

I NOCNY BIEG NIEPODLEGŁOŚCI

Organizator: OSiR Łowicz

Data: 2019-11-10

Dystans: 10km

Miejscowość: Łowicz

Klasyfikacja: Open

| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | tempo min/km | tempo km/h | Czas netto | Czas brutto | M | K |
|------|---------|------------------------|----------------|--------------|------------|------------|-------------|----|---|
| 1 | 68 | PAJAŁ RAFAŁ | SKIERNIEWICE | 3:36 | 16,7 | 00:36:02 | 00:36:02 | 1 | |
| 2 | 104 | WOLSKI KONRAD | ZDUNY | 3:37 | 16,6 | 00:36:07 | 00:36:07 | 2 | |
| 3 | 29 | GOSZCZYŃSKI KAMIL | PŁOCK | 3:47 | 15,9 | 00:37:48 | 00:37:48 | 3 | |
| 4 | 21 | DURYS JAROSŁAW | WOLA POPOWA | 3:50 | 15,6 | 00:38:24 | 00:38:24 | 4 | |
| 5 | 24 | GAĆ TOMASZ | ŻYRARDÓW | 3:53 | 15,5 | 00:38:47 | 00:38:48 | 5 | |
| 6 | 42 | KOŁOS TOMASZ | ŁOWICZ | 3:53 | 15,5 | 00:38:49 | 00:38:50 | 6 | |
| 7 | 2 | AMBROZIAK ZBIGNIEW | ŁOWICZ | 3:56 | 15,3 | 00:39:18 | 00:39:18 | 7 | |
| 8 | 94 | TOMASZKIEWICZ ŁUKASZ | ŁOWICZ | 3:56 | 15,2 | 00:39:22 | 00:39:23 | 8 | |
| 9 | 111 | WRÓBEL MARCIN | ZIELKOWICE | 3:57 | 15,2 | 00:39:27 | 00:39:27 | 9 | |
| 10 | 73 | PIETRZAK ADAM | MYSŁAKÓW | 3:58 | 15,1 | 00:39:43 | 00:39:44 | 10 | |
| 11 | 83 | ROSA DARIUSZ | JAMNO | 4:02 | 14,9 | 00:40:15 | 00:40:16 | 11 | |
| 12 | 55 | LUS TOMASZ | ŁOWICZ | 4:03 | 14,8 | 00:40:30 | 00:40:30 | 12 | |
| 13 | 11 | BIENIAS KONRAD | PŁOCK | 4:05 | 14,7 | 00:40:47 | 00:40:47 | 13 | |
| 14 | 1 | ADAMSKI PRZEMYSŁAW | PŁOCK | 4:06 | 14,6 | 00:41:00 | 00:41:00 | 14 | |
| 15 | 62 | MODZELEWSKI MACIEJ | ŁOWICZ | 4:07 | 14,6 | 00:41:09 | 00:41:10 | 15 | |
| 16 | 81 | PRZYGODA URSZULA | ŁOWICZ | 4:09 | 14,5 | 00:41:31 | 00:41:31 | | 1 |
| 17 | 19 | DEGNER DAMIAN | PŁOCK | 4:10 | 14,4 | 00:41:45 | 00:41:45 | 16 | |
| 18 | 76 | PODRAŻKA DARIUSZ | ŁOWICZ | 4:11 | 14,3 | 00:41:52 | 00:41:53 | 17 | |
| 19 | 100 | WOJDA ZBIGNIEW | ŁOWICZ | 4:17 | 14,0 | 00:42:52 | 00:42:53 | 18 | |
| 20 | 52 | KUTKOWSKI KAROL | ŁOWICZ | 4:17 | 14,0 | 00:42:53 | 00:42:54 | 19 | |
| 21 | 65 | NOWAK TOMASZ | ŁOWICZ | 4:18 | 13,9 | 00:43:04 | 00:43:06 | 20 | |
| 22 | 112 | WYSOCKI MARIUSZ | MAKÓW | 4:19 | 13,9 | 00:43:12 | 00:43:14 | 21 | |
| 23 | 101 | WOJDA JAKUB | ŁOWICZ | 4:22 | 13,7 | 00:43:41 | 00:43:44 | 22 | |
| 24 | 18 | CZERWIŃSKI PIOTR | ŁOWICZ | 4:25 | 13,6 | 00:44:12 | 00:44:14 | 23 | |
| 25 | 3 | AMBROZIAK SYLWIA | ŁOWICZ | 4:26 | 13,5 | 00:44:20 | 00:44:21 | | 2 |
| 26 | 32 | GUZEK CEZARY | ŁOWICZ | 4:27 | 13,5 | 00:44:34 | 00:44:36 | 24 | |
| 27 | 45 | KOSMATKA EMIL | ŁOWICZ | 4:29 | 13,4 | 00:44:52 | 00:44:55 | 25 | |
| 28 | 85 | SIEKIERA JAKUB | MASTKI | 4:30 | 13,3 | 00:45:04 | 00:45:05 | 26 | |
| 29 | 69 | PASTUSZKA MIROSŁAW | ŁÓDŹ | 4:31 | 13,3 | 00:45:08 | 00:45:12 | 27 | |
| 30 | 92 | SZYMKOWICZ JULIA | BOBROWNIKI | 4:32 | 13,2 | 00:45:23 | 00:45:25 | | 3 |
| 31 | 40 | KARDA TOMASZ | DZIERZGÓW | 4:35 | 13,1 | 00:45:51 | 00:45:53 | 28 | |
| 32 | 58 | MAKOWSKI ARKADIUSZ | ŁOWICZ | 4:35 | 13,1 | 00:45:51 | 00:45:52 | 29 | |
| 33 | 123 | MITEK BARTŁOMIEJ | | 4:36 | 13,1 | 00:45:57 | 00:45:59 | 30 | |
| 34 | 113 | WYSOCKI DOMINIK | ŁOWICZ | 4:37 | 13,0 | 00:46:10 | 00:46:12 | 31 | |
| 35 | 99 | WIŚNIEWSKI MIKOŁAJ | ŁOWICZ | 4:37 | 13,0 | 00:46:12 | 00:46:12 | 32 | |
| 36 | 110 | WRÓBEL NATALIA | ŁÓDŹ | 4:38 | 12,9 | 00:46:22 | 00:46:24 | | 4 |
| 37 | 119 | ZWOLIŃSKI PAWEŁ | ŁOWICZ | 4:41 | 12,8 | 00:46:54 | 00:46:56 | 33 | |
| 38 | 118 | ZRAZEK PIOTR | ŁOWICZ | 4:42 | 12,7 | 00:47:04 | 00:47:11 | 34 | |
| 39 | 93 | TOMASZKIEWICZ WOJCIECH | ŁOWICZ | 4:43 | 12,7 | 00:47:11 | 00:47:19 | 35 | |
| 40 | 91 | SZOST SANDRA | PŁOCK | 4:44 | 12,7 | 00:47:21 | 00:47:23 | | 5 |
| 41 | 20 | DUR KACPER | ŁOWICZ | 4:47 | 12,6 | 00:47:48 | 00:47:55 | 36 | |
| 42 | 15 | BURZYŃSKI KRZYSZTOF | RÓŻYCE | 4:47 | 12,5 | 00:47:52 | 00:47:55 | 37 | |
| 43 | 39 | KAJAK AGNIESZKA | ŻYCHLIN | 4:48 | 12,5 | 00:48:04 | 00:48:08 | | 6 |
| 44 | 122 | WOJDA ERYK | | 4:50 | 12,4 | 00:48:15 | 00:48:18 | 38 | |
| 45 | 89 | STANISZEWSKI MARIUSZ | RÓŻYCE | 4:50 | 12,4 | 00:48:17 | 00:48:20 | 39 | |
| 46 | 48 | KOZA PIOTR | ŁOWICZ | 4:50 | 12,4 | 00:48:22 | 00:48:26 | 40 | |
| 47 | 95 | URBANEK KAMIL | ŁOWICZ | 4:51 | 12,4 | 00:48:33 | 00:48:38 | 41 | |
| 48 | 120 | ŻĄDŁO KRZYSZTOF | ŁOWICZ | 4:52 | 12,3 | 00:48:36 | 00:48:41 | 42 | |
| 49 | 51 | KUCIŃSKI RADOSŁAW | ŁOWICZ | 4:57 | 12,1 | 00:49:28 | 00:49:31 | 43 | |
| 50 | 46 | KOSSOWSKA-TOĆ BEATA | KUTNO | 4:58 | 12,1 | 00:49:36 | 00:49:36 | | 7 |
| 51 | 117 | ZAWADZKI DAMIAN | ŁOWICZ | 4:58 | 12,1 | 00:49:39 | 00:49:39 | 44 | |
| 52 | 78 | POLAK JACEK | PILASZKOW 70 | 4:59 | 12,0 | 00:49:53 | 00:49:55 | 45 | |
| 53 | 12 | BOCZEK KRZYSZTOF | MYSŁAKÓW | 5:00 | 12,0 | 00:49:55 | 00:49:57 | 46 | |
| 54 | 30 | GRZEGORCZYK ALEKSANDRA | ŁÓDŹ | 5:01 | 12,0 | 00:50:06 | 00:50:08 | | 8 |
| 55 | 36 | JASKA BARTŁOMIEJ | ŁOWICZ | 5:02 | 11,9 | 00:50:20 | 00:50:26 | 47 | |
| 56 | 10 | BARTOS STEFAN | ŁOWICZ | 5:06 | 11,8 | 00:51:03 | 00:51:11 | 48 | |
| 57 | 57 | MACHAJ KRZYSZTOF | ŁOWICZ | 5:09 | 11,7 | 00:51:28 | 00:51:31 | 49 | |
| 58 | 96 | WACŁAWIAK MARCIN | WOLA GOSŁAWSKA | 5:09 | 11,7 | 00:51:29 | 00:51:31 | 50 | |
| 59 | 16 | CHYBICKI PIOTR | SKIERNIEWICE | 5:09 | 11,6 | 00:51:33 | 00:51:38 | 51 | |

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|------|---------|--------------------------|--------------------|--------------|------------|------------|-------------|----|----|
| 60 | 121 | FRONCKIEWICZ EWELINA | | 5:10 | 11,6 | 00:51:35 | 00:51:35 | | 9 |
| 61 | 25 | GĘDEK MARZENA | ŁOWICZ | 5:10 | 11,6 | 00:51:42 | 00:51:45 | | 10 |
| 62 | 28 | GOSZCZYCKI WITOLD | ŁOWICZ | 5:10 | 11,6 | 00:51:43 | 00:51:46 | 52 | |
| 63 | 75 | PIOTROWSKI IRENEUSZ | ŁOWICZ | 5:12 | 11,5 | 00:51:57 | 00:52:03 | 53 | |
| 64 | 116 | ZAGAWA KAROLINA | ŁOWICZ | 5:15 | 11,4 | 00:52:25 | 00:52:26 | | 11 |
| 65 | 63 | MORDZAK PIOTR | WITONIA | 5:17 | 11,4 | 00:52:48 | 00:52:54 | 54 | |
| 66 | 34 | JAGIELUK JACEK | ŁOWICZ | 5:17 | 11,4 | 00:52:50 | 00:52:54 | 55 | |
| 67 | 77 | POKORA MAREK | SELIGÓW | 5:18 | 11,3 | 00:52:59 | 00:53:03 | 56 | |
| 68 | 26 | GIELNIEWSKI RADOSŁAW | ŁOWICZ | 5:22 | 11,2 | 00:53:43 | 00:53:43 | 57 | |
| 69 | 35 | JANECZEK RENATA | KLEWKÓW | 5:23 | 11,1 | 00:53:54 | 00:53:58 | | 12 |
| 70 | 13 | BOMBRYCH KACPER | ŁOWICZ | 5:33 | 10,8 | 00:55:26 | 00:55:34 | 58 | |
| 71 | 64 | MYCZKA PAWEŁ | MYSŁAKÓW | 5:33 | 10,8 | 00:55:32 | 00:55:33 | 59 | |
| 72 | 33 | JABŁOŃSKI PAWEŁ | ŁOWICZ | 5:34 | 10,8 | 00:55:44 | 00:55:51 | 60 | |
| 73 | 60 | MISIAK AGNIESZKA | ŁOWICZ | 5:35 | 10,7 | 00:55:54 | 00:55:59 | | 13 |
| 74 | 4 | ANISZEWSKI HENRYK | PARMA | 5:36 | 10,7 | 00:56:02 | 00:56:10 | 61 | |
| 75 | 90 | STRYCHARSKI PAWEŁ | ŁOWICZ | 5:37 | 10,7 | 00:56:07 | 00:56:14 | 62 | |
| 76 | 56 | ŁĘBSKA JULIA | ŁOWICZ | 5:37 | 10,7 | 00:56:12 | 00:56:19 | | 14 |
| 77 | 71 | PAŚNIK JAROSŁAW | ŁÓDŹ | 5:42 | 10,5 | 00:56:59 | 00:57:03 | 63 | |
| 78 | 114 | ZABOST JUSTYNA | GOLEŃSKO | 5:43 | 10,5 | 00:57:11 | 00:57:15 | | 15 |
| 79 | 41 | KILJANEK ANDRZEJ | ŁOWICZ | 5:44 | 10,5 | 00:57:19 | 00:57:27 | 64 | |
| 80 | 115 | ZABOST ANNA | GOLEŃSKO | 5:45 | 10,4 | 00:57:28 | 00:57:32 | | 16 |
| 81 | 37 | JĘDRACHOWICZ KRZYSZTOF | ŁOWICZ | 5:45 | 10,4 | 00:57:31 | 00:57:38 | 65 | |
| 82 | 86 | SIKORA KATARZYNA | ŁOWICZ | 5:45 | 10,4 | 00:57:33 | 00:57:38 | | 17 |
| 83 | 14 | BOŃCZAK MONIKA | ŁOWICZ | 5:45 | 10,4 | 00:57:34 | 00:57:38 | | 18 |
| 84 | 43 | KOŁODZIEJSKI MATEUSZ | ŁOWICZ | 5:46 | 10,4 | 00:57:39 | 00:57:44 | 66 | |
| 85 | 6 | ANYSZKA AGNIESZKA | ŁOWICZ | 5:49 | 10,3 | 00:58:12 | 00:58:20 | | 19 |
| 86 | 108 | WÓJCIK-URBAŃSKA IZABELLA | ŁOWICZ | 5:49 | 10,3 | 00:58:13 | 00:58:20 | | 20 |
| 87 | 50 | KUBIAK MICHAŁ | ŁOWICZ | 5:49 | 10,3 | 00:58:14 | 00:58:19 | 67 | |
| 88 | 54 | LEDZION TOMASZ | JASTRZĘBIA | 5:53 | 10,2 | 00:58:54 | 00:59:00 | 68 | |
| 89 | 49 | KRZYŻANOWSKI JAROSŁAW | ŁOWICZ | 5:55 | 10,1 | 00:59:08 | 00:59:14 | 69 | |
| 90 | 88 | SOSNOWSKI PRZEMYSŁAW | ŁÓDŹ | 5:55 | 10,1 | 00:59:08 | 00:59:14 | 70 | |
| 91 | 70 | PASTUSZKA JOANNA | ŁÓDŹ | 5:55 | 10,1 | 00:59:13 | 00:59:17 | | 21 |
| 92 | 8 | BADEK-LEDZION MONIKA | JASTRZĘBIA | 5:59 | 10,0 | 00:59:52 | 00:59:59 | | 22 |
| 93 | 74 | PILICH PIOTR | ŁOWICZ | 6:01 | 10,0 | 01:00:08 | 01:00:08 | 71 | |
| 94 | 5 | ANYSZKA MAŁGORZATA | ŁOWICZ | 6:05 | 9,9 | 01:00:46 | 01:00:50 | | 23 |
| 95 | 125 | PRÓSZKOWSKA NATALIA | JAWORZYNA 10 OPORÓ | 6:05 | 9,8 | 01:00:55 | 01:00:55 | | 24 |
| 96 | 23 | FRANKIEWICZ DOROTA | ŁOWICZ | 6:09 | 9,8 | 01:01:27 | 01:01:31 | | 25 |
| 97 | 79 | POPŁAWSKA MAJA | ŁOWICZ | 6:13 | 9,7 | 01:02:10 | 01:02:17 | | 26 |
| 98 | 102 | WOJDA JAROSŁAW | ŁAGUSZEW | 6:16 | 9,6 | 01:02:43 | 01:02:49 | 72 | |
| 99 | 7 | BACZYŃSKA MAŁGORZATA | ŁOWICZ | 6:17 | 9,5 | 01:02:54 | 01:02:57 | | 27 |
| 100 | 61 | MIZIOŁEK KATARZYNA | ŁOWICZ | 6:18 | 9,5 | 01:03:00 | 01:03:05 | | 28 |
| 101 | 97 | WACŁAWIAK MARIUSZ | ŁOWICZ | 6:21 | 9,5 | 01:03:29 | 01:03:34 | 73 | |
| 102 | 9 | BALEJA-KRZYŻANOWSKA EWA | ŁOWICZ | 6:21 | 9,4 | 01:03:31 | 01:03:39 | | 29 |
| 103 | 67 | OSTROWSKA DOROTA | ŁOWICZ | 6:21 | 9,4 | 01:03:33 | 01:03:41 | | 30 |
| 104 | 84 | SANOWSKA IWONA | ŁOWICZ | 6:30 | 9,2 | 01:04:57 | 01:05:02 | | 31 |
| 105 | 47 | KOTLARSKI ŁUKASZ | ŁOWICZ | 6:40 | 9,0 | 01:06:37 | 01:06:41 | 74 | |
| 106 | 109 | WRÓBEL KAROL | ŁOWICZ | 6:40 | 9,0 | 01:06:38 | 01:06:42 | 75 | |
| 107 | 87 | SOSNOWSKA EWELINA | ŁÓDŹ | 6:42 | 9,0 | 01:07:00 | 01:07:06 | | 32 |
| 108 | 105 | WOŹNIAK SEBASTIAN | ŁOWICZ | 6:42 | 9,0 | 01:07:01 | 01:07:06 | 76 | |
| 109 | 106 | WÓJCIK JAN | ZDUNY | 6:49 | 8,8 | 01:08:11 | 01:08:20 | 77 | |
| 110 | 53 | KWIATKOWSKI ALEKSANDER | ŁOWICZ | 6:50 | 8,8 | 01:08:23 | 01:08:32 | 78 | |
| 111 | 103 | WOLSKI JERZY | ZDUNY | 6:53 | 8,7 | 01:08:47 | 01:08:55 | 79 | |
| 112 | 124 | BOCZEK MICHAŁ | | 6:57 | 8,6 | 01:09:28 | 01:09:34 | 80 | |
| 113 | 98 | WIELEMBOREK ZOFIA | ŁOWICZ | 6:57 | 8,6 | 01:09:28 | 01:09:34 | | 33 |
| 114 | 44 | KOŁODZIEJSKI WITOLD | ŁOWICZ | 7:21 | 8,2 | 01:13:33 | 01:13:39 | 81 | |