

# III BIEG „W SAMO POŁUDNIE” O PUCHAR WÓJTA GMINY OSTRÓDA


















Organizator: KS Piechotka Team

Data: 2024-03-24

Dystans: 10km

Klasyfikacja

OPEN

| MSC. | NR ZAW. | NAZWISKO IMIĘ        | KRAJ  | ROK  | KLUB   | MIEJSCOWOŚĆ  | KATEGORIA [wiekowa] | MSC. [kat wiek.] | TEMPO [min/km] | PRĘDKOŚĆ [km/h] | CZAS [netto] | CZAS [brutto] | MSC. [M] | MSC. [K] |
|------|---------|----------------------|---|------|--|--------------|---------------------|------------------|----------------|-----------------|--------------|---------------|----------|----------|
| 1    | 105     | PRZYBYŁA Adrian      |  POL   | 1991 | Run Goku Team                                      | ILAWA        | M(30-39)            | 1                | 3:23           | 17,8            | 00:33:44     | 00:33:45      | 1        |          |
| 2    | 9       | BŁAUT Damian         |  POL   | 1995 | Run Goku Team                                      | OSTRÓDA      | M(20-29)            | 1                | 3:23           | 17,7            | 00:33:53     | 00:33:54      | 2        |          |
| 3    | 161     | TADAJEWSKI Paweł     |  POL   | 1979 | RUNNERS OSTRÓDA                                    | OSTRÓDA      | M(40-49)            | 1                | 3:34           | 16,8            | 00:35:43     | 00:35:44      | 3        |          |
| 4    | 100     | NOJMAN Rafał         |  POL   | 1984 | Forbet Runners                                     | DOBRE MIASTO | M(40-49)            | 2                | 3:44           | 16,1            | 00:37:15     | 00:37:16      | 4        |          |
| 5    | 5       | BAKIRZYŃSKI Michał   |  POL   | 2005 | RUN GOKU TEAM                                      | ILAWA        | M(18-19)            | 1                | 3:44           | 16,1            | 00:37:20     | 00:37:21      | 5        |          |
| 6    | 98      | NIERZWICKI Jakub     |  POL   | 2005 | UKS Puma Ostróda                                   | KAJKOWO      | M(18-19)            | 2                | 3:51           | 15,6            | 00:38:27     | 00:38:29      | 6        |          |
| 7    | 94      | MAZURKIEWICZ Mateusz |  POL   | 1984 |  | ILAWA        | M(40-49)            | 3                | 3:52           | 15,5            | 00:38:41     | 00:38:42      | 7        |          |
| 8    | 64      | KŁOS Filip           |  POL   | 2007 |  | ILAWA        | M(1-17)             | 1                | 3:53           | 15,5            | 00:38:49     | 00:38:49      | 8        |          |
| 9    | 67      | KOPICZKO Sandra      |  POL   | 1997 | MKS Medyk Giżycko                                  | GIŻYCKO      | K(20-29)            | 1                | 3:58           | 15,1            | 00:39:38     | 00:39:39      |          | 1        |
| 10   | 102     | OSICKI Dawid         |  POL   | 1995 | Katalpa Producent Domów Drewnianych/<br>LKS Lubawa | LUBAWA       | M(20-29)            | 2                | 3:59           | 15,1            | 00:39:45     | 00:39:47      | 9        |          |
| 11   | 35      | GAŚSIOR Piotr        |  POL  | 1984 | Rozbiegany Susz                                    | SUSZ         | M(40-49)            | 4                | 4:01           | 15,0            | 00:40:03     | 00:40:06      | 10       |          |
| 12   | 78      | KRUSZEWSKI Artur     |  POL | 1997 |  | MORAĞ        | M(20-29)            | 3                | 4:02           | 14,9            | 00:40:15     | 00:40:23      | 11       |          |
| 13   | 137     | ŚWIĘCKI Dariusz      |  POL | 1974 | SPORT A-Z TEAM ILAWA                               | ILAWA        | M(50-59)            | 1                | 4:04           | 14,7            | 00:40:41     | 00:40:43      | 12       |          |
| 14   | 162     | PRZYBYŁA Agnieszka   |  POL | 1994 | Run Goku Team                                      | ILAWA        | K(30-39)            | 1                | 4:07           | 14,6            | 00:41:11     | 00:41:13      |          | 2        |
| 15   | 66      | KOPCZYŃSKI Piotr     |  POL | 1996 | Zefirus Team                                       | OSTROWITE    | M(20-29)            | 4                | 4:09           | 14,4            | 00:41:31     | 00:41:33      | 13       |          |
| 16   | 30      | ETMAŃSKI Radek       |  POL | 1980 | PnD/8rb  | ILAWA        | M(40-49)            | 5                | 4:10           | 14,4            | 00:41:33     | 00:41:36      | 14       |          |
| 17   | 14      | CHOJNOWSKI Andrzej   |  POL | 1969 | POL-MAK ILAWA                                      | ILAWA        | M(50-59)            | 2                | 4:10           | 14,4            | 00:41:38     | 00:41:44      | 15       |          |

# III BIEG „W SAMO POŁUDNIE” O PUCHAR WÓJTA GMINY OSTRÓDA


















Organizator: KS Piechotka Team

Data: 2024-03-24

Dystans: 10km

Klasyfikacja

OPEN

| MSC. | NR ZAW. | NAZWISKO IMIĘ          | KRAJ  | ROK  | KLUB                          | MIEJSCOWOŚĆ        | KATEGORIA [wiekowa] | MSC. [kat wiek.] | TEMPO [min/km] | PRĘDKOŚĆ [km/h] | CZAS [netto] | CZAS [brutto] | MSC. [M] | MSC. [K] |
|------|---------|------------------------|---|------|-------------------------------|--------------------|---------------------|------------------|----------------|-----------------|--------------|---------------|----------|----------|
| 18   | 149     | WIELGOSZYŃSKI Radosław |  POL   | 1992 | PnD Running Team / OSP Lubawa | LUBAWA             | M(30-39)            | 2                | 4:13           | 14,3            | 00:42:02     | 00:42:05      | 16       |          |
| 19   | 163     | PRZYBYLSKI Krzysztof   |  POL   | 1977 |                               | BORE CZNO          | M(40-49)            | 6                | 4:13           | 14,2            | 00:42:04     | 00:42:07      | 17       |          |
| 20   | 75      | KREMSKI Rafał          |  POL   | 1985 |                               | ILAWA              | M(30-39)            | 3                | 4:17           | 14,0            | 00:42:47     | 00:42:51      | 18       |          |
| 21   | 127     | SOSNOWSKI Adam         |  POL   | 1985 | Ostróda Runners               | OSTRÓDA            | M(30-39)            | 4                | 4:18           | 13,9            | 00:42:58     | 00:43:03      | 19       |          |
| 22   | 31      | EWERT Mariusz          |  POL   | 1982 | OSTRÓDA RUNNERS               | OSTRÓDA            | M(40-49)            | 7                | 4:19           | 13,9            | 00:43:08     | 00:43:11      | 20       |          |
| 23   | 83      | KWIATKOWSKI Wiesław    |  POL   | 1967 |                               | FRANCISZKOWO DOLNE | M(50-59)            | 3                | 4:19           | 13,9            | 00:43:12     | 00:43:14      | 21       |          |
| 24   | 81      | KWIATKOWSKI Marcin     |  POL   | 1992 |                               | BARTĄG             | M(30-39)            | 5                | 4:20           | 13,8            | 00:43:19     | 00:43:24      | 22       |          |
| 25   | 129     | SZCZEPAŃSKI Leszek     |  POL   | 1982 | Sportowa Lubawa               | LUBAWA             | M(40-49)            | 8                | 4:20           | 13,8            | 00:43:19     | 00:43:22      | 23       |          |
| 26   | 154     | WYROSTKIEWICZ Marcin   |  POL   | 1980 |                               | ILAWA              | M(40-49)            | 9                | 4:22           | 13,7            | 00:43:37     | 00:43:40      | 24       |          |
| 27   | 8       | BIRECKI Mariusz        |  POL   | 1977 |                               | ILAWA              | M(40-49)            | 10               | 4:23           | 13,7            | 00:43:47     | 00:43:52      | 25       |          |
| 28   | 63      | KŁODAWSKI Marek        |  POL | 1978 |                               | BRATIAN            | M(40-49)            | 11               | 4:24           | 13,6            | 00:43:58     | 00:44:02      | 26       |          |
| 29   | 136     | ŚWIERSZCZ Michał       |  POL | 1991 |                               | ZALEWO             | M(30-39)            | 6                | 4:25           | 13,6            | 00:44:04     | 00:44:07      | 27       |          |
| 30   | 19      | CZERNIC Maciej         |  POL | 1986 | WINDY                         | OSTRÓDA            | M(30-39)            | 7                | 4:26           | 13,5            | 00:44:18     | 00:44:20      | 28       |          |
| 31   | 97      | NEROWSKI Paweł         |  POL | 1986 |                               | ILAWA              | M(30-39)            | 8                | 4:26           | 13,5            | 00:44:18     | 00:44:23      | 29       |          |
| 32   | 82      | KWIATKOWSKI Mariusz    |  POL | 1981 | PND Running Team              | ILAWA              | M(40-49)            | 12               | 4:27           | 13,5            | 00:44:26     | 00:44:30      | 30       |          |
| 33   | 65      | KNOZOWSKI Marcin       |  POL | 1989 | Sportowa Lubawa               | LUBAWA             | M(30-39)            | 9                | 4:27           | 13,5            | 00:44:30     | 00:44:33      | 31       |          |
| 34   | 90      | MARCINIAK Tomasz       |  POL | 1981 | Radomno Biega                 | PUSTKI             | M(40-49)            | 13               | 4:28           | 13,4            | 00:44:37     | 00:44:44      | 32       |          |

# III BIEG „W SAMO POŁUDNIE” O PUCHAR WÓJTA GMINY OSTRÓDA


















Organizator: KS Piechotka Team

Data: 2024-03-24

Dystans: 10km

Klasyfikacja

OPEN

| MSC. | NR ZAW. | NAZWISKO IMIĘ            | KRAJ  | ROK  | KLUB            | MIEJSCOWOŚĆ           | KATEGORIA [wiekowa] | MSC. [kat wiek.] | TEMPO [min/km] | PRĘDKOŚĆ [km/h] | CZAS [netto] | CZAS [brutto] | MSC. [M] | MSC. [K] |
|------|---------|--------------------------|---|------|-----------------|-----------------------|---------------------|------------------|----------------|-----------------|--------------|---------------|----------|----------|
| 35   | 41      | GURZYŃSKI Dawid          |  POL   | 1992 | Zefirus Team    | BIELICE               | M(30-39)            | 10               | 4:32           | 13,2            | 00:45:13     | 00:45:17      | 33       |          |
| 36   | 23      | DĄBROWSKI Mateusz        |  POL   | 1994 |                 | OLSZTYN               | M(30-39)            | 11               | 4:33           | 13,2            | 00:45:20     | 00:45:25      | 34       |          |
| 37   | 159     | ŻUCHOWSKA Paulina        |  POL   | 1996 | AZS UMK Toruń   | KROTOSZYNY            | K(20-29)            | 2                | 4:39           | 12,9            | 00:46:26     | 00:46:30      |          | 3        |
| 38   | 76      | KROTOWSKI Błażej         |  POL   | 1993 | Zefirus Team    | ŁAWA                  | M(30-39)            | 12               | 4:40           | 12,8            | 00:46:36     | 00:46:45      | 35       |          |
| 39   | 144     | TYSZER Natalia           |  POL   | 1988 |                 | SZAFRANKI             | K(30-39)            | 2                | 4:40           | 12,9            | 00:46:36     | 00:46:38      |          | 4        |
| 40   | 58      | KAMIŃSKI Mariusz         |  POL   | 1983 | ME              | WORZYTY               | M(40-49)            | 14               | 4:42           | 12,8            | 00:46:52     | 00:47:02      | 36       |          |
| 41   | 147     | WALENTO-KRASIŃSKA Monika |  POL   | 1976 |                 | ŁAWA                  | K(40-49)            | 1                | 4:43           | 12,7            | 00:47:07     | 00:47:13      |          | 5        |
| 42   | 107     | RASZKOWSKA Dominika      |  POL   | 1991 |                 | NOWE MIASTO LUBAWSKIE | K(30-39)            | 3                | 4:44           | 12,7            | 00:47:12     | 00:47:17      |          | 6        |
| 43   | 55      | JARMOŁOWICZ Dariusz      |  POL   | 1982 |                 | ŁAWA                  | M(40-49)            | 15               | 4:44           | 12,7            | 00:47:13     | 00:47:21      | 37       |          |
| 44   | 33      | GALUSZEWSKA Katarzyna    |  POL   | 1984 |                 | OLESIN                | K(40-49)            | 2                | 4:44           | 12,7            | 00:47:16     | 00:47:20      |          | 7        |
| 45   | 27      | DURMAJ Marcin            |  POL  | 1979 | Dzikusy         | OSTRÓDA               | M(40-49)            | 16               | 4:46           | 12,6            | 00:47:25     | 00:47:36      | 38       |          |
| 46   | 73      | KRASIŃSKA Kornelia       |  POL | 2006 |                 | ŁAWA                  | K(18-19)            | 1                | 4:47           | 12,6            | 00:47:41     | 00:47:46      |          | 8        |
| 47   | 21      | DALKIEWICZ Dariusz       |  POL | 1973 | xRunners        | GIERZWAŁD             | M(50-59)            | 4                | 4:47           | 12,5            | 00:47:44     | 00:47:49      | 39       |          |
| 48   | 85      | LASKOWSKI Bartek         |  POL | 1988 |                 | ŁAWA                  | M(30-39)            | 13               | 4:48           | 12,5            | 00:47:50     | 00:48:01      | 40       |          |
| 49   | 17      | CISZEWSKA Magdalena      |  POL | 1983 | Sportowa Lubawa | LUBAWA                | K(40-49)            | 3                | 4:47           | 12,5            | 00:47:51     | 00:47:53      |          | 9        |
| 50   | 56      | JUNKIER Mateusz          |  POL | 1993 |                 | DĘBOGÓRZE             | M(30-39)            | 14               | 4:49           | 12,5            | 00:47:56     | 00:48:09      | 41       |          |
| 51   | 42      | GUZOWSKI Paweł           |  POL | 1987 | BGS ŁAWA        | ŁAWA                  | M(30-39)            | 15               | 4:49           | 12,5            | 00:47:57     | 00:48:05      | 42       |          |


















# III BIEG „W SAMO POŁUDNIE” O PUCHAR WÓJTA GMINY OSTRÓDA

Organizator: KS Piechotka Team

Data: 2024-03-24

Dystans:

Klasyfikacja

| MSC. | NR ZAW. | NAZWIŚCIE IMIĘ          | KRAJ  | ROK  | KLUB                           | MIEJSCOWOŚĆ | KATEGORIA [wiekowa] | MSC. [kat wiek.] | TEMPO [min/km] | PRĘDKOŚĆ [km/h] | CZAS [netto] | CZAS [brutto] | MSC. [M] | MSC. [K] |
|------|---------|-------------------------|---|------|--------------------------------|-------------|---------------------|------------------|----------------|-----------------|--------------|---------------|----------|----------|
| 52   | 88      | LUKASZEWSKI Gabriel     |  POL   | 1986 | Biegam U KOLESI                | GRODZICZNO  | M(30-39)            | 16               | 4:48           | 12,5            | 00:47:59     | 00:48:04      | 43       |          |
| 53   | 123     | SOKOŁOWSKI Artur        |  POL   | 1987 |                                | SAMBOROWO   | M(30-39)            | 17               | 4:49           | 12,5            | 00:48:00     | 00:48:09      | 44       |          |
| 54   | 128     | STANKIEWICZ Krzysztof   |  POL   | 1982 | Ostróda Runners                | KAJKOWO     | M(40-49)            | 17               | 4:49           | 12,5            | 00:48:01     | 00:48:05      | 45       |          |
| 55   | 135     | ŚLIWKA Tomasz           |  POL   | 1985 | Happy Runners                  | ŚLIWA       | M(30-39)            | 18               | 4:49           | 12,4            | 00:48:07     | 00:48:13      | 46       |          |
| 56   | 34      | GAPSKI Piotr            |  POL   | 1977 |                                | ILAWA       | M(40-49)            | 18               | 4:50           | 12,4            | 00:48:10     | 00:48:18      | 47       |          |
| 57   | 101     | OLIWA Zbigniew          |  POL   | 1971 |                                | OSTRÓDA     | M(50-59)            | 5                | 4:52           | 12,3            | 00:48:29     | 00:48:37      | 48       |          |
| 58   | 150     | WIŚNIEWSKI Arkadiusz    |  POL   | 1978 | 1                              | LUBAWA      | M(40-49)            | 19               | 4:51           | 12,4            | 00:48:30     | 00:48:33      | 49       |          |
| 59   | 152     | WOJCIECHOWSKA Agnieszka |  POL   | 1984 | PND RUNNING TEAM / ILAWA BIEGA | ILAWA       | K(40-49)            | 4                | 4:52           | 12,3            | 00:48:33     | 00:48:38      |          | 10       |
| 60   | 125     | SOLIS Bartosz           |  POL   | 1992 |                                | SAMBOROWO   | M(30-39)            | 19               | 4:54           | 12,3            | 00:48:44     | 00:48:56      | 50       |          |
| 61   | 77      | KROTOWSKI Robert        |  POL   | 1971 |                                | ILAWA       | M(50-59)            | 6                | 4:56           | 12,2            | 00:49:06     | 00:49:15      | 51       |          |
| 62   | 164     | KUŁYK Andrzej           |  POL | 2021 | Ilawa Biega                    |             | M(1-17)             | 2                | 4:56           | 12,2            | 00:49:10     | 00:49:17      | 52       |          |
| 63   | 148     | WIECZOREK Paweł         |  POL | 1991 |                                | MIEDZYLESIE | M(30-39)            | 20               | 4:55           | 12,2            | 00:49:10     | 00:49:13      | 53       |          |
| 64   | 141     | TRZEBIATOWSKI Michał    |  POL | 1975 | BGS Ilawa                      | ILAWA       | M(40-49)            | 20               | 4:59           | 12,1            | 00:49:38     | 00:49:45      | 54       |          |
| 65   | 12      | CEBENIAK Robert         |  POL | 1982 |                                | ILAWA       | M(40-49)            | 21               | 5:00           | 12,0            | 00:49:41     | 00:49:56      | 55       |          |
| 66   | 96      | MUZYKA Piotr            |  POL | 1984 | Biegam po lesie                | JAROTY      | M(40-49)            | 22               | 5:01           | 12,0            | 00:49:51     | 00:50:05      | 56       |          |
| 67   | 99      | NIESTĘPSKI Bartosz      |  POL | 1993 |                                | OLSZTYN     | M(30-39)            | 21               | 5:00           | 12,0            | 00:49:55     | 00:50:04      | 57       |          |
| 68   | 60      | KENDZIORSKA Hanna       |  POL | 1978 |                                | SKARLIN     | K(40-49)            | 5                | 5:02           | 11,9            | 00:50:12     | 00:50:19      |          | 11       |

# III BIEG „W SAMO POŁUDNIE” O PUCHAR WÓJTA GMINY OSTRÓDA


















Organizator: KS Piechotka Team

Data: 2024-03-24

Dystans: 10km

Klasyfikacja

OPEN

| MSC. | NR ZAW. | NAZWIŚCIE IMIĘ        | KRAJ  | ROK  | KLUB                         | MIEJSCOWOŚĆ           | KATEGORIA [wiekowa] | MSC. [kat wiek.] | TEMPO [min/km] | PRĘDKOŚĆ [km/h] | CZAS [netto] | CZAS [brutto] | MSC. [M] | MSC. [K] |
|------|---------|-----------------------|---|------|------------------------------|-----------------------|---------------------|------------------|----------------|-----------------|--------------|---------------|----------|----------|
| 69   | 89      | ŁUKWIŃSKI Irek        |  POL   | 1974 |                              | ILAWA                 | M(50-59)            | 7                | 5:02           | 11,9            | 00:50:18     | 00:50:24      | 58       |          |
| 70   | 131     | SZCZYPIŃSKI Piotr     |  POL   | 1983 |                              | ILAWA                 | M(40-49)            | 23               | 5:05           | 11,8            | 00:50:42     | 00:50:50      | 59       |          |
| 71   | 87      | ŁABUDA Agnieszka      |  POL   | 1982 | PNDRUNNINGTEAM               | ILAWA                 | K(40-49)            | 6                | 5:06           | 11,8            | 00:50:55     | 00:51:03      |          | 12       |
| 72   | 54      | JANKOWSKI Karol       |  POL   | 1974 |                              | ILAWA                 | M(50-59)            | 8                | 5:09           | 11,7            | 00:51:20     | 00:51:28      | 60       |          |
| 73   | 146     | WAL Artur             |  POL   | 1973 | Ostróda Runners              | OSTRÓDA               | M(50-59)            | 9                | 5:09           | 11,6            | 00:51:28     | 00:51:35      | 61       |          |
| 74   | 142     | TUCHOLSKI Robert      |  POL   | 1977 |                              | ORNOWO                | M(40-49)            | 24               | 5:12           | 11,5            | 00:51:50     | 00:51:58      | 62       |          |
| 75   | 157     | ZIĘBA Mariusz         |  POL   | 1993 | BGS ILAWA                    | ILAWA                 | M(30-39)            | 22               | 5:14           | 11,5            | 00:52:06     | 00:52:21      | 63       |          |
| 76   | 40      | GUCEJT Karol          |  POL   | 1993 |                              | PRĄTNICA              | M(30-39)            | 23               | 5:14           | 11,5            | 00:52:07     | 00:52:20      | 64       |          |
| 77   | 120     | SMÓLKOWSKA Iwona      |  POL   | 1984 | Projekt 1000up               | RUMIA                 | K(40-49)            | 7                | 5:14           | 11,5            | 00:52:14     | 00:52:16      |          | 13       |
| 78   | 156     | ZDROJEWSKI Zdzisław   |  POL   | 1970 |                              | TARGOWISKO DOLNE      | M(50-59)            | 10               | 5:14           | 11,4            | 00:52:16     | 00:52:25      | 65       |          |
| 79   | 118     | SKOLANKIEWICZ Wiktor  |  POL  | 1993 |                              | GDAŃSK                | M(30-39)            | 24               | 5:16           | 11,4            | 00:52:31     | 00:52:44      | 66       |          |
| 80   | 48      | HERMANOWSKI Krzysztof |  POL | 1977 | Gmina Ostróda tez biega      | SAMBOROWO             | M(40-49)            | 25               | 5:18           | 11,3            | 00:52:54     | 00:52:59      | 67       |          |
| 81   | 158     | ZIMA Jan              |  POL | 1964 | Gmina Dzierzgoń              | DZIERZGOŃ             | M(60-100)           | 1                | 5:19           | 11,3            | 00:52:55     | 00:53:05      | 68       |          |
| 82   | 119     | SKUZA Łukasz          |  POL | 1986 |                              | ILAWA                 | M(30-39)            | 25               | 5:19           | 11,3            | 00:53:01     | 00:53:06      | 69       |          |
| 83   | 51      | HOFFMANN Robert       |  POL | 1979 | IMR TEAM                     | WARSZAWA              | M(40-49)            | 26               | 5:20           | 11,2            | 00:53:12     | 00:53:21      | 70       |          |
| 84   | 113     | RYTTER Beata          |  POL | 1986 |                              | WARSZAWA              | K(30-39)            | 4                | 5:20           | 11,2            | 00:53:12     | 00:53:21      |          | 14       |
| 85   | 72      | KRAMARENKO Marek      |  POL | 1985 | Kurzętnik Biega / Fabio Team | NOWE MIASTO LUBAWSKIE | M(30-39)            | 26               | 5:22           | 11,2            | 00:53:32     | 00:53:42      | 71       |          |

# III BIEG „W SAMO POŁUDNIE” O PUCHAR WÓJTA GMINY OSTRÓDA


















Organizator: KS Piechotka Team

Data: 2024-03-24

Dystans: 10km

Klasyfikacja

OPEN

| MSC. | NR ZAW. | NAZWISKO IMIĘ                 | KRAJ  | ROK  | KLUB                    | MIEJSCOWOŚĆ | KATEGORIA [wiekowa] | MSC. [kat wiek.] | TEMPO [min/km] | PRĘDKOŚĆ [km/h] | CZAS [netto] | CZAS [brutto] | MSC. [M] | MSC. [K] |
|------|---------|-------------------------------|---|------|-------------------------|-------------|---------------------|------------------|----------------|-----------------|--------------|---------------|----------|----------|
| 86   | 79      | KUCHARCZYK-LACHOWICZ Patrycja |  POL   | 1993 |                         | OSTRÓDA     | K(30-39)            | 5                | 5:23           | 11,2            | 00:53:36     | 00:53:47      |          | 15       |
| 87   | 39      | GUBERNAT Jarosław             |  POL   | 1989 |                         | OSTRÓDA     | M(30-39)            | 27               | 5:24           | 11,1            | 00:53:47     | 00:54:02      | 72       |          |
| 88   | 6       | BAKUNOWICZ Jarosław           |  POL   | 1969 |                         | MALDYT      | M(50-59)            | 11               | 5:28           | 11,0            | 00:54:29     | 00:54:40      | 73       |          |
| 89   | 108     | RÓG Magdalena                 |  POL   | 1985 |                         | OSTRÓDA     | K(30-39)            | 6                | 5:28           | 11,0            | 00:54:40     | 00:54:42      |          | 16       |
| 90   | 143     | TUROWSKI Marcin               |  POL   | 1980 |                         | ILAWA       | M(40-49)            | 27               | 5:29           | 10,9            | 00:54:41     | 00:54:52      | 74       |          |
| 91   | 4       | BAGIŃSKI Jan                  |  POL   | 1953 |                         | OSTRÓDA     | M(60-100)           | 2                | 5:30           | 10,9            | 00:54:55     | 00:54:59      | 75       |          |
| 92   | 29      | DZIKA Natalia                 |  POL   | 1983 | Dzikusy                 | OSTRÓDA     | K(40-49)            | 8                | 5:34           | 10,8            | 00:55:25     | 00:55:37      |          | 17       |
| 93   | 133     | SZOŁUCHA Marek                |  POL   | 1987 | Z pedałami przez życie  | OSTRÓDA     | M(30-39)            | 28               | 5:35           | 10,8            | 00:55:31     | 00:55:46      | 76       |          |
| 94   | 47      | HERMANOWSKI Jakub             |  POL   | 2005 | Gmina Ostróda też biega | SAMBOROWO   | M(18-19)            | 3                | 5:35           | 10,7            | 00:55:44     | 00:55:49      | 77       |          |
| 95   | 69      | KOWALSKA Emilia               |  POL   | 1977 |                         | RADMNO      | K(40-49)            | 9                | 5:36           | 10,7            | 00:55:52     | 00:55:58      |          | 18       |
| 96   | 160     | ŻYGO Agnieszka                |  POL | 1978 |                         | OSTRÓDA     | K(40-49)            | 10               | 5:37           | 10,7            | 00:56:00     | 00:56:10      |          | 19       |
| 97   | 116     | SADOWSKI Janusz               |  POL | 1973 | GMINA OSTRÓDA TEŻ BIEGA | TURZNICA    | M(50-59)            | 12               | 5:37           | 10,7            | 00:56:06     | 00:56:10      | 78       |          |
| 98   | 121     | SMÓLKOWSKI Andrzej            |  POL | 1958 |                         | SAMBOROWO   | M(60-100)           | 3                | 5:38           | 10,6            | 00:56:16     | 00:56:24      | 79       |          |
| 99   | 122     | SMÓLKOWSKI Marcin             |  POL | 1984 | Projekt 1000up          | RUMIA       | M(40-49)            | 28               | 5:38           | 10,6            | 00:56:17     | 00:56:25      | 80       |          |
| 100  | 166     | CIECZKO Maria                 |  POL | 2000 |                         | BRODNICA    | K(20-29)            | 3                | 5:39           | 10,6            | 00:56:21     | 00:56:27      |          | 20       |
| 101  | 22      | DAWIDKO Agnieszka             |  POL | 1982 |                         | OSTRÓDA     | K(40-49)            | 11               | 5:41           | 10,6            | 00:56:39     | 00:56:49      |          | 21       |
| 102  | 130     | SZCZYPIŃSKA Marta             |  POL | 1984 |                         | ILAWA       | K(40-49)            | 12               | 5:42           | 10,5            | 00:56:56     | 00:57:04      |          | 22       |

# III BIEG „W SAMO POŁUDNIE” O PUCHAR WÓJTA GMINY OSTRÓDA


















Organizator: KS Piechotka Team

Data: 2024-03-24

Dystans: 10km

Klasyfikacja

OPEN

| MSC. | NR ZAW. | NAZWISKO IMIĘ        | KRAJ  | ROK  | KLUB                       | MIEJSCOWOŚĆ | KATEGORIA [wiekowa] | MSC. [kat wiek.] | TEMPO [min/km] | PRĘDKOŚĆ [km/h] | CZAS [netto] | CZAS [brutto] | MSC. [M] | MSC. [K] |
|------|---------|----------------------|---|------|----------------------------|-------------|---------------------|------------------|----------------|-----------------|--------------|---------------|----------|----------|
| 103  | 2       | ARANOWSKI Maciej     |  POL   | 1986 | Kurzężnik Biega Fabio Team | KURŻĘTNIK   | M(30-39)            | 29               | 5:44           | 10,5            | 00:57:10     | 00:57:20      | 81       |          |
| 104  | 155     | ZABŁOTNA Krystyna    |  POL   | 1961 | Sportowa Lubawa            | LUBAWA      | K(60-100)           | 1                | 5:44           | 10,5            | 00:57:15     | 00:57:21      |          | 23       |
| 105  | 53      | JACKOWSKI Tomasz     |  POL   | 1976 |                            | ŁAWA        | M(40-49)            | 29               | 5:45           | 10,4            | 00:57:16     | 00:57:27      | 82       |          |
| 106  | 15      | CHLABONCZCZ Jerzy    |  POL   | 1957 | Chrabci 60                 | OSTRÓDA     | M(60-100)           | 4                | 5:47           | 10,4            | 00:57:43     | 00:57:52      | 83       |          |
| 107  | 10      | BRZÓZKA Jolanta      |  POL   | 1986 | Gmina Ostróda też biega    | LIPOWO      | K(30-39)            | 7                | 5:48           | 10,3            | 00:58:00     | 00:58:04      |          | 24       |
| 108  | 11      | BRZÓZKA Marcin       |  POL   | 1981 | Gmina Ostróda też biega    | LIPOWO      | M(40-49)            | 30               | 5:48           | 10,3            | 00:58:00     | 00:58:04      | 84       |          |
| 109  | 86      | LASKOWSKI Jan        |  POL   | 1955 |                            | SUSZ        | M(60-100)           | 5                | 5:50           | 10,3            | 00:58:06     | 00:58:16      | 85       |          |
| 110  | 28      | DURYŁO Anna          |  POL   | 1994 |                            | OSTRÓDA     | K(30-39)            | 8                | 5:49           | 10,3            | 00:58:07     | 00:58:13      |          | 25       |
| 111  | 103     | PIOTROWSKA Justyna   |  POL   | 1977 |                            | BUTOWO      | K(40-49)            | 13               | 5:51           | 10,3            | 00:58:16     | 00:58:27      |          | 26       |
| 112  | 61      | KIJEWSKI Kamil       |  POL   | 1993 |                            | ŁAWA        | M(30-39)            | 30               | 5:52           | 10,2            | 00:58:26     | 00:58:39      | 86       |          |
| 113  | 140     | TOMASZEWSKA Joanna   |  POL  | 1973 | BGS ława                   | ŁAWA        | K(50-59)            | 1                | 5:52           | 10,2            | 00:58:28     | 00:58:43      |          | 27       |
| 114  | 106     | PRZYBYŁA Roman       |  POL | 1947 | Run Goku Team              | ŁAWA        | M(60-100)           | 6                | 5:51           | 10,2            | 00:58:30     | 00:58:33      | 87       |          |
| 115  | 49      | HERMANOWSKI Oskar    |  POL | 2003 |                            | SAMBOROWO   | M(20-29)            | 5                | 5:58           | 10,1            | 00:59:32     | 00:59:42      | 88       |          |
| 116  | 115     | SADOWSKA Marlena     |  POL | 1987 | Gmina Ostróda też biega    | TURZNICA    | K(30-39)            | 9                | 5:59           | 10,0            | 00:59:41     | 00:59:45      |          | 28       |
| 117  | 62      | KILANOWSKI Daniel    |  POL | 1979 |                            | ŁAWA        | M(40-49)            | 31               | 6:00           | 10,0            | 00:59:52     | 01:00:04      | 89       |          |
| 118  | 38      | GRONKIEWICZ Michał   |  POL | 1985 |                            | OSTRÓDA     | M(30-39)            | 31               | 6:02           | 9,9             | 01:00:10     | 01:00:25      | 90       |          |
| 119  | 57      | JURKIEWICZ Krzysztof |  POL | 1973 |                            | OSTRODA     | M(50-59)            | 13               | 6:02           | 9,9             | 01:00:10     | 01:00:25      | 91       |          |

# III BIEG „W SAMO POŁUDNIE” O PUCHAR WÓJTA GMINY OSTRÓDA


















Organizator: KS Piechotka Team

Data: 2024-03-24

Dystans: 10km

Klasyfikacja

OPEN

| MSC. | NR ZAW. | NAZWISKO IMIĘ                | KRAJ  | ROK  | KLUB                    | MIEJSCOWOŚĆ | KATEGORIA [wiekowa] | MSC. [kat wiek.] | TEMPO [min/km] | PRĘDKOŚĆ [km/h] | CZAS [netto] | CZAS [brutto] | MSC. [M] | MSC. [K] |
|------|---------|------------------------------|---|------|-------------------------|-------------|---------------------|------------------|----------------|-----------------|--------------|---------------|----------|----------|
| 120  | 111     | RYBICKI Jacek                |  POL   | 1984 | Dziki                   | OSTRÓDA     | M(40-49)            | 32               | 6:03           | 9,9             | 01:00:17     | 01:00:29      | 92       |          |
| 121  | 114     | SADOWSKA Lucyna              |  POL   | 1974 | GMINA OSTRÓDA TEŻ BIEGA | TURZNICA    | K(50-59)            | 2                | 6:02           | 9,9             | 01:00:19     | 01:00:23      |          | 29       |
| 122  | 132     | SZEWCZYK Wojciech            |  POL   | 1985 |                         | OSTRÓDA     | M(30-39)            | 32               | 6:04           | 9,9             | 01:00:34     | 01:00:45      | 93       |          |
| 123  | 84      | LANGIEWICZ-WIŚNIEWSKA Monika |  POL   | 1988 |                         | ŁAWA        | K(30-39)            | 10               | 6:05           | 9,9             | 01:00:36     | 01:00:50      |          | 30       |
| 124  | 95      | MODRZEWSKI Jakub             |  POL   | 2006 |                         | OSTRÓDA     | M(18-19)            | 4                | 6:05           | 9,9             | 01:00:36     | 01:00:46      | 94       |          |
| 125  | 167     | JANISZEWSKI Karol            |  POL   | 1981 |                         | MIĘDZYLESIE | M(40-49)            | 33               | 6:05           | 9,9             | 01:00:37     | 01:00:48      | 95       |          |
| 126  | 124     | SOLIS Agata                  |  POL   | 1986 |                         | GDYNIA      | K(30-39)            | 11               | 6:08           | 9,8             | 01:01:06     | 01:01:20      |          | 31       |
| 127  | 126     | SOLIS Michał                 |  POL   | 1997 |                         | OSTRÓDA     | M(20-29)            | 6                | 6:08           | 9,8             | 01:01:06     | 01:01:20      | 96       |          |
| 128  | 45      | HAJDECZKO Elżbieta           |  POL   | 1977 |                         | ŁUKTA       | K(40-49)            | 14               | 6:11           | 9,7             | 01:01:41     | 01:01:50      |          | 32       |
| 129  | 46      | HELAK Marek                  |  POL   | 1971 |                         | GRUDZIĄDZ   | M(50-59)            | 14               | 6:16           | 9,6             | 01:02:35     | 01:02:43      | 97       |          |
| 130  | 153     | WROŃSKA Dorota               |  POL  | 1972 | Sportowa Lubawa         | LUBAWA      | K(50-59)            | 3                | 6:19           | 9,5             | 01:03:06     | 01:03:13      |          | 33       |
| 131  | 68      | KOTLENGA Monika              |  POL | 1979 | ława Biega              | ŁAWA        | K(40-49)            | 15               | 6:19           | 9,5             | 01:03:08     | 01:03:14      |          | 34       |
| 132  | 110     | RUCZYŃSKA Małgorzata         |  POL | 1987 |                         | RUDNO       | K(30-39)            | 12               | 6:20           | 9,5             | 01:03:09     | 01:03:19      |          | 35       |
| 133  | 44      | GUZOWSKI Piotr               |  POL | 1992 |                         | OSTRÓDA     | M(30-39)            | 33               | 6:30           | 9,2             | 01:04:50     | 01:05:00      | 98       |          |
| 134  | 3       | BAGIŃSKA Bożena              |  POL | 1955 |                         | OSTRÓDA     | K(60-100)           | 2                | 6:30           | 9,2             | 01:04:57     | 01:05:00      |          | 36       |
| 135  | 16      | CHRABONSZCZ Maria            |  POL | 1960 | Chrabi 60               | OSTRÓDA     | K(60-100)           | 3                | 6:35           | 9,1             | 01:05:37     | 01:05:46      |          | 37       |
| 136  | 25      | DOMINIKOWSKA Malwina         |  POL | 1987 | Happy Runners           | ŚLIWA       | K(30-39)            | 13               | 6:35           | 9,1             | 01:05:42     | 01:05:50      |          | 38       |



# III BIEG „W SAMO POŁUDNIE” O PUCHAR WÓJTA GMINY OSTRÓDA















Organizator: KS Piechotka Team

Data: 2024-03-24

Dystans: 10km

Klasyfikacja

OPEN

| MSC. | NR ZAW. | NAZWISKO IMIĘ        | KRAJ  | ROK  | KLUB                  | MIEJSCOWOŚĆ           | KATEGORIA [wiekowa] | MSC. [kat wiek.] | TEMPO [min/km] | PRĘDKOŚĆ [km/h] | CZAS [netto] | CZAS [brutto] | MSC. [M] | MSC. [K] |
|------|---------|----------------------|---|------|-----------------------|-----------------------|---------------------|------------------|----------------|-----------------|--------------|---------------|----------|----------|
| 137  | 93      | MAZURKIEWICZ Joanna  |  POL   | 1982 |                       | ILAWA                 | K(40-49)            | 16               | 6:36           | 9,1             | 01:05:46     | 01:05:59      |          | 39       |
| 138  | 13      | CHOJNOWSKA Barbara   |  POL   | 1971 |                       | ILAWA                 | K(50-59)            | 4                | 6:36           | 9,1             | 01:05:47     | 01:05:59      |          | 40       |
| 139  | 20      | CZESZEJKO Bartłomiej |  POL   | 1983 |                       | ILAWA                 | M(40-49)            | 34               | 6:36           | 9,1             | 01:05:50     | 01:06:04      | 99       |          |
| 140  | 74      | KRAUZE Barbara       |  POL   | 1969 |                       | ILAWA                 | K(50-59)            | 5                | 6:36           | 9,1             | 01:05:50     | 01:06:04      |          | 41       |
| 141  | 134     | ŚLIWKA Alina         |  POL   | 1985 | Happy Runners         | SLIWA                 | K(30-39)            | 14               | 6:37           | 9,1             | 01:06:03     | 01:06:11      |          | 42       |
| 142  | 18      | CIURKOWSKA Jadwiga   |  POL   | 1962 | ILAWA BIEGA           | ILAWA                 | K(60-100)           | 4                | 6:37           | 9,1             | 01:06:07     | 01:06:13      |          | 43       |
| 143  | 36      | GŁOWIAK Rafał        |  POL   | 1986 | Rowerowy TunySta      | LUBAWA                | M(30-39)            | 34               | 6:38           | 9,0             | 01:06:09     | 01:06:21      | 100      |          |
| 144  | 117     | SEMKOWICZ Patrycja   |  POL   | 1988 |                       | KRAKÓW                | K(30-39)            | 15               | 6:38           | 9,0             | 01:06:09     | 01:06:21      |          | 44       |
| 145  | 43      | GUZOWSKI Piotr       |  POL   | 1983 | BGS ILAWA             | ILAWA                 | M(40-49)            | 35               | 6:53           | 8,7             | 01:08:32     | 01:08:47      | 101      |          |
| 146  | 59      | KAWSKI Bartek        |  POL   | 1972 | Epidemia Cyklozy Susz | KISIELICE             | M(50-59)            | 15               | 6:53           | 8,7             | 01:08:38     | 01:08:48      | 102      |          |
| 147  | 7       | BIELAWSKA Bożena     |  POL  | 1972 |                       | RADOMNO               | K(50-59)            | 6                | 6:54           | 8,7             | 01:08:52     | 01:08:58      |          | 45       |
| 148  | 165     | KRAMARENKO Joanna    |  POL | 1985 | FABIO TEAM            | NOWE MIASTO LUBAWSKIE | K(30-39)            | 16               | 6:58           | 8,6             | 01:09:24     | 01:09:38      |          | 46       |
| 149  | 50      | HEYDA Patrycja       |  POL | 1978 |                       | ILAWA                 | K(40-49)            | 17               | 7:12           | 8,3             | 01:11:58     | 01:12:05      |          | 47       |
| 150  | 139     | TOBOLSKA Grażyna     |  POL | 1953 | Wtorkowy trening      | GRUDZIĄDZ             | K(60-100)           | 5                | 7:50           | 7,7             | 01:18:15     | 01:18:22      |          | 48       |