

# Garmin Iron Triathlon Płock 2019 1/8 IM

Organizator: LABOSPORT Polska s.c.

Data: 26 maja 2019 r.

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Płock



Sponsor tytularny



Sponsorzy strategiczni



Partner strategiczny



Gospodarz



Organizator cyklu



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
1	617	GLAPIŃSKI MAKSYMILIAN	WARSZAWA		PL	2000	M18	1	10:50:03	00:06:15 (1)	00:05:56	00:37:33 (3)	00:00:56	00:18:59 (1)	01:09:39	1		
2	546	SEBASTIANOWICZ GRZEGORZ	PŁOCK	DALEJ	PL	1988	M30	1	10:50:36	00:07:08 (17)	00:05:38	00:37:38 (4)	00:00:52	00:19:25 (5)	01:10:41	2		
3	398	SŁUPIK TOMASZ	WARSZAWA		PL	1993	M20	1	10:49:57	00:07:00 (15)	00:06:55	00:36:19 (1)	00:00:53	00:19:48 (7)	01:10:55	3		
4	659	ZARZECKI ADRIAN	WARSZAWA	TRIZARZA	PL	1987	M30	2	10:50:03	00:06:23 (4)	00:05:40	00:39:23 (20)	00:00:47	00:19:18 (3)	01:11:31	4		
5	397	DUPLICKI KAMIL	SOCHACZEW	WARSAW MASTER TEAM	PL	1981	M30	3	10:50:05	00:07:28 (25)	00:05:20	00:38:44 (12)	00:00:46	00:19:21 (4)	01:11:39	5		
6	501	OKRAGY EMIL	WARSZAWA	TRIZARZA	PL	1982	M30	4	10:51:14	00:07:43 (27)	00:06:26	00:37:47 (5)	00:00:46	00:19:54 (9)	01:12:36	6		
7	410	BAK MAREK	TARNOWSKIE GÓRY		PL	1973	M40	1	10:50:11	00:07:24 (22)	00:06:24	00:36:54 (2)	00:00:51	00:21:30 (21)	01:13:03	7		
8	519	NAPIÓRKOWSKI JAKUB	WŁOCLĄWEK	WWT WŁOCLĄWEK TRIATHLON TEAM	PL	1991	M20	2	10:50:15	00:06:50 (8)	00:06:15	00:40:05 (27)	00:00:41	00:19:18 (2)	01:13:09	8		
9	616	STEFAŃSKI WOJCIECH	GNIEZNO	GTT DIAMENT GNIEZNO	PL	1997	M20	3	10:50:08	00:07:06 (16)	00:05:58	00:41:07 (35)	00:00:42	00:19:42 (6)	01:14:35	9		
10	542	SZTENDEREWICZ RAFAŁ	WŁOCLĄWEK	SPORTEVO	PL	1977	M40	2	10:50:30	00:07:43 (27)	00:06:48	00:37:56 (7)	00:01:15	00:21:00 (15)	01:14:42	10		
11	460	GARBIEC TOMASZ	WARSZAWA	VARSO	PL	1975	M40	3	10:50:49	00:07:48 (33)	00:06:35	00:37:55 (6)	00:00:59	00:21:36 (22)	01:14:53	11		
12	470	WICHER RAFAŁ	ZDUŃSKA WOLA		PL	1991	M20	4	10:50:14	00:06:49 (7)	00:06:23	00:39:55 (24)	00:00:50	00:20:59 (14)	01:14:56	12		
13	394	KUCZYŃSKI KRZYSZTOF	WARSZAWA	BIM ARCHITEKCI	PL	1994	M20	5	10:50:11	00:06:42 (6)	00:06:16	00:41:27 (37)	00:00:44	00:19:49 (8)	01:14:58	13		
14	427	ŁĄCZYŃSKI CEZARY	POMIECHÓWEK		PL	1989	M30	5	10:50:22	00:08:03 (41)	00:05:56	00:39:04 (16)	00:01:22	00:20:38 (12)	01:15:03	14		
15	563	KAIM IGNACY	WARSZAWA	LITT	PL	1989	M30	6	10:50:45	00:07:09 (18)	00:06:40	00:39:32 (21)	00:00:41	00:21:43 (25)	01:15:45	15		
16	698	KAMIŃSKI JAKUB	PASŁĘK	ARTECH TEAM	PL	1991	M20	6	10:51:05	00:08:26 (61)	00:06:45	00:38:30 (11)	00:00:51	00:21:20 (19)	01:15:52	16		
17	521	BEDNARSKI MICHAŁ	ŁÓDŹ	PULS TRI TEAM	PL	1978	M40	4	10:50:16	00:07:13 (20)	00:06:49	00:38:53 (15)	00:00:59	00:22:16 (38)	01:16:10	17		
18	481	OSMOLIK JAREK	ZĄBKI	TRIZARZA	PL	1977	M40	5	10:51:14	00:08:27 (64)	00:06:59	00:38:51 (13)	00:01:04	00:21:53 (28)	01:17:14	18		
19	419	BRZEZIŃSKI ŁUKASZ	ŁÓDŹ	CELIRONMAN	PL	1987	M30	7	10:50:43	00:07:47 (32)	00:06:17	00:39:51 (23)	00:00:48	00:22:34 (44)	01:17:17	19		
20	589	JAROSZEWSKI JAKUB	WARSZAWA		PL	2001	M18	2	10:50:05	00:06:15 (1)	00:06:11	00:41:31 (39)	00:00:59	00:22:31 (43)	01:17:27	20		
21	457	CHOLEWIŃSKI DARIUSZ	BYDGOSZCZ	HURAGAN MIEDZYŃ	PL	1974	M40	6	10:50:34	00:08:40 (80)	00:06:27	00:41:05 (34)	00:01:00	00:20:30 (11)	01:17:42	21		
22	598	FUDALI WITOLD	ŁÓDŹ		PL	1983	M30	8	10:51:23	00:09:46 (145)	00:06:38	00:39:13 (17)	00:00:50	00:21:17 (16)	01:17:44	22		
23	673	ANYSZKIEWICZ JAKUB	WARKA		PL	2002	M16	1	10:50:24	00:06:54 (10)	00:06:27	00:41:38 (40)	00:01:20	00:21:39 (23)	01:17:58	23		
24	612	ULAŃSKI MACIEJ	SOMPOLNO		PL	2003	M16	2	10:50:41	00:06:59 (14)	00:08:25	00:40:02 (26)	00:00:55	00:21:55 (29)	01:18:16	24		
25	436	KOSECKI KONRAD	ZĄBKI	TRICLUB	PL	1981	M30	9	10:51:16	00:07:49 (34)	00:07:15	00:39:44 (22)	00:01:13	00:22:27 (47)	01:18:28	25		
26	426	ŚLIWICKI TOMASZ	KONIN	TRITON KONIN	PL	1982	M30	10	10:52:29	00:08:20 (53)	00:06:33	00:38:20 (10)	00:01:32	00:24:08 (90)	01:18:53	26		
27	390	DĄBROWSKI TOMASZ	WARSZAWA	TWISTER TEAM	PL	1972	M40	7	10:51:34	00:07:53 (37)	00:07:46	00:38:52 (14)	00:01:20	00:23:18 (70)	01:19:09	27		
28	551	KAJETANOWICZ KRZYSZTOF	WARSZAWA	PWC / TRICLUB	PL	1981	M30	11	10:52:32	00:10:27 (177)	00:07:46	00:38:18 (9)	00:01:07	00:21:49 (27)	01:19:27	28		
29	579	DANIEL KRZYSZTOF	WARSZAWA	KUŹNIA TRIATHLONU	PL	1981	M30	12	10:50:27	00:08:16 (51)	00:07:32	00:40:51 (32)	00:01:36	00:21:24 (20)	01:19:39	29		
30	701	MAZGAJ BARTŁOMIEJ	ALEKSANDRÓW ŁÓDZKI	CELIRONMAN	PL	1986	M30	13	10:52:24	00:07:59 (39)	00:07:47	00:40:35 (28)	00:01:10	00:22:15 (37)	01:19:46	30		
31	484	ŻOŁNIEROWICZ HUBERT	ZĄBKI	BIEGAM BO LUBIĘ ZĄBKI TEAM	PL	1979	M40	8	10:51:17	00:09:03 (101)	00:07:18	00:40:01 (25)	00:01:42	00:21:43 (26)	01:19:47	31		
32	669	OLCZAK JAKUB	KOŚCIELEC	MLUKS TRIATHLON KOŁO	PL	2003	M16	3	10:50:15	00:06:39 (5)	00:06:12	00:43:08 (61)	00:00:52	00:23:00 (58)	01:19:51	32		
33	520	GRZYBEK ŁUKASZ	ŁÓDŹ		PL	1981	M30	14	10:50:18	00:08:20 (53)	00:06:48	00:42:40 (54)	00:00:53	00:21:18 (18)	01:19:59	33		
34	662	ZIÓŁKOWSKI GRZEGORZ	WARSZAWA	NEON TEAM / PWC ALUMINI	PL	1980	M30	15	10:50:41	00:07:43 (27)	00:08:27	00:39:15 (18)	00:01:24	00:23:16 (69)	01:20:05	34		
35	695	JAUMIEŃ ŁUKASZ	SOCHACZEW	TWW / WMT	PL	1984	M30	16	10:50:24	00:07:27 (24)	00:07:29	00:41:08 (36)	00:01:14	00:22:54 (55)	01:20:12	35		
36	584	WOJDAS SŁAWOMIR	SOCHACZEW		PL	1990	M20	7	10:50:04	00:06:15 (1)	00:07:28	00:42:29 (51)	00:01:04	00:23:06 (63)	01:20:22	36		
37	433	REMISZEWSKI PAWEŁ	MIELĘCIN	1LIGA TRI TEAM	PL	1980	M30	17	10:50:40	00:08:41 (84)	00:07:35	00:40:52 (33)	00:00:43	00:22:45 (50)	01:20:36	37		
38	524	STACHOWSKI SEBASTIAN	WARSZAWA - POLSKA	BIEGAM BO LUBIĘ ZĄBKI TEAM	PL	1982	M30	18	10:51:21	00:08:40 (80)	00:08:23	00:40:46 (31)	00:01:01	00:22:05 (34)	01:20:55	38		
39	497	BRZĄKALSKI KRZYSIEK	PŁOCK	EAZYMUT.PL	PL	1991	M20	8	10:52:06	00:09:40 (138)	00:06:57	00:43:41 (71)	00:01:01	00:20:03 (10)	01:21:22	39		
40	509	KROPIEWNICKA AGNIESZKA	WARSZAWA		PL	1982	K30	1	10:50:14	00:06:56 (12)	00:07:22	00:43:01 (60)	00:01:12	00:22:52 (52)	01:21:23		1	
41	441	WIECZOREK ŁUKASZ	BYDGOSZCZ	RUN4FUN WWW.BYTPAK.PL	PL	1987	M30	19	10:50:58	00:08:42 (85)	00:07:26	00:42:19 (47)	00:01:09	00:22:40 (47)	01:22:16	40		
42	665	KLUSZCZYŃSKI MARIUSZ	TORUŃ	TORUŃ MULTISPORT TEAM STALWELD	PL	1981	M30	20	10:51:05	00:08:29 (66)	00:08:49	00:38:12 (8)	00:01:24	00:25:27 (133)	01:22:21	41		
43	586	THIRY XAVIER	WARSZAWA		PL	1970	M40	9	10:51:12	00:08:27 (64)	00:08:35	00:42:01 (41)	00:01:19	00:22:02 (32)	01:22:24	42		
44	414	DOMAŃSKA EMILIA	WARSZAWA	KUŹNIA TRIATHLONU	PL	1982	K30	2	10:50:43	00:08:12 (45)	00:06:21	00:43:35 (66)	00:01:16	00:23:03 (60)	01:22:27		2	
45	633	ZALEWSKI PAWEŁ	WARSZAWA	PZU SPORT TEAM	PL	1977	M40	10	10:50:58	00:08:44 (86)	00:07:11	00:42:57 (58)	00:00:54	00:22:53 (54)	01:22:39	43		
46	554	KOTUŁA RAFAŁ	MARKI	BILLENNIUM SQUAD	PL	1978	M40	11	10:50:13	00:07:51 (35)	00:08:26	00:42:59 (59)	00:01:31	00:21:56 (31)	01:22:43	44		
47	544	NADOBNIK KONRAD	ZĄBKI	BIEGAM BO LUBIĘ ZĄBKI TEAM	PL	1980	M30	21	10:51:21	00:10:14 (170)	00:07:58	00:39:21 (19)	00:01:10	00:24:19 (96)	01:23:02	45		

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Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Płock



Sponsor tytularny



Sponsorzy strategiczni



Partner strategiczny



Gospodarz



Organizator cyklu



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
48	569	KWIATKOWSKI MAREK	PODGÓRZE	NIEZRZESZONY	PL	1967	M50	1	10:50:59	00:09:20 (112)	00:07:57	00:40:45 (30)	00:01:16	00:23:52 (81)	01:23:10			46
49	476	KUBIAK GRZEGORZ	SOCHACZEW	MCPP	PL	1980	M30	22	10:52:38	00:10:48 (191)	00:07:22	00:42:19 (47)	00:00:38	00:22:09 (36)	01:23:16			47
50	625	ZAKRZEWSKI KRZYSZTOF	ŁÓDŹ		PL	1980	M30	23	10:52:35	00:09:42 (141)	00:06:45	00:42:15 (46)	00:01:57	00:22:38 (46)	01:23:17			48
51	561	KWIATKOWSKA JULIA	WIDAWA		PL	1995	K20	1	10:50:59	00:08:37 (74)	00:07:21	00:42:06 (44)	00:01:14	00:24:03 (87)	01:23:21		3	
52	424	WIECZOREK KATARZYNA	PLESZEW	PRYZMAT TEAM	PL	1989	K30	3	10:50:07	00:08:14 (49)	00:07:02	00:43:49 (74)	00:01:18	00:23:03 (62)	01:23:26			4
53	523	MATUSIK MARYSIA	GÓRA KALWARIA		PL	2002	K16	1	10:51:41	00:06:56 (12)	00:07:23	00:45:17 (114)	00:01:03	00:22:52 (53)	01:23:31			5
54	672	GIŻYŃSKA ANNA	WARSZAWA	GIŻA TEAM	PL	1982	K30	4	10:51:35	00:09:42 (141)	00:08:34	00:43:28 (65)	00:01:12	00:20:58 (13)	01:23:54			6
55	408	PIECHOTA MATEUSZ	WARSZAWA	KUŹNIA TRIATHLONU	PL	1983	M30	24	10:52:49	00:09:20 (112)	00:07:04	00:44:53 (101)	00:01:05	00:21:41 (24)	01:24:03		49	
56	654	JARZYŃSKI DOMINIK	ŁÓDŹ	PULS TRI TEAM	PL	1978	M40	12	10:51:32	00:08:33 (72)	00:08:15	00:42:08 (45)	00:01:15	00:24:01 (85)	01:24:12			50
57	613	ZAWADZKA KATARZYNA	WARSZAWA	TRINERGY TEAM / DRUŻYNA TVN	PL	1981	K30	5	10:50:51	00:09:00 (98)	00:07:30	00:44:03 (83)	00:01:00	00:22:50 (51)	01:24:23			7
58	421	KAZMIERCZAK MATEUSZ	ŁÓDŹ	CEIRONMAN	PL	2002	M16	4	10:52:18	00:08:06 (44)	00:08:26	00:43:56 (77)	00:01:04	00:23:03 (61)	01:24:35		51	
59	411	KOŚLA PAWEŁ	ŻYRARDÓW		PL	1983	M30	25	10:53:38	00:09:56 (153)	00:06:58	00:44:51 (100)	00:00:49	00:22:06 (35)	01:24:40			52
60	644	SZUMNY MICHAŁ	WARSZAWA		PL	1986	M30	26	10:51:41	00:08:49 (90)	00:08:09	00:43:47 (73)	00:00:55	00:23:09 (67)	01:24:49			53
61	525	ZAWADZKI MATEUSZ	TORUŃ		PL	1995	M20	9	10:51:07	00:08:01 (40)	00:07:59	00:44:12 (85)	00:01:31	00:23:07 (65)	01:24:50			54
62	634	WALASZCZYK MARCIN	BELCHATÓW	IRON FIGHTERS	PL	1987	M30	27	10:50:20	00:08:04 (43)	00:08:05	00:42:26 (50)	00:00:55	00:25:28 (134)	01:24:58			55
63	389	STRZAŁKOWSKI ARTUR	WARSZAWA		PL	1990	M20	10	10:52:06	00:08:51 (91)	00:08:12	00:43:59 (79)	00:01:12	00:22:59 (57)	01:25:13			56
64	444	SKŁADANOWSKI MAREK	WŁOCŁAWEK		PL	1989	M30	28	10:51:52	00:08:16 (50)	00:08:30	00:42:54 (57)	00:01:21	00:24:21 (97)	01:25:22			57
65	655	BANASIK WOJCIECH	KRAKÓW		PL	1987	M30	29	10:50:32	00:08:30 (68)	00:09:11	00:42:39 (53)	00:02:25	00:22:37 (45)	01:25:22			58
66	604	HOFFMAN GRZEGORZ	WARSZAWA		PL	1985	M30	30	10:52:40	00:08:13 (48)	00:08:07	00:44:02 (82)	00:01:18	00:23:47 (80)	01:25:27			59
67	645	CICHANOWICZ PIOTR	WARSZAWA	LANGE TRI COACH	PL	1991	M20	11	10:51:54	00:09:39 (137)	00:07:30	00:45:08 (110)	00:01:09	00:22:24 (40)	01:25:50			60
68	656	JASIONOWSKI MAREK	BIALYSTOK	3T BIALYSTOK	PL	1978	M40	13	10:53:11	00:09:55 (152)	00:08:14	00:44:01 (80)	00:02:22	00:21:18 (17)	01:25:50			61
69	621	JĘŻ AREK	LUBIŃ	GRUPA JEŻ GRUPA JEŻ	PL	1980	M30	31	10:52:50	00:09:00 (97)	00:08:17	00:43:27 (64)	00:00:54	00:24:13 (93)	01:25:51			62
70	623	KALKOWSKI PATRYK	OZORKÓW		PL	1994	M20	12	10:52:17	00:10:03 (160)	00:07:39	00:43:24 (62)	00:00:40	00:24:06 (89)	01:25:52			63
71	591	WENDEKIER RAFAŁ	WARSZAWA		PL	1991	M20	13	10:53:02	00:09:31 (129)	00:07:55	00:44:01 (80)	00:01:13	00:23:15 (68)	01:25:55			64
72	610	KOZŁOWSKI PIOTR	WARSZAWA		PL	1980	M30	32	10:50:23	00:07:42 (26)	00:09:12	00:40:44 (29)	00:01:17	00:27:34 (178)	01:26:29			65
73	516	WĄSOWSKI SZYMON	WARSZAWA		PL	1983	M30	33	10:52:10	00:08:26 (61)	00:08:21	00:45:44 (121)	00:01:07	00:23:02 (59)	01:26:40			66
74	482	BEDNAREK PIOTR	RAWA MAZOWIECKA		PL	1991	M20	14	10:51:16	00:10:23 (171)	00:07:50	00:45:20 (115)	00:00:55	00:22:18 (39)	01:26:46			67
75	608	FILIPCZYK JAKUB	GDYNIA WITOMINO		PL	1998	M20	15	10:51:47	00:07:44 (30)	00:07:52	00:45:12 (111)	00:00:59	00:25:02 (117)	01:26:49			68
76	448	DRZEWIECKI RAFAŁ	NIEMCZ	RUN4FUN WWW.BYTPAK.PL	PL	1975	M40	14	10:50:55	00:08:56 (96)	00:08:26	00:43:49 (74)	00:01:09	00:24:34 (103)	01:26:54			69
77	575	WOJCICKI TOMEK	KOMORÓW		PL	1974	M40	15	10:49:56	00:09:10 (104)	00:09:37	00:42:04 (42)	00:01:47	00:24:22 (98)	01:27:00			70
78	541	WIŚNIEWSKI ARNOLD	ŁÓDŹ	ARNOLD WIŚNIEWSKI ARNOLD WIŚNIEWSKI	PL	1974	M40	16	10:52:43	00:10:50 (192)	00:08:02	00:43:26 (63)	00:00:47	00:24:05 (88)	01:27:10			71
79	536	SZYMANEK IGOR	WARSZAWA	TRIZARZA	PL	1991	M20	16	10:53:02	00:10:07 (164)	00:07:37	00:45:13 (112)	00:01:38	00:22:44 (49)	01:27:19			72
80	454	BAKUŁA MAREK	RASZYN		PL	1979	M40	17	10:51:57	00:09:51 (148)	00:08:51	00:42:04 (42)	00:01:26	00:25:11 (122)	01:27:23			73
81	692	BOROWSKI GRZEGORZ	BIALYSTOK	NADAKTYWNI ABG ARCHITEKCI	PL	1968	M50	2	10:52:59	00:09:19 (111)	00:09:28	00:42:52 (56)	00:02:20	00:23:36 (75)	01:27:35			74
82	599	PASZKE MACIEJ	TORUŃ		PL	1990	M20	17	10:52:07	00:08:53 (92)	00:08:25	00:45:05 (108)	00:01:29	00:23:43 (79)	01:27:35			75
83	496	GROCHOWSKI PAWEŁ	WARSZAWA	GINNESS	PL	1987	M30	34	10:53:27	00:10:28 (178)	00:08:08	00:45:03 (107)	00:01:07	00:22:56 (56)	01:27:42			76
84	439	TOMICI TOMASZ	WARSZAWA		PL	1992	M20	18	10:50:09	00:10:14 (169)	00:08:36	00:44:33 (93)	00:01:19	00:23:06 (64)	01:27:48			77
85	603	KACPRZAK DOMINIK	WARSZAWA		PL	1987	M30	35	10:54:04	00:10:00 (157)	00:08:03	00:44:14 (88)	00:01:53	00:23:39 (77)	01:27:49			78
86	498	OLCZAK ARKADIUSZ	KOŚCIELEC	OLLO TEAM	PL	1972	M40	18	10:52:20	00:08:40 (78)	00:07:31	00:43:38 (69)	00:01:28	00:26:40 (157)	01:27:57			79
87	474	ORZESZEK PIOTR	WARSZAWA	TRIWAWA	PL	1984	M30	36	10:50:48	00:08:03 (42)	00:08:28	00:45:51 (123)	00:01:59	00:23:38 (76)	01:27:59			80
88	631	WOZNIAK JACEK	RAWA MAZOWIECKA	IRONTEAM IRON TEAM	PL	1967	M50	3	10:51:27	00:08:24 (58)	00:07:55	00:44:58 (104)	00:01:50	00:24:53 (112)	01:28:00			81
89	517	WITCZAK MACIEJ	KALISZ		PL	1978	M40	19	10:52:30	00:10:52 (195)	00:08:38	00:43:36 (67)	00:01:34	00:23:20 (71)	01:28:00			82
90	642	GRZEGRZÓŁKA ŁUKASZ	WARSZAWA	KUŹNIA TRIATHLONU	PL	1981	M30	37	10:50:44	00:08:32 (70)	00:07:46	00:44:59 (105)	00:01:32	00:25:21 (131)	01:28:10			83
91	685	ŁASKI PIOTR	WARSZAWA	TRIZARZA SCHR ATHLETICS	PL	1986	M30	38	10:52:47	00:08:29 (66)	00:09:17	00:43:59 (78)	00:01:31	00:24:56 (116)	01:28:12			84
92	473	WOŁK MARIUSZ	RAWA MAZOWIECKA		PL	1992	M20	19	10:51:07	00:09:26 (121)	00:07:28	00:46:00 (126)	00:01:06	00:24:16 (95)	01:28:16			85
93	420	LEŚNIEWICZ MARIUSZ	KONIN	TRITON KONIN	PL	1976	M40	20	10:52:30	00:08:55 (94)	00:08:58	00:43:43 (72)	00:01:28	00:25:15 (126)	01:28:19			86
94	585	ŚWIĄTEK ŁUKASZ	WARSZAWA		PL	1991	M20	20	10:51:44	00:09:22 (116)	00:08:04	00:47:30 (148)	00:01:25	00:22:03 (33)	01:28:24			87

# Garmin Iron Triathlon Płock 2019 1/8 IM

Organizator: LABOSPORT Polska s.c.

Data: 26 maja 2019 r.

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Płock



Sponsor tytularny



Sponsorzy strategiczni



Partner strategiczny



Gospodarz



Organizator cyklu



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
95	658	FARBOS MAXIME	WARSAW	CFE POLSKA	RO	1980	M30	39	10:51:11	00:07:51 (35)	00:09:32	00:43:38 (69)	00:01:28	00:25:57 (140)	01:28:26	88		
96	393	DEKA TOMASZ	SOCHACZEW		PL	1981	M30	40	10:52:53	00:10:34 (181)	00:07:24	00:47:23 (147)	00:01:22	00:21:55 (30)	01:28:38	89		
97	615	BERARDI FREDERIC	WARSAWA		PL	1974	M40	21	10:52:17	00:08:54 (93)	00:08:15	00:45:06 (109)	00:01:10	00:25:17 (127)	01:28:42	90		
98	445	LATAK MICHAŁ	WARSAWA	JACEKBIEGA RUNNING TEAM	PL	1974	M40	22	10:52:09	00:10:53 (196)	00:09:04	00:44:43 (98)	00:01:38	00:22:25 (41)	01:28:43	91		
99	628	PILKOWSKI PAWEŁ	BIALYSTOK	LABOSPORT TEAM	PL	1983	M30	41	10:52:37	00:09:15 (106)	00:07:44	00:43:55 (76)	00:01:37	00:26:16 (145)	01:28:47	92		
100	443	SPRYSZYŃSKI MICHAŁ	BYDGOSZCZ	TRIRODZINKA.PL	PL	1988	M30	42	10:53:47	00:09:41 (139)	00:07:56	00:46:19 (130)	00:01:17	00:23:34 (74)	01:28:47	93		
101	431	LEWANDOWSKI OSKAR	KRUSZWICA		PL	1995	M20	21	10:51:38	00:08:26 (61)	00:09:10	00:45:34 (118)	00:01:27	00:24:12 (92)	01:28:49	94		
102	626	PIOTROWSKI JAKUB	DZIAŁDOWO	TWISTER TEAM	PL	2001	M18	3	10:53:07	00:10:23 (171)	00:09:07	00:44:40 (97)	00:01:19	00:23:25 (73)	01:28:54	95		
103	392	KACYMIROW TOMASZ	HORNOWEK		PL	1961	M50	4	10:52:47	00:09:28 (123)	00:08:38	00:45:01 (106)	00:01:30	00:24:41 (107)	01:29:18	96		
104	472	SZKUTA MONIKA	PIASECZNO	KUŹNIA TRIATHLONU	PL	1977	K40	1	10:52:53	00:10:48 (190)	00:08:18	00:44:55 (102)	00:01:23	00:23:59 (83)	01:29:23		8	
105	693	SYGULA MATEUSZ	WARSAWA	KOLARSKI.EU TEAM KOLARSKI.EU TEAM	PL	1979	M40	23	10:50:12	00:10:34 (184)	00:08:33	00:42:43 (55)	00:00:57	00:26:38 (155)	01:29:25	97		
106	622	ŻAK RAFAŁ	WARSAWA	AKS ZŁY	PL	1979	M40	24	10:53:05	00:10:04 (161)	00:09:08	00:44:26 (91)	00:01:16	00:24:32 (101)	01:29:26	98		
107	699	WŁÓDARCZAK AGATA	BYDGOSZCZ	TRISPACE	PL	1992	K20	2	10:51:17	00:08:12 (45)	00:08:14	00:45:31 (116)	00:01:22	00:26:08 (143)	01:29:27		9	
108	565	KONIECZNY MARCEL	NOŻYCZYN		PL	1996	M20	22	10:51:34	00:09:18 (110)	00:08:40	00:45:15 (113)	00:00:59	00:25:37 (138)	01:29:49	99		
109	442	MOGIELSKI HUBERT	WARSAWA		PL	1989	M30	43	10:52:23	00:09:43 (143)	00:09:08	00:44:26 (91)	00:01:27	00:25:07 (119)	01:29:51	100		
110	689	STANISZEWSKI SZYMON	ŻNIN	STAPAR	PL	1987	M30	44	10:51:23	00:08:32 (70)	00:08:24	00:44:37 (95)	00:01:15	00:27:10 (166)	01:29:58	101		
111	508	LENARCZYK MACIEJ	ŁÓDŹ		PL	1986	M30	45	10:52:55	00:09:26 (121)	00:09:02	00:44:33 (93)	00:01:45	00:25:13 (124)	01:29:59	102		
112	405	PAWŁOWSKI PRZEMEK	ŻYCHLIN		PL	1982	M30	46	10:51:26	00:08:40 (80)	00:09:46	00:46:17 (128)	00:01:37	00:23:43 (78)	01:30:03	103		
113	597	KOWALCZYK GRZEGORZ	PIONKI		PL	1984	M30	47	10:50:51	00:07:56 (38)	00:08:57	00:47:17 (143)	00:01:17	00:24:47 (111)	01:30:14	104		
114	399	POSTUPALSKI PAWEŁ	WARSAWA	19741974	PL	1974	M40	25	10:51:43	00:09:03 (102)	00:09:21	00:46:59 (141)	00:02:17	00:22:43 (48)	01:30:23	105		
115	451	KACPRZAK TADEUSZ	KONSTANTYNÓW ŁÓDZKI		PL	1955	M60	1	10:50:30	00:10:53 (196)	00:09:43	00:42:24 (49)	00:01:07	00:26:27 (151)	01:30:34	106		
116	391	CYNKIER MIESZKO	ŻYRARDÓW	19791979	PL	1979	M40	26	10:53:08	00:09:28 (123)	00:09:28	00:45:56 (124)	00:01:30	00:24:22 (99)	01:30:44	107		
117	694	PILGUN ŁUKASZ	WARSAWA		PL	1986	M30	48	10:50:38	00:08:47 (89)	00:09:24	00:44:13 (86)	00:01:22	00:27:01 (162)	01:30:47	108		
118	564	MIKOŁAJCZYK MATEUSZ	ŁÓDŹ		PL	1981	M30	49	10:50:20	00:08:25 (59)	00:09:12	00:46:50 (138)	00:01:32	00:24:54 (113)	01:30:53	109		
119	568	NOWAK MACIEJ	WARSAWA		PL	1988	M30	50	10:52:26	00:08:25 (60)	00:08:21	00:48:18 (157)	00:00:55	00:24:54 (114)	01:30:53	110		
120	415	LEWOCHA BARTŁOMIEJ	ALEKSANDRÓW ŁÓDZKI		PL	2002	M16	5	10:50:38	00:08:17 (52)	00:08:13	00:46:57 (139)	00:01:11	00:26:19 (147)	01:30:57	111		
121	543	MOMOT OLGA	WARSAWA		PL	1994	K20	3	10:51:03	00:08:20 (53)	00:07:41	00:48:44 (165)	00:01:39	00:24:35 (105)	01:30:59		10	
122	668	DANYLCHENKO YURIY	LATCHORZEW	ACADEMY OF HASTEN	PL	1980	M30	51	10:50:36	00:07:22 (21)	00:09:36	00:44:56 (103)	00:01:27	00:27:43 (183)	01:31:04	112		
123	416	LEWOCHA PAWEŁ	ALEKSANDRÓW ŁÓDZKI	CELIRONMAN	PL	1973	M40	27	10:51:32	00:09:15 (106)	00:09:48	00:46:37 (134)	00:01:29	00:23:56 (82)	01:31:05	113		
124	687	STEFANIUK MARZENA	RADZYMIN		PL	1981	K30	6	10:51:35	00:10:23 (171)	00:09:11	00:44:46 (99)	00:01:53	00:25:08 (120)	01:31:21		11	
125	590	ZGORZELSKI DAWID	WARSAWA	GIANT FABRYCZNA TEAM	PL	1987	M30	52	10:52:49	00:11:05 (204)	00:09:10	00:41:29 (38)	00:02:18	00:27:35 (180)	01:31:37	114		
126	580	ROBAK KONRAD	WARSAWA		PL	1980	M30	53	10:52:02	00:09:28 (123)	00:09:40	00:45:37 (119)	00:01:32	00:25:24 (132)	01:31:41	115		
127	578	HAJDUK MACIEJ	WARSAWA		PL	1985	M30	54	10:52:00	00:08:39 (77)	00:10:32	00:47:09 (142)	00:00:48	00:24:33 (102)	01:31:41	116		
128	515	GLIMASIŃSKI KAMIL	WARSAWA	KUŹNIA TRIATHLONU	PL	1982	M30	55	10:50:44	00:09:20 (112)	00:09:20	00:44:13 (86)	00:01:14	00:27:55 (186)	01:32:02	117		
129	489	STĘPIEŃ ADAM	CHORZÓW		PL	1990	M20	23	10:52:40	00:08:44 (87)	00:09:00	00:45:59 (125)	00:01:27	00:26:55 (161)	01:32:05	118		
130	540	PŁOCHOCKI JACEK	WARSAWA	TRAKTORKI	PL	1989	M30	56	10:54:26	00:10:34 (181)	00:08:54	00:46:38 (135)	00:00:54	00:25:14 (125)	01:32:14	119		
131	452	KROPIEWNICI JERZY	WARSAWA		PL	1980	M30	57	10:51:53	00:09:45 (144)	00:09:12	00:46:27 (132)	00:01:12	00:25:59 (141)	01:32:35	120		
132	537	STAŃKOWSKI HUBERT	WARSAWA	TEAM WARIAT	PL	1997	M20	24	10:50:32	00:07:11 (19)	00:09:53	00:48:57 (170)	00:01:29	00:25:09 (121)	01:32:39	121		
133	611	ADAMCZYK JAKUB	BELCHATÓW		PL	1993	M20	25	10:51:30	00:08:36 (73)	00:09:35	00:43:37 (68)	00:02:40	00:28:12 (190)	01:32:40	122		
134	464	JAROSZ JAROSŁAW	JOZEFOSLAW		PL	1981	M30	58	10:50:34	00:08:37 (74)	00:11:07	00:46:47 (137)	00:01:48	00:24:26 (100)	01:32:45	123		
135	651	DE LA FUENTE ENRIQUE	WARSAWA	NO NAME	ES	1976	M40	28	10:51:03	00:07:45 (31)	00:08:52	00:47:18 (145)	00:01:19	00:27:33 (177)	01:32:47	124		
136	418	NAWROCKI MARCIN	BYDGOSZCZ	DELIKATESY RYBNE FISHKA.PL	PL	1982	M30	59	10:52:59	00:09:24 (118)	00:09:28	00:46:05 (127)	00:01:15	00:26:41 (158)	01:32:53	125		
137	503	WOJEWÓDZKI KRZYSZTOF	WARSAWA	TRUCHT TARCHOMIN TEAM	PL	1989	M30	60	10:52:18	00:09:58 (156)	00:09:02	00:48:21 (158)	00:01:18	00:24:16 (94)	01:32:55	126		
138	450	TYC ZBIGNIEW	PRUSZKÓW	BSA PRO TRI TEAM BSA PRO TRI TEAM	PL	1965	M50	5	10:52:27	00:09:52 (150)	00:08:57	00:46:19 (130)	00:01:27	00:26:20 (148)	01:32:55	127		
139	469	RATAJCZAK BARTŁOMIEJ	OPOLE		PL	1987	M30	61	10:52:56	00:09:02 (100)	00:08:22	00:48:42 (164)	00:01:04	00:25:57 (139)	01:33:07	128		
140	513	KŁOS JAN	OLAWA		PL	1981	M30	62	10:54:12	00:14:21 (258)	00:09:10	00:44:15 (89)	00:01:26	00:24:00 (84)	01:33:12	129		
141	522	DYDUCH JAREK	WARSAWA		PL	1981	M30	63	10:52:28	00:08:40 (78)	00:10:52	00:48:24 (160)	00:02:16	00:23:23 (72)	01:33:35	130		

# Garmin Iron Triathlon Płock 2019 1/8 IM

Organizator: LABOSPORT Polska s.c.

Data: 26 maja 2019 r.

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Płock



Sponsor tytularny



Sponsorzy strategiczni



Partner strategiczny



Gospodarz



Organizator cyklu



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
142	602	KOWALCZYK MARTYNA	PIONKI	PANI PANI	PL	1991	K20	4	10:50:53	00:09:35 (134)	00:09:00	00:48:22 (159)	00:01:49	00:24:56 (115)	01:33:42			12
143	667	OSĘDOWSKA ALEKSANDRA	PŁOCK	AZS UJK KIELCE	PL	1996	K20	5	10:51:01	00:08:55 (94)	00:08:29	00:51:01 (193)	00:01:20	00:24:02 (86)	01:33:47			13
144	406	SZAFRANIEC MARCIN	LEGIONOWO	WIELISZEW HERON TEAM	PL	1976	M40	29	10:51:55	00:09:09 (103)	00:09:13	00:48:33 (163)	00:01:56	00:25:05 (118)	01:33:56		131	
145	400	SULKOWSKI PAWEŁ	PŁOCK	SOFTHARD SYSTEMY INFORMATYCZNE	PL	1982	M30	64	10:51:50	00:08:41 (83)	00:08:36	00:48:06 (154)	00:01:10	00:27:24 (171)	01:33:57		132	
146	526	GUJSKI MARCIN	MIŃSK MAZOWIECKI	TRIPAKA	PL	1981	M30	65	10:53:13	00:09:28 (123)	00:10:37	00:46:18 (129)	00:01:25	00:26:26 (150)	01:34:14		133	
147	485	KACPERSKI BŁAŻEJ	STRYKÓW	KADA KADA BŁAŻEJ KACPERSKI	PL	1984	M30	66	10:53:00	00:09:22 (116)	00:09:40	00:42:34 (52)	00:01:29	00:31:19 (230)	01:34:24		134	
148	632	UJCZAK KRZYSZTOF	WARSZAWA		PL	1987	M30	67	10:52:11	00:09:15 (106)	00:09:12	00:48:02 (153)	00:01:34	00:26:28 (153)	01:34:31		135	
149	494	JESKA JAKUB	WARSZAWA	4F KUMPLE WARSZAWA	PL	1987	M30	68	10:53:55	00:10:06 (163)	00:09:54	00:48:50 (168)	00:01:08	00:24:37 (106)	01:34:35		136	
150	483	WIĘCZKOWSKI MICHAŁ	SOCHACZEW	MCPP	PL	1983	M30	69	10:52:34	00:09:11 (105)	00:10:03	00:46:41 (136)	00:01:17	00:27:35 (179)	01:34:47		137	
151	401	WASIK MICHAŁ	WARSZAWA	SANDACZ'15 DA SANDAŁ	PL	1994	M20	26	10:54:40	00:11:04 (200)	00:09:22	00:50:04 (181)	00:01:19	00:23:08 (66)	01:34:57		138	
152	396	GODLEWSKI ADAM	PŁOCK		PL	1990	M20	27	10:52:07	00:10:41 (186)	00:09:24	00:48:15 (156)	00:01:28	00:25:21 (130)	01:35:09		139	
153	638	GARWOLSKA EWA	MIŃSK MAZOWIECKI		PL	1982	K30	7	10:53:14	00:10:02 (159)	00:09:34	00:44:11 (84)	00:02:03	00:29:20 (209)	01:35:10		14	
154	475	DĄBROWSKI DAWID	WŁOCLAWEK	DENTISS DENTISS	PL	1991	M20	28	10:51:19	00:09:36 (135)	00:09:49	00:46:58 (140)	00:01:38	00:27:26 (174)	01:35:27		140	
155	630	PACUSZKA TOMASZ	DLUTÓW		PL	1982	M30	70	10:52:19	00:08:31 (69)	00:09:18	00:50:31 (189)	00:01:09	00:26:15 (144)	01:35:44		141	
156	556	GRZYB PAWEŁ	WARSZAWA	ABSOLUTE BIKE TEAM QRP	PL	1980	M30	71	10:52:00	00:11:19 (210)	00:10:26	00:44:25 (90)	00:01:45	00:27:53 (185)	01:35:48		142	
157	490	ZABOROWSKI MICHAŁ	WARSZAWA	4F KUMPLE WARSZAWA 4F	PL	1986	M30	72	10:52:15	00:09:25 (120)	00:09:54	00:50:05 (182)	00:01:10	00:25:19 (128)	01:35:53		143	
158	422	SACHMATA ANIA	PIASECZNO	KUŹNIA TRIATHLONU MOTO-PARTNER	PL	1994	K20	6	10:52:50	00:11:04 (200)	00:09:53	00:47:17 (143)	00:01:54	00:26:01 (142)	01:36:09		15	
159	437	PIOTROWICZ SŁAWOMIR	RACIĄŻ		PL	1984	M30	73	10:51:01	00:09:57 (154)	00:10:40	00:48:54 (169)	00:01:57	00:24:42 (108)	01:36:10		144	
160	702	MOHR CHRISTOPH	WARSZAWA		DE	1977	M40	30	10:53:54	00:12:34 (242)	00:09:35	00:46:27 (132)	00:00:56	00:26:40 (156)	01:36:12		145	
161	527	MAĆKOWIAK MIROŚLAW	JÓZEFÓW		PL	1962	M50	6	10:53:19	00:11:09 (206)	00:10:17	00:47:48 (152)	00:01:33	00:25:31 (136)	01:36:18		146	
162	428	BRULIŃSKA MONIKA	PŁOCK	KOBIETARAKIETA	PL	1976	K40	2	10:54:09	00:11:39 (219)	00:08:16	00:49:03 (172)	00:01:00	00:26:20 (149)	01:36:18		16	
163	395	SOSNOWSKI MIŁOŚZ	WARSZAWA	NAPRZÓD MŁOCINY	PL	1975	M40	31	10:54:15	00:10:25 (176)	00:10:15	00:48:49 (167)	00:01:21	00:25:32 (137)	01:36:22		147	
164	479	PAWLAK MICHAŁ	WARSZAWA		PL	1986	M30	74	10:53:47	00:10:37 (185)	00:09:27	00:45:31 (116)	00:01:31	00:29:16 (208)	01:36:22		148	
165	650	BARRAL CASTRO DAVID	WARSZAWA		PL	1981	M30	75	10:53:12	00:10:00 (157)	00:09:12	00:49:49 (180)	00:02:21	00:25:12 (123)	01:36:34		149	
166	558	STAWOWCZYK WALDEMAR	OSINA	STAWOWCZYK TEAM	PL	1978	M40	32	10:51:49	00:15:56 (264)	00:09:20	00:44:40 (96)	00:01:57	00:24:44 (110)	01:36:37		150	
167	657	WIŚNIEWSKA SANDRA	IŁAWA	SSP ORKA IŁAWA	PL	2003	K16	2	10:50:06	00:06:52 (9)	00:08:24	00:51:03 (195)	00:01:03	00:30:00 (216)	01:37:22		17	
168	576	WIELGOSZ MICHAŁ	WARSZAWA (BEMOWO)	SANDACZ'15 DA SANDAŁ	PL	1996	M20	29	10:51:20	00:09:02 (99)	00:10:51	00:49:29 (178)	00:01:30	00:26:50 (160)	01:37:42		151	
169	577	WIECZOREK MICHAŁ	WARSZAWA		PL	1996	M20	30	10:53:01	00:09:17 (109)	00:08:04	00:51:58 (203)	00:01:08	00:27:25 (172)	01:37:52		152	
170	649	WOJNAR DARIUSZ	ŁÓDŹ		PL	1964	M50	7	10:53:07	00:09:30 (112)	00:10:07	00:47:41 (151)	00:01:18	00:29:41 (213)	01:38:17		153	
171	446	KUJAWA SYLWIA	WARSZAWA		PL	1969	K50	1	10:51:43	00:09:20 (128)	00:10:09	00:48:48 (166)	00:01:21	00:28:41 (199)	01:38:19		18	
172	500	WILCZYŃSKI TOMASZ	KIEŁCZÓW	WILCZYŃSKY	PL	1984	M30	76	10:52:31	00:09:58 (155)	00:09:57	00:48:29 (161)	00:01:10	00:29:16 (207)	01:38:50		154	
173	690	WEZDECKI MIKOŁAJ	WARSZAWA	RTV EURO AGD	PL	1983	M30	77	10:53:33	00:09:51 (148)	00:10:20	00:48:30 (162)	00:01:46	00:28:27 (193)	01:38:54		155	
174	606	LESZCZYŃSKI MICHAŁ	WARSZAWA		PL	1987	M30	78	10:51:25	00:09:35 (133)	00:09:47	00:51:29 (200)	00:01:11	00:27:13 (168)	01:39:15		156	
175	675	BEREDA KRZYSZTOF	WARSZAWA	KUŹNIA TRIATHLONU	PL	1970	M40	33	10:53:51	00:12:23 (237)	00:10:58	00:49:13 (174)	00:02:05	00:24:43 (109)	01:39:22		157	
176	666	CHMIEL PAULINA	ŁÓDŹ	PULS TRI TEAM "SALUS"	PL	1985	K30	8	10:50:18	00:08:37 (74)	00:11:17	00:47:33 (150)	00:01:58	00:30:04 (217)	01:39:29		19	
177	636	MALINOWSKI MARCIN	TUSZYNEK MAJORACKI		PL	1975	M40	34	10:53:18	00:13:39 (249)	00:10:18	00:48:08 (155)	00:02:19	00:25:20 (129)	01:39:44		158	
178	593	TELĄŻKA JAROSŁAW	BEŁCHATÓW	IRON FIGHTERS IRON FIGHTERS	PL	1981	M30	79	10:51:27	00:09:54 (151)	00:09:13	00:48:59 (171)	00:01:28	00:30:31 (221)	01:40:05		159	
179	514	KAROLKIEWICZ MICHAŁ	WARSZAWA	WALTER HERZ	PL	1990	M20	31	10:53:28	00:09:50 (147)	00:08:50	00:49:05 (173)	00:01:53	00:30:33 (223)	01:40:11		160	
180	549	ZALAS JERZY	NOWE GULCZEWO	ODPADY-EXPERT	PL	1971	M40	35	10:50:27	00:08:23 (57)	00:11:04	00:50:23 (187)	00:01:57	00:28:41 (198)	01:40:28		161	
181	653	ROGOZIŃSKI GRZEGORZ	ŻYRARDÓW	ARTURKUREK.PRO	PL	1973	M40	36	10:53:30	00:11:12 (209)	00:10:32	00:49:14 (175)	00:01:47	00:27:48 (184)	01:40:33		162	
182	447	WRÓBLEWSKI ARTUR	DUCHNICE		PL	1975	M40	37	10:53:10	00:11:03 (199)	00:08:56	00:51:11 (197)	00:01:12	00:28:12 (191)	01:40:34		163	
183	581	KOWALCZYK MICHAŁ	WARSZAWA		PL	1981	M30	80	10:53:41	00:10:24 (174)	00:08:53	00:52:02 (205)	00:01:51	00:27:25 (173)	01:40:35		164	
184	535	NIERYCHLEWSKI TOMASZ	SKĘPE		PL	1988	M30	81	10:53:19	00:09:49 (146)	00:09:43	00:53:47 (223)	00:00:50	00:26:27 (152)	01:40:36		165	
185	533	CIEŚLIŃSKI ADAM	WARSZAWA		PL	1974	M40	38	10:54:44	00:10:12 (168)	00:11:06	00:49:48 (179)	00:01:58	00:28:17 (192)	01:41:21		166	
186	676	KRAJEWSKI MARCIN	PŁOCK		PL	1989	M30	82	10:53:45	00:08:23 (56)	00:12:36	00:53:27 (217)	00:02:51	00:24:11 (91)	01:41:28		167	
187	432	RUDZKA ALEKSANDRA	WARSZAWA - POLSKA	PALESTRA PŁYWANIA	PL	1993	K20	7	10:50:00	00:07:26 (23)	00:09:34	00:52:38 (213)	00:01:37	00:30:32 (222)	01:41:47		20	
188	413	MISZKIEWICZ-GÓRĘCKA OLGA	WARSZAWA	VEGE RUNNERS	PL	1991	K20	8	10:53:35	00:10:24 (174)	00:09:53	00:54:53 (226)	00:02:15	00:24:34 (104)	01:41:59		21	

# Garmin Iron Triathlon Płock 2019 1/8 IM

Organizator: LABOSPORT Polska s.c.

Data: 26 maja 2019 r.

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Płock



Sponsor tytularny



Sponsorzy strategiczni



Partner strategiczny



Gospodarz



Organizator cyklu



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
189	609	WÓJCIK PIOTR	WARSZAWA		PL	1974	M40	39	10:52:43	00:12:14 (233)	00:09:44	00:50:11 (184)	00:02:12	00:27:43 (182)	01:42:04	168		
190	471	KOSUDA PAWEŁ	CIECHANÓW	CROSS TRENING MAZOVIA CIECHANÓW	PL	1977	M40	40	10:53:23	00:11:32 (213)	00:09:52	00:51:58 (203)	00:01:36	00:27:13 (167)	01:42:11	169		
191	463	SIEMIĄTKOWSKI MARCIN	JORDANÓW	DALEJ	PL	1984	M30	83	10:52:26	00:09:33 (132)	00:08:43	00:56:22 (233)	00:02:04	00:25:30 (135)	01:42:12	170		
192	646	JANIK PIOTR	ŁÓDŹ		PL	1976	M40	41	10:51:55	00:08:12 (45)	00:10:34	00:53:31 (220)	00:01:27	00:28:32 (195)	01:42:16	171		
193	648	RETIEF DENIEL	WARSZAWA	WITC	ZA	1982	M30	84	10:51:43	00:09:31 (129)	00:09:13	00:52:03 (207)	00:02:21	00:29:10 (205)	01:42:18	172		
194	412	BOWŻYK WERONIKA	WARSZAWA		PL	1994	K20	9	10:51:38	00:10:51 (194)	00:11:19	00:51:11 (198)	00:01:28	00:27:31 (176)	01:42:20		22	
195	686	SALAJ MARIUSZ	DZIAŁKI		PL	1976	M40	42	10:53:31	00:09:33 (131)	00:09:57	00:52:45 (214)	00:01:53	00:28:33 (196)	01:42:41	173		
196	572	ZIÓŁKOWSKI KAMIL	PŁOCK		PL	2001	M18	4	10:52:55	00:08:46 (88)	00:09:22	00:56:16 (231)	00:01:09	00:27:29 (175)	01:43:02	174		
197	495	STOCKINGER ROBERT	WARSZAWA	4F KUMPLE WARSZAWA	PL	1988	M30	85	10:53:58	00:10:47 (188)	00:09:24	00:47:21 (146)	00:01:35	00:34:43 (256)	01:43:50	175		
198	409	LICHNOWSKI PRZEMYSŁAW	PŁOCK	SANDACZ'15 DA SANDAŁ	PL	1993	M20	32	10:54:41	00:18:23 (269)	00:09:12	00:49:22 (177)	00:01:11	00:26:17 (146)	01:44:25	176		
199	700	PIEŃKOWSKA KATARZYNA	WARSZAWA	WITC	PL	1982	K30	9	10:52:02	00:10:05 (162)	00:10:50	00:53:33 (222)	00:01:12	00:28:47 (200)	01:44:27		23	
200	605	PERLICKA ZUZANNA	WARSZAWA		PL	1998	K20	10	10:51:47	00:09:28 (123)	00:08:47	00:56:36 (236)	00:01:00	00:29:07 (203)	01:44:58		24	
201	607	KOWALSKI CEZARY	WARSZAWA		PL	1973	M40	43	10:53:48	00:14:02 (254)	00:09:13	00:50:40 (190)	00:01:44	00:29:35 (212)	01:45:14	177		
202	647	WRÓBEL RADOŚLAŃ	WARSZAWA, WOJ. MAZO DOGRANI.PL		PL	1986	M30	86	10:53:49	00:12:43 (244)	00:12:16	00:51:01 (194)	00:02:04	00:27:18 (170)	01:45:22	178		
203	512	KONARSKA EDYTA	OLAWA		PL	1974	K40	3	10:54:12	00:12:12 (231)	00:11:20	00:50:48 (191)	00:01:25	00:29:42 (214)	01:45:27		25	
204	385	KRUPA PAWEŁ	PŁOCK		PL	1967	M50	8	10:53:27	00:12:05 (229)	00:09:10	00:50:10 (183)	00:01:34	00:32:36 (241)	01:45:35	179		
205	600	URBANOWICZ ZBIGNIEW	CZESTOCHOWA		PL	1975	M40	44	10:54:34	00:12:51 (247)	00:11:25	00:45:44 (121)	00:02:17	00:33:33 (249)	01:45:50	180		
206	596	KULĄGOWSKI GRZEGORZ	WARSZAWA		PL	1968	M50	9	10:53:45	00:12:05 (228)	00:10:09	00:50:20 (186)	00:01:53	00:31:25 (231)	01:45:52	181		
207	601	BORAL HUBERT	CZĘSTOCHOWA	ALLPER.PL	PL	1982	M30	87	10:54:31	00:12:50 (246)	00:11:30	00:45:38 (120)	00:02:20	00:33:36 (250)	01:45:54	182		
208	688	BARTOSZEWSKI ROBERT	STOCZEK ŁUKOWSKI		PL	1995	M20	33	10:54:41	00:18:18 (268)	00:08:24	00:50:26 (188)	00:00:58	00:27:56 (187)	01:46:02	183		
209	423	KOCEMBA WITOLD	KAMIONKA WIELKA		PL	1961	M50	10	10:52:36	00:11:47 (223)	00:10:57	00:50:13 (185)	00:03:49	00:29:31 (211)	01:46:17	184		
210	582	MALEK KONRAD	PIEKARY ŚLĄSKIE		PL	1986	M30	88	10:52:13	00:11:58 (226)	00:11:05	00:54:29 (225)	00:02:06	00:26:45 (159)	01:46:23	185		
211	652	STACHOWIAK KAROL	PŁOCK		PL	1993	M20	34	10:54:26	00:13:44 (250)	00:09:16	00:53:10 (216)	00:01:19	00:28:55 (202)	01:46:24	186		
212	696	MICHALSKI ANDRZEJ	RADZYMIN		PL	1984	M30	89	10:53:17	00:10:07 (164)	00:11:25	00:52:03 (207)	00:02:20	00:30:35 (224)	01:46:30	187		
213	492	KWASNIEWSKI LUKASZ	WARSZAWA	4F KUMPLE WARSZAWA 4F	PL	1987	M30	90	10:53:57	00:11:52 (224)	00:10:57	00:52:19 (210)	00:01:28	00:30:19 (220)	01:46:55	188		
214	425	GRUSZECKI MACIEJ	STARE MIASTO	TRITON KONIN	PL	1969	M50	11	10:52:28	00:09:36 (135)	00:09:49	00:49:18 (176)	00:02:34	00:35:39 (259)	01:46:55	189		
215	404	ADAMOWICZ KONRAD	PIASECZNO	SUSHI STREFA	PL	1977	M40	45	10:52:32	00:11:43 (222)	00:10:01	00:56:44 (237)	00:01:39	00:27:08 (164)	01:47:15	190		
216	571	SZCZEPKOWSKA KAMILA	WARSZAWA (BEMOWO)	ADIDAS RUNNERS WARSAW	PL	1993	K20	11	10:53:35	00:12:20 (235)	00:10:39	00:56:22 (233)	00:00:57	00:27:04 (163)	01:47:22		26	
217	487	DĄBROWSKA MARTA	WARSZAWA	SBRT WARSZAWA	PL	1987	K30	10	10:53:28	00:12:26 (238)	00:10:44	00:51:41 (202)	00:02:07	00:31:38 (233)	01:48:36		27	
218	567	CIESIELSKI ŁUKASZ	WARSZAWA		PL	1976	M40	46	10:53:23	00:10:51 (193)	00:11:20	00:52:17 (209)	00:02:21	00:31:54 (234)	01:48:43	191		
219	511	FRANCUZ PIOTR	NOWA WOLA	4F KUMPLEWARSZAWA 4F	PL	1987	M30	91	10:53:56	00:18:31 (270)	00:08:43	00:52:27 (212)	00:01:53	00:27:15 (169)	01:48:49	192		
220	640	SULKOWSKI PIOTR	PŁOCK		PL	1977	M40	47	10:53:41	00:11:06 (205)	00:11:34	00:56:28 (235)	00:01:00	00:28:50 (201)	01:48:58	193		
221	629	MIAKIEWICZ MICHAŁ	SŁUPNO&#47;K PŁOCKA		PL	1985	M30	92	10:52:15	00:10:34 (181)	00:09:51	01:01:05 (263)	00:01:09	00:26:30 (154)	01:49:09	194		
222	417	JESKA MICHAŁ	WARSZAWA		PL	1991	M20	35	10:54:35	00:11:24 (212)	00:11:52	00:57:16 (247)	00:00:59	00:27:40 (181)	01:49:11	195		
223	403	DZIUBEK MACIEJ	WARSZAWA		PL	1987	M30	93	10:53:39	00:09:41 (139)	00:12:07	00:57:00 (241)	00:02:25	00:27:58 (188)	01:49:11	196		
224	539	HRYNIEWICZ AGNIESZKA	ŁÓDŹ		PL	1919	K60	1	10:52:44	00:12:07 (230)	00:10:01	00:56:46 (238)	00:01:20	00:29:25 (210)	01:49:39		28	
225	671	JAKOWSKI WIKTOR	WARSZAWA		PL	1999	M20	36	10:54:02	00:11:11 (208)	00:08:49	00:56:52 (239)	00:02:02	00:31:05 (228)	01:49:59	197		
226	529	MORAWSKI PRZEMYSŁAW	PRZASNYSZ		PL	1974	M40	48	10:53:06	00:12:22 (236)	00:10:14	00:47:32 (149)	00:02:43	00:37:14 (264)	01:50:05	198		
227	388	SACHMATA AGATA	PIASECZNO	KUŹNIA TRIATHLONU	PL	1966	K50	2	10:51:44	00:11:05 (202)	00:11:24	00:53:29 (218)	00:02:18	00:32:04 (236)	01:50:20		29	
228	697	DYMEK STANISŁAW	PŁOCK	BIEGAJ Z DYMKIEM MEN	PL	1954	M60	2	10:52:45	00:12:27 (240)	00:11:42	00:51:26 (199)	00:02:18	00:32:31 (240)	01:50:24	199		
229	478	LEWANDOWSKI LINUS	WARSZAWA		PL	1992	M20	37	10:54:34	00:14:36 (260)	00:10:06	00:52:02 (206)	00:01:16	00:32:27 (239)	01:50:27	200		
230	530	FUSIK PRZEMYSŁAW	MASZEWÓ		PL	1986	M30	94	10:54:16	00:14:10 (256)	00:10:43	00:55:46 (230)	00:00:59	00:29:13 (206)	01:50:51	201		
231	559	HASIK KONRAD	ŁÓDŹ	MASTERS ŁÓDŹ	PL	1983	M30	95	10:50:40	00:06:54 (10)	00:11:22	00:57:12 (244)	00:01:19	00:34:22 (253)	01:51:09	202		
232	660	KOŁCZYŃSKA BARBARA	ŁÓDŹ	PULS TRI TEAM BIKE TIME	PL	1956	K60	2	10:54:40	00:13:56 (253)	00:11:10	00:53:32 (221)	00:02:44	00:29:57 (215)	01:51:19		30	
233	552	MIELCZAREK TOMASZ	PIASECZNO		PL	1985	M30	96	10:53:25	00:11:38 (217)	00:12:13	00:54:13 (224)	00:01:41	00:31:37 (232)	01:51:22	203		
234	548	KRÓL DARIUSZ	PIASECZNO	DARIUSZ KRÓL DARIUSZ KRÓL	PL	1989	M30	97	10:53:25	00:12:14 (232)	00:11:39	00:57:04 (243)	00:02:23	00:28:02 (189)	01:51:22	204		
235	635	STAŃDO ŁUKASZ	ŁÓDŹ		PL	1981	M30	98	10:54:01	00:13:53 (251)	00:11:39	00:57:12 (244)	00:01:31	00:27:09 (165)	01:51:24	205		



# Garmin Iron Triathlon Płock 2019 1/8 IM

Organizator: LABOSPORT Polska s.c.

Data: 26 maja 2019 r.

Dystans: 1/8 IRONMAN (0,475-22,5-5,275)

Miejscowość: Płock



Sponsor tytularny



Sponsorzy strategiczni



Partner strategiczny



Gospodarz



Organizator cyklu



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Start	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
236	620	CHOUIN GILDAS	WARSZAWA - POLSKA		PL	1970	M40	49	10:54:23	00:14:41 (262)	00:12:21	00:51:03 (195)	00:02:09	00:31:17 (229)	01:51:31			206
237	553	SULKOWSKI PIOTR	WARSZAWA		PL	1985	M30	99	10:54:15	00:12:35 (243)	00:11:03	00:57:45 (249)	00:01:01	00:30:05 (218)	01:52:29			207
238	627	MIESZKOWICZ ERYK	PŁOCK		PL	1996	M20	38	10:54:28	00:10:47 (188)	00:10:52	00:57:15 (246)	00:01:59	00:32:00 (235)	01:52:53			208
239	663	CHMIEL ANDRZEJ	ŁÓDŹ	PULS TRI TEAM REHOP	PL	1956	M60	3	10:51:51	00:12:01 (227)	00:14:33	00:51:38 (201)	00:02:40	00:32:08 (238)	01:53:00			209
240	518	POTOCZNA ANNA	ŁÓDŹ		PL	1990	K20	12	10:54:09	00:16:08 (265)	00:12:35	00:50:52 (192)	00:02:52	00:30:49 (226)	01:53:16			31
241	453	MAJEWSKA KAROLINA	BYDGOSZCZ		PL	1978	K40	4	10:52:13	00:11:36 (216)	00:10:08	00:56:20 (232)	00:02:40	00:32:41 (242)	01:53:25			32
242	491	WIECZOREK RAFAŁ	WARSZAWA	4F KUMPLE WARSZAWA 4F	PL	1986	M30	100	10:54:20	00:12:26 (238)	00:12:33	00:52:22 (211)	00:01:52	00:34:30 (254)	01:53:43			210
243	624	KOŁODZIEJCZYK EWA	DOBIESZKÓW		PL	1981	K30	11	10:54:13	00:12:16 (234)	00:12:27	00:55:14 (228)	00:01:56	00:32:07 (237)	01:54:00			33
244	664	TOURNEUR CYRIL	WARSZAWA		PL	1974	M40	50	10:54:23	00:11:11 (207)	00:12:12	00:52:45 (214)	00:01:42	00:36:40 (262)	01:54:30			211
245	674	SZALAŃSKA JUSTYNA	PŁOCK		PL	1983	K30	12	10:54:18	00:14:58 (263)	00:10:34	00:57:51 (251)	00:01:33	00:30:15 (219)	01:55:11			34
246	502	FRENKEL MAREK	STARE BABICE		PL	1968	M50	12	10:54:42	00:11:05 (202)	00:13:24	00:55:34 (229)	00:02:19	00:32:50 (243)	01:55:12			212
247	641	OWCZAREK PIOTR	WARSZAWA		PL	1963	M50	13	10:53:04	00:11:33 (214)	00:11:59	00:56:58 (240)	00:02:25	00:33:32 (248)	01:56:27			213
248	639	BURDA ANNA	WARSZAWA		PL	1978	K40	5	10:53:03	00:11:34 (215)	00:11:56	00:57:01 (242)	00:02:26	00:33:31 (247)	01:56:28			35
249	477	WAJSZCZAK TOMASZ	CEKANOWO		PL	1980	M30	101	10:54:21	00:10:32 (179)	00:12:06	01:01:36 (264)	00:01:31	00:30:47 (225)	01:56:32			214
250	465	KABZA MARIUSZ	STARTOWA GÓRA, GM. R 19701970		PL	1970	M40	51	10:53:10	00:10:08 (166)	00:13:00	00:53:30 (219)	00:02:13	00:38:10 (268)	01:57:01			215
251	557	TATUSIAK DAMIAN	KONIN	TRUCHCIK KONIN	PL	1987	M30	102	10:53:53	00:16:28 (266)	00:11:27	00:58:57 (256)	00:01:51	00:28:33 (197)	01:57:16			216
252	528	KORONKIEWICZ JOANNA	PIASTÓW	TRIFRIENDS.PL	PL	1995	K20	13	10:52:38	00:09:25 (119)	00:14:48	00:55:08 (227)	00:05:28	00:33:11 (244)	01:58:00			36
253	574	PRASEK MAREK	RADOM		PL	1993	M20	39	10:51:57	00:10:10 (167)	00:13:08	01:04:55 (268)	00:01:34	00:28:32 (194)	01:58:19			217
254	570	GURDZIEL MALGORZATA	WARSZAWA		PL	1973	K40	6	10:53:15	00:13:36 (248)	00:12:30	00:59:04 (257)	00:01:17	00:33:14 (245)	01:59:41			37
255	562	JASZEK-WILCZYŃSKA ANNA	WARSZAWA		PL	1983	K30	13	10:53:51	00:12:48 (245)	00:12:02	00:57:44 (248)	00:01:53	00:35:38 (258)	02:00:05			38
256	456	GORZKOWSKI MAREK	WARSZAWA		PL	1991	M20	40	10:54:36	00:11:00 (198)	00:12:18	01:00:23 (261)	00:01:48	00:35:13 (257)	02:00:42			218
257	467	KUBIAK TOMASZ	DOBRCZ	DOBRCZ	PL	1959	M60	4	10:52:09	00:10:43 (187)	00:12:13	00:58:21 (253)	00:01:47	00:38:54 (269)	02:01:58			219
258	637	LUKOWSKI GRZEGORZ	PŁOCK		PL	1979	M40	52	10:54:04	00:11:40 (221)	00:12:35	00:58:21 (252)	00:02:05	00:37:17 (265)	02:01:58			220
259	594	MOORE RODRIGUEZ DANIEL RAY	WARSZAWA		ES	1970	M40	53	10:54:38	00:11:39 (219)	00:14:41	00:59:45 (260)	00:02:31	00:34:08 (251)	02:02:44			221
260	595	GAVIRA ATIENZA CARLOS	WARSZAWA		ES	1971	M40	54	10:54:38	00:11:38 (218)	00:14:36	00:59:40 (259)	00:02:42	00:34:08 (252)	02:02:44			222
261	507	DUBISZ MARTA	WARSZAWA		PL	1990	K20	14	10:54:08	00:11:20 (211)	00:12:34	01:06:28 (270)	00:01:36	00:30:58 (227)	02:02:56			39
262	560	LEWANDOWSKI JAROSŁAW	KONIN		PL	1985	M30	103	10:53:52	00:14:38 (261)	00:11:05	00:58:54 (254)	00:02:18	00:36:10 (261)	02:03:05			223
263	681	WIDERA RADOŚLAW, DOŁĘGOWSKI KL	MISZEWO MUROWANE	SOKÓŁ BODZANÓW	PL	1976	K40	7	10:50:22	00:20:27 (271)	00:13:15	00:57:49 (250)	00:03:05	00:29:10 (204)	02:03:46			40
264	488	SWISTAK KAROLINA	BELSK DUZY	SWISTAKI 1978	PL	1978	K40	8	10:54:13	00:14:27 (259)	00:10:48	01:01:58 (265)	00:01:57	00:34:40 (255)	02:03:50			41
265	430	GAPIŃSKI KRZYSZTOF	PŁOCK		PL	1960	M50	14	10:54:17	00:13:53 (251)	00:12:51	00:59:25 (258)	00:01:56	00:36:06 (260)	02:04:11			224
266	550	PIECHOTA ARKADIUSZ	PRUSZKÓW		PL	1982	M30	104	10:53:53	00:14:12 (257)	00:13:07	00:58:56 (255)	00:02:06	00:37:09 (263)	02:05:30			225
267	429	MAJCZAK KAMIL	PŁOCK	CS AIKINUR	PL	1977	M40	55	10:53:05	00:10:32 (179)	00:14:13	01:04:26 (266)	00:02:51	00:33:30 (246)	02:05:32			226
268	440	PIĘTOWSKI GRZEGORZ	PIASTÓW		PL	1966	M50	15	10:54:19	00:14:05 (255)	00:12:40	01:00:38 (262)	00:01:43	00:37:49 (267)	02:06:55			227
269	691	BODYCH MACIEJ	ZĄBKI		PL	1978	M40	56	10:53:15	00:12:27 (240)	00:14:39	01:05:47 (269)	00:02:29	00:37:30 (266)	02:12:52			228
270	386	BARANOWSKI ROMUALD	PŁOCK	DYNAMIC 1968	PL	1968	M50	16	10:54:18	00:17:02 (267)	00:16:48	01:04:33 (267)	00:03:10	00:46:43 (270)	02:28:16			229
271	402	WALASIK WIESŁAW	PŁOCK		PL	1955	M60	5	10:54:07	00:11:54 (225)	00:18:20	01:06:51 (271)	00:03:52	00:52:28 (271)	02:33:25			230