

GARMIN IRON TRIATHLON GOŁDAP 2019

Organizator: LABOSPORT Polska sp. z o.o.

Data: 14.07.2019

Dystans: 1/8 IM (0,475-22,5-5,275)

Miejscowość: GOŁDAP



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Pływanie	T1	Rower	T2	Bieg	Wynik	M	K	Kara
1	189	DIMITROW MARCIN	WARSZAWA	NEON TEAM D7	POL	1976	M40	1	00:08:42 (17)	00:02:09	00:33:12 (1)	00:01:06	00:22:29 (13)	01:07:38	1		
2	240	OKRAGŁY EMIL	WARSZAWA	TRIZARZA	POL	1982	M30	1	00:08:12 (11)	00:01:51	00:36:09 (5)	00:01:05	00:20:42 (3)	01:07:59	2		
3	209	SZTENDEREWICZ RAFAŁ	WŁOCŁAWEK	SPORTEVO	POL	1977	M40	2	00:08:49 (20)	00:02:01	00:35:21 (2)	00:01:06	00:20:53 (5)	01:08:10	3		
4	199	KORD ARKADIUSZ	BARCZEWO		POL	1996	M20	1	00:07:57 (9)	00:02:02	00:36:16 (6)	00:01:07	00:21:05 (6)	01:08:27	4		
5	275	KAMIŃSKI JAKUB	PASŁĘK	LABOSPORT TEAM ARTECH TEAM	POL	1991	M20	2	00:09:39 (38)	00:02:00	00:35:38 (4)	00:01:07	00:21:48 (11)	01:10:12	5		
6	168	ULAŃSKI MACIEJ	SOMPOLNO		POL	2003	M16	1	00:08:44 (19)	00:02:25	00:35:22 (3)	00:01:21	00:22:56 (19)	01:10:48	6		
7	178	MATUSZEWSKI MARIUSZ	WARSZAWA	WARSAW MASTERS TEAM GOLDHOL	POL	1974	M40	3	00:08:43 (18)	00:02:28	00:36:18 (7)	00:01:09	00:22:58 (20)	01:11:36	7		
8	221	ZIELIŃSKI KAMIL	WARSZAWA	APPLE MARINES APPLE MARINES	POL	1989	M30	2	00:06:55 (3)	00:02:06	00:38:14 (12)	00:01:10	00:23:40 (25)	01:12:05	8		
9	216	GIERASIMIUK GRZEGORZ	WARSZAWA	TRIGGER TRIATHLON	POL	1984	M30	3	00:09:15 (30)	00:02:25	00:38:02 (10)	00:01:08	00:21:30 (9)	01:12:20	9		
10	227	SMIRNOV ALEKSANDR	KALININGRAD	AMBERMAN	RU	1968	M50	1	00:06:54 (2)	00:02:34	00:40:15 (29)	00:01:49	00:20:52 (4)	01:12:24	10		
11	172	ZAPILAJ DANIEL	ELK		POL	1993	M20	3	00:08:39 (16)	00:02:08	00:38:35 (15)	00:01:16	00:23:06 (22)	01:13:44	11		
12	195	MALINOWSKI RAFAŁ	GIŻYCKO	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	POL	1991	M20	4	00:08:21 (12)	00:02:39	00:38:10 (11)	00:01:10	00:23:32 (24)	01:13:52	12		
13	180	LITWIN BARTOSZ	CHEŁM	CHEŁMСКА GRUPA TRIATHLONU	POL	1988	M30	4	00:09:13 (29)	00:02:11	00:38:41 (16)	00:01:11	00:22:40 (14)	01:13:56	13		
14	254	JASIONOWSKI MAREK	BIAŁYSTOK	3T BIAŁYSTOK	POL	1978	M40	4	00:10:01 (46)	00:02:06	00:38:53 (17)	00:01:33	00:21:46 (10)	01:14:19	14		
15	188	URBANOWICZ RAFAŁ	WARSZAWA		POL	1981	M30	5	00:08:24 (13)	00:02:26	00:36:32 (8)	00:01:27	00:25:33 (44)	01:14:22	15		
16	233	ROMANOWSKI RADOŚLAW	DOBRE MIASTO	KS JELONKI DOBRE MIASTO	POL	1973	M40	5	00:09:19 (31)	00:02:09	00:39:13 (20)	00:01:17	00:22:41 (15)	01:14:39	16		
17	242	GAJASZEK GRZEGORZ	LUBLIN		POL	1970	M40	6	00:07:28 (5)	00:02:38	00:40:04 (26)	00:01:40	00:22:53 (18)	01:14:43	17		
18	191	GIŻYŃSKA ANNA	WARSZAWA	GIŻA TEAM	POL	1982	K30	1	00:10:37 (54)	00:02:46	00:40:02 (25)	00:01:09	00:20:41 (2)	01:15:15		1	
19	223	ZBUTOWICZ ŁUKASZ	LIDZBARK WARMIŃSKI	AKB & KLUB BIEGCZA LIDZBARK WARMIŃSKI	POL	1983	M30	6	00:09:34 (37)	00:02:28	00:40:28 (31)	00:01:27	00:21:30 (8)	01:15:27	18		
20	273	GROSZEWSKI RADOŚLAW	DYWITY	TRISWIMRUN	POL	1976	M40	7	00:08:31 (14)	00:02:19	00:40:32 (32)	00:01:05	00:23:03 (21)	01:15:30	19		
21	256	RUSAK MICHAŁ	GDYNIA	JA TRENUJE CZEMU NIE ON THE WOK TEAM	POL	1982	M30	7	00:08:58 (23)	00:02:19	00:39:51 (24)	00:01:15	00:23:31 (23)	01:15:54	20		
22	269	MICHAŁOWSKI MATEUSZ	GOŁDAP	LANGE TRI COACH	POL	1992	M20	5	00:08:38 (15)	00:02:17	00:41:02 (41)	00:01:20	00:22:48 (17)	01:16:05	21		
23	262	LUBIŃSKI KAMIL	GDYNIA	CENTRUM SPORTOWE U JEZUITÓW	POL	1992	M20	6	00:06:23 (1)	00:02:14	00:43:44 (58)	00:01:09	00:22:43 (16)	01:16:13	22		
24	236	SZCZEBIOT KAROL	LIDZBARK WARMIŃSKI	KLUB BIEGCZA LIDZBARK WARMIŃSKI	POL	1981	M30	8	00:07:41 (6)	00:02:31	00:39:17 (21)	00:01:29	00:25:21 (43)	01:16:19	23		
25	261	SYGUŁA MATEUSZ	WARSZAWA	KOLARSKI.EU TEAM KOLARSKI.EU TEAM	POL	1979	M40	8	00:11:02 (63)	00:02:32	00:37:53 (9)	00:01:30	00:24:22 (33)	01:17:19	24		
26	252	PROKOP PIOTR	JÓZEFOSŁAW	LABOSPORT TEAM TRI4FUN TRIATHLON TEAM PIASEC	POL	1978	M40	9	00:09:01 (25)	00:02:32	00:38:27 (13)	00:01:20	00:25:48 (46)	01:17:23	25		00:00:15
27	245	WOŁYŃCIEC EMILIA	GOŁDAP	TRISWIMRUN GOŁDAP	POL	1983	K30	2	00:09:25 (34)	00:01:56	00:40:39 (36)	00:00:54	00:24:34 (35)	01:17:28		2	
28	270	BOGDAN JACEK	GOŁDAP	TURYSTYCZNA TURYSTYCZNA	POL	1982	M30	9	00:10:05 (48)	00:01:34	00:44:30 (64)	00:00:59	00:20:27 (1)	01:17:35	26		
29	192	KUCIŃSKI IRENEUSZ	PASŁĘK		POL	1977	M40	10	00:10:04 (47)	00:02:20	00:39:50 (23)	00:01:15	00:24:20 (31)	01:17:49	27		
30	267	BOROWSKI GRZEGORZ	BIAŁYSTOK	NADAKTYWNI ABG ARCHITEKCI	POL	1968	M50	2	00:09:23 (33)	00:03:05	00:39:35 (22)	00:01:06	00:24:53 (40)	01:18:02	28		
31	197	MATUSIK MARYSIA	GÓRA KALWARIA		POL	2002	K16	1	00:07:42 (7)	00:02:42	00:41:24 (42)	00:01:34	00:25:06 (42)	01:18:28		3	
32	259	ROKICKI JACEK	LIDZBARK WARMIŃSKI	ZZIAJANI TEAM	POL	1982	M30	10	00:08:08 (10)	00:01:33	00:44:27 (63)	00:00:53	00:23:40 (27)	01:18:41	29		
33	198	KRUSZNIEWSKI JAREK	SUWALKI		POL	1982	M30	11	00:08:52 (22)	00:02:23	00:42:01 (44)	00:01:14	00:24:16 (30)	01:18:46	30		
34	246	KARŃKOWICZ DAWID	GOLDAP		POL	1984	M30	12	00:09:10 (28)	00:01:21	00:46:18 (76)	00:00:53	00:21:11 (7)	01:18:53	31		
35	228	KISIEL MARIUSZ	CHOTOMÓW		POL	1977	M40	11	00:08:59 (24)	00:02:23	00:40:38 (34)	00:01:30	00:25:39 (45)	01:19:09	32		
36	224	NYCZ ARKADIUSZ	CHEŁM	CROSSFITTER BOX CHEŁM	POL	1969	M50	3	00:10:15 (49)	00:03:07	00:38:56 (18)	00:01:13	00:25:56 (49)	01:19:27	33		
37	251	FIGIEL ARKADIUSZ	KALISZ	TEAM MASTERS BARRACUDA PHU MAFPOL	POL	1966	M50	4	00:10:46 (59)	00:02:23	00:40:51 (39)	00:01:28	00:25:05 (41)	01:20:33	34		
38	162	KACYMIROW TOMASZ	HORNOWEK		POL	1961	M50	5	00:09:43 (41)	00:02:37	00:41:55 (43)	00:01:37	00:24:43 (37)	01:20:35	35		
39	276	WOZNAK JACEK	RAWA MAZOWIECKA	IRONTEAM IRON TEAM	POL	1967	M50	6	00:09:02 (26)	00:03:31	00:40:50 (37)	00:01:34	00:25:50 (48)	01:20:47	36		
40	212	ŚLIWIŃSKI PRZEMYSŁAW	PASŁĘK	KRAM	POL	1984	M30	13	00:10:50 (61)	00:02:36	00:40:15 (30)	00:01:25	00:25:57 (51)	01:21:03	37		
41	263	BUDREWICZ MILENA	WARSZAWA	MBC - MACIEJ BODNAR COACHING WORLD DENTAL	POL	1986	K30	3	00:09:27 (36)	00:02:25	00:42:33 (49)	00:01:40	00:24:50 (39)	01:21:10		4	00:00:15
42	243	WILL KONRAD	BIAŁYSTOK		POL	1987	M30	14	00:10:16 (50)	00:02:37	00:43:33 (55)	00:01:02	00:23:50 (28)	01:21:18	38		

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43	230	RUDLIICKA KAROLINA	TARNOWSKIE GÓRY	RAMBO GIRL STILL ALIVE; TARNOGÓRSKIE TOWARZYS	POL	1987	K30	4	00:10:33 (53)	00:03:31	00:42:46 (50)	00:01:32	00:23:40 (26)	01:22:02		5	
44	238	STAŃCZAK MARIUSZ	WARSZAWA	ES TRI PROJECT TEAM	POL	1971	M40	12	00:11:10 (64)	00:02:37	00:41:01 (40)	00:01:27	00:25:57 (50)	01:22:27	39		00:00:15
45	244	WIŃSKI TOMASZ	GOŁDAP	ŁOWCY PRZYGÓD GOŁDAP	POL	1980	M30	15	00:11:18 (70)	00:04:10	00:38:32 (14)	00:01:00	00:27:33 (59)	01:22:33	40		
46	253	BOGDANIUK MACIEJ	BĘSIA		POL	1992	M20	7	00:12:30 (87)	00:02:29	00:42:31 (48)	00:01:16	00:23:56 (29)	01:22:42	41		
47	210	BEREDA KRZYSZTOF	WARSZAWA	KUŹNIA TRIATHLONU	POL	1970	M40	13	00:11:52 (82)	00:03:07	00:40:50 (38)	00:02:38	00:24:39 (36)	01:23:06	42		
48	222	KUDOSZ ANDRZEJ	GOŁDAP		POL	1980	M30	16	00:11:13 (66)	00:03:15	00:40:38 (35)	00:01:30	00:26:16 (52)	01:23:07	43		00:00:15
49	217	KRAJCARSKI TOMASZ	SIECHNICE	LITWIN TRIATHLON TEAM (LTT)	POL	1994	M20	8	00:10:41 (56)	00:03:10	00:40:08 (27)	00:01:59	00:27:12 (55)	01:23:10	44		
50	205	WIZA HUGO	WARSZAWA	ASSECO ACTIVE TEAM	POL	2002	M16	2	00:09:43 (42)	00:03:00	00:40:09 (28)	00:02:09	00:29:05 (68)	01:24:06	45		
51	179	MACIEJEWSKA-LITWIN KATARZYNA	CHEŁM	CHEŁMСКА GRUPA TRIATHLONU	POL	1990	K20	1	00:10:41 (55)	00:02:54	00:43:43 (57)	00:01:10	00:25:50 (47)	01:24:18		6	
52	231	NAJUCH WOJCIECH	TARNOWSKIE GÓRY	TARNOGÓRSKIE TOWARZYSTWO TRIATHLONOWE	POL	1980	M30	17	00:09:41 (39)	00:04:04	00:44:23 (62)	00:01:41	00:24:31 (34)	01:24:20	46		
53	201	MAKAR MARCIN	SUWAŁKI		POL	2000	M18	1	00:07:15 (4)	00:03:06	00:39:12 (19)	00:01:16	00:33:46 (94)	01:24:35	47		
54	274	ZALEWSKI DARIUSZ	BIAŁYSTOK	NADAKTYWNI BIAŁYSTOK	POL	1969	M50	7	00:11:44 (80)	00:04:30	00:42:22 (45)	00:01:39	00:24:44 (38)	01:24:59	48		
55	239	PŁUCIENNICZAK DIANA	OLSZTYN		POL	1986	K30	5	00:10:21 (52)	00:02:31	00:42:26 (47)	00:01:21	00:28:41 (65)	01:25:20		7	
56	234	KRAJCARSKA PAULINA	SIECHNICE	LITWIN TRIATHLON TEAM	POL	1994	K20	2	00:07:57 (8)	00:03:11	00:43:50 (59)	00:01:49	00:28:45 (66)	01:25:32		8	
57	232	OŚWIECIŃSKA MARZENA	BIELSK PODLASKI	TIM MAŁEGO	POL	1985	K30	6	00:10:43 (58)	00:03:23	00:43:07 (53)	00:01:41	00:27:22 (57)	01:26:16		9	
58	219	SZUPSYŃSKI TOM	SUWAŁKI		POL	1982	M30	18	00:10:54 (62)	00:03:35	00:40:37 (33)	00:02:17	00:29:21 (69)	01:26:44	49		
59	229	FALKOWSKA MARTYNA	BIAŁYSTOK	NADAKTYWNI	POL	1997	K20	3	00:10:00 (45)	00:02:47	00:45:57 (71)	00:01:42	00:26:44 (53)	01:27:10		10	
60	255	WILCZYŃSKI MIKOŁAJ	KRAKÓW		POL	1996	M20	9	00:08:51 (21)	00:05:07	00:45:10 (67)	00:03:46	00:24:21 (32)	01:27:15	50		
61	218	KOSMAŁSKI DANIEL	SIEDLCE		POL	1982	M30	19	00:11:24 (73)	00:02:31	00:42:26 (46)	00:02:09	00:28:46 (67)	01:27:16	51		
62	166	STRZEŚNIEWSKI MAREK	PIASECZNO	PGR SKAJZGIRY	POL	1957	M60+	1	00:11:35 (77)	00:03:12	00:43:02 (52)	00:02:05	00:27:40 (61)	01:27:34	52		
63	165	SACHMATA ANIA	PIASECZNO	KUŹNIA TRIATHLONU MOTO-PARTNER	POL	1994	K20	4	00:11:14 (67)	00:02:58	00:43:42 (56)	00:02:00	00:28:07 (64)	01:28:01		11	
64	196	NOWICZENKO DAWID	SUWAŁKI	IAKMW KRAV MAGA SUWAŁKI GREEN TOOLS	POL	1989	M30	20	00:10:20 (51)	00:03:09	00:44:46 (66)	00:01:17	00:29:24 (71)	01:28:56	53		
65	211	TARANTOWICZ ROBERT	JUCHNOWIEC KOŚCIELNY	TOWARZYSTWO BIZNESOWE BIAŁOSTOCKIE	POL	1980	M30	21	00:09:42 (40)	00:03:02	00:43:09 (54)	00:02:15	00:31:52 (85)	01:30:00	54		
66	164	WIZA ARTUR	WARSZAWA	ASSECO ACTIVE TEAM	POL	1971	M40	14	00:10:47 (60)	00:02:56	00:44:08 (60)	00:02:02	00:30:32 (76)	01:30:25	55		
67	235	KOCKI ARKADIUSZ	ŁÓDŹ		POL	1968	M50	8	00:11:40 (79)	00:04:19	00:45:40 (70)	00:02:52	00:27:06 (54)	01:31:37	56		
68	193	MOCZYDŁOWSKA WIKTORIA	ZAŚCIANKI	NADAKTYWNI BIAŁYSTOK	POL	2001	K18	1	00:09:26 (35)	00:03:30	00:44:43 (65)	00:02:25	00:31:56 (87)	01:32:15		12	00:00:15
69	204	PANICZKO ANNA	GOLDAP		POL	1989	K30	7	00:09:09 (27)	00:03:48	00:48:55 (87)	00:01:10	00:29:48 (73)	01:32:50		13	
70	202	CHMIELEWSKI JACEK	BIAŁYSTOK	4STRES	POL	1963	M50	9	00:11:16 (68)	00:03:38	00:45:59 (72)	00:01:00	00:31:07 (80)	01:33:00	57		
71	266	BRZÓSKA RENATA	KIELCE	TS AKWEDUKT KIELCE	POL	1970	K40	1	00:12:26 (86)	00:03:17	00:48:41 (86)	00:01:23	00:27:35 (60)	01:33:22		14	
72	185	KORDALA-KIDRYCKA MARZENA	BIAŁYSTOK	NADAKTYWNI	POL	1988	K30	8	00:11:21 (71)	00:02:07	00:46:02 (74)	00:01:04	00:33:32 (92)	01:34:06		15	
73	257	CHMIEL PAULINA	ŁÓDŹ	PULS TRI TEAM "SALUS"	POL	1985	K30	9	00:09:21 (32)	00:03:41	00:42:56 (51)	00:02:19	00:35:51 (99)	01:34:08		16	
74	207	INTEREWICZ DOROTA	GDYNIA	I ALO GDYNIA	POL	1968	K50	1	00:11:10 (65)	00:03:32	00:46:00 (73)	00:01:56	00:31:18 (81)	01:34:11		17	00:00:15
75	258	CHMIEL ANDRZEJ	ŁÓDŹ	PULS TRI TEAM REHOP	POL	1956	M60+	2	00:13:45 (97)	00:03:21	00:44:13 (61)	00:02:18	00:30:36 (78)	01:34:13	58		
76	272	PATYNOWSKI SŁAWOMIR	MYSIADŁO	AVERBIT	POL	1972	M40	15	00:11:27 (74)	00:05:25	00:45:39 (69)	00:04:46	00:27:49 (62)	01:35:06	59		
77	182	MIRONOVA IRINA	NESTEROV		RU	1975	K40	2	00:12:44 (90)	00:04:44	00:54:37 (100)	00:01:41	00:21:59 (12)	01:35:45		18	
78	213	POROWSKI ARTUR	ŁÓMŻA		POL	1984	M30	22	00:14:45 (100)	00:04:18	00:45:31 (68)	00:01:24	00:30:17 (75)	01:36:15	60		
79	260	OLSZEWSKI ŁUKASZ	OLSZTYN		POL	1980	M30	23	00:11:18 (69)	00:04:11	00:46:24 (77)	00:02:34	00:31:45 (84)	01:36:27	61		00:00:15
80	184	CHERSKAIA VALERIA	KALININGRAD	ADIDAS RUN CLUB	RU	1988	K30	10	00:12:40 (89)	00:03:20	00:49:00 (88)	00:01:53	00:29:36 (72)	01:36:29		19	
81	190	TARASZKIEWICZ ANNA	SUWAŁKI	MTB SUWAŁKI	POL	1966	K50	2	00:12:15 (85)	00:03:49	00:46:47 (80)	00:02:12	00:31:39 (83)	01:36:42		20	
82	161	SACHMATA AGATA	PIASECZNO	KUŹNIA TRIATHLONU	POL	1966	K50	3	00:11:22 (72)	00:03:51	00:47:59 (84)	00:02:34	00:31:53 (86)	01:37:39		21	
83	176	JUREVIČĖ AISTĖ	VILNIUS	URBAN GYM	LT	1985	K30	11	00:12:10 (84)	00:03:28	00:48:17 (85)	00:01:22	00:32:47 (89)	01:38:04		22	
84	264	ROMANIAK JAROSLAW	WARSZAWA	PKO BANK POLSKI	POL	1983	M30	24	00:09:55 (43)	00:04:25	00:55:12 (102)	00:01:21	00:27:14 (56)	01:38:07	62		

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85	203	SIENKIEWICZ SŁAWOMIR	OLECKO	OLECKO BIEGA	POL	1971	M40	16	00:12:47 (91)	00:04:10	00:46:38 (78)	00:02:23	00:32:48 (90)	01:38:46	63		
86	175	ANDRZEJEWSKA ZOFIA	WARSZAWA	DASH RADĘ!	POL	1991	K20	5	00:13:04 (94)	00:03:49	00:47:28 (82)	00:01:30	00:33:01 (91)	01:38:52		23	
87	220	STREZIOK DARIUSZ	TARNOWSKIE GÓRY	AT TEAM TARNOGÓRSKIE TOWARZYSTWO TRIATHLON	POL	1966	M50	10	00:10:43 (57)	00:04:49	00:50:30 (91)	00:03:41	00:29:22 (70)	01:39:05	64		
88	208	OSYDA SYLWIA	ŁÓDŹ	CELRONMAN HTF LUDWIK SIKORSKI	POL	1986	K30	12	00:13:22 (95)	00:03:49	00:46:03 (75)	00:02:24	00:33:56 (95)	01:39:34		24	
89	268	JEGLIŃSKI WOJCIECH	OLECKO	OLECKO BIEGA	POL	1972	M40	17	00:11:30 (75)	00:05:38	00:55:08 (101)	00:01:17	00:27:26 (58)	01:40:59	65		
90	249	MARTYNIAK ALEKSANDRA	WARSZAWA		POL	1998	K20	6	00:11:35 (78)	00:03:39	00:57:01 (104)	00:01:32	00:27:53 (63)	01:41:40		25	
91	248	URBANOWSKI MIESZKO	WOŁOMIN	UKA PAJ-COMP	POL	1980	M30	25			00:46:46 (79)	00:02:56	00:34:54 (97)	01:41:46	66		
92	241	CHMURSKI ZBIGNIEW	GOSPODARZ		POL	1965	M50	11	00:14:37 (99)	00:03:51	00:47:23 (81)	00:02:06	00:34:46 (96)	01:42:43	67		
93	177	JARYST PAWEŁ	RYN		POL	1971	M40	18	00:12:32 (88)	00:05:43	00:51:02 (94)	00:03:02	00:30:34 (77)	01:42:53	68		
94	250	OLSZEWSKA AGATA	WARSZAWA	ELDORADO	POL	1990	K20	7	00:16:52 (102)	00:03:41	00:50:28 (90)	00:02:03	00:30:41 (79)	01:43:45		26	
95	187	KOPCZYK MARCIN	WARSZAWA		POL	1982	M30	26	00:17:42 (106)	00:03:39	00:50:39 (92)	00:01:55	00:30:10 (74)	01:44:05	69		
96	271	FIGIEL MARZENA	KALISZ	TEAM MASTER BARRACUDA	POL	1967	K50	4	00:13:25 (96)	00:04:40	00:51:28 (95)	00:02:12	00:32:31 (88)	01:44:16		27	
97	181	ANDRZEJEWSKI MICHAŁ	WARSZAWA		POL	1989	M30	27	00:13:00 (93)	00:03:37	00:50:49 (93)	00:02:21	00:34:56 (98)	01:44:43	70		
98	226	SMIRNOVA SVETLANA	KALININGRAD		RU	1970	K40	3	00:11:44 (81)	00:04:08	00:57:11 (105)	00:01:47	00:31:20 (82)	01:46:10		28	
99	214	BIEŃKOWSKI ZBIGNIEW	PRUSZKÓW		POL	1987	M30	28	00:15:56 (101)	00:04:28	00:47:47 (83)	00:02:11	00:35:59 (100)	01:46:21	71		
100	206	GRYSZCZUK PIOTR	BIĄŁYSTOK		POL	1976	M40	19	00:11:30 (76)	00:04:06	00:52:05 (96)	00:01:46	00:36:57 (102)	01:46:24	72		
101	169	GORZKOWSKI MAREK	WARSZAWA		POL	1991	M20	10	00:10:00 (44)	00:04:51	00:53:06 (98)	00:02:26	00:37:02 (103)	01:47:25	73		
102	247	PIĘTOWSKI GRZEGORZ	PIASTÓW		POL	1966	M50	12	00:13:49 (98)	00:05:32	00:52:35 (97)	00:01:32	00:36:01 (101)	01:49:29	74		
103	237	OWCZAREK PAWEŁ	PABIANICE		POL	1971	M40	20	00:16:54 (103)	00:05:01	00:49:31 (89)	00:02:00	00:40:51 (106)	01:54:17	75		
104	225	KOLYAGINA ANASTASIA	KALININGRAD	AMBERMAN	RU	1988	K30	13	00:11:55 (83)	00:03:29	00:57:50 (106)	00:02:22	00:39:58 (105)	01:55:34		29	
105	186	BAGIŃSKI JAN	OLECKO	OLECKOBIEGA	POL	1945	M60+	3	00:21:07 (107)	00:07:10	00:53:26 (99)	00:02:30	00:33:38 (93)	01:57:51	76		
106	171	KAPLIŃSKA JOANNA	WARSZAWA		POL	1989	K30	14	00:12:53 (92)	00:04:33	00:59:58 (107)	00:01:42	00:41:01 (107)	02:00:07		30	
107	183	BERNATOWICZ JAROSŁAW	PIASECZNO		POL	1965	M50	13	00:17:13 (105)	00:04:51	01:01:26 (108)	00:01:32	00:37:54 (104)	02:02:56	77		
108	200	WIERZYŃSKA AGNIESZKA	WARSZAWA		POL	1979	K40	4	00:16:54 (104)	00:04:33	00:56:57 (103)	00:02:54	00:44:19 (108)	02:05:37		31	