00:19:12 (102)	00:05:04	01:32:22 (209)	00:01:31	00:51:39 (112)	02:49:48	154		
169	246	TOPP MATEUSZ	WARSZAWA		POL	1976	M40-44	38	00:10:09	00:18:29 (87)	00:05:33	01:27:34 (184)	00:02:44	00:55:43 (171)	02:50:03	155		
170	165	BUDKOWSKI PAWEŁ	WARSZAWA		POL	1963	M55-59	8	00:10:09	00:19:19 (112)	00:05:06	01:20:33 (103)	00:01:42	01:03:35 (223)	02:50:15	156		
171	48	BŁOK KAROL	CHOJNICE	ORTOPEDA-BLOK.PL	POL	1981	M35-39	40	00:10:09	00:25:09 (226)	00:04:04	01:26:35 (174)	00:01:27	00:53:06 (133)	02:50:21	157		
172	316	JANKOWSKI MACIEJ	GDYNIA	GR3MIASTO	POL	1976	M40-44	39	00:10:09	00:22:26 (197)	00:06:19	01:26:04 (167)	00:02:50	00:52:47 (128)	02:50:26	158		
173	20	KAMINSKA-OLCZAK MARTA	GDANSK		POL	1981	K35-39	3	00:10:09	00:21:44 (189)	00:04:50	01:31:33 (206)	00:01:51	00:50:40 (98)	02:50:38		15	
174	287	WRÓBLEWSKI PAWEŁ	SULĘCZYNO		POL	1978	M40-44	40	00:10:09	00:18:26 (85)	00:04:56	01:29:57 (195)	00:01:28	00:56:02 (176)	02:50:49	159		
175	90	MATUSZEWSKI JAN	WARSZAWA		POL	1965	M50-54	6	00:10:09	00:20:48 (174)	00:05:24	01:24:38 (151)	00:02:17	00:55:50 (173)	02:50:57	160		00:02:00
176	245	TURZYŃSKI JAREK	MALBORK		POL	1986	M30-34	25	00:10:09	00:19:49 (133)	00:04:58	01:33:46 (220)	00:02:04	00:50:41 (99)	02:51:18	161		
177	315	SOLIWODA MARIUSZ	KOWALE	SOLIM MARIUSZ SOLIWODA SOLIM MARIUSZ SOLIW	POL	1973	M45-49	21	00:10:09	00:22:29 (198)	00:05:08	01:24:25 (150)	00:02:00	00:57:20 (184)	02:51:22	162		
178	212	JAROCKI GRZEGORZ	GDANSK	LPP TEAM	POL	1970	M45-49	22	00:10:09	00:17:39 (60)	00:05:38	01:30:40 (202)	00:02:26	00:55:01 (157)	02:51:24	163		
179	262	NUNES PEDRO	WARSZAWA		POL	1985	M30-34	26	00:10:09	00:17:47 (66)	00:03:26	01:33:25 (215)	00:01:46	00:55:18 (161)	02:51:42	164		
180	205	ŁAWECKI DARIUSZ	ROTMANKA		POL	1964	M50-54	7	00:10:09	00:21:09 (179)	00:05:30	01:25:47 (163)	00:02:05	00:57:48 (189)	02:52:19	165		
181	288	LISIECKI TOMASZ	GDYNIA	NEXUS TEAM	POL	1967	M50-54	8	00:10:09	00:25:59 (232)	00:05:05	01:23:42 (141)	00:02:05	00:55:46 (172)	02:52:37	166		
182	251	BERENT KRZYSZTOF	GDYNIA		POL	1979	M35-39	41	00:10:09	00:20:17 (154)	00:05:03	01:25:38 (158)	00:02:01	00:59:50 (207)	02:52:49	167		
183	138	SYRYCA NATALIA	GDYNIA	TEAM BABLO	POL	1987	K30-34	5	00:10:09	00:19:57 (140)	00:05:20	01:26:38 (176)	00:02:02	00:58:58 (196)	02:52:55		16	
184	167	GUMOŚ KATARZYNA	GDYNIA		POL	1982	K35-39	4	00:10:09	00:18:52 (93)	00:04:38	01:26:36 (175)	00:02:16	01:00:35 (210)	02:52:57		17	
185	52	BAGDZIŃSKI DANIEL	WLOCLAWEK		POL	1980	M35-39	42	00:10:09	00:22:10 (193)	00:05:22	01:28:32 (190)	00:02:11	00:54:54 (155)	02:53:09	168		
186	219	MATUSIAK GRZEGORZ	GDYNIA OBLUZE		POL	1978	M40-44	41	00:10:09	00:21:34 (186)	00:05:21	01:24:01 (144)	00:02:03	01:00:21 (209)	02:53:20	169		
187	75	ROSA GRZEGORZ	LUZINO	OMEGA FITNESS&GYM	POL	1980	M35-39	43	00:10:09	00:24:49 (225)	00:06:04	01:28:01 (188)	00:03:29	00:51:37 (110)	02:54:00	170		
188	241	ROGAŁA JACEK	WROCLAW		POL	1961	M55-59	9	00:10:09	00:19:14 (107)	00:04:13	01:26:09 (170)	00:01:52	01:02:44 (221)	02:54:12	171		

Garmin Iron Triathlon Steżycza 2018 1/4 IM

Organizator: Urząd Gminy w Steżycy; LABOSPORT Polska

Data: 1 lipca 2018 r.

Dystans: 1/4 IM (0,95-45-10,55)

Miejscowość: Steżycza



Sponsor tytularny



Sponsorzy strategiczni



Partner strategiczny



Gospodarz



Organizator cyklu



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Plywanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
189	207	LUBOWIECKA OKSANA	KRAKÓW		POL	1971	K45-49	1	00:10:09	00:19:42 (127)	00:05:34	01:25:31 (155)	00:02:11	01:01:25 (215)	02:54:23		18	
190	313	ŁANEK DARIUSZ	WŁOCŁAWEK	FIT EXPERT GYM	POL	1961	M55-59	10	00:10:09	00:18:42 (89)	00:06:07	01:24:24 (149)	00:01:54	01:03:38 (224)	02:54:45	172		
191	267	OSTROWSKI ARTUR	WARSZAWA		POL	1972	M45-49	23	00:10:09	00:23:08 (211)	00:05:19	01:26:08 (169)	00:01:57	00:58:14 (191)	02:54:46	173		
192	240	BENEDIKCIŃSKI PAWEŁ	RAADZIEJÓW	KS ZRYW RADZIEJÓW	POL	1967	M50-54	9	00:10:09	00:24:00 (222)	00:05:24	01:22:14 (122)	00:02:10	01:00:59 (213)	02:54:47	174		
193	294	BOGALECKI MAREK	KOLECZKOWO	SAFE SPORT TEAM	POL	1957	M60-64	3	00:10:09	00:20:15 (152)	00:06:47	01:22:41 (128)	00:02:52	01:02:32 (218)	02:55:07	175		
194	146	MAGRIAN KRZYSZTOF	REDA		POL	1976	M40-44	42	00:10:09	00:25:15 (227)	00:04:48	01:26:27 (172)	00:02:22	00:56:55 (182)	02:55:47	176		
195	86	KABAT-KOPERKA JOANNA	KLINISKA WIELKIE		POL	1973	K45-49	2	00:10:09	00:19:54 (137)	00:04:35	01:32:58 (214)	00:01:45	00:56:44 (180)	02:55:56		19	
196	238	RADZIEMSKI TOMASZ	GDAŃSK/NIESIOŁOWICE		POL	1965	M50-54	10	00:10:09	00:19:15 (109)	00:06:11	01:31:31 (205)	00:04:00	00:55:12 (160)	02:56:09	177		
197	235	MATEJA BOŻENA	GDAŃSK	SMARUJ NA TRENING TEAM	POL	1959	K55-59	1	00:10:09	00:23:30 (218)	00:04:18	01:29:43 (194)	00:02:26	00:56:14 (177)	02:56:11		20	
198	76	DZIEDZIC MAŁGORZATA	GDAŃSK	DREAM TRI TEAM LUFTHANSA SYSTEMS POLAND	POL	1990	K25-29	3	00:10:09	00:19:18 (110)	00:04:25	01:25:39 (159)	00:01:31	01:06:02 (230)	02:56:55		21	
199	272	EBERTOWSKI MICHAŁ	STAROGARD GDAŃSKI	TRI STAROGARD GDAŃSKI TRI STAROGARD GDAŃSKI	POL	1992	M25-29	13	00:10:09	00:33:50 (243)	00:04:17	01:26:01 (166)	00:01:58	00:50:56 (102)	02:57:02	178		
200	247	DRAUSAL SEBASTIAN	GDYNIA		POL	1977	M40-44	43	00:10:09	00:19:45 (130)	00:05:53	01:27:48 (186)	00:02:23	01:01:22 (214)	02:57:11	179		
201	98	MANTUREWICZ MACIEJ	GDYNIA	GLUTENFREE EBOLA EPAM SYSTEMS	POL	1978	M40-44	44	00:10:09	00:20:47 (172)	00:06:22	01:28:36 (191)	00:02:57	00:58:31 (193)	02:57:13	180		
202	65	RESZKA WITEK	GDAŃSK	IRONTEAM3CITY	POL	1972	M45-49	24	00:10:09	00:22:45 (202)	00:05:41	01:27:44 (185)	00:02:39	00:58:51 (195)	02:57:40	181		
203	164	ADAMCZAK KRZYSZTOF	GDYNIA		POL	1960	M55-59	11	00:10:09	00:18:09 (77)	00:05:58	01:28:01 (188)	00:02:21	01:03:24 (222)	02:57:53	182		
204	281	LITKOWSKI JAKUB	CHOJNICE	PAN PAN	POL	1986	M30-34	27	00:10:09	00:23:05 (208)	00:05:18	01:27:53 (187)	00:02:30	00:59:24 (201)	02:58:10	183		
205	270	MIĄSIK BARTOSZ	PRUSZCZ GDAŃSKI		POL	1980	M35-39	44	00:10:09	00:23:09 (213)	00:04:58	01:25:41 (162)	00:02:02	01:02:29 (217)	02:58:19	184		
206	136	POWAJBO KRZYSZTOF	GDYNIA	LOTOS RUNNING TEAM	POL	1980	M35-39	45	00:10:09	00:20:29 (163)	00:05:07	01:30:36 (201)	00:02:25	00:59:49 (206)	02:58:26	185		
207	278	WAŚIK KATARZYNA	REDA		POL	1978	K40-44	5	00:10:09	00:22:20 (195)	00:04:45	01:34:24 (221)	00:02:15	00:55:38 (170)	02:59:22		22	
208	49	INGLOT MICHAŁ	GDAŃSK	THOMSON REUTERS TRI	POL	1978	M40-44	45	00:10:09	00:22:01 (191)	00:05:28	01:30:45 (203)	00:01:55	00:59:13 (198)	02:59:22	186		
209	67	ZIĘBA ROBERT	KOŚCIERZYNA		POL	1974	M40-44	46	00:10:09	00:22:49 (203)	00:06:04	01:31:53 (207)	00:02:49	00:57:52 (190)	03:01:27	187		
210	260	ŚLIWA RAFAŁ	KOSZALIN	OGIEŃ W SZOPIE	POL	1989	M25-29	14	00:10:09	00:23:27 (217)	00:04:03	01:33:34 (217)	00:01:36	00:59:36 (202)	03:02:16	188		
211	291	MIĘTKIEWICZ RAFAŁ	GDAŃSK	TORUS TRIATHLON TEAM	POL	1978	M40-44	47	00:10:09	00:19:50 (134)	00:08:50	01:32:40 (211)	00:03:59	00:57:10 (183)	03:02:29	189		
212	174	LUTKOWSKI DARIUSZ	BYDGOSZCZ	AUTO DOKTOR AUTO DOKTOR	POL	1976	M40-44	48	00:10:09	00:20:20 (156)	00:05:04	01:36:43 (223)	00:01:53	00:58:50 (194)	03:02:50	190		
213	276	MOCARSKI WOJCIECH	GDYNIA	AKADEMIA PRAWA JAZDY	POL	1980	M35-39	46	00:10:09	00:20:47 (172)	00:05:45	01:30:13 (197)	00:01:41	01:04:26 (228)	03:02:52	191		
214	169	ŚWIECH KRYSZTIAN	WŁOCŁAWEK	KRYSZTIAN ŚWIECH	POL	1980	M35-39	47	00:10:09	00:21:07 (178)	00:06:03	01:33:45 (219)	00:02:11	01:00:14 (208)	03:03:20	192		
215	203	GOŚZ MARCIN	LĘBORK	POGOŃ LĘBORK	POL	1979	M35-39	48	00:10:09	00:20:04 (145)	00:05:37	01:32:32 (210)	00:01:55	01:03:41 (225)	03:03:49	193		
216	192	WITKOWSKI PIOTR	GDYNIA	SESCOM SPORT TEAM SESCO	POL	1986	M30-34	28	00:10:09	00:23:05 (208)	00:06:13	01:37:15 (226)	00:02:09	00:55:55 (174)	03:04:37	194		
217	259	GORZEŃSKI PIOTR	GDYNIA		POL	1967	M50-54	11	00:10:09	00:20:49 (175)	00:05:25	01:22:54 (130)	00:03:10	00:57:21 (185)	03:04:39	195		00:15:00
218	222	KOTLENGA TOMASZ	SIERAKOWICE	FOTOGRAFSIERAKOWICE.PL	POL	1984	M30-34	29	00:10:09	00:33:21 (242)	00:04:24	01:30:08 (196)	00:01:19	00:55:30 (169)	03:04:42	196		
219	214	GÓRNIOWICZ PIOTR	SŁUPSK		POL	1987	M30-34	30	00:10:09	00:17:43 (62)	00:06:11	01:39:42 (233)	00:01:55	00:59:36 (203)	03:05:07	197		
220	216	ŁUSZCZ KONRAD	BYTOM	BRAK KLUBU	POL	1991	M25-29	15	00:10:09	00:20:42 (171)	00:05:28	01:38:15 (231)	00:02:21	00:59:46 (205)	03:06:32	198		
221	311	BANACH PIOTR	GDAŃSK		POL	1970	M45-49	25	00:10:09	00:26:00 (233)	00:15:09	01:23:34 (137)	00:02:40	00:59:12 (197)	03:06:35	199		
222	94	WENTA WALDEMAR	SIERAKOWICE		POL	1974	M40-44	49	00:10:09	00:24:14 (223)	00:06:34	01:33:27 (216)	00:02:58	00:59:46 (204)	03:06:59	200		
223	22	OPILOWSKI PAWEŁ	MODŁA	LABOSPORT TEAM	POL	1975	M40-44	50	00:10:09	00:21:41 (187)	00:05:13	01:23:16 (133)	00:02:04	01:15:31 (242)	03:07:45	201		
224	99	LIŚKIEWICZ MACIEJ	WARSZAWA	TRI-LISKI	POL	1971	M45-49	26	00:10:09	00:23:38 (220)	00:06:09	01:33:36 (218)	00:03:24	01:03:42 (227)	03:10:29	202		
225	223	GRABAN MIROSŁAW	GDAŃSK	MG MIROSŁAW GRABAN	POL	1965	M50-54	12	00:10:09	00:20:40 (169)	00:06:05	01:36:05 (222)	00:01:26	01:06:43 (232)	03:10:59	203		
226	93	OWSIANY ANDRZEJ	GDAŃSK	ŁOŚ SZWAGROS TEAM	POL	1964	M50-54	13	00:10:09	00:25:18 (228)	00:08:51	01:32:44 (212)	00:03:23	01:01:38 (216)	03:11:54	204		
227	242	GÓRCEK KRZYSZTOF	GOLUB-DOBRYŃ	GOLUB-DOBRYŃ PANI	POL	1970	M45-49	27	00:10:09	00:23:35 (219)	00:05:09	01:30:34 (200)	00:02:48	01:11:02 (239)	03:13:08	205		
228	170	LIPIŃSKI BŁAŻEJ	CHOJNICE	TRITUR CHOJNICE	POL	1984	M30-34	31	00:10:09	00:31:59 (241)	00:04:11	01:32:07 (208)	00:01:42	01:03:41 (226)	03:13:40	206		
229	254	GRZECHNIK ROMAN	GDYNIA	PORT GDYNIA/BIEGAMYRAZEM.PL	POL	1949	M65-69	4	00:10:09	00:25:38 (231)	00:05:59	01:39:10 (232)	00:02:36	01:00:57 (121)	03:14:20	207		
230	257	KAMIŃSKI GRZEGORZ	PŁOCK	MAŁACHOWIANKA	POL	1965	M50-54	14	00:10:09	00:25:25 (230)	00:05:41	01:43:38 (238)	00:02:12	00:57:31 (188)	03:14:27	208		
231	166	ŚWISTAK MATEUSZ	PIASTÓW	QUASARS MATEUSZ ŚWISTAK	POL	1985	M30-34	32	00:10:09	00:19:13 (106)	00:05:42	01:38:02 (230)	00:02:31	01:09:00 (236)	03:14:28	209		
232	147	FELSKA ANNA	MIASTKO	MŻS WOŁCZA MAŁA	POL	1968	K50-54	1	00:10:09	00:37:20 (245)	00:07:41	01:37:36 (227)	00:03:55	00:48:53 (66)	03:15:25		23	
233	148	FELSKI MARIUSZ	MIASTKO	MŻS WOŁCZA MAŁA	POL	1967	M50-54	15	00:10:09	00:37:20 (245)	00:08:02	01:37:14 (225)	00:03:56	00:50:27 (90)	03:16:59	210		
234	302	KUJAWIŃSKI GRZEGORZ	POZNAŃ		POL	1983	M35-39	49	00:10:09	00:26:29 (236)	00:05:02	01:42:50 (236)	00:01:59	01:02:34 (219)	03:18:54	211		
235	255	JASIOLEWICZ IZABELA	ELBLĄG	ETT ELBLĄG TRIATHLON TEAM	POL	1983	K35-39	5	00:10:09	00:28:06 (238)	00:05:30	01:37:09 (224)	00:01:33	01:06:59 (233)	03:19:17		24	

Garmin Iron Triathlon Stężycza 2018 1/4 IM

Organizator: Urząd Gminy w Stężycy; LABOSPORT Polska

Data: 1 lipca 2018 r.

Dystans: 1/4 IM (0,95-45-10,55)

Miejscowość: Stężycza



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
236	144	BARAMBAS DAMIAN	GDYNIA	GDYNIA SPORT TEAM	POL	1989	M25-29	16	00:10:09	00:19:02 (98)	00:05:36	01:46:30 (242)	00:02:05	01:06:12 (231)	03:19:25	212		
237	312	KACPRZYK MICHAŁ	WARSZAWA		POL	1978	M40-44	51	00:10:09	00:22:33 (199)	00:07:45	01:41:35 (234)	00:03:23	01:07:47 (234)	03:23:03	213		
238	183	CHUYKO OLGA	SOPÓT		POL	1988	K30-34	6	00:10:09	00:24:16 (224)	00:05:35	01:46:04 (241)	00:02:36	01:04:55 (229)	03:23:26		25	
239	150	WIŚNIEWSKA KATARZYNA	WARSZAWA	INDYWIDUALISTKA	POL	1971	K45-49	3	00:10:09	00:29:35 (239)	00:06:12	01:37:42 (228)	00:03:08	01:09:22 (237)	03:25:59		26	
240	60	JAKUBOWSKI PIOTR	GDYNIA	SCALAR	POL	1970	M45-49	28	00:10:09	00:26:26 (235)	00:06:30	01:41:52 (235)	00:02:56	01:08:50 (235)	03:26:34	214		
241	182	STANKIEWICZ KATARZYNA	GDAŃSK		POL	1987	K30-34	7	00:10:09	00:25:19 (229)	00:05:37	01:50:38 (243)	00:02:23	01:12:05 (240)	03:36:02		27	
242	220	KAFTAŃSKI LECH	ŁEBIEŃ		POL	1955	M60-64	4	00:10:09	00:20:20 (156)	00:09:10	01:44:13 (239)	00:04:32	01:18:25 (244)	03:36:40	215		
243	127	BRZYSKI JANUSZ	ELBLĄG		POL	1947	M70-	1	00:10:09	00:26:37 (237)	00:07:26	01:44:29 (240)	00:02:33	01:16:22 (243)	03:37:27	216		
244	217	KLIMCZYK KATARZYNA	WARSZAWA (BEMOWO)		POL	1989	K25-29	4	00:10:09	00:23:08 (211)	00:05:11	01:57:12 (244)	00:03:50	01:12:06 (241)	03:41:27		28	
245	120	KIERSNOWSKI HENRYK	GDAŃSK	DZIADKOWY KLUB SPORTOWY	POL	1945	M70-	2	00:10:09	00:31:05 (240)	00:10:22	01:43:33 (237)	00:04:52	01:20:47 (245)	03:50:39	217		
246	229	BOROWSKI JAN	GDYNIA	AL-KOR	POL	1998	M18-24	6	00:10:09	00:34:09 (244)	00:06:09	02:02:35 (245)	00:01:33	01:10:35 (238)	03:55:01	218		