

# Garmin Ultra Race - 53 km

Organizator: AZS Centralny Ośrodek Sportu Akademickiego w Gdańsku; LABOSPORT Polska s.c.

Data: 4 grudnia 2021

Dystans: 53 km

Miejscowość: Gdańsk

Klasyfikacja: OPEN



SPONSOR TYTULARNY

GARMIN

SPONSOR



GOSPODARZ



ORGANIZATORZY



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Czas startu	tempo min/km	tempo km/h	22 km	Czas odcinka	42 km	Czas odcinka	Czas netto	M	K
1	804	ROLBIECKI PIOTR	KOŚCIERZYNA	GEOINGS POLSKA	POL	1987	M30	1	00:00:12,00	5:01	12,0	01:49:04,00	01:40:06,00	03:29:10,00	00:56:21	04:25:31,00	1	
2	760	SARNOWSKI PAWEŁ	OSTRZESZÓW	BUDIO.PL	POL	1988	M30	2	00:00:09,00	5:09	11,7	01:46:29,00	01:44:33,00	03:31:02,00	01:01:30	04:32:32,00	2	
3	821	SADOWSKI ROBERT	TCZEW		POL	1985	M30	3	00:00:10,00	5:13	11,5	01:45:31,00	01:46:19,00	03:31:50,00	01:04:25	04:36:15,00	3	
4	701	TRAPP MICHAŁ	GDAŃSK	DAMEN BIKE TEAM	POL	1979	M40	1	00:00:10,00	5:22	11,2	01:55:43,00	01:49:52,00	03:45:35,00	00:59:09	04:44:44,00	4	
5	671	WOŁOWCZYK KAMIL	MALENIN	LOTOS STRAŻ	POL	1984	M30	4	00:00:13,00	5:27	11,0	01:58:28,00	01:50:38,00	03:49:06,00	00:59:59	04:49:05,00	5	
6	758	CIEPLIK DAWID	DĄBCZE	LESZ NO LIMITS RUNNERS LESZ NO LIMITS	POL	1990	M30	5	00:00:12,00	5:36	10,7	01:54:31,00	01:58:40,00	03:53:11,00	01:03:30	04:56:41,00	6	
7	786	PĘDZISZEWSKI PIOTR	GDAŃSK	VAI ALTO	POL	1984	M30	6	00:00:11,00	5:37	10,7	01:56:32,00	01:56:39,00	03:53:11,00	01:04:39	04:57:50,00	7	
8	634	SZMYTKIEWICZ PIOTR	GDYNIA	KBD	POL	1981	M40	2	00:00:19,00	5:37	10,7	01:56:21,00	01:56:42,00	03:53:03,00	01:04:50	04:57:53,00	8	
9	678	TOCHA ANDRZEJ	DAMASZKA	BIEGAJĄCY TCZEW	POL	1984	M30	7	00:00:10,00	5:39	10,6	01:55:16,00	01:59:17,00	03:54:33,00	01:04:41	04:59:14,00	9	
10	721	KOBUS TOMASZ	BYTÓW, RZEPNICA	KADALT, K.S GARDA BYTÓW	POL	1981	M40	3	00:00:15,00	5:40	10,6	01:49:33,00	02:00:05,00	03:49:38,00	01:11:04	05:00:42,00	10	
11	743	URMANOWSKI DANIEL	WARSZAWA	DREAM RUN	POL	1988	M30	8	00:00:14,00	5:46	10,4	01:54:30,00	02:05:33,00	04:00:03,00	01:05:58	05:06:01,00	11	
12	822	DANILUK KRZYSZTOF	WARSZAWA		POL	1975	M40	4	00:00:14,00	5:48	10,3	01:58:08,00	01:58:38,00	03:56:46,00	01:11:02	05:07:48,00	12	
13	825	JELIŃSKI MATEUSZ	KARTUZY	XRUNNERS	POL	1985	M30	9	00:00:14,00	5:49	10,3	01:56:48,00	02:01:21,00	03:58:09,00	01:10:07	05:08:16,00	13	
14	779	SIKUT ARKADIUSZ	TORUŃ		POL	1974	M40	5	00:00:12,00	5:51	10,2	01:59:05,00	02:03:09,00	04:02:14,00	01:08:01	05:10:15,00	14	
15	630	KOWALCZYK PIOTR	WARSZAWA	KAZIKI	POL	1981	M40	6	00:00:19,00	5:56	10,1	02:04:18,00	02:03:27,00	04:07:45,00	01:06:59	05:14:44,00	15	
16	640	RIEGL MATEUSZ	GDAŃSK	ST RUNNERS	POL	1986	M30	10	00:00:13,00	5:57	10,1	02:03:09,00	02:05:44,00	04:08:53,00	01:06:26	05:15:19,00	16	
17	808	DASZEWSKI FILIP	DĘBNO	ICT POLAND	POL	1998	M18	1	00:00:09,00	5:57	10,1	02:00:56,00	02:12:26,00	04:13:22,00	01:02:17	05:15:39,00	17	
18	740	ZAMBRANO YEIMER	POZNAŃ	EL CLUB DEL FRIJOL	COL	1989	M30	11	00:00:22,00	5:57	10,1	02:06:19,00	02:02:35,00	04:08:54,00	01:06:53	05:15:47,00	18	
19	623	SMOLEN JANUSZ	GDAŃSK	FOX TEAM	POL	1976	M40	7	00:00:11,00	5:59	10,0	01:58:30,00	02:06:41,00	04:05:11,00	01:12:15	05:17:26,00	19	
20	817	WAŁDOWSKI DOMINIK	GDAŃSK	XRUNNERS	POL	1980	M40	8	00:02:32,00	6:02	9,9	02:06:22,00	02:06:41,00	04:13:03,00	01:06:34	05:19:37,00	20	
21	728	NIERADA MARCIN	KATOWICE		POL	1983	M30	12	00:00:14,00	6:02	9,9	02:11:08,00	02:02:12,00	04:13:20,00	01:06:43	05:20:03,00	21	
22	702	ROŻYK KRZYSZTOF	GDYNIA	OKNOBUR/BIEGAMYRAZEM.PL	POL	1970	M50	1	00:00:13,00	6:04	9,9	02:05:28,00	02:07:06,00	04:12:34,00	01:09:02	05:21:36,00	22	
23	666	SWORNOWSKA ANNA	POZNAŃ		POL	1994	K18	1	00:00:11,00	6:05	9,9	02:09:12,00	02:10:25,00	04:19:37,00	01:02:37	05:22:14,00		1
24	756	STASIŃSKI ADAM	GDAŃSK		POL	1988	M30	13	00:00:10,00	6:10	9,7	02:02:20,00	02:15:50,00	04:18:10,00	01:09:01	05:27:11,00	23	
25	684	WILCZYŃSKA OLIVIA	POZNAŃ		POL	1991	K30	1	00:00:11,00	6:12	9,7	02:09:14,00	02:12:47,00	04:22:01,00	01:06:38	05:28:39,00		2
26	751	JÓZEFKO ARKADIUSZ	GDYNIA	KASZÉBÉ	POL	1984	M30	14	00:00:13,00	6:13	9,6	02:08:33,00	02:13:39,00	04:22:12,00	01:07:35	05:29:47,00	24	
27	688	FOGT MACIEJ	KRUSZYN	CB163	POL	1981	M40	9	00:00:30,00	6:17	9,6	02:11:18,00	02:11:32,00	04:22:50,00	01:09:50	05:32:40,00	25	
28	798	GROCHAŁA IGOR	RZESZÓW	AZS UNIWERSYTET WARSZAWSKI	POL	1999	M18	2	00:00:12,00	6:18	9,5	02:11:11,00	02:23:46,00	04:34:57,00	00:59:18	05:34:15,00	26	
29	639	MUSIAŁ SZYMON	UNISŁAW		POL	1987	M30	15	00:00:28,00	6:20	9,5	02:15:29,00	02:11:51,00	04:27:20,00	01:08:11	05:35:31,00	27	
30	650	BEDNARCZYK EWELINA	WROCŁAW	MOCNA GRUPA CEZARA	POL	1986	K30	2	00:00:09,00	6:21	9,4	02:10:14,00	02:18:41,00	04:28:55,00	01:07:46	05:36:41,00		3
31	818	PRUCIAK KRZYSZTOF	OLAWA	BIEGOWY PATOL / ADRUNALINE TEAM	POL	1984	M30	16	00:00:09,00	6:22	9,4	02:01:59,00	02:18:05,00	04:20:04,00	01:17:44	05:37:48,00	28	
32	659	MARCINKOWSKA-CHOLEWA KATOSTROŁĘKA		KS ARCO ŁAWY	POL	1974	K40	1	00:00:11,00	6:22	9,4	02:14:44,00	02:15:52,00	04:30:36,00	01:07:14	05:37:50,00		4
33	668	TANISTRĄ - SŁOWIK KATARZYNA	KATOWICE	HURAGAN LIGOTA	POL	1978	K40	2	00:00:16,00	6:23	9,4	02:15:15,00	02:16:16,00	04:31:31,00	01:06:48	05:38:19,00		5
34	706	BARAŃSKI KACPER	POZNAŃ	DRUŻYNA SZPIKU	POL	1994	M18	3	00:00:12,00	6:24	9,4	02:10:12,00	02:20:59,00	04:31:11,00	01:07:42	05:38:53,00	29	
35	816	CZAPRAN MAREK	PIECKI - MIGOWO	XRUNNERS	POL	1984	M30	17	00:00:16,00	6:24	9,4	02:06:20,00	02:13:53,00	04:20:13,00	01:19:14	05:39:27,00	30	
36	749	ŁOJEWSKI MARCIN	WARSZAWA	BW RUNNING TEAM	POL	1991	M30	18	00:00:11,00	6:31	9,2	02:08:29,00	02:26:07,00	04:34:36,00	01:11:01	05:45:37,00	31	
37	605	LITWIN PIOTR	GDAŃSK	OCEANIC	POL	1972	M40	10	00:00:17,00	6:33	9,2	02:09:08,00	02:23:23,00	04:32:31,00	01:14:20	05:46:51,00	32	
38	735	NOWIK PRZEMEK	OLSZTYN		POL	1984	M30	19	00:00:18,00	6:34	9,1	02:21:11,00	02:14:02,00	04:35:13,00	01:12:26	05:47:39,00	33	
39	748	ROMERO GARCIA JUAN	WARSZAWA	WITC	ESP	1985	M30	20	00:00:11,00	6:34	9,1	01:56:58,00	02:26:55,00	04:23:53,00	01:24:08	05:48:01,00	34	
40	769	SKRABURSKI PIOTR	GDAŃSK		POL	1975	M40	11	00:00:18,00	6:37	9,1	02:17:29,00	02:22:11,00	04:39:40,00	01:11:07	05:50:47,00	35	
41	761	SZYMAŃSKA AGATA	GDAŃSK		POL	1987	K30	3	00:00:17,00	6:38	9,0	02:14:44,00	02:18:36,00	04:33:20,00	01:18:16	05:51:36,00		6
42	610	LENARCIAK MAREK	GDAŃSK		POL	1978	M40	12	00:00:33,00	6:39	9,0	02:24:26,00	02:14:57,00	04:39:23,00	01:12:44	05:52:07,00	36	
43	805	BOROVKOV SERGIJ	WARSZAWA (WOLA)	NBRC	POL	1982	M30	21	00:00:26,00	6:39	9,0	02:15:29,00	02:24:51,00	04:40:20,00	01:12:13	05:52:33,00	37	
44	715	NAWROCKI ARKADIUSZ	STARA WIEŚ		POL	1977	M40	13	00:00:12,00	6:39	9,0	02:16:33,00	02:23:52,00	04:40:25,00	01:12:18	05:52:43,00	38	
45	722	FORMELLA MATEUSZ	RUMIA		POL	1992	M18	4	00:00:31,00	6:40	9,0	02:08:53,00	02:31:43,00	04:40:36,00	01:12:37	05:53:13,00	39	
46	621	CIESIULSKI PRZEMYSŁAW	NOWA WIEŚ ŁĘBORSKA	KW KĘBŁOWO	POL	1987	M30	22	00:00:22,00	6:41	9,0	02:12:29,00	02:26:37,00	04:39:06,00	01:15:12	05:54:18,00	40	
47	620	CIESIULSKI MAREK	NOWA WIEŚ ŁĘBORSKA		POL	1991	M30	23	00:00:22,00	6:41	9,0	02:12:28,00	02:26:39,00	04:39:07,00	01:15:12	05:54:19,00	41	
48	614	KARCZEWSKI DAMIAN	NOWA WIEŚ ŁĘBORSKA	KĘBŁOWO BIEGA	POL	1988	M30	24	00:00:22,00	6:41	9,0		#ARG!	04:39:03,00	01:15:25	05:54:28,00	42	
49	792	DOMKUS MARIUS	TELSIAI	MARIUSTHECREATOR	LTU	1992	M18	5	00:00:21,00	6:44	8,9	02:20:15,00	02:20:04,00	04:40:19,00	01:16:11	05:56:30,00	43	
50	746	MIKLAS JAREK	GDAŃSK	OFF-ROAD RUNNERS BENEFIT SYSTEMS	POL	1988	M30	25	00:00:28,00	6:44	8,9	02:22:17,00	02:19:41,00	04:41:58,00	01:15:02	05:57:00,00	44	
51	674	WOJNAROWSKA WERONIKA	GDYNIA		POL	1985	K30	4	00:00:17,00	6:44	8,9	02:18:53,00	02:23:16,00	04:42:09,00	01:15:02	05:57:11,00		7
52	801	BIELAWSKI ANTONI	GDYNIA	UNIWERSYTET MORSKI W GDYNI	POL	1997	M18	6	00:00:19,00	6:46	8,9	02:19:06,00	02:16:54,00	04:36:00,00	01:22:33	05:58:33,00	45	
53	670	KŁOSIEWICZ WOJCIECH	ELBLĄG		POL	1975	M40	14	00:00:14,00	6:46	8,9	02:11:18,00	02:29:06,00	04:40:24,00	01:18:39	05:59:03,00	46	
54	632	HEJZNER ARKADIUSZ	GDAŃSK		POL	1984	M30	26	00:00:15,00	6:47	8,9	02:12:34,00	02:30:57,00	04:43:31,00	01:15:42	05:59:13,00	47	
55	607	JAWORSKI SEBASTIAN	TCZEW	LPP TEAM	POL	1989	M30	27	00:00:18,00	6:47	8,8	02:15:38,00	02:27:27,00	04:43:05,00	01:16:40	05:59:45,00	48	

Opracowanie: Jacek Grzybowski  
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**GARMIN**



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Czas startu	tempo min/km	tempo km/h	22 km	Czas odcinka	42 km	Czas odcinka	Czas netto	M	K
56	794	KUNC OLIVER	WARSZAWA	WARSAW INTERNATIONAL TRIATHLON CLUB	CZE	1991	M30	28	00:00:14,00	6:48	8,8	02:18:43,00	02:26:48,00	04:45:31,00	01:14:29	06:00:00,00	49	
57	689	WRÓBLEWSKI MACIEJ	GDAŃSK	WYDRA SQUAD / LOTOS RUNNING TEAM	POL	1986	M30	29	00:00:16,00	6:52	8,7	02:13:43,00	02:28:35,00	04:42:18,00	01:21:44	06:04:02,00	50	
58	750	WĘGŁOWSKI MACIEJ	ŚRODA WIELKOPOLSKA	#BIEGIEMWLAS	POL	1971	M50	2	00:00:17,00	6:55	8,7	02:18:42,00	02:30:49,00	04:49:31,00	01:16:42	06:06:13,00	51	
59	646	KRAJEWSKI BARTEK	KATOWICE	DCWRP	POL	1976	M40	15	00:00:23,00	6:56	8,7	02:22:21,00	02:23:27,00	04:45:48,00	01:21:18	06:07:06,00	52	
60	802	TONDER FILIP	POZNAŃ	WLKP MOUNTAINS ULTRA	POL	1981	M40	16	00:00:18,00	6:57	8,6	02:21:47,00	02:27:08,00	04:48:55,00	01:19:08	06:08:03,00	53	
61	777	JOSZCZAK MICHAŁ	GDAŃSK		POL	1976	M40	17	00:00:18,00	6:57	8,6	02:17:35,00	02:30:52,00	04:48:27,00	01:20:04	06:08:31,00	54	
62	754	MAZERSKI GRZEGORZ	GDAŃSK		POL	1978	M40	18	00:00:26,00	6:58	8,6	02:22:05,00	02:19:49,00	04:41:54,00	01:27:26	06:09:20,00	55	
63	695	ZABOROWSKA PAULINA	GDYNIA	ASICS FRONTRUNNER POLSKA	POL	1995	K18	2	00:00:17,00	6:59	8,6	02:25:24,00	02:27:20,00	04:52:44,00	01:17:07	06:09:51,00		8
64	814	DABROWSKI EMIL	WARSZAWA	DUUST DUUST	POL	1988	M30	30	00:00:33,00	6:59	8,6	02:27:55,00	02:24:03,00	04:51:58,00	01:17:55	06:09:53,00	56	
65	741	LUBIŃSKI KRZYSZTOF	WARSZAWA		POL	1972	M40	19	00:00:29,00	6:59	8,6	02:18:33,00	02:34:10,00	04:52:43,00	01:17:45	06:10:28,00	57	
66	708	MIĘTKIEWICZ RAFAŁ	GDAŃSK	TORUS TRIATHLON TEAM	POL	1978	M40	20	00:00:16,00	7:00	8,6	02:21:04,00	02:25:45,00	04:46:49,00	01:23:50	06:10:39,00	58	
67	819	MAĆKOWIAK TOMASZ	BYDGOSZCZ	CB163	POL	1977	M40	21	00:00:28,00	7:00	8,6	02:34:07,00	02:24:11,00	04:58:18,00	01:12:24	06:10:42,00	59	
68	655	SALODKI WIKTOR	KRAKÓW	OLD HARDENED	BLR	1993	M18	7	00:00:13,00	7:00	8,6	02:23:00,00	02:37:44,00	05:00:44,00	01:10:02	06:10:46,00	60	
69	657	SHOKEL ANDRZEJ	KRAKOW	OLD HARDENED	POL	1994	M18	8	00:00:14,00	7:00	8,6	02:28:35,00	02:29:17,00	04:57:52,00	01:12:58	06:10:50,00	61	
70	811	SZYDŁOWSKI JACEK	GDAŃSK	JACEK BIEGA MICHALINKA	POL	1978	M40	22	00:00:13,00	7:02	8,5	02:14:22,00	02:36:48,00	04:51:10,00	01:21:15	06:12:25,00	62	
71	609	GARSZTKA MATEUSZ	GDAŃSK		POL	1986	M30	31	00:00:33,00	7:02	8,5	02:22:46,00	02:31:17,00	04:54:03,00	01:18:37	06:12:40,00	63	
72	713	MYSZK KRZYSZTOF	CHWASZCZYNO	O-SOWA BIEGA	POL	1989	M30	32	00:00:17,00	7:02	8,5	02:25:38,00	02:28:26,00	04:54:04,00	01:18:40	06:12:44,00	64	
73	778	BOHUCKI PIOTR	REDA		POL	1980	M40	23	00:00:16,00	7:05	8,5	02:16:50,00	02:33:24,00	04:50:14,00	01:24:58	06:15:10,00	65	
74	656	JANOWSKI KRZYSZTOF	KRUSZYN	CB 163	POL	1977	M40	24	00:00:30,00	7:08	8,4	02:34:11,00	02:24:43,00	04:58:54,00	01:18:50	06:17:44,00	66	
75	776	MATUSZEWSKI ŁUKASZ	WARSZAWA	BW RUNNING TEAM DREAMITEAM	POL	1986	M30	33	00:00:10,00	7:09	8,4	02:21:52,00	02:35:11,00	04:57:03,00	01:22:11	06:19:14,00	67	
76	604	BARTKOWIAK RAFAŁ	BYDGOSZCZ		POL	1973	M40	25	00:00:14,00	7:11	8,3	02:23:04,00	02:31:59,00	04:55:03,00	01:26:06	06:21:09,00	68	
77	635	BŁAŻUK JAROSŁAW	GDYNIA	IBW PAN	POL	1979	M40	26	00:00:15,00	7:14	8,3	02:19:08,00	02:44:32,00	05:03:40,00	01:19:41	06:23:21,00	69	
78	827	NAPIÓRKOWSKI GRZEGORZ	ŁOMIANKI DOLNE	ŁOMIANKOWSKA GRUPA BIEGOWA	POL	1973	M40	27	00:00:13,00	7:16	8,3	02:16:31,00	02:43:43,00	05:00:14,00	01:24:33	06:24:47,00	70	
79	753	PACZKOWSKI MIROSLAW	BYDGOSZCZ		POL	1970	M50	3	00:00:29,00	7:18	8,2	02:27:58,00	02:35:24,00	05:03:22,00	01:23:24	06:26:46,00	71	
80	663	HIRT TOMASZ	BYDGOSZCZ	CB163	POL	1982	M30	34	00:00:29,00	7:18	8,2	02:27:57,00	02:32:29,00	05:00:26,00	01:26:21	06:26:47,00	72	
81	725	WALKIEWICZ MACIEJ	GDAŃSK	GDAŃSKIE CENTRUM ZDROWIA	POL	1979	M40	28	00:00:18,00	7:18	8,2	02:20:17,00	02:39:26,00	04:59:43,00	01:27:29	06:27:12,00	73	
82	667	RATOWSKI MAREK	TORUŃ	PODGÓRZ TORUŃ	POL	1972	M40	29	00:00:14,00	7:20	8,2	02:34:03,00	02:34:00,00	05:08:03,00	01:20:16	06:28:19,00	74	
83	697	KĄKOL SŁAWOMIR	REDA		POL	1987	M30	35	00:00:26,00	7:22	8,1	02:31:13,00	02:32:37,00	05:03:50,00	01:26:51	06:30:41,00	75	
84	744	KOWALSKI DOMINIK	GRUDZIĄDZ	HOJNIE OBDARZENI	POL	1981	M40	30	00:00:19,00	7:23	8,1	02:20:18,00	02:40:13,00	05:00:31,00	01:30:35	06:31:06,00	76	
85	705	SZYMAŃSKI ARKADIUSZ	WARSZAWA		POL	1977	M40	31	00:00:24,00	7:24	8,1	02:24:03,00	02:39:13,00	05:03:16,00	01:28:42	06:31:58,00	77	
86	654	ZAIKOWSKA EWA	ZGORZAŁA	VEGE RUNNERS	POL	1983	K30	5	00:00:25,00	7:24	8,1	02:43:45,00	02:31:56,00	05:15:41,00	01:16:52	06:32:33,00		9
87	617	ŁUKOWICZ ELŻBIETA	DĘBOGÓRZE		POL	1974	K40	3	00:00:29,00	7:25	8,1	02:43:41,00	02:33:53,00	05:17:34,00	01:15:36	06:33:10,00		10
88	788	DE ROSIER MAREK	GDAŃSK	SOLWIT TEAM	POL	1993	M18	9	00:00:21,00	7:25	8,1	02:24:03,00	02:37:54,00	05:01:57,00	01:31:16	06:33:13,00	78	
89	637	DĘBOWSKI MICHAŁ	GDAŃSK	PODATKI TO KRADZIEŻ	POL	1985	M30	36	00:00:20,00	7:26	8,1	02:18:49,00	02:38:53,00	04:57:42,00	01:36:26	06:34:08,00	79	
90	791	SOBOL MICHAŁ	PRUSZCZ GDAŃSKI		POL	1986	M30	37	00:00:22,00	7:26	8,1	02:27:07,00	02:49:56,00	05:17:03,00	01:17:16	06:34:19,00	80	
91	737	POLAK MAREK	ORNETA	ORNECKIE SMOKI	POL	1970	M50	4	00:00:24,00	7:28	8,0	02:28:06,00	02:44:35,00	05:12:41,00	01:23:08	06:35:49,00	81	
92	660	PIOTROWSKI WOJCIECH	ORNETA		POL	1980	M40	32	00:00:24,00	7:28	8,0	02:28:06,00	02:44:37,00	05:12:43,00	01:23:07	06:35:50,00	82	
93	789	SZUMSKI ŁUKASZ	SŁAWA		POL	1978	M40	33	00:00:26,00	7:29	8,0	02:35:04,00	02:41:27,00	05:16:31,00	01:20:30	06:37:01,00	83	
94	625	DEINIUK ROMAN	WARSZAWA		UKR	1992	M18	10	00:00:21,00	7:32	8,0	02:33:44,00	02:42:34,00	05:16:18,00	01:23:15	06:39:33,00	84	
95	636	SZMECHTIG-GAUDEN EWA	TORUŃ		POL	1973	K40	4	00:00:16,00	7:33	7,9	02:28:19,00	02:41:14,00	05:09:33,00	01:30:53	06:40:26,00		11
96	611	JAKUBOWSKI MARCIN	GDAŃSK		POL	1983	M30	38	00:00:36,00	7:35	7,9	02:38:18,00	02:22:41,00	05:00:59,00	01:41:18	06:42:17,00	85	
97	799	SIUDA ŁUKASZ	BANINO		POL	1983	M30	39	00:00:21,00	7:39	7,8	02:34:33,00	02:43:58,00	05:18:31,00	01:27:05	06:45:36,00	86	
98	793	DAVYDOV DENIS	GDYNIA		KN	1986	M30	40	00:00:19,00	7:40	7,8	02:29:05,00	02:47:14,00	05:16:19,00	01:30:06	06:46:25,00	87	
99	812	BOJKE MIROSLAW	CHELMNO		POL	1973	M40	34	00:00:18,00	7:43	7,8	02:22:27,00	02:49:18,00	05:11:45,00	01:36:48	06:48:33,00	88	
100	771	KULCZYŃSKI MICHAŁ	GDAŃSK		POL	1978	M40	35	00:00:30,00	7:43	7,8	02:31:37,00	02:53:54,00	05:25:31,00	01:23:14	06:48:45,00	89	
101	768	ARENDE MICHAŁ	GDYNIA		POL	1985	M30	41	00:00:18,00	7:43	7,8	02:25:31,00	02:48:50,00	05:14:21,00	01:34:57	06:49:18,00	90	
102	692	ŻAKOWSKI KAROL	POZNAŃ	PORT RELAKS	POL	1980	M40	36	00:00:30,00	7:43	7,8	02:33:49,00	02:41:52,00	05:15:41,00	01:33:39	06:49:20,00	91	
103	820	ROGOCZ MACIEJ	GDYNIA	ROGASIE Z DOLINY ROZTOKI	POL	1977	M40	37	00:00:19,00	7:43	7,8	02:24:07,00	02:53:27,00	05:17:34,00	01:31:47	06:49:21,00	92	
104	719	KOWALSKI SEBASTIAN	ZIELONKA		POL	1981	M40	38	00:00:30,00	7:43	7,8	02:40:08,00	02:46:06,00	05:26:14,00	01:23:08	06:49:22,00	93	
105	631	WYRZYKOWSKI ANDRZEJ	GDAŃSK	GRUPA BIEGOWA 65	POL	1967	M50	5	00:00:29,00	7:44	7,8	02:38:24,00	02:46:29,00	05:24:53,00	01:24:39	06:49:32,00	94	
106	619	MIGDAŁ MARCIN	BIELSKO-BIAŁA	MM_BB	POL	1975	M40	39	00:00:20,00	7:44	7,8	02:38:32,00	02:47:01,00	05:25:33,00	01:24:11	06:49:44,00	95	
107	716	PISKORSKI PIOTR	GOLUB-DOBRZYŃ	ENDO GOLUB-DOBRZYŃ	POL	1977	M40	40	00:00:14,00	7:44	7,8	02:24:26,00	02:51:35,00	05:16:01,00	01:33:47	06:49:48,00	96	
108	720	MARCINIAK IZABELA	BANINO	ULTRA WAY TEAM	POL	1977	K40	5	00:00:15,00	7:44	7,8	02:35:12,00	02:50:36,00	05:25:48,00	01:24:17	06:50:05,00		12
109	628	SULEK TOMASZ	WARSZAWA		POL	1978	M40	41	00:00:24,00	7:45	7,7	02:34:47,00	02:50:45,00	05:25:32,00	01:25:00	06:50:32,00	97	
110	796	RUCIŃSKI ADAM	WARSZAWA		POL	1972	M40	42	00:00:27,00	7:46	7,7	02:45:50,00	02:40:51,00	05:26:41,00	01:24:43	06:51:24,00	98	

# Garmin Ultra Race - 53 km

Organizator: AZS Centralny Ośrodek Sportu Akademickiego w Gdańsku; LABOSPORT Polska s.c.

Data: 4 grudnia 2021

Dystans: 53 km

Miejscowość: Gdańsk

Klasyfikacja: OPEN



SPONSOR TYTULARNY

GARMIN

SPONSOR



GOSPODARZ



ORGANIZATORZY



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Czas startu	tempo min/km	tempo km/h	22 km	Czas odcinka	42 km	Czas odcinka	Czas netto	M	K
111	828	KOSTUCH JAN	CHMIELNO	ZUW	POL	1953	M60+	1	00:00:20,00	7:47	7,7	02:34:21,00	02:42:21,00	05:16:42,00	01:35:42	<b>06:52:24,00</b>	99	
112	803	STOŁOWSKI ROBERT	WIELEŃ	AMICA	POL	1976	M40	43	00:00:15,00	7:48	7,7	02:34:30,00	02:53:25,00	05:27:55,00	01:25:30	<b>06:53:25,00</b>	100	
113	685	LASKOWSKI KAMIL	TCZEW	FUNDACJA JEPPESENA	POL	1992	M18	11	00:00:32,00	7:51	7,6	02:55:50,00	02:43:17,00	05:39:07,00	01:17:09	<b>06:56:16,00</b>	101	
114	629	ŁOŚ PIOTR	KRUSZYN		POL	1976	M40	44	00:00:25,00	7:51	7,6	02:39:29,00	02:50:38,00	05:30:07,00	01:26:11	<b>06:56:18,00</b>	102	
115	710	NAPOLSKI BARTOSZ	GDAŃSK		POL	1985	M30	42	00:00:22,00	7:51	7,6	02:35:50,00	02:52:04,00	05:27:54,00	01:28:31	<b>06:56:25,00</b>	103	
116	807	RATAJCZAK TOMASZ	POZNAŃ		POL	1980	M40	45	00:00:27,00	7:52	7,6	02:39:16,00	02:47:05,00	05:26:21,00	01:30:23	<b>06:56:44,00</b>	104	
117	673	MORAWSKI GRZEGORZ	WARSZAWA	KONIUCHY OCR	POL	1983	M30	43	00:00:18,00	7:52	7,6	02:18:50,00	03:00:22,00	05:19:12,00	01:37:35	<b>06:56:47,00</b>	105	
118	745	WALENDZIK WIESIA	WARSZAWA		POL	1975	K40	6	00:00:21,00	7:52	7,6	02:37:30,00	02:51:01,00	05:28:31,00	01:28:24	<b>06:56:55,00</b>		13
119	809	STANKIEWICZ MICHAŁ	WEJHEROWO		POL	1981	M40	46	00:00:24,00	7:56	7,6	02:32:38,00	02:54:59,00	05:27:37,00	01:32:26	<b>07:00:03,00</b>	106	
120	712	GŁODOWSKI MICHAŁ	GDAŃSK	GO APPLE	POL	1980	M40	47	00:00:22,00	7:58	7,5	02:41:18,00	02:48:46,00	05:30:04,00	01:32:03	<b>07:02:07,00</b>	107	
121	727	WIERZBICKI MAREK	WARSZAWA (MOKOTÓW)	AKADEMIA KETTLEBELLS WARSZAWA	POL	1986	M30	44	00:00:20,00	7:59	7,5	02:38:11,00	02:56:38,00	05:34:49,00	01:28:23	<b>07:03:12,00</b>	108	
122	736	PUCIŁOWSKA NATALIA	WARSZAWA - POLSKA		POL	1987	K30	6	00:00:20,00	7:59	7,5	02:38:11,00	02:56:39,00	05:34:50,00	01:28:22	<b>07:03:12,00</b>		14
123	752	JARZĘBOWSKI PIOTR	GDAŃSK		POL	1982	M30	45	00:00:28,00	8:01	7,5	02:46:04,00	02:50:17,00	05:36:21,00	01:28:27	<b>07:04:48,00</b>	109	
124	615	KUBIAK KAROLINA	WEJHEROWO	EXCALIBUR	POL	1977	K40	7	00:00:15,00	8:01	7,5	02:46:15,00	02:55:37,00	05:41:52,00	01:23:01	<b>07:04:53,00</b>	110	15
125	733	MARCHLEWICZ PRZEMYSŁAW	POLSKA		POL	1978	M40	48	00:00:15,00	8:03	7,5	02:34:55,00	02:54:23,00	05:29:18,00	01:37:31	<b>07:06:49,00</b>	110	
126	826	SZALEWICZ DAMIAN	ŁÓMIANKI	ŁÓMIANKOWSKA GRUPA BIEGOWA	POL	1978	M40	49	00:00:14,00	8:07	7,4	02:28:27,00	03:11:12,00	05:39:39,00	01:30:27	<b>07:10:06,00</b>	111	
127	642	RUSZKIEWICZ MAŁGORZATA	SUSZ		POL	1973	K40	8	00:00:20,00	8:10	7,3	02:46:22,00	02:57:34,00	05:43:56,00	01:29:05	<b>07:13:01,00</b>		16
128	641	WĘCŁAWIAK JOANNA	WARSZAWA		POL	1978	K40	9	00:00:29,00	8:11	7,3	02:46:01,00	02:48:52,00	05:34:53,00	01:39:00	<b>07:13:53,00</b>	112	17
129	679	CZOSKA PRZEMYSŁAW	POGÓRZE GMINA KOSAKOWO		POL	1983	M30	46	00:00:23,00	8:13	7,3	02:40:08,00	03:06:21,00	05:46:29,00	01:28:55	<b>07:15:24,00</b>	112	
130	669	GÓRNIAK JAROSŁAW	POGORZE	JARBUD JARBUD	POL	1982	M30	47	00:00:23,00	8:13	7,3	02:40:09,00	03:06:20,00	05:46:29,00	01:28:55	<b>07:15:24,00</b>	113	
131	672	PODLEWSKI WOJCIECH	TARNÓW	KS SPORTIVA	POL	1971	M50	6	00:00:12,00	8:14	7,3	02:46:27,00	03:03:38,00	05:50:05,00	01:26:02	<b>07:16:07,00</b>	114	
132	616	KUCKI KAMIL	NARZYŃ	TRI SEBUŚ TEAM	POL	1984	M30	48	00:00:25,00	8:15	7,3	02:46:08,00	03:00:37,00	05:46:45,00	01:30:36	<b>07:17:21,00</b>	115	
133	638	TRACZYK PRZEMYSŁAW	CIECHANÓW	ASFALTOVE DZIKI CIECHANÓW	POL	1983	M30	49	00:00:25,00	8:15	7,3	02:46:09,00	03:01:08,00	05:47:17,00	01:30:04	<b>07:17:21,00</b>	116	
134	730	SZYSZKOWSKI WŁODZIMIERZ	WARSZAWA		POL	1968	M50	7	00:00:26,00	8:17	7,2	02:43:43,00	02:57:54,00	05:41:37,00	01:37:28	<b>07:19:05,00</b>	117	
135	766	WIŚNIEWSKI DOMINIK	WARSZAWA		POL	1980	M40	50	00:00:27,00	8:18	7,2	02:38:54,00	02:55:39,00	05:34:33,00	01:45:37	<b>07:20:10,00</b>	118	
136	618	PŁOŃCZAK JACEK	GDAŃSK		POL	1964	M50	8	00:00:27,00	8:20	7,2	02:45:14,00	02:54:29,00	05:39:43,00	01:42:12	<b>07:21:55,00</b>	119	
137	653	GUNERT KUBA	WARSZAWA		POL	1977	M40	51	00:00:27,00	8:21	7,2	02:42:09,00	02:54:35,00	05:36:44,00	01:45:28	<b>07:22:12,00</b>	120	
138	703	NOWAK WIKTOR	WARSZAWA	SPARTANIE DZIECIOM	POL	1960	M60+	2	00:00:18,00	8:21	7,2	02:55:49,00	03:01:06,00	05:56:55,00	01:25:57	<b>07:22:52,00</b>	121	
139	724	PIOTROWSKA ANNA	NADARZYN	META NADARZYN/ SPARTANIE DZIECIOM	POL	1970	K50	1	00:00:18,00	8:21	7,2	02:55:50,00	03:01:11,00	05:57:01,00	01:25:51	<b>07:22:52,00</b>		18
140	790	SZUMSKA LIDIA	SŁAWA		POL	1976	K40	10	00:00:26,00	8:23	7,2	02:56:05,00	02:55:01,00	05:51:06,00	01:33:31	<b>07:24:37,00</b>		19
141	739	BUSZTA ROBERT	WARSZAWA		POL	1967	M50	9	00:00:28,00	8:23	7,2	02:55:43,00	03:00:42,00	05:56:25,00	01:28:15	<b>07:24:40,00</b>	122	
142	699	GUMIELA PIOTR	GDAŃSK		POL	1980	M40	52	00:00:23,00	8:25	7,1	02:40:43,00	03:05:48,00	05:46:31,00	01:39:35	<b>07:26:06,00</b>	123	
143	717	RADZKI PIOTR	WARSZAWA	WESOŁA BIEGA	POL	1985	M30	50	00:00:29,00	8:27	7,1	02:40:10,00	03:08:29,00	05:48:39,00	01:39:23	<b>07:28:02,00</b>	124	
144	784	ŁUKASIK ANDRZEJ	LUBLIN		POL	1965	M50	10	00:00:23,00	8:27	7,1	02:50:13,00	03:02:26,00	05:52:39,00	01:35:37	<b>07:28:16,00</b>	125	
145	773	KRASOWSKA IWONA	PIŁA		POL	1976	K40	11	00:00:25,00	8:28	7,1	02:49:57,00	03:05:14,00	05:55:11,00	01:33:31	<b>07:28:42,00</b>		20
146	772	KRASOWSKI MARCIN	PIŁA		POL	1976	M40	53	00:00:25,00	8:28	7,1	02:49:56,00	03:05:17,00	05:55:13,00	01:33:30	<b>07:28:43,00</b>	126	
147	693	SARNECKI KAMIL	GDAŃSK	RUN AROUND THE ISLAND	POL	1977	M40	54	00:00:32,00	8:30	7,1	02:46:09,00	03:05:52,00	05:52:01,00	01:38:26	<b>07:30:27,00</b>	127	
148	649	WITKOWSKA BEATA	GDAŃSK	#KASZANIENAMOKA	POL	1982	K30	7	00:00:26,00	8:31	7,0	03:03:26,00	02:58:36,00	06:02:02,00	01:29:35	<b>07:31:37,00</b>		21
149	665	POLAŃSKI PAWEŁ	GDAŃSK	#KASZANIENAMOKA	POL	1983	M30	51	00:00:26,00	8:31	7,0	03:03:26,00	03:03:56,00	06:07:22,00	01:24:15	<b>07:31:37,00</b>	128	
150	800	OSTROWSKI JAREK	WARSZAWA		POL	1977	M40	55	00:00:22,00	8:33	7,0	02:40:08,00	02:57:25,00	05:37:33,00	01:55:13	<b>07:32:46,00</b>	129	
151	606	KAMIŃSKI PAWEŁ	ELBLĄG		POL	1981	M40	56	00:00:23,00	8:34	7,0	02:45:17,00	03:14:01,00	05:59:18,00	01:34:29	<b>07:33:47,00</b>	130	
152	742	GRENDZIŃSKI ANDRZEJ	OSTRÓDA	PGB SPORTOWA PACZKA	POL	1970	M50	11	00:00:32,00	8:35	7,0	02:40:42,00	03:09:00,00	05:49:42,00	01:45:34	<b>07:35:16,00</b>	131	
153	806	POBŁOCKI JAN	GDAŃSK	GRUPA TRÓJMIASTO/ SPARTANIE DZIECIOM GRUPA TRÓJMIA	POL	1957	M60+	3	00:00:30,00	8:37	7,0	02:55:58,00	03:00:28,00	05:56:26,00	01:39:56	<b>07:36:22,00</b>	132	
154	647	MENDRZYCKI SZYMON	ŁÓDŹ	SZAKALE BALUT ŁÓDŹ	POL	1985	M30	52	00:00:33,00	8:37	7,0	02:55:47,00	03:06:20,00	06:02:07,00	01:34:36	<b>07:36:43,00</b>	133	
155	755	MAKOWSKI PRZEMYSŁAW	GDYNIA	TRIPARÓWY	POL	1975	M40	57	00:00:22,00	8:37	7,0	02:45:20,00	03:12:49,00	05:58:09,00	01:38:41	<b>07:36:50,00</b>	134	
156	682	KACZMAREK ALEKSANDRA	CHWASZCZYNO	CROSSELITE	POL	1974	K40	12	00:00:20,00	8:41	6,9	02:58:31,00	03:05:51,00	06:04:22,00	01:35:31	<b>07:39:53,00</b>		22
157	731	URBAŃCZYK MARCIN	NOWY DWÓR MAZOWIECKI	TRINERGY TEAM/ PERSONALTRIATHLON	POL	1980	M40	58	00:00:30,00	8:41	6,9	02:50:47,00	03:07:01,00	05:57:48,00	01:42:41	<b>07:40:29,00</b>	135	
158	729	SULEK ALDONA	WEJHEROWO	ZOELLER TECH	POL	1976	K40	13	00:00:11,00	8:44	6,9	02:55:09,00	03:08:04,00	06:03:13,00	01:39:21	<b>07:42:34,00</b>		23
159	775	BARTOSZEK KONRAD	WARSZAWA	NEW BALANCE RUN CLUB WARSZAWA	POL	1983	M30	53	00:00:25,00	8:50	6,8	02:43:46,00	03:21:49,00	06:05:35,00	01:42:26	<b>07:48:01,00</b>	136	
160	696	WDOWIAK PRZEMYSŁAW	GDYNIA		POL	1992	M18	12	00:00:20,00	8:50	6,8	02:37:21,00	03:23:10,00	06:00:31,00	01:47:33	<b>07:48:04,00</b>	137	
161	694	KRÓLAK MAGDA	WARSZAWA		POL	1987	K30	8	00:00:26,00	8:52	6,8	02:54:57,00	03:12:38,00	06:07:35,00	01:42:12	<b>07:49:47,00</b>		24
162	624	SIWEK MILENA	PASYM	MORSY SZCZYTNO# RESET	POL	1983	K30	9	00:00:13,00	8:52	6,8	02:58:31,00	03:19:07,00	06:17:38,00	01:32:22	<b>07:50:00,00</b>	138	25
163	782	GOŁOWICZ ANNA	TORUŃ		POL	1988	K30	10	00:00:30,00	8:52	6,8	02:34:08,00	02:54:56,00	05:29:04,00	02:21:11	<b>07:50:15,00</b>		26
164	795	PAJDOWSKI ANDRZEJ	PÓLKOWICE		POL	1972	M40	59	00:00:25,00	8:52	6,8	02:58:34,00	02:39:39,00	05:38:13,00	02:12:08	<b>07:50:21,00</b>	138	
165	680	WIŚNIEWSKI TOMASZ	ALEKSANDRÓW KUJAWSKI		POL	1977	M40	60	00:00:27,00	8:56	6,7	03:05:04,00	03:08:22,00	06:13:26,00	01:39:39	<b>07:53:05,00</b>	139	

Opracowanie: Jacek Grzybowski  
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# Garmin Ultra Race - 53 km

Organizator: AZS Centralny Ośrodek Sportu Akademickiego w Gdańsku; LABOSPORT Polska s.c.

Data: 4 grudnia 2021

Dystans: 53 km

Miejscowość: Gdańsk

Klasyfikacja: OPEN



SPONSOR TYTULARNY

GARMIN

SPONSOR



GOSPODARZ



ORGANIZATORZY



M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok urodz.	Kat wiek.	M-ce w kat	Czas startu	tempo min/km	tempo km/h	22 km	Czas odcinka	42 km	Czas odcinka	Czas netto	M	K
166	698	WEHNERT CLAUDIA	HAMBURG		GER	1979	K40	14	00:00:20,00	9:01	6,7	03:05:09,00	03:11:45,00	06:16:54,00	01:40:47	<b>07:57:41,00</b>		27
167	723	ROGALSKI GRZEGORZ	SZCZYTNO	#MORSY SZCZYTNO RESET	POL	1982	M30	54	00:00:13,00	9:01	6,7	02:56:39,00	03:20:59,00	06:17:38,00	01:40:07	<b>07:57:45,00</b>	140	
168	603	KOSECKA JUSTYNA	BYDGOSZCZ	ORTIMED	POL	1980	K40	15	00:00:15,00	9:08	6,6	02:56:04,00	03:21:00,00	06:17:04,00	01:47:00	<b>08:04:04,00</b>		28
169	648	KAMIONKA ANDRZEJ	SZCZECIN	14 ZBOT	POL	1983	M30	55	00:00:32,00	9:17	6,5	03:00:04,00	03:33:57,00	06:34:01,00	01:37:40	<b>08:11:41,00</b>	141	
170	718	JAKUBOWSKI WOJCIECH	UNIEJÓW	KB GEOTERMIA UNIEJÓW	POL	1974	M40	61	00:00:24,00	9:20	6,4	02:49:55,00	03:36:04,00	06:25:59,00	01:49:07	<b>08:15:06,00</b>	142	
171	681	BEDNAREK MICHAŁ	TCZEW	CENTRUM KOMÓREK	POL	1980	M40	62	00:00:20,00	9:22	6,4	02:58:30,00	03:27:28,00	06:25:58,00	01:50:38	<b>08:16:36,00</b>	143	
172	823	UFNAŁ BARTOSZ	WARSZAWA		POL	1981	M40	63	00:00:19,00	9:30	6,3	03:07:30,00	03:23:13,00	06:30:43,00	01:52:43	<b>08:23:26,00</b>	144	
173	824	ŁOBODA JAKUB	WARSZAWA		POL	1981	M40	64	00:00:20,00	9:31	6,3	02:58:38,00	03:33:53,00	06:32:31,00	01:51:42	<b>08:24:13,00</b>	145	
174	757	MRÓZ-SICZYŃSKA KATARZYNA	DRZONEK		POL	1984	K30	11	00:00:28,00	9:35	6,3	03:05:42,00	03:33:42,00	06:39:24,00	01:48:10	<b>08:27:34,00</b>		29
175	633	GÓRSKA YVONNE	ŁOMIANKI	ORANGE POLSKA	POL	1975	K40	16	00:00:19,00	9:35	6,3	03:12:24,00	03:27:08,00	06:39:32,00	01:48:07	<b>08:27:39,00</b>		30
176	612	OKON MICHAŁ	GDYNIA	PARKRUN GDYNIA	POL	1975	M40	65	00:00:34,00	9:41	6,2	03:23:06,00	03:18:36,00	06:41:42,00	01:51:12	<b>08:32:54,00</b>	146	
177	787	SIDORCZUK-KUMOSA DOROTA	WARSZAWA	PRETTY FITTY TEAM	POL	1974	K40	17	00:00:24,00	9:48	6,1	02:58:33,00	04:00:06,00	06:58:39,00	01:40:50	<b>08:39:29,00</b>		31
178	829	SZCZECHOWICZ MARTA	CWMBRAN	PRETTY FITTY TEAM	GBR	1977	K40	18	00:00:24,00	9:48	6,1	03:21:17,00	03:38:53,00	07:00:10,00	01:39:20	<b>08:39:30,00</b>		32
179	700	TRZCINA AGATA	ŚWIDNICA		POL	1977	K40	19	00:00:33,00	10:02	6,0	03:21:08,00	03:38:53,00	07:00:01,00	01:51:41	<b>08:51:42,00</b>		33
180	664	BARNAŚ IŁONA	WARSZAWA	PRETTYFITTYTEAM	POL	1982	K30	12	00:00:24,00	10:16	5,8	02:59:27,00	04:00:43,00	07:00:10,00	02:03:36	<b>09:03:46,00</b>		34
181	662	SZOSTAK MAKSYM	GDAŃSK		POL	1983	M30	56	00:00:36,00	10:16	5,8	03:11:35,00	03:45:58,00	06:57:33,00	02:06:13	<b>09:03:46,00</b>	147	
182	781	KOSCHEMBAHR ŁYSKOWSKA DA	SOPOT		POL	1990	K30	13	00:00:28,00	10:31	5,7	03:33:31,00	03:43:02,00	07:16:33,00	02:00:40	<b>09:17:13,00</b>		35
183	734	ROBAK TOMASZ	ŁÓDŹ	GOŃ SIĘ!	POL	1982	M30	57	00:00:27,00	10:35	5,7	03:06:14,00	03:50:09,00	06:56:23,00	02:24:29	<b>09:20:52,00</b>	148	
184	770	BEDA KAMIL	ŁÓDŹ		POL	1987	M30	58	00:00:28,00	10:35	5,7	03:06:18,00	03:50:08,00	06:56:26,00	02:24:28	<b>09:20:54,00</b>	149	
185	732	OLSZEWSKA JOANNA	ŁÓDŹ		POL	1993	K18	3	00:00:27,00	10:35	5,7	03:06:20,00	03:50:08,00	06:56:28,00	02:24:27	<b>09:20:55,00</b>		36
186	613	KMERA RAFAŁ	GDAŃSK WRZESZCZ	BIGYELLOWFOOT ADVENTURE TEAM	POL	1976	M40	66	00:00:28,00	10:36	5,7	03:27:31,00	04:01:50,00	07:29:21,00	01:52:45	<b>09:22:06,00</b>	150	
187	690	ANTOSIAK PRZEMYSŁAW	ŁÓDŹ	GOŃ SIĘ!	POL	1985	M30	59	00:00:31,00	11:01	5,4	03:37:16,00	03:58:54,00	07:36:10,00	02:07:48	<b>09:43:58,00</b>	151	
188	711	TURKIEWICZ MARTA	ŁÓDŹ	GOŃ SIĘ!	POL	1982	K30	14	00:00:31,00	11:01	5,4	03:37:20,00	03:58:54,00	07:36:14,00	02:07:44	<b>09:43:58,00</b>		37
189	810	NOWAKOWSKI NORBERT	GDYNIA	OZD MIELONY NA KOZETCE	POL	1977	M40	67	00:00:23,00	11:39	5,1	03:36:24,00	04:09:37,00	07:46:01,00	02:31:35	<b>10:17:36,00</b>	152	